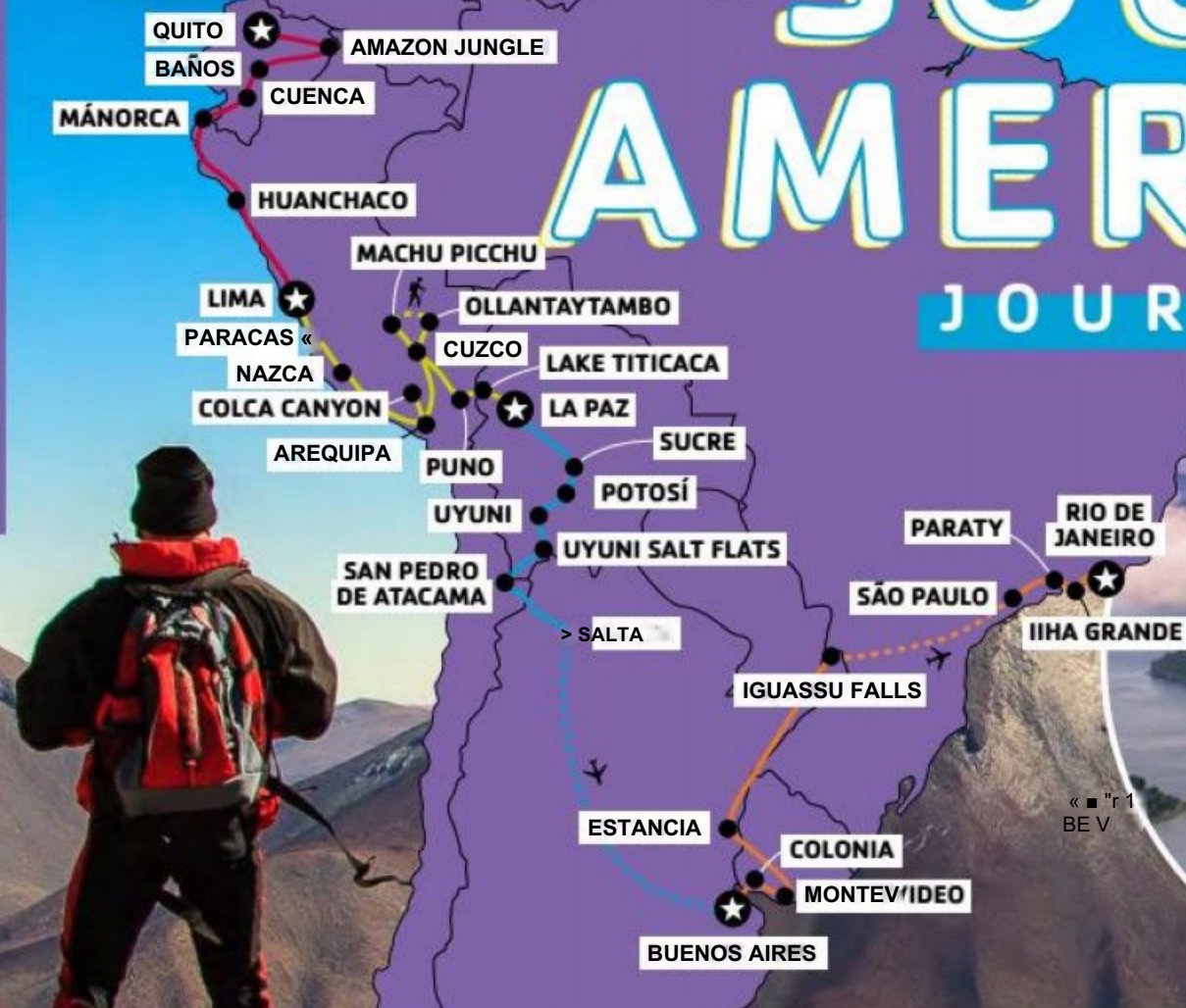


Great SOUTH AMERICAN JOURNEYS



« ■ "r1
BE V

A TRULY EPIC ADVENTURE

SMALL GROUP ADVENTURE (18-39s)

With this easy touring concept, make an entire continent your playground. Each segment of the Great South American Journey is designed to run back-to-back, so you have the flexibility to choose just one bite-sized segment or mix and match your favourite chunks into a custom-fit route. If time's on your side, why not do the entire trip? Seven countries and 65 days of amazing scenery and unique experiences could equal the trip of a lifetime*

QUITO TO LIMA: SURF TOWNS & HOT SPRINGS ^{FR}£919

15 DAYS ■

Discover the best of Ecuador and Peru as you hit the Andes, the Amazon and the Pacific Coast. From Quito, venture into the Amazon Rainforest for a jungle homestay and guided nature walks. Next, take in colonial cities, Inca ruins, surf towns and deserts en route to Peru's capital, Lima, (see page 48)

GASEQM

LIMA TO LAPAZ: SANDBOARDING & SUNSETS 21 DAYS ^{**£t,629}

■

Three weeks in Peru and Bolivia promises to be inspiring, hectic and absolutely bonkers - pretty much all at the same time. Launching from Lima, tick off the Nazca Lines, Lake Titicaca and the Colca Canyon before hiking the Inca Trail to Machu Picchu, (see page 57)

LIMA TO LA PAZ: GAJML
LA PAZ TO LIMA: GAJLM

LA PAZ TO BUENOS AIRES: ^{**£1,299} ANDES & THE ATACAMA 15 DAYS ■

Starting in lofty La Paz, this journey is all about intense contrasts, with some seriously impressive scenery to boot. A highlight has to be Bolivia's surreal salt flats. End in Buenos Aires, glass of malbec in hand, [see page 28]

LA PAZ TO BUENOS AIRES: CASE LB
BUENOS AIRES TO LA PAZ: GAS A BL

BUENOS AIRES TO RIO: ^{FR}£1,649 FALLS & FOOTY 17 DAYS ■

From the steakhouses of Buenos Aires to the samba clubs of Rio, and everything in between, this trip serves up a tempting trio of countries with a side of surging waterfalls, blissed-out beaches and friendly locals, (see page 107)

BUENOS AIRES TO RIO: GAJBR
RIO TO BUENOS AIRES: GAJRB

COMBINE THESE JOURNEYS

QUITO TO LA PAZ: AMAZON & ANCIENT CULTURES

35 Days (GA5EQL)

Route: ■ ■ ■
See page 49

^{FR}£2,499

LIMA TO BUENOS AIRES: DESERTS & DANCING

35 Days (GASPMB/GASABM)

Route: ■ ■ ■
See page 26

^{£71}2,699

LAPAZ TO RIO DE JANEIRO

31 Days [GASBLR]

Route: ■ ■ ■

^Q£2,899

LIMA TO RIO DE JANEIRO

51 Days (GA5PMR/GASZRA)

Route: ■ ■ ■

^F£4,299



EPIC SOUTH AMERICAN ADVENTURES



You've seen it a million times on social media, but nothing can prepare you For the first time you clap eyes on it.



Up your Instagram game on a 4WD trip
across one of South America's most
striking natural landscapes.



A natural border between Argentina and Brazil, this surging body of water is made up of 275 separate waterfalls.

65 DAYS, FR £4,999

VeryPDF Demo



MACHU PICCHU, PERU



'Buenos Aires is the Europe of Latin America. Extremely safe, dean and fun! Worth staying longer if you can.*

LOUISA. STORE MANAGER IN WELLINGTON

051DrTHeAdv«i£ure

HIGHLIGHTS



G FOR GOOD

Thanks to G For Good, the Juki I Lodge now helps Fund education and healthcare improvements in the local community.



NAZCA ONES

How and why were these ancient geogtyphs created? No one knows. Bring forth the conspiracy theorists!



EXCURSION TO COLCA CANYON

This river canyon is famous for its trekking trails and is also home to the gigantic Andean condor.

South America rewards anyone who's witting to explore.

This hearty trip from Lima serves up ancient civilisations, chaotic cities, condors and mythical lakes. With the odd side of alpaca.

DAYS 1 -4 Lima / Paracas / Nazca

Home to some of the best local cuisine in South America, start by fuelling your energy for the trip with a foodie foraging in Lima. Try fresh fish at local cevicherias and sip pisco sours before heading off to Paracas on Day 2. Opt to visit the Ballestas Islands, then continue the tasting trail with a winery stop at Huacachina before arriving in Nazca. You may be familiar with the Nazca Lines for which this area is famous. These geoglyphs are mysterious examples of ancient artwork that have kept conspiracy theorists on their very tippy toes' Opt to fly over them on Day 4 be Fore leaving for Arequipa. (B, D)

DAYS 5-8 Arequipa /Colca Canyon

Arequipa is Peru's second largest city, maintaining a more laid-back atmosphere than the capital. It's also known as the White City due to the light coloured volcanic rock used in construction. Enjoy a free day here and choose to embark on a city tour or get your dose of R&R with a soak in the local hot springs. On Day 6, gear up for a full-day tour of the Colca Valley as you set off for an overnight excursion to the Colca Canyon. Look out for Andean condors soaring overhead, as well as alpacas, llamas and vicuñas. Drive back to Arequipa on Day 7 and take the night bus to Cuzco the following day. (3 B)

DAYS 9-16 Cuzco / Ollantaytambo / Inca Trail to Machu Picchu

Cuzco isn't just one of Peru's most attractive cities, it's also the most popular with international visitors. And you'll soon see why. There are great museums and Inca sites to check out, as well as river rafting,, mountain biking and horse riding. Steeped in history, the city was also once the capital of the Inca Empire and its structure has been preserved well, with loads of fascinating ruins for history buffs to uncover. On Day 11, travel through the Sacred Valley to Ollantaytambo. Visit the G for Good Women's Weaving Co-operative - a project that helps local women benefit from the region's tourism - and stay the night with the local community. A highlight for anyone brave enough to tackle all those steps, you'll get to hike the Inca Trail on Day 12. Starting at Km 82, it covers around 44 kilometres (27 miles), crossing no fewer than three mountain passes. Warmiwañusca - Dead Woman's Pass - is the highest, standing at 4,198 metres. Make sure you've juiced up your portable chargers to keep up with the snaps! Finish up at the Sun Gate in time for a Machu Picchu sunrise and wander the ruins before heading back to Cuzco. The Lares Trek or Cuzco Stay options are also available. Ask your Travel Expert for details. (7B, 3L, 3D)

DAYS 17-24 Puno / Lake Titicaca / La Raz / Sucre

Travel to Puno and hop on a boat to the Islands of Uros. Continue to immerse yourself in Peruvian rural life with a village homestay. On Day 20, cross into Bolivia and reach La Paz, one of the world's highest cities at nearly 4,000 metres above sea level. At this altitude we don't recommend anything too strenuous, but you do have time to explore museums and the Witches' Market, where you can purchase lotions and potions to remedy your life's woes. Board the overnight bus to Sucre on Day 22. Referred to as the White City just like Arequipa, Sucre is Bolivia's constitutional capital. Opt to walk in the footprints of dinosaurs and go mountain biking. (7B, L, D)

DAYS 25-29 Potosi /Uyuni /Salt Flats

Travel to Potosi, a UNESCO-listed site with a fascinating history as a silver mining centre during colonial times. There is time to visit the working mines of the Mountain of Silver, where the methods used to extract this precious metal are unchanged in decades, if not centuries. The isolated town of Uyuni is the starting point for your Salt Flats excursion. Spend the next three days in 4WD vehicles exploring the landscapes between the Salar de Uyuni and the Atacama Desert. While here, bed down in G for Good's Jukil Lodge, an initiative aiming to help preserve the indigenous culture and provide opportunities for the future. Learn about local agricultural practices like quinoa production and enjoy a guided walk. (SB, L, 2D)

DAYS 30-35 San Pedro de Atacama / Salta / Buenos Aires

Cross into Chile by 4WD and arrive at the desert resort of San Pedro de Atacama. This town is the gateway to the Atacama Desert, one of the biggest^ driest areas on the planet. Excursion opportunities include exploring nearby ruins and visits to the Valley of the Moon. Day 32, make your way to Salta, famous far its delicious local speciality, empanadas. Opt to visit the scenic Quebrada de las Conchas, then fly to Buenos Aires. After an optional city tour, there's time to explore at your own pace. Sample a tango show and party hard as the Argentinians do, ending the tour on Day 35. (3B, L)

Tour Code: GASPMB



ACCOMMODATION

Simple hotels (20 nts), multi-share hostels (5 nts), camping (3 nts), overnight buses (3 nts), homestay (1 nt), multi-share community lodge/basic hotel (2 nts)



INCLUDED MEALS

26 breakfasts, 6 lunches, 7 dinners



TRANSPORT

Public bus, plane, train, 4WD

LA PAZ TO BUENOS AIRES: ANDES & THE ATACAMA DESERT

SMALL GROUP ADVENTURE (18-39s) —

PRICE
FR £1,299

DURATION
15 DAYS

ROUTE
LA PAZ - BUENOS AIRES

EPIC SOUTH AMERICAN ADVENTURES



NEED TO KNOWS

TRIP STYLE: 18-t o-Th irtys ome things

AGE GROUP: Exclusively for 18-39s

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 18, Avg 14

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
03	07	10	13	16	19	22	25	28	31	04	07	10	13	16
06	09	12	15	18	21	24	27	30	03	06	09	12	15	18
10	14	17	20	23	26	29	01	04	07	10	13	16	19	22
13	16	19	22	25	28	31	03	06	09	12	15	18	21	24
20	23	26	29	01	04	07	10	13	16	19	22	25	28	31
22	25	28	31	03	06	09	12	15	18	21	24	27	30	03

Additional dates are available. Please ask for details.

MY OWN ROOM: Fr£4 79

INCLUDED ACTIVITIES

- * **G for Good jukil Community Experience** in Santiago de Agencha
- **4WD excursion to the Salar de Uyuni**



HIGHLIGHTS



G FOR GOOD

Your stay at the Jukil Community Lodge helps support local education initiatives.



UYUNI SALT FLATS

Parading a sight so beautiful, it literally looks like heaven on earth.



WITCHES' MARKET IN LA PAZ

Ever wanted to cast a love spell on a crush? This is the place to learn.

DAYS 1-4 La Paz / Sucre

Start your adventure on an all-time high (literally) in La Paz, situated nearly 4,000 metres above sea level. You'll want to take it easy as you start to acclimatise to the altitude in this soaring city. With a free morning on Day 2, wander around the museums or grab some sorcerer's goods at the Witches' Market. Then, hop aboard the overnight bus to Sucre. Spend the next two days exploring Bolivia's judicial capital and the Former home of the Spanish Royal Court. Optional activities here include hiking, mountain biking and an excursion to nearby dinosaur tracks. (2B)

DAYS 5-9 Potosi / Uyuni / Salt Flats

Potosi is a UNESCO-listed town with a tumultuous history as a silver mining centre. Once the most populated city in the world, it was also among one of the richest. Cerro Rico, the so-called Mountain of Silver, is actually still worked to this day, and looms over the town. Your journey continues to the isolated town of Uyuni* where you'll gear up for a trip to the Salt Flats. Spend the next three days on 4WD excursions through Salar de Uyuni and the Atacama Desert. With mountains, active volcanoes, bright lagoons, geysers and moon-like terrain, it's unlike anywhere else on earth. During your time here, you'll stay in Jukil Lodge, a G for Good initiative seen by the community as a way to preserve their indigenous culture and provide opportunities for the future. (SB, L, 20)

DAYS 10-13 San Pedro de Atacama / Salta

Cross into Chile to the small oasis of San Pedro de Atacama, the gateway to one of the biggest and driest deserts on the planet; the Atacama. Here, take your pick from activities such as biking, exploring nearby ruins, horseback riding and visits to the Valley of the Moon. Make your way to Salta, situated in the Lerma Valley in northern Argentina, and famous for its delicious empanadas. On Day 13, pay an optional visit to Quebrada de las Conchas, sample local wines from the vineyards of CaFayate or experience vibrant celebrations at a pen a folklore show. (3 EL L)

DAYS 14-15 Buenos Aires

Board a quick flight to Buenos Aires, Argentina's cosmopolitan capital. Take an optional city tour and wander through the neighbourhoods of San Telmo, colourful La Boca and stylish Recoleta. Mingle with locals and get a feel for the spicy Argentinian flavours with some restaurant-hopping before the tour comes to an end on Day 15.

Tour Code: GAS BLS



ACCOMMODATION

Simple hotels (10 nts), overnight bus (1 nt), multi-share hostel (1 nt), basic hotel/community lodge (2 nts)



INCLUDED MEALS

10 breakfasts, 2 lunches, 2 dinners



TRANSPORT

Local bus, plane, 4WD

LIKE THAT? TRY THIS...

Reverse your trip

La Paz to Buenos Aires:
Andes & the Atacama Desert
(15 days, La Paz - Buenos Aires)
(GASBLB) **Fr £1,299**

Customise your trip

Buenos Aires Tango Experience
(Half day) **Fr £61**



- EXCLUSIVELY FOR | 8-35s

ROUTE
CUZCO - RIO DE JANEIRO



- TRIP STYLE: Discoverer
- AGE GROUP: Exclusively for 18-35s
- GROUP LEADER: Expert Trip Manager, driver and local guides
- GROUP SIZE: Max 30

DEPARTURES 2020/2 1:														
S	F	M	T	W	Th	F	S	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
04	01	14	04	02	06	11	08	12	03	14	05	02	06	21
11	08	21	15	00	20	25	15	26	17	21	19	09	20	21
2S	29			23	27	29			31			23		

Additional dates are available. Please ask for details.

MY OWN ROOM- Fr £595

- City walking tours of Cuzco, Puerto Maldonado, Buenos Aires and Rio de Janeiro
- Entry into the Sacred Valley and Pisac ruins
- Visit a llama farm
- Try some local Chicha de Jora
- Entry into Machu Picchu Sanctuary
- Canopy hike
- Locally guided jungle catamaran cruise
- Tango show, lesson and dinner
- Visit Iguassu National Park, the Devils Throat and Christ the Redeemer statue
- Favela tour
- Rio Cruise
- Argentine Food Experience

The Amazon Eco Lodge, made From wood and clay, is only accessible by boat]



Acquire some valuable dance skills
to impress your mates back home.



It's the most Famous archaeological site an the continent.

The gateway to the great archaeological site of Machu Picchu, Cuzco, marks your opener for Day 1. Next stop, llamas. Visit a llama farm on Day 2 to show your Furry friends some love, then it's off to the Sacred Valley for a guided tour of the Pisac and Ollantaytambo ruins. Bed down in the tiny town of Ollantaytambo, your base for the next two nights. On Day 3, those embarking on the one-day trek will lace up their hiking boots and others will be free to enjoy the surrounding mountains of Aguas Calientes on their own accord. (2B, D)

On Day 4, it's the moment you've been waiting for... magical Machu Picchu! Be treated to a guided tour and spot wonders such as the Temple of Three Windows and Huayna Picchu before hopping back on the train to Cuzco. Spend the next day feeding your adrenalin urges with optional mountain biking and rafting trips. Day 6, fly to Puerto Maldonado in the southern part of Peru's Amazon Jungle and meet the native Infierno community. Make for your jungle lodge and, the following morning, board a catamaran for a guided boat trip surrounded by wildlife. The star of the show? The giant otter! Head back to the city, transferring to Lima for your last night in Peru. Day 9 calls for a trip to the land of Malbec., Asado and tango - welcome to Argentina, baby! Fly to Buenos Aires where music, art, dance and football reign supreme. Explore the neighbourhoods of San Telmo and Puerto Madero, and get your tango steps in order with a dancing lesson. Start Day 11 with a tour around Palermo Chico, Palermo Soho and the Recoleta neighbourhoods, then opt to browse vintage markets or feast on endless empanadas. [9B, 4L, 3D)

Today, board a flight to Puerto Iguassu to see the Iguassu Falls. For your First glimpse, cross over to the Brazilian side and view the 275 individual waterfalls that make up this Fantastic sight. Splash out on an optional heli-flight over the Falls, then cross back into Argentina on Day 14. After a short hike to the edge of the Devil's Throat, you can opt to try a speedboat ride to feel the spray of the falls. By eve, unwind at the hotel and scoff down a spicy Brazilian barbecue. Home to the world's largest Carnival celebration and the famous Copacabana Beach, get ready for the good times to roll in radiant Rio! On Day 16. take in the spectacular city views From the Christ the Redeemer statue, then chill out on a boat ride around Guanabara Bay. Day 17 is all yours, so try your hand at hand gliding or grab your sunnies and make for Ipanema Beach. Your trip ends on Day 18 so it's time for goodbyes. or "tchau's". (6B, D)

Tour Code: COCURJ/COCURJT



Twin-share hotels (16 ntsL
Contiki Amazon Jungle Loge [1 nt)



17 breakfasts, 4 lunches
5 dinners



Private air con coach,
plane, train



Shorten your trip

Peruvian Highlights
{8 days. Lima - Cuzco}
{COCULI / COCULIT}

Fr £2,455

HIGHLIGHTS



G FOR GOOD

Stop at Parwa Restaurant, a community-run tourism enterprise that funds local social projects.



IGUASSU FALLS

Iguassu, we're falling for you. And looks as though you're Falling for us too - 275 times to be exact!.



LARES TREK

This hiker's trail starts at Lares and takes you past stunning scenes to crowning jewel, Machu Picchu.

From samba-infused Rio to the lurking predators of the Pantanal and the rough and ready nature of La Paz - no two places on this tour are the same.

Get ready to fall head over heels.

DAYS 1-6 Rio de Janeiro / Ilha Grande / Paraty

Before joining the rest of your group, take a day for yourself in Rio. Chill out on the white beaches of Copacabana and Ipanema and raise a glass to your pending adventure with a caipirinha. Day 2, it's off to Ilha Grande for two days of sun, swimming and fine white sand. Why not grab your surfboard and head to the beach of Lopez Mendes? The next day, it's time to get the Paraty started as you reach the colonial town of Paraty (sorry, we had to). To be fair, as well as partying at the local samba clubs, this region offers over 65 tropical islands and 200 beaches to explore. So, jump on a boat and snorkel the warm waters or wander around one of the national parks. (4B)

DAYS 7-11 Iguassu Falls / Bonito

Get ready for the wow-factor with a visit to the 275 drops of Iguassu Falls, flying in from São Paulo. You can opt for a boat tour travelling directly into the spray of these thundering cascades. Day 9, catch a bus to Bonito and arrive on Day 10, where you'll enjoy underwater caves and riverlife aplenty. (3B)

DAYS 15-19 Pantanal / Santa Cruz / La Paz / Sucre / Potosi

Dive deep into the wetlands of the Pantanal, one of the best places in South America to observe wildlife. Keep your eyes peeled for macaws, howler monkeys, anacondas and anteaters. The luckiest might even spot a prowling jaguar. On Day 14, board an overnight train to Bolivia's Santa Cruz. Hop on a flight from Santa Cruz to get to La Paz fast. Wander the streets to get a quick feel for it - but don't worry, you'll be back! On Day 16, spend the morning exploring more of the city before boarding an afternoon flight to Sucre. Take time to explore this beautiful colonial city or opt to go hiking in the area. You'll spend two days really getting a feel for all that Sucre has to offer. Next up, head to the UNESCO World Heritage Site of Potosi - one of the highest cities on Earth. Some might opt to go underground and visit the working silver mine - prepare yourself for a totally eye-opening experience. (7B, 2L, D)

DAYS 20-23 Potosi / Salar de Uyuni

Time to jump on a 4WD for three days on the Salt Flats. See the contrast of piercing blue skies and blinding white salt as you drive across the lake bed. Pass by all the geysers, mud pools and thermal baths that emanate from the active Licancabur Volcano, then overnight in a G For Good community lodge. Take the train to La Paz on Day 23. (4B, 2L, 2D)

DAYS 24-32 La Paz / Tiahuanaco/Puno / Lake Titicaca / Taquile Island / Cuzco / Sacred Valley / Ollantaytambo

In La Paz, ward off illness and evil spirits with an elixir from the Mercado de Hechiceria (Witches' Market), or get yourself on a tour to learn local history. You can also opt for a tour to the Valley of the Moon, where you'll find crater-like formations made of sand. Cross the border to the Peruvian city of Puno, visiting the pre-Inca ruins of Tiahuanaco en route. Set sail to Taquile Island the next day and browse nearby weaving co-ops before heading to the village of Amantani to stay the night with a local family and visit the reed islands of Uros. Cuzco calling! Arrive into a city steeped in colonial history and full of old-world culture. Explore churches, museums and markets, then on the third day, head out to the Sacred Valley of the Incas with a local guide. Discover the impressive Pisac Ruins, wander around the colourful artisan market and visit the G for Good Women's Weaving Co-operative in the local market. Finish the trip in the village of Ollantaytambo, with lunch at G for Good's Parwa Community Restaurant. (7B, 3L, D)

DAYS 33-38 Lares Trek/Cuzco / Lima

Opt to stay in Cuzco, or leave Ollantaytambo to follow in the footsteps of the Incas on the Lares Trek. After completing the trek on Day 35, rise early the next morning and get to Machu Picchu in time for sunrise. If you book early enough, you could opt to take on the classic Inca Trail instead. Ask your Travel Expert for more details. Take a day to recuperate back in Cuzco, and after a scheduled flight back to Lima, prepare to leave on Day 39. (7B, 3L, 3D)

Tour Code: GASZRM



ACCOMMODATION

Hotels (26 nts), overnight buses (4 nts), camping [3 fits], homestay (1 nt), basic multi-share hotel (2 nts), multi-share tented room with hammocks (2 nts)



INCLUDED MEALS

32 breakfasts, 10 lunches, 7 dinners



TRANSPORT

Public bus, plane, 4WD, train

NEED TO KNOWS

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer, specialist CEO on Inca Trail, local guides

GROUP SIZE: Max 16, Avg 12

DEPARTS: Select Fridays

NOTE: Alternative options to the Lares Trek are available, including the Inca Trail to Cuzco Stay

MY OWN ROOM: Fr £1,359

INCLUDED ACTIVITIES

- G for Good Favela Experience in Rio
- G for Good Parwa Community Restaurant visit
- G for Good Sukil Community Experience
- G for Good Ccaccacollo Community and Women's Weaving Co-op visit
- Visits to Iguassu Falls and the Floating Islands of Uros
- Pantanal wildlife excursion
- 4WD excursion to Salar de Uyuni
- Guided tours of Lake Titicaca and Sacred Valley
- Pottery-making demonstration
- Ollantaytambo Ruins visit and hike
- Inca Trail guided hike
- Machu Picchu guided tour



G Adventures

LIKE THAT? TRY THIS...

Customise your trip

Lake Titicaca Kayaking
Take to the waters of Lake Titicaca and paddle out to Laguna Island **Fr £45**

Shorten your trip

Atlantic to the Andes Experience
(25 days, Rio de Janeiro - La Paz)
(GASXRL) See page 32 **Fr £2,499**

ATLANTIC TO THE ANDES EXPERIENCE

SMALL GROUPADVENTURE

PRICE
FR £2,499

DURATION
25 DAYS

ROUTE
RIO DE JANEIRO - LA PAZ

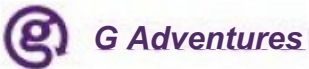


NEED TO KNOWS

- TRIP STYLE: Classic
- AGE GROUP: Min 12
- GROUP LEADER: Chief Experience Officer (CEO) throughout, local guides
- GROUP SIZE: Max 16, Avg 10
- DEPARTS: Select Fridays and Mondays
- MY OWN ROOM: Fr £1,059

INCLUDED ACTIVITIES

- * G for Good Favela Experience in Rio
- G for Good Jukill Community Experience in Santiago de Agencha
- Visit Iguassu Falls
- Pantanal wildlife excursion
- 4WD excursion to the Uyuni Salt Flats



HIGHLIGHTS



ILHA GRANDE

Blue lagoons, sandy beaches, thick jungle...this tropical destination definitely floats our boat.



BONITO

Bonito is hot on ecotourism, with awesome underwater raves and snorkelling opportunities aplenty.



PANTANAL

Binoculars at the ready! Try to spot some wild jaguars and capybaras on this wild wetlands expedition.

DAYS 1 -6 Rio de Janeiro / Ilha Grande / Paraty

Rio rings with the warming sounds of happy beach-goers and samba beats as you touch down on Day 1. Kick back at Copacabana Beach or get your feathers out and party like a pro in Lapa before taking off the next day with a G for Good favela experience. One bus and a ferry Eater, you'll end up in Elba Grande. Famed for its laid-back backpacker charm and sweeps of beaches, this is the perfect tropical retreat. Leave on Day 4 and continue along the coast to the UNESCO-listed city of Paraty. Opt to raise your spirits at a local cachaca distillery or take a boat excursion in the bay to explore nearby islands and beaches. [5B]

DAYS 7-13 Iguassu Falls / Bonito / Pantanal

Transfer to São Paulo and fly to the Iguassu Falls area. You will have two days of exploration from both the Argentine and Brazilian sides! Next Lip, the aquatic paradise of Bonito, home to some of the clearest rivers in the world. Spend the next two nights here, then journey into the Pantanal. Lesser known than the world-famous rainforest habitats of the Amazon, the Pantanal is a vast area of flooded wetlands the size of Great Britain. It's also a wildlife lovers paradise, packed with macaws, caimans and the adorable capybara. Let a local guide show you around. (4B, 2L, 2D)

DAYS 14-19 Pantanal / La Paz / Sucre /Potosi

Leave the Pantanal and head for the border, where you'll board an overnight bus to Santa Cruz, Bolivia. Continue to hop on a flight to the capital. La Paz, where you can get your hocus-pocus in full swing with a visit to the mystical Witches' Market. On Day 16, catch your afternoon flight over to Sucre. Spend two days exploring this beautiful colonial city a opt to go hiking. Continue to the UNESCO-listed city of Potosi and team how it coined the name "City of Silver". (SB)

DAYS 20-25 Uyuni /Salar de Uyuni / La Paz

Head south to Uyuni, the starting point for your included excursion to the Salt Flats. With a three-day 4WD adventure around the area and its surrounding desert Altiplano, you'll never be short of an Insta op. Make for a stop at G for Goods Jukil Community Lodge in a traditional agricultural village. Based in the heart of a desert oasis, the experience is both informative and key in preserving indigenous culture, providing opportunities for the future. Bus back to La Paz overnight and enjoy a free day here on Day 24. Stroll the streets at your own pace and opt to take the cable car up for stellar views before departing on Day 25. (SB, 3L, 2D)

Tour Code: GASXRL



ACCOMMODATION

Hotels (17 nts), overnight bus (3 nts), basic multi-share hotels (2 nts), multi-share tented room with hammocks (2 nts)



INCLUDED MEALS

1S breakfasts, S lunches, 4 dinners



TRANSPORT

Public bus, plane, 4WD

G FOR GOOD

FAVELA EXPERIENCE

THIS PROJECT SUPPORTS
THE VIDIGAL COMMUNITY

This project benefits five micro enterprises and community organisations across Rio's favelas to develop new sustainable revenue streams from tourism.

LIKE THAT? TRY THIS...

Customise your trip
Paraty Boat Tour
Cruise up the coast, caipirinha in one hand and camera in the other
Fr £19



THE ADVENTURER

EXCLUSIVELY FOR 18-35s

PRICE
FR £3,849

DURATION
24 DAYS

ROUTE
LIMA - RIO DE JANEIRO



NEED TO KNOWS

TRIP STYLE: Discoverer
AGE GROUP: Exclusively for 18-35s
GROUP LEADER: Expert Trip Manager, driver and local guides
GROUP SIZE: Max 30

DEPARTURES 2020/21:

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05	02	OS	12	03	14	05	02	06	11	OS	13	03	14	19	23	15	26	17	21	19	09	20	25	15	27	17	28	26	29	31			

MY OWN BOOM: Fr £769

INCLUDED ACTIVITIES

- City tours of Lima, Arequipa, Cuzco, Puerto Maldonado, Buenos Aires and Rio de Janeiro
- Visits to the Salinas y Aguada Blanca National Reserve, a llama farm, Cruz del Condor & Taquile and Uros islands
- Ride a triciclo on Lake Titicaca
- Visits to Pukara La Raya and Sicuani
- Entry to the Temple of Wiracocha, Sacred Valley and Pisac ruins
- Sacred water ritual at Raqchi ruins
- Entry to Machu Picchu Sanctuary
- Canopy hike for amazing jungle views
- Locally guided jungle catamaran cruise
- Tango show and lesson in Buenos Aires
- Visit Iguassu National Park

HIGHLIGHTS



SPECIAL STAY

Soak up your sunbathing at the Amazon Rainforest Eco Lodge.



TOUR OF MACHU PICCHU

Let the ancient and mystical surroundings take you back in time.



SACRED WATER RITUAL AT RAQCHI RUINS

Located in Cuzco, this site of Inca ruins is, in fact, one of the largest.

DAYS 1-7 Lima / Arequipa / Colca Canyon / Puno / Cuzco

Set atop a coastline of cliffs, it's time to get acquainted with your starting point. Lima's colonial mansions and Baroque cathedrals will have you in awe as you spend Day 1 strolling through this sprawling metropolis. On Day 2, fly to Arequipa. Take a city tour and enjoy a night of local edibles (stuffed hot peppers corn in hot), then pack up your things for a trip to the Caica Canyon. Here, get the chance to spot the world's biggest flying bird, the Andean Condor! Continue on to Puno and bed down for a night, then make for Cuzco via the Raqchi Ruins. (6B, L, 2D)

DAYS 8-13 Sacred Valley / Aguas Calientes / Machu Picchu / Cuzco / Puerto Maldonado

On Day 8, your journey into the mystical ruins begins. Stop at a llama farm on your way to the Sacred Valley, explore the Pisac and Ollantaytambo ruins then reach Ollantaytambo. Those embarking on the one-day trek set off on Day 9, while others enjoy the lush surroundings of Aguas Calientes at their own pace. Then on Day 10, magical Machu Picchu experience awaits. Wind through this UNESCO-listed site of archaeological wonder and learn all about the Inca Empire that once inhabited this mountaintop city. Overnight in Cuzco before hopping on your flight to Puerto Maldonado, continuing to a Special Stay in the Amazon Rainforest. Surrounded by lush greenery, this eco lodge is sending out Tarzan vibes to the max! Board a catamaran on Day 13 for some wildlife viewing. (6B, 2L, 2D)

DAYS 14-24 Lima / Buenos Aires / Iguassu Falls / Rio de Janeiro

Fly back to Lima to explore its diverse areas or relax and savour your last pisco sour. Say hola to Buenos Aires, the birthplace of tango, on Day 15. While here, you'll get to tour the city's famous landmarks and warm up for a dance lesson followed by a professional show and, dinner. You'll also visit Gaucho Country with lunch at an Estancia on Day 16 in San Antonio de Areco! Continue your journey with a flight to Puerto Iguassu, heading to Brazil for your first glimpse of the beautiful Iguassu Falls. Opt to take a heli-flight for a bird's-eye view or scour the area for toucans and macaws. Then on Day 20, cross back over to Argentina for a walk to Devil's Throat. You'll report back in time for a delicious Brazilian barbecue. With all your energy levels restored, get pumped for a visit to Rio! This is the city that gave the world its largest Carnival, Copacabana Beach and the Bossa Nova. All the good stuff you know? Spend your first day visiting the famous Christ the Redeemer statue and exploring by foot. On Day 23, it's over to you. Opt to catch the cable car up Sugarloaf Mountain and why not spoil yourself with a night of caipirinhas to end the trip in style? Then, it's sadly time to say 'tchau' (goodbye) to your travel group on Day 24. (1B, 2L, 3D)

Tour Code: COLIRJ



ACCOMMODATION

Twin-share hotels (22 nts), Amazon Jungle lodge (1 nt)



INCLUDED MEALS

23 breakfasts, 5 lunches, 7 dinners



TRANSPORT

1 international and 5 internal flights, 5 transfers, private air con coach, minibus or van



HIGHLIGHTS



6 FOR GOOD

A social enterprise tour that gives you an interesting insight into life in the favelas of Rio.



LAKE TITICACA HOMESTAY

Immerse yourself in rural indigenous culture and brush up on your Spanish with a local family.



UYUNI SALT FLATS

Picturesque like a pastel painting hanging on your grandmother's wall, the landscapes will not disappoint

A lot can happen in 51 days, especially in South America (cheap beer, sun... you do the math). Start in sweltering Rio and link up east and west with a flight from Buenos Aires to Salta.

DAYS 1-11 Rio de Janeiro / Ilha Grande / Paraty / Igassu Falls / Estancia

Your first day will be spent rockin* it in Rio, where lively energy is as contagious as the flu. Opt for two nights of samba-fuelled partying, with days spent relaxing on the shores of Copacabana. You'll also have an included G For Good Favela tour on Day 2. Continue on to island paradise Ilha Grande for a sip of a fresh coconut or three before making moves to Paraty. On your Free day, opt to visit a cachaca distillery, then travel to Igassu Falls for some Insta-worthy views. On Day 9, hop on an overnight bus to Uruguay and get a glimpse of rural life with a night's stay on a traditional Estancia on Day 10. (6B, 2L, 2D)

DAYS 12-17 Montevideo / Colonia / Buenos Aires

Say buenas tardes to Montevideo. Not yet firmly on the Latin America tourist trail, Uruguay's capital comes as a pleasant surprise. It offers beautiful beaches and some of the best panchos you've ever had. Reach the laid-back city of Colonia del Sacramento on Day 14, then cross into Argentina and capital city Buenos Aires! This thriving metropolis is so stylish, it is known as the Paris of South America. It's also the birthplace of tango, so make sure you catch a show at a tangueria! (4B)

DAYS 18-24 Salta / San Pedro de Atacama / Salar de Uyuni

On Day 18, fly to the city of Salta and make it your mission to try one of their famous empanadas. Take advantage of the free time here, then catch the bus on Day 20 towards Chile and arrive in the little town of San Pedro de Atacama - poised at the edge of the Atacama Desert. Explore the Altiplano with optional s including biking and a trip to nearby ruins. You can also opt to take a Valley of the Moon tour. Climbing almost 3,000 metres up to the Altiplano region, enjoy a three-day desert crossing into Bolivia, including a night at 6 For Good's Jukil Lodge on Day 23. Travel through the Atacama Desert and look out for active volcanoes, bubbling mud pools and lagoons on your way to the Salt Flats of Uyuni. (2B, 2D)

DAYS 25-34 Potosi / Sucre / La Paz / La Paz / Puno / Lake Titicaca

Next up on Day 25 is Potosi, a UNESCO World Heritage Site due to its role in the colonial silver mining industry. Travel by bus to Sucre, and opt to walk in dinosaur footprints nearby. Then* board the night bus to La Paz. Spend a couple of days exploring, with a must-see being the Witches' Market. Drive the scenic route around Lake Titicaca and cross to the Peruvian town of Puno. Day 33 brings a guided tour of the lake, plus you'll learn about local life with a homestay. (1B* 2L, D)

DAYS 35-43 Cuzco / Ollantaytambo / Inca Trail / Machu Picchu

Travel by bus to Cuzco, the once-capital of the Inca Empire. Opt to take a city tour then learn about the Sacred Valley on the way to Ollantaytambo. Over the next four days, challenge yourself on the Inca Trail trek, starting from Km 82 and crossing three mountain passes. On Day 41, catch sunrise over Machu Picchu, then head back to Cuzco. The Lares Trek and even a stay in Cuzco are alternative options your Travel Expert can help you with. (90* 3L, 3D)

DAYS 44-51 Arequipa / Colca Canyon / Nazca / Huacachina / Paracas / Lima

Head to the colonial city of Arequipa, also known as the White City. Get your culture fix with an optional visit to Santa Catalina Monastery and get a peek into life in bygone times. On an overnight excursion to the dramatic Colca Canyon, the deepest in the world, you can enjoy the stunning highland scenery while looking for soaring condors. Continue north to one of the world's greatest archaeological mysteries, the Nazca Lines - perfect patterns etched into the desert on a massive scale. Depictions of birds, insects and animals are recognisable from the air, so an optional sightseeing flight is highly recommended. Stop at a winery en route to Huacachina, then travel north to Paracas for an optional visit to the Ballestas Islands. Travel on to Peru's capital Lima for the final hurrah. (4B, D)

Tour Code: GASZRA



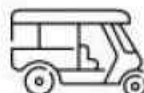
ACCOMMODATION

Twin-share hotels (29 nts), estancia/ranch (2 nts), multi-share hostels (9 nts), overnight: bus (4 nts), camping (3 nts), basic multi-share hotels on Uyuni Salt Flats (2 nts), homestay (1 nt)



INCLUDED MEALS

36 breakfasts, 7 lunches, 9 dinners



TRANSPORT

Public bus, plane, train, ferry, 4WD

NEED TO KNOWS

TRIP STYLE: 1 8-to-Thirtysomethings

AGE GROUP: Exclusively for 18-39s

GROUP LEADER: Chief Experience Officer* specialist CEO on Inca Trail, local guides

GROUP SIZE: Max 18, Avg 14

DEPARTS: Select Mondays

NOTE: Alternative options to the Inca Trail are available, including Lares Trek & Cuzco Stay

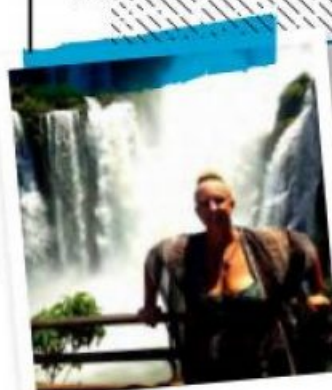
MY OWN ROOM: Fr £1,299

INCLUDED ACTIVITIES

- Favela Experience in Rio
- Jukil Community Experience in Santiago
- Visit a winery in Huacachina
- Entry to Iguassu Falls (Argentine side)
- Uyuni Salt Flats, Lake Titicaca and Colica Canyon excursions
- Guided Inca Trail hike
- Guided tour of Machu Picchu



G Adventures



#StartTheAdventure

WE KNOW

BECAUSE WE GO

Iguassu is breathtaking. This tour shows the Falls from the Argentinian and Brazilian sides, standing at the top and from a boat!*

EJ, STORE MANAGER IN CANTERBURY, UK

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Customise your trip
Flight over the Nazca Lines

Fr £94

Reverse your trip
Lima to Rio: Coast to Coast
(51 days, Lima - Rio de Janeiro)
(GASPMR)

Fr £4,299

SOUTHERN DIVIDE

SMALL GROUP ADVENTURE —

PRICE
FR £2,749

DURATION
21 DAYS

ROUTE
LIMA - SANTIAGO



HIGHLIGHTS



UROS REED ISLANDS

People have lived on Lake Titicaca's artificial islands for centuries.



6 FOR GOOD

Visit the Women's Weaving Cooperative on a Sacred Valley Tour.



VALLEY OF THE MOON

One of Bolivia's showpieces, the geological features here are unreal.

DAYS 1-5 Lima / Cuzco / Sacred Valley Zóllantaytambo / Aguas Calientes

Dive right in to your South American extravaganza with things kicking off in Peru's capital, Lima. Overnight here; then fly to the dizzying heights of Cuzco on Day 2. This unique city gives you a taste of an age-old culture as well as offering a range of high-adrenalin active pursuits. On Day 4, discover the genius of Incan planning and engineering as your guide introduces the steep terrace system in the Sacred Valley. Visit a G For Good-supported focal community weaving project and break for lunch. After spending the night in Ollantaytambo, board a train to the village of Aguas Calientes, nestled in the hills. Those who pre-booked the Inca Trail hike will depart on Day 5, rejoining the group back in Aguas Calientes for the evening. Others staying back can opt to unwind in the local hot springs. (4B, 2L)

DAYS 6-9 Machu Picchu / Cuzco / Puno

The much anticipated Machu Picchu will have you awe-inspired on Day 6. Bring the Incas to life through a combination of exploration and imagination, then return to Cuzco to make the most of a free day. On Day 8, travel by bus through the high Altiplano region to Puno on the shores of Lake Titicaca. You'll also visit Taquile Island for its unique culture, style of dress and lifestyle. The village men here are, in fact, renowned for their high-quality knitted goods! (4B)

DAYS 10-17 La Paz / Sucre / Potosi / Uyuni / Salt Flats

Brave the altitude with attitude as you ascend to one of the world's highest cities, La Paz. After a gander at the kooky Witches' Market, fly to Bolivia's capital, Sucre. This UNESCO-listed site has been popular for years (as is evident from the 65-million-year-old dinosaur tracks nearby). Continue to the silver mining city of Potosi, then to Uyuni, your gateway to the Salt Flats. Jump in a 4WD and begin an exciting adventure of surreal geological phenomena. See blinding white salt, volcanoes and geysers between the Salar de Uyuni and Chile's Atacama Desert. You'll also overnight in Juki! Community Lodge, an initiative seen by the community as a way to preserve their indigenous culture. (8B, L, 2D)

DAYS 18-21 San Pedro de Atacama / Santiago

Cross the Chilean border to the small town of San Pedro de Atacama, an oasis in an otherwise barren landscape. Opt to go mountain biking or explore nearby ruins, and make the most of an included excursion to the otherworldly Valley of the Moon. Continue forth with a flight from Calama to Santiago. Crowned by a spectacular backdrop of vineyards and snow-capped peaks, the Chilean capital makes for the perfect end to your trip on Day 21. (2B, L)

Tour Code: GA5MS



ACCOMMODATION

Hotels/guesthouses (1 S nts). multi-share lodge/basic hotel in Uyuni (2 nts)



INCLUDED MEALS

18 breakfasts, 4 lunches, 2 dinners



TRANSPORT

Plane, train, boat, public bus, 4WD

NEED TO KNOWS

- TRIP STYLE: Classic
- AGE GROUP: Exclusively for 18-35s
- GROUP LEADER: Chief Experience Officer, specialist CEO on Inca Trail, local guides
- GROUP SIZE: Max 16, Avg 12
- DEPARTS: Select Fridays and Saturdays
- MY OWN ROOM: Fr £789

INCLUDED ACTIVITIES

- Visit Ccaccacollo Community and Women's Weaving Co-op and Parwa Community Restaurant
- Jukil Community Experience
- Guided tour of Sacred Valley, Machu Picchu and Lake Titicaca
- Pottery making demonstration
- Visit Floating islands of Uros
- 4WD excursion to the Uyuni Salt Flats



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Explore Chile & Argentina
(8 days, Santiago - Buenos Aires)
(GASCGNG) Fr £1,899



ANDEAN CROSSING

EXCLUSIVELY FOR 18-35s

PRICE
FR £3,899

DURATION
22 DAYS

ROUTE
LIMA - SANTIAGO

EPIC SOUTH AMERICAN ADVENTURES

HIGHLIGHTS



AMAZON JUNGLE LODGE

Lets talk about the fact you get to stay in a jungle lodge. In the Amazon. And it gets better: it's eco!



SA LAR DE UYUNI

The world's largest salt flat and the world's largest natural mirror. Who's the most beautiful of them all?



LA PAZ WALKING TOUR

In La Paz, you'll find dancing zebras directing pedestrians past traffic. Yep, you better Bolivia it!

DAYS 1-6 Lima / Puerto Maldonado / Cuzco / Sacred Valley / Aguas Calientes

It all kicks off in lovely Lima, steeped in Spanish colonialism and serving up some of the world's best restaurants! Touch down and whack your explorer's hat on for the day, visiting an underground cemetery and the Bridge of Sighs. Next, fly to Puerto Maldonado. Tour the city's Fruit stalls and continue on to your magical Amazonian lodge, where you'll spend the next two nights. Animal lovers better be whipping out those binoculars to spy a cheeky monkey or two! On Day 4, set off for Cuzco, the gateway to Machu Picchu. Explore the main plaza and opt for a night out before you head to the Sacred Valley. While here, tour the Pisac and Ollantaytambo ruins, sip on some Chicha de Jora brew and take up the option to hike the Inca Trail. Those who choose not to hike can continue on to uncover Aguas Calientes at their own pace. With everyone reuniting in Aguas Calientes, start gearing up for the star of the show: Machu Picchu! (SB, 2L, 4D)

DAYS 7-13 Machu Picchu / Cuzco / Copacabana / La Paz / Sucre

If there's one thing we know, it's that life basically peaks with a sunrise at Machu Picchu. This is one milestone you won't be forgetting anytime soon. Tour the surreal ancient ruins before returning to base at an all-time high (figuratively and literally). Back in Cuzco on Day 8, choose to hike the Rainbow Mountains (subject to availability). Then set off for Bolivia as you venture through the Andes to the shores of Lake Titicaca, rumoured to be the birthplace of the Incas. On Day 10, head from Copacabana to La Paz, visiting the Famous Witches' Market before flying to Sucre. This city is one for the history buffs and is also a complete contrast to La Paz. Enjoy free time on Day 13. (7B, 4D)

DAYS 14-22 Potosi / Uyuni / Salar de Uyuni / Avaroa National Reserve / San Pedro de Atacama / Santiago

You've got a leisurely morning ahead before driving to Potosi, one of the highest cities in the world. After wandering through this old silver mining city, head off to Uyuni, the gateway to Salar de Uyuni. Visit the train graveyard on Day 15, a hidden oasis where rusty, hollowed out bodies of old trains go to die. It's a pretty cool post-apocalyptic style of landscape, that's for sure! On Day 16, explore the world's largest salt flats. Adventure awaits as you climb into a 4WD for a two-day crossing of the Avaroa National Reserve. Wonderfully rugged terrain awaits at each turn, plus a hostel at an overnight pitstop. After a couple days on the wheels, it's nice to kick back and relax in San Pedro de Atacama. You'll also visit the Valley of the Moon with a cool sandboarding opportunity on Day 19. The next day, swap the desert life for the city life with a flight to Santiago. Your trip ends in Chile's capital on Day 22. (6B, 2L, 3D)

Tour Code: COLISA/COLISAT



ACCOMMODATION

Twin-share hotels (17 nts),
Amazon Jungle Lodge (2 nts),
multi-share hostels (2 nts)



INCLUDED MEALS

2 breakfasts, 4 lunches,
[5 lunches for trekking option],
11 dinners



TRANSPORT

Private air con coach,
minibus or van, plane, train

NEED TO KNOWS

TRIP STYLE: Discoverer

AGE GROUP: Exclusively for 18-35s

GROUP LEADER: Trip Manager, local guides

GROUP SIZE: Max 30

DEPARTURES 2020/21:

Jan 26	Feb 29	Mar 21	Apr 18	May 09	Jun 06	Jul 25	Aug 15	Sep 12	Oct 03	Nov 21	Dec 19	Jan 21	Feb 21	Mar 21

MY OWN ROOM: Fr £605

INCLUDED ACTIVITIES

- City tours of Lima, La Paz, Sucre, Potosi and Santiago de Chile
- Entry to Sacred Valley and Pisac ruins, and Machu Picchu Sanctuary
- Visit a llama farm
- Visit Convento de San Felipe Neri, the Great Train Graveyard and Salar de Uyuni
- Cross Eduardo Avaroa National Reserve
- Visit Valle de la Luna



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THE DEFINITIVE

South American Overland

130 DAYS



FR £6,715

(Plus local kitty of approx. USD \$5,310)

Cartagena Rio de Janeiro

Home to the world's largest rainforest, driest desert, longest mountain range, and highest capital; salsa, samba and tango your way from Cartagena to sizzling Rio.

DAYS 1-19 Cartagena/Tayrona National Park/ Loricá / Medellín / Manizales / Salento / Popayan / Ipiales / Otavalo / Quito

Touch down in Cartagena on Day 1 and enjoy the next couple of days here. Head to Tayrona National Park for hiking and beach time before moving on to colonial Loricá. Make for Medellín, the haunt of drug kingpin Pablo Escobar. Discover the coffee region on Day 10 and take a tour of a coffee plantation. Bed down in a charming hacienda, then continue to Salento, the gateway to Valle de Cocora. See the world's tallest palm trees on a guided walk, then it's on to the former colonial capital of Popayan. Cross into Ecuador through the town of Ipiales, then reach Quito.

DAYS 20-61 Ecuadorian Amazon / Rio Verde / Baños / Quilotoa / Chugchilan / Cuenca / Punta Sal / Huanchaco / Huaraz

Enjoy three days of treks, canoe rides and wildlife spotting in the Amazon Rainforest, then head to Baños via Rio Verde. Opt to go white water rafting, canyoning and horse riding, then go trekking through the beautiful scenery of Chugchilan. Continue to Cuenca and cross the border into northern Peru, setting up beach camp in Punta Sal Drive to Huanchaco and explore the Chan Chan Ruins and Huaca de la Luna. Then, head into the Andes and bed down in the mountain town of Huaraz. Opt to go hiking in the Cordillera Blanca or don your helmet for a mountain biking trip.

DAYS 37-61 Lima / Huacachina / Paracas / Nazca / Arequipa / Colca Canyon / Raqchi / Cuzco / Inca Trail / Cuzco / Puno

After a short breather in capital Lima, continue to the sand dunes of Huacachina for optional sandboarding. On Day 40, visit Nazca, world-famous for its ancient geoglyphs in which you can opt to take a flight over. The terraced slopes of the Colca Canyon is definitely one of our favourite Peruvian views. After overnighing in a homestay here, continue to Cuzco and acclimatise before taking on the Inca Trail to Machu Picchu. Take some time to unwind, then swap mountains for lakes as you head for Lake Titicaca. On Day 56, exit Peru, enter Bolivia. Visit Copacabana and board a boat to Isla del Sol. Next up, one of the highest cities in the world. La Paz. Spend two full days here, then continue to colonial Potosi, famed for its still-active silver mines.

DAYS 62-80 Isla def Sol / Copacabana / La Paz / Potosi / Bolivian Altiplano / San Pedro de Atacama / Purmamarca / Salta / Estancia / Córdoba / Mendoza / Santiago / San Javier

There's plenty of photo ops waiting on Day 62 as you venture to Sal ar de Uyuni. Continue across the Bolivian Altiplano into Chile and explore the arid Atacama. Cross into Argentina and on Day 66, opt to go rafting or trekking in Salta. Driving past surreal rack formations, reach Cafayate where good wine is aplenty^ then visit the Quilmes Ruins on Day 70. Spend three days in an Estancia to experience Gaucho living. Get more wine time in Mendoza, then make for Chile's capital Santiago on Day 77. Sip and slurp your way through a tour of the vineyards in San Javier.

DAYS 81-101 Pucon / Bariloche / Futaleufu / Queulat N.P. / Cerro Castillo / El Calafate / Ushuaia / Tierra del Fuego / Torres del Paine N.P.

Get out in nature in Pucon and opt to trek the snow-capped volcano Mt. Villarica. Explore some more in Bariloche, then set off for Futaleufu. Enjoy glaciers in Queulat National Park and indulge in more scenic views in Cerra Castillo National Reserve. Traverse the Argentine Patagonia region and reach El Calafate, the gateway to Perito Moreno Glacier. Get to Tierra del Fuego via the southernmost town in the world and enjoy this national park in its full glory. Head to the next national park, Torres del Paine, for five days hiking the W-Walk. Reach Los Glaciares National Park for - you guessed it - magnificent mountain glaciers.

DAYS 102-130 El Chalten/Jaramillo/Camarones / Puerto Madryn / Monte Hermoso / Buenos Aires / Yapeyú / Igassu Falls / Bonito / Southern Pantanal / Brotas / Paraty / Rio de Janeiro

After a few remote camping sites, approach Puerto Madryn and see penguins, then Argentine capital Buenos Aires. Explore the city before heading to Brazil via Yapeyu. See the famed Igassu Falls, then Bonito awaits with optional snorkelling and abseiling. Spend a couple of days exploring the Southern Pantanal region on safari, then make for Brotas. Relax on the beaches of Paraty before wrapping up in Rio de Janeiro on Day 130.

Tour Code: DRJTR

HIGHLIGHTS



W-WALKSN TORRES DEL PAINE NATIONAL PARK

Trek through the towering peaks of Las Torres, stunning snow-capped mountains and glaciers aplenty.



ECO-LODGEJUNGLE STAY IN THE AMAZON

Built and run by the local community, the lodge is an amazing way to see the world's most famous rainforest



VISIT PERITO MORENO GLACIER

Unlike most of Earth's other glaciers, Perito Moreno is actually growing rather than melting away!



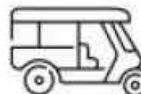
ACCOMMODATION

Hotels, hostels & homestays (65%), wild camp & campsites (35%)



INCLUDED MEALS

All meals when camping, some others



TRANSPORT

Overland vehicle, private/public bus, boat, Ferry, train, 4WD

LIKE THAT? TRY THIS ...

Colombia Discovery

Cartagena -> Quito

19 days [DRZCQ] See page 40

FR£960 [Plus local kitty]

Ecuador & North Peruvian Wanderer

Quito -> Lima

20 days [DRZQL] See page 40

FR£940 [Plus local kitty]

Best of Peru

Lima -> Cuzco

17 days [DRXLC] See page 40

FR£890 [Plus local kitty]

The Inca Heartland

Cuzco -> La Paz

12 days [DRSCZ] See page 40

FR£750 [Plus local kitty]

Aitipiano & Gauche Explorer

La Paz -> Santiago

21 days [DRZZS] See page 41

FR£1,090 [Plus local kitty]

Backroads of Patagonia

Santiago -> Ushuaia

23 days [DRZSU] See page 122

FR£1,520 [Plus local kitty]

Patagonia & Beyond

Santiago -> Buenos Aires

34 days [DRZSB] See page 123

FR£1,990 [Plus local kitty]

Wetlands, Waterfalls & Wonders

Buenos Aires -> Rio de Janeiro

19 days (DRZBR) See page 109

FR£1,010 [Plus local kitty]

The Northern Inca Empire

Cartagena -> Cuzco

54 days (DRJTQ)

FR£2,710 [Plus local kitty]

Andes, Coffee & Caribbean

Cartagena -> Lima

38 days (DRJTL) See page 41

FR£1,850 [Plus local kitty]

Andes, Incas & Amazon

Cartagena -> La Paz

59 days (DRJTZ)

FR£3,185 [Plus local kitty]

Ecuador & Peru Discovery

Quito -> Cuzco

36 days (DRLQC)

FR£1,805 [Plus local kitty]

Worlds of the Incas

Quito -> La Paz

41 days (DRLQZ)

FR£2,290 [Plus local kitty]

The Incas & Andes

Lima -> La Paz

22 days (DRLLZ) See page 41

FR£1,370 [Plus local kitty]

CHOOSE YOUR INCA TRAIL

Wild Andes Inca Trail is included on all the trips to Machu Picchu by default. If you wish to do the Classic Inca Trail or Train Package, tell us when you book.

WILD ANDES INCA TRAIL

- Distance: 43kms
- Approx, trekking time: 23hrs
- Meals: 4B, 4L, 4D

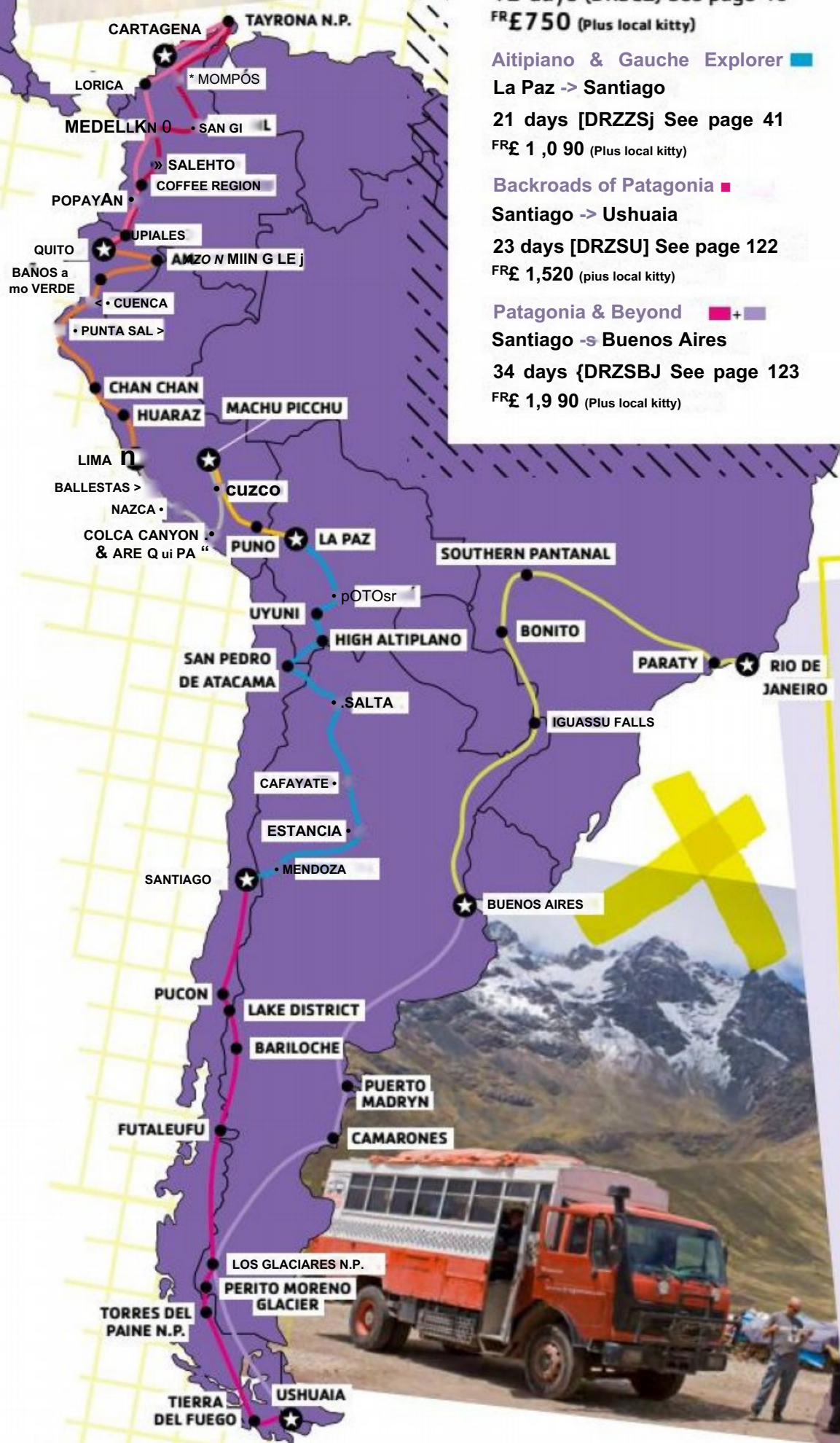
THE CLASSIC INCA TRAIL

- Distance: 42kms
- Approx, trekking time: 20hrs
- Meals: 4B, 4L, 4D

TRAIN PACKAGE

- Free day in Cuzco
- Train to Machu Picchu
- Guided tour

Age Group: Min 18
Group Leader: 2 crew, local guides
Group Size: Max 22
Tour Code: DRLTR



COLOMBIA DISCOVERY

PRICE (PLUS LOCAL KITTY) DURATION ROUTE
FR £960 19 DAYS ! CARTAGENA - QUITO



Begin in colonial Cartagena and ease into your trip on palm-fringed beaches. Then up the ante with some wildlife spotting in Rio Magdalena and a visit to a coffee finca in Salento. In the hillside metropolis of Medellin, discover one of the most authentic Old Towns in South America. Next, trek through the epic Cocora Valley and discover former colonial capita! Popayan. End In Ecuador with a visit to the Equator and a night in Quito. Northbound and Southbound options available.

INCLUSIONS

Departs: 05Mar20, 27Apr20, 23May20, 14Jun20, 20Jun20, 17Jul20, 02Oct20, 06Oct20, 08Nov20, 10Feb21, 15Mar21 Accommodation: Hotels and hostels (83%), camping (17%) Group Leader: 2 crew, local guides Meals: 13 breakfasts, 2 lunches, 2 dinners Local Payment (Kitty): Approx. USD \$530 Tour Code: DRZCQ

ECUADOR & NORTH PERUVIAN WANDERER

PRICE (PLUS LOCAL KITTY] DURATION ROUTE
ER £94D . 20 DAYS I QUITO - LIMA



From Quito, head to an eco lodge on the edge of the Amazon Basin. With three nights here, you'll have plenty of time to get your rainforest fix! There's boat trips on the Napo River and jungle treks aplenty. Thrill-seekers can try their hand at canyoning and rafting in Rio Verde. You'll also get to trek in Chugchilan, followed by a border crossing into Peru for some well-deserved beach time in the Punta Sal area. Consider yourself a bit of a history buff? Get a load of the ruins in Huanchaco and Huaraz. The tour wraps up in Lima.

INCLUSIONS

Departs: 15Feb20, 04May20, 15May20, 01Jun20, 02Jul20, 04Aug20, 20Oct20, 24Oct20, 26Nov20, 22Jan21, 24Feb21 Accommodation: Hotels and hostels (65%), camping (35%) Group Leader: 2 crew, local guides Meals: 14 breakfasts, 9 lunches, 12 dinners Local Payment (Kitty): Approx. USD \$600 Tour Code: DRZQL

BEST OF PERU

PRICE [PLUS LOCAL KITTY] I DURATION ROUTE
FR £890 I 17 DAYS LIMA - CUZCO



An awesome way to see Peru's best bits in a short time frame! Take 17 days to see all the highlights from capital Lima to historical Cuzco, with visits to the Inca Trail and the magical Machu Picchu. Jump on an included boat trip to visit the Ballestas Islands and spend some time sandboarding during your stay in the vast Huacachina Desert. You'll also get to see the mysterious Nazca Lines, as well as visit Colca Canyon and Arequipa.

THE INCA HEARTLAND

PRICE (PLUS LOCAL KITTY) DURATION ROUTE
FR £750 12 DAYS CUZCO - LA PAZ



Dive deep into the heartland of the Incas on a tour that'll take you way back in time. With an exciting four-day hike along the famous Inca Trail, wind up in the hidden city and archeological kingpin, Machu Picchu. Hot tip: the two-toed, woolly locals here make great photography subjects. You'll also get the chance to embark on even more historic discovery in Bolivia. Visit the Incan site of isla del Sol in Lake Titicaca and ascend to the sky-high city of La Paz.

ALTIPLANO & GAUCHO EXPLORER

PRSCE (PLUS LOCAL KITTY) DURATION
FR £1,090 I 21 DAYS

ROUTE
LA PAZ - SANTIAGO



DAYS 1 -4 La Paz / Uyuni

At an elevation just over 3,500 metres above sea level, your opener La Paz is one slick high-flyer. Have a gander at the superstitious Witches' Market, grab some lizard ointment for your travels, and away we go! On Day 3, reach Uyuni and set off for the Instagrammable Salt Flats.

DAYS 5-11 Altiplano / San Pedro De Atacama / Salta / Cafayate

Drive through the desert landscapes of the Altiplano, stop by the El Tatio Geysers and end up in San Pedro de Atacama. Enjoy a trip to the Moon Valley, stargaze by night, then leave for Argentina and the town of Salta. Continue the drive through spectacular rock formations to the wine producing region of Cafayate. And yes, of course, that means a little tasting of the good stuff.

DAYS 12-21 Recreo / Estancia

Visit the Quilmes Ruins and camp out in the wild, then reach your unique Anglo-Argentine estancia (cattle ranch). Spend three nights here experiencing the Gaucho way of life - that's horseback riding included, so giddy up!

DAYS 12-21 Cordoba/Mendoza/Santiago

Continue to Cordoba and explore its colonial architecture, then it's off to Mendoza, one of the nine wine capitals of the world. Here, opt to go horseback riding, white water rafting or simply relax in the local thermal baths. Oh, and did we mention wine? Hop on a tour of the vineyards for an exemplary glass of Malbec! Driving over the Cristo Redentor pass in the high Andes, end up in Santiago for your final hurrah. The tour wraps up here on Day 21.

Tour Cede: DRZZS



ACCOMMODATION

Hotels (7D%), campsites/wild camp (30%)

All meals when camping, most breakfasts

Overland truck, 4WD

ANDES, COFFEE & CARIBBEAN

PRICE (PLUS 10% LOCAL KITTY) DURATION
FR £1,850 I 28 DAYS

ROUTE
CARTAGENA - LIMA



If you're looking for a balance of historical discovery, outdoor treks and beach downtime, this one's for you. Designed to showcase the best of the northern Andes, through Colombia, Ecuador and Peru, expect to get a taste for some of South America's greatest sights. Hop to the unspoiled beaches of Tayrona National Park, wind through the Colombian coffee region, stay in an eco lodge on the edge of the Amazon Basin and enjoy adrenaltn-fuelled activities in Rio Verde. You'll also traverse the dry deserts and fascinating ancient civilisations of Northern Peru.

THE INCAS & ANDES

PRICE (PLUS 10% LOCAL KITTY) DURATION
FR £1,370 I 22 DAYS

ROUTE
LIMA - LA PAZ



Get a load of all the Peruvian highlights in the short and sweet time of just 22 days! Tour sights between Lima and Cuzco, including the Ballestas Islands, the Huacachina Desert, the Nazca Lines, the Colca Canyon and Arequipa. You'll have the unique opportunity get off the beaten track with the Wild Andes Trek. Stay in a small Quechua-speaking village in the Sacred Valley, see a traditional weaving demonstration and take in breathtaking views of Machu Picchu. Bucketlist item: achieved! You'll also cross the Altiplano into Bolivia and wrap up in capital La Paz.

ROUTE
QUITO - SANTIAGO



DAYS 31-61 Inca Trail /Puno / La Paz /
Potosi / Uyuni / Atacama / Salta / Ca fay ate /
Mendoza / Santiago

If you want to make it to Machu Picchu, the first thing you'll need to do is work for it. Arrive after four days of trekking the Inca Trail, then rest up before heading to Puno and Lake Titicaca. Stay with locals on Isla del Sol and follow with a trip to La Paz. Next up, the mining town of Potosi and the Salt Flats of Uyuni. Take your first Chilean steps on the sands around San Pedro de Atacama, then cross into Argentina. Gobble up as much asado as you can in Salta, washing it down at one of CaFayate's wineries. En route to Mendoza, stop at the Quilmes Ruins and wrap things up in Santiago.

Tour Code: DRLQS



ACCOMMODATION

Hostels, hotels and guesthouses (70%), wild camp and campsites (30%)



INCLUDED MEALS

All meals when camping, most
breakfasts otherwise



TRANSPORT

Overland truck, boats, train, 4WD



INCA EMPIRE AND PATAGONIA EXPLORER

PRICE (PLUS LOCAL KITTY) | DURATION
Ffi £3,860 64 DAYS

ROUTE
USHUAIA - LIMA



This epic journey takes you through Patagonia, the Bolivian and Chilean Altiplano, Northern Argentina and, of course, Peru! Beginning in Ushuaia and ending in Lima, the adventure winds through a plethora of Patagonian national parks, perfect for wildlife viewing and trekking. Other highlights include hiking to Machu Picchu on the Inca Trail (subject to availability, ask your Travel Expert for details), taking a boat trip to the Ballestas Islands, a day trip to the Perito Moreno Glacier and a 4WD adventure to heaven on earth - the Salar de Uyuni Salt Flats. You'll also experience local living staying with Quechua families.

INCLUSIONS

MACHU PICCHU, GAUCHOS & THE ATACAMA

PRICE (PLUS LOCAL KITTY) DURATION
f R. £ 1,800 32 DAYS

ROUTE
CUZCO - SANTIAGO



Experience the true spirit of South America on this 32-day trip, starting in Cuzco with the chance to hike the famous Inca Trail to Machu Picchu! You'll continue to Puno, then cross into Bolivia with a boat trip to the Isla del Sol. Browse grisly trinkets at the Witches' Market in La Paz, take a 4WD excursion to the Salar de Uyuni Salt Flats and traverse the desertscapes of the Altiplano. End up in Argentina where the Malbec flows freely, and visit Salta, Cafayate, Recreo, Córdoba, Mendoza and, finally, Santiago.

INCAS, ANDES & IGUASSU

PRICE (PLUS LOCAL KITTY)
FR £3.395

DURATION |
60 DAYS

ROUTE
LIMA - RIO DE JANEIRO

DAYS 1-30 Lima / Huacachina / Arequipa /
Cuzco / Machu Picchu / Puno / Isla del Sol /
La Paz / Potosí / Uyuni / Atacama /
Purmamarca

From Lima, head to Huacachina For an evening of sandboarding and dune buggying, opting to camp out under the stars. On to Nazca, see the mysterious Nazca Lines before journeying to Arequipa and Chivay, your gateway to the Colca Canyon. Discover the Incas in Cuzco, enjoying a four-day trek to Machu Picchu. Cross into Bolivia on Day 19. Overnight on Isla del Sol, spend some leisurely days in La Paz and stay with the locals in Livichuco village. Set off for the silver mines of Potosi and follow with the Uyuni Salt Flats, the lagoons of the Bolivian Altiplano and stargazing in the Atacama Desert! Camp at Purmamarca, known as the Hill of Seven Colours.



ACCOMMODATION

Hotels, hostels and guesthouses
(65%), wild camp and campsites (35%)



INCLUDED MEALS

All camping meals



TRANSPORT

Overland vehicle, public bus, train,
4WD, boat, canoe

DAYS 31-60 Salta / Rio Cébалlos / Buenos Aires / Yapeyu / Iguassu Falls / Bonito / Pantanal / Brotas / Paraty / Rio

It's then on to Salta for three days before a night in the wine town of Cafayate. After your fill of Torrontés, make your way to an Estancia and live like the gauchos, then soak up European vibes in Buenos Aires. On Day 44, stay on the banks of the River Uruguay. See the thundering Iguassú Falls from both Brazilian and Argentine sides, then drag yourself away to Bonito., Brazil's eco tourism capital. After three days among the jaguars and ocelots of the Southern Pantanal (if you're lucky!), make your way to the Emerald Coast of Paraty via Bratas, then finish with the sunny beaches of Rio de Janeiro.

Tour Code: DRLLR

AGE GROUP: Min 18

GROUP LEADER: 2 crew, local guides

GROUP SIZE: Max 22

INCLUDED ACTIVITIES: Excursion to Moon Valley, visits to Quilmes ruins, Raqchi ruins, ancient Nazca sites and Iguassu Falls, estancia stay, boat to Lake Titicaca's Isla del Sol, visit Sacred Valley and trek Inca Trail, Quechua Indian homestay, guided trip to Colca Canyon, boat trip to Ballestas Islands, safari in Pantanal, boat trip to beaches in Paraty

DEPARTURES 2020:

£	^	f			5	Aug	CL	Oct	Nov	Dec
££E	E		IE1	ay	03 IE	21	£		24	15

LOCAL KITTY: Approx. USD S2,950
payable locally



ALTIPLANO & GAUCHO WANDERER

PRICE (PLUS LOCAL KITTY)
FR £1,130

DURATION
21 DAYS

ROUTE
LA PAZ - BUENOS AIRES



This trip is all about the scenery, so strap in and get snapping! Start off in the world's highest capital, La Paz, then head to the infamous silver mines of Potosí. Then, venture onto the Salt Flats and swing by the aptly named Train Graveyard. Cross into Chile and explore the Atacama before its on to Argentina for a stop in colonial Salta. Drink some vino in Cafayate, ride horses and eat barbecue food in a rural estancia, then end up in Buenos Aires. Northbound and Southbound options available.

INCLUSIONS

CHOLITAS, GAUCHOS & IGUAZU

PRICE (PLUS LOCAL KITTY)
FR £2,080

DURATION
39 DAYS

ROUTE
RIO DE JANEIRO - LA PAZ



Bolivia, Argentina and Brazil are about as different as they come, so why not get a full-on culture fix visiting all three? Take off from Rio de Janeiro, hop to Paraty and take an island boat trip. Follow with Brotas, where you can opt to go white water rafting, then enjoy a wildlife safari in the Pantanal. Opt to snorkel in Bonito, visit the phenomenal Iguassu Falls, then enter Argentina with visits to Buenos Aires, Córdoba, a unique Estancia, Cafayate and Salta. After a quick stop in Chile, reach Bolivia and enjoy a visit to the Salt Flats, sky high Potosí and La Paz.

INCLUSIONS

Departs: 14Jan20, 24Jun20, 07Jul20, 11Aug20, 15Aug20, 24Nov20, 05Jan21 **Accommodation:** Hotels and hostels (60%), camping (40%) **Group Leader:** 2 crew, local guides **Group Size:** Max 22 **Local Payment (Kitty):** Approx. USD \$1,600 **Tour Code:** DRLZR

TRANS ANDEAN & PATAGONIA

OVERLAND GROUP ADVENTURE

PRICE (PLUS LOCAL KITTY)
FR £5,520

DURATION
101 DAYS

ROUTE
CARTAGENA - USHUAIA



NEED TO KNOWS

TRIP STYLE : Overland Group Adventure

AGE GROUP : Min 18

GROUP LEADER : 2 crew, local guides

GROUP SIZE : Max 22

DEPARTURES 2020 :

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
					1J					02	08

LOCAL KITTY : g Approx. USD \$4,240 payable locally

INCLUDED ACTIVITIES

- Colombian coffee guided tour
- Half-day guided trek through the spectacular Cocora Valley
- Trek from Quiotoa to Chugchilan
- Ecuadorian eco lodge stay
- Visits to Tayrona N.P., Nazca sites, the equator at Mitad del Mundo, Moon Valley, El Tatio geysers, rock formations El Amphiteatro and La Garganta del Diablo, and Quilmes ruins
- Guided tour of Moche Pyramids and Chan Chan, Ollantaytambo, Sacred Valley, Raqchi ruins, Colca Canyon and Perito Moreno Glacier
- Trek the Inca Trail to Machu Picchu
- Boat trips to Ballestas Islands and Lake Titicaca's Isla del Sol
- 4WD excursion to Uyuni Salt Flats
- Estancia stay
- Wine tasting at a vineyard in San Javier
- Four days exploring and trekking

Torres del Paine N.P.

HIGHLIGHTS



VISIT THE EQUATOR

Yes. The world now revolves around you. At the very centre of the world.



AMAZON ECO LODGE JUNGLE STAY

Staying in an eco lodge is one unique way to explore the Amazon!



DESERT CAMPING

With the chance to ride buggies and go sandboarding? Count us in!

DAYS 1-29 Cartagena / Tayrona National Park / Lorica / Medellin / Salento / Popayan / Ipiales / Quito / Amazon / Banos / Chugchilan / Cuenca

Touch down in Cartagena and make moves For Tayrona National Park, where you'll wind through cloud Forests and sleep in hammocks! Head to Lorica next, followed by a drive to Medellin. Continue into the coffee region for a night in Manizales, and make for Salento, your gateway to Valle de Cocora. Learn all about Colombian coffee on a guided tour. Over the border to Ecuador on Day 17, visit Quito, then the Amazon Rain Forest. Your stay involves river safaris and night treks. Then it's an action-packed two days prior to your day trek from Quiotoa to Chugchilan. Next up, Cuenca.

DAYS 30-75 Punta Sal / Lambayeque-Huanchaco / Huaraz / Lima / Paracas / Nazca / Arequipa / Chivay / Raqchi/Cuzco / Inca Trail / Machu Picchu / Puno / Copacabana / La Paz / Uyuni / San Pedro de Atacama / Salta / Cafayate / Rio Ceballos

The Peruvian surf of Punta Sal awaits on Day 30. Drive to Huanchaco's Chimu-era capital Chan Chan, then reach the Andes. After three days, it's time For Lima, Huacachina, and Arequipa. Continue to Chivay, detouring into the Colca Canyon. Enjoy a traditional Quechua homestay at Raqchi and approach former Inca capital, Cuzco. Make your way to the Sacred Valley and start a Four-day trek to Machu Picchu. Hit the road to Bolivia on Day 55, spend a night on Lake Titicaca before heading to La Paz. Drive towards the surreal Uyuni Salt Flats on a 4WD excursion. Next* travel over the Bolivian Aitiplano towards San Pedro de Atacama. Cross borders into Argentina, where Salta awaits on Day 68. Get to Cafayate in time for wine o'clock! And complete your authentic Argentine experience with three days on a working Estancia.

DAYS 76-101 Mendoza / Santiago / Pucon / Bariloche / Futaleufu / Ruyuhuapi / Cerro Castillo Reserve / El Chalten / El Calafate / Torres del Paine National Park / Tierra del Fuego / Ushuaia

Tour the wineries of Mendoza and visit Santiago before a trip to the country's Lake District. Mountain village Bariloche is next, followed by a visit to the Carretera Austral on Day 86. Drive through Queulat National Park and the Cerro Castillo National Reserve en route to El Chalten. Visit Los Glaciares National Park, known for dramatic glaciers and world-class trekking. See the Perito Moreno Glacier in El Calafate then drive to the Torres del Paine. Walk the whole W-Trek or a section, before crossing the Magellan Straits to final stop^ Ushuaia.

Tour Code: DRLTU



ACCOMMODATION

Hotels and hostels (E0%). camping (40%)



INCLUDED MEALS

All camping meals



TRANSPORT

Overland vehicle, boats, train, 4WD



BRAZIL AND LAS GUYANAS EXPLORER

OVERLAND GROUP ADVENTURE

PRICE (PLUS LOCAL KITTY)
FR £4,055

DURATION |
5 7 DAYS

ROUTE
RIO DE JANEIRO - BOA VISTA

EPIC SOUTH AMERICAN ADVENTURES

HIGHLIGHTS



CHAPADA DOS VEAOEIROS N.P.

Beautiful lagoons and nature trails
come in bucketfuls.



CANOA QUEBRADA

An east coast pearl, enjoy gorgeous
pink sand dunes and warm waters.



SURINAME ISLAND RETREAT

Get comfortable in cabins and enjoy
the tranquillity of the Amazon.

NEED TO KNOWS

TRIP STYLE: Overland Group Adventure

AGE GROUP: Min 18

GROUP LEADER: 2 crew, local guides

GROUP SIZE: Max 22

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
			26				01	29					17	

Additional dates are available. Please ask for details.

LOCAL KITTY: Approx. USD \$2,410
payable locally

INCLUDED ACTIVITIES

- * Guided tour of Brasilia
- Visit Chapada Diamantina National Park
- Visit Lencois Maranhenses National Park and overnight 4 WD tour
- Walking tour of Cayenne
- Visit the International Spaceport in Kourou
- Island retreat in the Suriname River
- Jungle lodge stay in Ilwokrama Forest
- Visit the Ilwokrama Canopy Walkway
- Village tour and wildlife walks in the Rupununi Savannah area of Guyana

DAYS 1-17 Rio de Janeiro /Ouro Preto/Tres Marias /Brasilia / Alto Paraiso /Chapada Dos Veadeiros N.P. / Lencois / Chapada Da Diamantina N.P. / Itacare / Salvador Da Bahia

Welcome to Rio de Janeiro! The day is yours to enjoy the city before heading to the old mining town of Ouro Preto and taking a half-day guided tour. Drive through Brazilian countryside and camp in Tres Marias, then reach futuristic capital Brasilia. The shape of the city is actually designed to resemble a plane - Google the satellite view to see it for yourself! Head to Alto Paraiso and Chapada dos Veadeiros National Park, a hidden Brazilian gem with hiking opportunities. Continue to Lencois and explore the beautiful Chapada Diamantina National Park, brimming with waterfalls and cave systems. Spend your next two nights in the beach town of Itacare before travelling to Salvador da Bahia.

DAYS 18-38 Pirambu / Olinda / Canoa Quebrada / Jericoacoara / Barreirinhas / Lencois Maranhenses N.P. / Sao Luis / Belem / Macapa / Cayenne

Visit a turtle conservation research station en route to Pirambu, then enjoy a full-day drive to Olinda. Considered one of Brazil's most important historic sites, you'll wander through the city's cobblestone streets on a full day here. Next, travel to the pinkish sand dunes of Canoa Quebrada. Day 23 brings you to the secluded beach town of Jericoacoara, where you can sip caipirinhas and opt for a quad bike adventure. Next up, Lencois Maranhenses National Park! This dreamy location boasts white sand dunes and turquoise lagoons. UNESCO-listed Sao Luis calls on Day 29, then it's off to Belem, where the Amazon River meets the Atlantic. On Day 37, head to Cayenne for a half-day walking tour.

DAYS 39-57 Kourou / Plage les Hattes / Saint Laurent du Maroni / Paramaribo / Upper Suriname Area / Bigi Ran / Georgetown / Ilwokrama Forest / Rupununi / Boa Vista

Make your way to Kourou, off the coast of French Guiana. Visit the European Space Station and opt for a boat trip to the nearby small islands of volcanic origin, Iles du Salut. Explore Saint Laurent du Maroni and its dark history, then arrive in Paramaribo for an optional sunset boat trip. Cross into the Upper Suriname Area, hop on a boat trip along the Suriname River and stay in comfy cabins with your own swimming pool. It's then back to Paramaribo to explore the capital further before heading out in search of bird life in Bigi Pan. Continue your off-the-beaten-track journey, crossing into Guyana on Day 49. Reach Georgetown and opt to visit Kaieteur Falls, then dive into the Ilwokrama Forest for a unique jungle lodge stay. Spend time in Rupununi before reaching final destination Boa Vista.

Tour Code: DRLVR



ACCOMMODATION

Hotels and hostels (70%).
camping (30%)



INCLUDED MEALS

All camping meals



TRANSPORT

Overland vehicle,
boats, 4WD



PERU TOURING & GALÁPAGOS SAILING

Many tours of South America can be combined with the Galápagos Islands. Have a look below at three of our top-selling G Adventures Peru tours combined with sailing trips in the Galápagos. All include return flights to/from Quito.

We work with the best Inca Trail tour operator. Look out for this logo on our Machu Picchu tours.



GALÁPAGOS CENTRAL ISLANDS & INCA DISCOVERY

Quito → Cuzco

14 DAYS

From the unique and fearless wildlife of the Galápagos to the towering peaks of the Peruvian Andes, discover two of South America's iconic highlights in one short but sweet adventure. Explore the Galápagos archipelago on a five-day boat cruise, with time to swim with friendly sea lions and sunbathe with the resident iguanas. Next up, fly back to the mainland for a quick tour of Peru's highlands, and take on the classic four-day Inca Trail to Machu Picchu.

- & Four nights of cruising in the Galápagos
- Trek the Inca Trail to Machu Picchu
- © See Sacred Valley and DHantaytambo

AMAZON TO THE ANDES & GALÁPAGOS SOUTH & CENTRAL ISLANDS

Lima → Quito

21 DAYS

Hike the famous Inca Trail to the lost city of Machu Picchu and explore the wildlife-filled Amazon Rainforest from the comfort of an intimate jungle lodge. Top it all with seven nights of cruising, swimming and snorkelling in the waters of the Galápagos archipelago aboard your comfortable boat. Go to no fewer than nine Galápagos islands, paying a visit to the Charles Darwin Research Station, snorkelling off Rabida and hike to Bartolomé's summit.

- © Explore the Sacred Valley and Inca Trail
- & Look out for exotic Amazonian wildlife
- Seven-night cruise in the Galápagos

ABSOLUTE PERU & GALÁPAGOS CENTRAL ISLANDS

Lima → Quito

27 DAYS

Explore Peru's southern coast and its Andean Highlands, and see the Floating Islands of Lake Titicaca and the extraordinary Nazca Lines. From the soaring heights of the Inca Trail to a steamy jungle stay at an eco-friendly lodge, this epic journey combines an all-encompassing tour of Peru with four nights exploring the Galápagos Islands. You'll enjoy daily trips to explore, great views from deck and plenty of tasty food along the way.

- © See Lake Titicaca and Nazca Lines
- © Conquer the Inca Trail to Machu Picchu
- Four nights sailing in nature's playground



Itinerary/Inclusions: See pages 84-87 for Galápagos and page 54 for Inca Discovery
Tour Code: GA5ED07MB



Itinerary/Inclusions: See page 62 for Amazon to the Andes and pages 84-87 for Galápagos
Tour Code: GAS PA 10 MA



Itinerary/Inclusions: See page 61 for Absolute Peru and pages 84-87 for Galápagos
Tour Code: GASPH07MB



FREE FLIGHTS

Combine any G Adventures tour of Peru (excl. independent tours) with a Galápagos trip and get the one-way flight between Lima and Quito on us!

MEDELLÍN TO BOGOTÁ ADVENTURE

PR FCE
FR £899

DURATION
12 DAYS

ROUTE
MEDELLÍN - BOGOTÁ



DAYS 1-3 Medellín

Whatever you thought about Colombia prior to arriving, prepare to be surprised. Start with a walking tour of Medellín's Comuna 13. If you've watched Narcos, you'll know that this neighbourhood used to be controlled by the cartels. Since the days of Pablo Escobar, it's become a shining example of the country's progress in overcoming its notorious past. During free time, ride the metrocaribe for city views or visit nearby Guatapé. (B, L)

DAYS 4-6 Manizales / Salento

The coffee region calls on Day 4. Aim for Salento via Manizales and the mineral-rich waters of the Tierra Viva thermal springs. On Day 6, pull on your walking boots and hike through the Cocora Valley, famous for its misty green hills dotted with towering wax palms. (3B)

DAYS 7-9 Armenia / Cali

Day 7 and it's time to get your caffeine fix in the coffee capital of Armenia. You'll get to sample a few cups of this delicious export on a tour of a local plantation. Swap the lush countryside for the atmospheric streets of Cali on Day 8. Marvel at the 26-metre tall Cristo Rey monument on a guided tour, then learn to dance like a local with an included salsa class. (3B)

DAYS 10-12 Bogotá

Your last few days are spent in Bogotá. After a short flight, check out La Candelaria's street art then visit the Museo del Oro, which contains more than 55,000 pieces of gold. Depart the capital at any time on Day 12. (3B)

Tour Code: GASMMfi



ACCOMMODATION

Hotels (11 nts)



INCLUDED MEALS

10 breakfasts, 1 lunch



TRANSPORT

Local bus, plane

TRIP STYLE: 18-to-Thirtysomethings

AGE GROUP: Exclusively for 18-39s

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 16, Avg 14

INCLUDED ACTIVITIES: Coffee farm tour, Cali salsa class, Cocora Valley hike. La Candelaria orientation walk, visits to Berracas de la 13, Plaza Botero, Tierra Viva Thermal Baths, Cristo Rey & Museo del Oro

DEPARTS: Select 2d Tuesdays

MY OWN ROOM: Fr £399

G Adventures



LIKE THAT? TRY THIS-

Colombia Express

9 days (GASMCQ) See page 98 Fr£1,179

QUITO TO LIMA: SURF TOWNS & HOT SPRINGS

PRICE
Fft £319

DURATION
15 DAYS

ROUTE
QUITO - LIMA



DAYS 1-4 Quito / Tena / Amazon Jungle

Quito is stop número uno, and located at 2,850 metres above sea level, so take it easy until you adjust to the altitude. Next day, travel deep into the jungle via Tena to the village of Pimpilala, your home for the next three nights. Scour for reptiles on nature walks, enjoy freshly cooked meals and learn about Quichua culture. On Day 4, a G for Good cycle trip takes you to the community of Shandia for a chocolate-making demo. (30, 3L, 3D)

DAYS 5-8 Baños / Cuenca

Baños beckons on Day 5. Ecuador's adrenalin capital is all about outdoor activities like rafting, horse riding, canyoning and mountain biking. After a free day here, continue to Cuenca, birthplace of the Panama hat. Soak up its laid-back atmosphere and colonial architecture. (B)

DAYS 9-13 Máncora / Huanchaco

Cross into Peru via the busy border town of Huaquillas and travel down the Pan-American Highway to the surf town of Máncora, where you'll enjoy some welcome beach time. Continue south along the coast to Huanchaco and opt to visit Trujillo or the nearby Chimu ruins of Chan Chan before catching an overnight bus to lively Lima.

DAY 14-15 Lima

Your final stop is Peru's capital city. People watch in the Plaza de Armas, check out Museo Larco or head to the districts of Miraflores, Barranco and San Isidro for great cafés, funky nightlife and tasty pisco sours! (26;

Tour Code: GASEQM



ACCOMMODATION

Simple hotels (8 nts), overnight buses (3 nts), jungle huts (2 nts), community lodge (1 nt)



INCLUDED MEALS

6 breakfasts, 3 lunches, 3 dinners



TRANSPORT

Local bus, boat, truck, motorised canoe

TRIP STYLE: 18-to-Thirtysomethings

AGE GROUP: Exclusively for 18-39s

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 18, Avg 14

INCLUDED ACTIVITIES: G for Good Shandia biking 8 community experience, Amazon Jungle excursion

DEPARTURES 2020/21:

C	£	1	Aug	1	5	1	£	15	0	2	Dec	Jan	Feb	Mar
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		28		30										

MY OWN ROOM: Fr£319

G Adventures



QUITO TO LA PAZ: AMAZON & ANCIENT CULTURES

SMALL GROUP ADVENTURE (18-39s)

PRICE
FR £2,499

DURATION
35 DAYS

ROUTE
QUITO - LA PAZ



PERU, BOLIVIA, ECUADOR & COLOMBIA

NEED TO KNOWS

TRIP STYLE: 18-to-Thirtysomethings

AGE GROUP: Exclusively for 18-39s

GROUP LEADER: Chief Experience Officer (CEO), Inca Trail CEO, local guides

GROUP SIZE: Max 18, Avg 14

NOTE: Alternative options to the Inca Trail are available, including Lares Trek & Cuzco Stay

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
04	01	07	04	02	06	04	01	05	03	07	05	02	02	
18	15	14	18	16	20	11	08	12	10	14	26	16		
	29	21	25	23	27	25	22	26	17	21	28			
		28	30											

MY OWN ROOM: Fr £609

INCLUDED ACTIVITIES

- G For Good Shandia biking & community experience
- G For Good Ccaccacollio Women's Weaving Cooperative visit
- Amazon Jungle local living experience
- Lake Titicaca homestay & excursion
- Colca Canyon excursion
- 4-day Inca Trail trek
- Machu Picchu guided tour
- Winery visit and sunset sandboarding & dune buggy, Huacachina
- Pachamanca-style dinner, Nazca



HIGHLIGHTS



CASA DEL ARBOL

Perched on a hilltop in Baños, this Insta-Famous treehouse and swing is a photographer's dream.



FLOATING ISLANDS

Floating on Lake Titicaca, these islands are made entirely from reeds and home to the Uros people.



COLCA CANYON

Plunging to a depth of 3,400 metres, this natural wonder is twice as deep as the Grand Canyon.

DAYS 1-13 Quito / Tena / Amazon Jungle / Baños / Cuenca / Máncora / Trujillo

Say hello to Quito, Ecuador's dramatically situated capital city. Do some DIY exploring before meeting your group this evening. On Day 2, travel to Tena, located on the edge to the Amazon Rainforest. From here, transfer by truck to the Quichua village of Pimpilala, where you'll stay in a rustic wooden hut for the next couple of nights. On Day 4, cycle to the nearby community of Shandia for a chocolate-making demo and an overnight stay at a G for Good lodge. Day 5 and it's on to Banaš For optional hiking, rafting, canyoning or mountain biking. Adrenalin not your thing? Soak in the thermal springs. Continue to Cuenca on Day 7 and choose to visit Cajas National Park or the Inca ruins of Ingapirca. Waving goodbye to Ecuador, cross into Peru and hang out with the surfers of Mancora. On Day 11, catch an overnight bus to Trujillo. With two full days here, opt to visit the Chan Chan archaeological site in nearby La Libertad or head to the beach in Huanchaco. Catch an overnight bus to Lima late on Day 13. (4B, 3L, 3D)

DAYS 14-25 Lima / Huacachina / Nazca / Arequipa / Colca Canyon / Cuzco / Ollantaytambo

Enjoy a full day in Peru's capital city before heading down the coast, aiming for the mysterious animal geoglyphs of Nazca. En route, stop at an oasis in the middle of the desert called Huacachina where you'll visit a winery as well as take to the sand dunes at sunset on buggies and sand boards. Once you're in Nazca, you'll want to see the Lines. No one knows how they got there, but you can opt for a flight for the best view and come up with your own theory. Nicknamed the White City, Arequipa is your base for the next two nights. On Day 20, set off for a full-day tour of the Colca Canyon, then catch the night bus to Cuzco. Soak up its markets and museums and continue through the Sacred Valley to Ollantaytambo, calling by the Ccaccacollio community and the G for Good Women's Weaving Cooperative en route. (7B, D)

DAYS 26-35 Inca Trail to Machu Picchu / Puno / Lake Titicaca / La Paz

It's time to tackle the iconic 43-kilometre Inca Trail, so bring all your portable chargers because you'll need photos for evidence/bragging rights. Reach the Sun Gate on your last morning and witness the dawn breaking over Machu Picchu, before returning to Cuzco. Ask your Travel Expert about alternative options, including the Lares Trail or staying in Cuzco. On Day 31, cross the high Altiplano region to Puno on the shores of Lake Titicaca. It really is a different world on the water, which you'll experience on the Floating Islands of Uros and at a rural village homestay on Taquile Island. On Day 34, cross into Bolivia and climb up to La Paz's lofty heights (3,632 metres above sea level). Spend the last night out with your group before your trip concludes on Day 35. (9B, 4L, 3D)

Tour Code: GASEQL



ACCOMMODATION

Simple hotels (19 nts), multi-share hostels (4 nts), overnight buses (4 nts), camping (3 nts), homestay (3 nts), G for Good lodge (1 nt)



INCLUDED MEALS

20 breakfasts, 7 lunches, 7 dinners



TRANSPORT

Public bus, boat, motorised canoe, truck, train

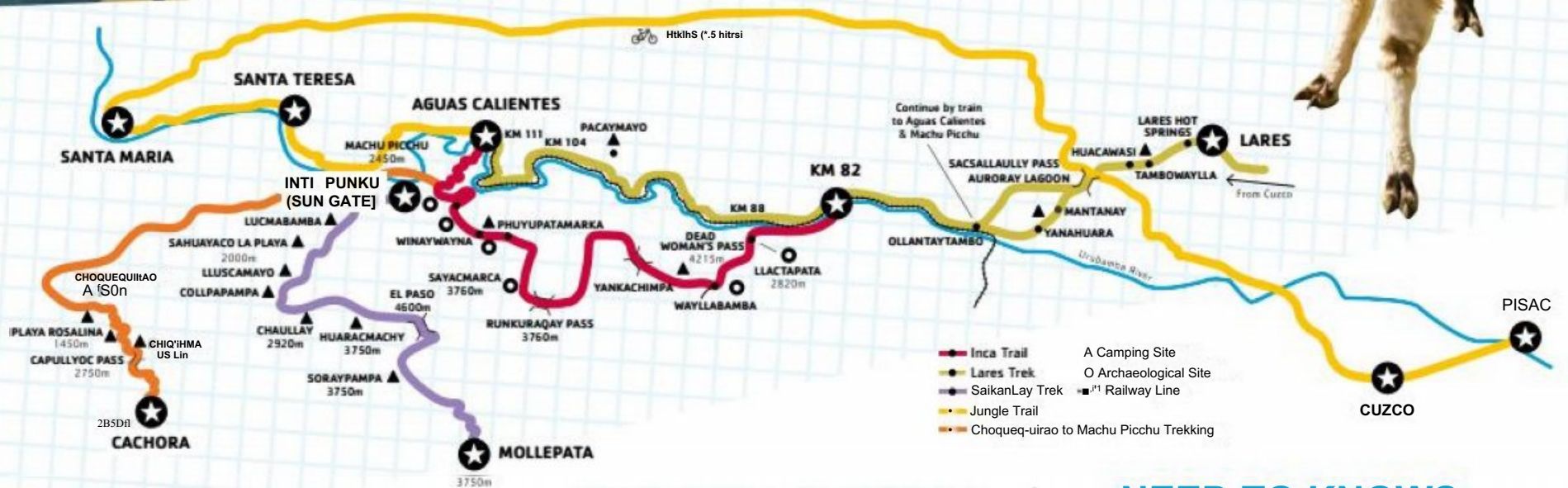
LIKE THAT? TRY THIS...

Customise your trip

Lake Titicaca Kayaking	Fr£45
Ballestas Islands Wildlife Tour	Fr £15



Trek Peru



THE INCA EXPERTS



BEST INCA TRAIL TOUR OPERATOR

G Adventures is the single largest tour operator on the Inca Trail, helping well over 10,000 travellers per year. Look out for this logo on our Machu Picchu tours and get top class service!



EXPERT LOCAL STAFF

All tours are led by skilled staff recruited from local communities. AN guides, porters, support staff and cooks work under the region's best employment conditions and are fairly compensated for their efforts.



FRIENDS OF THE ENVIRONMENT

All treks help to promote environmental sustainability throughout Visit the G for Good Women's Weaving Project pre-trek, then make use of biodegradable soap and portable toilets on the Inca Trail.

NEED TO KNOWS



WILL THE ALTITUDE AFFECT ME?

It's impossible to predict who will fall to altitude sickness. On all G Adventures Inca Trail tours and other treks, you'll get at least two days to acclimatise, so you'll be in the best shape possible.



BOOK EARLY

The Peruvian government has strict regulations on trail permits, so please book early - ideally six months in advance. The trail is closed every February for repairs, so you'll walk the Lares Trail instead.



HOW FIT DO I NEED TO BE?

You'll need to have a moderate level of fitness [did we mention the steps?]. However, skilled porters will carry your tent and sleeping bag for you throughout the trek. All you'll need to carry is a day pack!

OTHER TRAILS

For when you've left it too late to get a permit for the Inca Trail (or if you want to get away from the crowds and off the beaten track):

- ▶ Lares Trek: (3 days) [see page 54]
- ▶ Choquequirao: [8 days] (see page 55)
- ▶ Saikantay Trek: (3 days) (see page 55)

On all G Adventures tours that include the Inca Trail, you can also opt to stay in Cuzco and visit Machu Picchu by train if you're not quite up for trekking!

THE INCA TRAIL

SMALL GROUP ADVENTURE

SMALL GROUP ADVENTURE

PRICE
FR £729

DURATION
7 DAYS

ROUTE
CUZCO - CUZCO

PERU, BOLIVIA, ECUADOR & COLOMBIA



HIGHLIGHTS



G FOR GOOD

Revenue generated from the Parwa Community Restaurant is invested back into local social programmes.



OLLANTAYTAMBO

Nestled in the Sacred Valley, this quaint town has been continuously inhabited since the 13th century.



MACHU PICCHU

Your spirits (and Insta likes) will be at an all time high as you watch the sun rise over this ancient city.

NEED TO KNOWS

TRIP STYLE: Active

AGE GROUP: Min 12

GROUP LEADER: Local representative in Cuzco, specialist CEO on Inca Trail trek

GROUP SIZE: Max 16, Avg 12

DEPARTS: Almost daily

NOTE: Alternative options to the Inca Trail are available, including Lares Trek & Cuzco Stay

MY OWN ROOM: Fr £109

INCLUDED ACTIVITIES

- G for Good visits to Ccaccacollo Community and Women's Weaving Co-op & Parwa Community Restaurant
- Sacred Valley guided tour
- Pottery-making demonstration
- 4-day Inca Trail trek
- Machu Picchu guided tour

(g) G Adventures

DAYS 1-2 Cuzco / Sacred Valley / Ollantaytambo

At 3,399 metres above sea level., the first thing you'll probably notice when stepping off the plane in Cuzco is the altitude. Luckily, you 'll have a couple of nights to acclimatise before you start hiking. Arrive at any time on Day 1 and meet your fellow trekkers. The next day, take a guided tour of the Sacred Valley and Ollantaytambo. Peppered with ruins, this lush agricultural region was an important food source for the Incas. Visit a G For Good Women's Weaving Cooperative where you can pick up some handmade textiles., then tuck into lunch at the Parwa Community Restaurant. All the ingredients for this restaurant are bought directly from the local farmers, and its revenue is invested back into the community's social programmes. Lined with colonial houses and original Inca walls, Ollantaytambo's cobbled streets were made for exploring. Want to save your energy? Grab a seat at one of the cafés in the main square for a spot of people watching, or visit a Chicheria (traditional corn beer bar). (B, L]

DAYS 3-6 Inca Trail

The world-famous Inca Trail is a four-day hike that's physically challenging but Inca-redibty rewarding. With a maximum elevation of 4,1 98 metres and 43 kilometres in length, you'll take in mountain passes, cloud forests and Inca constructions, leaving you in awe of the ancient civilisation. Starting at Km 82, ease in with a straightforward hike, following meandering streams. The second day climbs the steep path to Dead Woman's Pass., the highest point on the trek. Enjoy views of the snow-capped Cordillera Vilcabamba the next day before reaching the archaeological site of Phuyupatamarca (the Town Above the Clouds). You'll either camp here or 90 minutes further along, close to the terraced ruins of Wihay Wayna. Sturdy walking boots and woolly alpaca hats may not be the height of fashion at home, but here they're standard issue - it can get quite chilly at night and you should be prepared For the odd shower along the way. A team of local porters will make sure you re Fed and watered, and camp is set up each evening. (4B, 3L, 3D)

DAY 7 Machu Picchu / Cuzco

The last morning brings one of the trip's most iconic moments: the final climb up to Inti Punku, the Sun Gate. From here, catch your first glimpse of Machu Picchu through the mist. Enveloped in myth and numerous speculations about its origins, the UNESCO-listed site calls for a dramatic entrance. After getting your bearings, there's time to explore the ancient citadel further, and even to visit the Inca Bridge before you catch the train back to Cuzco. Depart at any time on Day 7, or stick around for a few mare days to see the surrounding area. (B)

Tour Code: GASPI



ACCOMMODATION

Hotels (3 nts), camping (3 nts)



INCLUDED MEALS

6 breakfasts, 4 lunches, 3 dinners



TRANSPORT

Private vehicle, train

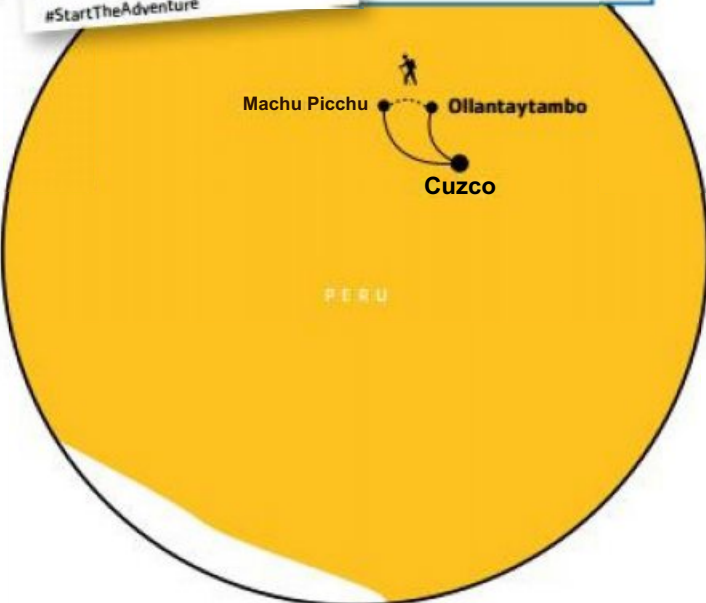


WE KNOW

BECAUSE WE GO!

"Peru really is a must-visit for anyone on the continent. Bring your passport to Machu Picchu - you get a cool stamp!*

MARK, STORE MANAGER IN BELFAST



INCA DISCOVERY

PRICE
FR £919

DURATION
8 DAYS

ROUTE
LIMA - CUZCO



DAYS 1-2 Lima / Cuzco

Land in Lima at any time on Day 1 and explore the city's diverse neighbourhoods. After a flight to Cuzco, situated at 3,400 metres, acclimatise with a walk around town, visit one of the many museums or sip on a coca tea overlooking the Plaza de Armas. You'll have probably worked up an appetite after sightseeing, so why not try some authentic Peruvian food like roasted guinea pig? If time allows, go on a biking or white water rafting trip. (B)

DAY 3 Ollantaytambo

On Day 3, enjoy a guided tour of the Sacred Valley. Here, you'll see ancient ruins, have lunch at the Parwa Community Restaurant, watch a pottery-making demo and visit a 6 for Good Women's Weaving Cooperative for souvenir shopping. Overnight in Ollantaytambo. (B, L, J)

DAYS 4-6 Inca Trail

Today marks the start of the four-day Inca Trail trek. Climb countless stone steps, pass through cloud forest and cross three high passes with the most challenging - Dead Woman's Pass - being 4,982 metres. (3B, 3L, 3D)

DAYS 7-8 Machu Picchu / Cuzco

The final day begins with a pre-dawn hike to the Sun Gate. Watching the sun rise over Machu Picchu is a magical experience and certainly one for the bucket list! Tour the UNESCO-listed site, then take the bus to Aguas Calientes and return to Cuzco for a well-earned shower. You can choose to do the Lares Trek or Cuzco Stay option instead. Ask your Travel Expert for details. (2B)

Tour Code: GAPIO



ACCOMMODATION

Hotels (4 nts),
camping (3 nts)



INCLUDED MEALS

7 breakfasts, 4 lunches,
3 dinners



TRANSPORT

Plane, train,
private van

TRIP STYLE: Active

AGE GROUP: Min 12

GROUP LEADER: Local representatives in Cuzco & Lima, specialist CEO on Inca Trail

GROUP SIZE: Max 16, Avg 12

INCLUDED ACTIVITIES: G for Good visits to Ccaccacollo Women's Weaving Cooperative & Parwa Community Restaurant, Sacred Valley guided tour, pottery-making demonstration, 4-day Inca Trail trek, Machu Picchu guided tour

DEPARTS: Almost daily

NOTE: Alternative options to the Inca Trail are available, including Lares Trek & Cuzco Stay

MY OWN ROOM: Fr£179

G Adventures



LIKE THAT? TRY THIS...

Classic Peru: Lima to Cuzco
12 days (GAPPC)

Fr£ 1,399

THE LARES TREK

PRICE
FR £729

DURATION
7 DAYS

ROUTE
CUZCO - CUZCO



DAYS 1-2 Cuzco / Ollantaytambo

Cuzco is South America's oldest continuously inhabited city and the gateway to Machu Picchu. Get here early on Day 1 and fit in some exploring before meeting the rest of your group this evening. The next day, enjoy a guided tour of the Sacred Valley. Visit a G for Good Women's Weaving Cooperative and a pottery-making community, then stop for lunch at the Parwa Community Restaurant in Huchuy Qosco. All ingredients here are sourced from local farmers. After, work off your food baby with an optional hike to the Ollantaytambo storehouses for views over the ruins. If hiking's not on the cards for you today, there's plenty to do in town. Navigate the narrow, cobblestone streets to the main square, browse a nearby artisan market or visit a Chicheria (corn beer bar). (B, L, J)

DAYS 3-7 Lares Trek / Aguas Calientes / Cuzco

It's time for your trek! Leaving Lares town, walk at a leisurely pace to your first campsite in Cuncani. The next morning, hike from the foothills of Siciaccasa Mountain to its high pass (4,750 metres) for views of the snow-capped Chicon Mountain and surrounding lagoons. After a rest, continue downhill to your next campsite. On the final day of the trek, keep an eye out for llamas and meet friendly Quechua people before returning by van to Ollantaytambo. Continue to Aguas Calientes for a well-earned rest. Rise early on Day 6 to catch the first bus up to Machu Picchu, and enjoy a guided tour of the ruins. Opt to walk up to the Sun Gate, then return to Aguas Calientes to catch the train back to Cuzco where the tour ends on Day 7. (SB, 3L, 2D)

Tour Code: GASPLT



ACCOMMODATION

Hotels (4 nts),
camping (2 nts)



INCLUDED MEALS

6 breakfasts, 4 lunches,
2 dinners



TRANSPORT

Train,
private van

TRIP STYLE: Active

AGE GROUP: Min 12

GROUP LEADER: Local representative in Cuzco, specialist CEO on Lares trek

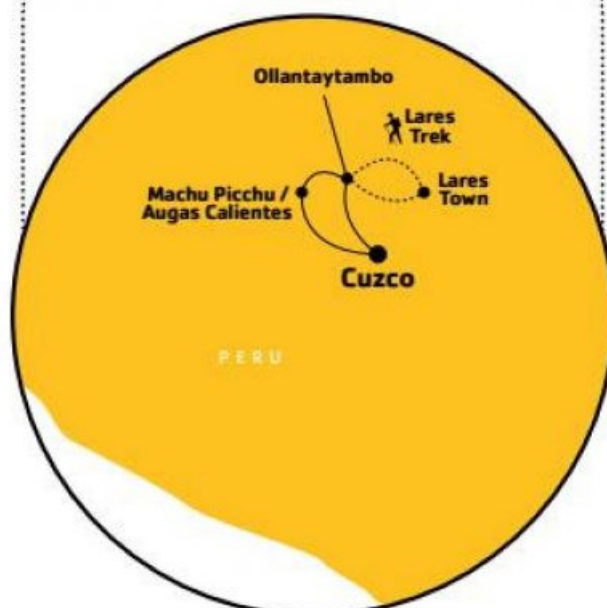
GROUP SIZE: Max 16, Avg 12

INCLUDED ACTIVITIES: G for Good visits to Ccaccacollo Community and Women's Weaving Cooperative & Parwa Community Restaurant, 6 for Good Cuncani Community campsite stay. Sacred Valley guided tour, pottery-making demonstration, 3-day guided Lares trek, Machu Picchu guided tour

DEPARTS: Almost daily

MY OWN ROOM: Fr£149

G Adventures



SALKANTAY TREK & MACHU PICCHU

PRICE
FR £599

DURATION
5 DAYS

ROUTE
CUZCO - CUZCO



DAY 1 Cuzco

Arrive into Cuzco at any time on Day 1 and get acclimatised to the altitude with a spot of sightseeing. Shop for souvenirs at the Centro Artesanal market, tuck into some traditional Food or visit the Museo Inka. Make sure you take some time out to see the city's ancient Inca sites of Sacsayhuamán, Moray and Coricancha.

DAYS 2-4 Salkantay Trek / Aguas Calientes

It's trek time! Transfer to the start of the trail and begin your Salkantay adventure. Incredible views and Incan ruins fill three days, as the hike takes in the snowy peaks of Salkantay, Humantay and Ausangate. You'll traverse several passes, the highest point reaching 4,600 metres. Catch your first glimpse of Machu Picchu at Llactapata, then take the train to Aguas Calientes. (3B, 3L, 2D)

DAYS Machu Picchu / Cuzco

Set your alarms early today as the best time to see the Lost City of the Incas is in the early morning light. Catch the first bus up to Machu Picchu and discover the UNESCO-listed site at a leisurely pace. After a guided tour, you'll have plenty of free time to do your own exploring. Built in the 15th century, this ancient citadel is renowned for its huge, impressively aligned stone blocks that fit together without mortar. There's a good reason why it's one of the New Seven Wonders of the World - you'll be left scratching your head, wondering how it became perched atop a mountain ridge in the Andes and what purpose it served. Return to Cuzco in the evening where the tour ends on arrival (B)

Tour Code: GASPST



ACCOMMODATION

Hotels (2 nts),
camping [2 nts]



INCLUDED MEALS

4 breakfasts, 3 lunches,
2 dinners



TRANSPORT

Private van,
train

TRIP STYLE: Active

AGE GROUP: Min 12

GROUP LEADER: Local representative in Cuzco, specialist CEO on Salkantay trek

GROUP SIZE: Max 16, Avg 6

INCLUDED ACTIVITIES: 3-day Salkantay trek, Machu Picchu guided tour

DEPARTURES 2020:

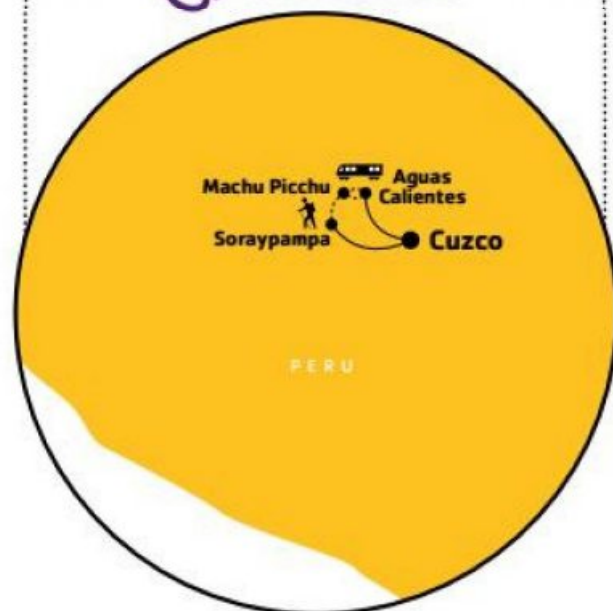
05	02	01	12	03	07	05	02	01	04	01	20
19	16	15	14	10	09	07	09	06	11	08	27
		29	19	12	14	19	16	13	13	15	
			26	24	23	21	18	15	18	22	
			28	31	28	26	30	20	25	29	

Additional dates are available. Please ask for details.

MY OWN ROOM: Fr £79



G Adventures



CHOQUEQUIRAO TO MACHU PICCHU TREKKING

PRICE
FR £1,219

DURATION
12 DAYS

ROUTE
CUZCO - CUZCO



DAYS 1-2 Cuzco / Ollantaytambo / Cuzco

All the settling in happens on your first day in the ancient city of Cuzco, but the real fun starts on Day 2 with a guided tour of the Sacred Valley and Ollantaytambo, including visits to a G For Good Women's Weaving Cooperative and a pottery-making community, plus lunch at the Parwa Community Restaurant. Opt to hike to the Ollantaytambo storehouses for views over the ruins before returning to Cuzco. (B, L)

DAYS 3-9 Choquequirao Trek

Transfer to Cachora on Day 3 and begin hiking to the lost Incan city of Choquequirao. Trek through the Apurimac River Canyon on the way to Marampata. Look out for condors as you head into the cloud forest to Choquequirao, where you'll camp for the night. The next

day, explore the remote, tourist-free ruins, often referred to as Machu Picchu's little sister. Over the next few days, follow Inca pathways through the Andes towards the Victoria Mines, visiting the Corihuarachina Ruins en route. Descend to Totora, enjoying views of snow-capped peaks, before camping in La Playa on Day 9. (7B, 7L, 7D)

DAYS 10-12 Aguas Calientes / Machu Picchu / Cuzco

The last leg takes you to Hidroeléctrica Station, where you'll transfer by train to Aguas Calientes. Day 11 and it's time to tick off your bucket list - magical Machu Picchu awaits! Tour the UNESCO-listed site with a guide before returning to Cuzco, where your trip ends. (3B, L)

Tour Code: GAS PCM



ACCOMMODATION

Hotels (4 nts),
camping [7 nts]



INCLUDED MEALS

11 breakfasts, 9 lunches,
7 dinners



TRANSPORT

Private van,
train

TRIP STYLE: Active

AGE GROUP: Min 12

GROUP LEADER: Local representative in Cuzco, specialist CEO on Choquequirao trek

GROUP SIZE: Max 16, Avg 8

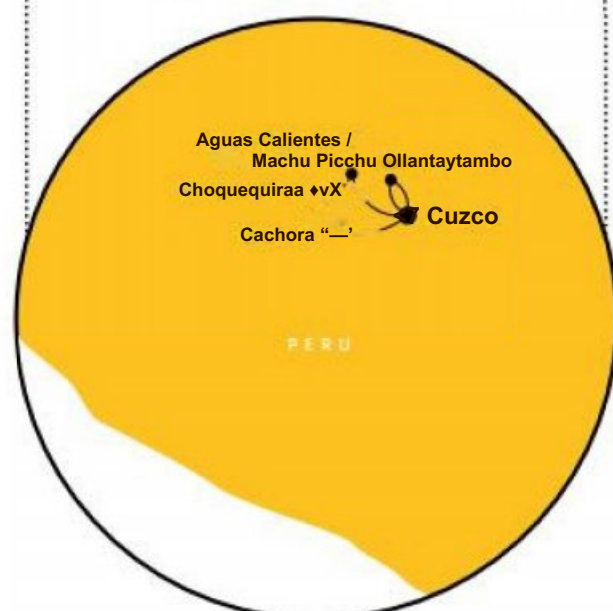
INCLUDED ACTIVITIES: G for Good visits to Caccacollo Community and Women's Weaving Cooperative & Parwa Community Restaurant, Sacred Valley guided tour, pottery-making demonstration, 8-day guided Choquequirao trek, Choquequirao Ruins guided tour, Machu Picchu guided tour

DEPARTS: Selected Sundays (Apr-Oct)

MY OWN ROOM: Fr £159



G Adventures



LIMA TO LA PAZ: SANDBOARDING & SUNSETS

SMALL GROUP ADVENTURE (18-39s)

PRICE
FR £1,629

DURATION
21 DAYS

ROUTE
LA PAZ - LIMA

PERU, BOLIVIA, ECUADOR & COLOMBIA



HIGHLIGHTS



HUACACHINA

No it's not a mirage. This palm-fringed lagoon, surrounded by dunes, is South America's only desert oasis.



LAKE TITICACA

Get a feel For life on the lake with a visit to the reed islands and a homestay on Taquile Island.



LA PAZ

This breathtaking city is the world's highest administrative capital, and very pro howler hat.

DAYS 1-8 Lima / Paracas / Nazca / Arequipa / Colca Canyon

With Lima as your launch pad, travel down the coast to Paracas. Opt to spot sea lions and penguins in the Ballestas Islands before continuing on to Nazca via a winery and the sand dunes of Huacachina. Once at Nazca opt to fly over the famous geometric lines and geoglyphs, then enjoy a traditional Pachamanca meal - meat cooked with hot stones buried under earth - in the evening. Catch an overnight bus to Arequipa where you'll have a free day to explore Baroque buildings in its UNESCO-listed centre. On Day 6, take an overnight excursion to the spectacular Colca Canyon, stopping at scenic viewpoints and local villages, before taking a night bus to Cuzco on Day 8. (4B, D)

DAYS 9-11 Cuzco / Ollantaytambo

Arrive into Cuzco today. Feeling adventurous? Opt to go white water rafting, mountain biking or horse riding. If you want to take it easy ahead of your upcoming trek, why not sign up for a cooking class or mill around the markets? On Day 11 travel through the Sacred Valley to Ollantaytambo where you'll stay the night. Dominated by two massive Inca ruins, this quaint town gives a taste of what lies ahead.

DAYS 12-16 Inca Trail to Machu Picchu

We hope you got a good night's sleep, because the hard work begins today! Over the next four days, cross high mountain passes, climb countless stone steps and hike through dense cloud forest until you reach the Sun Gate, where you'll be rewarded with a real sense of achievement as well as breathtaking views of Machu Picchu. Explore the ancient citadel with your guide before heading back to Cuzco to celebrate with a well-earned pisco sour and a shower. You can choose to do the Lares Trek or Cuzco Stay option instead. Ask your Travel Expert for details. (7B, 3L, 3D)

DAYS 17-21 Puno / Lake Titicaca / La Paz

Travel by bus through the Altiplano region to Puno. From here, take a boat to the Floating Islands of Uros before immersing yourself in local life at your Lake Titicaca home stay. Enjoy spectacular sunsets, starry skies and a traditional evening of dinner and dancing. Ending on a high, cross the border into Bolivia and make for lung-busting La Paz, the world's highest administrative capital. Take in sights such as the Witches' Market and Tupac Katari Mirador, then spend one last night out with your group. Oxygen bar, anyone? On Day 21, it's time to say goodbye and head home or embark on further adventures across South America. (4B, L, D)

Tour Code: GAJML



ACCOMMODATION

Simple hotels (10 nts), hostels (4 nts)
overnight buses (2 nts),
camping (3 nts), homestay (1 nt)



INCLUDED MEALS

15 breakfasts, 4 lunches,
5 dinners



TRANSPORT

Local bus,
train

NEED TO KNOWS

- TRIP STYLE:** 18-to-Thirtysomethings
- AGE GROUP:** Exclusively for 18-39s
- GROUP LEADER:** Chief Experience Officer (CEO), Inca Trail CEO, local guides
- GROUP SIZE:** Max 18, Avg 14
- NOTE:** Alternative options to the Inca Trail are available, including Lares Trek & Cuzco Stay
- DEPARTS:** Selected Tuesdays and Saturdays
- MY OWN ROOM:** Fr £409

INCLUDED ACTIVITIES

- Lake Titicaca guided tour & homestay
- 4-day guided Inca Trail trek
- Machu Picchu guided tour
- Colca Canyon excursion
- Pachamanca-style dinner
- Huacachina winery visit



LIKE THAT? TRY THIS...

Customise your trip

Flight Over The Nazca Lines
Take to the skies for the best views of the Nazca Lines

Fr £94

Reverse your trip

La Paz to Lima: Andes & Alpacas
(21 days, La Paz - Lima)
(GAJLM)

Fr £1,629



PERU UNCOVERED

EXCLUSIVELY FOR 18-35s

PRICE
FR £2,189

DURATION
14 DAYS

ROUTE
LIMA - LIMA



NEED TO KNOWS

TRIP STYLE: In-Depth Explorer

AGE GROUP: Exclusively for 18-35s

GROUP LEADER: Trip Manager, diver, local guides

GROUP SIZE: Max 30

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
05	02	08	12	03	14	05	02	06	11	08	13	03	14	
19	23	15	26	17	21	19	09	20	25	15	27	17		
26		29		31			23	27		29		31		

MY OWN ROOM: Fr £345

INCLUDED ACTIVITIES

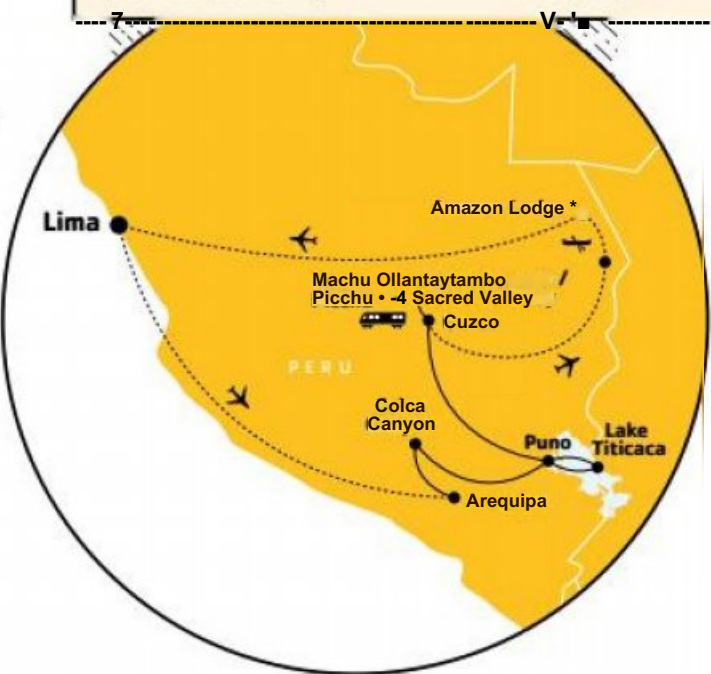
- City tours of Lima, Arequipa, Cuzco & Puerto Maldonado
- Triciclo ride
- Lake Titicaca boat trip
- Machu Picchu guided tour
- Canopy hike
- Amazon Rainforest Lodge Special Stay
- Guided jungle catamaran cruise
- Visits to Salinas and Aguada Blanca National Reserve, Cruz del Condor, Maca, Taquile and Oros communities, Pukara, Sicuani, Temple of Wiracocha, Raqchi Ruins, San Blas Koricancha, San Pedro Market, Sacred Valley, a llama farm, Pisac Ruins & Pisac town and market

LIKE THAT? TRY THIS—

Shorten your trip

Inca Panorama
(11 days, Lima - Cuzco)
(COLICU/COLICUT)

Fr£ 1,379



in HIGHLIGHT



SPECIAL STAY

Snooze along to the sounds of the Amazon in this open-sided lodge.



COLCA CANYON

Spot condors circling over the dramatic Colca Canyon.



MACHU PICCHU

Head up to Machu Picchu for a guided tour around the ruins.

DAYS 1-4 Lima / Arequipa / Colca Canyon / Puno

Steeped in Spanish colonialism yet buzzing with modern metro vibes, the Peruvian capital of Lima is the starting point of your two-week tour. Meet your group then check out the city's historic centre and some of its 43 diverse districts. Fun fact: Lima is the second-driest capital in the world, so you won't be seeing much rain here! Day 2 and it's on to the country's second-largest city, Arequipa. After a short flight, enjoy an included walking tour, taking in the UNESCO-listed architecture, grand cathedrals and Baroque buildings, all framed by three imposing volcanoes. On Day 3, visit Salinas y Aguada Blanca National Reserve then rock up to a rustic lodge nestled in the Colca Canyon. The next morning, try to catch a glimpse of the mighty Andean condor before continuing to Puno, on the shores of Lake Titicaca. (3B, L, 20]

DAYS 5-9 Lake Titicaca / Puno / Cuzco / Ollantaytambo / Aguas Calientes

Jumping in a triciclo (a three-wheeled bike taxi), bump your way down to the port and get your first taste of life on South America's largest lake. A boat will take you to Taquile Island where you'll meet local weaving groups and have lunch. Next, cruise over to the Floating Islands of Uros. Stepping off the boat, you'll feel like you're walking on a water bed - unsurprising given the islands are made entirely from reeds. On Day 6, see the Inca ruins of Pukara and Raqchi on the way to Cuzco. Start the following day with a city tour and end with an included group dinner. It's time to practise your 'sexy llama' pose as you meet some Furry locals at a llama farm on Day 8. Continue through the Sacred Valley to Ollantaytambo, stopping at the Pisac Ruins en route. The next day, catch the train to the town of Aguas Calientes, nestled at the base of Machu Picchu, or opt to trek part of the Inca Trail and enter the famous site via the Sun Gate. Ask your Travel Expert for details. [SB, D]

DAYS 10-14 Machu Picchu / Cuzco / Puerto Maldonado / Lima

Your excitement levels [and Insta likes] will be at an all-time high as you explore Machu Picchu today. Discover the stories, mythology and historical significance of this amazing place on a guided tour before heading back to Cuzco. The sound of macaws and toucans can only mean one thing^ it's jungle time! After a tour of Puerto Maldonado, venture deep into the Amazon RainForest, overnighing in a rustic lodge complete with open-walled rooms. The next day, spot wildlife on a guided catamaran cruise. If you're lucky, you might see giant river otters and caiman. Return to Lima on Day 14 where the tour ends on arrival. (SB, 2L, 2D)

Tour Code: C0LIL1/C0LILIT



ACCOMMODATION

Twin-share hotels [12 nts].
Jungle Lodge (1 nt)



INCLUDED MEALS

13 breakfasts, 3 lunches.
5 dinners



TRANSPORT

Private air can vehicle,
plane, train, minibus

INCA HEARTLAND

SMALL GROUP ADVENTURE

PRICE
FR £ 1,829

DURATION
21 DAYS

ROUTE
LIMA - LA PAZ

PERU, BOLIVIA, ECUADOR & COLOMBIA

NEED TO KNOWS

- TRIP STYLE:** Classic
- AGE GROUP:** Min 12
- GROUP LEADER:** Chief Experience Officer (CEO), specialist CEO on Inca Trail trek
- GROUP SIZE:** Max 16, Avg 12
- NOTE:** Alternative options to the Inca Trail are available, including Lares Trek & Cuzco Stay

DEPARTURES 2020:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
11	22	21	04	02	06	04	01	05	10	21	12
			it	23	20	IS	OS	12	24		
			18				15	19			
			25								

MY OWN ROOM: Fr £539

INCLUDED ACTIVITIES

- G for Good visits to Craccacollo Women's Weaving Cooperative & Parwa Community Restaurant
- Lake Titicaca guided tour & homestay
- Nazca desert cemetery & pottery studio guided tour
- Colca Canyon guided tour
- Sacred Valley guided tour
- Pottery-making demonstration
- 4-day guided Inca Trail hike
- Machu Picchu guided tour
- Visits to Uros & a Huacachina winery



HIGHLIGHTS



G FOR GOOD

Visit the Parwa Community Restaurant, where all income is invested in local social projects.



INCA TRAIL

It's not all soggy sandwiches on this world-renowned trail. The chefs whip up a FEAST.



LAKE TITICACA

Overnight with locals at an island homestay on South America's largest lake.

DAYS 1-7 Lima / Paracas / Nazca / Arequipa / Colca Canyon / Arequipa

Land in Lima at any time on Day 1 and fit in some DIY exploring before meeting your new amigos tonight. On Day 2, travel down the coast to Paracas. Walk the town's atmospheric avenues. Find a cafe and sample some ceviche - raw fish cured in citrus juices. Pair it with a side of pisco sour - a cocktail of hot debate (is it originally Peruvian or Chilean?!) The next morning, take a bus to Nazca, stopping to visit a winery and the oasis of Huacachina en route. One of Earth's greatest mysteries, the Nazca Lines depict birds, insects and animals and are best appreciated from the air. Take an optional scenic flight, then enjoy an included (slightly creepy) tour of a desert cemetery. On Day 4, catch an overnight bus to Arequipa, a UNESCO-listed city surrounded by volcanoes. Its colonial buildings were constructed from a light-coloured volcanic rock, earning it the nickname 'White City'. The Colca Canyon calls on Day 6. Home to soaring condors, it's the second-deepest canyon in the world and a must-see on any Peruvian itinerary. (48)

DAYS 8-16 Cuzco / Ollantaytambo / Inca Trail / Machu Picchu / Cuzco / Cuzco

It's adios Arequipa and hola Cuzco on Day 8. Spend the afternoon exploring the city's markets, museums and cobbled streets. The next day, take a guided tour of the Sacred Valley and visit a G For Good Women's Weaving Cooperative in Ccaccacotlo. You'll then watch a pottery-making demo and tuck into lunch at the G for Good Parwa Community Restaurant in Huchuy Qosco. The scenic village of Ollantaytambo is where you catch your breath for the hike ahead. Accompanied by a local porters, a cook and a guide, you'll be well looked after during the four-day Inca Trail trek. Soak up spectacular views as you wind your way through dense cloud forest and high mountain passes. On your final approach to Machu Picchu, climb the stone steps to the Sun Gate and feast your eyes on the mist-shrouded citadel at sunrise. After a guided tour of this ancient site, return to Cuzco via Aguas Calientes for a well-earned shower. You can choose to do the Lares Trek or the Cuzco Stay option instead. Ask your Travel Expert for details. Spend the next three days at leisure. Optional activities include white water rafting, horse riding or mountain biking. (98, 4 L, 3D)

DAYS 17-21 Puno / Lake Titicaca / La Paz

Today, travel through the high Altiplano region to Puno where you'll embark on a two-day Lake Titicaca excursion. Take a guided tour of the lake with a homestay in a local village, and visit the Floating Islands of Uros on Day 19 before returning to Puno. Opt to visit the Sillustani burial site. On Day 20, enjoy a scenic drive to La Paz - the highest city of its size in the world - for one final night on the town. (58, L, D)

Tour Code: GAPXML



ACCOMMODATION

Hotels (15 nts), overnight bus (1 nt), camping (3 nts), homestay (1 nt)



INCLUDED MEALS

18 breakfasts, 5 lunches, 4 dinners



TRANSPORT

Public bus, plane, train, boat

LIKE THAT? TRY THIS...

Customise your trip
Flight Over The Nazca Lines **Fr £94**

Extend your trip
Experience three days at an exclusive lodge deep in the Amazon Rainforest **Fr £422**



ABSOLUTE PERU

SMALL GROUP ADVENTURE

PRICE
FR £2,299

DURATION
21 DAYS

ROUTE
LIMA - LIMA



HIGHLIGHTS



G FOR GOOD

Women from Caccaccollo maintain traditional weaving methods to produce alpaca wool textiles.



NAZCA

See the mysterious geometric lines and animal geoglyphs etched into the desert with an optional flight.



THE AMAZON

Delve into the Lungs of the Earth with a stay at an eco lodge coupled with wildlife excursions.

DAYS 1-9 Lima / Paracas / Nazca / Arequipa / Colca Canyon / Puno / Lake Titicaca

You won't be lingering in Lima for long, so arrive early and fit in some sightseeing before travelling to the coastal town of Paracas on Day 2. Next, head to Nazca via a winery and the oasis of Huacachina. On arrival, you'll have a guided tour of a pottery studio and a pre-Inca desert cemetery, where you'll see 1,500-year-old mummies. You can also choose to fly over the mysterious Nazca Lines. Peru's second-largest city is colonial Arequipa, flanked by Andean peaks and the El Misti Volcano. After stepping off your overnight bus, take an optional city tour or visit to the brightly-coloured Santa Catalina Monastery. From here, venture into the Colca Canyon for a guided tour, keeping a lookout for resident condors. On Day 8, pull into Puno, the gateway to Lake Titicaca. You'll get to meet the locals of Taquile Island and the Floating Islands of Uros, and overnight on the shores of the lake at a village homestay. (4B, L, D)

DAYS 10-17 Cuzco / Ollantaytambo / Inca Trail to Machu Picchu / Cuzco

Hofa Cuzcol With its artisan shops, historic sites and adrenalin activities, you won't be stuck for things to see and do here. Opt to go mountain biking, make your way around numerous museums or people watch in the Plaza de Armas. Day 12 takes you to the Sacred Valley. Visit a G For Good Women's Weaving Cooperative and have lunch at the Parwa Community Restaurant. In the afternoon, choose to hike to the Ollantaytambo storehouses for views over the ruins. Over the next four days, tackle the famous Inca Trail, 42 kilometres of unimaginable beauty (and a lot of steps). Look on in awe as the porters race ahead, ready to greet you later with a cup of coca tea, a slap-up meal and a perfectly-erected tent as your weary feet arrive into camp. On the last day, climb up to the Sun Gate and watch the sun rise over Machu Picchu. Enter the ancient site at dawn and discover its intricacies in the company of a knowledgeable guide. Head back to Cuzco on the afternoon of Day 16, and toast your achievement with some pisco sours. You can choose to do the Lares Trek or the Cuzco Stay option instead. Ask your Travel Expert for details. (SB, 4L, 3D)

DAYS 18-21 Amazon Jungle / Lima

Welcome to the jungle! After a flight to Puerto Maldonado and a motorised canoe trip, you'll arrive at a comfortable, eco-friendly lodge, deep in the Amazon Rainforest. Explore the area's rich flora and fauna with expert naturalist guides, both on foot and by boat, and enjoy a caiman-spotting cruise. You'll also have plenty of free time to hang out in a hammock and cool off in a local swimming hole. On Day 20, fly back to Lima for one last night in the town with your group. Your tour ends after breakfast on Day 21. (4B, 2L, 2D)

Tour Code: GAPHPT



ACCOMMODATION

Hotels/guesthouses (13 nts), Amazon lodge (2 nts), overnight bus (1 nt), camping (3 nts), homestay (1 nt)



INCLUDED MEALS

16 breakfasts, 7 lunches, 6 dinners



TRANSPORT

Public bus, private van, plane, train, boat, canoe

NEED TO KNOWS

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), Inca Trail CEO, Amazon guide

GROUP SIZE: Max 16, Avg 12

NOTE: Alternative options to the Inca Trail are available, including Lares Trek S Cuzco Stay

DEPARTS: Selected Wednesdays and Saturdays

MY OWN ROOM: Fr £449

INCLUDED ACTIVITIES

- G For Good visits to Caccaccollo Women's Weaving Cooperative & Parwa Community Restaurant
- Lake Titicaca guided tour & homestay
- Nazca desert cemetery & pottery studio guided tour
- Colca Canyon guided tour
- Sacred Valley guided tour
- Pottery-making demonstration
- 4-day guided Inca Trail hike
- Machu Picchu guided tour
- Amazon Jungle stay with naturalist-guided excursions
- Visits to Taquile and Uros islands & a Huacachina winery



G Adventures

LIKE THAT? TRY THIS-

Customise your trip

Lake Titicaca Kayaking
Take to the waters of Lake Titicaca and paddle out to Laguna Island Fr £45

Ballestas Islands Wildlife Tour
Get ready to see some amazing wildlife on Peru's little Galapagos Fr £15



AMAZON TO THE ANDES

SMALL GROUP ADVENTURE

PRICE
FR £ 1,699

DURATION
12 DAYS

ROUTE
LIMA - LIMA

NEED TO KNOWS

- TRIP STYLE:** Classic
- AGE GROUP:** Min 12
- GROUP LEADER:** Local representatives in Lima & Cuzco, Inca Trail CEO, Amazon guide
- GROUP SIZE:** Max 16, Avg 12
- NOTE:** Alternative options to the Inca Trail are available, including Lares Trek & Cuzco Stay
- DEPARTS:** Almost daily
- MY OWN ROOM:** Fr £259

INCLUDED ACTIVITIES

- G for Good visits to Ccaccacollo Women's Weaving Cooperative & Parwa Community Restaurant
- Sacred Valley guided tour
- Pottery-making demonstration
- 4-day guided Inca Trail hike
- Machu Picchu guided tour
- Amazon Jungle stay with naturalist-guided excursions



LIKE THAT? TRY THIS-

- Customise your trip**
- Lake Titicaca Kayaking
Take to the waters of Lake Titicaca and paddle out to Laguna Island **Fr £45**
- Ballestas Islands Wildlife Tour
Get ready to see some amazing wildlife on Peru's little Galapagos **Fr £15**



HIGHLIGHT in



G FOR GOOD

Grab lunch from the Parwa Community Restaurant, and support local farmers and social projects.



PISCO SOURS

Made with grape brandy, lime juice, and egg white., this classic Peruvian cocktail is tart, tangy and sweet.



THE AMAZON

With an eco-friendly lodge as your base, spot wildlife on jungle walks and river cruises.

DAYS 1-3 Lima / Cuzco / Sacred Valley / Ollantaytambo

Launching from Lima, this tour brings you the best of Peru, from the archaeological highlights and dramatic landscapes of the Andes to the raw beauty and wildlife of the Amazon. Arrive at any time on Day 1 and explore the capital's vibrant districts before joining your group this evening. Head to Miraflores or Barranco for your first sip of pisco sour, Peru's famous cocktail. The next morning, fly to the colonial city of Cuzco. Start steady with a cup of coca tea as you acclimatise to the altitude (a dizzying 3,400 metres). Foodies should also look into pre-booking the optional Cuzco cooking class before departure. On Day 3, head the Sacred Valley to see the Pisac Ruins and visit a G for Good Women's Weaving Cooperative. Next, stop for lunch at the Parwa Community Restaurant. All the ingredients are sourced from local farmers and its revenue is invested back into the community's social projects, so by eating here, you'll be actively supporting local people. Finish the day in Ollantaytambo and prepare for the hike ahead. (2B, L)

DAYS 4-8 Inca Trail to Machu Picchu / Cuzco

Starting at Km 82, you have four days and 43 kilometres of world-famous hiking stretching in front of you. The porters will speed ahead to set up camp, allowing you to take it slow, with plenty of time to check out Inca sites along the way. Refresh with delicious meals and coca tea before tackling high mountain passes and countless stone steps. On your last day, arrive at the Sun Gate to witness dawn breaking over the ruins of Machu Picchu. With free time to explore the intriguing (and slightly baffling) site, be sure to visit the Inca Bridge before returning to Cuzco. You can choose to do the Lares Trek or the Cuzco Stay option instead. Ask your Travel Expert for details. Enjoy a well-deserved rest or dig up some more energy for optional rafting or biking during your free time on Day 8. (5B, 3L, 30)

DAYS 9-12 Amazon Jungle / Lima

After a flight to Puerto Maldonado in the Amazon Basin, continue by motorised boat to your exclusive eco-Friendly lodge in the Tambopata National Reserve. The area is renowned for its biodiversity, with over 1,300 bird species, 200 mammal species, 90 types of frogs, 1,200 types of butterfly and 10,000 species of plant. You won't see them all, but your local guides will be able to help you spot plenty as you make your way around by boat and on foot. You'll also learn about the extensive uses for medicinal plants and other forest resources which are still used today in traditional techniques for building, fishing and hunting. Leave the jungle behind as you fly back to Lima for a final night out with your group. Your trip draws to a close on Day 12 and you are free to depart any time. (4B, 2L, 2D)

Tour Code: GAPAA



ACCOMMODATION

Hotel/guesthouses (5 nts), camping (3 nts), jungle lodge (2 nts)



INCLUDED MEALS

11 breakfasts, 6 lunches, 5 dinners



TRANSPORT

Public bus, plane, train, boat, canoe

PERU PANORAMA

SMALL GROUP ADVENTURE

PRICE
FR £ 1,979

DURATION
15 DAYS

ROUTE
LIMA - LIMA



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G FOR GOOD

Pick up SOFTIE handmade souvenirs at a women's weaving co-op.



COCA TEA

Take a bag and munch away to stave off the effects of altitude sickness.



INCA TRAIL

See Inca ruins, mountain passes and cloud forests on this four-day trek.

DAYS 1-6 Lima / Puno / Lake Titicaca / Cuzco / Ollantaytambo

Peru's coastal capital welcomes you with its diverse neighbourhoods, centuries-old plazas and palaces, and world-class cuisine (giant Amazonian snails anyone?). Leaving Lima behind on Day 2, fly to Juliaca and transfer to Puno on the shores of Lake Titicaca. Enjoy a boat cruise on Day 3, then spend the night mingling with the locals at an island homestay right in the heart of the lake. After a visit to the famous Floating Islands of Uros, return to Puno and make for Cuzco, the once-capital of the Inca Empire. A guided tour of the Sacred Valley is up next. Visit a G for Good Women's Weaving Cooperative as well as a local pottery-making community, then tuck into a hearty lunch at the Parwa Community Restaurant in Huchuy Qosco. Finish the day exploring the cobbled streets of Ollantaytambo. (5B, 2L, D)

DAYS 7-10 Inca Trail to Machu Picchu / Cuzco

Lace up your hiking boots and grab those walking poles, because it's time to tackle the lung-stretching Inca Trail - and some serious stairs! On the last day of the trek, wake up before dawn to make it to the Sun Gate in time for sunrise. Peru is packed with Inca footprints, but none so famous as Machu Picchu. This is one of the very few Inca settlements not destroyed during the Spanish conquest, offering a brilliant insight into the lives of this great civilisation. Your four-day journey will culminate here with free time to explore. Look for the Intihuatana Stone, an integral part of what was once an astronomical observatory and which indicates the two equinoxes with complete accuracy. Return to Cuzco via Aguas Calientes on the afternoon of Day 10. You can choose to do the Lares Trek or the Cuzco Stay option instead. Ask your Travel Expert for details. (4B, 3L, 3D)

DAYS 11-15 Cuzco / Amazon Jungle / Lima

Make the most of some free time in Cuzco on Day 11. Shop for souvenirs at Centro Artesanal, go mountain biking in the nearby countryside or pre-book the Cuzco Cooking Class to get your dinner party skills up to scratch. The next morning, fly to Puerto Maldonado, the gateway to the Amazon Rainforest. On arrival, hop aboard a motorised canoe to your exclusive jungle lodge, complete with hammocks and wildlife-viewing platforms. Enjoy guided excursions to hidden lakes and river tributaries, and go on a caiman-spotting cruise. The Amazon is renowned for its extensive array of wildlife, so keep your eyes peeled for sloths, toucans, snakes and countless species of monkey. End your jungle adventure on Day 14 and catch a flight back to Lima for a final pisco sour-fuelled night out with your group. Depart at any point on Day 15. (5B, 2L, 2D)

Tour Code: GAPPP



ACCOMMODATION

Hotels/guesthouses (8 nts), camping (3 nts), Amazon lodge (2 nts), homestay (1 nt)



INCLUDED MEALS

14 breakfasts, 7 lunches, 5 dinners



TRANSPORT

Public bus, private vehicle, plane, train, boat, canoe

NEED TO KNOWS

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), Inca Trail CEO, Amazon guide

GROUP SIZE: Max. 16, Avg 12

NOTE: Alternative options to the Inca Trail are available, including Lares Trek & Cuzco Stay

DEPARTURES 2020:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
04	22	14	04	02	00	04	01	02	03	07	19
18		21	11	05	08	06	03	07	10	09	26
		28	13	11	13	11	08	12	12	14	
			18	16	20	18	15	19	17	21	
			25	23	22	20	22	21	24	28	
			27	30	27	25	29	26	31		

Additional dates are available. Please ask for details.

MY OWN ROOM: Fr £319

INCLUDED ACTIVITIES

- G for Good visits to Ccaccacollo Women's Weaving Cooperative & Parwa Community Restaurant
- Floating Islands of Uros visit
- Lake Titicaca guided tour & homestay
- Sacred Valley guided tour
- Pottery-making demonstration
- 4-day guided Inca Trail hike
- Machu Picchu guided tour
- Amazon stay & naturalist-guided excursions

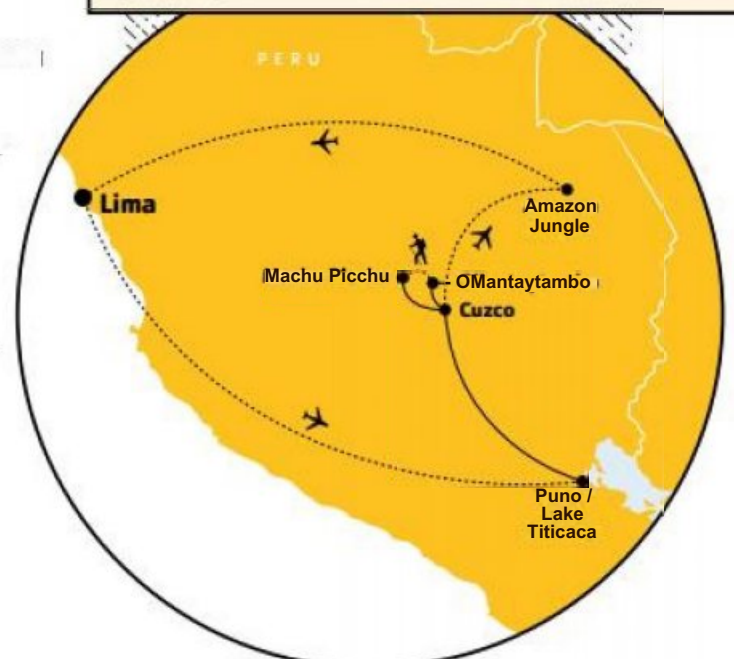


LIKE THAT? TRY THIS.

Customise your trip

Inti Raymi Festival & Machu Picchu (8 days, Cuzco - Cuzco) (GASPIR)

Fr£999



PERU, BOLIVIA, ECUADOR & COLOMBIA

PRICE
FR £1,195

DURATION
9 DAYS

ROUTE
LIMA - CUZCO

- TRIP STYLE:** Small Group Adventure
- AGE GROUP:** Min 18
- GROUP LEADER:** Group leader, local guides
- GROUP SIZE:** Max 20
- DEPARTURES 2020:**

HIGHLIGHTS



PERUVIAN CUISINE

Must-try Peruvian dishes include ceviche, alpaca stew, roasted cuy (guinea pig) and pachamanca.



LAKE HUMANTAY

Badodrapped by snowy peaks, this glacial lake. nestlEd high in the Andes, is a haven For hikers.



MACHU PICCHU

Trek part of the Inca Trail and catch Inca-redible views oF the UNESCO-listed site from the Sun Gate.

- Lima walking tour
- Salsa bar visit, Cuzco
- Cuzco walking tour
- Lake Humantay trek
- 1 -day Inca Trail trek
- Guided tour of Machu Picchu
- White water rafting excursion
- Visits to Sacsayhuamán, Maras Salt Mines, Moray Ruins Sc a local brewery



DAYS 1-2 : Lima / Cuzco

Feel like a rock star with included airport pick-up and transfer to your Lima hotel. Once you've settled in, get to know your group over a couple of pisco sours and toast the beginning of your trip. Start Day 2 with a guided walking tour of the city, taking in its rich history, colourful street art, delicious Peruvian cuisine and coastal viewpoints. After a short afternoon flight, you'll find yourself in Cuzco. Find your feet with an orientation walk, then do your own exploring. Shopaholic? Pick up some handicrafts in the artisan San Blas District. History buff? Check out Coricancha, a Spanish cathedral built upon the foundations of a former Inca temple. Just make sure you save some energy for tonight's included salsa les son 1 [0]

DAYS 3-5 **Cuzco / Ollantaytambo**

Now you've scratched the surface of this ancient city, dig a little deeper with a guided walking tour. Wander around the local markets, then visit the nearby ruins of Sacsayhuaman (pronounced sexy woman). End the day at a bar overlooking the Plaza de Armas. It's an early start on Day 4 as you journey to Lake Humantay. Situated at 4000 metres in the Andes, it was a sacred and spiritual place for the Incas. Spend a full day trekking, enjoying views of snow-capped peaks, lush green landscapes and the turquoise-hued lake. Day 5 and it's on to Ollantaytambo, stopping en route at the Maras Salt Mines., Moray Ruins and a local brewery. (3B, LJ

DAYS 6-7 Inca Trail to Machu Picchu / Aguas Calientes / Cuzco

Today, take the train to Km 104 where you'll trek 12 kilometres of the iconic Inca Trail to Inti Punku, the Sun Gate. Here you'll catch your first glimpse of Machu Picchu, giving you a little teaser of what's to come. It's another early start on Day 7, but trust us, it's worth it! Hop on a bus in Aguas Calientes and follow the winding road up to the entrance of Machu Picchu, arguably the most famous archaeological site in South America. After a guided tour and plenty of free time to explore the UNESCO-listed ruins, return to Cuzco. (2B, L)

DAYS 8-9 **Cuzco**

Day 8 and it's time to get your adrenalin pumping! Grab a paddle and hit the Urubamba River rapids on a white water rafting excursion. After all that adventure, head to the Plaza de Armas and enjoy a final night out with your group. Your tour comes to an end on Day 9 and you're free to depart at any time. [B, L]



ACCOMMODATION

Twin-share hotels (8 nts)



INCLUDED MEALS

7 breakfasts, 3 lunches



TRANSPORT

Bus, train, plane



THE INCA JOURNEY

PRICE
FR £1,629

DURATION
10 DAYS

ROUTE
LIMA - LIMA



DAYS 1-3 Lima / Cusco / Sacred Valley

Land in Lima and hop on the nearest excuse to get out and sip your first pisco sour. Fly to Cuzco on Day 2, where you'll have Free time before touring the Sacred Valley. Visit a G for Good Women's Weaving Co-op and have lunch at the Parwa Community Restaurant. (2B, L)

DAYS 4-6 Aguas Calientes / Machu Picchu / Cusco

Take a train to Aguas Calientes, where you can soak in hot springs or pick up some souvenirs in the market. Day 5 and it's time to discover the Lost City of the Incas, Machu Picchu. Take it all in on a guided tour, then return to Cuzco for free time. Optional activities include white water rafting, horse riding and mountain biking. [3 B]

DAYS 7-8 Amazon Jungle

Your home for the next two nights is an eco-friendly lodge nestled deep in the Amazon Rainforest. Accompanied by an expert guide, go on a night walk in search of nocturnal critters like snakes, tarantulas, owls and tree frogs. Wake up early the next morning to catch the jungle at its liveliest (and coolest). Walk slowly through the forest, looking out for wildlife, then go on a caiman-spotting cruise after dinner. (2B, 2L, 2D)

DAYS 9-10 Lima

Fly back to Lima for one last night out with your group. Your tour ends on Day 10, but if you're sticking around, check out the bohemian Barranco District. (2B)

Tour Code: GASPIJ



ACCOMMODATION

Hotels (7 nts),
jungle lodge (2 nts)



INCLUDED MEALS

9 breakfasts, 3 lunches,
2 dinners



TRANSPORT

Plane, private van,
train, boat, canoe

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Local representatives in Cuzco & Lima, specialist guide for Sacred Valley, Machu Picchu and the Amazon

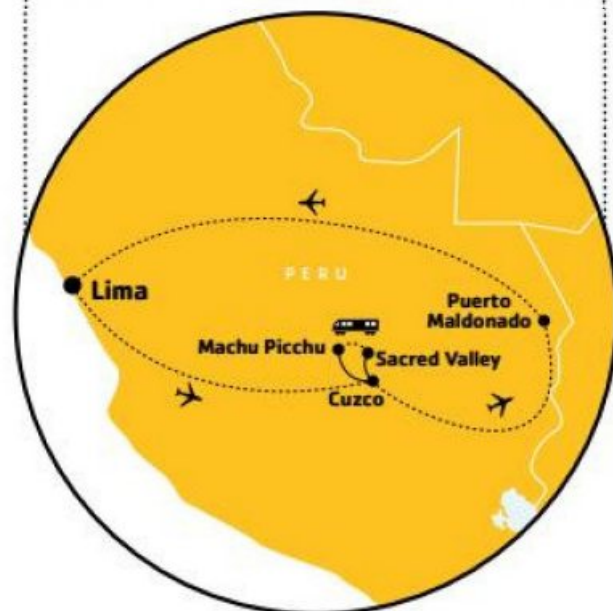
GROUP SIZE: Max 16, Avg 12

INCLUDED ACTIVITIES: 6 for Good visits to Ccaccaccollo Womens' Weaving Cooperative & Parwa Community Restaurant, Sacred Valley guided tour, pottery-making demo, Machu Picchu guided tour^ 3-day Amazon Jungle stay with naturalist-guided excursions

DEPARTS: Selected Thursdays and Sundays

MY OWN ROOM: Fr £3 1 9

G Adventures



INCA EMPIRE

PRICE
FR £1,649

DURATION
15 DAYS

ROUTE
LA PAZ - LIMA



DAYS 1-3 La Paz / Puno

Your trip begins in the high-altitude, chaotic and sprawling Bolivian city of La Paz. On Day 2, check out the intricate buildings, sculptures and carvings of Tiahuanaco, a pre-Columbian archaeological site. Cross into Peru on Day 3 and continue to Puno, located on the shores of Lake Titicaca. (2B)

DAYS 4-7 Lake Titicaca / Cuzco

Days 4 and 5 are spent cruising the waters of South America's largest lake. During your guided excursion, overnight at a local village homestay and visit the Floating Islands of Uros. Spend one more night in Puno before heading to Cuzco on Day 6 for two nights. Opt for a city tour on arrival and browse local markets. (4B, L, D)

DAYS 8-12 Ollantaytambo / Inca Trail to Machu Picchu

Enjoy a full-day guided tour of the Sacred Valley, with stops at a G for Good Women's Weaving Project and the Parwa Community Restaurant. After lunch, head to Ollantaytambo and rest ahead of your upcoming trek. On Day 9, the Inca Trail beckons! Over Four days, hike the fabled path until you reach Machu Picchu. (SB, 4L, 3D)

DAYS 13-15 Cuzco / Lima

Day 13 is Free for you to do your own exploring. People watch in Cuzco's Plaza de Armas, souvenir shop at San Pedro Market or stroll the artisan San Blas District. Fly back to Lima where the tour ends on Day 15. (3B)

Tour Code: GABILM



ACCOMMODATION

Hotels (10 nts), homestay (1 nt),
camping (3 nts)



INCLUDED MEALS

14 breakfasts, 5 lunches,
4 dinners



TRANSPORT

Public bus, plane,
train, boat, ferry

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), Inca Trail CEO, local guides

GROUP SIZE: Max 16, Avg 12

INCLUDED ACTIVITIES: G for Good visits to Ccaccaccollo Womens' Weaving Co-op & Parwa Community Restaurant, Lake Titicaca homestay & guided tour^ pottery-making demo, 4-day guided Inca Trail trek, Machu Picchu guided tour, visits to Tiahuanaco & Uros Islands

NOTE: Alternative options to the Inca Trail are available, including Lares Trek & Cuzco Stay

DEPARTS: Selected Mondays

MY OWN ROOM: Fr £339

(g) G Adventures



LIKE THAT? TRY THIS--

Classic Peru

12 days (GAPPC)

Fr£1,399

EXPLORE MACHU PICCHU

PRICE: FR £1,269 | DURATION: 8 DAYS | ROUTE: LIMA - LIMA



DAYS 1-2 Lima / Sacred Valley

Arrive in Lima at any time and take an included transfer to your hotel. On Day 2, board an early flight to Cuzco then head to the scenic Sacred Valley. Explore the pre-inca salt pans of Las Safineras and tour the Maras and Moray ruins. That evening, enjoy a traditional pachamanca-style meal of local specialties. [EL D]

DAY 3 Sacred Valley

Continue exploring the region with a visit to the Parque de la Papa., a G for Good experience exclusive to National Geographic Journeys travellers. Visit the community with a guide and learn about potato cultivation, Andean culture and traditional weaving. After, explore the Ollantaytambo Ruins and dine at the G for Good Sacred Valley Community Restaurant in Huchuy Qosqo. (2B, L)

DAYS 4-5 Aguas Calientes / Machu Picchu /Cuzco

Transfer to Ollantaytambo station and board the train to Aguas Calientes. On Day 5, enjoy a guided tour of Machu Picchu and opt to hike to the Inca Bridge before returning to Cuzco by train. Spend the next day exploring museums, rafting, horse riding or mountain biking. That evening,, admire the stars at the Cuzco Planetarium. Learn about the southern sky, contemporary astronomy and the Inca's relationship with the cosmos. (2B)

DAYS 7-8 Lima

Fly back to Lima and spend the afternoon in Peru's capital. Depart at any time the next day. (2B)

Tour Code: GASPENG

ACCOMMODATION:

Hotels (7 nts)

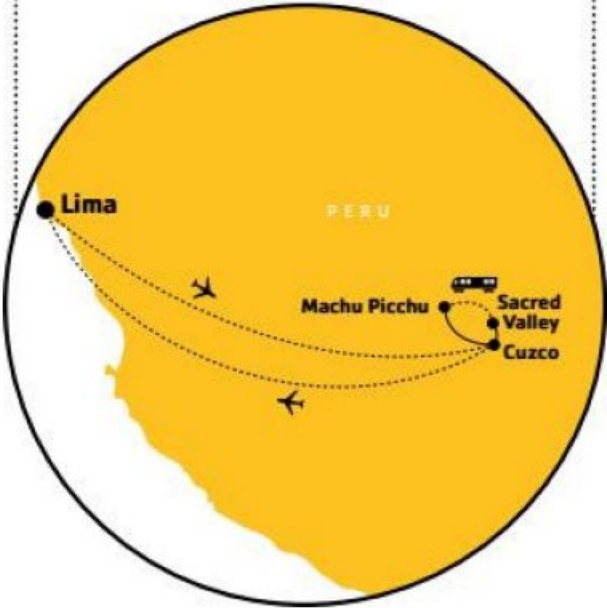
INCLUDED MEALS:

7 breakfasts, 1 lunch, 1 dinner

TRANSPORT:

Private van, train, plane

TRIP STYLE: National Geographic Journeys
 AGE GROUP: Min 12
 GROUP LEADER: Chief Experience Officer (CEO), local guides
 GROUP SIZE: Max 16, Avg 12
 INCLUDED ACTIVITIES: G for Good visits to Parque de la Papa & Parwa Community Restaurant, traditional Andean experience, 2-day guided Sacred Valley tour, Machu Picchu guided tour, pachamanca-style dinner Cuzco Planetarium visit
 DEPARTS: Selected Saturdays and Sundays
 MY OWN ROOM: Fr £4 79



ICONIC PERU

PRICE: FR £2,199 | DURATION: 14 DAYS | ROUTE: LIMA - LIMA



DAYS 1 -3 Lima / Amazon Jungle

Take an included transfer to your Lima hotel. On Day 2, fly to Puerto Maldonado and continue by canoe to your exclusive lodge in the Tambopata Rainforest. Enjoy jungle excursions led by expert naturalists to spot wildlife at nearby oxbow lakes, rivers and clay licks. Opt to go on a caiman-spotting cruise after dinner. (2B, 2L, 2D)

DAY 4-5 Cuzco / Sacred Valley

After flying over the Andes, look to the sky for a different view at Cuzco Planetarium. Learn about the southern sky, contemporary astronomy and the Inca's relationship with the cosmos. Explore the Sacred Valley on Day 5 and tour the G far Good Parque de la Papa, a network of agricultural communities working to preserve more than 700 varieties of potatoes. Have lunch a community restaurant. (2B, L)

DAYS 6-10 Inca Trail to Machu Picchu / Cuzco

Depart Ollantaytambo by van to Km 82 where the Inca Trail begins. Ease into the adventure with a straightforward day of hiking. On the second day, climb the steep path to Warmiwahusqa (Dead Woman's Pass) at 4,1 98 metres. Hike through cloud forest and pass Inca ruins before reaching Machu Picchu via the Sun Gate. Tour of the site before returning to Cuzco. (SB, 31, 3D)

DAYS 11-14 Puno / Lake Titicaca / Lima

After a free day in Cuzco, drive to Puna for a tour of Lake Titicaca and the Floating Islands of Uros. Visit a local community and enjoy a traditional lunch in a family's home. Fly back to Lima and depart the next day. (4B, L)

Tour Code: GASPQNG

ACCOMMODATION:

Hotels (8 nts), Amazon lodge [2 nts], Inca Trail camping or Cuzco hotel [3 nts]

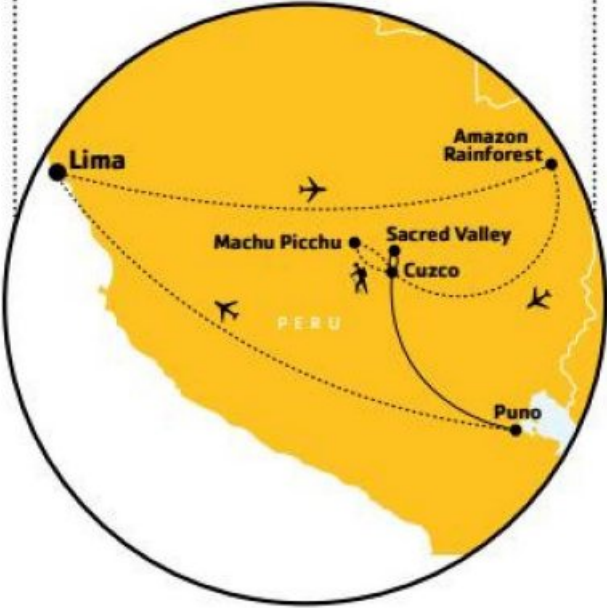
INCLUDED MEALS:

13 breakfasts, 7 lunches, 5 dinners

TRANSPORT:

Private van, plane, train, boat, canoe

TRIP STYLE: National Geographic Journeys
 AGE GROUP: Min 12
 GROUP LEADER: Chief Experience Officer (CEO), Inca Trail CEO
 GROUP SIZE: Max 16, Avg 10
 INCLUDED ACTIVITIES: G for Good visits to Parque de la Papa & Parwa Community Restaurant, traditional Andean experience^ Lake Titicaca community home lunch, guided tour of Taquile and Uros Islands, 3-d'ay Amazon Jungle excursion, Sacred Valley tour, Machu Picchu guided tour, choice of 4-day Inca Trail trek or Aguas Calientes stay with train ride, Cuzco Planetarium visit
 DEPARTS: Selected Thursdays and Sundays
 MY OWN ROOM: Fr £429



MACHU PICCHU & THE AMAZON

PRICE
Fr £1,699

DURATION
10 DAYS

ROUTE
LIMA - CUZCO



DAYS 1-3 Lima / Amazon Jungle

Take an included transfer to your Lima hotel. On Day 2, fly to Puerto Maldonado and continue by canoe to your exclusive lodge in the Tambopata Rainforest. Enjoy jungle excursions led by expert naturalists to spot wildlife. Take advantage of free time to relax or swim, and go on a caiman-spotting cruise after dinner. (28, 2L, 2D)

DAYS 4-5 Cuzco / Sacred Valley

After a short flight, admire the stars at the Cuzco Planetarium. Learn about the southern sky, contemporary astronomy and the ancient Incas' relationship with the cosmos. Explore the Sacred Valley on Day 5 and tour the G for Good Parque de la Papa, a network of agricultural communities working to preserve more than 700 varieties of potatoes. Have lunch at a community restaurant. (20, L)

DAYS 6-8 Inca Trail to Machu Picchu / Cuzco

From Ollantaytambo, head to the start of the Inca Trail at Km 82. Ease into the adventure with a straightforward day of hiking. On the second day, climb the steep path to Warmiwañusqa (Dead Woman's Pass) at 4,198 metres. Admire the views of snowy peaks as you trek through cloud forest to your next camp, situated near either Phuyupatamarca or the Wihay Wayna ruins. (30, 3L, 3D)

DAYS 9-10 Aguas Calientes / Cuzco

Start Day 9 with a pre-dawn hike to the Sun Gate and watch the sun rise over Machu Picchu. Enjoy a guided tour of the UNESCO-listed site before returning to Cuzco where the tour ends on Day 10. (28)

Tour Code: GASPSNG



ACCOMMODATION

Hotels [4 nts], Amazon lodge (2 nts), Inca Trail camping or Cuzco hotel [3 nts]



INCLUDED MEALS

9 breakfasts, 6 lunches, 5 dinners



TRANSPORT

Private van, plane, train, boat, canoe

TRIP STYLE: National Geographic Journeys

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 16, Avg 10

INCLUDED ACTIVITIES: G for Good visits

to Parque de la Papa & Parwa Community Restaurant, traditional Andean experience, Sacred Valley tour, 3-day Amazon Jungle excursion, Machu Picchu guided tour, choice of 4-day Inca Trail trek or Aguas Calientes stay with train ride, Cuzco Planetarium visit

DEPARTS: Selected Thursdays, Saturdays and Sundays

MY OWN ROOM: Fr £279



AMAZON RIVERBOAT ADVENTURE IN PERU

PRICE
Fr £1,799

DURATION
9 DAYS

ROUTE
LIMA - LIMA



TRIP STYLE: Marine

AGE GROUP: Min 12

GROUP LEADER: 2 certified Amazon naturalist guides, support staff, representative in Lima

GROUP SIZE: Max 28

INCLUDED ACTIVITIES: Iquitos orientation tour, naturalist-led river excursions, visits to a local indigenous family & shaman

DEPARTURES 2020/21:

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DAYS 1-2 Lima / Iquitos

With Lima as your launch pad, fly to Iquitos where your riverboat awaits. Hop aboard and start rolling, rolling, rolling on the river. Accompanied by naturalist guides, the exploration begins with two boat excursions by motorised skiff - one during the day and one at night. As the Amatista sets sail, get to know your crew and start looking out for the pink dolphins. (B, L, D)

DAYS 3-7 Pacaya-Samiria National Reserve

Venture into the Pacaya-Samiria Reserve, keeping your eyes peeled for monkeys, sloths, macaws, toucans and anacondas. Stretch your legs on a jungle walk and visit the town of Nauta to gain an insight into daily life in such a remote corner of the world. As the boat chugs on, learn more about the Amazon Rainforest with educational

lectures, discover medicinal plants, and spot wildlife on various excursions. You'll also get to meet a local shaman and sit down to a homecooked meal alongside a local indigenous family. Once it gets dark, head out on night walks in search of nocturnal critters like tree frogs, tarantulas and insects. What could be more soothing than drifting off to sleep to the sounds of the jungle and the gentle rocking motion of the boat? (50, 5L, 5D)

DAYS 8-9 Lima

On Day 8, spend a final morning exploring the shoreline by motorised skiff. Your final stop will be a visit to a manatee rescue centre before returning to Peru's capital. Depart at any time on Day 9. (2B)

Tour Code: GAPVIA



ACCOMMODATION

Amatista Amazon riverboat (6 nts), upgraded hotels (2 nts)



INCLUDED MEALS

8 breakfasts, 6 lunches, 6 dinners



TRANSPORT

Amazon riverboat, plane, private bus



G Adventures



LIKE THAT? TRY THIS--

Amazon Riverboat Adventure
5 days [GASPSAR]

Fr £1,299

TREKKING THE HUAYHUASH CIRCUIT

PRICE
FR £1,499

DURATION
13 DAYS

ROUTE
LIMA - LIMA



DAYS 1-3 Lima / Huaraz

Leap into Lima with some sightseeing before meeting your group on Day 1. The next day, travel to the alpine city of Huaraz, surrounded by the snow-capped peaks of the Cordillera Blanca Mountains. Enjoy a free day to soak up the scenery and acclimatise to the altitude. (B)

DAYS 4-10 Cuartelhuain / Huayhuash Circuit

Head into the Huascaran National Park and continue to your camp in Cuartelhuain. Det an early night., because sunrise brings the start of your seven-day Huayhuash Circuit trek. Begin by making your way to Cacanapunta Pass for panoramic views of the surrounding valleys and rivers. The next day, trek along Laguna Mitucocha to Carhuacocha Pass and descend to your campsite near

Laguna CarhuatDcha. With its rugged mountains and glacial takes, you '11 be hard-pressed to find anywhere more beautiful than the Siula Pass. The fourth day of the trek is quite a challenge, but the views are well worth it. Climb to the highest point at Trapecio Punta Pass (5,000 metres), then descend into the Huanacpatay Valley and camp in a high altitude meadow. Pass through quenoal forest and keep an eye out for condors on the way to Laguna Jahuacocha. (6B, 7L, 70)

DAYS 11-13 Chiquian / Lima

Ascend your final pass, taking in the Andes for one last time, before transferring to Chiquian. Return to Lima for some well-de served R&R and a hot shower. (3B, L, D)

Tour Code: GASPHH



ACCOMMODATION

Hotels (5 nts),
camping (7 nts)



INCLUDED MEALS

10 breakfasts,
8 lunches, B dinners



TRANSPORT

Public bus,
private van

TRIP STYLE: Active

AGE GROUP: Min 12

GROUP LEADER: Local representative in Lima,
specialist Huayhuash guide

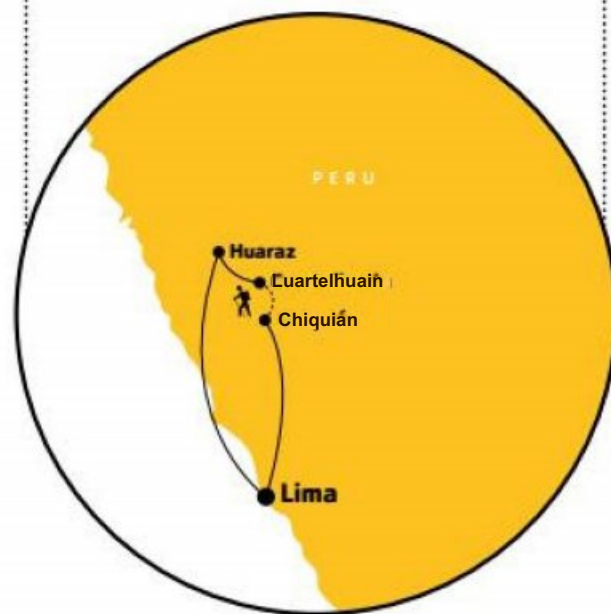
GROUP SIZE: Max 16, Avg 8

INCLUDED ACTIVITIES: 7-day guided
Huayhuash Circuit trek

DEPARTURES 2020:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
					5	1	CL	1	1	1	1
					13	18	15	19			

MY OWN ROOM: Fr £349



WELLNESS PERU: MACHU PICCHU & SACRED VALLEY

PRICE
PR £1,199

CURATION
? DAYS

ROUTE
CUZCO - CUZCO



DAY 1 Cuzco

From the moment you arrive in Cuzco, you can't help but take in the positive vibes of this warm and welcoming city. The included transfer will take you straight to your hotel, where you'll meet your group and set your intentions for the trip ahead during a welcome meeting.

DAYS 2-4 Sacred Valley

Day 2 takes you to the aptly named Sacred Valley. Sit down to a healthy lunch at the G for Good Parwa Community Restaurant., before testing your balance with stand-up paddleboarding. Start Day 3 with a yoga class, followed by a breakfast fresh from the on-site organic garden. During your free time, opt for a spa treatment or visit nearby ruins. On Day 4, take a gentle hike through the countryside, then unwind in hot springs. (3B, 2i_)

DAYS Aguas Calientes

Feeling relaxed yet? We hope so, but if you still have more chilling out to do, take part in another sunrise yoga class before taking a train to Aguas Calientes. Translating to "hot waters", this town is known for its thermal baths, and for being the gateway to Machu Picchu. Opt to do the one-day Inca Trail hike (ask your Travel Expert for details), or simply soak in the hot springs. (B)

DAYS 6-7 Machu Picchu / Cuzco

The best time to see the Lost City of the Incas is at dawn, so set your alarm early and follow your local guide to Machu Picchu. Take time to sit and feel the energy of this 15th-century citadel before returning to Cuzco. (2B)

Tour Code: GASPJT



ACCOMMODATION

Hotels (6 nts)



INCLUDED MEALS

6 breakfasts, 2 lunches



TRANSPORT

Private van, train

TRIP STYLE: Wellness

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer
(CEO), local guides

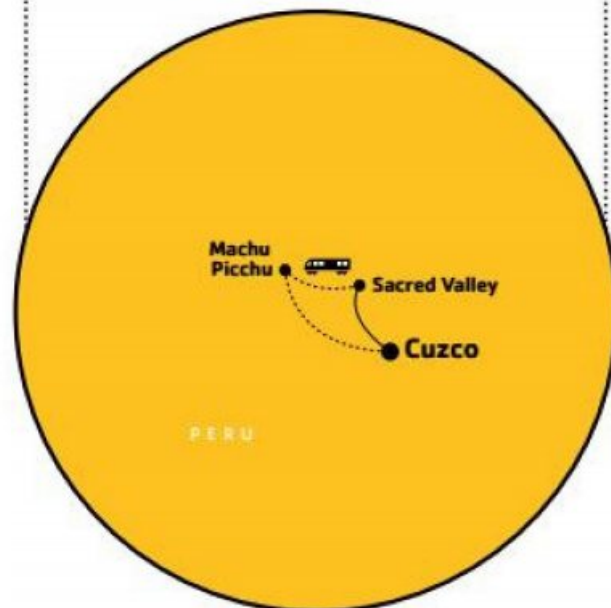
GROUP SIZE: Max 16, Avg 12

INCLUDED ACTIVITIES: G for Good visit to
Parwa Community Restaurant, Incan welcome
ceremony, Sacred Valley yoga classes^ Lares hike
& hot springs visit, Machu Picchu guided tour,
stand-up paddleboarding at Piuray Lagoon

DEPARTURES 2020:

1	1	1	1	1	1	1	1	1	1	1	1
15	19	10	07	12	16	13	11	2	27		

MY OWN ROOM: Fr £619



BOLIVIAN MAGIC

PRICE
FR £2,495

DURATION
15 DAYS

ROUTE
CUZCO - SANTIAGO



EXCLUSIVELY FOR 18-35s

DAYS 1-7 Cuzco / Copacabana / La Paz / Sucre / Potosi

Your South American adventure kicks off in Cuzco, but you won't be hanging around the Incan capital for long as you set off early on Day 2. Cross into Bolivia and continue to Copacabana, a charming town on the shores of Lake Titicaca. On Day 3, pull into La Paz, one of the world's highest cities. Adjust to the altitude with a guided walking tour the next morning. Another day, another incredible destination to uncover. This time it's Sucre. On arrival, take in the capital's colonial, whitewashed buildings and tree-lined streets on a guided tour then you're free to do your own exploring. You can't leave without trying the local delicacy, the salteña, a unique and delicious style of empanada. The next night is spent in the silver mining town of Potosi. (6B, 3D)



ACCOMMODATION

Twin-share hotels (12 nts), multi-share hostels (2 nts)



INCLUDED MEALS

14 breakfasts, 2 lunches, 7 dinners



TRANSPORT

Coach, plane

DAYS 8-15 Uyuni / Salar de Uyuni / Avaroa National Reserve / San Pedro / Santiago

Welcome to Uyuni, gateway to the Salt Flats! This next leg takes you across the pure white expanse of Salar de Uyuni and the surreal landscapes of the Eduardo Avaroa Andean Fauna Reserve. We hope you've packed your props and practised your poses because the photo ops here are endless. You'll see hot springs, geysers, volcanoes, mountains and flamingo-lined lakes. Continue through the Salvador Dali desert before venturing into the Atacama Desert and your third country, Chile. Day 12 and it's time to chill poolside. In the afternoon, visit the moon-like Valle de la Luna, then it's on to Santiago where the tour ends on Day 15. (SB, 2U 4D)

Tour Code: COCUSA

TRIP STYLE: Discoverer

AGE GROUP: Exclusively for 18-35s

GROUP LEADER: Trip Manager, local guides

GROUP SIZE: Max 23

INCLUDED ACTIVITIES: Walking tours in La Paz, Sucre & Potosi, visits to the Witches' Market, Plaza Murillo, Santiago de Chile city, Jaen Street, Convento de San Felipe Neri, Cathedral Market, Great Train Graveyard, Salar de Uyuni & Valle de la Luna

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
05	02	07	25	16	13	04	01	19	10	07	26	16	13	06
		28				22				28				



LIKE THAT? TRY THIS--

Bella Bolivia

13 days [COIPSA]

Fr£2,175

INCA JUNGLE: RAINBOW MOUNTAIN & SALT FLATS

PRICE
FR £1,399

DURATION
11 DAYS

ROUTE
CUZCO - LA PAZ



SMALL GROUP ADVENTURE (18-39s)

DAYS 1-3 Cuzco / Malaga Pass / Santa Teresa

Arrive in the Inca capital at any time on Day 1 and get used to the altitude before your mountain biking adventure - complete with amazing Andean views and grazing llamas - up on the Malaga Pass. Get another bout of fresh air the next day with a hike in the Santa Teresa Valley, and reach speeds of up to 70km/h on a zipline above the jungle. (B, 2L)

DAYS 4-5 Aguas Calientes / Cuzco

Today, board a train to Aguas Calientes, your base for the following day's exploration of Machu Picchu. Arrive at the Lost City of the Incas early (and we mean early) in the morning to catch the sunrise, and follow the footsteps of your knowledgeable guide. Return to Cuzco for the evening. (2B)



ACCOMMODATION

Twin-share hotels (7 nts), multi-share lodge/basic hotels (2 nts), overnight bus (1 nt)



INCLUDED MEALS

8 breakfasts, 5 lunches, 2 dinners



TRANSPORT

Public bus, train, 4WD, plane

DAYS 6-7 Rainbow Mountain / La Paz

Remember the scene in the Wizard of Oz when things were seen in technicolour for the first time? The experience is not too dissimilar today on your Rainbow Mountain hike. This ain't no walk in the park, but it definitely doesn't disappoint and the view is hard to beat. Return to Cuzco and fly to lofty La Paz on Day 7. (2B, L)

DAYS 8-11 Uyuni Salt Flats / La Paz

Fly to Uyuni for your three-day 4WD excursion to the Salt Flats. Your first night will be spent at the G for Good Jukil Community Lodge, where you'll learn a bit about daily life here. Continue your exploration of the dazzling desert and return to La Paz by overnight bus. £3EJ, 2L, 2D)

Tour Code: GASPPB

TRIP STYLE: 18-to-Thirtysomethings

AGE GROUP: Exclusively for 18-39s

GROUP LEADER: Chief Experience Officer (CEO)

GROUP SIZE: Max 16, Avg 12

INCLUDED ACTIVITIES: G for Good Jukil Community experience, mountain biking, Santa Teresa hike, ziplining. Rainbow Mountain hike, 4WD Salt Flats excursion

DEPARTURES 2020:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
2			12	10	07	05	02	13	10	08	
			26	24	21	119	16	27	25	22	
							30				

G Adventures



PERU & BOLIVIA BACKPACKER ADVENTURE

SMALL GROUP ADVENTURE

PRICE
FR £1,243

DURATION
14 DAYS

ROUTE
CUZCO - LA PAZ



PERU, BOLIVIA, ECUADOR & COLOMBIA

NEED TO KNOWS

AGE GROUP: Any age

GROUP LEADER: English-speaking tour leader

GROUP SIZE: Max 16

DEPARTURES 2020:

5	J	12	09	14	25	23	20	17	15	12	17

INCLUDED ACTIVITIES

- 3-day Inca jungle trek with mountain biking, rafting and ziplining
- Machu Picchu guided tour
- 3-day Uyuni Salt Flats experience
- Visit to Uros Floating Islands

HIGHLIGHTS



JUNGLE ADVENTURE

Bike, zipline, river raft and trek your way to Machu Picchu.



SALAR DE UYUNI

A surreal landscape of white salt flats, coloured lakes and deserts.



LAKE TITICACA

See life and culture on Titicaca's famous floating reed islands.

DAYS 1-3 Cuzco

Thanks to an included airport pick-up, your adventure starts from the moment you land in Cuzco. You then have a full day to explore the city's cobblestone streets, museums and markets. Feeling peckish? Head to Pachapapa in the bohemian San Blas District for traditional Andean cuisine like roasted guinea pig. On Day 2, make for the Malaga High Pass and bike downhill into tropical jungle, passing Fruit plantations and the ruins of Huamanmarca en route before culminating at Santa Maria Village. Next up* it's an adrenalin-pumping, two-hour rafting excursion down the Urubamba River. After all that excitement, you'll no doubt be tired. Bed down in a rustic guesthouse in Santa Teresa. (B, L, D)

DAYS 4-6 Aguas Calientes / Cuzco

More adventure awaits this morning! Get your pulse racing by whizzing through the treetops on South America's highest canopy zipline. Enjoy breathtaking views as you traverse over 2,500 metres of cable before stopping for lunch. Continue by foot for three hours. Following train tracks through lush forest, until you reach Aguas Calientes. Set your alarms early on Day 5 and catch the first bus up to Machu Picchu. After a two-hour guided walking tour, you'll have free time to explore the ancient ruins on your own. If you've got any leftover energy, opt to climb up neighbouring Huayna Picchu before returning to Cuzco for the night. Optional activities on Day 6 include quad biking, rafting or a hike in the Rainbow Mountains. (3B, L, D)

DAYS 7-9 Lake Titicaca / La Paz

This leg takes you to Lake Titicaca and the Floating Islands of Uros. There are 90 of these reed islands, but you'll only have time to visit two, giving you a taste of local life. Next, head to Isla del Sol, a large island scattered with traditional communities, beautiful walking trails and Inca ruins. After an overnight stay here, reach new heights as you travel to lung-busting La Paz. Make the most of your free time on Day 9 by riding the cable car for dizzying city views. (2B)

DAYS 10-14 Uyuni / La Paz

A visit to the haunting Train Cemetery signals the start of your three-day Uyuni Salt Flats excursion. Cue otherworldly landscapes, an island studded with giant cacti, unbeatable sunsets, flamingo-lined lagoons, hot springs and vast deserts. Day 13 is yours to explore La Paz more before the tour ends the next day. (4B, 3L, 2D)

Tour Code: BECUZAPB



CUZCO, PERU



#StartTheAdventure

WE KNOW BECAUSE WE GO

"Machu Picchu's not just good for the gram. Photos do little justice, and there's nothing quite like that first time you see it!"

DANIELLE, REGIONAL
SALES MANAGER IN
WESTERN AUSTRALIA



ACCOMMODATION

Mixed hostels (10 nts),
overnight buses (3 nts)



INCLUDED MEALS

11 breakfasts, 5 lunches,
4 dinners



TRANSPORT

Bus, boat

UYUNI & LARES TREK COMBO ADVENTURE

PRICE FR £ 1,400	DURATION 14 DAYS	ROUTE LA PAZ - CUZCO
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DAYS 1-2 La Paz

Your first day in Bolivia **will** be a breeze thanks to an included transfer from the airport to your La Paz hostel. Explore the city on Day 2, visiting the Witches' Market and unique neighbourhoods, before taking a night bus to Uyuni, your launch pad to the Salt Flats.

DAYS 3-6 Uyuni Salt Flats / La Paz

Start your three-day tour at the Train Cemetery, then continue across the vast, white expanse to Isla Incahuasi, an island of giant cacti. After an overnight stay in a salt hotel., venture into the Siloli Desert (the highest and driest in the world) and see flocks of flamingos at the Red Lagoon. Day 5 takes in hot springs., geysers, boulder-strewn deserts and vividly hued lakes. Return to La Paz where you have free time on Day 6. (3B, 3L, 2D)



ACCOMMODATION

Hostels (S nts), camping (2 nts), overnight bus (3 nts)



INCLUDED MEALS

10 breakfasts, 8 lunches, 5 dinners



TRANSPORT

Bus, ferry, quad bike

DAYS 7-9 Copacabana / Isla del Sol / Cuzco

From Copacabana, ferry across Lake Titicaca to Isla del Sol and visit the Pilkokaina Ruins. Its goodbye Bolivia and hello Peru as you take a night bus from Puna to Cuzco on Day 8. Next^ quad bike through the Andean countryside to the Moray Ruins and Maras Salt Mines. (3B, 2L, D]

DAYS 10-14 Lares Trek to Machu Picchu / Cuzco

Over the next three days, trek the Lares route to Machu Picchu (see note for alternative options). On arrival, you'll have a guided tour of the site, plus free time to explore on your own. Head back to Cuzco via Aguas Caliente* and Otllantaytambo for your last night in Peru. (4B, 3L, 2D]

Tour Code: BEU YU LIMP

AGE GROUP: Any age

GROUP LEADER: English-speaking guide for trek and certain experiences

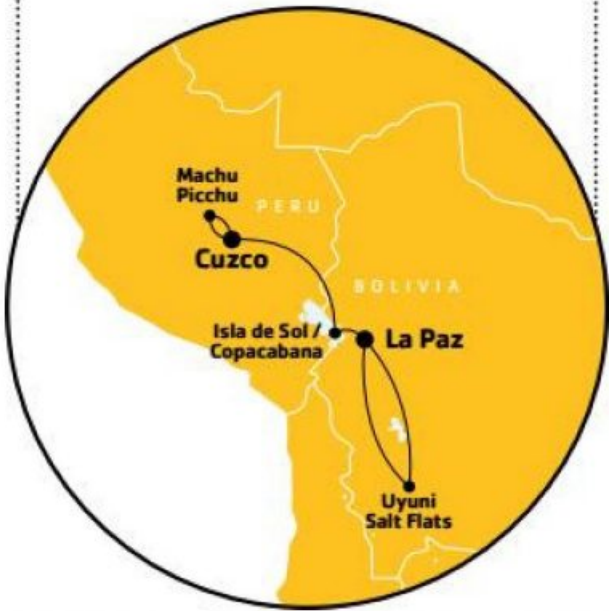
GROUP SIZE: Min 4

INCLUDED ACTIVITIES: La Paz city tour, 3-day Uyuni Salt Flats experience, 2-day Lake Titicaca experience., Maras & Moray quad bike tour, 4-day Lares trek, Machu Picchu guided tour

DEPARTS: Mondays, Thursdays & Saturdays

NOTES: Alternatives to the Lares Trek available including the Inca Trail and a trekking and biking adventure through the jungle

Ask your instore **Travel Expert** about our latest **EXCLUSIVE DEALS**



UYUNI & MACHU PICCHU TREK COMBO

PRICE FR £1,264	DURATION 14 DAYS	ROUTE LA PAZ - CUZCO
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DAYS 1-2 La Paz

This trip starts right at the airport, with pick-up included to your hotel At 3,640 metres above sea level, La Paz is on a constant high, so time to acclimatise! Take things easy with a city tour on Day 2 before taking the night bus to Uyuni. (B)

DAYS 3-5 Uyuni Salt Flats

Time to explore one of the world's most bizarre landscapes. Board your 4WD Toyota land cruiser through the white salt flats of Uyuni and into the desert of south west Bolivia. Along the way, visit small villages, multicoloured flamingo-dotted lakes, geysers and thermal springs. If you can't take advantage of a photo op here, you may be a lost cause. Take the night bus back to La Paz on Day 5. (3B, 3L, 2D)



ACCOMMODATION

Hostels (1D nts.), night bus. (3 nts)



INCLUDED MEALS

10 breakfasts, 8 lunches, 5 dinners



TRANSPORT

Bus, ferry, quad bike

DAYS 6-9 La Paz / Lake Titicaca / Cuzco

After a free day in La Paz, Day 7 brings you to the lakeside town of Copacabana where you'll board the ferry to Isla del Sol on Lake Titicaca. Drink from the fountain of youth [literally) and explore the island on hikes. Back on dry land, travel to Cuzco for a 4WD motorbike tour of the Inca ruins of Moray and the pre-Inca pools of Maras in the Sacred Valley. (B, 2L)

DAYS 10-14 Machu Picchu Trek / Cuzco

The most active way to Fea ch Machu Picchu, this trail has trekking and mountain biking, and it cuts through a jungle! Head up to Machu Picchu from Aguas Caliente* on Day 13 be Fore returning to Cuzco. (SB, 3L, 3D)

Tour Code: BELPBMCP

AGE GROUP: Any age

GROUP LEADER: English-speaking guide for trek and certain experiences

GROUP SIZE: Min 2

INCLUDED ACTIVITIES: La Paz city tour, 3-day Uyuni Salt Flats & Desert Adventure, 2-day Titicaca & Isla del Sol Adventure, Maras & Maray 4WD Motorbike tour, 4-day Jungle Trek to Machu Picchu, entry to Machu Picchu and Isla del Sol, La Paz airport pick-up, Cuzco airport drop-off

DEPARTS: Mondays, Thursdays & Saturdays

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- SMALL GROUP ADVENTURE

ROUTE
LA PAZ - LA PAZ

PERU, BOLIVIA, ECUADOR & COLOMBIA



HIGHLIGHTS



Stay at the Juu' Community Lodge,
and help preserve indigenous
culture through job opportunities.



Bolívia's UNESCO-listed capital is filled with colonial, whitewashed buildings, museums and markets.



Make sure your camera is fully charged as you play with perspective in this dazzling landscape.

Arrive into the fabulously named La Ciudad de Nuestra Señora de La Paz (the City of Our Lady of Peace) today and adjust to the altitude. The city sits at nearly 4,000 metres above sea level, making it the highest capital (though unofficial) in the world. Fly to Sucre on Day 2, Bolivia's official and political capital. The city's museums and colonial buildings tied to the independence movement make it a place of strong historical interest. There's also the option to visit the nearby dinosaur footprints - they're 60 million years old! Next up, Potosí, a UNESCO World Heritage Site with a tumultuous history as a silver mining centre during colonial times. Though things have significantly improved since then, working conditions in the mines are still poor, so if you want to experience life underground on a tour, it's customary to bring some supplies with you such as cocoa leaves, breathing masks and gloves. (4B)

TransFer to your Uyuni hotel, go far a quick wander around the town and stock up on a Few snacks and essentials as you prepare for the Salt Flats excursion. Spend the next three days exploring the high Alti piano between the Salar de Uyuni and Chile's Atacama Desert on an exciting 4WD adventure. As you travel through otherworldly landscapes and rugged terrain^ stop for photo opportunities at coloured lagoons, home to hundreds of flamingos. On Day 7, a special G For Good experience takes you to the Juki! community, where a project is underway to regenerate economic opportunities for the indigenous population and halt urban migration. Learn about quinoa production and take a guided walk to the sacred Juki I mountaintop. Along the way, pass geysers, boiling mud pools, thermal baths and catch a glimpse of the Ucancabur Volcano looming in the distance. (4B, 3L, 2D)

Stepping off your overnight bus in La Paz, you have a whole day to spend at leisure. Opt to take a city tour or visit the dramatic Valley of the Moon. It's an impressive sight, consisting of eroded mountain remains, canyons and spires. For sprawling city views, ride the world's longest aerial cable car system - Mi Teleferico - from one diverse neighbourhood to the next. Today is the last chance for souvenir shopping, so be sure to check out the Witches' Market where you can cure your ailments with a whole host of herbal remedies and mysterious lotions! Love potion anyone? You've come to the right place. There's also the historic Museo Nacional de Arte to check out, constructed in 1775, with a pink Viacha granite facade. Your adventure comes to an end the next day. (B)

Tour Code: GABBDR



Hotels [8 nts),
G For Good bask lodge (2 nts]



3 breakfasts. 3 lunches.
2 dinners



Public bus, tram,
4WD, plane

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INCLUDED ACTIVITIES

- **G for Good Jukil Community experience**
- **3-day 4WD Salt Flats excursion**



G Adventures

WE KNOW
BECAUSE WE GO

"Bolivia is stunning. It has the bluest skies and the most stunning and otherworldly landscapes?"

NICOLE, ASSISTANT STORE
MANAGER IN KINGSTON



IQUITOS & THE PERUVIAN AMAZON

AIR DELIVERED
STRAIGHT TO YOUR LUNGS

Where would we be without the Amazon? Well, a little bit dead, actually. Here's the deal - it's the largest jungle in the world {twice the size of India) and it produces over 20% of the world's oxygen. It's also fertilised by sand blown over from the African Sahara (whaaaaat), and is home to a mind-boggling array of animals and around 400 native tribes, some of whom are yet to make any contact with the outside world. Yes, it's THAT big. Here's Peru's share of it.

PERU, BOLIVIA, ECUADOR & COLOMBIA

JUNGLE ADVENTURE IN THE TAMBOPATA RESERVE

FR£365
4 DAYS



SMALL GROUP ADVENTURE

Journey into the Tambopata Reserve, bedding down in jungle lodges and swaying hammocks to recharge. And believe us, you'll need it between action-packed river explorations and jungle walks. You're surrounded by a plethora of wildlife, so look up to spot exotic birds and capuchin monkeys, then look down for caiman and giant otters.

INCLUSIONS

Departs: Daily Accommodation: Lodge [3 nts] Meals: 3 breakfasts, 2 lunches, 3 dinners Transport: Driver, guide in mini bus Includes: Activities as per itinerary, English-speaking guide, return airport transfers Tour Code: PEMJGA

PUERTO MALDONADO AMAZON AIR EXPEDITION

FR£559
3 DAYS



INDEPENDENT TOUR

From your base in Puerto Maldonado, immerse yourself in the Amazon's rich wilderness. Your expert guide takes you on nature walks to see animals including jaguars, pumas, toucans, macaws, spider monkeys and tapirs. Not afraid of heights? Climb up to the Amazon's highest tree platform to see life in the canopy up close.

INCLUSIONS

Departs: Daily (from Cuzco) Accommodation: Amazon eco lodge (2 nts) Meals: 2 breakfasts, 2 lunches, 2 dinners Includes: Airport transfers (excl. Cuzco on Day 3), 2 internal flights, entry fees Tour Code: 8ECUZPEM

PUERTO MALDONADO AMAZON ECO LODGE ADVENTURE

FR£420
5 DAYS



SMALL GROUP ADVENTURE

After an overnight bus from Cuzco, spend three days in the lungs of the earth. You'll sail into the Amazon along the Madre de Dios River, tuning your ears to the squawks of the jungle. Take a canopy walk along the highest tree platform in the Amazon, visit the Taricaya reserve and go looking for caimans on a night boat safari.

INCLUSIONS

Departs: Daily (from Cuzco) Accommodation: Eco lodge (2 nts), overnight bus (2 nts) Meals: All meals at lodge Includes: Reserve fees Note: Departures from Puerto Maldonado and other durations available Tour Code: BECUZECO

IQUITOS AMAZON JUNGLE ADVENTURE

FR£568
4 DAYS



SMALL GROUP ADVENTURE

Parrots, jacanas and cormorants all say hello before you head to the other end of the Moena lagoon for sloths and dusky titi monkeys. And that's just Day 1! The rest of your time is filled with learning about exotic plants and the community of San Juan de Yanayacu. Finish in absolute style with a cheeky swim near pink river dolphins.

INCLUSIONS

Departs: Daily (from Iquitos accommodation or airport) Accommodation: Jungle lodge (3 nts) Meals: 3 breakfasts, 4 lunches, 3 dinners Transport: Fast boat from Tugitas, boat, canoe, walking Tour Code: BEIQUAMZ

INCA TRAIL TREK TO MACHU PICCHU

PRICE
FR £541

DURATION
4 DAYS

ROUTE
CUZCO - CUZCO



Follow the original Inca Trail - a hard-burled stone footpath that retraces the footsteps of Inca royalty. A bus whisks you away from Cuzco and drops you off at the hike's starting point in Piscacucho. The most challenging climb comes on Day 2 with a steep incline up to Dead Woman's Pass, but this - and the hefty steps on Day 3 - are worth it. Catch the sunrise at Inti Punku (Sun Gate) on the final day and soak in your finish line with a guided tour of the site before returning to Cuzco. Permits sell out quickly, so be sure to book early.

Tour Code: BECUZTIT

AGE GROUP: Min 12

GROUP LEADER: Professional bilingual guide

GROUP SIZE: Max 15, Avg 8

INCLUDED ACTIVITIES: Hike the Inca Trail, cross the Sun Gate, explore Machu Picchu

ACCOMMODATION: Camping (3 nts)

MEALS: 3 breakfasts, 3 lunches, 3 dinners

DEPARTS: Mondays, Wednesdays, Thursdays and Saturdays

NOTE: High level of fitness required. Other tour durations are available.



SALKANTAY TREK TO MACHU PICCHU

PRICE
FR £578

DURATION
5 DAYS

ROUTE
CUZCO - CUZCO



Ditch the tourists on this five-day trek, taking you close to Salkantay Mountain and through the jungle to Machu Picchu. You'll pass through cloud forests and be greeted by waterfalls and tropical vegetation galore along the way. The highest pass of the trek is on Day 2, so then it's all downhill from there as you continue to Aguas Calientes. Nothing rounds off a solid trek like arriving at the marvel of Machu Picchu on the last day. A bilingual guide will let you in on all the good bits of historical info before you return to Cuzco.

Tour Code: BECUZEAL

AGE GROUP: Min 12

GROUP LEADER: Professional Bilingual Guide

GROUP SIZE: Max 16, Avg 4

INCLUDED ACTIVITIES: Hike among 6,000m Andean peaks, visits to Aguas Calientes town, guided tour of Machu Picchu

ACCOMMODATION: Camping (3 fits). hotel (1 nt)

MEALS: 3 breakfasts, 3 lunches, 3 dinners

DEPARTS: Daily

NOTE: Other tour durations are available.



LADES TREK TO MACHU PICCHU

PRICE
FR £625

DURATION
4 DAYS

ROUTE
CUZCO - CUZCO



Take a cultural trek through a part of Peru that's barely changed in 500 years. As the porters and their donkeys leave you in their dust in Lares Town, you'll enjoy views in between some tough climbs of glaciers, crisp lakes and snowy peaks. But the best part of this trek is the people you meet on the way - villagers, children on their way to school and weavers in the fields watching over their alpacas. Take a train to Aguas Calientes on Day 3 and then a bus to Machu Picchu the next morning. After a guided tour, return to Cuzco.

Tour Code: BEBAMCUZ

AGE GROUP: Min 12

GROUP LEADER: Professional Bilingual Guide

GROUP SIZE: Max 16, Avg 4

INCLUDED ACTIVITIES: Three days of trekking, two-hour Machu Picchu guided tour, visits to Aguas Calientes, Patacanha town and Wakawasi

ACCOMMODATION: Camping (2 nts). 3* hotel (1 nt)

MEALS: 3 breakfasts, 3 lunches, 3 dinners

DEPARTS: Mon, Wed & Sat (daily with groups of 4 or more)

NOTE: Other tour durations are available.



MACHU PICCHU JUNGLE TREK: BIKING, ZIPLINE & RAFTING

PRICE FR £558	DURATION 4 DAYS	ROUTE CUZCO - CUZCO
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Crank the classic trek to Machu Picchu up a notch with thrill-seeker activities along the way. Soar downhill on exhilarating bike rides and float down river by white water rafting between hikes. Fragrant fruit plantations guide the way towards Santa Maria as you stop by the Hua ma nm area archaeological site on the way. If you're feeling daring, ride South America's highest zipline before one last hike to Aguas Calientes. Machu Picchu greets you in the morning, where a walking tour shows you around before returning to Cuzco.

Tour Code: BECUZMPJ

AGE GROUP:	Alt ages
GROUP LEADER:	English-speaking guide
GROUP SIZE:	Max 15
INCLUDED ACTIVITIES:	White water rafting, trek along the railway to Aguas Calientes, visit Machu Picchu with a guide, tourist train from Aguas Calientes
ACCOMMODATION:	Basic guesthouse (2 nts), 3' hotel (1 nt)
MEALS:	3 breakfasts, 3 lunches, 3 dinner
DEPARTS:	Mondays, Wednesdays & Saturdays
NOTE:	Other tour durations are available.



MACHU PICCHU BACKPACKER JUNGLE TREK

PRICE FR £303	DURATION 3 DAYS	ROUTE CUZCO - CUZCO
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Wakey, wakey, bright and early as you head up towards Malaga High Pass, where you hop on a bike and go on an exhilarating ride through lush jungle and fruit plantations - you daredevil, you. The next day, kick things off with a three-hour hike surrounded by impossible peaks and breathtaking scenery [the air is thinner up here just FYI]. Day 3 is when you finally reach Machu Picchu! Discover the wonders of this ancient citadel by joining a guided tour before heading back to Cuzco via Aguas Calientes.

Tour Code: BECU2MBT

AGE GROUP:	All ages
GROUP LEADER:	Bilingual guide
GROUP SIZE:	Min 1, Max 16
INCLUDED ACTIVITIES:	Mountain biking, trekking, visit to Machu Picchu
ACCOMMODATION:	Hostels (2 nts)
MEALS:	2 breakfasts, 2 lunches, 2 dinners
DEPARTS:	Daily

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ECO-DOME SALKANTAY HIKE & ZIP-LINE ADVENTURE

PRICE FR £578	DURATION 5 DAYS	ROUTE CUZCO - CUZCO
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Up for something a little off the beaten path? Embark on a challenging five-day trek along the alternative Salkantay route which winds past stunning views of the Salkantay and Humantay peaks standing over 6,000 metres high. Where the air gets a little thin, take it easy and soak in the natural hot springs to recharge. Fly through the treetops on South America's highest, and Peru's first, canopy zipline and camp in Inca huts and eco-camps along this unspoiled trail. The finish line is Machu Picchu before you return to Cuzco.

Tour Code: BECUZE54

AGE GROUP:	Min 18
GROUP LEADER:	English/Spanish speaking guide
GROUP SIZE:	Min 2, Max 16
INCLUDED ACTIVITIES:	Five-Day Salkantay trek, Machu Picchu visit, train from Aguas Calientes to Ollantaytambo, zip-lining
ACCOMMODATION:	Inca hut (2 nts), eco dome (1 nt), budget hotels (1 nt)
MEALS:	4 breakfasts, 4 lunches, 4 dinners
DEPARTS:	Mondays



INCA TRAIL EXPRESS TREK

FR £557
2 DAYS



This invigorating short trek is ideal for those wishing to experience sweeping, high-altitude scenery without the physical demands longer treks can bring. After a hike through the Andean Mountains, deep Peruvian jungle, and along the original stone staircases of the Inca Trail, earn your visit to the impressive citadel of Machu Picchu.

INCLUSIONS

Departs: Daily (no departures in Feb) Accommodation: 3* hotel (1 nt) Meals: 1 breakfast, 1 lunch, 1 dinner Includes: Pre-departure briefing, Inca Trail & Machu Picchu entry fees and guide, most transfers Tour Code: BECUZTRA

INCA QUARRY TREK TO MACHU PICCHU

FR £622
4 DAYS



One of the newest routes to Machu Picchu, this path has fewer crowds but no less incredible views. The highlight of the trip (Machu Picchu aside) is the Inca quarry of Cachicata, used by the Incas in their construction of Ollantaytambo. There you'll find large buildings, chullpas (burial houses) and caves still containing Inca mummies.

INCLUSIONS

Departs: Mon. Wed & Sat Accommodation: 3* hotel (1 nt), twin-share camping (2 nts) Meals: 3 breakfasts, 3 lunches, 3 dinners Includes: Pre-departure briefing, Cuzco pick-up, English-speaking guide, Machu Picchu entry Note: This has the same difficulty level as the Inca Trail Tour Code: BECUSINC % s

RAINBOW MOUNTAIN TREK

PRICE
FR £215

DURATION
2 DAYS

ROUTE
Cuzco - CUZCO



SMALL GROUP ADVENTURE

It's not all about Machu Picchu around these parts, y'know. The Rainbow Mountain is a spectacle all by itself, a multicoloured mountain and one of Peru's ancient sacred sites. This challenging two-day trek takes you past red mountains and the Ausangate Glacier. This super colourful mountain range is now gaining popularity due to climate change as it was previously covered in snow and ice. We love the views at the end of Day 2's two-hour uphill hike. With time to explore, get that camera ready!

Tour Code: BECUZARM

AGE GROUP: Min 12

GROUP LEADER: Bilingual English-speaking tour guide

GROUP SIZE: Min 2, Max 12

INCLUDED ACTIVITIES: Visits to Rainbow Mountain, Ausangate Glacier, trekking through local villages and impressive scenery

ACCOMMODATION: Camping (1 nt)

MEALS: 1 breakfast, 2 lunches, 1 dinner

DEPARTS: Daily

NOTE: This hike is demanding and it is recommended that travellers are in good physical condition.



THE SACRED VALLEY AND MACHU PICCHU

PRICE
FR £406

DURATION
2 DAYS

ROUTE
CUZCO - CUZCO



SMALL GROUP ADVENTURE

The Sacred Valley - picture colourful artisan markets, ceramics and a diverse array of archaeological Inca ruins. The valley is a succession of picturesque towns, Inca platforms, many an archaeological remain and roomy plains where the giant white corn of the Incas still grows. See it for yourself on Day 1 before waking up at the crack of dawn the next morning to catch the sunrise over Machu Picchu. Once you've Machu Picchu-ed yourself out, head back to Cuzco via Aguas Calientes and Ollantaytambo.

Tour Code: CUZVAL

AGE GROUP: Min 18

GROUP LEADER: English-speaking tour guide

GROUP SIZE: Min 1

INCLUDED ACTIVITIES: Visits to Machu Picchu, Aguas Calientes and Ollantaytambo

ACCOMMODATION: Hostel (1 nt)

MEALS: 1 lunch

DEPARTS: Daily



UYUNI SALT FLATS AIR EXPEDITION

PRICE
FR £634

DURATION
3 DAYS

ROUTE
LA PAZ - LA PAZ



SMALL GROUP ADVENTURE

Fly from La Paz and kick off your 4WD journey with a visit to Uyuni's ghost-like Train Cemetery. The small village of Colchani is next as you visit a salt factory before it's off to the mighty Salt Flats themselves, stretching a whopping 10,582 square kilometres. The following day, dive deeper into the desert to see incredible rock formations and the famous flamingo-filled, multicoloured lakes. Watch fluffy llamas go about their everyday business and have an indulgent soak in the hot springs before flying back to La Paz.

Tour Code: **BEUYUSFA**

AGE GROUP: All ages

GROUP LEADER: Local driver & English-speaking guide during some activities

GROUP SIZE: Min 1

INCLUDED ACTIVITIES: Flights from and to La Paz, drive through Bolivian deserts in 4WD

ACCOMMODATION: Dorm-style rooms (2 nts)

MEALS: 2 breakfasts, 3 lunches, 2 dinners

DEPARTS: Daily



UYUNI SALT FLATS & DESERT ADVENTURE

PRICE
FR £339

DURATION
4 DAYS

ROUTE
LA PAZ - ATACAMA



SMALL GROUP ADVENTURE

Transfer from La Paz and overnight on a bus to Uyuni before heading into the magical Salt Flats the following day. Bed down in a salt hotel [seasonal], stargaze to your heart's content and delve deeper into desert territory on Day 3 where you'll spot rock formations, desert landscapes, colourful lakes and native flamingos. After a steamy soak in natural hot springs, round off your adventure with a visit to Dali Pampas where you'll see the Green Lagoon before travelling to Atacama.

Tour Code: **BELPB5PA**

AGE GROUP: All ages

GROUP LEADER: Local driver & English-speaking guide during some activities

INCLUDED ACTIVITIES: Uyuni Salt Flats trip, visits to Sol de Manaña Geyser, Dali Pampas, Green Lagoon & Eduardo Avaroa National Reserve

ACCOMMODATION: Night bus (1 nt), shared dorms (2 nts)

MEALS: 2 breakfasts, 3 lunches, 2 dinners

DEPARTS: Daily



UYUNI SALT FLATS ADVENTURE

PRICE
FR £401

DURATION
5 DAYS

ROUTE
LA PAZ - LA PAZ



SMALL GROUP ADVENTURE

Take the night bus from La Paz and land at your first stop - the spooky Train Cemetery, scattered with locomotives left to rust following the demise of the mining industry in the 1940s. Next up, a ride across the Salt Flats with stops at Fish Island and a hotel made completely of salt [seasonal]. The landscape swaps to desert, volcanoes and flamingo-filled lakes. On Day 4, drive straight to the wonderfully surreal Dali Desert, so-called because of its likeness to paintings by the famous Salvador Dali.

Tour Code: **BELPBUSF**

AGE GROUP: All ages

GROUP LEADER: English-speaking guide during some activities

GROUP SIZE: Min 1

INCLUDED ACTIVITIES: Visits to Salar de Uyuni, Bolivian Altiplano's deserts, red & green coloured lakes and Fish Island

ACCOMMODATION: Dorm-style rooms (2 nts), night bus (2 nts)

MEALS: 2 breakfasts, 3 lunches, 2 dinners

DEPARTS: Daily

NOTE: During the rainy season (Jan-Apr), the Salt Flats fill up with water so it's not possible to cross them in the same way as during dry season.

Ask your in-store Travel Expert about our latest **EXCLUSIVE DEALS**

Galápagos Islands

Say hello to swimming iguanas, flashy flamingos, veggie sharks and dancing boobies (birds, FYI). Travel in comfort on a sailing trip or choose a land-based tour. All G Adventures' Galápagos tours include return flights from mainland Ecuador.



SOUTH ISLANDS - FLOREANA & ESPANOLA

Home to first-class snorkelling, the bays and unusual (and formations that once gave shelter to pirates are now home to a dazzling array of birds and marine life.

HIGHLIGHTS INCLUDE:

- © See the waved albatross of Española
- © Mail a letter and take one home from Post Office Bay on Floreana

WEST ISLANDS - ISABELA & FERNANDINA

The largest and youngest of the islands, Isabela and Fernandina should be ports of call for anyone looking for the best wildlife.

HIGHLIGHTS INCLUDE:

- 0 Hike to the caldera of Sierra Negra (1,1 24m], a classic shield volcano
- © Visit massive colonies of marine iguanas
- © Relax in laid-back Puerto Villamii

CENTRAL ISLANDS - SANTIAGO, RABIDA, BARTOLOME, BALTRA, SANTA CRUZ, SOUTH PLAZA & SANTA FE

Flying into the main airport on Baltra, the Central Islands may well be your first taste of the Galápagos. Though relatively close to each other, these small islands have developed in isolation and are among the best spots to witness the full scope of the archipelagos incredible natural diversity.

HIGHLIGHTS INCLUDE:

- © See tortoises in the wild in the lush, green highlands on bustling Santa Cruz
- © Visit the fascinating Charles Darwin Research Station
- © Explore Puerto Ayora, the main town, with its bustling fish market
- © Views of Pinnacle Rock on Bartolome
- © Hidden snorkelling spots and white sand beaches on Santiago
- © Swim with playful sea lions in the waters off North Seymour
- © Multi-coloured Rabida offers red cliffs, pink flamingos and blue-footed boobies

EAST ISLAND - SAN CRISTOBAL

One of the oldest islands, San Cristobal's eroded volcanic peaks are tailor-made for hiking and mountain biking. Divers and snorkelers will find more than enough to keep them entertained below the surface.

HIGHLIGHTS INCLUDE:

- 0 Sail through the gap at Kicker Rock and snorkel with hammerhead sharks
- © Chill with the sea lions on the white sand beaches of Cerro Brujo

NORTH ISLAND - GENOVESA

Little more than a rock, tiny Genovesa has an amazing concentration of birds and a rich variety of aquatic life under the waves.

HIGHLIGHTS INCLUDE:

- © Look for sea turtles and reef sharks while snorkelling a sunken volcanic crater
- © Seabird colonies and top-notch views on the hiking trail to El Barranco
- © Red-footed boobies and frigate birds



FREE FLIGHTS

Combine any G Adventures tour of Peru (excl. independent tours) with a Galápagos trip and get the one-way flight between Lima and Quito on us!

GALÁPAGOS ISLAND Sailing



A typical day of Galápagos sailing will see you snorkelling with sea lions, soaking up the sun next to a marine iguana and watching penguins play in the water. As a national park (and #1 on the UNESCO Heritage list), many parts are only accessible by boat and in the company of a guide. We work closely with G Adventures to bring you a range of Galápagos sailing holidays for all budgets.

MEET THE FLEET

G Adventures charts and maintains its own vessels to ensure you receive a quality experience from start to finish.

ESTRELLA DEL MAR:

- 0 10 cabins with twin-share bunks
- © Features spacious upper deck
- 0 Snorkelling equipment provided
- 0 Certified CEO Naturalist Guide
- © Capacity of 16 passengers

XAVIER 111:

- 08 double-occupancy cabins
- 0 Indoor lounge, tea service
- 0 Snorkelling equipment provided
- 0 Certified CEO Naturalist Guide
- © Capacity of 16 passengers

YOLITA:

- © Upgrade to twin side-by-side beds
- © Basic toiletries in all cabins
- 0 Large, elegant, seated aft porch
- © Certified CEO Naturalist Guide
- 0 Capacity of 16 passengers

OTHER BOATS

You can also book onto the Eden boat and Monserrat boat with G Adventures. Ask your Travel Expert for details.

SMALL GROUP SAILING

The maximum group size on most vessels is 16. The small group philosophy ensures you get the most out of the expertise of the fully-trained naturalist guide(s) on board.

ITINERARIES

In order to minimise the impact of people and tour boats on the islands, the Galápagos National Park Service sets strict controls over where each boat can sail, and how often.

All boats operate on a two-week cycle so you can select which island grouping interests you most. Bear in mind that your first and last nights are spent in Quito (return flights between Quito and the Galápagos are also included).

Want to see the whole shabang? Selected boats (including Yolita and the Estrella del Mar) offer a 17-day Complete Galápagos itinerary. Please ask your Travel Expert for more details.

LIFE ON BOARD

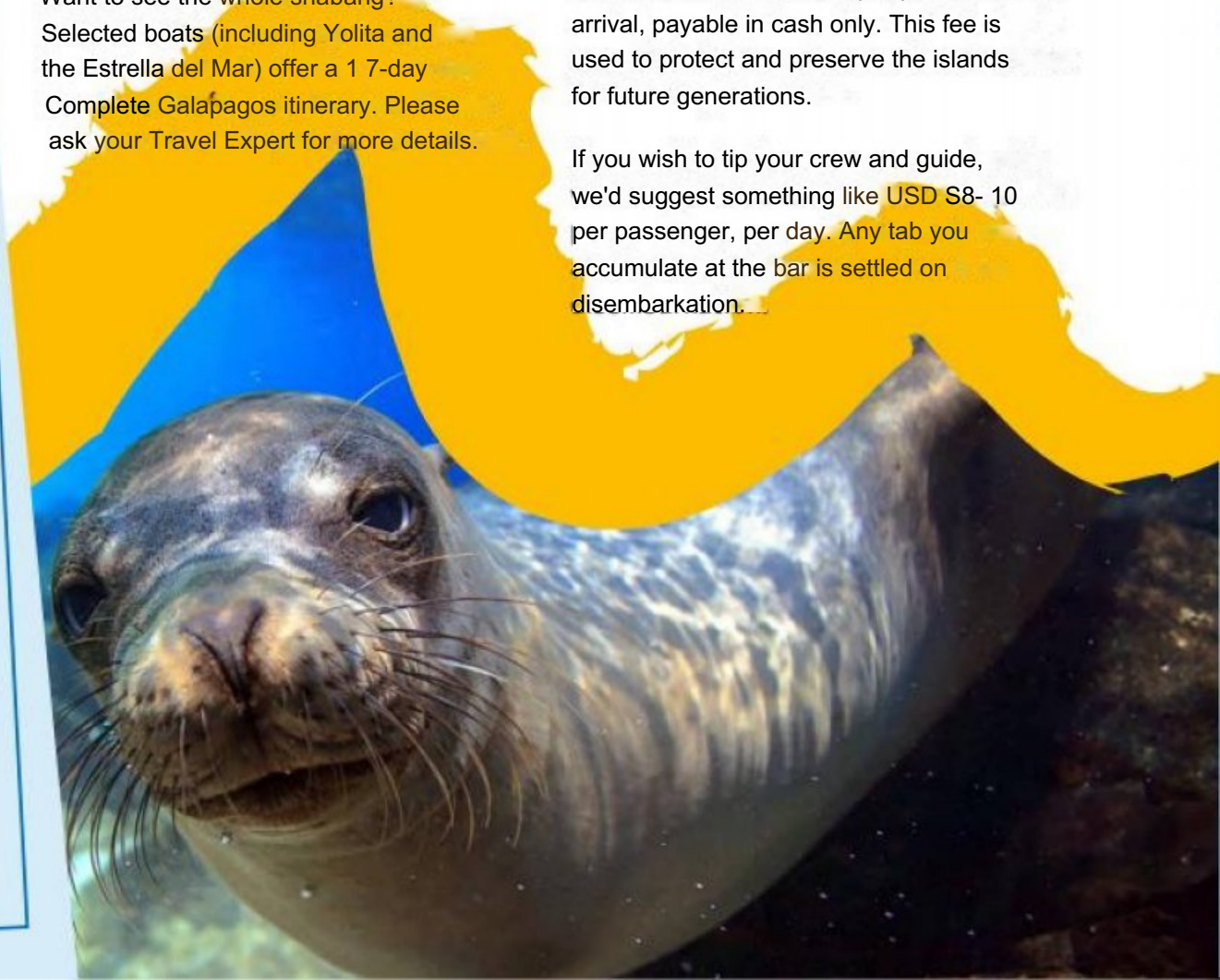
An expert naturalist guide is employed on each boat and hosts nightly seminars to discuss the itinerary as well as explain how to behave around the native wildlife. You'll get pretty close to the animals, but it's still important to remember that Galápagos isn't a petting zoo. So hands to yourself!

Much of the sailing takes place at night to allow two on-shore excursions each day, typically spending up to four hours at each landing stop. Meals on board include seafood, beef, salads, soups and desserts, served with tea or coffee and purified water.

ANY OTHER COSTS?

The Galápagos National Park Service levies a fee of USD \$120 per person on arrival, payable in cash only. This fee is used to protect and preserve the islands for future generations.

If you wish to tip your crew and guide, we'd suggest something like USD \$8-10 per passenger, per day. Any tab you accumulate at the bar is settled on disembarkation.





LAND & SEA: NORTH & CENTRAL ISLANDS

FB£ 1,859

ACCOMMODATION: Hotel (3 nts), twin-share (bunks) cabins onboard Estrella (3 nts)

HIGHLIGHTS: Three-night cruise • Tortuga Bay hike & kayak ■ Santa Cruz highlands ■ Charles Darwin Research Station • Volcanic hike [Bartolomé] • Red-footed boobies [Genovesa]



SOUTH & CENTRAL ISLANDS

FB£2,019

ACCOMMODATION: Hotel (2 nts), twin-share (bunks) cabins onboard Estrella (4 nts)

HIGHLIGHTS: Four-night cruise • Isla Lobos, Kicker Rock, Corona del Diablo and Gardner Bay snorkelling ■ Waved albatross (Apr-Nov, Española) • Post Office Bay (Floreana)



NORTH, CENTRAL & SOUTH ISLANDS

FR£2,939

ACCOMMODATION: Hotel (2 nts), twin-share (bunks) cabins onboard Estrella (7 nts)

HIGHLIGHTS: Seven-night cruise ■ Six snorkelling destinations ■ Post Office Bay • Frigatebirds and blue-footed boobies (North Seymour) • Volcanic hike [Bartolomé] • Red-footed boobies • Giant tortoises



WEST, CENTRAL & EAST ISLANDS

FH£2,939

ACCOMMODATION: Hotel (2 nts), twin-share (bunks) cabins onboard Estrella (7 nts)

HIGHLIGHTS: Seven-night cruise • Giant tortoises [Santa Cruz] • Marine iguana colony [Fernandina] • Penguins (Isabela) • Sierra Negra hike • Charles Darwin Research Station ■ Tortuga Bay hike

ABOARD ESTRELLA DEL MAR

SERVICE LEVEL

Standard*

CAPACITY

16 passengers.

CABINS

8 double cabins with private bathrooms and air con. All cabins feature upper and lower berths and are located on the upper or lower deck.

MEALS

All meals onboard are included, and breakfast on land.

TRANSPORT

Plane, motorised yacht (Estrella), van, panga, private bus.

CREW

7 crew plus a bilingual local naturalist guide certified by the Galápagos National Park Authority, local rep in Quito,

BOAT LAYOUT

Two-level wraparound deck with outdoor bar and seating area. Interior dining room and lounge with TV/DVD player for daily briefings.

AMENITIES

Snorkelling equipment included. Breakfast, lunch and dinner are included each day with freshly-prepared Ecuadorian and international cuisine.



Voyage
Galápagos



Explore Galápagos

ABM® XAVIER III

SERVICE LEVEL

Standard.

CAPACITY

16 passengers.

CABINS

8 twin cabins with private bathrooms and air con. Upper and lower deck cabins are outside facing with twin and double beds.

MEALS

6 breakfasts, 4 lunches, 4 dinners.

TRANSPORT

Motorised yacht {Xavier}, plane, private vehicle, panga.

CREW

7 crew plus a local naturalist guide, an expert on local wildlife and certified by the Galapagos National Park Authority.

BOAT LAYOUT

Spacious main deck with a bar and dining room. The back deck of the yacht has beautiful views.

AMENITIES

Snorkelling equipment included. Breakfast, lunch and dinner are included each day with freshly-prepared Ecuadorian and international cuisine.



LAND & SEA: NORTH & CENTRAL ISLANDS

FR£1,999

ACCOMMODATION: Hotel (3 nts), twin-share cabins aboard the Xavier III (3 nts)

HIGHLIGHTS: Three-night cruise * Overnight in Santa Cruz Island • Spot wildlife on North Seymour ■ Volcanic hike on Bartolomé island • Kicker Rock & Sullivan Bay snorkelling - See wild giant tortoises



SOUTH ISLANDS

FR£2,199

ACCOMMODATION: Hotel (2 nts), twin-share cabins aboard the Xavier III (4 nts)

HIGHLIGHTS: Four-night cruise * See giant tortoises (Santa Cruz Island) • Champion Islet snorkelling • Post Office Bay (Floreana) • Wildlife interpretation Centre (San Cristóbal Island)



CENTRAL, SOUTH & EAST ISLANDS

FB£3,179

ACCOMMODATION: Hotels (2 nts), twin-share cabins aboard the Xavier III (7 nts)

HIGHLIGHTS: Seven-night cruise ■ Santa Cruz highlands • Post Office Bay {Floreana} • Champion Islet & Kicker Rock snorkelling • Giant tortoise breeding centre • Charles Darwin Research Centre



CENTRAL & EAST ISLANDS

FH£3,179

ACCOMMODATION: Hotel (2 nts), twin-share cabins aboard the Xavier III (7 nts)

HIGHLIGHTS: Seven-night cruise • Tortoise breeding centre (San Cristóbal) ■ Kicker Rock & Chinese Hat snorkelling • Santa Cruz highlands • Charles Darwin Research Station - Iguanas (Santa Fe)



LAND & SEA: CENTRAL & SOUTH ISLANDS

FB£2,299

ACCOMMODATION: Hotel (3 nts), twin-share cabins aboard the Yolita (3 nts)

HIGHLIGHTS: Three-night cruise • Tortuga Bay hike & kayak • See giant tortoises in the wild • Visit Post Office Bay • * Snorkel at Corona del Diablo • Explore Santa Cruz Island



SOUTH & EAST ISLANDS

FB£2,539

ACCOMMODATION: Hotel (2 nts), twin-share cabins aboard the Yolita [4 nts]

HIGHLIGHTS: Four-night cruise • Isia Lobos, Kicker Rock, and Gardner Bay snorkelling • Visit to the Charles Darwin Research Station (Santa Cruz Island) ■ See blue-footed boobies & frigatebirds



CENTRAL, SOUTH & EAST ISLANDS

FR£3,579

ACCOMMODATION: Hotel (2 nts), twin-share cabins aboard the Yolita (7 nts)

HIGHLIGHTS: Seven-night cruise ■ Post Office Bay • Frigate birds and blue-footed boobies (North Seymour Island) • Isla Lobos, Kicker Rock, Gardner Bay & Corona del Diablo snorkelling • Giant tortoises



NORTH, WEST & CENTRAL ISLANDS

FR£3,579

ACCOMMODATION: Hotel (2 nts), Estrella twin-share (bunks) cabins (7 nts)

HIGHLIGHTS: Seven-night cruise • Red-footed boobies excursion (Genovesa Island) • Bartolomé Island hike to viewpoint overlooking Pinnacle Rock • Sierra Negra Hike (Isabela Island)

A© ©M2© YOLITA

SERVICE LEVEL

Upgraded.

CAPACITY

16 passengers.

CABINS

8 spacious cabins with queen or twin side-by-side beds (no bunks) all with private bathrooms, air con and large windows

MEALS

6 breakfasts, 4 lunches, 4 dinners.

TRANSPORT

Plane, motorised yacht (Yolita), van, pang a, private bus.

CREW

7 crew plus a bilingual local naturalist guide certified by the Galapagos National Park Authority.

BOAT LAYOUT

Large aft porch with couches and lounge chairs. An elegant dining room, lounge and bar for meals and briefings.

AMENITIES

Snorkelling equipment, beach towels and wetsuits included. Comprehensive breakfast, lunch and dinner are included each day.



GALÁPAGOS ADVENTURE: SNORKELLING & SEA LIONS

SMALL GROUP ADVENTURE (18-39s)

PRICE
FR £ 1,349

DURATION
9 DAYS

ROUTE
QUITO - QUITO

- WE LOVE -

PERU, BOLIVIA, ECUADOR & COLOMBIA



HIGHLIGHTS



ECOLOGICAL RESERVES

Visit the Giant Tortoise Breeding Centre where, although they are slow, they sure are busy.



SIERRA NEGRA VOLCANO

Sierra is one of the largest volcanoes in the Galapagos Islands and a beaut of a caldera.



QUITO

Wore than just a rest stop to the islands, this town is only 16km from the active Pichincha Volcano!

DAYS 1-2 Quito / San Cristóbal Island

Arrive in Quito (well, officially San Francisco de Quito if we're being pedantic guys] at any time For your welcome meeting and get the lawdown on what lies ahead. Fun fact; Ecuador's cultural capital was the first city in the world to be declared a UNESCO World Heritage Site. The next day, you hop on a flight to the Galapagos Islands. Head to the Interpretation Centre that afternoon to learn about the area's natural history, discover the trails surrounding the centre and choose to go snorkelling at nearby Las Tijetas. (B)

DAYS 3-4 San Cristóbal Island / Isabela Island

San Cristobal Island is your very own stomping ground, so opt to snorkel at Kicker Rock, visit Playa Mann or head to La Loboda. La Loboda is totally overrun with sea lions, so you have plenty of opportunities to spat these friendly residents. The next day, board a speedboat and venture on to Isabela Island, keeping your eyes wide open for wildlife en route. The seahorse-shaped Isabela Island, at 100 kilometres long, is the largest in the Galapagos. That evening, you eat at a G for Good community restaurant to help local tourism before travelling on to Isabela. (L, D)

DAYS 5-6 Isabela Island / Santa Cruz Island

Five of Isabela Island's six volcanoes are still considered active and a full-day island tour takes you hiking up to the summit of Sierra Negra to inspect the world's second-largest crater. Trust us, the views are pretty spectacular up top. Set up camp in the Foothills of the volcano, around a 15-minute drive from Puerto Villamil. During your stay, opt to visit the Giant Tortoise Breeding Centre and the Flamingo Lagoon (where they all come to feed at dusk) and relax on the beach alongside huge marine iguana colonies. Transfer back to Santa Cruz Island and visit the Charles Darwin Research Station. The centre carries out essential scientific research in ensuring the conservation of the Galapagos archipelago. Next, you can blow off steam and enjoy a night out in the town of Puerto Ayora. [2B, 0)

DAYS 7-9 Santa Cruz Island / Quito

Transfer to Santa Cruz and choose to visit the highlands, hike out to the spectacular Tortuga Bay or discover the incredible Las Grietas lagoon - the choice is yours! Las Grietas literally means 'crevasses', so you'll find this spot is the perfect place to take a cool and shady dip. That evening, you may well find yourself watching a volleyball match in the evening (a popular local pastime) before the trip ends on Day 9. (2B)

Tour Code: GASEQC



ACCOMMODATION

Multi *Share hostel [4 nts], camping (2 nts), hotels (2 nts)



INCLUDED MEALS

5 breakfasts, 1 lunch, 2 dinners



TRANSPORT

Plane, speedboat, van, truck, public bus

NEED TO KNOWS

TRIP STYLE: 18-to-39s

AGE GROUP: Exclusively for 18-39s

GROUP LEADER: Certified naturalist guide in the Galapagos, local rep in Quito

GROUP SIZE: Max 16, Avg 12

DEPARTURES 2020/21

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
04	01	06	04	02	06	04	08	04	03	07	05
06	00	14	10	11	12	06	14	12	05	13	11
11	15	16	13	16	15	10	17	14	17	16	19
18	21	20	18	20	13	22	18	24	21	21	09
24	24	23	24	23	27	10	23	21	26	27	25
27	29	20	27	24	29	20	26	31	28	23	30
		30		25	25						
				30	27	31					

INCLUDED ACTIVITIES

- Snorkel with sea lions
- * Island hop by public speedboat
- * Camp in the Isabella Highlands
- * Visit Charles Darwin Research Station
- * Hike to Sierra Negra volcano



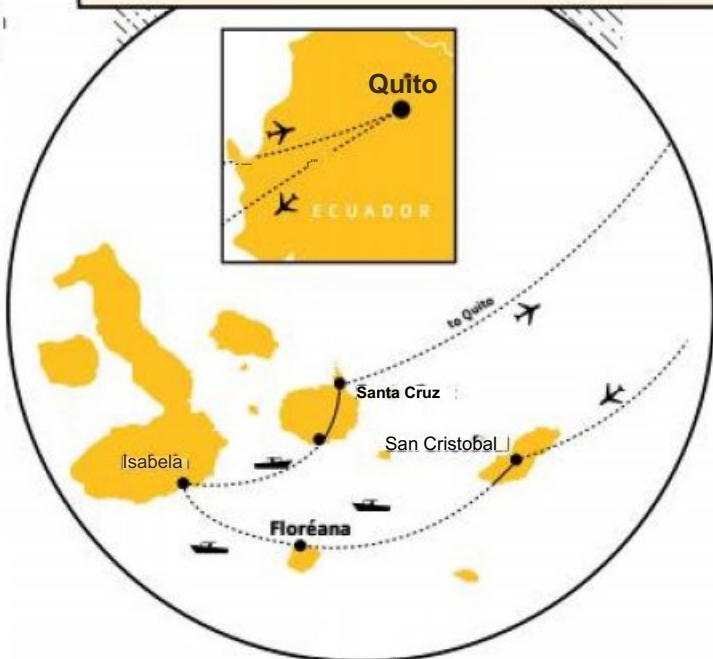
G Adventures

LIKE THAT? TRY THIS...

Shorten your trip

Galapagos Express Adventure:
Wilderness & Wildlife
(7 days, San Cristóbal - Puerto Ayora)
(GASEGB)

Fr£999



GALÁPAGOS ISLAND HOPPING WITH QUITO

PRICE
FR £1,799

DURATION
9 DAYS

ROUTE
QUITO - QUITO



DAYS 1-2 Quito / Santa Cruz Island

Admire the intricate architecture of Quito's Golden Church and wander the foodie hub of Mercado Central. Next day, fly to Baltra in the Galapagos and visit the Charles Darwin Research Station which was once home to last-of-his-kind Lonesome George. (B)

DAYS 3-4 Floréana Island

Trek through a cactus forest en route to Las Grietas* amazing lagoon for a cheeky dip. Then its over to Floréana Island for a night with local residents as part of a developing ecological community tourism programme. Bed down in G for Good community guesthouses and eat in the community restaurant. The 900-metre path of Loberia leads you to the islands black-sand beaches that are ideal For snorkelling. (2B, L, 2D)

DAYS 5-6 Isabela Island / Santa Cruz / Quito

Isabela Island is the largest, youngest and most volcanically active of all the Galapagos. You won't have to go far to cross paths with a resting sea lion, a marine iguana, blue footed boobies or a rare Galapagos penguin. Visit the Giant Tortoise Breeding Centre and the lava fields on a volcano hike up the active Sierra Negra. You may also opt for a wildlife boat excursion to Tsiote Tintoreras' to view breeding white-tip reef sharks. (2B)

DAYS 7-9 Santa Cruz / Quito

TransFer back to Baltra to fly to Quito. Enjoy a final Fling exploring the vibrant nightlife of this lively capital city before your trip comes to an end. (3B)

Tour Code: GASEQI



ACCOMMODATION

Hotels (6 nts), guesthouse [2 nts]



INCLUDED MEALS

S breakfast s, 1 lunch, 2 dinners



TRANSPORT

Plane, private van, boat

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Certified naturalist guide (Galapagos), local rep (Quito)

GROUP SIZE: Max 16, Avg 12

INCLUDED ACTIVITIES: G for Good Floreana Community Restaurant, snorkelling, hikes to Sierra Negra volcano and Tortuga Bay, visits to Charles Darwin Research Centre, Las Grietas, Flamingo Lagoon, Giant Tortoise Breeding Centre

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar
12	02	08	12	03	12	09	06	04	01	13	10	14	14	14
26	09	15	19	17	26	23	20	18	15	20	24	21	21	28
		22	31							29	27	28		

MY OWN ROOM: Fr £519

G Adventures



GALÁPAGOS MULTISPORT WITH QUITO

PRICE
FR £1,979

DURATION
10 DAYS

ROUTE
QUITO - QUITO



DAYS 1-3 Quito / Santa Cruz

Arrive into Quito at any time and fly to Santa Cruz on Day 2. This island is home to the Charles Darwin Research Station, which works to maintain conservation efforts in the Galapagos. The highlands beckon you to spy giant tortoises in their natural habitat, kayak the Itabaca Canal and don a snorkel to see the diverse underwater life first hand. (2B, 2L)

DAYS 4-5 Santa Cruz / Floréana Island

You've got a free morning in Santa Cruz before travelling by boat to Floreana Island. Get settled into your 6 for Good-supported community guesthouse, then snorkel off Black Beach. This is albatross territory so keep an eye out. Head to the highlands for tales of pirates and whalers before walking back to Loberia beach. (2B, L, 2D)

DAYS 6-7 Floréana Island / Isabela Island

Next up, Isabela! Head to Las Tintoreras, otherwise known as Shark Alley, for a kayak excursion and snorkel to observe white-tip reef sharks, manta rays and an array of bird life. See the world's second-largest crater at the Sierra Negra Volcano, stopping at the Giant Tortoise Breeding Centre on the way back. (2B, 2L)

DAYS 8-10 Isabela Island / Santa Cruz / Quito

With a free day on Isabela, the island is your oyster before spending an evening in Puerto Ayora. Here, you might catch a local volleyball game in the town square. Fly back to Quito on Day 9 For a Final night on the town before leaving next morning. (3B)

Tour Code: GASEGL



ACCOMMODATION

Hotels (7 nts), guesthouses (2 nts)



INCLUDED MEALS

9 breakfasts, 5 lunches, 2 dinners



TRANSPORT

Plane, speedboat, van, truck, public buses, Panga boat

TRIP STYLE: Active

AGE GROUP: Min 12

GROUP LEADER: Certified naturalist guide (Galapagos), local rep (Quito)

GROUP SIZE: Max 15, Avg 10

INCLUDED ACTIVITIES: G for Good Floreana Community Restaurant & Guesthouse., highlands excursion, kayaking, snorkelling, biking, volcano hike, visits to Charles Darwin Research Station and Giant Tortoise Breeding Centre

DEPARTS: Selected Saturdays

MY OWN ROOM: Fr £559

G Adventures



LIKE THAT? TRY THIS...

Ecuador Multisport
9 days [BASEEM]

Fr£729

LAVA LINE WITH ME TO WE

PRICE
FR £1,155

URATEON
7 DAYS

ROUTE
QUITO - GUAYAQUEL



DAYS 1-2 Quito / Minga Lodge

Welcome to Quito. Get stuck in right away with a city tour and journey to the Middle of the World. Yup, Quito is where you go to stand right on the equator. The next three days have the secluded and beautiful Minga Lodge in store and we're so ready for her. Your ME to WE rep will get you up to speed on what you'll be doing, as well as the WE Villages' development model. (B, DJ)

DAY 3 Minga Lodge

At the WE Village, you'll meet local community members, learn about their initiatives and get stuck in with whichever project is currently in progress, such as laying the Foundation for a new classroom. Round off the day with a traditional Shamanic Ceremony, then learn all about indigenous weapons from a local hunter. (B, D)

DAYS 4-5 Baños

You're off to the adrenalin capital of Banos this morning for your next adventure. Expect to see tumbling valleys, gushing waterfalls, and the still-active Volcan Tungurahua. Spend your evening shaking your hips with an included salsa lesson. Day 5 is a day of adventure. Opt to go horse riding, canyoning or ziplining. And it's no ordinary ziplining - fancy doing the superman? (2B, L, 20)

DAYS 6-7 Guayaquil

Set your sights on Guayaquil and see the riverfront or the historic neighbourhood of Las Peñas. If you're a seafood lover, we've heard the ceviche is pretty damn good here. Your trip ends the next day after breakfast. (2B)

Tour Code: COYMYM



ACCOMMODATION

Hotels (4 nts), lodge (2 nts)



INCLUDED MEALS

6 breakfasts, 1 lunch, 4 dinners



TRANSPORT

Coach

TRIP STYLE: In-Depth Explorer

AGE GROUP: Exclusively for 18-35s

GROUP LEADER: Trip Managers, English-speaking local guides

GROUP SIZE: Max 30

INCLUDED ACTIVITIES: Three-day ME to WE Special Stay experience, Amazonian night walk and wildlife-spotting, salsa lesson, guided tour of Quito, visit the Intinan Museum

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
14	11	3	21	19	09	07	25	15	13	03	01	19		
		31				28					22			

MY OWN ROOM: Fr £299

contiki



GALÁPAGOS ISLAND HOPPER

PRICE
FR £1,885

URATEON
6 DAYS

ROUTE
GUAYAQUIL - GUAYAQUIL



DAYS 1-2 Guayaquil / Isabela Island

After exploring Ecuador's largest city, hop from Guayaquil, skip off of Santa Cruz Island and jump on to Isabela Island. This island is the inspiration behind Charles Darwin's 'On the Origin of Species' and home to wildlife you won't find anywhere else in the world. Your sea kayaking adventure calls for keen eyes to lookout for green sea turtles. (B, DJ)

DAY 3 Santa Cruz Island

Stroll down to the beach and the Tortuga Bay. Wildlife fanatics will be in their element - the island is known for sharks, rays, turtles, great blue herons and even blue footed boobies. Spend your time sunbaking next to a marine iguana or roam the streets stopping off in cute cafés for Fresh juice. [B]

DAY 4 San Cristóbal Island

Your stint on Santa Cruz wraps up with a visit to the Charles Darwin Research Station. The Research Station is a mini miracle in action, where countless species of tortoise and land iguanas have been saved from the brink of extinction. Sail for San Cristóbal, keeping your eyes peeled for cute sea lions. Just kidding, you won't have to look too hard as they're literally everywhere. (B)

DAYS 5-6 San Cristóbal Island / Guayaquil

Cruise to Kicker Rock, a natural phenomenon that sticks out of the ocean. Jump in and explore, keeping a look out for chocolate chip starfish and Galapagos sharks. Your trip ends after your flight back to Guayaquil. (2B, L, 0)

Tour Code: C06AIH



ACCOMMODATION

Twin-share hotels (5 nts)



INCLUDED MEALS

5 breakfasts, 1 lunch, 2 dinners



TRANSPORT

Coach, plane, boat

TRIP STYLE: In-Depth Explorer

AGE GROUP: Exclusively for 18-35s

GROUP LEADER: Trip Managers, English-speaking local guides

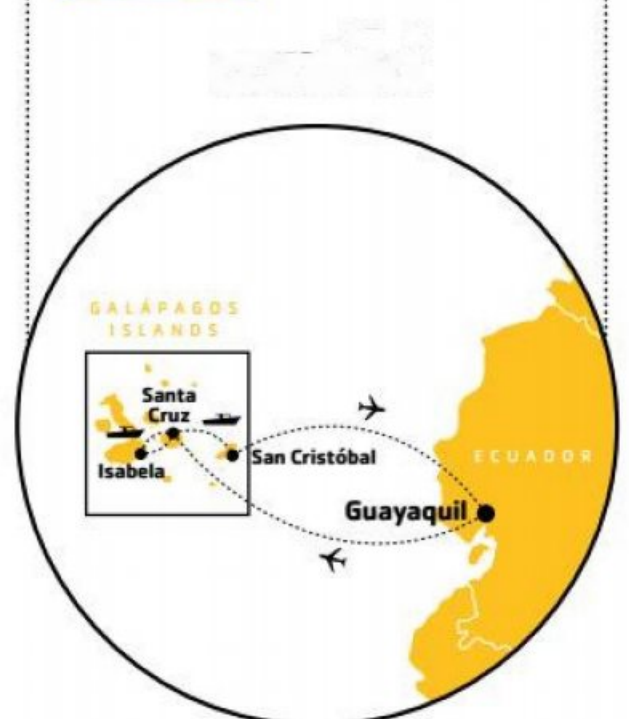
GROUP SIZE: Max 25

INCLUDED ACTIVITIES: Snorkelling, hike on Santa Cruz Island, visit to the Charles Darwin Research Station, kayaking, boat ride to lava tunnels

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
20	17	09	06	25	15	13	03	21	19	09	07	25		
			27			31					28			

MY OWN ROOM: Fr £395



ECUADOR & GALÁPAGOS ISLAND HOPPER ®

PRICE
FR £2,445

DURATION
12 DAYS

ROUTE
QUITO - GUAYAQUIL



EXCLUSIVELY FOR 18-35s

DAYS 1-5 Quito / Tena / Baños

Mosey through Quito before visiting the Equator far a walk between the hemispheres. Then, its on to Tena in the heart of the rainforest, also the cinnamon capital of Ecuador. Baños is next and nestled under the Tungurahua Volcano, where outdoor pursuits await as well as an included salsa lesson to get those hips moving. (4B, 3D)

DAYS 6-8 Guayaquil

It's on to bustling Guayaquil, Ecuador's main port and largest city. After an evening stroll on the promenade, fly on over to the Galápagos to see underwater lava tunnels and giant tortoises in their natural habitat Isabela Island is first up, where you can snorkel alongside reef sharks, marine iguanas and playful sea lions. (3B, D)

DAYS 9-10 Isabela Island / Santa Cruz Island / San Cristóbal Island

After a free morning in laid-back Isabela, sail to Santa Cruz's Tortuga Bay. This incredibly biodiverse area is packed with mangroves, sandy beaches and cheeky marina iguanas. On Day 10, visit the Charles Darwin Research Station before heading to San Cristóbal Island where you can opt to go paddleboarding. (2E3J)

DAYS 11-12 San Cristóbal Island / Guayaquil

After a bird-spotting coastal cruise, it's time to snorkel around Kicker Rock, an awesome spot home to eagle rays and hammerhead sharks. Later, head back for a feast, returning to Guayaquil on Day 12. (2B, L, D)

Tour Code: COQLIGU



ACCOMMODATION

Twinn-share hotels (.11 nts)



INCLUDED MEALS

11 breakfasts, 1 lunch, 5 dinners



TRANSPORT

Private air con coach, mini coach or van, plane, boat

TRIP STYLE: In-Depth Explorer

AGE GROUP: Exclusively for 18-35s

GROUP LEADER: Trip Manager, English-speaking local guide

GROUP SIZE: Max 25

INCLUDED ACTIVITIES: Quito guided tour, diving and snorkelling around Kicker Rock

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
14	11	03	21	19	09	07	25	15	13	03	01	19	19	21
						28					22			

MY OWN ROOM: Fr £505



VOLUNTEER GALÁPAGOS ISLANDS

PRICE
FR £913

DURATION
10+ DAYS

ROUTE
SAN CRISTOBAL, GALÁPAGOS



Kick things off in Quito with a trip to the Equator, aptly known as the Middle of the World. The next day, catch a flight to the volcanic shores of San Cristóbal, where your project is based. A volunteer role here requires green fingers, as you'll spend weekdays working on a conservation initiative to help protect the growth of native plants by removing foreign species from their habitats. After five days of physical work, spend a full day at leisure exploring the island's unique animals, including marine iguanas, giant tortoises, Sally Lightfoot crabs, blue footed boobies and Galápagos fur seals.

Tour Code: QU I GAL



HIGHLIGHTS

WILDLIFE CONSERVATION

Be part of the pioneering conservation efforts in the Galápagos by helping to nurture island's endemic diversity.

GALÁPAGOS ISLANDS

There is no overstating the magic of this archipelago where uniquely-evolved animals roam free with no natural predators.

NEED TO KNOWS

PROJECT START DATE: Fridays

PROJECT LOCATION: San Cristóbal Island, Galápagos Islands

GETTING THERE: Airport and project transfers included. Flights from/to Quito not included

ACCOMMODATION: Shared room in Quito hostel (2 nts), shared room in the San Cristóbal Highlands £7 nts)

MEALS: Not included

NOTE: As an independent voluntour, you will only have a guide during specified activities; Galápagos fees are not included

STAY LONGER: Fr £284

THE PROJECT

Located in the highlands of San Cristóbal, this programme is run by a local partner that works closely with the Galápagos National Park to replace invasive plant species with endemic ones, which are cared for and nurtured in the nursery before being taken to root in the wild.



GALÁPAGOS ISLAND HOPPING

PRICE
FR £1,084

DURATION
5 DAYS

ROUTE
BALTRA - 5AN CRISTOBAL, GALÁPAGOS ISLANDS FSyl



INDEPENDENT TOUR

This five-day tour will give you access to this knock-out national park and the chance to explore the islands that hold the keys to Darwin's Theory of Evolution. Head to one of the nearby islands of Santa Fe, Bartolome, Plazas or North Seymour. Snorkel among abundant marine life, go bird watching and look for elusive land iguanas. See the sunbathing sea lions in San Cristobal before a day tour to Isla Lobos or Kicker Rock to swim with sea lions, rays, turtles, octopi and sharks. Say adios on Day 5 and depart anytime.

Tour Code: **BEGPSIH4**

AGE GROUP: Min ?

GROUP LEADER: English-speaking Guides


GROUP SIZE: Max 16

INCLUDED ACTIVITIES: Snorkelling

ACCOMMODATION: Budget, Standard or Superior hotels {4 nts}

MEALS: 4 breakfasts, 2 lunches

DEPARTS: Daily

 Itinerary is subject to changes due to weather conditions



ECUADOR AMAZON ECO LODGE ADVENTURE

PRICE
FR £533

DURATION
4 DAYS

ROUTE
QUITO - QUITO



SMALL GROUP ADVENTURE

Situated along the banks of the Arajuno River, the Itamandi Amazon Lodge is an ideal spot to observe the Amazon Rainforest. And you have three nights in your eco lodge to settle in amid the forest sounds. Explore by motorised canoe and by foot at all times of the day, visiting parrot clay licks, a native Quechua community and the Isla Anaconda - famous not for its snakes, but for the Hoatzin, a prehistoric bird. A visit to a rescue centre for Amazonian wildlife is where you'll find a range of monkey species, macaws, ocelots and capybaras.

Tour Code: **BEU IO&CU**

AGE GROUP: All ages

GROUP LEADER: Spanish-speaking naturalist guide and English translator during activities

GROUP SIZE: Min 1

INCLUDED ACTIVITIES: Stay in an eco lodge, meet the local indigenous Quechua community, visit to the Amazon rainforest and wildlife rescue centre

ACCOMMODATION: Eco lodge (3 nts)

MEALS: 3 breakfasts, 2 lunches, 3 dinners

DEPARTS: Daily

NOTE: This is a Flexible program. What you do and on which day, depends on the weather, your guide and your arrival day.



LOCAL LIVING ECUADOR AMAZON JUNGLE

PRICE
FR £473

DURATION
7 DAYS

ROUTE
QUITO - QUITO



SMALL GROUP ADVENTURE

After exploring Quito, dive into the Amazon to spend four fab nights in rustic wooden huts with a Quichua family. Over the next three days, embark on guided hikes to waterfalls, a cacao culinary tasting and a canoe ride to a local animal rescue centre. Get your bearings with a walk to a viewpoint that stuns and then pamper yourself with a natural mud face mask. Before your return to Quito, get a taste of traditional customs with a shamanic healing ceremony and a mock jungle marriage ceremony in the local community.

Tour Code: **GASEJL**

TRIP STYLE: Local Living

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local Quichua guides

GROUP SIZE: Max 16, Avg 10

INCLUDED ACTIVITIES: G for Good Shandia biking S community experience, stay in the Amazon Rainforest, learn Quichua traditions, visit an animal rescue centre

ACCOMMODATION: Jungle lodge {4 nts}, hotel {2 nts}

MEALS: 4 breakfasts, 3 lunches, 4 dinners

DEPARTS: Selected Saturdays

 **G Adventures**

ECUADOR: AMAZON, HOT SPRINGS & VOLCANOES

PRICE
FR £1,179

DURATION
9 DAYS

ROUTE
QUITO - QUITO



DAYS 1-3 Quito / Otavalo / Papallacta

Arrive at any time on Day 1. then drive to the highlands with a stop at the community of Pegudie for a local lunch. Continue to Otavalo and learn how the Indigenous people of the Otavalo region have used the backstrap loom to create their woven goods. Continue to the Papallacta Hot Springs Resort for a dip in thermal pools, optional spa treatments and hiking excursions. (2B, L)

DAYS 4-5 Amazon Rainforest

Visit the Quango private cloud forest reserve for a walk and continue to an Amazon lodge. Settle in and embark on a night walk with a naturalist guide. Depart early by canoe to visit a parrot day lick. Visit an animal rescue centre, then later, meet a local Family to learn about their traditions and daily life. (26, 2L, 2D)

DAY 6-7 Amazon Rainforest/ Baños

Depart the Amazon to Baños, a stunning town surrounded by volcanoes. Along the way, visit the Omaere Ethnobotanical Park and discover ethnobotany. Free day to explore Baños where there are numerous optional activities such as hiking, horseback riding, visits to hot springs., and mountain biking. (2B)

DAYS 8-9 Quito

Drive back to Quito along the scenic Avenue of Volcanoes with a visit to Cotopaxi National Park en route. Enjoy stunning views of the perfectly shaped volcano (it's one of the highest active volcanoes in the world). Depart at any time, on Day 9. (2B)

Tour Code: GASEANG



ACCOMMODATION

Hotels (4 nts), historic hacienda (1 nt), jungle lodge (2 nts), hot springs resort (1 nt)



INCLUDED MEALS

8 breakfasts, 3 lunches, 2 dinners



TRANSPORT

Private van, motorised canoe

TRIP STYLE: National Geographic Journeys

AGE GROUP: Min 12

GROUP LEADER: CEO throughout, local guides

GROUP SIZE: Max 16, Avg 10

INCLUDED ACTIVITIES: Visits to the Otavalo Weaving studio, Omaere Ethnobotanical Park and volcanoes, learn about traditional handicrafts and folk art, guided walk through the Amazon jungle

DEPARTURES 2020:

Jan	4	Mar	1	5	8	11	14	17	20	23	26	29	31
03	07	06	10	01	05	03	07	11	16	06	04	18	
31	21	20	27	15	19	1:7	29	25	30	20			

MY OWN ROOM: Fr £56:9



INLAND & AMAZON

PRICE
FR £1,049

DURATION
14 DAYS

ROUTE
QUITO - QUITO



DAYS 1-4 Quito / Baños / Tena

Journey to Baños* hot springs for a host of outdoor activities. Opt to go hiking, ziplining and canyoning if you're craving an adrenalin kick. Or, simply choose to soak in the local hot springs. Day 4, leave the mountains behind and enter the Amazon Rainforest. Bed down for two nights in rustic jungle huts in a local Quichua community and explore the area on nature walks. (B, L, D)

DAYS 5-6 Tena / Amazon Jungle / Papallacta

A Full day in the Amazon is for learning about local life in the jungle, venturing on walks with a local shaman. Opt to go canoeing or to brave the rapids on a white water rafting trip. Then, you're on to Papallacta for a soak in the natural mineral hot pools and a G for Good Shandia biking and community experience. (2B, L, D)

DAYS 7-8 Papallacta / Quito / Otavalo

Wake up to another go in the hot springs before heading back to Quito. Peruse the largest handicraft market in South America - Otavato. It's completely bursting with colourful local handicrafts. Villagers From the surrounding countryside come to this market each week. (2B)

DAYS 9-14 Cotopaxi / Alausí / Cuenca / Quito

It's Cotopaxi next for mountain bike trails, lagoon visits and a night in a mountain lodge. All aboard a train bound: far Devi Ts Nose, a daring railway built high in the Andes. Tick off the last of the colonial sights on your free day in enchanting Cuenca. Fly back to Quito on Day 13 before your tour wraps up the following day. (6 B)

Tour Code: GASEIA



ACCOMMODATION

Hotels (9 nts), simple village cabanas (2 nts), rustic mountain lodge [2 nts]



INCLUDED MEALS

11 breakfasts, 2 lunches, 2 dinners



TRANSPORT

Public bus, plane, taxi, canoe, private van, 4WD, truck

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 16, Avg 12

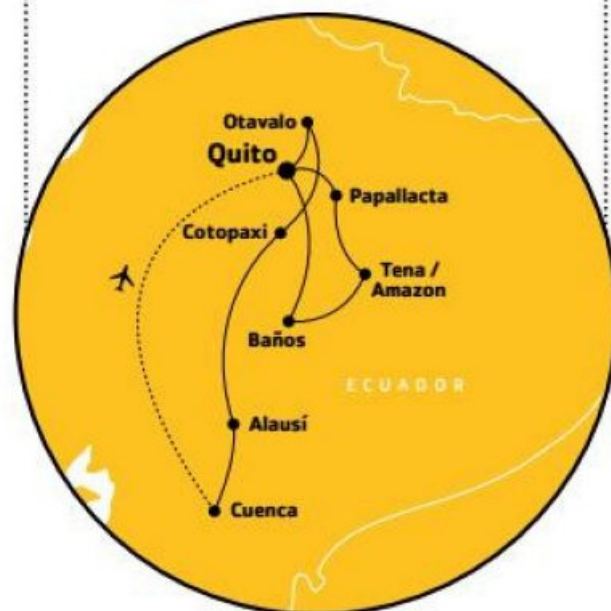
INCLUDED ACTIVITIES: 6 for Good Shandia biking & community experience, Amazon stay, Otavalo Market S Papallacta Hot Springs visit

DEPARTURES 2020:

Jan	Feb	Mar	Apr	May	Jun	Jul	5	8	11	14	17	20	23
11	08	14	11	02	06	04	06	12	10	07	12	19	
25	29	21		16	13	18	15	19	17	21			
				30	27	25	22	26	31	28			

Additional dates are available. Please ask For details.

MY OWN ROOM: Fr £489



ECUADOR ENCOMPASSED

SMALL GROUP ADVENTURE

PRICE
FR £ 1,649

DURATION
17 DAYS

ROUTE
QUITO - QUITO



HIGHLIGHTS



AMAZON RAINFOREST

The ultimate wildlife destination
and your home for a night.



PAPALLACTA HOT SPRINGS

Spend some time in Papallacta's
natural volcanic hot springs.



PUERTO LOPEZ

Get a feel for the laid-back coastal
life of western Ecuador.

NEED TO KNOWS

- TRIP STYLE: Classic
- AGE GROUP: Min 12
- GROUP LEADER: Chief Experience Officer (CEO) throughout, local guides
- GROUP SIZE: Max 16, Avg 12
- DEPARTS: Selected Saturdays

INCLUDED ACTIVITIES

- G for Good Shandia biking & community experience
- Amazon Rainforest experience
- Otavalo Handicrafts market visit
- Cotopaxi National Park visit
- Devil's Nose Train excursion
- * Traditional cacao hacienda visit
- * Papallacta Hot Springs visit
- * Orientation walk of Cuenca



DAYS 1-5 Quito / Baños / Tena / Amazon Rainforest

Drop in to Quito and bus over to the popular resort of Baños. Nestled in the hills of the Andes and renowned for its thermal springs, this is where your adventure kicks off. Two whole days are set aside for making the most of outdoor activities that include hiking, biking, white water rafting, canyoning or ziplining. Then, winding roads bring you to Tena, your gateway to the Amazon! Cut through the forest on a motorised canoe and arrive at your rustic huts, located alongside the local Quichua community. Guided hikes take you through the natural habitats of armadillos, honey bears, sloths, bats, jaguar and monkeys, while nearly 1,000 species of tropical birds fly overhead. (SB, 2L, 2D)

DAYS 6-12 Papallacta / Quito / Otavalo / Cotopaxi / Aiausi / Cuenca

Wake up to the sound of the rainforest and cycle over to the Shandia community for the trip's G for Good offering. Later, take a local bus to the small village of Papallacta in the Eastern Cordilleras and soak up your volcanic surroundings from the natural mineral hot pools. Returning briefly to Quito on Day 7, your next stop is Otavalo - home to the largest handicraft market in South America - en route to Cotopaxi National Park. Your base here is a mountain lodge near the edge of the park with options including a mountain bike ride for views of the park's namesake volcano. Aiausi is the starting point for the spectacular train journey that is the Devil's Nose - a huge engineering feat with a track that travels through incredible mountain scenery and descends nearly a vertical kilometre in height over 45 minutes. Disembark in Silambe and continue to the laid-back city of Cuenca. (6B)

DAYS 13-17 Montañita / Puerto López / Quito

Surfs up in coastal Montañita, but not before a stop at a traditional cacao hacienda. This region is a favourite getaway for young people living in the city, so there's always a buzz around the place. And a second beach awaits you at Puerto López, along with the beautiful Machalilla National Park that surrounds it. There are tons of activities to keep you busy over the next couple of days, including hiking, whale watching (seasonal) and an optional day trip to Isla del Plata, home to a variety of seabirds and fantastic snorkelling to rival that in the Galapagos. Fly back to Quito on Day 16 where you're free to explore on your own or with your group. Be sure to visit the UNESCO-listed Old Town - founded in the 1500s and featuring a whopping 50 churches - and meander around its historic plazas and green parks. You could also opt to straddle the Equator (there are actually two due to a bit of an initial miscalculation) or visit the hummingbirds of Mindo Orod Forest before the tour ends on Day 17. (5B)

Tour Code: GASEEE



ACCOMMODATION

Hotels (12 nts), rustic mountain lodge (2 nts), multi-share village cabanas (2 nts)



INCLUDED MEALS

14 breakfasts,
2 lunches, 2 dinners



TRANSPORT

Public bus, truck, plane,
motorised canoe, van, taxi, 4WD

G FOR GOOD

SHANDIA COMMUNITY TOURISM

THIS PROJECT SUPPORTS AN INDIGENOUS COMMUNITY

Your visit to the Shandia community is part of their collaboration with G for Good to capitalise on the benefits of tourism while retaining their culture and traditions.



HOLA COLOMBIA

EXCLUSIVELY FOR 18-35s

PRICE
FR £2,265

DURATION
18 DAYS

ROUTE
BOGOTA - SANTA MARTA

NEED TO KNOWS

- TRIP STYLE: In-Depth Explorer
- AGE GROUP: Exclusively for 18-35s
- GROUP LEADER: Trip Manager, local guides
- GROUP SIZE: Max 25
- DEPARTURES 2020:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
22	12	11	01 29	20	1,7	08	05 26	23	14	11	25

MY OWN ROOM: Fr £719

INCLUDED ACTIVITIES

- Villa de Leyva walking tour
- El Camino Real hike
- Guided bike tour of Candelaria, Bogota
- Coffee farm visit
- Cocora Valley trek
- Afro-Caribbean cooking class
- Tayrona National Park hike
- * City tours of Medellin, Cartagena & Santa Marta
- * Visits to Salt Cathedral, Castillo de San Felipe, La Quinta de San Pedro Alejandro

HIGHLIGHT in



AFRO-CARIBBEAN COOKING CLASS

Get to know the local cuisine with an Afro-Caribbean cooking class.



COFFEE REGION

Take a tour of a working coffee farm in the Zona Cafetera.



TAYRONA NATIONAL PARK

Explore the gorgeous coastal park on a guided hike.

DAYS 1-4 Bogotá / Villa de Leyva / San Gil

The real Bogotá exploration happens later, but today it's just your meeting point. Join the group in the morning and start the drive north to colonial Zipaquirá, famous for its salt mines and salt cathedral. Your first two nights are spent in historic Villa de Leyva, set high in the Andes and largely unchanged since the 1600s. San Gil, your next stop, is the adventure capital of Colombia. Your included activity on Day 3 is a two-hour hike along the Camino Real to the charming village of Guane, before it gets serious the next day with optional caving, canyoning or rafting. The nearby swimming holes provide a slightly less high-octane activity option. (3B, 20)

DAYS 5-8 Bogotá / Salento

Take a one-way flight to Bogotá. One of the best ways to explore Colombia's capital is on a bike, so take to two wheels and set out on a guided tour of La Candelaria. Check out the city's famous street art, with interpretations of Bogotá's past and present. The afternoon is yours to explore at leisure. Sign up for a graffiti workshop and, if you're after some authentic local food for lunch, we'd recommend a visit to the Mercado La Concordia. It's a change of pace on Day 7 as you leave the city for the cooler air of Zona Cafetera. Carpeted with coffee farms, Salento is the setting for your farm visit where you'll learn about the production process. The next morning, choose from taking on the included Cocora Valley trek or opt for a hot-air balloon flight over the region. (4B, L, D)

DAYS 9-13 Medellín / Cartagena

The next few days take in Colombia's second and third cities. First up is Medellín, a city nicknamed the City of Eternal Spring due to its nearly perfect weather. Get the lowdown on the city's history on a walking tour, then spend the next day at leisure. Next up, Caribbean Cartagena. Explore the city by day on a guided tour, then pick up supplies for tonight's Afro-Caribbean cooking class. (SB, L, 2D)

DAYS 14-18 Palomino Beach / Tayrona National Park / Santa Marta

Drive north along the coast with the Sierra Nevadas on one side and the Caribbean Sea on the other until you get to laid-back Palomino Beach. A full day here means a complete time out before your transfer to Tayrona National Park. A hike in the park takes you through the jungle to a small indigenous community then on to the beach of Cabo San Juan. Sleep in hammocks under the stars then make for Santa Marta on Day 17. (SB, L, 2D)

Tour Code: COBOSM



ACCOMMODATION

Twin-share hotels (14 nts), hostel (2 nts), camping (1 nt)



INCLUDED MEALS

17 breakfasts, 3 lunches, 7 dinners



TRANSPORT

Private coach, plane

LIKE THAT? TRY THIS--

Shorten your trip

Colombia Quest
(12 days, Bogotá - Medellín)
(COBO ME)

Fr £1,525

Colombian Coasts & Culture
(9 days, Medellín - Santa Marta)
(COMESM)

Fr £1,179



COLOMBIA UNCOVERED

EXCLUSIVELY FOR 18-35s

PRICE
FR £ 1,395

DURATION
12 DAYS

ROUTE
MEDELLIN - CARTAGENA

PERU, BOLIVIA, ECUADOR & COLOMBIA

NEED TO KNOWS

AGE GROUP: Exclusively for 18-35s

GROUP LEADER: Local guides

GROUP SIZE: Max 20

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
			04	02	13	11	03	05	19	17	12
			18	16	27	25	22		31	28	19
				30							

INCLUDED ACTIVITIES

- Medellin city tour
- El Pend rock climb
- Guatape and local coffee farm visit
- Surf lesson
- Isla Roots private island getaway



HIGHLIGHT in



CARTEGENA

Although it's nicknamed the Walled City, Cartagena is nothing short of open and bursting with life.



TAYRONA

With fab stretches of sand and jutting mountains, this is definitely the coastest with the mostest.



WILDLIFE SPOTTING

It seems impossible that so many colourful critters can be huddled into one place, but here we are.

DAYS 1-3 Medellin

Immerse yourself in Medellin's city life, diving into its well-known history on a tour. Head over to the once-notorious Comuna 13 to snap some photos of the famous street art and travel the escalators into the neighbourhood. There's no better way to start Day 3 than by climbing the 650 stairs up El Penal Rock for breathtaking views before heading to Guatape, Colombia's most colourful town and an Instagram hotspot. Next up, get your caffeine fix at a local coffee farm and discover why the coffee is country's biggest export. (L)

DAYS 4-6 Santa Marta / Viajero Tayrona

Swap the city streets for the steamy jungle with a flight over to Santa Marta. A 4WD takes you deep into the Colombian jungle to Minca, a nature lovers' paradise adorned with wildlife and waterfalls. Check out some off-the-beaten-track spots before heading towards the mountains. It's beach time baby, so make a break for those sandy stretches lined with coconut palms. You stay at arguably the plushiest hostel in the country - Viajero Tayrona - which has a private beach. Sip on a cocktail at the beach bar, play a game of volleyball and have a group bonfire on the beach. (L)

DAYS 7-9 Viajero Tayrona / Cartagena / Isla Roots

A surf lesson is a great way to wake up and get into the flow of the day. You've still got the hostel at your disposal, so take a stroll along the sand and bring out your inner beach bum. Head down the coast to Cartagena, arriving just in time for sunset drinks. After a boat drops you off at Islas de San Bernardo, a group of islands two hours away from Cartagena, spend the next couple of nights at Isla Roots, set deep in the mangroves. Try your hand at water skiing, wakeboarding, kayaking and paddleboarding if you fancy. (ZB)

DAYS 10-12 Isla Roots / Cartagena

You're in for a treat today as you head off on a private boat for a Caribbean island-hopping adventure. Spend the entire day jumping from island to island, stopping off for a dip in the crystal-clear waters and snorkelling. Visit Santa Cruz del Islote (the most densely populated island in the world), stop off at the quiet Tintipan Island (home to many exotic birds), then cruise over to the coral island of Murcura. Leap back onto the mainland and make for Cartagena. Wander around the city's enchanting Old Town, taking in its colonial architecture, vibrant street life and delicious food. Depart at any time after breakfast on Day 12. (3B)

Tour Code: TTUSMMC



ACCOMMODATION

Hotels (11 fits)



INCLUDED MEALS

5 breakfasts, 2 lunches



TRANSPORT

Coach



#StartTheAdventure

WE KNOW
BECAUSE WE GO

"If you can, see out the sunset at Café del Mar on the sea wall of Cartagena's Old Town. Chilled music, great vibes and cocktails."

EMILY, REGIONAL SALES
MANAGER IN AUCKLAND



COLOMBIA EXPRESS

PRICE
FR £1,179

DURATION
9 DAYS

ROUTE
BOGOTÁ - CARTAGENA



DAYS 1-3 Bogotá / Armenia

Colombia's bustling capital awaits, so bond with your group while walking through its cobbled Old Town. On Day 2, fill up at Paloquemao market for brekkie before flying to Armenia in Colombia's Coffee Triangle. Two nights at a traditional hacienda will recharge you before a tour of a coffee farm in the Calarca region. Learn about the coffee culture and sip some of the good stuff. (20, L)

DAYS 4-7 Salento / Medellín / Guatapé

Take your caffeine high and hike through the green landscapes of the Cocora Valley, dotted with hundreds of cloud-hitting palms. Soak up more of the coffee vibes at the lively market town of Salento in the region of Quindío. It's worth it to hit up one of the town's cafés, or even opt to go horseback riding. (B)

DAYS 5-7 Medellín / Guatapé

Stunning scenery leads the way to Medellín, Colombia's favourite city. After a neighbourhood tour, discover the regenerating city for yourself. Ride up to Arvi Park anti hang out in artists' houses and among the sculptures of Plaza Botero. There's also a free day where you can opt to visit Guatapé's colourful houses and artificial lake. (SB)

DAYS 8-9 Cartagena

Take a morning flight to Cartagena on the Caribbean Coast. Explore the Old Town, walk the colonial city walls, dine on the beach and dance your final night away. Live music and spontaneous dancers can be found on practically every corner, so you won't have to look far. (2B)

Tour Code: GASMCQ



ACCOMMODATION

Hotels (6 nts),
hacienda [2 nts]



INCLUDED MEALS

B breakfasts, 1 lunch



TRANSPORT

Plane, private van,
public bus, 4WD

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer
(CEO), local guides

GROUP SIZE: Max 16, Avg 12

INCLUDED ACTIVITIES: Valle de Cocora hike.,
Medellín city walk, Cartagena orientation tour

DEPARTURES 2020:

£	JS	04	01	07	04	02	06	04	01	05	03	07	05
11	06	14	11	16	20	18	15	26	17	21	24	26	
25	22	28	25	30	25	29	31						

MY OWN ROOM: Fr £339

G Adventures



LIKE THAT? TRY THIS-

Medellín to Bogotá Adventure

12 days (GASMMB) See page 48

Fr£899

CARIBBEAN COLOMBIA EXPRESS

PRICE
FR £1,099

DURATION
8 DAYS

ROUTE
CARTAGENA - SANTA MARTA



DAYS 1-2 Cartagena

Meet your group and bond over a tour of the Old Town the next day. Cartagena is to die for, peppered with colourful bars and flowery balconies. In your free time, learn about the local history at the Zenu Gold Museum, hang out in canary-yellow pavement cafés and work up the confidence to salsa in rum-spirited bars. [B]

DAYS 3-4 Tayrona National Park

Journey into the hills around the small village of Minca and enjoy a free day. Make the most of the fresh mountain air with optional hikes to nearby waterfalls or a visit to a local coffee plantation. After eating a local lunch, drive to Tayrona National Park. Find your bearings in this coastal park on a guided hike, and settle in for the night at a nearby lodge. (3B, L)

DAYS 5-6 Tayrona National Park / Taganga

Day 5 is partly spent with the indigenous Gotshezh community, part of a G for Good initiative to help Wiwa communities across Colombia benefit from tourism in a sustainable way. Learn about the history and traditions of the ancient Tayrona people then tuck in to a local lunch prepared by the women of the community. In the afternoon, make the most of your surroundings on a hammock or on the beach. Say adios to the park and make for nearby Taganga. (B., L)

DAYS 7-8 Santa Marta

Opt to snorkel the shores from Taganga before your final drive to Santa Marta, where the tour ends. (2B)

Tour Code: GASMTQ



ACCOMMODATION

Hotels and guest houses (7 nts)



INCLUDED MEALS

7 breakfasts, 2 lunches



TRANSPORT

Private vehicle, public bus

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer
(CEO), local guides

GROUP SIZE: Max 16, Avg 12

INCLUDED ACTIVITIES: G for Good Wiwa
Community visit, Cartagena city tour, Tayrona
National! Park hike # Taganga orientation walk

DEPARTURES 2020/21:

£	JS	05	02	01	05	10	07	05	02	06	04	01	06
12	00	08	12	24	14	12	09	13	11	08	13		
19	16	22	19	31	28	19	16	27	18	15	20		
25	22	29	26		26	23	25	22	27				

MY OWN ROOM: Fr£389

G Adventures



COLOMBIA LOST CITY TREKKING

PRICE
FR £519

DURATION
7 DAYS

ROUTE
SANTA MARTA - SANTA MARTA



SMALL GROUP ADVENTURE

DAY 1 Santa Marta

Say hello to your group in Santa Marta and be sure to go through your equipment checklist one last time.

DAYS 2-3 Trek to Lost City

Kick off your four-day trek in Machete Pelao, making your way through the Sierra Nevada mountains to the Lost City of Teyuna. Nearly 500 years older than Peru's Machu Picchu, this 9th-century citadel is carved from the mountainside into 169 terraces. Lost to the jungle until the 1970s, the trek passes through indigenous Kogi villages, winding rivers and misty coffee forests. Over a five-hour trek on Day 3, you'll tackle some challenging climbs so it's nice to know the Wiwa Camp features some natural pools to melt away any strains. (2B, 2L, 2D)

DAYS 4-5 Trek to Lost City

Hiking For around four to six hours, start the day with the most challenging part of the trail by making steep inclines into the mountains and arrive mid-afternoon at Teyuna Paradise campsite. After an early start on Day 5, trek for an hour before climbing the 1,200 steps to the Lost City. Spend the day exploring the hidden wonder with a local indigenous guide. (2B, 2L, 2D)

DAYS 6-7 Santa Marta

In the morning, take in your last views of the jungle as you trek back to Machete Pelao. Transfer back to Santa Marta and a comfy bed in a hotel, which will no doubt be a welcome sight. (2B, L)

Tour Code: GASMLC



ACCOMMODATION

Hotels [2 nts], camping [4 nts in hammocks nr rustic bunks]



INCLUDED MEALS

6 breakfasts, 5 lunches, 4 dinners



TRANSPORT

4WD

TRIP STYLE: Active

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), indigenous Kogi or Wiwa local guides

GROUP SIZE: Max 16, Avg 10

INCLUDED ACTIVITIES: Lost city trek Si tour

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
05	12	19	26	03	10	17	24	31	07	14	21
02	09	16	23	30	06	13	20	27	04	11	18
01	08	15	22	29	05	12	19	26	03	10	17
04	11	18	25	01	08	15	22	29	05	12	19
07	14	21	28	04	11	18	25	01	08	15	22
10	17	24	31	07	14	21	28	04	11	18	25
13	20	27	03	10	17	24	31	07	14	21	28
16	23	30	06	13	20	27	03	10	17	24	31
19	26	03	10	17	24	31	07	14	21	28	03
22	29	05	12	19	26	03	10	17	24	31	07
25	01	08	15	22	29	05	12	19	26	03	10
28	04	11	18	25	01	08	15	22	29	05	12
31	07	14	21	28	04	11	18	25	01	08	15

MY OWN ROOM: Fr £79



WELLNESS COLOMBIA

PRICE
FR £1,349

DURATION
S DAYS

ROUTE
CARTAGENA - CARTAGENA



SMALL GROUP ADVENTURE

DAYS 1-2 Cartagena

The Caribbean Coast is very well placed for a wellness retreat, with great year-round weather and some of South America's most laid-back communities. Starting in Cartagena, get a taste for local specialities and fresh fruit on a street food tour and get your first yoga class of the trip at a special studio. Tonight, go back to basics with an optional salsa class. (B)

DAY 3 Islas del Rosario

Leave the city for the day, and try to find your inner calm with a beach yoga session. The rest of the day is yours to spend as you please, so take to the crystal-clear waters for a snorkelling trip or take it even easier on the shore with a spot on the beach and nowhere to be. (B)

DAYS 4-6 Tayrona National Park

After a day of driving, end Day 4 with sunset yoga at your hotel, located just outside Tayrona National Park. Make your way in on Day 5 and hike to the stunning beach of Cabo San Juan. Another yoga session boosts your morning on Day 6. Followed by a short hike through the coastal jungle to Aluna Springs, a clear pool used for generations by local communities for ancestral spiritual rites. And tonight? The beach bonfire, and a ceremony led by a local indigenous elder. (SB, 3L, 3D)

DAYS 7-8 Cartagena

Your last yoga class is on Day 7, before you return - healed and zen - to Cartagena. (2B)

Tour Code: GASMCCW



ACCOMMODATION

Hotels [7 nts]



INCLUDED MEALS

7 breakfasts, 3 lunches, 3 dinners



TRANSPORT

Private vehicle, boat

TRIP STYLE: Wellness

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

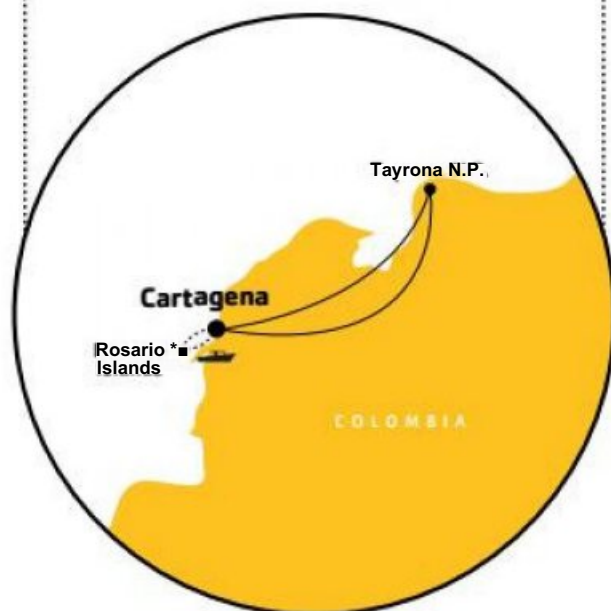
GROUP SIZE: Max 16, Avg 12

INCLUDED ACTIVITIES: Cartagena street Food tour, yoga classes, Islas del Rosario day trip, Tayrona N.P. hike, Aluna Springs excursion

DEPARTURES 2020:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
18	25	01	08	15	22	29	05	12	19	26	03
02	09	16	23	30	06	13	20	27	03	10	17
05	12	19	26	03	10	17	24	31	07	14	21
08	15	22	29	05	12	19	26	03	10	17	24
11	18	25	01	08	15	22	29	05	12	19	26
14	21	28	04	11	18	25	01	08	15	22	29
17	24	31	07	14	21	28	04	11	18	25	01
20	27	03	10	17	24	31	07	14	21	28	03
23	30	06	13	20	27	03	10	17	24	31	07
26	01	08	15	22	29	05	12	19	26	03	10
29	04	11	18	25	01	08	15	22	29	05	12
31	07	14	21	28	04	11	18	25	01	08	15

MY OWN ROOM: Fr £339



CLASSIC COLOMBIA

SMALL GROUP ADVENTURE

PRICE
FR £2,199

DURATION
16 DAYS

ROUTE
BOGOTÁ - SANTA MARTA



HIGHLIGHTS



SALENTO COFFEE

Pockets ized Salento is an idéal getaway for coffee lovers.



TAYRONA NATIONAL PARK

Explore the coastal park and meet the indigenous Wiwa community.



MEDELLÍN

A neighbourhood tour will give you a flavour of the city's past and present.

DAYS 1 -4 Bogotá / Armenia / Salento

Get a taste of la vida Colombiana upon landing in Bogata. Aim for the Museo de Botero to admire Colombian artist Fernando Botero's exaggerated portraits., or wander the Bolivar Plaza in La Candelaria. The next morning, get a taste for local living at Paloquemao market, then fly to Armenia for two nights in a traditional hacienda in the heart of the coffee region. On Day 4, a morning hike through Cocora Valley is sure to stretch your legs before you move on to toyl-like Salento later that day. Here, you'll get the full coffee experience in the triangulo of Quindio. (3B, L)

DAYS 5-7 Medellín

It's on to Medellín, a city unrecognisable from its lingering reputation overseas. The included neighbourhood tour is a great start to get you up to speed with the city's recent history and its ongoing transformation from its once-turbulent past. Check out the street art of Comuna 13 for a visual history of the city's past, and take notice of the bright orange escalators connecting the area to the city centre - an attempt at integrating the hillside communities. A day trip to nearby Guatapé is well worth it, as is the 675-step climb towards the view at the peak of El Penol. (3B)

OAYS 8-13 Cartagena / Minca / Tayrona National Park

Fly to the colonial walled city of Cartagena on the Caribbean Coast. This magical town is adored for its colourful architecture, charming streets and balconies adorned with pink bougainvillea. Head to the beach, take a city tour and visit the UNESCO-listed fortress. Expect to see street food on every corner, from fried delights to tasty empanadas. If time allows, enjoy some live music from one of its squares, or pay a visit to The Modern Art Museum, located in a former 17th-century customs house. Day 11, travel to Minca and breathe in the fresh mountain air on the way to Tayrona National Park. Take a hike in the coastal jungle with a local guide and learn not just about the wildlife, but also the indigenous communities that have lived in the area for generations. Get to know them first-hand with a G For Good lunch provided by the women of the Gotshezhy community, and learn about their customs before spending the rest of the day at leisure. (6B, L)

DAYS 14-16 Taganga / Santa Marta

Travel to nearby Taganga for an orientation tour and some free time before returning to Santa Marta the next day. This is a big backpacker hub, and a great base to plan your onward Colombia travel. (3B, L)

Tour Code: GASMCC



ACCOMMODATION

Hotel s/guesthouses [13 nts], hacienda [2 nts]



INCLUDED MEALS

15 breakfasts, 3 lunches



TRANSPORT

Plane, private van, 4WD

NEED TO KNOWS

- TRIP STYLE: Classic
- AGE GROUP: Min 12
- GROUP LEADER: Chief Experience Officer (CEO), local guides
- GROUP SIZE: Max 16, Avg 12
- DEPARTS: Saturdays
- MY OWN ROOM: Fr£729

INCLUDED ACTIVITIES

- * G for Good Wiwa Community visit
- * Coffee farm tour in Cal area
- * Hike in Valle de Cocora
- * Hike inTayrona National Park
- * City tours in Medellín & Cartagena
- * Orientation walk in Taganga



G Adventures

G FOR GOOD

WIWA COMMUNITY TOURISM

THIS PROJECT SUPPORTS: THE INDIGENOUS WIWA & KOGUI

Through this project, indigene us-owned Wiwa Tours have developed a training and capacity* building programme to increase employment opportunities in the communities.



CARIBBEAN ADVENTURE: THE LOST CITY TREK & MEDELLIN

PRICE
FR £ 1,349

DURATION
12 DAYS

ROUTE
CARTAGENA - MEDELLIN



SMALL GROUP ADVENTURE (18-39s)

DAYS 1-3 Cartagena / Santa Marta

Toy-like Cartagena may be a tourist hotspot now, but there's still plenty to discover. Spend your free time in the UNESCO-listed Old Town or, for something a little different, opt for a mud bath at Totumo Volcano. Day 3, take a bus to the port town of Santa Marta. (2B)

DAYS 4-7 Lost City Trek

Transfer to the starting line at Machete Pelao and make your way towards the Lost City of Teyuna through farmland, lush jungles and villages. The Teyuna Paraiso Camp on Day 5 has natural pools to set you up for the steep climb to the Lost City the next day. Day 7, navigate your way through banana trees, cacao plants and small Kogi communities to Ricardito Camp. (4B, 4L, 4DJ)

DAYS 8-9 Taganga / Tayrona National Park

After arriving back in Machete Pelao, your next transfer takes you to Taganga and Tayrona National Park. On Day 9, it's time for some moderate hiking with a local guide who will teach you about the diverse terrain and surrounding nature. (2B, 2L)

DAYS 10-12 Medellin

Fly inland to Medellin, previously stereotyped for its status as one of the world's most dangerous cities, but now a flourishing cultural destination. Head on an orientation walk on arrival, then spend a full day at leisure - maybe taking to the skies on a paraglide before the tour wraps up on Day 12. (B)

Tour Code: GASMCT



ACCOMMODATION

Multi-share hotels (7 nts), camping on hammocks or rustic bunks (4 nts)



INCLUDED MEALS

9 breakfasts, 6 lunches, 4 dinners



TRANSPORT

4WD, plane, local bus

TRIP STYLE: 18-to-Thirtysomethings

AGE GROUP: Exclusively for 18-39s

GROUP LEADER: Chief Experience Officer (CEO), indigenous local guides

GROUP SIZE: Max 16, Avg 10

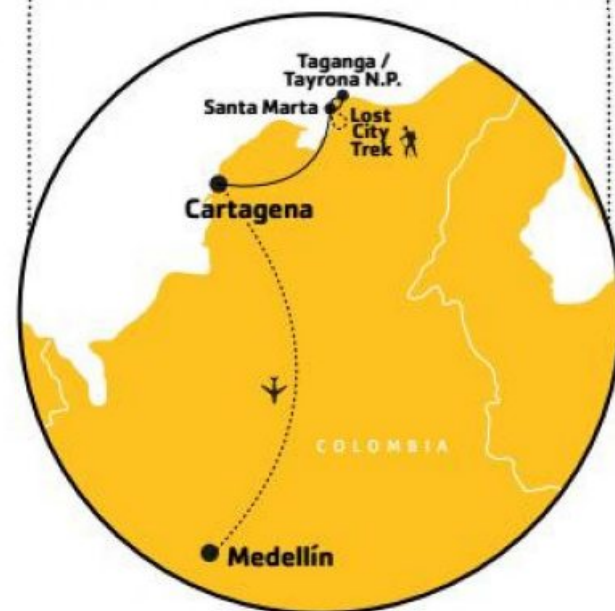
INCLUDED ACTIVITIES: Lost City trek & tour

DEPARTURES 2020:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
DS	IS	01	05	24	21	12	16	13	13	10	06
		22	12			26	30			25	22
		29	19								20

MY OWN ROOM: Fr £259

G Adventures



COLOMBIAN CULTURE, CARIBBEAN & LOST CITY

PRICE
FR £2,599

DURATION
22 DAYS

ROUTE
BOGOTÁ - SANTA MARTA



SMALL GROUP ADVENTURE

DAYS 1-4 Bogotá / Armenia / Salento

Visit Bogotá's Paloquemao Market before flying to Armenia on Day 2. Bed down for two nights in a traditional hacienda, tour a coffee farm in Calarca and hike through the Cocora Valley to Salento. (3B, L)

DAYS 5-11 Medellín / Cartagena / Minca

Make for Medellín and learn about the city's troubled past. Visit the transforming comunas on the city outskirts and take a day trip to Guatapé. Day 8, fly to Cartagena for a tour of the UNESCO walled city and a lively night out in this music lover's haunt. This kaleidoscopic city is packed with live music venues and boasts an incredibly intoxicating atmosphere. Day 11, journey to the fincas of Minca for waterfall hikes, coffee plantation tours and fresh mountain air. (SB, L)

DAYS 13-16 Tayrona National Park / Taganga / Santa Marta

Hike in Tayrona National Park with a guide, and spend a day with the indigenous Gotshezy community. That visit includes a G for Good lunch, and a chance to learn about ancient Wiwa customs. Recuperate in Taganga before travelling on to the port town of Santa Marta. (4B, L)

DAYS 17-22 Lost City Trek / Santa Marta

Time to get lost! Transfer to Machete Pelao and start the journey through jungles and indigenous communities to the Lost City of Teyuna. Walk for roughly six hours a day and overnight at camps with natural pools. Day 21, transfer back to Santa Marta. (6B, 5L, 4D)

Tour Code: GASMB5



ACCOMMODATION

Hotels/guesthouses (15 nts), hacienda (2 nts), camping in hammocks or rustic bunks (4 nts)



INCLUDED MEALS

21 breakfasts, 8 lunches, 4 dinners



TRANSPORT

Plane, private van, public bus, 4WD

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), indigenous local guides

GROUP SIZE: Max 16, Avg 12

INCLUDED ACTIVITIES: G for Good Wiwa Community visit, coffee farm tour, Valle de Cocora hike, Tayrona N.P. hike, Lost City trek, city tours in Medellín & Cartagena, Taganga orientation walk

DEPARTS: Saturdays

MY OWN ROOM: Fr £779

G Adventures



LIKE THAT? TRY THIS...

Colombia's Caribbean Coast & Lost City

14 days (GASMC5)

Fr £1,499

COLOMBIA VOLUNTOUR

PRICE	DURATION	ROUTE
FR £944	14 DAYS	BOGOTÁ - BOGOTÁ



Colombia is a huge hit with our travellers, not least for its rich history, diverse landscapes and warm welcomes. This voluntour hones in on the coffee region, where you'll use caffeinated energy to keep up with the local children, teaching them English, sports and arts and crafts classes, and helping with their daily homework. There's also plenty of opportunity to enjoy your surroundings with bike tours in Bogota and a tour of a working coffee farm.

Tour Code: BOGVOL



HIGHLIGHTS

VOLUNTEER WITH KIDS

Help out at a local NGO that supports underprivileged kids with school and homework, and organises extracurricular activities.

BOGOTÁ BIKE TOUR

A great way to see the city. Take to the streets with a local guide, seek out the popular neighbourhoods and learn about Bogotá's history.

NEED TO KNOWS

PROJECT START DATE: Tuesdays

PROJECT LOCATION: Ibagué, Colombia

GETTING THERE: Return airport transfers and three bus journeys included

ACCOMMODATION: Volunteer house or homestay (6 nts), mixed dorm in hostel, or single/double room (7 nts)

MEALS: 5 breakfasts, 5 lunches, 5 dinners

NOTE: This is an independent voluntour and you will only have a guide during specified activities; Bogotá bike tour and Manizales coffee tour included; background check required

THE PROJECT

A local NGO that supports the children of impoverished families. The goals of this project include offering centres with extracurricular activities, providing school supplies and developing the community dining programme.



COLOMBIAN CARIBBEAN HIGHLIGHTS

PRICE	DURATION	ROUTE
FR £1,186	14 DAYS	CARTAGENA - SANTA MARTA



DAYS 1-4 Cartagena / Totumo Volcano

Rock up to romantic Cartagena, aka the Pearl of the Caribbean. Take a free morning to explore on your own before joining a city tour for an insight into its hidden gems. Soak up the sultry vibes of the city and hit the salsa bars the city is renowned for. Ever fancied a soak in a mud volcano? Totumo is just the ticket. (B, L)

DAYS 5-9 Santa Marta / Lost City Trek

Strap on those boots and hike past waterfalls and through indigenous villages to the Lost City. Climb the 1,200 steps to reach one of the largest Tayrona cities within Latin America - the Ciudad Perdida. After soaking up this epic site, head back towards civilisation, arriving in Santa Marta. (SB, 5L, 4D)

DAYS 10-14 Riohacha / Cabo de la Vela / Punta Gallinas / Santa Marta

Riohacha is the starting point for your tour to Punta Gallinas and Cabo de la Vela. Next day, make for the beaches of Cabo de la Vela via the indigenous market at Uribia and the Manaure Salt Mines. Here, workers shovel and collect salt from the ponds, creating a view of white mounds against a desert-like landscape. Day 12 is when you take a gander around Punta Gallinas, a desert landscape of sweeping bays and empty beaches steeped in sacred indigenous culture. Finish off with even more beach time before heading back to Santa Marta on Day 14. From here, take a transfer to the airport where your tour ends. (4B, BL, 2D)

Tour Code: BECTGCCH



ACCOMMODATION

Hostels (7 nts), hammocks with mosquito nets and blankets (6 nts)



INCLUDED MEALS

10 breakfasts, 9 lunches, 6 dinners



TRANSPORT

Return airport transfers, transfer to all tours as per the itinerary

AGE GROUP: Min 13

GROUP LEADER: English-speaking guide (groups of 6* only). Groups of fewer than 6 can opt for an English-speaking guide for an extra USD \$ 15D

GROUP SIZE: Min 1

INCLUDED ACTIVITIES: Mud Bath during Tatunzo Volcano tour, three-day Punta Gallinas tour, five-day Lost City Trek

DEPARTS: Daily



COLOMBIA JOURNEY

PRICE
FR £ 1,899

DURATION
9 DAYS

ROUTE
BOGOTÁ - BOGOTÁ



DAYS 1-3 Bogotá / Armenia

Arrive into cultural Bogotá and transfer to your hotel. Next day, fly to Armenia and immerse yourself in coffee culture with two nights at a traditional hacienda on a working coffee farm. Spend the afternoon with a coffee expert then head to Sa lento for a hike in the verdant Corcora Valley. (2B, 2L, 2D)

DAYS 4-6 Medellín

Catch a flight to vibrant Medellín and enjoy time to explore the city on arrival. On Day 5, visit Comuna 13 - a community transformed. Once controlled by the cartels, this neighbourhood is shining example of Colombia's progress in overcoming its notorious past. The next day is yours to spend at leisure. (3B)

DAY 7 Cartagena

Next up is a flight to tropical Cartagena. Enjoy a walking tour through the old part of the city, visiting key sites throughout the historical centre. Later, enjoy an evening cooking class of Caribbean and Colombian specialities at Interne Training Restaurant, a social reintegration project that offers an innovative space for reconciliation between female prisoners and civil populations. (B)

DAYS 8-9 Cartagena

Experience the city's Caribbean charm with free time for optional activities before a private Colombian salsa lesson later in the day. Depart at any time on Day 9. (2B, D]

Tour Code: GASMENS



ACCOMMODATION

Hotels (6 nts),
hacienda/Farm (2 nts)



INCLUDED MEALS

8 breakfasts,
2 lunches, 3 dinners



TRANSPORT

Bus, private vehicle,
jeep, plane

TRIP STYLE: National Geographic Journeys

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer
(CEO), local guides

GROUP SIZE: Max 15, Avg 6

INCLUDED ACTIVITIES: Coffee farm visit,
Medellin community walk, cooking class,
Sa lento and Cocora Valley excursion,
Cartagena city tour

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar
04	08	11	09	20	18	15	19	24	21	19	26	1	21	21
IS	15	21												

MY OWN ROOM: Fr £519



CARTAGENA TO PANAMA SAIL BOAT

PRICE
FR £819

DURATION
5 DAYS

ROUTE
CARTAGENA - PORTOBELO



DAYS 1-2 Cartagena

This is undoubtedly the most fun and beautiful way to get from Colombia to Panama these days. Feel the salty wind in your hair on this five-day boat trip that takes you across vast stretches of ocean to single-palmed islands and fishing communities. Start the journey in Cartagena port or on a coastal navigation to the border town of Sapzurro and the surrounding areas in the Darien jungle. The journey takes you on an open water two-day navigation to the Guna Yala (or San Blas) Islands, setting your sights on the unbelievably beautiful stretches of golden sand. Be sure that you've packed the essentials like sunscreen, bathing suit, sunglasses, camera (duh!) and sea sickness pills. You are on the open water after all and you can't be too careful. (B, L, 2D)

DAYS 3-4 Guna Yala (San Blas) Islands

San Blas is one of the last spots on earth where the locals, the Kuna people, still live off the land and sea - so no stealing the coconuts! Spend your time exploring the archipelago, snorkelling in turquoise waters and sunbathing on the beach. The coconut palm islands are the epitome of paradise with their white stretches of sand and crystal-clear waters. (2B, 2L, 2D)

DAY 5 Portobelo

Continue sailing on Day 5 and make for the historical fort town and Caribbean fishing village of Portobelo, just a short drive from the hustle and bustle of Panama City. Take a tour of the forts and hit up the beaches. (B)

Tour Code: CTGPAN



ACCOMMODATION

Shared cabin (4 nts)



INCLUDED MEALS

4 breakfasts, 3 lunches, 4 dinners



TRANSPORT

Boat

AGE GROUP: Any age

GROUP LEADER: Bilingual guide assistance
in Cartagena before boarding

GROUP SIZE: Min 6

INCLUDED ACTIVITIES: Five days of swimming
and boat journey

DEPARTS: Daily (on request and
subject to change)



COLOMBIA



BEHIND THE CANDELARIA

As Colombia shakes off its troubled past, its cities are emerging as ambitious players on the world stage - from innovative, young-at-heart Medellin to Caribbean beauty Cartagena and, of course, capital Bogotá. With 58 museums and 62 galleries, the city is a walking history exhibition. But it's also a city that relishes the present, which seeps through vibrant graffiti, La Candelaria's kitsch boutiques and Zona Rosa's bars and clubs.



SELINA LA CANDELARIA, BOGOTÁ
ROOM ONLY

LOCATION: In Bogotá's cobble-stoned, historic quarter.

VIBE: Rustic wood looks with hip social activities. Instagram, cry your heart out.

HIGHLIGHTS: Mixed dorms - Private rooms • Bar • Restaurant • Shared kitchen • Movie room • Yoga deck ■ Library lounge

BQG5EL



VIBES HOSTEL, MEDELLÍN
INCLUDES BREAKFAST

LOCATION: In the £1 Poblado District, near the bars and clubs of Parque Lleras.

VIBE: Flash hostel with a pool and plenty of social spaces. Good vibes only.

HIGHLIGHTS: Mixed dorms • Private rooms • Air con • Personal lockers • Outdoor pool • Bar * Shared kitchen • 24-hour reception

EXMOE 1



OZ HOTEL, CARTAGENA
- INCLUDES BREAKFAST

LOCATION: 130 metres from the beach and a 15-minute drive from San Felipe Castle.

VIBE: Eat brekkie at the rooftop restaurant and watch the sun rise over the city.

HIGHLIGHTS: Private rooms • Air con • Bar • Restaurant • Terrace * Soundproof rooms ■ laundry • 24-hour reception

EXCTG1

COLOMBIA TAILOR MADE

Meet INDI, no rules tailor made travel for independent adventurers. Get exactly the transport, experiences and accommodation you want according to your budget, tailor made into an original and personalised itinerary.

WHEN TO GO

With Colombia being rather close to the equator, the seasons are relatively similar all year long. Elevation, however, varies widely though the country and makes hot and cold pockets. The best time is all the time, but it's best to pack for every occasion.

WHAT TO DO

Leap into the heart of colourful Cartagena and get in touch with your resting beach face by overnights in hammocks along the coast. Trek through steamy jungle to the Lost City's uncrowded ruins, then follow up with Cocora Valley's lush hills and coffee beans!

Tour Code: AOH COL

GO WITH OUR SUGGESTED ROUTE OR BUILD YOUR OWN FROM SCRATCH!

ASK YOUR TRAVEL EXPERT ABOUT YOUR OPTIONS.



CHOOSE YOUR DURATION

CHOOSE YOUR ACCOMMODATION

CHOOSE HOW TO GET AROUND

CHOOSE YOUR BUDGET



// INDEPENDENT
INDI
TAILOR MADE
YOUR WAY //

SANTA MARTA & PARQUE TAYRONA

PRICE
FR £285

DURATION
4 DAYS

ROUTE
SANTA MARTA - SANTA MARTA



INDEPENDENT TOUR

Discover the country's oldest-surviving city and an enchanting national park on this four-day tour in northern Colombia. Covering a vast area of rich jungle and dreamlike beaches, paradise-like Tayrona National Park isn't a bad place to spend the day. Hop on a local fisherman's boat to Playa Cristal, then kick back on this secluded cove, paddle between coral reefs and soak up the Caribbean sun. Suitably sunned-out, head back to Santa Marta for a night out, or a quiet night in, no pressure! Either way, enjoy the Caribbean vibes.

Tour Code: 5MRPRT

AGE GROUP: Min 18

GROUP LEADER: Min 1

GROUP SIZE: Min 1

INCLUDED ACTIVITIES: Full-day Tayrona National Park tour with Spanish-speaking driver

ACCOMMODATION: Hostel (3 nts)

MEALS: 3 breakfasts

DEPARTS: Daily



LOST CITY TREK

PRICE
FR £522

DURATION
5 DAYS

ROUTE
SANTA MARTA - SANTA MARTA



SMALL GROUP ADVENTURE

Talk to most backpackers in Colombia and they'll probably be raving about the Lost City trek. Meet the locals in indigenous Kogi villages and traverse the Buritaca River. It might sound daunting to climb 1,200 mossy steps to reach the Lost City, but it's totally worth it. Rediscovered by treasure hunters in the 1970s, you'll be amazed by the intricate staircases, terraces and views. Then turn around and go back to Santa Marta the way you came. Meet more communities along the way and take every opportunity to cool off in jungle pools.

Tour Code: BE5MRLCT

AGE GROUP: Min 13

GROUP LEADER: Spanish-speaking guide
(Translator included for groups of six or more)

GROUP SIZE: Max 16

INCLUDED ACTIVITIES: Return Santa Marta transfers, hammocks and supplies on Lost City trek (carried by porters), permits and entry fees., Spanish-speaking guide during trek

ACCOMMODATION: Hammocks with mosquito nets (4 nts)

MEALS: All food during trek

DEPARTS: Daily (excluding Sep)



TAYRONA AND THE LOST CITY

PRICE
FR £752

DURATION
8 DAYS

ROUTE
SANTA MARTA - SANTA MARTA



INDEPENDENT TOUR

Discover South America's oldest-surviving city, Caribbean beaches and the Ciudad Perdida. Head to Tayrona National Park for a day on Playa Cristal!. The trek to the Lost City sets off on foot with a seven-kilometre hike past jungly pathways and natural pools. The next day, visit an indigenous Kogi village and make the trek to camp. Reach the mysterious Lost City on Day 4 and breathe it all in before beginning the return journey the next day. Cross back over rivers, through local villages and finish off in Santa Marta for a refreshing swim.

Tour Code: BESMRTLCT

AGE GROUP: Min 18

GROUP LEADER: Spanish-speaking guide

GROUP SIZE: Min 1

INCLUDED ACTIVITIES: Santa Marta airport pick-up/drop-off, Tayrona day tour, 5-day Lost City trek IntL hammocks and supplies (carried by porters), permits and entry fees,

ACCOMMODATION: Hostel (3 nts), hammocks during trek (4 nts)

MEALS: 4 breakfasts, 5 lunches, 4 dinners

DEPARTS: Daily (excluding 5 Sep)



BUENOS AIRES TO RIO DE JANEIRO: FALLS & FOOTY

SMALL GROUP ADVENTURE (18-39s)

PRICE
FR £ 1,649

DURATION
17 DAYS

ROUTE
BUENOS AIRES - RIO DE JANEIRO

BRAZIL, URUGUAY, ARGENTINA & CHILE



HIGHLIGHTS



IGUASSU FALLS

See the Argentine side of the cascading falls.



ILHA GRANDE

An island specialising in gorgeous beaches, just north of Rio.



ESTANCIA STAY

The ultimate Argentine experience: a stay at a real working ranch.

NEED TO KNOWS

TRIP STYLE: 18-to-Thirtysomethings

AGE GROUP: Exclusively for 18-39s

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 18, Avg M

DEPARTURES 2020/21:

	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar
03	03	02	17	01	05	03	03	04	09	09	02	01	12
10	05	06	22	08	08	05	07	17	12	13	04	04	15
13	21	13	24	11	12	13	10	11	16	16	07	08	19
17	24	16	27	15	15	17	14	18	26	20	28	11	26
20	28	20	29	22	19	24	21	21	30	23		18	19
24		23		25	22	27		25	27			22	
27									30			29	

MY OWN ROOM: Fr £519

INCLUDED ACTIVITIES

- G for Good favela experience
- Estancia stay and activities
- Entry to the Argentinian side of Iguassu Falls



G Adventures

LIKE THAT? TRY THIS--

Reverse your trip

Rio de Janeiro to Buenos Aires:

Waterfalls & White Sands

(17 days. Rio de Janeiro - Buenos Aires)

(GAJRB)

Fr£1,579



DAYS 1-3 Buenos Aires / Colonia

Buenos Aires has steaks, tango and plenty of character, a treat of a starting point. Explore the so-called Paris of the Americas, from classy Recoleta to bohemian San Telmo, before crossing the Rio de la Plata to Uruguay's Colonia on Day 3. Stroll along the riverfront and hire a golf buggy to the lighthouse in time for a stunning Latin sunset.

DAYS 4-7 Montevideo / Estancia

Travel to Montevideo, Uruguay's cool capital and renowned for hosting Buenos Aires' socialites at the weekends. There are several good museums here, including the Carnival Museum that showcases a fabulous array of ornate Carnival costumes. Also, you can find some great beaches just outside the city and heaps of tasty street food. On Day 6, travel north for a taste of rural Uruguayan life. Get your hands dirty at a working estancia, and explore the countryside on horseback rides or day hikes. If it all seems like too much effort, sit back with a glass of wine and indulge in a traditional barbecue. (4B, 2L, 2D)

DAYS 8-12 Iguassu Falls / Paraty

In the morning, cross the border into Gualaguaychu in Argentina and start the long overnight bus journey to Iguassu Falls, one of South America's most spectacular sights. Visit the Argentine side of the falls the next morning, and opt for a casual border hop in the afternoon for a Brazilian perspective. Skipping a mammoth 15-hour bus ride, fly to São Paulo and head straight to the coast. Colonial Paraty is as pretty as a picture, so two days here are easy to fill. Tour the beautiful bay and nearby beaches by boat, or, if you can tear yourself away from the ocean, visit a cachaca distillery for a taste of the strong stuff. (30;

DAYS 13-17 Ilha Grande / Rio de Janeiro

Head up the coast and take the ferry towards Ilha Grande's 100 beaches, lush hiking spots and sweet beachside caipirinhas. It's back to the mainland on Day 15. Arguably the sassiest capital in South America, Rio is a strong end point to this three-country trip. Copacabana Beach, Christ the Redeemer and iconic Sugarloaf Mountain top the must-see list for most people, and you'll have some free time on your hands to do just that after the G for Good favela tour on Day 16. This comes complete with a drumming demonstration, a Capoeira lesson and even a few craft beers. The trip ends the following morning. (SB)

Tour Code: GAJBR



ACCOMMODATION

Twin-share hotels (9 nts), hostels (4 nts), multi-share estancia/ranch (2 nts), overnight bus (1 nt)



INCLUDED MEALS

10 breakfasts, 2 lunches, 2 dinners



TRANSPORT

Plane, public bus, minivan, taxi, ferry

ARGENTINA & BRAZIL HIGHLIGHTS

PRICE: FR £1,375 | DURATION: 10 DAYS | ROUTE: BUENOS AIRES - RIO DE JANEIRO



DAYS 1-3 Buenos Aires
The culture and diversity of Buenos Aires awaits! Learn all the tango tricks at a dance lesson and gorge yourself on steak and wine (what else?). If you're looking to step up the pace, experience the pulsing and colourful nightlife. On Day 2, opt to stock up on handmade leather goods at the San Telmo markets or visit the historic Gran Café Tortoni. You've got the next day at leisure, so opt to visit El Ateneo Grand Splendid, a Former grand theatre and now a beautiful bookstore. (2B, 21, D]

DAYS 4-6 Iguassu Falls
Fly to Puerto Iguassu then travel to the Brazilian side to see the 275 cascades of Iguassu Falls. Spot macaws and toucans and opt to fly over the Falls via helicopter for a birds-eye view. Day 5, cross back into Argentina

and visit their side of Iguassu Falls with a walk to the aptly named Devil's Throat. The rest of the day is yours, so opt for a speedboat ride to feel the spray of the Falls. Tonight, tuck into a Brazilian barbecue with the group. Fly to Rio the following morning. (3B)

DAYS 7-10 Rio de Janeiro
Home to the world's largest Carnival and Copacabana Beach, get ready for awesome times in Rio. On Day 7, take in panoramic views from the iconic Christ the Redeemer statue. The following day is yours to explore. If you want a night of dancing, head to Pedra do Sal for an improvised samba, or just indulge on the caipirinhas! The trip ends on Day 10. (4B, D)

Tour Code: COBARJ



ACCOMMODATION

Twin-share hotels (9 nts)



INCLUDED MEALS

9 breakfasts, 2 lunches, 2 dinners



TRANSPORT

2 local flights, transfers, private air con coach, mini-coach or van

TRIP STYLE: Discoverer

AGE GROUP: Exclusively for 18-35s

GROUP LEADER: Trip Manager,, English-speaking local guides

GROUP SIZE: Max 30

INCLUDED ACTIVITIES: Tango show and lesson. Interactive Argentine Food Experience, city tours of Rio and Buenos Aires, visit to Christ the Redeemer, cruise on Rio's Harbour

DEPARTURE: 5 2 02 072 1:

Jan	2	Mar	Apr	May	Jun	Jul	Aug	Sa	S	> £ s l	UI	21	Mar 21
06	03	03	12	10	14	05	02	06	04	08	13	10	07
13	10	22	26	17	28	19	10	20	11	22	27	17	14
20	16	29	31				23	25	29	31		28	

MY OWN ROOM: Fr£385



IGUASSU & BEYOND

PRICE: FR £1,499 | DURATION: 9 DAYS | ROUTE: BUENOS AIRES - RIO DE JANEIRO



DAYS 1 -3 Buenos Aires / Iguassu Falls
Join your group and hit the town to the unmistakable rhythms of tango and hunt for steak and a bottle of Malbec. Next day, fly up to Iguassu Falls for two full days of exploration. See the falls from both Argentine and Brazilian sides, and walk up to the Devil's Throat for photos of Mother Nature at her most thunderous. (2B']

DAYS 4-5 Paraty
Fly to São Paulo and continue by van to the sandy shores of Paraty. Not only a stunning snorkelling spot, Paraty is also the perfect base for some island-hopping. There'll also be time to visit some cachaca distilleries. Spend the following day at your own leisure - opt to take a boat trip, go kayaking, or go horse riding.

DAYS 6-7 Ilha Grande
Continue up the coast and ferry over to Ilha Grande. Take your pick from over 100 beaches and relax, king prawn kebab in one hand and a coconut in the other. Optional hikes include Pico do Papagalo and Lopez Mendez. (4B']

DAYS 8-9 Rio de Janeiro
Rio - Brazil's sparkliest jewel. According to the Cariocas (the locals), God made the world in six days, and devoted the seventh to Rio. Bordered by the beaches of Copacabana and Ipanema, and graced with sweeping views from the top of Sugarloaf Mountain, we won't dismiss that claim outright. Explore at leisure before the trip ends on Day 9. (2B)

Tour Code: GASA18



ACCOMMODATION

Hotels (8 nts]



INCLUDED MEALS

5 breakfasts



TRANSPORT

Plane, van, Ferry

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 16, Avg 12

INCLUDED ACTIVITIES: Iguassu Falls visit (Argentina and Brazil)

DEPARTURE: SSSS33

ft	6-	11	15	15	13	04	01	09	14	04	02
04	01	07	15	09	13	04	01	09	14	04	02
11	06	14	18	16	17	08	12	17	07	05	
18	12	18	22	20	20	25	15	23	21	16	08
25	29	28	29	80	27		22	26	24	28	12

Additional dates are available. Please ask for details.

MY OWN ROOM: Fr £479

(S) G Adventures



URUGUAY, PANTANAL & THE FALLS

PRICE (PLUS LOCAL KITTY)
FR £ 1,260

DURATION
23 DAYS

ROUTE
BUENOS AIRES - RIO DE JANEIRO



OVERLAND GROUP ADVENTURE

DAYS 1-6 Buenos Aires / Colonia / Montevideo / Tacuarembó

Your overlanding adventure begins in Argentina's fiery capital, arguably South America's coolest city. Enjoy a free day here before hopping aboard a ferry to Uruguay. Settle into the UNESCO-listed Colonia del Sacramento, then continue to the capital Montevideo and Tacuarembó for two days of gaucho living.

DAYS 7-12 Yapeyú / Iguassu Falls / Bonito

Camp overnight in Yapeyú, then journey north to the Iguassu Falls, basing yourself on the Brazilian side. After seeing the Argentinian side of the falls, cross back into Brazil and head to Bonito, the eco tourism capital of Brazil with caving and snorkelling options.

DAYS 13-17 Southern Pantanal / Campo Grande / Brotas

Drive to nature-rich Southern Pantanal and keep your eyes peeled for caimans, capybaras and even jaguars! On Day 15, head east and camp overnight somewhere near Campo Grande. Continue to remote Brotas and opt to go white water rafting, canyoning or just chill by the pool.

DAYS 18-23 Paraty / Ilha Grande / Rio de Janeiro

Drive to colonial Paraty for scuba diving, beaches and stand-up paddleboarding, then it's more beach time on the unspoiled island of Ilha Grande. Sufficiently relaxed, head north to your end point, Rio de Janeiro.

Tour Code: DRZFB



ACCOMMODATION

Camping (40%), hostels and hotels (60%)



INCLUDED MEALS

All meals provided when camping



TRANSPORT

Overland vehicle

TRIP STYLE: Overland Group Adventure

AGE GROUP: Any age

GROUP LEADER: 2 crew, local guides

GROUP SIZE: Min 12, Max 22

INCLUDED ACTIVITIES: Uruguayan farmstay, Iguassu Falls visit, 2-night safari in the Pantanal

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
30	26											21	17	21

LOCAL KITTY: Approx. USD \$990

Ask your instore Travel Expert about our latest EXCLUSIVE DEALS



WETLANDS, WATERFALLS & WONDERS

PRICE (PLUS LOCAL KITTY) DURATION
FR £1,010 19 DAYS

ROUTE
BUENOS AIRES - RIO DE JANEIRO



OVERLAND GROUP ADVENTURE

DAYS 1-6 Buenos Aires / Yapeyú / Iguassu Falls

Spend two days in beautiful BA before hitting the road to Yapeyú on Day 3, on the banks of the River Uruguay. After a night of camping, continue to Brazil's Foz do Iguaçu, a jumping off point for trips to Iguassu Falls, Itaipu Dam and the nearby bird park. While you're at Iguassu Falls you'll get the chance to visit viewpoints on both the Brazilian and Argentine sides.

DAYS 7-12 Bonito / Southern Pantanal

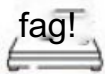
Drive to the eco tourism capital of Bonito and check into your campsite (complete with pool). Here you have two free days to visit the ethereal Blue Lake Cave, snorkel the waters of Rio de Prata, abseil through

fissures, mountain bike, kayak or raft. Then it's off to the Southern Pantanal to an eco lodge where you'll go on Jeep safaris, canoe expeditions, and horseback trails. Enjoy a barbecue dinner, traditional music and, if you're lucky, the odd jaguar sighting. On Day 12, take lunch at the ranch and head east to São Paulo state.

DAYS 13-19 Brotas / Paraty / Rio de Janeiro

Next up, the remote town of Brotas where you can enjoy white water rafting and canyoning on Jacaré River, or a relaxing afternoon by the campsite pool. Then, it's off to the Emerald Coast's Paraty. On Day 18, all roads lead to Rio de Janeiro. Finish on a high making your way around the city's hottest spots, and say your farewells on Day 19 as the tour comes to an end.

Tour Code: DRZBR



ACCOMMODATION

Camping (55%), hostels and hotels (45%)



INCLUDED MEALS

All meals provided when camping



TRANSPORT

Overland vehicle, pep, canoe, horse riding

TRIP STYLE: Overland Group Adventure

AGE GROUP: Any age

GROUP LEADER: 2 crew, local guides

GROUP SIZE: Min 12, Max 22

INCLUDED ACTIVITIES: Iguassu Falls visit, 2-night safari in the Pantanal, Paraty islands boat trip

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
08	02					14	15			05		25	17	
26	26					27	31			24				

LOCAL KITTY: Approx. USD \$800



BUENOS AIRES TO RIO ADVENTURE

INDEPENDENT TOUR

PRICE
FR £693

DURATION
12 DAYS

ROUTE
BUENOS AIRES - RIO DE JANEIRO

HIGHLIGHTS



IGUASSU FALLS

Hike around this incredible network of waterfalls that straddles the Argentine and Brazilian border.



SAN TELMO

Chock full of old-world colonial charm. This neighbourhood is where tango was born and now thrives.



COPACABANA BEACH

Settle down on the sand or strut your way down the black and white walkway with all the beautiful people.

DAYS 1-3 Buenos Aires

Arrive in glamorous Buenos Aires at any time and settle in to your city accommodation. Take a guided tour of the city sights including the Metropolitan Cathedral, National Congress and the iconic Teatro Colon, where many operas have unfolded. Wander through leafy Palermo and visit spooky La Recoleta where Eva Peron lies. Try to find her without looking at the cemetery map, good luck! Walk around San Telmo, once the seat of immigrants, now a colourful artistic neighbourhood full of tangoing locals and then spend the afternoon as you please. Day 3 is yours to freely explore more before joining the others for a tango show and dinner in the evening. Professional artists will show you their best art, singing songs and dancing typical pieces, accompanied by the best tango orchestras. (2B)

DAYS 4-7 Puerto Iguassu

Today you'll have a bit of time to chill out before boarding an overnight bus to Puerto Iguassu on the border of Argentina, Brazil and Paraguay. Day 6 introduces you to the Falls. Journey into Iguassu National Park, a huge preservation area of giant trees, myriad butterflies and native flora and fauna. Start with a visit to the local museum and follow the Lower Trail from where you can see the Two Sisters Falls, Rossetti Falls, and the Hidden Falls. You'll also get an incredible panoramic view of San Martin Island. Continue along the Upper Trail up to the majestic San Martin Falls from where you can take in the scale of the Brazilian side of the waterfalls. From here, board the Train of the Jungle and follow the catwalks to Devil's Throat where things get really splashy. Watch as rainbows form around the crash zone. That was the Argentine side, next you'll see the Brazilian side. Get close to Floriano, Deodoro and Benjamin - all waterfalls, not unsuspecting locals. (SB)

DAYS 8-12 Rio de Janeiro

All roads lead to Rio! Catch the overnight bus to Brazil's beachside beauty and arrive in the afternoon of Day 9, then take a city tour the following morning. Begin fairly early, stopping to see the hang-gliders in Sao Conrado, walk around the trails of Tijuca Forest and of course you'll go say hello to Christ the Redeemer at the very top of the city. Continue to Santa Teresa for lunch and then bag a few profile pics at the colourful Escadaria Selarón, brought to fame by Snoop Dogg and Pharell in the song 'Beautiful'. Day 11 is yours to relax, go mingle with the bronzed locals at Copacabana or go seek out some samba. Rio is famous for its night life, so don't miss out on sampling some of it! The tour comes to an end on Day 12. (4B)

Tour Code: BUEIGR



ACCOMMODATION

Hotels [9 nts], overnight bus (2 nts)



INCLUDED MEALS

9 breakfasts



TRANSPORT

Bus

NEED TO KNOWS

TRIP STYLE: Independent Tour

AGE GROUP: Any age

GROUP LEADER: Local guides at Iguassu Falls

GROUP SIZE: Min 1

DEPARTS: Daily

INCLUDED ACTIVITIES

- * Tango Show with dinner and drinks
- * Full-day tour to the Argentine Side of Iguassu Falls
- * Half-day tour to the Brazilian Side of Iguassu Falls
- * Full-day Big Dude Tour in Rio de Janeiro



BUENOS AIRES. ARGENTINA



WONDERS OF BRAZIL

SMALL GROUP ADVENTURE

PRICE
FR £2,099

DURATION
15 DAYS

ROUTE
RIO DE JANEIRO - RIO DE JANEIRO

BRAZIL, URUGUAY, ARGENTINA & CHILE



HIGHLIGHTS



THE PANTANAL

Look out For jags an a two-day excursion to the Pantanal wetlands.



IGUASSU FALLS

See the falls from both the Argentine and Brazilian sides.



BONITO

And eco tourism hub of clear waters and ex pl arable caves.

DAYS 1-3 Rio de Janeiro / Ilha Grande

Spending just your first two days in Rio, take in the city's spirit on a G for Good favela experience which includes a Capoeira lesson and a drumming demo. The following morning, zip across the water to car-free Ilha Grande. Spend time here hiking Forest trails and exploring the islands beaches. (2B)

DAYS 4-6 Paraty

Make the 3DO kilometre journey up the coast to Paraty. Once a staging post For Brazilian gold trading, today it's a popular getaway for people just wanting to relax (and sample some of its famous cachaca). It's also home to some of the world's best Portuguese colonial architecture. Wander aimlessly for two days, relax on the beaches or opt to take a caipirinha boat excursion along the bay. (2B)

DAYS 7-8 Iguassu Falls

Today, jump on a flight to Iguassu Falls, straddling the borders of three countries. You have a couple of days to see the Falls from two sides. Visit the Brazilian side to get the best panoramic view, and opt for a helicopter ride to get yet another angle. Experience Iguassu in Argentina by exploring the nearby trails and catwalks. (B)

DAYS 9-11 Bonito

It's ail travel on Day 9 as you make your way to the eco tourism hub of Bonito. A popular holiday destination among young people From the southern cities, this is a laid-back town that dozes off a little in between the holiday seasons., but never loses its charm. Make the most of the optional activities, and fill your days snorkelling in. the rivers or exploring nearby caves and waterfalls. (2B)

DAYS 12-15 Pantanal / Rio de Janeiro

Travel on to the Pantanal, a wetland region teeming with life and some of Brazil's most impressive wildlife. It's one of the continent's best places for catching life that's as wicked as it is wild. Ona two-day guided excursion, look out for capybaras, howler monkeys, caimans, giant otters, anacondas, anteaters and Jabiru storks. If you Ye lucky, you might even spot one of the resident jaguars as they prowl for their dinner. On Day 1 4, transfer to Campo Grande and fly back to Rio for one last samba-fuelled night. (4B, 2L, 20)

Tour Code: GASZWB



ACCOMMODATION

Hotels (12 ncs), multi-share tented room with hammocks (2 nts)



INCLUDED MEALS

11 breakfasts, 2 lunches, 2 dinners



TRANSPORT

Public bus, van, plane

NEED TO KNOWS

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO)., local guide while in the Pantanal

GROUP SIZE: Max 16, Avg 10

DEPARTURES 2020:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	£
10	07	06	17	01	19	10	14	11	16	20	04	
17	28	13	28	22	26	17	21	18	19	24	08	
31		20			30	24	24	25	23	27		

MY OWN ROOM: fr£969

INCLUDED ACTIVITIES

- * G for Good favela experience
- * Iguassu Falls visit (Brazil & Argentina)
- * Pantanal wildlife excursion



G Adventures



WE KNOW B BECAUSE WE GO

'Rio de Janeiro - wow! Mountains, sea, sparkling beaches and samba-fuelled nightlife. What an incredible city.'

HARRIET, ASSISTANT
STORE MANAGER
IN GUILDFORD



RIO & IGUASSU FALLS

PRICE
FR £341

DURATION
7 DAYS

ROUTE
RIO DE JANEIRO - IGUASSU FALLS



DAYS 1-2 Rio de Janeiro

Your hostel is in the city's lively Copacabana district., so get some ca ip irin has and flop down on the beach. The next day, enjoy the Big Dude Tour and take in all the signature sights of the city, including Christ the Redeemer and the historic district of Santa Teresa, one of Rio's most traditional neighbourhoods.

DAYS 3-4 Rio de Janeiro / Iguassu Falls

For your free day in Rio, the possibilities are endless. Go shopping, hike up to the peak of Dois Irmaos For views over Lagoa and Ipanema, or take your dancing shoes to Pedra do Sal, the birthplace of samba. The next morning, hop on a bus and settle in for your overnight journey to the three-kilometre wide Iguassu Falls.

DAYS 5-7 Iguassu Falls

Wake up and choose From a whole host of activities on your Free day exploring the town of Foz do Iguaçu. Work up an appetite for the following day, and get ready for your Full-day tour oF the Iguassu Falls! As your English-speaking guide leads you around the site, catch some fantastic views of Iguassu, considered by many to be the most beautiFul waterfalls in the world. With dozens of rainbows stretched across the sky, it definitely feels magical. The trip comes to an end on Day 7, with check-out at your hostel taking place at 10am. You're free to depart at any point after that. Not ready to leave yet? We don't blame you! Ask your Travel Expert about your options post-Iguassu, and continue your Latin American journey.

Tour Code: RICH GU



ACCOMMODATION

Mango Tree Hostel (3 nts), Tetris Hostel (2 nts), overnight bus [1 nt]



INCLUDED MEALS

Not included



TRANSPORT

Van

TRIP STYLE: Independent Tour

AGE GROUP: Min 18

GROUP LEADER: English-speaking guide on full-day tours

GROUP SIZE: Min 1

INCLUDED ACTIVITIES: Big Dude Tour, tour to Iguassu Falls

DEPARTS: Daily



VOLUNTEER BRAZIL

PRICE
FR £663

DURATION
2-4 WEEKS

ROUTE
RIO DE JANEIRO



Not many cities can rival Rio's energy, whether that be on the shores of Copacabana or among the pounding rhythms of a samba party. This volunteering project focuses on the less glamorous, but no less vibrant part of town - Pavao-Pavãozinho - where projects are well underway to ensure lasting transformations in this Favela community. Help build skill sets among the poorest residents in one of nine projects, focusing on education, art, manual labour support, urban gardening, sports or women's empowerment.

Tour Code: RI0VL5



HIGHLIGHTS

WORK IN A FAVELA

Work in one of the poorest parts of Rio to develop skill sets and contribute to activities aimed at enriching the lives of local families.

RIO DE JANEIRO

A hip shaker of a city if ever there was one, the city itself is highlight enough! Spend free time on the beach and enjoy an included Big Dude Tour.

NEED TO KNOWS

PROJECT START DATE: Daily (orientation meetings are on Mondays, so we suggest arriving on a Saturday or Sunday)

PROJECT LOCATION: Rio de Janeiro, Brazil

GETTING THERE: Transfer From airport included. Return not included

ACCOMMODATION: Mixed dorm in Cabanacopa Hostel (13+ nts)

MEALS: Breakfast daily

NOTE: Background check required

STAY LONGER: Fr £489 per fortnight

THE PROJECT

Our partners have set up this project to support the true agents of change in Rio's favela communities - the residents. Very much a two-way street, local residents learn best practices in educational development, and volunteers and social entrepreneurs gain valuable community development experience.



RIO TO THE AMAZON AIR EXPEDITION

PRICE: FR £ 1,62B | DURATION: 16 DAYS | ROUTE: RIO DE JANEIRO - MANAUS



INDEPENDENT TOUR

DAYS 1-4 Rio de Janeiro

On a city tour, your guide will take you to the hang-gliding landing area at Sao Conrado Beach, where hang-gliders land after taking off from Pedra Bonita. Following this, you will have the opportunity to visit Tijuca National Park, the Christ the Redeemer statue, the famous Santa Teresa neighbourhood and Escadaria Selaron. Day 3 is a free day before transfer via boat to Ilha Grande. (3B)

DAYS 5-7 Ilha Grande

Explore the Blue Lagoon where you can swim in the warm tropical waters. In the shallow parts, you will see colourful coral and fish. Day 6 takes you to Lopes Mendes Beach, considered one of the most beautiful beaches in the area. Head back to Rio on Day 7. (3 B)

DAYS 8-11 Iguassu Falls / Manaus

Fly to Iguassu Falls where you'll have the chance to get close to the Floriano, Deodoro, and Benjamin waterfalls, as well as the Santa Maria Falls. A visit to the Argentine side of Iguassu Falls is a completely different experience than the Brazilian side and deserves a whole day's worth of your time. (B, 3L, 3D)

DAYS 12-16 Amazon Jungke / Manaus

Head off on a canoe tour to fish for piranha and look out for pink river dolphins. Go for an ecological jungle trek, where your guide will talk about native medicinal plants and survival techniques. Visit a local Caboclo home before heading to Manaus to depart. (SB, 3L, 3D)

Tour Code: BERIOAIR



ACCOMMODATION

Hostels, 3' or 4' hotels (15 nts)



INCLUDED MEALS

12 breakfasts, & lunches. 6 dinners



TRANSPORT

Boat, private vehicle, plane

AGE GROUP: Min 18

GROUP LEADER: English-speaking guide on some experiences

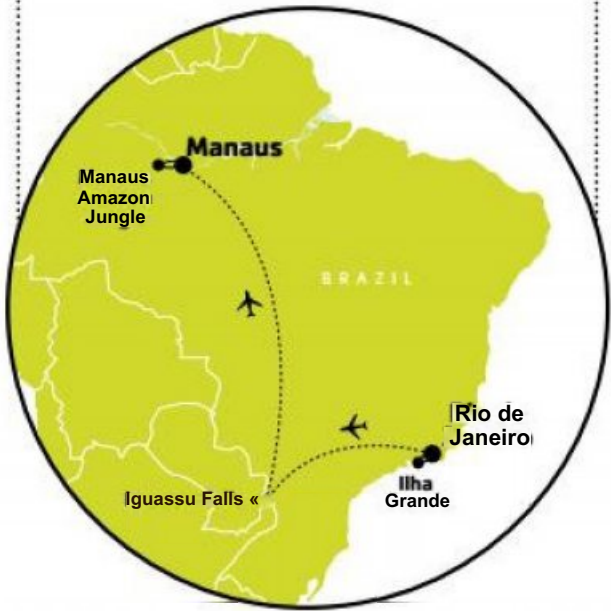
GROUP SIZE: Min 1

INCLUDED ACTIVITIES: Return flight from Rio de Janeiro to Iguassu Falls

DEPARTS: Daily



ILHA GRANDE, BRAZIL



HIGHLIGHTS OF BRAZIL: PARADISE & PARTY

PRICE: FR £649 | DURATION: 8 DAYS | ROUTE: RIO DE JANEIRO - RIO DE JANEIRO



SMALL GROUP ADVENTURE (18-39s)

DAYS 1-2 Rio de Janeiro / Paraty

Toss Rio an earnest 'ate logo' and hop on a road trip to Paraty. Wander the cobblestone streets and get lost amongst the colourful doorways. Paraty's colonial architecture is only half its charm though as there are some of the most stunning tropical beaches you've ever laid eyes on just a short boat ride away. (B)

DAYS 3-4 Paraty / Ilha Grande

Explore Saco de Mamangua, a tropical fjord, by kayak, stop off at remote beaches to explore white sand beaches that meet the jungle. The road trip takes you up the coast next and onto a ferry to Ilha Grande, aka paradise. Here, you'll have a sweet host of options like hiking remote trails, taking a boat trip around the island, sipping on a fresh coconut or going snorkelling. (2B)

DAYS 5-6 Ilha Grande / Rio de Janeiro

You've got loads of free time to soak up all of the splendour that the beaches of Ilha Grande have to offer before travelling back to Rio de Janeiro. Discover the city how you wish by either opting for a city tour to pack in all the sights like the Christ the Redeemer statue on top of Corcovado, or take a stroll along Copacabana Beach. (B)

DAYS 7-8 Rio de Janeiro

In the morning, explore the favela with a local resident on a 6 Adventures-supported tour to watch a drumming demonstration. Get a Capoeira lesson and sample craft beers with a new perspective of the city. Finish off with a free afternoon to discover all that Rio has to offer. (2B)

Tour Code: GASZRR



ACCOMMODATION

Hostel (3 nts, multi-share), simple hotels (4 nts, twin-share)



INCLUDED MEALS

6 breakfasts



TRANSPORT

Local bus, minivan, taxi, plane, ferry

TRIP STYLE: 18-t o-Th irtys ome things

AGE GROUP: 18-39s

GROUP LEADER: CEO (Chief Experience Officer), local guides

GROUP SIZE: Max 18, Avg 14

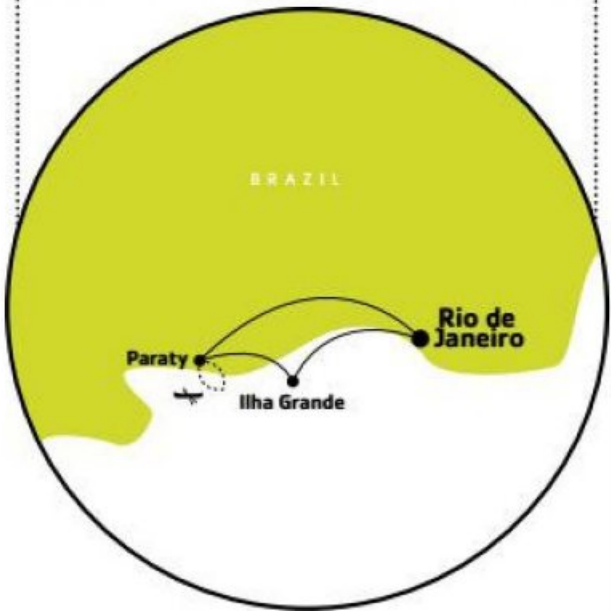
INCLUDED ACTIVITIES: Kayaking in Saco de Mamangua tropical fjord

Esssna

Jan 31	* 1	W CL	3S	E 12	@ 3	Q Lft	Q 10	JW	Nov	Dec	Jan 21	Feb 21	#N
				13 04	08 05	10			14 05	16	20	13	

MY OWN ROOM: Fr £79

G Adventures



Rio

CARNIVAL

Hosting one of the biggest outdoor parties on the planet, Rio cranks up the heat, the sass, the sparkle and the feather count for Carnival. A few attractions close down for the occasion, but it's still a great time to visit the city. After all, five million revellers can't be wrong!

RIO CARNIVAL ESSENTIAL EXPERIENCE

6 DAYS | Fr£1,100

- Sambadrome ticket (Sector 13)
- Siocos party
- See the parade
- Orientation walk
- Escadaria Selarón
- Copacabana Beach
- Tijuca Forest

Street parties? Check. Sequins? Check. Samba? Check! Get into the colourful thick of things with this six-day trip, including a Sambadrome ticket to see the parade, a guided city walk and a day at one of the blocos.

INCLUSIONS

Departs: 21 Feb 20 Accommodation: 3* hotel (5 nts) Meals: Not included Group Size: Max 25 Group Leader: Local guides Transport: Private bus, metro Note: Upgrade to the Complete Carnival Experience. Ask your Travel Expert for details Tour Code: DRRTI



RIO DE JANEIRO CARNIVAL EXPERIENCE

6 DAYS | Fr£ 1,299

- Sambadrome ticket (Sector 5)
- Staff on hand 24 hours
- City tour
- Sugarloaf Mountain
- Christ the Redeemer
- Exclusive Copacabana beach party
- See the parade
- All transfers

A real all-in-one! This bundle includes a ticket to one of the Sambadrome's liveliest sections, as well as trips to Sugarloaf Mountain and Christ the Redeemer. And to really channel the Carioca spirit? An exclusive beach party. Make sure you find something purple to wear!

INCLUSIONS

Departs: 21 Feb 20 Trip Style: Classic Accommodation: 3* hotel (5 nts) Service Level: Standard Meals: 5 breakfasts Group Size: Avg 80 Group Leader: Chief Experience Officers Transport: Private van, public bus, taxi Tour Code: GASZCE



FULL CARNIVAL EXPERIENCE

4 DAYS | Fr £340

- Welcome cocktail & face paint
- Samba dance class
- Sunset boat cruise
- City tour
- Christ the Redeemer & Sugarloaf
- Sambadrome ticket (Sector 12 or 13)
- Daily blocos

Get your fill of samba and street parties with this sizzling four-dayer. On top of your Sambadrome ticket, guides are on hand to escort you to the city's best beaches, blocos and dance classes.

INCLUSIONS

Departs: 21 Feb 20 Accommodation: 3* hotel (3 nts) Meals: 3 breakfasts, 1 lunch Group Leader: Local guides Tour Code: BEBAMCF3

CABANACOPA HOSTEL CARNIVAL BUNDLE AND SAMBADROME TICKET

7 DAYS | Fr £739

- Sambadrome ticket
- See the parade
- Street art tour
- Big Dude city tour
- Free caipirinhas
- Airport pick-up

Transfer from the airport to the popular CabanaCopa Hostel and start as you mean to go on, with a caipirinha in your hand! For flexibility, all included activities (above) can be done on any day, so you can pace yourself or get stuck in!

INCLUSIONS

Departs: 21 Feb 20-02 Mar 20 Accommodation: CabanaCopa Hostel (6 nts) Meals: 6 breakfasts Group Leader: Local guides Tour Code: RIO55C



PARATY & ILHA GRANDE BEACHES



BEACH, ARE YOU READY?

Brazil is famous for its beaches, and nowhere is this more obvious than Paraty. Framed by a coastline dotted with boats and mountains jutting toward the sky, Paraty is a colonial town stuck in time and a paradise lover's dream. Car(e)-free Ilha Grande plays host to its fair share of pristine sandy stretches. It's also sure cleaned up its act since it was first known as a pirates' lair. So just kick back, relax and chill out on the beach.

BRAZIL, URUGUAY, ARGENTINA & CHILE

ILHA GRANDE EXPERIENCE

PRICE: FR £192 | DURATION: 4 DAYS | ROUTE: RIO DE JANEIRO - ILHA GRANDE



INDEPENDENT TOUR

This great little bundle has all the ingredients for a chilled-out beach escape. From Rio de Janeiro, bounce onto a boat and head over to the beautiful island of Ilha Grande for fab beaches, clear blue waters and a whole host of optional activities like diving, snorkelling and trekking. The only means of transportation on this island is your own two feet, helping you unplug and get some peace and quiet. Go beach-hopping in search of secluded spots for some major down time. And reiaxxx...

Tour Code: BCRIOIGE

AGE GROUP: Min 18
GROUP SIZE: Min 10
INCLUDED ACTIVITIES: Return transfers from Rio, Lopez Mendes day trip & Blue Lagoon day trip
ACCOMMODATION: Hostel, 3* or 4* hotel (3 nts)
MEALS: 3 breakfasts
DEPARTS: Daily



COSTA VERDE EXPLORER: RIO, PARATY & ILHA GRANDE X

PRICE: FR £267 | DURATION: 5 DAYS | ROUTE: RIO DE JANEIRO - RIO DE JANEIRO



INDEPENDENT TOUR

Leave Rio and make for the paradise beach locations of Ilha Grande and Paraty. Spend time enjoying tropical scenery, snorkelling and relaxing on the beaches. On Day 2, take a trip to the stunning Blue Lagoon where you will see an abundance of colourful corals and fish. Next up is the colonial town of Paraty on Day 3 where you take some chill out time and explore its well-preserved historic centre. The following day, take a relaxing schooner boat ride before arriving back in Rio on Day 5.

Tour Code: BERIOBCV

AGE GROUP: Min 18
GROUP SIZE: Min 10
INCLUDED ACTIVITIES: All shuttle transfers to/from Rio, Blue Lagoon day trip, schooner boat trip, snorkelling equipment, float toys
ACCOMMODATION: Hostel, 3* or 4* hotel (4 nts)
MEALS: 2 breakfasts, tropical fruits, snacks
DEPARTS: Daily



BRAZILIAN AMAZON

BRANCH OUT INTO THE DEEP, DARK JUNGLE

Although it spreads over a number of countries, a whopping 60% of the Amazon is in Brazil. Sadly deforestation is on the rise, but its biodiversity is still the highest on Earth with more plants and critters than you can count. Although you won't see jaguars at every corner like in a documentary, a river cruise and being woken up by monkeys will prove all the sweeter, fun fact - more than 56% of the dust fertilising this gorgeous greenery is blown over from the Sahara desert.



AMAZON JUNGLE JUMA LODGE: ARARA ESCAPE

PRICE: FR £682 | DURATION: 3 DAYS | ROUTE: MANAUS - MANAUS



INDEPENDENT TOUR

The journey to Juma Amazon Lodge is an adventure in itself. Travel by boat and road deep into the jungle and start spotting the region's diverse wildlife on the way. Keep your keenest eye on the river for the chance to spot the endangered pink river dolphins. Stop to see the Meeting of the Waters, the confluence between the Rio Negro and the sand-coloured Amazon River. Go swimming, canoeing, alligator-spotting or piranha fishing. A highly-skilled naturalist will also accompany you on nature walks into the jungle.

Tour Code: MAOARA

AGE GROUP: Any age
 GROUP LEADER: English-speaking guide
 GROUP SIZE: Max 23
 INCLUDED ACTIVITIES: Meeting of the Waters, alligator spotting, canoe ride or pink river dolphin spotting, piranha fishing, jungle hikes
 ACCOMMODATION: Jungle lodge (2 nts)
 MEALS: 2 breakfasts, 2 lunches, 2 dinners
 DEPARTS: Daily



MANAUS AMAZON JUNGLE ADVENTURE

PRICE: FR £434 | DURATION: 5 DAYS | ROUTE: MANAUS - MANAUS



SMALL GROUP ADVENTURE

This Amazon experience gives you one night at a traditional lodge, another at a local family's home as well as the option of two nights wrapped up like a burrito in hammocks. Go piranha fishing with the hostel guides and learn about medicinal plants on an ecological jungle walk. Getting a few survival techniques under your belt can't hurt, especially if you're not great with a map. The next day, take to the river in a canoe and then visit the home of a native Cabodo family. Sleep amongst nature and wake up to the cacophony of jungle noises!

Tour Code: BEMAOAMJ

AGE GROUP: Min 18
 GROUP LEADER: English-speaking guide
 GROUP SIZE: Min 2, Max 15
 INCLUDED ACTIVITIES: Manaus airport pick-up, moonlight caiman expedition, jungle walk, paddle canoe trip, Caboclo family visit
 ACCOMMODATION: Homestay (1 nt), lodge or camping in hammocks (3 nts)
 MEALS: 4 breakfasts, 5 lunches, 4 dinners
 DEPARTS: Daily



BUENOS AIRES



PARTY LIKE A PORTEÑO

Crank up the spice and strut your way over to Buenos Aires, an aloof mix of old-world European elegance and gritty urban bohemia. Whether you want to throw caution to the wind and venture on to the tango floor or just sit down with a steak and a bottle of red wine, you're in the best place! Get a taste for the eclectic barrios (neighbourhoods) by day, stay up all night with party-loving Portehos and wake up slowly over a cup of mate tea.



MULHOUSE

LOCATION: Downtown Buenos Aires, a five-minute walk from the Obelisk.

VIBE: True to Milhouse form, the hostel is a great spot to meet people and socialise.

HIGHLIGHTS: Mixed or female-only dorms
* Private rooms • Bar • Terrace ■ Nightclub
• Bike rental • Laundry ■ 24-hour reception

STAY 4 PAY 3: 01APR20 - 30NOV20



MILHOUSE

LOCATION: A central spot, just 600 metres from the popular Obelisk.

VIBE: Ideal for social butterflies with daily activities like tango dancing.

HIGHLIGHTS: Mixed or female-only dorms
* Private rooms • In-room safe • Bar • Shared kitchen • Terrace • Bike rental

STAY 4 PAY 3: 01APR20 - 30NOV20



RAMADA

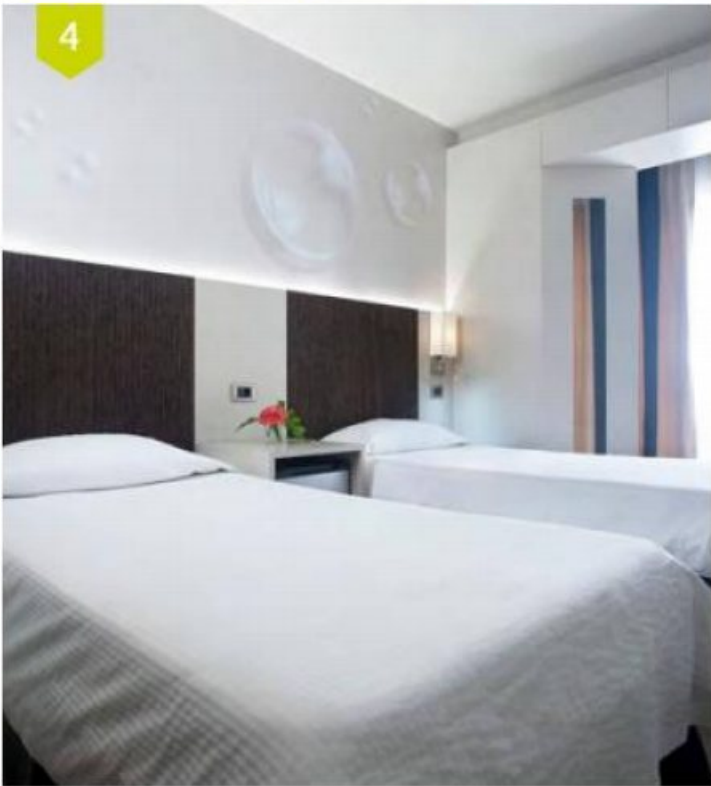
LOCATION: Off Avenida 9 de Julio and just seven kilometres from the airport.

VIBE: A sleek spot to stay after exploring the nearby city centre and beach.

HIGHLIGHTS: Private rooms • Bar ■ Restaurant • Rooftop pool • Sauna • 24-hour reception • Laundry

STAY 4 PAY 3: 01APR20 - 30NOV20

TWO HOTEL, MONSERRAT



FR£65 SINGLE FR£33 TWIN/DOUBLE

INCLUDES BREAKFAST

LOCATION: In the Montserrat district, close to theatres, bars and cafes. This hotel is within easy access of taxi and bus stops. Plaza de Mayo Square and the Obelisk are about a ten-minute walk.

VIBE: Modern and accessible glass-fronted hotel. The sleek rooms are calming and straightforward for you to recharge after a night of tango. A pyramid of treats at the snack bar draws you in like a magnet when wandering through the common areas.

HIGHLIGHTS: Private rooms • Air con • In-room safe • Restaurant • Cafe • Gym • Soundproof rooms • Lift • Luggage storage • Terrace • Laundry • 24-hour reception ■ On-site parking (at extra cost)

BUETWO

IGUASSU FALLS

DON'T GO CHASING WATERFALLS

Legend has it that an enraged god sliced the Iguassu River in half, condemning the woman he was set to marry and her lover to an eternal fall: Iguassu Falls. Either that, or a huge volcanic eruption left a vast crack in the Earth. Whether you believe in legend or science, the thundering water, rising spray and hazy rainbows of this natural wonder should be right at the top of your South American hit list. It's a... mist-icai experience? Never mind.

IGUASSU FALLS
ON A SHOESTRING

FR£102
4 DAYS



SMALL GROUP ADVENTURE

With 275 individual waterfalls joining to make up the entirety of the Iguassu Falls, get up close to the Argentine and Brazilian sides after starting at the local museum. Walk the Upper Trail to the majestic San Martin Fall before finishing on a catwalk to the spectacular Devil's Throat, where rainbows stretch across the mist.

INCLUSIONS

Departs: Daily Accommodation: Hostel (3 nts) Meals: 3 breakfasts Includes: Return transfers to airport/bus station, full day tour to the Falls' Argentinian side and half-day tour to the Falls Brazilian side Tour Code: IGRPA3

IGUASSU FALLS
EXPERIENCE

FR£149
< DAYS



INDEPENDENT TOUR

Witness the sheer power of Iguassu Falls with a comfortable stay at the Posada La Sorgente. Take a full-day tour to the Argentine side of the falls and pay a visit to Puerto Iguassu and its collection of eateries. For a view of the falls from yet another angle, venture over the border on Day 3 for a guided half-day visit of the Brazilian side.

INCLUSIONS


Departs: Daily Accommodation: Hotel (3 nts) Meals: 3 breakfasts Transport: Airport pick-up included Note: Pick-up & drop-off to/From the Brazilian side can be arranged Tour Code: IGRPLS

BUENOS AIRES AND IGUASSU

PRICE
FR £402

DURATION
5 DAYS

ROUTE
BUENOS AIRES - BUENOS AIRES



INDEPENDENT TOUR

From Buenos Aires to Iguassu National Park, this tour combines the busy beauty of the city with natural wonders. Spend three nights going around Argentina's capital. Visit the operatic Colon Theatre, meet local artists in the La Boca neighbourhood and wander La Recoleta. Enjoy dinner and a tango show on your final day before overnighing to Puerto Iguassu. You've got three nights here to tour around the national park. Trek to both the Argentine and Brazilian side of the mighty Iguassu Falls, stopping for panoramic views along the way, ^L

Tour Code: BUEAFG

AGE GROUP: Min 18

GROUP SIZE: Min 1

INCLUDED ACTIVITIES: Buenos Aires city tour, tango show with dinner and drinks. Argentine side full-day tour, Brazilian side half-day tour

ACCOMMODATION: Hostels and hotels (6 nts), overnight bus (1 nt)

MEALS: 6 breakfasts, 1 dinner

DEPARTS: Daily



BACKROADS OF PATAGONIA

OVERLAND GROUP ADVENTURE

PRICE (PLUS LOCAL KITTY)
FR £1,520

DURATION
2 3 DAYS

ROUTE
SANTIAGO - USHUAIA



HIGHLIGHTS



PUCÓN

Get active on the also active Volcano Villarrica. Aft hough it's snow-Capped, prepare to sweat.



PENGUINS

That's right, see these adorably wEil-drEssed little birds waddle about in southern Argentina.



TORRES DEL PAINE

This is one of the postcard-perfect, crown jewels of Patagonia. It's no wonder you hang out for four days.

DAYS 1-4 Santiago / Pucón

Chile's cosmopolitan Santiago calls before you drive south Eo the beautiful lakeside town of Pucon. Whether you like things cool or are a heat fiend, the next two days in Pucdn come bearing the options of trekking to the summit of the snow-capped Volcano Villarrica, relaxing in hot springs or canoeing through the gorges of the Lake District (2B, 2L, D)

DAYS 5-8 Bariloche / Futaleufú / Puyuhuapi

Over the Andes and through Argentina, to your hostel we go. Prepare yourself for the beautiful viewpoints., beaches and waterfalls of Bariloche the next morning before it's off to the rafting mecca of Futaleufu in Chile. If you're feeling adventurous, strap on that life jacket and opt to take on the waves. Past the fjords awaits Queulat National Park, home to the hanging Colgante Glacier. Camp under the stars near Puyuhuapi where the air is clear. (B, 21, D)

DAYS 9-13 Cerro Castillo / Patagonia / El Chaltén / Los Glaciares National Park

Pop over to Cerro Castillo for a woodsy overnight camp, then head back into Argentina the next morning. Kick things up a notch by wild camping in Rio Pinturas this Eime before making for Los Glaciares National Park's El Chaltén. You'll have three days to freely explore the nearby trails, cruise to the Vied ma Glacier and go ice trekking! (4B, 4L, 3D)

DAYS 14-16 El Calafate / Torres del Paine National Park

It's just a short journey to El Calafate, the gateway to the Perito Moreno Glacier. Charge your camera as you'll be taken to all the best viewpoints oF one of the most spectacular sights in Patagonia. Craving more? Opt for a boat trip to get even closer to the massive ice walls. Return to Chile and your lakeside campsite in Torres del Paine National Park. [D]

DAYS 17-23 Torres del Paine National Park / Tierra del Fuego / Ushuaia

You've got four days amid the mountain scenery of Torres del Paine - you lucky duck. Choose to either complete the full W-Trek or pick your own path and freely explore all! the Fantastic viewpoints around the park. Next up is the island of Tierra del Fuego for another night of wild camping before crossing back over into Argentina and down towards the southernmost town in the world, Ushuaia. If your friends came here too, they literally followed you to the ends of the Earth. Go wildlife spotting along the Beagle Channel or even hook up with a cruise to Antarctica. It's time to say adios on Day 23 - it's been a good ride! (7B, 6L, 5D)

Tour Code: DRZSU



ACCOMMODATION

Hostels and hotels [S0%].
camping (50%)



INCLUDED MEALS

14 breakfasts,
14 lunches, 11 dinners



TRANSPORT

Overland vehicle, boat

NEED TO KNOWS

TRIP STYLE: Overland Group Adventure

AGE GROUP: Min 12

GROUP LEADER: 2 crew, local guides

GROUP SIZE: Max 22

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
02	03	02	10						03	02	14	16	13	08
23	25	19							10	21	19	25	20	20
26									28	26	23			

LOCAL KITTY: Approx. USD \$980
payable locally

INCLUDED ACTIVITIES

- * Hike in the Cerro Castillo Reserve
- * Climb Mt. Villarica volcano at Pucon
- * Wild camp in remote Patagonia
- * Guided tour in Torres del Paine N.P
- Trek the famous W-Trek

LIKE THAT? TRY THIS...

Extend your trip

Wildlands of Patagonia & the Altiplano

(43 days, La Paz - Ushuaia]

(DRJZU)

Fr £2,250 (plus local kitty)

Machu Picchu, Gauchos & the Atacama

(32 days, Cuzco - Santiago)

(DRJCS] See page 42

Fr £ 1,800 (plus local kitty)

Inca Empire & Patagonia Explorer

(64 days, Lima - Ushuaia)

(DRLLU) See page 42

Fr £3,860 (plus local kitty)



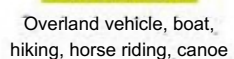
- OVERLAND GROUP ADVENTURE

ROUTE
SANTIAGO - BUENOS AIRES

BRAZIL, URUGUAY, ARGENTINA & CHILE

Home to the Fitz Roy Mountains, this park has some of the best hiking adventures in the world.

Tour Code: DRZSB



POPPY,
STORE MANAGER IN
ST. PAUL'S



HIGHLIGHTS OF CHILE & ARGENTINA

PRICE
FR £ 1,549

DURATION
10 DAYS

ROUTE
SANTIAGO - BUENOS AIRES



DAYS 1-3 Santiago / Valparaíso

Touch down in Santiago and hit the streets with a guided tour. This vibrant metropolis is the perfect spot to shop, relax streetside in a cafe or hike to the lookout of Cerro Santa Lucia in your free time. Leave For the colourful hillsides of Valparaíso and stop at a winery en route. Plonk yourself down on the beach or suss out some street art before taking an overnight bus to Pucon. (2B)

DAYS 4-5 Pucón

Pucon, in the Chilean Lake District, is all about adventure. Opt to hike the snow-capped Villarrica Volcano, soak, in some nearby natural hot springs, go rafting down white water rapids or simply explore the area on foot. This spot is also famous For its skiing and snowboarding, so if you're a powder hound - time to go wild! (2B)

DAYS 6-8 Bariloche / Gaucho Ranch / Bariloche

Cross the Andes into Argentina, driving through the Seven Lakes District. You've got a free evening in the pretty waterfront town of Bariloche before transferring to a gaucho ranch for a barbecue lunch and a horseback ride with the local cowboys. (3B, L)

DAYS 9-10 Buenos Aires

You'll see the mountains from above on your flight to the cosmopolitan capital of Buenos Aires. Once there, opt to tour the city by bike or visit the many museums. If you're looking for that perfect holiday shot, head to the lively neighbourhood of La Boca and immerse yourself in colour before departing at any point on Day 10. (2B)

Tour Code: GASCCA



ACCOMMODATION

Hotels [8 nts], overnight bus (1 nt)



INCLUDED MEALS

EI breakfasts, 1 lunch



TRANSPORT

Plane, public bus, van

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO)

GROUP SIZE: Max 16, Avg 12

INCLUDED ACTIVITIES: Valparaíso visit, guided tour Df Santiago, winery tour, horseback ride at a gaucho ranch

DEPARTURES 2020:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
02	03	05	09	07	04	02	13	03	08	05	03
16	06	12	16	14		30	20	10	15	12	10
30	20	19	30	21				17	29	26	17

Additional dates are available. Please ask for details.

MY OWN ROOM: Fr£4 79



LEARN SPANISH & VOLUNTEER WITH KIDS

PRICE
FR £1,383

DURATION
2-12 WEEKS

ROUTE
BUENOS AIRES. ARGENTINA



This project helps young children faced with malnutrition, poverty, pollution, violence and a lack of education. The centre only exists because of the efforts of volunteers and the donations they bring with them, so your value to this community will be immeasurable. Be ready to cook, serve food, clean, play games and act as a role model as you take up your position as an English teacher. Plus, with 20 hours of included Spanish lessons, you'll also get to play the role of student, getting the best of both worlds!

Tour Code: BUEVOL



HIGHLIGHTS

INSPIRE YOUNG CHILDREN

Help nurture a healthy attitude to education at the earliest stages, and know your efforts mean the world to the children you teach.

BRUSH UP YOUR SPANISH

Get the most of your experience with 20 hours of Spanish lessons, and open up new avenues of communication in the classroom.

NEED TO KNOWS

PROJECT START DATE: Mondays (arrive Sunday for compulsory induction)

PROJECT LOCATION: Buenos Aires

GETTING THERE: Make your own way to the residence bouse

ACCOMMODATION: Volunteer house (14+ nts)

MEALS: Self-catering facilities available

NOTE: 20 hours of Spanish lessons included. Background check required

STAY LONGER: Fr £272

THE PROJECT

The main goal of this centre is to offer children and their families a place of education and support, and to compensate for the government's lack of educational investment. It also offers training and work experience opportunities to unemployed women.

LIKE THAT? TRY THIS...

VOLUNTEER IN A COMMUNITY SOUPKITCHEN [BUESOU]

Work in a kitchen and community centre that provides support to local Families, food for the centre's daycare children and training sessions to unemployed women in the area. 2-12 Weeks, Fr £913

ARGENTINA & CHILE MULTISPORT

PRICE
FR £3,999

DURATION
20 DAYS

ROUTE
BUENOS AIRES - BUENOS AIRES



DAYS 1-5 Buenos Aires / Mendoza / Bariloche

In a brief night of passion, tango with Buenos Aires before flying to Mendoza. Hop on a bike and cycle through Argentina's wine country, but don't taste too much as it's into the mountains for a stunning trek to Aconcagua. Sleep tight on an overnight bus to Bariloche. (4B)

DAYS 6-10 Bariloche / El Chaltén

In the snow-capped Lake District you can hike the Bella Vista trail relax by Nahuel Huapi lake and go white water rafting to the Chilean border. Energy better be high as the adventure doesn't stop there. Day 8, fly to El Calafate and continue to Glacier National Park. A guided hike to Laguna de los Tres unveils a view of the iconic Fitz Roy peaks and the rest of the time is for exploring other trails around Cerro Torre and beyond. (5B, 2L)

DAYS 11-14 El Calafate / Puerto Natales

Raft down class III rapids to El Calafate, then travel to Peri to Moreno Glacier for a guided tour. Puerto Natales is your gateway to Torres del Paine National Park, where you prepare for your upcoming hike. Check out the town, eat a hearty meal and rest up for the hike ahead! (4 BJ)

DAYS 15-20 Torres del Paine Trek / Puerto Natales / Buenos Aires

Start the 62-kilometre W-Trek past turquoise lagoons, rivers and lakes. Camp in stunning wilderness, hike to glacier lookouts and finish off with a scenic ferry ride across Lake Pehoe. On Day 19, Fly back to Buenos Aires before your tour ends on Day 20. (6B, 4L, 3D)

Tour Code: GAS AH 0.



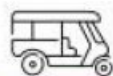
ACCOMMODATION

Hotels (15 nts) overnight bus (1 nt), camping (3 nts)



INCLUDED MEALS

19 breakfasts, 6 lunches, 3 dinners



TRANSPORT

Boat, plane, local bus, private vehicle

TRIP STYLE: Active

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), specialist mountain guides, local guides

GROUP SIZE: Max 16, Avg 12

INCLUDED ACTIVITIES: Mendoza cycling wine tour, 2 full-day hikes, rafting, Peri to Moreno Glacier guided tour, three-night Torres del Paine NP camping, W trek

DEPARTURES 2020/21:

Feb 05 19	Feb 02 16	Mar 01 15	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
									11 25	06 22	06 20	03 17	07 21	07 21

MY OWN ROOM: Fr £969



PATAGONIA TRAIL

PRICE
FR £2,629

DURATION
10 DAYS

ROUTE
SANTIAGO - EL CALAFATE



DAYS 1-3 Santiago / Puerto Natales

Bounce off of Santiago and into Puerto Natales, known as the gateway to Patagonia and the iconic Torres del Paine National Park. Formerly a modest fishing port, this is your home for the next few days. Board a catamaran and head to the Balmaceda and Serrano glaciers for a short hike, stopping along the way for views of penguin colonies and sea lions. (2B, 2L, D)

DAYS 4-5 Puerto Natales

You've got some time in Puerto Natales, so check out the gems like the ship museum, the historic centre and the Milodon cave. Then it's time for the headline event - Torres del Paine National Park. Hike deep into this UNESCO World Biosphere Reserve and keep a look out for foxes, condors, deer and the elusive puma. (2B)

DAYS 6-7 El Calafate

Cross from Chile to Argentina as the locals do - by public bus. El Calafate is named after a berry that, according to legend, once eaten guarantees your return to Patagonia. Visit the Los Glaciares National Park and hike before taking a tour of the Peri to Moreno Glacier on a boat, getting up close to the epic walls of ice. (2B, D)

DAYS 8-10 El Chaltén / El Calafate

Known as the capital of trekking, spend two days in El Chaltén in unspoiled nature. Simply walk the magical forest trails or opt for an ice climbing lesson. Trek to the famous viewpoint of Laguna de los Tres before heading back to El Calafate where you depart on Day 10. (3B, L, D)

Tour Code: COSACH



ACCOMMODATION

Twin-share hotels (9 nts)



INCLUDED MEALS

9 breakfasts, 3 lunches, 3 dinners



TRANSPORT

Private mini van, internal flight, public bus

TRIP STYLE: In-Depth Explorer

AGE GROUP: Exclusively for 18-35s

GROUP LEADER: Trip Manager, local guides

GROUP SIZE: Max 14

INCLUDED ACTIVITIES: Trek through Los Glaciares National Park, boat trip to the Balmaceda & Serrano Glaciers

DEPARTURES 2020:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
		21	11								

MY OWN ROOM: Fr £655



DISCOVER PATAGONIA

PRICE
FR £3,649

DURATION
14 DAYS

ROUTE
BUENOS AIRES - BUENOS AIRES



DAYS 1-3 Buenos Aires / Bariloche

Arrive at any time. Catch a flight to northern Patagonia. Enjoy the highlights of the scenic San Carlos de Bariloche on a circuito chico tour. During Free time to explore this stunning region, opt to take a bike tour or hike. (ZB)

DAYS 4-7 Puerto Varas / Torres del Paine N.P.

Travel to Puerto Varas and enjoy the sights From the Truce de los Lagos', considered one of the most scenic ferry cruises in the world. On Day 5, enjoy Free time to explore on your own. Catch a flight to Punta Arenas then transfer to stunning Torres del Paine National Park. Enjoy a day of exploring the park with an expert guide. Travel by van and embark on short walks to reach amazing lookouts. (4B, L, 2D)

DAYS 8-11 El Calafate / Ushuaia

Drive to El Calafate on Day 8, then take an excursion to view the stunning Perito Moreno Glacier the next morning. Fly to Ushuaia at the end of the Earth, then navigate the Beagle Channel on a catamaran and admire the Les Eclaireurs Lighthouse, Seal Island, Bird Island and see penguins on Martillo Island. (4B)

DAYS 12-14 Buenos Aires

Fly back to Buenos Aires and spend the evening enjoying a lesson from local dancers. Enjoy a city tour visiting key sites and neighbourhoods including Plaza de Mayo, La Boca, and the renowned Recoleta Cemetery. Depart at any time on Day 14. (SB, D)

Tour Code: GASAPNG



ACCOMMODATION

Hotels (13 nts)



INCLUDED MEALS

13 breakfasts, 1 lunch, 3 dinners



TRANSPORT

Bus, plane, boat, ferry

TRIP STYLE: National Geographic Journeys

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 16, Avg 12

INCLUDED ACTIVITIES: Beagle Channel excursion, tango lesson, tours of Perito Moreno Glacier, Buenos Aires and Bariloche Circuito Chico

DEPARTURES 2020/21:

Day	Month	Year	Day	Month	Year	Day	Month	Year	Day	Month	Year	Day	Month	Year	Day	Month	Year
12	02	01	19	05	16	26	18	15	20	17	21	21	18	15	20	17	21

Additional dates are available. Please ask For details.

MY OWN ROOM: Fr£1,9S9



PATAGONIAN ADVENTURE TOUR

PRICE
FR £1,339

DURATION
16 DAYS

ROUTE
BUENOS AIRES - USHUAIA



INDEPENDENT TOUR

DAYS 1-3 Buenos Aires

Rock up to the capital ready for your city tour the next morning. Visit the ever glamorous Colon Theatre, see the colourful buildings in the La Boca neighbourhood and wander around the city-like cemetery in La Recoleta. The next day is all yours to do what you wish before dinner and a tango show at La Ventana. (ZB)

DAYS 4-7 Puerto Madryn

Bust out your best road trip games on an overnight bus to Puerto Madryn and soak up some free time right off the bat. Tour the Peninsula Valdes, home to sea lions, orcas and penguins. If you're craving something extra, opt for a tour of the coastline via the small town of Gaiman, famous for its traditional Welsh tea houses. Time to practice your 'shwmai' and your 'bore da'. (4B)

DAYS 8-12 Río Gallegos / El Calafate

It's night bus round two to El Calafate. Rest up and get ready for your Perito Moreno Glacier tour. Make for the Chilean border to visit Torres del Paine National Park. See Nordenskjöld Lake, Salto Grande Waterfall and several beautiful viewpoints of the Paine Range. Then it's back to El Calafate for a final day of roaming. (SB)

DAYS 13-16 El Calafate / Ushuaia

After a short flight to Ushuaia embark on a full-day tour of the Tierra del Fuego National Park, walking along 1,000-year-old paths. There'll also be time for a boat trip to the islands before returning to Ushuaia and saying your farewells on Day 16. (4B)

Tour Code: BUEPAT



ACCOMMODATION

Hostel/hotel (15 nts)



INCLUDED MEALS

15 breakfasts



TRANSPORT

Public bus, plane, coach

AGE GROUP: Min 18

GROUP LEADER: English-speaking tour guide

GROUP SIZE: Min 1

INCLUDED ACTIVITIES: Tango show and dinner full-day tours to Peninsula Valdes, Perito Moreno Glacier and Torres del Paine, half-day sea lion colony navigation

DEPARTS: Daily (Apr-Sep)



PENINSULA VALDES, ARGENTINA



END OF THE EARTH

SMALL GROUP ADVENTURE

PRICE
FR £2,699

DURATION
14 DAYS

ROUTE
BUENOS AIRES - BUENOS AIRES

BRAZIL, URUGUAY, ARGENTINA & CHILE



HIGHLIGHTS



TORRES DEL PAINE

The name translates to towers of blue and oh boy does it deliver. This remote gem is worth the journey.



BUENOS AIRES

It looks a lot like Europe, but feels distinctly Latin. Learn the tango and munch on world-class beef.



USHUAIA

It's more than just the gateway to Antarctica. Try hiking, sailing and skiing like it's the end of the world.

NEED TO KNOWS

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), mountain guide in Torres del Paine, local guides

GROUP SIZE: Max 16, Avg 12

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
04	01	02							10	02	05	02	01	01
11	08	07							12	07	07	04	05	06
13	10	09							17	09	12	09	08	08

Additional dates are available. Please ask. For details.

MY OWN ROOM: Fr £889

INCLUDED ACTIVITIES

- Full-day El Chalten and Los Gladares National Park hike
- Perito Moreno Glacier guided tour
- Torres del Paine National Park excursion and guided hikes



C Adventures

DAYS 1-3 Buenos Aires / El Chaltén

Strut out into Buenos Aires and explore the eclectic neighbourhoods before flying to El Calafate and transferring to El Chaltén. A full-day hike is in store to the Laguna Torre and Laguna de los Tres, surrounded by the striking landscape of Glacier National Park. Walk through a sea of granite pinnacles, gawp at the iconic Cerro Fitz Roy (a whopping 3,441 metres) and hang out at the village of El Chalten for a taste of local life. (B)

DAYS 4-5 El Chaltén / El Calafate / Perito Moreno Glacier

Return to El Calafate then drive west to the Perito Moreno Glacier, one of only three advancing glaciers in Patagonia. During the trip you may spot condors, rheas, eagles or flamingos, but the real star of the day is the glacier itself. Enjoy a guided tour on Day 5, as this handsome hunk of ice is 18,000 years old and still looking cool. (2B)

DAYS 6-9 Puerto Natales / Torres del Paine National Park

Continue south along an unpaved road to the Chilean border. A relaxing evening in Puerto Natales prepares you for an epic trip to Torres del Paine, one of South America's most prized national parks. With nightly camping and daily hikes, you'll see that the park doesn't have a bad side in the shadow of rugged peaks and electric blue glaciers. Keep an eye out for herds of guanaco and a growing population of puma, then return to Puerto Natales on Day 9. (4B, 2L, 2D)

DAYS 10-12 Punta Arenas / Ushuaia

From Punta Arenas cross into Argentina's Ushuaia by bus. This city is situated on the tip of the continent and faces towards Antarctica. It also happens to be your base for optional marine wildlife cruise of the Beagle Channel. If your friends came with you here, you can literally say they followed you to the ends of the Earth. (3B)

DAYS 13-14 Ushuaia / Buenos Aires

Fly back to Buenos Aires and see the parts of the city you missed first time round. If you haven't satisfied your steak quota just yet, this is the time to do it! After dinner, work out the meat sweats with a round or two of tango and find yourself a partner at a local club to throw around the dancefloor. The trip ends on Day 14. (2B)

Tour Code: GASAPE



ACCOMMODATION

Hotels (11 nights), camping (2 nights)



MEALS

13 breakfasts, 2 lunches, 2 dinners

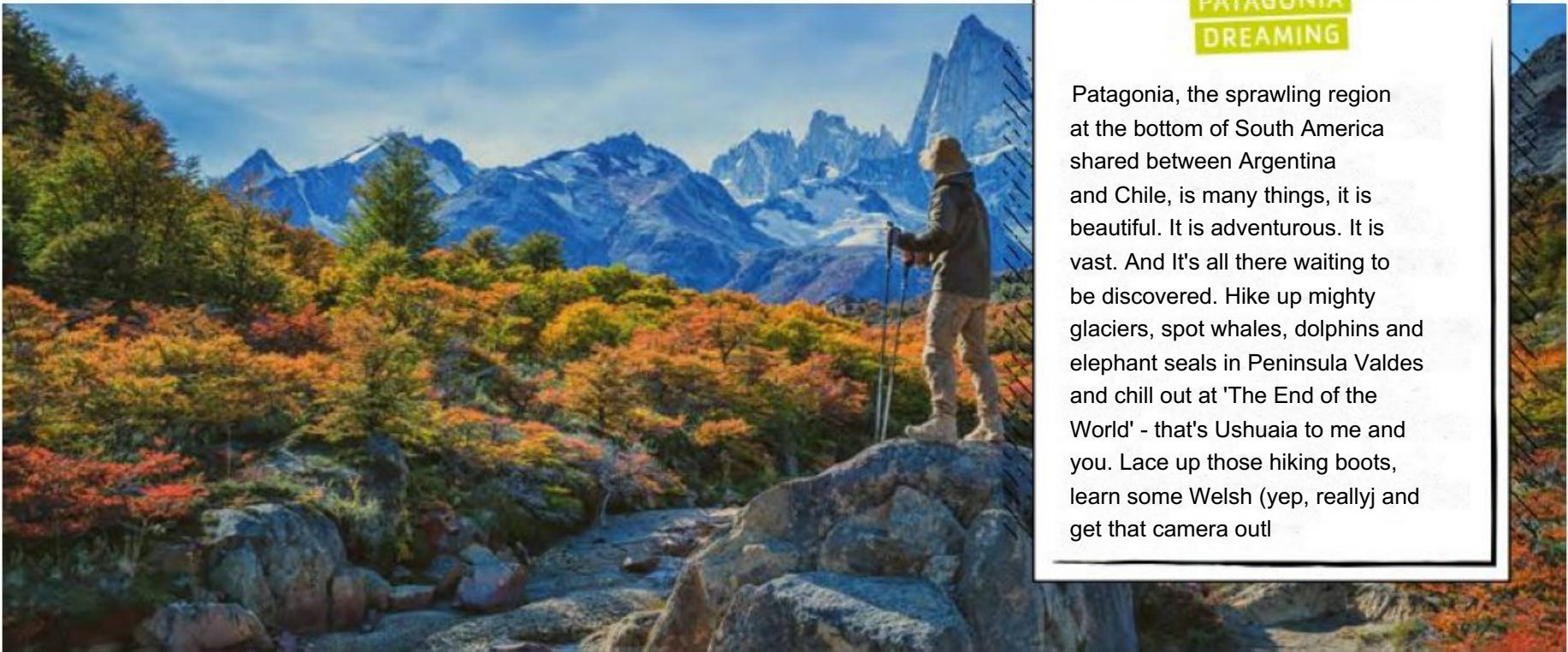


TRANSPORT

Public bus, van, plane, boat



PATAGONIA



PATAGONIA DREAMING

Patagonia, the sprawling region at the bottom of South America shared between Argentina and Chile, is many things, it is beautiful. It is adventurous. It is vast. And It's all there waiting to be discovered. Hike up mighty glaciers, spot whales, dolphins and elephant seals in Peninsula Valdes and chill out at 'The End of the World' - that's Ushuaia to me and you. Lace up those hiking boots, learn some Welsh (yep, really) and get that camera out!

EL CALAFATE
ALL GLACIERS

FR£320
5 DAYS

SMALL GROUP ADVENTURE

Spend five days among the icy peaks of Los Glaciares National Park on this breathtaking tour in southern Argentina. A full-day trip takes you to the Perito Moreno Glacier which is still miraculously growing. Then explore Argentine Lake, Onelli Bay and other glaciers like the blindingly white Spegazzini Glacier. Water has never looked better.

INCLUSIONS

Departs: Daily Accommodation: Hostel (4 nts) Meals: 4 breakfasts
Includes: airport pick-up and drop-off, Perito Moreno Glacier tour Note:
Entry fees to the national parks are not included Tour Code: FTEAGP

EL CALAFATE &
TORRES DEL PAINE

FR£301
5 DAYS

SMALL GROUP ADVENTURE

Head off to the wilderness for five days in the spectacular surroundings of Los Glaciares and Torres del Paine National Park. Wrap up warmly for your adventure to the jaw-dropping Perito Moreno Glacier. The next day brings Lago Sarmiento and Torres del Paine National Park for imposing peaks and coloured lakes.

INCLUSIONS

Departs: Daily (Sep-Apr) Accommodation: Hostel/hotel (4 nts) Meals: 4
breakfasts Includes: Airport pick-up, Perito Mareno Glacier taur, Torres det
Paine taur Nate: Entry fees nat included Tour Code: FTEELC

49.4Mb

EL CALAFATE & EL CHALTÉN
TREKKING THE FITZ ROY

FR£364
6 DAYS

SMALL GROUP ADVENTURE

This area of Patagonia is full of ice-capped adventure. Start off easy with short hikes around El Calafate's Laguna Nimez for a dynamite sunset, then scoot over to Perito Moreno Glacier for a boat ride up close to the growing ice walls. Once in El Chalten, take a self-guided trek to Cerro Torre viewpoint, then finish with a bird-spotting stroll.

INCLUSIONS

Departs: Daily Accommodation: Hotels or hostels 15 nts) Meals: 5
breakfasts Transport: Round bus trip El Cafafate/E] Cbalten/El Calafate
Tour Code: FTESIP

PATAGONIA
HIGHLIGHTS

FR£413
8 DAYS

INDEPENDENT TOUR

Kick off with the amazing self-guided treks in El Chalten. Take your time to hike to the base of the Fitz Roy or follow the several marked trails. Once back in El Calafate, get to know the Perito Moreno Glacier. Cross into Chile and discover Torres dei Paine National Park. You can then end your trip in Punta Arenas or Calafate as you like.

INCLUSIONS

Departs: Daily Accommodation: Hotels (? nts) Meals: 7 breakfasts
Inclusions: Peri to Moreno Glacier full-day tour, Torres del Paine fob-day
excursion, all bus transportation and airport drop-off Tour Code: FTEPAT

TORRES DEL PAINE THE W TREK

PRICE
FR £999

DURATION
6 DAYS

ROUTE
PUERTO NATALES - PUERTO NATALES



DAYS 1-2 Puerto Natales / Serrano Camp

Puerto Natales is the gateway to the iconic Torres del Paine National Park, so its nothing if not scenic. Take a day here to acclimatise and rent all equipment needed for the hike. Make sure you get plenty of rest though - it's an active Four days ahead! Start the 62-kilometre route by trekking to the base of Las Torres to see the dramatic three towers and turquoise lagoon below. (B, L, 0)

DAY 3 Paine Grande Camp

Nothing wakes you up like a picturesque Ferry ride on the waters of Lake Pehoe. Later on, hike Grey Lake, passing by the lookout point for Grey Glacier to admire its sheer scale. Its a pretty breathtaking place - and it's not just because of the altitude. (B, L, ☐)

DAY 4 Cuernos Camp

Hike first to the Italian camp, then set out to the French Valley Mira dor. Take in some epic scenery on this stretch -think light blue lakes contrasting beautifully against the deep green forest. Getting tired? Try taking bigger steps when hiking to save energy in the long run. (B, L, ☐)

DAYS 5-6 Cuernos Camp / Puerto Natales

Its the final day of the W Trek, and there's no better way to go out than with the views of the Cuernos del Paine. Snap a photo of the mountains reflecting in the Lake Nordenskjöld before heading back to Puerto Natales for one final night. Head off at any point on Day 6. (2B, L)

Tour Code: GASCWT



ACCOMMODATION

Hotels (2 nts), camping (3 nts)



INCLUDED MEALS

5 breakfasts, 4 lunches. 3 dinners



TRANSPORT

Van, ferry

TRIP STYLE: Active

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), mountain guides, local guides

GROUP SIZE: Max 16, Avg 12

INCLUDED ACTIVITIES: Three-night Torres del Paine National Park camping excursion

DEPARTURES 2020/21:

04	01	07	04	S	Y	5	ug	ep	ro	z	o	ec	an	21	Feb	21	mar	21
04	01	07	04						10	07	01	02	06		09			
18	08	17							20	11	12	19	16		23			
25	22	31							31	1?	22	26	27		30			

Additional dates are available. Please ask For details.

MY OWN ROOM: Fr £79



LIKE THAT? TRY THIS—

Hike Patagonia in Depth
14 days [GA5API]

Fr £2,749

TORRES DEL PAINE W TREK

PRICE
PR £319

DURATION
9 DAYS

ROUTE
EL EALAFATE - PUERTO NATALES



If you've considered traveling to Patagonia you may have imagined rocky mountains, lakes, forests and glaciers. Solitude, immensity and adventure. Well...the W-Trek in Torres del Paine National Park can be named as the top activity to do in Patagonia, along with a visit to Perito Moreno Glacier, an ice-blue star in Argentine southern territories. The first days are yours to explore El Calafate and Perito Moreno Glacier. Then a bus takes you to Puerto Natales to begin the wonderful W-Trek in Torres del Paine National Park. When the trek is finished, head back to Puerto Natales and transfer to the airport or take an optional bus to El Calafate.

INCLUSIONS

Departs: Daily Accommodation: Hotel (4 nts), dorms or tents (4 nts)
Meals: 4 breakfasts Inclusions: Perito Moreno Glacier Full Day Tour, W Trek
Circuit 5 days, entrance fee to national park Note: Intermediate level of fitness required Tour Code: PNTWT8

USHUAIA - THE END OF THE WORLD

PRICE
FR £256

DURATION
4 DAYS

ROUTE
USHUAIA - USHUAIA



Just like R.E.M. sing in their hit song, 'it's the end of the world as we know it, and I feel fine' - but you know, in a more literal and less apocalyptic sense. Tierra del Fuego is the southernmost tip of the Americas and as close as civilisation has got to Antarctica. Arrive in Ushuaia and take a half-day tour of Tierra del Fuego National Park. There are 1,000-year-old paths waiting for you to tread, or hit the water by opting to canoe along the Lapataia River and see the abundant wildlife along the coast. It's an early start on Day 3 for a half-day sea lion colony trip to see these cuties lounge about on the beach - you'll see them again too with a sail to a series of islands.

INCLUSIONS

Departs: Daily (from Ushuaia) Accommodation: Hastel/hcitei (3 nts)
Meats: 3 breakfasts, 1 lunch Note: Entry fees for the national parks are not included Tour Code: USHPAC



Vivid emerald, violet tints, intense blue and crimson
light - the Antarctic is anything but a world of white
desolation. Encounter huge whales, enormous colonies
of penguins and stunning landscapes few have ever
witnessed . Bring on that seventh continent!

THE BOAT



Facilities

When you're not exploring, stretch your sea legs in the gym, warm up in the sauna, chill out in the lounge and get ship faced in the Polar Bear pub.



On-Board Experts

A 5 5-strong crew, plus 14 marine biologists, historians and naturalists are on hand to share their knowledge on all things Antarctica.



Zodiac Fleet

A large fleet of Zodiac boats with 4-stroke engines will take you ashore on various excursions, meaning you can get right in the thick of it.



G Expedition Parka

All passengers receive their own high-performance parka, specifically designed for adventuring in the polar regions' frozen climate.

FAQs

WILL THE COLD AFFECT ME?

Colder, drier and windier than anywhere else on the planet, Antarctica requires plenty of preparation. Highs of 15 degrees have been reported, though even in the summer, temperatures are below freezing most of the time. Pack plenty of layers!

HOW FIT DO I NEED TO BE?

As you'll be setting foot on land, walking, hiking and even swimming [if you're brave!], we recommend you have at least a moderate level of fitness if you're joining this tour. In order to join, you'll also need to fill out a medical form. It's a prerequisite.

WHERE WILL I SLEEP?

You'll be staying aboard the G Expedition boat in twin, triple or quad-share cabins. AM have their own en suite, plus a porthole or window. Looking for something more fancy? Opt for your own private suite. There's nothing better than being lulled to sleep by the waves.

WHAT WILL I EAT?

On board the expedition ship you'll find a diverse range of gourmet international cuisines prepared by professional chefs. There's always different meals available (not to mention tasty) and vegetarians will find plenty of options.

ANTARCTICA Classic

11 DAYS, USHUAIA - USHUAIA

FR £5,699

HIGHLIGHTS



WILDLIFE

As barren as it looks, life - specifically penguins, whales, seals and seabirds - thrives here.



DAILY LECTURES

Days at sea are filled with lectures on everything from local wildlife to Antarctica's geology and history.



ZODIAC EXCURSIONS

No need for binoculars! Jump in a Zodiac boat and get closer to the Antarctic action.

DAYS 1-2 Ushuaia

Arrive in Ushuaia and enjoy the sights of the world's southernmost city, and meet your group this evening. The morning of Day 2 is left free, ideal if you need to buy any last-minute essentials or try out an optional excursion to Tierra del Fuego National Park. The G Expedition sets sail in the afternoon. Enjoy your first evening on-board by watching the sunset over the Beagle Channel. (B, D)

DAYS 3-4 The Drake Passage

Your adventure begins with a 1 ODD-kilometre crossing of the passage named in honour of the 16th-century English sea captain. Sir Francis Drake. As the lecture sessions begin, learn about the extraordinary human and natural history of Antarctica from your expedition team. During the excursion, you'll spend some time collecting ocean data as part of the G For Good project in partnership with the Central Caribbean Marine Institute. (2B, 2L, 2D)

DAYS 5-8 The Antarctic Peninsula & South Shetland Islands

This is what you've been waiting for! your first glimpse of the Great White Continent! For four days, the ship will navigate southwards through

the Bransfield Strait, making stops in the South Shetland Islands en route to the Antarctic Peninsula. The goal is to attempt two shore excursions per day, but the daily schedule will depend on the weather and ice conditions. The Antarctic Peninsula and South Shetland Islands are bouncing with wildlife. Penguins gather with their chicks, whales are seen in great numbers, seals chill out on ice floes and numerous albatross and other sea birds trail in the wake of the ship. There's plenty of time to enjoy the scenery. Cue glittering glaciers, imposing icebergs, saw-toothed mountains and fields of ice that stretch forever. As well as enjoying Antarctica's endless beauty, you might also get the chance to get involved with the Ocean Health Fund. (4B, 4L, 4D)

DAYS 9-11 The Drake Passage / Ushuaia

Today, the journey back up north to Ushuaia begins. Review the highlights of your Antarctic experience with the lecturers and staff - being here is something most people never get the chance to do. Up on the observation deck, scour the waters one last time to get that sought-after tail shot of a passing whale. On Day 11, arrive back into Ushuaia and disembark after breakfast. (SB, 2L, 2D)

Tour Code: GAXVCASX



ACCOMMODATION

Twin-share hotel [1 nt], G Expedition vessel (twin, triple or quad-share cabins and suites, all with en suite) [9 nts]



INCLUDED MEALS

10 breakfasts, 8 lunches, 9 dinners



TRANSPORT

G Expedition, Zodiac, private bus

NEED TO KNOWS

TRIP STYLE: Marine

AGE GROUP: Min 12

GROUP LEADER: One expedition team member per 10 guests

GROUP SIZE: Max 134

DEPARTURES 2020/21:

Jan 02	Feb 13	Mar 13	Apr 13	May 13	Jun 13	Jul 13	Aug 13	Sep 13	Oct 13	Nov 13	Dec 13	Jan 21	Feb 21	Mar 21
--------	--------	--------	--------	--------	--------	--------	--------	--------	--------	--------	--------	--------	--------	--------

INCLUDED ACTIVITIES

- Zodiac excursions
- Lectures and educational programmes
- Waterproof boots supplied for UK sizes 2-14
- Expedition parka



G Adventures

Ask your instore Travel Expert about our latest EXCLUSIVE DEALS

ANTARCTIC CAMPING

FR £299

Follow in the footsteps of bold explorers and experience this land's awe-inspiring splendours first-hand.

ANTARCTIC KAYAKING

FR £799

Head out in kayaks on days where zodiac landings are also available.



YOUR TRIP

VVV QU&AL ANTARCTIC CIRCLE

14 DAYS, USHUAIA - USHUAIA

FR £7,199

Nowhere on Earth compares to Antarctica. Think penguins shuffling across snow-covered shores, dramatic, untouched landscapes and whales gliding through frigid waters. Join the G Expedition on a voyage of discovery to our planet's last frontier. The ice-strengthened ship is ideally suited to cruising this frozen wilderness, and expert staff are on hand to ensure you fully appreciate your majestic surroundings. Sail the Drake Passage past the South Shetland islands, then explore the western coast of the Antarctic Peninsula, keeping your eyes peeled for seals and seabirds.

INCLUSIONS

Departs: 30Jan20, 01Mar20, 20Dec20, 29Jan21, 01Mar21
Accommodation: G Expedition vessel (twin, triple or quad-share cabins and suites) Meals: 13 breakfasts, 11 lunches, 12 dinners
Age Group: Min 12 Group Leader: 1 expedition member per 10 guests Inclusions: Airport transfers, Zodiac excursions, daily lectures, expedition parka, waterproof boots Tour Code: GAXVQCSX

Just like the Antarctica Classic tour, this voyage introduces you to the visual splendour of the South Shetland Islands and Antarctic Peninsula, but adds on two additional days to better experience the immense scale and majesty of this frozen frontier. Each day presents a new discovery, whether you're cruising through ice-choked channels, glimpsing whales breaching pristine waters or encountering chattering penguin rookeries. Massive, magnificent and unforgiving, Antarctica will leave your mind searching for words to describe it.

INCLUSIONS

Departs: 10Nov20, 30Nov20 Accommodation: G Expedition vessel (twin, triple or quad-share cabins and suites) Meals: 12 breakfasts, 10 lunches, 11 dinners Age Group: Min 12 Group Leader: 1 expedition member per 10 guests Inclusions: Airport transfers, Zodiac excursions, daily lectures, expedition parka, waterproof boots Tour Code: GAXVAESX

> ANTARCTICA • Classic IN DEPTH

FR £5,799

13 DAYS, USHUAIA - USHUAIA



SPIRIT OF Shackleton 21 DAYS, USHUAIA - USHUAIA

FR £11,999

DAYS 1-5 Ushuaia / Beagle Channel /
Falkland Islands

Spend three weeks following In the Footsteps of Shackleton on this Antarctic adventure. Starting on South America's southernmost tip, Ushuaia (aka the End of the World) is where your voyage begins. Settling into life aboard the G Expedition, sail to the weather-beaten Falkland Islands via the Beagle Channel, and meet the hardy locals of Port Stanley. (4B, 31, 40)

DAYS 6-11 Southern Ocean /
South Georgia

Keep a look out for whales and seabirds as you journey to South Georgia. Weather permitting, four days will be spent exploring this isolated island. You'll also get a once-in-a-lifetime chance to observe a huge colony of King penguins. (6B, 6L, 6D)

DAYS 12-17 Scotia Sea /
Antarctic Peninsula

From one awe-inspiring sight to the next! Sail the nutrient-rich waters of the Scotia Sea until you reach the Antarctic Peninsula and South Shetland Islands. Stretch your sea legs on various shore landings, and experience surreal remoteness, extreme cold, stunning scenery and lots of wildlife. At night, stargaze until you go dizzy. (6B, 6L, 6D)

DAYS 18-21 Drake Passage / Ushuaia

In between whale watching and seal spotting, enjoy lectures by on-board marine biologists and historians. Cruise through Drake Passage back to Ushuaia where your expedition comes to an end. (4B, 3L, 30)

Tour Code: GAXVSHSX

TRIP STYLE: Marine

AGE GROUP: Min 12

GROUP LEADER: 1 expedition
team member per 10 guests

GROUP SIZE: Max 134

INCLUDED ACTIVITIES: Airport
transfers, Zodiac excursions,
daily lectures and Q&A sessions,
expedition parka, waterproof boots

DEPARTS: 1 Feb20, 1 Feb21(J,
10Jan21, 10Feb21



Accommodation

Twin-share hotel (1 nt),
G Expedition vessel (twin, triple
or quad-share cabins and suites,
all with en suite) (19 nts)



Inboard Dining

20 breakfasts, 10 lunches,
19 dinners



Transport

G Expedition, Zodiac,
private bus



ULTIMATE CENTRAL AMERICAN OVERLAND: MEXICO CITY TO PANAMA CITY

55 DAYS 1H | "£3,355 {PLUS LOCAL KITTY}

NEED TO KNOWS

TRIP STYLE: Overland Group Adventure

AGE GROUP: Min 18

GROUP LEADER: 2 crew, local guides

GROUP SIZE: Max 22, Avg 16

LOCAL KITTY: Approx. USD \$1,530 payable locally

DEPARTURES 2020:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
		24						14			3

Ask your instore Travel Expert about our latest **EXCLUSIVE DEALS**

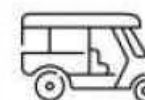
INCLUDED ACTIVITIES

- Guided tours of Chichen Itza, Palenque, Monte Alban, Yaxchilan, Tikal & Copan
- Sumidero Canyon boat trip
- Rio Dulce boat trip
- Eco4odge stay on a Guatemalan farm
- Manos Ami gas Community Centre stay
- Santa Ana Volcano trek
- Camino Real hike
- Visits to Tulum, Chichicastenango Market, Monteverde Cloud Forest National Reserve, Manuel Antonio National Park & Miraflores Visitor Centre



ACCOMMODATION

HotEls (80%), camping (20%)



TRANSPORT

Overland truck boat, plane



INCLUDED MEALS

All meals included while camping, some breakfasts at hotels

DAYS 1-7 Mexico City / Oaxaca / San Cristobal de las Casas / Frontera Corozal

Mexico gets your full attention for the first part of your Central American journey, with your starting point naturally being Mexico City. From there, head to Oaxaca, Famous For its colonial architecture, tasty cuisine and indigenous culture. Enjoy a guided tour of nearby Monte Alban on Day 3, then continue to San Cristobal de las Casas for an included boat trip through the gorge-ous Sumidero Canyon. End your first week in the remote town of Frontera Corozal.

DAYS 8-12 Palenque/Merida / Chichen Itza / Tulum

It's time For a history lesson. Learn about the ancient Mayan civilisation with guided visits to the ruins of Yaxchilan and Palenque, then spend a few days camping and jungle hiking before moving on to Merida. We hope you're not too 'templd-ouf because the mother of all Mayan citadels is yet to come! Accompanied by a guide, discover the impressive stone structures and stepped pyramids of Chichen Itza on Day 11. Another day, another archaeological site, this time Tulum, best-known For its photogenic cliffTop ruins that overlook the sea.

DAYS 13-24 Caye Caulker / San Ignacio /Tikal / Poptun / Rio Dulce / San Andres Itzapa

Belize beckons on Day 13. Go slow on the tiny island of Caye Caulker. Opt to go snorkelling, take a scenic Flight over the Great Blue Hole or simply kick back on the beach, rum-based cocktail in hand. Day 16 and it's time to take things up a notch with caving^ hiking and biking in San Ignacio. After, cross into Guatemala to the towering temples of Tikal and camp at a working ranch in Poptun. From Rio Dulce, take an included boat trip to the coastal town oF Livingston, then overnight at the Manos Ami gas Centre, a project supporting vulnerable women and their children.

DAYS 25-31 Panajachel / Antigua /Cerro Verde N. P. /Suchitoto

Situated on the shores oF Lago de Atitlan, picturesque Panajachel is up next. Cue lakeside sunsets, optional watersports and a visit to Chichicastenango Market. Two Full days in UNESCO-listed Antigua mark the halfway point of your tour. Enter El Salvador on Day 29 and go volcano trekking and camping in Cerro Verde National Park. After, head to Suchitoto for a walking tour and visit a local community project.

DAYS 32-40 Copan /Roatan / Lake Yojoa /Somoto/Leon

Hola Honduras! Hop over the border into your fifth country and continue on to Copan where you'll have a guided tour of the nearby Mayan ruins. On Day 34, drive to San Pedro Sula and take a short flight to Roatan, the largest of the tropical Bay Islands. Your base For the next couple oF nights will be a beachside hotel in the beautiful West Bay area. Feeling well-rested, return to the mainland and travel east through the countryside to tranquil Lake Yojoa. Next up, Nicaragua. Set your sights on Somoto Canyon and stay in cabins near a village community. After a half-day canyoning, journey to the university town oF Leon.

DAYS 41-48 Granada / Ometepe / La Fortuna / Monteverde

Backdropd by volcanoes and Lake Nicaragua, the country s oldest city, Granada, greets visitors with its laid-back atmosphere and old-world charm. With free time on your hands, wander its cobblestone streets from church to church, and people watch on the caFe-lined Calle la Calzada. Days 43 and 44 are spent on Ometepe Island, home to ancient petroglyphs and abundant wildlife. Passports at the ready, Costa Rica calls on Day 45. Ferry back to San Jorge and drive to La Fortuna, a small town nestled in the shadow of the mighty Arenal Volcano. Optional activities here include zip lining and white water rafting. Adventure sports not your thing? Enjoy a relaxing soak tin the hot springs. On Day 47, make for the cloud Forest of Monteverde and enjoy a guided hike.

DAYS 49-55 Manuel Antonio N.P. /Boquete /Chagres N. P. / Panama City

From one natural beauty to the next! Travel to the beaches of Manuel Antonio National Park on the Pacific Coast. Over the next few days, soak up the stunning scenery and learn about the area's diverse flora and fauna on guided nature walks. Day 51 and it's time to check off your last country. Cross into Panama and drive through the Chiriqui highlands until you reach Boquete, known for its cool climate and pristine surroundings. Don't hang up your hiking boots just yet, there's still some more trekking to be done in Chagres National Park. Follow the 16th-century Camino Real through the jungle on Day 53. Your final two days are spent in Panama City where you can visit the world-famous canal.

Tour Code: DRCMP

LIKE THAT? TRY THIS...

MEXICO CITY TO ANTIGUA

28 DAYS (DRZMG)

ROUTE:

Fr £ 1,645 (plus local kitty)

ANTIGUA TO SAN JOSE

21 DAYS (DRZGN)

ROUTE:

Fr £1,590 (plus local kitty)

ANTIGUA TO PANAMA CITY

28 DAYS (DRZGP)

ROUTE:

Fr £ 1,855 (plus local kitty)

ANTIGUA TO QUITO

47 DAYS (DRCGQ)

ROUTE:

Fr £3,190 (plus local kitty)

MEXICO CITY TO QUITO

74 DAYS (DRCMQ)

ROUTE:

Fr £4,675 (plus local kitty)

MEXICO CITY TO RIO

152 DAYS (DRCMRJ)

ROUTE:

Fr £8,470 (plus local kitty)

MEXICO CITY TO USHUAIA

156 DAYS (DRCMU)

ROUTE:

Fr £8,790 (plus local kitty)

HIGHLIGHTS



ARENAL VOLCANO

This wild beauty still has rolling boulders the size of lorries on the daily. It's best to admire from afar.



GFOR GOOD

Try your hand at Mayan pottery techniques in San Antonio, and help local women support their families.



CAYE CAULKER ISLAND

Does this Caribbean island have white sand beaches and vibrant reefs? You better Belize it

Central America is a treasure trove for the intrepid traveller. From the 'no shoes, no shirt, no problem' attitude of Belize (it's practically their motto), to the Mayan ruins of Tikal and the plazas of San Jose, it just keeps on giving.

DAYS 1-7 Playa del Carmen / Caye Caulker / San Ignacio

First up. Playa del Carmen on the Caribbean coast. Not a bad start! Don your snorkel and explore the Mayan ruins of Tulum. Before you know it, you're off to the paradise of Belize where the marine life is plentiful and the Mayan ruins as impressive as ever. Go unplugged on the island of Caye Caulker with plenty of free time to dive or snorkel with stingrays and nurse sharks. Visit a G for Good pottery cooperative on Day 6 before heading inland to San Ignacio, where the sacred cave of Actun Tunichil Muknal and Xunantunich await. (L)

DAYS 8-10 Flores/Tikal/Rio Dulce

Onwards to Guatemala's charming town of Flores with its cobblestoned streets and brightly painted houses. A guided tour shows off the fascinating ruins at Tikal, perhaps the most recognisable of them all. Your next stop will be Rio Dulce, a small town on Lake Izabal and the ideal spot for some R&R. Hop on a boat to coastal Livingston, go see the protected manatees or hike through the jungle trails.

DAYS 11-14 Antigua / Panajachel / San Juan La Laguna

Head to Antigua, where an orientation tour gives you a feel for the sights of the colonial city. Travel to Panajachel, a relatively modern town with a great deal of old-world flavour. Continue on to Lake Atitlan for beautiful views and embark on a boat journey across the water. Tonight, take part in a G For Good home stay and head out to hunt for colourful textiles in the local village. (D)

DAYS 15-18 Antigua/Copan

Return to Antigua and browse the shops for Antigua's three specialities - textiles, jade and ceramics. An included group salsa lesson is in store before you practice your fancy Footwork on a night out on the town. On Day 17, leave Guatemala and cross the border into Honduras. Head to the World Heritage Site of Copan, some of the most important and unusual Mayan ruins.

DAYS 19-22 Suchitoto / Concepcion de Ataco / Playa El Palmarcito

When in El Salvador's Suchitoto, don't forget to try the delicious pupusas - a sort of stuffed corn tortilla - before heading to the coast. Use your free day in this laid-back beach town to take a surf lesson, eat fresh ceviche (raw fish cooked in citrus juices) and visit the Tamanique Waterfalls. Then, travel to the 'Route of Flowers' region with its quaint Salvadorian towns and talented artisans.

DAYS 23-26 Playa El Palmarcito / Monteverde

Enjoy some free time in the adorably small towns of Ataco and Playa El Palmarcito before rocking up to jungle-clad Monteverde. If you're a nature lover, a couple of days here and in the Forest Reserve will be your own version of paradise. Opt to go bird watching, horse riding or biking before a night at the G for Good Puesta del Sol Guesthouse. (B, 2D)

DAYS 27-28 La Fortuna

Spend the next couple of days in La Fortuna, a daring town near the foot of the volcano. A perfect base for adventure, look for Costa Rica's flamboyant birds on nature trails, take to the rapids on a white water rafting trip or head out mountain biking. Alternatively, head underground for a spot of caving or tour the Cano Negro Wildlife Refuge to glimpse a few of its inhabitants. You wild thing, you. (B)

DAYS 29-32 San Carlos/San Jose

Get a feel for the real Costa Rican experience as you stay with a local family. Join them for a walk through the surrounding forest and help them to harvest cassava. Roll your sleeves up for a cooking demonstration to make enyucado before spending the afternoon at your own leisure. Day 31, travel to the city of San Jose for a final night out with your fellow travellers that evening. The next day marks your last day, so head to the markets to scour for any last-minute souvenirs and treat yourself to some of the handicrafts.

Tour Code: GAJCS



ACCOMMODATION

MulEi-share hotels/hostels [28 nts], community guesthouses [2 nts], home stay (1 nt)



INCLUDED MEALS

2 breakfasts, 1 lunches, 3 dinners



TRANSPORT

Local bus, ferry, boat, private vehicle, taxi

NEED TO KNOWS

TRIP STYLE: 1 8-to-Thirtysomethings

AGE GROUP: Exclusively for 18-39s

GROUP LEADER: Chief Experience Officer (CEO) throughout, local guides

GROUP SIZE: Max 18, Avg 16

DEPARTURES 2020/21:

Jan	£	Mar	Apr	£	£	£	CL	£	>	£	21	21	21
04	01	07	04	02	02	04	01	05	03	07	01	02	02
07	08	17	14	15	06	11	08	12	10	10	05	09	06
11	11	21	18	23	16	14	15	29	17	21	12	12	13
18	15	28	25	30	20	21	22	26	20	28	19	16	16
21	22			27	25			29	24		22	23	20
5	25	29						31			26	30	27
28													30

INCLUDED ACTIVITIES

- Guided tour of Tikal
- Orientation walks in Antigua^ Leon and Granada
- Beach time in Caye Caulker and El Tunco
- G for Good Posadas Mayas homestay
- Cooking demonstration at a homestay



LIKE THAT? TRY THIS—

Customise your trip
Costa Rica Adrenalin Bundle

Canyoning (Half Day)
Rappel, down-climb, river-trace and descend huge waterfalls in the rugged mountains and lush rainforests around Arenal Volcano.

Zip lining (Half Day)
Get a bird's-eye view of the rainforest canopy as you soar through the trees on a Tarzan swing, a giant rappel and a 13 7-metre-high zipline.

Fr £ 1 14



CANCUN, MEXICO

LIKE THAT? TRY THIS...

Shorten your trip

Mexican Fiesta •

[8 days, Puerto Vallarta - Mexico City]
[COMFIE] Fr£1,115

Yucatan Highlights •

[6 days, Mexico City - Cancun]
[COYUCA] Fr£879

Caribbean Encounter •

[10 days, Cancun - Antigua]
[COCARB] Fr £1,645

Viva Costa Rica •

[9 days, San José - San José]
[COVIVA] See page 151 Fr £1,095

Mexico Grande •

[12 days, Puerto Vallarta - Cancun]
[COMORO] See page 168 Fr £1,839

Sol Seeker •

[13 days, Mexico City - Antigua]
[COSOLS] Fr £2,339

Tropical Trails 4 •

[19 days, Cancun - San José]
[COCASJ] Fr £2,685

Latin Legends •

[19 days, Puerto Vallarta - Antigua]
[COLALE] Fr£3,475

Playas of Paradise I •

[22 days, Mexico City - San José]
[COPLAY] Fr £3,575

HIGHLIGHTS



TEQUILA DISTILLERY

Home of your either most loved or hated bevvy. Have fun tasting the golden drink, but not too much fun.



CHICHEN ITZA

The steps up El Castillo can be killer. Try climbing them on a diagonal. For views over the ancient city.



SUNSET SAILING

Belize's Caye Caulker makes the word 'paradise' linger on the lips of visitors. Those sunsets though.

This expansive tour is the perfect fusion of dreamy beaches, culture and adventure.

Visit ancient ruins, laze on golden sand and zipline through Mexican rainforests.

Nature-loving Costa Rica invites you to visit its cloud forests and waterfalls.

DAYS 1-3 Puerto Vallarta / Guadalajara

Puerto Vallarta is sure to impress on your first two days in Mexico. The chilled-out beach town of Punta Mita is known for its beginner waves if surfing in a secluded bay is your thing? If not, then there are plenty of other activities on offer, including a cruise on a pirate ship complete with an acrobatic performance and fireworks. Head to Guadalajara, home to lively mariachi music and sumptuous cuisine. But first stop off at Tequila en route for a tour of an authentic Tequila distillery. (2B, D)

DAYS 4-7 Guanajuato / Mexico City

Guadalajara reveals itself in a different way when you cruise up to see the city from another vantage point at Ceboruco - a now inactive volcano. It last erupted from 1870-1875 and is a fabulous place to gain a panoramic perspective. Switch your sights over to UNESCO-listed Guanajuato, including a trip to the cast iron and glass Hidalgo Market that was designed by Gustav Eiffel himself. Uncover the tales of the town, its 'Mummies' and its most famous lovers at the Alley of Kisses. Then San Miguel de Allende is a fab appetiser before Mexico City. This gorgeous colonial town is famed for its Baroque Spanish architecture and the church's dramatic pink towers. The next few days will be spent in bustling Mexico City. Floating gardens, Frida Kahlo and Diego Rivera are the focus for this leg of your journey. (4B, 2D)

DAYS 8-11 Merida / Cancun

Merida's sights are best absorbed through a walking tour, and don't forget to sample the Yucatan cuisine while you're at it! Stock up on some local swag while meandering the markets before swinging by Chichen Itza. These ancient ruins are the most famous and best preserved of their kind in Mayan history. In Cancun the next day, your time here will involve partying Mexican-style, snorkelling and indulging in some R&R. (4B, D)

DAYS 12-15 Caye Caulker/Tikal National Park

Playa del Carmen's golden sands see you off before your next stop, Belize! A few days in laid-back Caye Caulker is sure to be heavenly, with its beautiful beaches and reggae sounds. On your second evening, take a romantic gaze towards the horizon with a spot of sunset sailing. Tikal National Park awaits with an included guided tour. Opt to zipline through the rainforest and head on a sunrise tour of the Mayan ruin Templo IV. (5B, 2D)

DAYS 17-18 Antigua

Nice to make your acquaintance, Antigua. With its Spanish colonial architecture and three colossal volcanoes, get a feel for the city on a guided tour before getting your hands on some me time. Being able to choose your own adventure could take you up Pacaya Volcano on a guided hike. If you'd rather produce those endorphins by making (and eating) your own chocolate, then that is also a rather delicious option. (2B, D)

DAYS 19-21 San Jose / Arenal

Venture on to the simple life of laid-back Costa Rica. Hop on an included flight and say hola to the land of sloths and coffee. After that, spend Days 20 and 21 in the adventure wonderland of Arenal, where you can opt to go on a thrilling rappelling excursion through a rainforest canyon. Alternatively, you can choose to soak in relaxing hot springs and take full advantage of this verdant volcano's geothermal properties. (3B, D)

DAYS 22-25 Playa Tamarindo / Monteverde

Hellooo long sandy beaches and staggering sunsets. You're in Playa Tamarindo, home to world-class surfing and buzzing nightlife. You certainly won't get bored here! Opt to head on a catamaran cruise or sip on a cocktail while gazing at the sunset on the beach. You'll spend the next few days in the thick jungle of Monteverde, a real contrast from the sunny shores of Playa Tamarindo. Keep your eyes peeled for wildlife and get educated on coffee. Along the way, choose to visit a butterfly sanctuary, walk the hanging bridges of Setvatura Park or get your pulse racing on the one-kilometre long zipline. (4B, 2D)

DAYS 26-28 Jaco/ San Jose

Beachside Jaco is known for its surfing, nightlife and awe-inspiring national parks. If you're feeling adventurous, try some horseback riding or hop on an ATV. The next morning brings a day trip to the beautiful Manuel Antonio National Park, home to a fusion of ancient rainforest, sandy beaches, coral reefs and abundant wildlife. Get your cameras ready and be on the hunt for wildlife as you walk through this mind-boggling hub of biodiversity. Roll up to the capital of San Jose where your trip ends on arrival. (3B, D)

Tour Code: COPVSJ



ACCOMMODATION

Twin-share hotels (27 nts)



INCLUDED MEALS

27 breakfasts, 11 dinners



TRANSPORT

3 internal flights, private coach

HIGHLIGHTS



GRANADA

Nicaragua's oldest town pops with colourful colonial charm, and just beyond are natural wonders galore.



COPAN

This ancient Mayan city was occupied for more than 2,000 years and was rife with political drama.



PUESTA DEL SOL STAY

This G For Good community guesthouse is a great way to get off the tourist path and see local living.

The countries of Central America are certainly crowd pleasers. Journey from au nature! Costa Rica, through the Mayan jungle of Honduras and Guatemala and on to sun-drenched Mexican beaches. Waves and ruins await every step of the way.

DAYS 1-4 San Jose / La Fortuna

Spring off of San Jose for La Fortuna. With a spectacular volcanic backdrop, it's the perfect setting for the abundance of exciting activities available. You can try some windsurfing on Lake Arenal or take a night hike around the base of the volcano to see the top glowing an eerie red.

DAYS 5-6 Monteverde / Isla de Ometepe

Monteverde is home to over 2,000 species of plants, 320 bird species and 100 different species of mammals. There's two whole days to check out all the wildlife roaming about. Stay for the night at the G for Good Puesta del Sol Community Guesthouse. [D]

DAYS 7-9 Isla de Ometepe / Granada

Get to know your hosts and opt for hiking and swimming. In the city of Granada, an orientation walk will showcase the colourful colonial buildings. During your free day, opt to kayak the islets in Lake Nicaragua or just wander Granada further. (2B, 0)

DAYS 10-11 Poneloya

Lay back and relax on a remote northern beach on Nicaragua's Pacific Coast. Surfing, swimming and beach lounging await. Spend your day enjoying the coast or explore the city of Leon.

DAYS 12-14 Cerro Verde / Suebitoto

Cerro Verde is all yours to soak up at leisure. Opt to hike up to the edge of Santa Ana's Volcano crater if you feel daring before a guided tour through the lush surroundings of Cerro Verde National Park. Next, it's on to the colonial town of Suchitoto, where you can sample the local speciality, pupusa - a delicious corn tortilla filled with savoury delights.

DAYS 15-19 Copan / Antigua

Cross into Honduras and opt to visit the Mayan ruins of Copan, some of the most important found to date. After a day of exploring, soak in a local hot spring for some R&R. After an orientation walk in Guatemala's Antigua, opt to take a mountain bike ride out into the countryside or zen out with a massage.

DAYS 20-21 Lake Atitlan / Panajachel

Trave! to Lake Atitlan, one of Guatemala's most beautiful spots. Twelve native villages, blue-grey mountains and three volcanoes line the shores of this lake. Cruise across the lake to a G Ad venture s-supported homestay in a Mayan Tz-utujil village where you'll take a tour with a local guide to learn more about daily life and visit some artisan workshops. Return across the lake for some free time in Panajachel. [D]

DAYS 22-24 Rio Dulce / Flores

Travel across Guatemala to Rio Dulce, a small town on Lake Izabal and a port stop for boaters. Round off in Flores, a picturesque town surrounded by Lake Peten Itza where many of the local inhabitants still get around by cayuco or dugout canoe.

DAYS 25-26 Hkal / San Ignacio

It's your chance to see the spectacular and impressive scale of the ruins at Tikal which also boasts the Mayans' highest pyramids. Take a guided tour here before crossing the border into Belize. Based in San Ignacio, you'll find plenty to do whether you decide to explore by foot, canoe or horse.

DAYS 27-29 Caye Caulker

The island of Caye Caulker is as relaxed and easy-going as it comes with welcoming locals all around. Start strong with a G for Good supported Bike with Purpose tour. Experience some truly amazing sights including coral canyons and an astonishing range of tropical fish, manta rays, nurse sharks and barracudas.

DAYS 30-33 Mahahual / Playa del Carmen

Mexico calls today, and the beachside resort of Mahahual. The main aim of the day? Margaritas. Next up is Playa del Carmen, the de facto centre of the Mayan Riviera. Spend your time snorkelling or diving in underground caverns. Day 33 sees the last day of your adventure and you are free to depart at any time.

Tour Code: GACRBA



ACCOMMODATION

Multi-share hotels/hostels (27 irts), beach lodge (2 nts), guesthouse (2 nts) home stay (1 nt)



INCLUDED MEALS

2 breakfasts, 3 dinners



TRANSPORT

Local bus, boat, van, tajci, Ferry

NEED TO KNOWS

TRIP STYLE: 18-to-Thirtysomethings

AGE GROUP: Exclusively for 18-39s

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 18, Avg 14

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
07	04	03	07	05	02	07	04	01	13	03	01	05	02	02
21	11	17	14	12	09	14	11	08	20	10	08	12	09	09
28	18	24		19	23	21	18	15	27	17	15	19	16	16
				26	30	28	25	29		24	22	26	23	23
											29			

INCLUDED ACTIVITIES

- * Guided tour of Tikal
- * Orientation walk in Granada and Antigua
- * Beach time in Poneloya and Mahahual
- * G for Good Posadas Mayas homestay
- * G for Good Belize Bike with Purpose



LIKE THAT? TRY THIS--

Customise your trip

Pacuare River White Water Rafting
Hailed as the best river to get your adrenalin pumping.

Fr £76

Paca ya Volcano Hike
Hike to the base and wander around its martian-Hike landscape.

Fr £45

Shorten your trip

Mayan Sun Southbound: Boat Rides & Ruins
(16 days, Playa del Carmen - Antigua)
(GACMCA)

Fr£849

SMALL GROUP ADVENTURE (1 £-3 9s) —

ROUTE
ANTIGUA - SAN JOSE

CENTRAL AMERICA



HIGHLIGHTS



Yota community stay on Nicaragua's Ometepe Island funds local projects and helps to create a sustainable income.



Thriving with legendary surf spots and wild nightlife, this laid-back beach hub is a backpacker Favourite.



La Fortuna may be small, but it packs a punch! Hop on a hiking trail to the mighty Arenal Volcano.

On Day 1, you're bound for the quintessential Carribean experience as you touch down in Antigua. Wander through colourful villages of this UNESCO-listed region before meeting with your group and taking off on Day 2. Cross the border to Honduras and opt to take a dip in the jungle-shrouded hot springs. Day 3, head to the Mayan ruins of Copan to walk through grassy plazas filled with ornate statues and staircases. Feel the gaze of huge carved faces staring down at you from ancient walls - you might just feel as though you're being teleported back in time!

Make tracks for El Salvador and stay in the colonial town of Suchitoto. In the evening, sample the Salvadoran speciality of pupusas (thick flatbread) before heading to the coast on Day 5. Playa El Tunco greets you with world-famous surf spots and sunsets of another level - take it all in on a full free day here! Make for colonial Leon on Day 7 and enjoy a brief orientation walk upon arrival. Then, hotfoot it to Granada. Opt to kayak in Lake Nicaragua or swim in Laguna de Apoyo, and dry off as you wander through the region's bubbling markets and beautiful buildings.

Get to know local friends during a two-night stay at a G far Good community guesthouse on Ometepe. This is also a great opportunity to refine your Spanish-speaking skills beyond the realm of "¡Hola! ¿Cómo estás?" so be sure to make the most of it! While here in Ometepe, you can also opt to climb one of the two volcanoes, relax on the sandy shores or study ancient petroglyphs at Ometepe Museum. After a ferry back to the mainland, gear up for a border crossing into Costa Rica. Ending up in the cloudforest air of Monteverde, opt to go for a zipline or tour a coffee plantation. (D)

It's a bumpy road ahead as you bop on over to La Fortuna. Roadsick roadies needn't stress^ the rickety journey is broken up with a peaceful boat ride on Lake Arenal en route. While it's true that La Fortuna is a popular tourist destination, look beyond the tacky touts and you'll find a region so stunning, it'll win your heart over. Spend some time doing your own thing as you take your pick from a hoard of adventure-seeking activities. With Arenal Volcano at your fingertips, you'll want to check out the red hot lava Flows on a night hike - a once-in-a-lifetime experience! Travel through the mountains to the capital for a final night out, and depart on Day 1 7. (28, D)

Tour Code: GAJGS



Simple hotels/hostels (.14 nts),
community questhouse (2 nts)



2 breakfasts.
2 dinners



Local bus, boat, ferry,
private vehicle, taxi

DEPARTURES 2020/21:

[illegible]

Additional dates are available. Please ask for details.

- G for Good Puesta del Sol community stay
- Orientation walks around Leon and Granada



G Adventures

Costa Rica Adrenalin Bundle
A half day canyoning in Arenal and the other half ziplining in Monte ver de.

Fr £ 1 14

Central American Journey: Rainforests & Ruins
(32 days. Playa del Carmen - San Jose)
(GAJCS) See page 142 Fr £ 1,600

Fr £ 1 fS49



COSTA RICA ADVENTURE

SMALL GROUP ADVENTURE —

PRICE
ER £ 1,129

DURATION
16 DAYS

ROUTE
SAN JOSE - SAN JOSE



NEED TO KNOWS

- TRIP STYLE: Classic
- AGE GROUP: Min 12
- GROUP LEADER: Chief Experience Officer (CEO), local guides
- GROUP SIZE: Max 16, Avg 12
- DEPARTS: Almost daily
- MY OWN ROOM: Fr £299

INCLUDED ACTIVITIES

- G for Good visit to the Mi Cafecito Coffee Cooperative
- Guided cloud forest night walk in Monte ver de
- * Jungle lodge stay
- Nature trail walk with swim in Sarapiqui
- Cooking demo in Sarapiqui



HIGHLIGHTS



MANUEL ANTONIO

Spy a cheeky monkey or two in this wildlife-rich national park.



6 FOR GOOD

Take a tour around the community-run Mi Cafecito CoFFee Cooperative.



PUERTO VIEJO OE TALAMANCA

This co as tai Caribbean town is beloved for its booming surf culture.

DAYS 1 -5 San Jose / Quepos / Manuel Antonio National Park / Monteverde

Costa Rica's capital San Jose is your first point of call, doused in Spanish colonialism with ornate buildings and museums aplenty. Start Day 2 with a bus ride to the smalt Pacific town of Quepos. Just a short distance away, Manuel Antonio National Park oFFers excellent hiking, mangrove kayaking and dolphin-spotting opportunities. Make sure you take advantage of the white sandy beaches after pumping all that adrenalin! On Day 4, ascend into the misty mountains of Monteverde where you'll take a guided night walk to learn about nocturnal liFe in the Santa Elena Cloud Forest Reserve. Free time ensures the opportunity to take a thrilling zipline over lush forest canopy or a more sedate visit to a butterfly garden. Caffeine lovers will jump at the chance to visit a local coffee plantation.

DAYS 6-10 La Fortuna / Arenal / Sarapiqui Rainforest

La Fortuna brings even more adventure to the table, being the gateway to Costa Rica's most active volcano, Arenal. Opt to take a night hike around the base of the volcano to catch the glowing molten lava being blasted into the ink-black sky.. Thrill-seekers can also opt to go white water rafting, waterfall rappelling or horse riding in this slice of jungle paradise. Round off your action-packed expedition with a soak in the local hot springs, then it's off to Sarapiqui on Day 6. Make sure you skip your morning coffee as there'll be a stop at a local G for Good cooperative for a hot cup of the good stuff! Continue on to the jungle oasis of Sarapiqui, on the border of Braulio Carrillo National Park. While here, you can choose from river swimming and night walks to empanada-making lessons and hammock lounging. If you whip out those binoculars Dora Explorer-style, you might even spot a long toucan beak peaking out from behind the bushy ferns! (B, 2L, 2D)

DAYS 11-16 Tortugaero / Puerto Viejo de Talamanca / San Jose

The journey to Tortuguero is half the adventure - a boat, a van and finally a tractor-drawn cart will get you to your destination. In season, the beaches here are nesting grounds of green, loggerhead, hawksbill, and rare leatherback turtles. You can visit the nesting sites at night (Jul-Oct) and take a guided kayak tour of the canals by day. Drive on through the thick jungle vegetation on Day 13 as you make far the seaside region of Puerto Viejo de Talamanca. Snorkel in the Caribbean Sea, hike in Manzanillo National Wildlife Refuge, and feast on flavoursome Afro-Caribbean cuisine. Returning to the urban lifestyle of San Jose, its sadly time to gear yourself up for a final hurrah with the group. Guzzle your last glass of guaro and part ways on Day 16. (3B, 2L, 2D)

Tour Code: GACRA



ACCOMMODATION

Hotels (13 irts), multi-share jungle lodge [2 nts]



INCLUDED MEALS

4 breakFasts, 4 lunches, 4 dinners



TRANSPORT

Tractor, private vehicle, public bus, boat

G FOR GOOD

MI CAFECITO

THIS PROJECT SUPPORTS
A RURAL COMMUNITY

A rural co-op providing work for organic coffee producers and farmers. G Adventures provides training as well as a reliable customer base to ensure the project continues.

LIKE THAT? TRY THIS

Customise your trip
Costa Rica Adrenalin Bundle
A half-day canyoning in Arena I and the other half ziplining in Monteverde. Fr £ 1 14



VIVA COSTA RICA

EXCLUSIVELY FOR 18-35S

PRICE
FR £1,095

DURATION
9 DAYS

ROUTE
SAN JOSE - SAN JOSE

COSTA RICA & PANAMA



HIGHLIGHTS



ARENAL VOLCANO

Choose from hiking trails aplenty for ripper views of lava fields, waterfalls and the volcano itself.



MONTEVERDE

The natural beauty of Monteverde is expansive, brimming with ferns, orchids and butterfly gardens.



MANUEL ANTONIO

A Costa Rican jewel, this national park bubbles with biodiversity. Sloth lovers will want to keep an eye out?

DAYS 1-2 San Jose / Arenal

Welcome to San José! Get straight on the road on Day 1, bound for the biodiverse beauty of Sarapiquí. Opt to get wet and a little wild with a white water rafting excursion, then round your day off with group dinner. The active stratovolcano of Arenal will be your next exciting stop. Choose to go rappelling in a rainforest or soak in thermal hot springs and learn the fine art of chocolate making - one of the country's most famous exports. (B, D)

DAYS 3-4 Playa Tamarindo

Calling all surfer dudes and beach loungers! Fancy spending a couple of days relaxing on wide-stretching sandy beaches with plenty of surfing, killer sunsets and a buzzing nightlife? Well, you're in the right place. Hang ten on some of Costa Rica's awesome beaches, hop on a catamaran cruise, or sip on cocktails on one of the beach bars. There are also some pretty cool kayaking opportunities. A collection of estuary waterways can be found just north of Tamarindo, where you can choose to kayak with a professional guide. Keep your eyes peeled for sunbathing crocs on the river bank and exotic bird species. And when you're hungry, there's a number of quaint eateries to choose from. You'll be able to find anything from falafel and crunchy tacos for dinner to traditional Costa Rican cuisine. (2B, D)

DAYS 5-6 Monteverde

Say adios to the sweet beach life, as you're off to Monteverde's enchanting cloud forest. Shrouded in mist, you'll feel like you're on a movie set. This mountainous town is home to a host of activities that are any adrenaline-seeker's dream. Opt to soar above rainforests on zipwire tours, head out in search of wildlife, go horseback riding, or head to Taco Taco for (you guessed it) some crunchy tacos. Dining at the tree house is also a pretty cool experience (and your eight-year-old self will wholeheartedly agree). While here, enjoy an included tour of a coffee plantation. (2B, D)

DAYS 7-9 Manuel Antonio / San Jose

Oceanside Manuel Antonio serves up a smorgasbord of good times - think ancient rainforests, sandy beaches, coral reefs, catamaran cruises, ziplining and hiking trails. It's one of the best places to see a sloth in Costa Rica - if that's not a reason to come, we're not sure what is! Hike through the mountains with a local expert to spot macaws, and sleepy sloths, or alternatively, go horseriding to the Tacorí waterfalls. Return to San Jose on Day 9. (3B, D)

Tour Code: COSJSJ



ACCOMMODATION

Twin-share hotels (8 nts)



INCLUDED MEALS

B breakfasts, 4 dinners



TRANSPORT

Private air-con coach, mini-coach, van

NEED TO KNOWS

TRIP STYLE: In-Depth Explorer

AGE GROUP: Exclusively For 18-35s

GROUP LEADER: Trip Manager, local guides

GROUP SIZE: Max 28

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar
04	01	28	11	02	06	11	15	05	03	28	19	02	27	21
29			23	20	25			31			30			

Additional dates are available. Please ask for details.

MY OWN ROOM: Fr £625

INCLUDED ACTIVITIES

- Locally guided tour of a cacao plantation
- Coffee estate tour
- Visit Manuel Antonio National Park
- Dinner with a local family
- Butterfly gardens visit

LIKE THAT? TRY THIS

Extend your trip

Coast to Canopies
[28 days, Mexico - Costa Rica]
(COPVSJ) See page 144

Fr £4,555



COSTA RICA QUEST

SMALL GROUP ADVENTURE

PRICE
FR £699

DURATION
9 DAYS

ROUTE
SAN JOSE SAN JOSE



HIGHLIGHTS



G FOR GOOD

Take a tour of the Mi Cafecito coffee co-op and enjoy a local lunch.



LA FORTUNA

Soak in hot springs, go white water rafting or rappel down a waterfall.



SURF TOWN, QUEPOS

This beach town racks a fitting balance of surf time and party time.

DAYS 1-3 San Jose / La Fortuna / Arenal

San José warmly welcomes you with urban-chic spirit and a wave of cultural delights. If you arrive with plenty of time before the tour kicks off, we recommend getting stuck into the foodie scene. Bag the full hipster experience on a craft beer sampling extravaganza or bounce between the local Costa Rican coffee shops. On Day 2, drive to Sarapiquí and visit the G for Good Mi Cafecito Community Coffee Plantation. As the town's main cooperative, this community initiative brings together more than 200 small farmers that produce organic coffee from the four regions of San Carlos, Sarapiquí, Heredia and Alajuela. Find out where your cosy cup of Joe comes from, sample the goods and enjoy a typical lunch of plantain, beans and tilapia fish. Continue on to the Arenal region for a free afternoon of optional activities, like white water rafting or canyoning. La Fortuna is a first-class base for seekers of wild adventure. There are endless nature trails and volcanic hot springs for when you need a little wind-down session, lol

DAYS 4-5 Monteverde

Cross the jungle surrounds of Lake Arenal and cleanse your lungs with the freshest of fresh mountain air up on Monteverde. It's time to beat your chest and harness your inner Tarzan - a jungle expedition awaits! Embark on an included cloud forest night walk, known as one of the best ways to bump into wildlife here. In fact, 80% of the wildlife is nocturnal in this region, so keep your eyes peeled for the two-toed sloth, hopping treefrogs, hooting owls and the occasional creepy tarantula (yikes). Day 5 is yours to explore, so don't miss the chance to glide through the trees on a thrilling canopy zipline or walk through the canopy on a scenic Sky Walk.

DAYS 6-9 Quepos / Manuel Antonio National Park / Quepos / San Jose

Boogie on down to the laid-back surf town of Quepos on the Pacific Coast. This is one of Costa Rica's best-known beach towns, situated just outside the stunning Manuel Antonio National Park. The warm turquoise water is ideal for swimming, sea kayaking, boogie boarding and surfing. You can also choose to go kayaking through mangroves. At night, the friendly streets of Quepos come alive, so strap on your salsa shoes and get to the dance floor with your best moves. The next day, ease your weary salsa legs with a trip to the beach before journeying back to city living in the afternoon. The trip ends where you started - in Costa Rica's cultural capital San Jose - so if you didn't get the chance to squeeze in some pre-tour exploration, now's the chance! Seek out some live music, or pick up a few last minute souvenirs at the markets. Your adventure ends on the morning of Day 9.

Tour Code: GACRQ



ACCOMMODATION

Hotels (8 nts)



INCLUDED MEALS

1 lunch



TRANSPORT

Private vehicle, boat, local bus

NEED TO KNOWS

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 16, Avg 12

DEPARTS: 17-21 departures per month (Jan-Mar), 7-11 departures per month (Apr-May), 4-6 departures per month (Jun-Nov), 13-17 departures per month (Dec-Mar21)

MY OWN ROOM: fr£31\$

INCLUDED ACTIVITIES

- G for Good visit to the Mi Cafecito Coffee Cooperative
- Arenal hot springs visit
- Guided cloud forest night walk in Monteverde



G Adventures

LIKE THAT? TRY THIS...

Customise your trip

Costa Rica Adrenalin Bundle
A half day canyoning in Arenal and a half-day ziplining in Monteverde.

Fr £114

Go surfing

Costa Rica Volcanoes & Surfing
(9 days, San José - San José)
(GACRVS)

Fr £929



EXPLORE COSTA RICA

PRICE
FR £ 1,693

DURATION
14 DAYS

ROUTE
SAN JOSÉ - SAN JOSÉ



DAYS 1 -3 San Jose /Tortuguero N.P.

Arrive at any time. Transfer to Tortuguero National Park and enjoy guided boat trips and wildlife viewings along the canals and coastal jungle. You'll also visit the Sea Turtle Conservancy, a non-profit organisation, and learn about the research and conservation initiatives that have been instrumental in saving the Caribbean green turtle from extinction. (20, 2L, 20)

DAYS 4-8 La Fortuna / Arenal

Leave early and visit a G for Good coffee co-op. Arrive in La Fortuna in the evening and relax at the pool as you take in views of the surrounding jungle and volcanoes. Explore La Fortuna with optional activities, and visit a local home to learn the art of tortilla making. (3B, L, D)

DAYS 7-9 Monteverde

Make your way by road and boat up to the misty mountain air of Monteverde. While you're here, enjoy a nature hike in the Santa Elena Cloud Forest Reserve, explore the town, visit the Monteverde Institute for a lecture from a National Geographic researcher and take part in a tree planting initiative. (3B)

DAYS 10-14 Manuel Antonio N.P. / San Jose

Drive to Manuel Antonio and enjoy the laid-back atmosphere of the Pacific Coast. On Day 11, take an included day trip to Manuel Antonio National Park, then make the most of some free time before returning to San Jose for an optional farewell dinner. (SB)

Tour Code: GACRENG



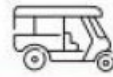
ACCOMMODATION

Hotels (11 nts),
jungle lodge (2 nts)



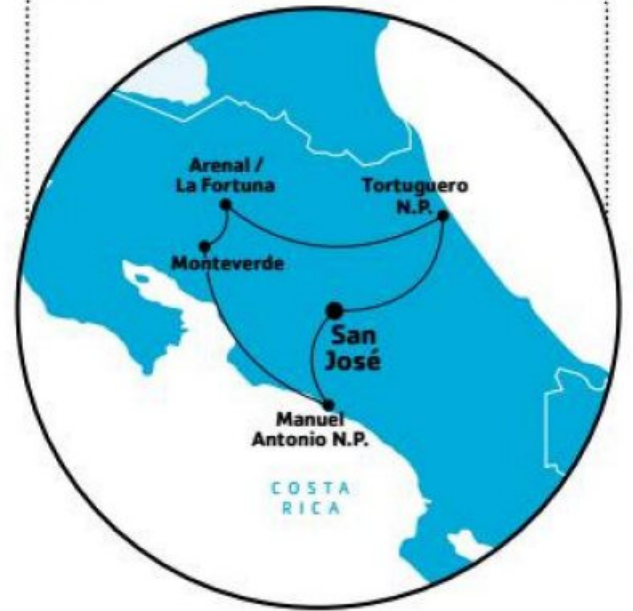
INCLUDED MEALS

13 breakfasts,
3 lunches, 3 dinners



TRANSPORT

Private vehicle,
shuttle van, boat



DAYS 1 -3 San Jose /La Fortuna / Arenal

You'll start your adventure at the very centre of the country in capital San Jose. Whether you get here earlier and spend some days exploring or get right into the tour, it's totally up to you! Meet with your group and, on Day 2, head to La Fortuna. La Fortuna sits to the east of the smokin' hot Arenal Volcano, often cited by scientists as being in the top 20 of the world's most active. The beautiful surrounding countryside yields plenty of adrenalin sports to get involved in, such as white water rafting or waterfall rappelling. You can hike around Ehe volcano or simply chill out with a relaxing soak in La Fortuna's hot springs while gazing at the looming volcano as it appears from beneath the misty clouds. To let your inner child be free, opt for a canopy ziplining tour and soar through the forest at a mighty speed.

DAYS 4-8 Santa Teresa / San Jose

Day 4, travel to Santa Teresa on Costa Rica's Pacific coast. Over the next few days, choose to chill out on the beach or check out wildlife-rich Cabo Blanco Natural Reserve. Those keen for some surfing are in for a treat, as the surfing opportunities are ample. You won't even need a wet suit with the sunny Costa Rican skies shining above you! There are also yoga classes for our zen Friends out there and nightlife for the party people. On Day 7, head back to the capital for one final hurrah, then your adventure concludes on Day 8 and it's sadly time to say adios to the pura vida lifestyle of the adventure utopia that is Costa Rica. If a week ain't nearly enough, you can always choose to stay on longer.

Tour Code: GACRBC



ACCOMMODATION

Simple hotels (3 nts), hostels (4 nts)



INCLUDED MEALS

Not included



TRANSPORT

local bus,, ferry, taxi

TRIP STYLE: 18-to-Thirtysomethings

AGE GROUP: Exclusively for 18-39s

GROUP LEADER: Chief Experience Officer (CEO)

GROUP SIZE: Max 18, Avg 14

INCLUDED ACTIVITIES: All transport between destinations, beach time in Santa Teresa

DEPARTS: Selected Saturdays

 G Adventures



COSTA RICA ADVENTURE

SMALL GROUP ADVENTURE

PRICE
ER £ 1,050**DURATION**
10 DAYS**ROUTE**
SAN JOSE - PUERTO VIEJO

NEED TO KNOWS

AGE GROUP: Min 18
GROUP LEADER: Local guides
GROUP SIZE: Max 20
DEPARTS: Saturdays

INCLUDED ACTIVITIES

- Local Homestay
 - Bike ride in rural Costa Rica
- Night Safari in Monteverde
- Zip-lining in a cloud forest
 - Visit El Salto Swimming Hole
 - Soak in volcanic hot springs
 - Yoga class
- See waterfalls on a beach day trip in Montezuma



HIGHLIGHTS



LOCAL HOMESTAY

Learn to live like a local in Coope San Juan, cooking demo included.



ZIPLINING IN A CLOUD FOREST

The best way to view Montverde's lush forest canopy is aerial]



VOLCANIC HOTSPRINGS

Enter: relaxation mode. La Fortuna's hot springs are bubbling beauties.

DAYS 1-2 San Jose / Coope San Juan

With your journey kicking off in San José, you might want to arrive a little earlier to get your bearings and explore this culturally rich capital. Visit the once colonial mansions that have been converted into contemporary art galleries and dance your feet off with upbeat live music nights. There are also plenty of museums for all culture vultures involved. Then, it's off to your homestay at the rural village of Coope San Juan, where you'll experience the local way of life. Enjoy a cooking demonstration and settle in for the night with a crackling bonfire. (L, D)

DAYS 3-4 La Fortuna

Costa Rica's adventure capital calls with the sounds of splashing waterfalls and bubbling volcanic hot springs. Yep, it's the sounds of lively La Fortuna! Set at the base of Arenal Volcano, this spot offers white water rafting, volcano hikes, canyoneering, ATV-ing... you name it. You'll get the chance to try out some of these thrill-seeking options on Day 4 with a visit to El Salto swimming hole, and there will also be some free time to relax at the hot springs, with epic views of Arenal and surrounding jungle-cape. (B)

DAYS 5-6 Monteverde

Drive past scenic views to Monteverde in the mountainous north west of Costa Rica. This small town is shrouded in greenery and brimming with exotic wildlife such as jaguars, ocelots and sleepy sloths. Day 5 will see you embarking on a night safari to try spot some of the nocturnal creatures roaming the jungle. Wake the next day for an adrenaline rush as you hop on a zipline across lush forest canopy!

DAYS 7-10 Santa Teresa

Whack on that 'kini, slip on those swimming trunks, it's time to get wet and wild in the beachside town of Santa Teresa. Arriving in the late afternoon, get acquainted with the chilled out, backpacker vibe and dive head first into the refreshing waters. After a stunning sunset, opt to ride the waves with a surfing lesson the next day. A sunset yoga class will have you zenning out right before you perk back up to hit the vibrant nightlife. On Day 9, check out the town of Montezuma and its beautiful waterfalls, then head to a nearby beach on Cabuya Island to take a walk at low tide. Enjoy a farewell dinner back at Santa Teresa and part ways with your group on Day 10.

Tour Code: TTUCRSP

ACCOMMODATION

Twin-share and mixed dorms [9 nts]



INCLUDED MEALS

1 breakfast, 1 lunch, 1 dinner



TRANSPORT

Bus, bike

TREK HIDDEN COSTA RICA

PRICE
FR £1,249

DURATION
12 DAYS

ROUTE
SAN JOSÉ - SAN JOSÉ



DAYS 1-4 San Jose / San Isidro

Meet with your group in Costa Rica's capital, then on Day 2, journey by bus to San Isidro de El General. Stock up on supplies and get psyched, because your first trek is just around the corner! On Day 3, begin a Four-hour trek to a homestay deep in the jungle. Here, you'll experience remote jungle living and learn how to make traditional bread with your host family.

DAYS 5-7 Piedras Blancas / Dominical

Zipline across the Savegre River to your next homestay, where you'll relax in a sauna and take a medicinal plant walk. Back on the Savegre, go rafting before an optional seafood dinner. Day 7, enjoy free time in Dominical, with options to go surfing and whale watching. (3B, 4L, 3D)

DAYS 8-12 Diamante Verde / Uvita / San José

Hike to a unique cave with twin 26-metre waterfalls - your home for the night! Go swimming in refreshing natural pools and take on the hiking trails. On Day 9, nourish your adventure-seeking needs further with waterfall rappelling, then make moves towards the seaside town of Uvita. Opt to try surfing, go whale watching, horse riding or kick back and chill with a book on the beach. You can also walk along the scenic Whale's Tail - a sandbar that spans a good kilometre out into the ocean on low tide and (you guessed it) looks somewhat like a whale's tail. Enjoy a free day here on Day 10, then head back to San José and depart on Day 12. (B, L, D)

Tour Code: GACRAC



ACCOMMODATION

Twin-share hotels (5 nts), triple-share hotels (2 nts), multi-share jungle homestay (3 nts), cave camping (1 nt)



INCLUDED MEALS

4 breakfasts, 5 lunches, 4 dinners



TRANSPORT

Local bus, pick-up truck, private vehicle, raft

G Adventures



COSTA RICA ACTIVE ADVENTURE

PRICE
FR £1,219

DURATION
13 DAYS

ROUTE
SAN JOSÉ - SAN JOSÉ



DAYS 1-6 San Jose / Monteverde / La Fortuna

After meeting your group in San Jose, drive to wild Monteverde on Day 2 for optional wildlife spotting and flights on a canopy zipline. On Day 4, journey to La Fortuna near the base of the Arenal Volcano to try your hand at white water rafting, waterfall rappelling or volcano hiking. A leisurely cycle on Day 6 ends with an optional visit to bubbling hot springs nearby.

DAYS 7-9 Pacuare / Puerto Viejo

The next day sees the start of your two-day rafting expedition down the Pacuare River, overnighting in remote rustic lodges built along the river. Towards the end, head for the village of Puerto Viejo. Think laid-back vibes in this Caribbean coastal town. (3B, 3L, 2D)

DAYS 10-13 Puerto Viejo / San Jose

Lay down a towel on the beautiful white and black sand beaches of this region for some short but sweet R&R time. Then, pull on a rash guard, grab a big board and get ready to hang ten like a local on an included surf lesson, followed by snorkelling or yoga. Do as you please on Day 11, then track back to San Jose on Day 12. In your free time, go museum-hopping between the Gold Museum, the Museum of Costa Rican Art and the Jade Museum. The Gold Museum actually has one of the largest collections of Pre-Columbian gold in all of the Americas! Another must-see is the National Theatre, with its colossal murals and intricate ceilings. The tour ends on Day 13.

Tour Code: GACRSM



ACCOMMODATION

Hotels (10 nts), jungle lodge (2 nts)



INCLUDED MEALS

3 breakfasts, 3 lunches, 2 dinners



TRANSPORT

Public bus, private vehicle, bike, boat, raft

TRIP STYLE: Active

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 16, Avg 12

INCLUDED ACTIVITIES: Surfing lesson, overnight Pacuare River rafting trip, guided Pacuare River hike, guided cycling excursion

DEPARTS: Selected Saturdays

MY OWN RDDM: Tr £583

G Adventures



LIKE THAT? TRY THIS...

Costa Rica Volcanoes & Surfing
9 days (GACRVS)

Fr£929

BASIC COSTA RICA: COASTLINES & CLOUD FORESTS

SMALL GROUP ADVENTURE (1£~39s) —

PRICE

FR £679

DURATION

14 DAYS

ROUTE

SAN JOSE - SAN JOSE



NEED TO KNOWS

- TRIP STYLE: 18-to-Thirtysome things
- AGE GROUP: Exclusively for 18-39s
- GROUP LEADER: Chief Experience Officer (CEO)
- GROUP SIZE: Max 18, Avg 14
- DEPARTS: Selected Sundays

INCLUDED ACTIVITIES

- * 6 for Good Life Monteverde Experience
- Coope San Juan Homestay



HIGHLIGHTS



PUERTO VIEJO DE TALAMANCA

Reggaeton and crashing waves - it's the sound of the Caribbean calling.



COOPE SAN JUAN HOMESTAY

Help support the agricultural community of Coope San Juan an a homestay.



SAN JOSE

Gobble down a Gallo Pinto and sip local coffee in true foodie fashion.

DAYS 1-4 San Jose / Puerto Viejo de Talamanca

Touch down fresh and ready to catapult yourself right into the Costa Rican way of life. Your opener, San Jose, is dotted with historic buildings, museums and a brilliant range of restaurants and funky bars to uncover! Go people-watching in the main plaza, visit the National Theatre, and shop 'til you drop in the Plaza de La Cultura or the Central Market. Meet with your group in the evening of Day 1, then wake the next day for a scenic bus ride over the mountains to the Caribbean coast. The next couple of days are spent in Puerto Viejo de Talamanca - a hip little village, popular with surfers. You can rent a bike or go hiking through Gandoca Manzanillo National Wildlife Refuge, try snorkelling or explore La Isfia Botanical Gardens.

DAYS 5-8 San Carlos / La Fortuna / Monteverde

Travel further up the coast to San Carlos and the rural community of Coope San Juan. Here, your G for Good stay will really make a difference as each visit builds on the income available for families at risk of losing their farmland. On Day 6, the adventure town of La Fortuna presents options for hiking, canopy tours, white water rafting or visits to the Caño Negro Wildlife Refuge. You could even limber up for a hike up Arenal Volcano, and even swim in the volcano's crater! Pluse there are plenty of magma-heated hot springs around for later. Leave for Monteverde on Day 8, where Mother Nature intends on spoiling you with beauty at Santa Elena Cloud Forest Reserve. The community town also has several cooperatives worth visiting for a taste of local life. Enjoy a 6 for Good Farm experience, and follow it up with lunch. If you're up for even more gouda times, don't miss out on a visit to the nearby cheese factory. (B, L)

DAYS 9-14 Monteverde / Santa Teresa / San Jose

Enjoy one last day at leisure in the cloudy town of Monteverde. If you're feelin' the thrills, you can choose to walk along suspension bridges through dense forest or opt for an adrenalin-filled ziplining experience and fly high through the enchanting cloud forest. On Day 10, make moves for the chilled-out beach town of Santa Teresa. Strengthen your abs with some stand-up paddleboarding, or get your adrenalin going on a canopy zipline tour. Next day, a full day at leisure gives you the opportunity to go surfing^ swimming, or to find your zen with a yoga session on the beach. There are also beginner and advanced yoga classes you can get involved with if you re looking to unwind with a little R&R! Then on Day 13, it's time to return to capital San Jose for a final night out with your travel crew. The adventure wraps up on Day 14 and you're free to depart at any time.

Tour Code: GACRCR



ACCOMMODATION

Multi/Share hostels (9 nts), basic hotels (3 nts), local homestay (1 nt)



INCLUDED MEALS

1 breakfast, 1 lunch



TRANSPORT

Local bus, boat, taxi, private vehicle



LIFE MONTEVERDE

THIS PROJECT SUPPORTS A RURAL COMMUNITY

A grassroots organisation promoting conservation. Visitors come to learn about sus tain able farming and bring revenue to grow the project's educational component.

LIKE THAT? TRY THIS

Customise your trip

Costa Rica Adrenalin Bundle
A half-day canyoning in Arena I and the other half ziplining in Monteverde. Fr £ 1 14



WELLNESS COSTA RICA

SMALL GROUP ADVENTURE

PRICE
FR £1,299

DURATION
8 DAYS

ROUTE
SAN JOSE - SAN JOSE

COSTA RICA & PANAMA



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STAND-UP PADDLEBOARD YOGA

You may have nailed your tree pose, but have you nailed it on water?



VOLCANIC MUD BATH AND HOT SPRINGS

Mother Nature is kicking your natural skincare routine into gear.



SURF LESSON

Inject a little adrenaline into your itinerary with a hang ten sesh.

NEED TO KNOWS

TRIP STYLE: Wellness

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 16, Avg 12

DEPARTURES 2020/21:

11	22	07	18	04	08	24	21	19	09	06	06
		21							23	20	20
									30	27	

Additional dates are available. Please ask. For details.

MY OWN ROOM: Fr £669

INCLUDED ACTIVITIES

- Mi Cafecito Coffee Cooperative Tour
- Visit a volcanic mud bath and hot springs
- Four yoga classes
- Stand-up paddleboard yoga class
- Surf lesson



C Adventures

DAY 1 San Jose

Your wellness journey begins in the city of San Jose, Costa Rica's cosmopolitan capital. If you're up for a little kick start adventure time, why not opt to arrive here earlier to explore the city on your own accord? There's loads of delicious street food to fuel your fire for the journey to come and culture vultures will jump at the chance For a museum-hopping session through the city. Alternatively, fly straight in to meet with your group in the evening.

DAYS 2-3 La Fortuna

Prepare to have your spirits uplifted after a drive to Sarapiquí, visiting the G for Good Mi Cafeci to Community Coffee Plantation. Here, learn all about the positive impact this charity project has had on the community and, of course, sample some of the goods on offer. Afterwards^ it's time for your first included yoga session in La Fortuna as you overlook the dramatic scene of Arenal Volcano. Well if that dreamy view ain't the best way to kick off a relaxing yoga experience, we simply don't know what is! While here, you'll also jump right into a stand-up paddleboard yoga class on the calming turquoise waters. And before you write it off as totally impossible - believe us, it's really not as hard as it sounds. Just find your balance, channel your zen however works best for you and soon enough, you'll be pro! Take advantage of the free time by going hiking* canyoning or meditating. (2B, L, D)

DAYS 4-5 Rincon de la Vieja Volcano N.P.

Rincón de la Vieja is an active volcano brimming with hot springs* waterfalls and a real sense of utter tranquility. This gorgeous natural wonder also happens to be your next location for an afternoon yoga session, followed by some outdoor adventuring. Ziplining, white water rafting and horseback riding are all on the cards for those looking to opt in to some adrenalin-fuelled activities. You'll also hike to a volcanic mud pool and rinse off at a nearby thermal pool on Day 5, getting a taste For Mother Nature's incomparable skincare routines. [2B, L, 2D]

DAYS 6-8 Playa Carrillo / San Jose

Carry on to the laid-back beach town of Playa Carrillo, where you'll take part in a sunset yoga class overlooking the crescent bay. An included surfing lesson will have you hanging ten in no time, then take the rest of your free time to kickback and reFlect on your wellness journey. Travel back to San Jose on Day 8, where your trip ends. (3B)

Tour Code: GACRSSW



ACCOMMODATION

Hotels (5 nts), ECO-lodge (2 nts)



INCLUDED MEALS

7 breakfasts, 2 lunches, 3 dinners



TRANSPORT

Private vehicle



COSTA RICA & PANAMA ADVENTURE

PRICE | DURATION | ROUTE
FR £ 1,205 | 14 DAYS | SAN JOSÉ - PANAMA CITY



DAYS 1 -8 San Jose /Tortuguero N.P. / Puerto Viejo /Bocas del Toro

The adventure begins in San Jose, then transfer to Tortuguero National Park on Day 2 for some nature appreciation. An important nesting site for green sea turtles, you might even get the chance to observe the nesting of our hard-shelled friends on an optional night tour (seasonal). Transfer to the charming town of Puerto Viejo, teeming with laid-back reggae vibes. Kick back at the beach or get involved in the water activities on offer, then on Day 6, its off to tropical paradise Bocas del Toro in Panama., where you will spend the next two nights. There's a beach for every taste here, whether you're looking to relax in serenity or get the party started with a seaside cocktail.

DAYS 9-14 Panama City /San Blas Islands

Day 9 calls for a flight to Panama City, the most cosmopolitan capital in Central America. The city is modern and bubbling with life., and is also a gateway to many surrounding tropical escapes. On Day 10, see the city from an open top bus tour, with views of the Pacific Ocean, lush rainforest and the famous Panama Canal. You will also learn of the history behind the wonderful colonial Spanish and French architecture. Day 11, wake for a 4WD ride through the jungle and continue to the Guna Yala or San Blas Islands. This dreamy location boasts crystal-clear turquoise waters, so better take advantage of the snorkelling ops! After a couple of days in pure island bliss, return to Panama, where your tour ends.

Tour Code: BEBAMCPA



ACCOMMODATION

Hotels and hostels [13 nights]



INCLUDED MEALS

5 breakfasts., 4 lunches, 4 dinners



TRANSPORT

Bus, boat, plane

AGE GROUP: All ages
GROUP LEADER: English-speaking guide during the Tortuguero National Park Adventure
GROUP SIZE: Min 2
INCLUDED ACTIVITIES: Panama City hop-on hop-off tour, all airport transfers, Tortuguero jungle safari
DEPARTS: Daily



PANAMA EXPERIENCE: CLOUD FORESTS & CANALS

PRICE | DURATION | ROUTE
FR £799 | 14 DAYS | SAN JOSÉ - PANAMA CITY



DAYS 1 -3 San Jose /Puerto Viejo

The capital San José is your urban starting point before taking off for Costa Rica's Caribbean coast. On Day 2, soak up the bohemian vibes of small village Puerto Viejo de Talamanca. See barefoot travellers take to stretches of white and black sand beaches with their boards for days spent riding the waves. Nights are spent dancing wildly to reggaeton beats at the local tiki bars.

DAYS 4-6 Bocas del Toro

Cross the border into Panama, travelling by foot, bus and boat to the archipelago of Bocas del Toro. The perfect place to enjoy the waters of the Caribbean, fill up your days with optional snorkelling, scuba diving^ beaching, or choose to take a boat out in search for dolphins. There's also Red Frog Beach, famous for - any guesses?

DAYS 7-14 Boquete / Santa Catalina / Panama City

Back on the mainland, settle in for a day of travel as you make your way to the mountain town of Boquete, where outdoor activities abound! The Pacific is your next stop, and Santa Catalina's black-sand beaches mean a couple more beach-happy days as well as optional surf lessons or visits to Coiba National Park. Coiba is part of the country's largest marine park, and often described as a cross between the Galapagos and the Indian Ocean's Cocos Islands - so you can bet it's at least pretty! On Day 12, leave the mountains and head to Panama City. Spend the next few days exploring the city before your tour wraps up on Day 14.

Tour Code: GACRSP



ACCOMMODATION

Simple hotel5 (2 nts), multi-share hostels [11 nts]



INCLUDED MEALS

Not included



TRANSPORT

Bus, boat, private vehicle, taxi

TRIP STYLE: 18-to-Thirtysome things
AGE GROUP: Exclusively for 18-39s
GROUP LEADER: Chief Experience Officer (CEO)
GROUP SIZE: Max 18, Avg 14
INCLUDED ACTIVITIES: Not included
DEPARTS: Selected Tuesdays



LIKE THAT? TRY THIS ---

Best of Panama
8 days (GACPPQ)

Fr£699

SAN JOSE & BEYOND



PURA VIDA MAE!

Or, pure life dude! You'll hear this national mantra echo through the forests, jungles and beaches of Costa Rica. And pure life, indeed! Over 25% of the country is dedicated to national parks, housing one of the world's most diverse ecosystems. San Jose is a likely base for your trip. And while it might not look like much at first, you'll soon discover the galleries of Barrio Amón, Saturday's farmers' market and the weekend crowds of Parque La Sabana.

A

COSTA RICA & PANAMA



- TOP SELLER -
SHOESTRING

GAUDY'S BACKPACKERS, SAN JOSE FB£12c TM FB£18 TWIN/DOUBLE

INCLUDES BREAKFAST

LOCATION: A short walk from La Sabana Metropolitan Park in downtown San Jose.

VIBE: A home from home, catering for the more budget-conscious traveller.

HIGHLIGHTS: Mixed dorms - Private rooms * Personal lockers ■ Shared kitchen • Terrace • Lounge • Games room • Laundry

5JOGAU



GLAMPACKER

SELINA SAN JOSE, SAN JOSE FR£12 TM FB£24 TWIN/DOUBLE

ROOM ONLY

LOCATION: Just five minutes' walk from the Ferrocarril al Atlantic© train station.

VIBE: Laid-back hostel with warm, homely decor. Grab some sun an the terrace.

HIGHLIGHTS: Mixed dorms - Private rooms • Personal lockers ■ Restaurant • Shared kitchen • Lounge • Terrace ■ Garden

EXSJ01



ROCK SOLID

HOTEL DUNN INN, SAN JOSE FB£52 MLE FB£30 TWIN/DOUBLE

INCLUDES BREAKFAST

LOCATION: Located in the central and historic neighbourhood of Barrio Amón.

VIBE: Simple hotel rooms and a bar with a daily happy hour!

HIGHLIGHTS: Private rooms • Air con • In-room safe ■ in-room mini bar ■ Restaurant • Bar • Laundry • 24-hour reception

THSJ 01

COSTA RICA TAILOR MADE

Meet INDI, no rules tailor made travel for independent adventurers. Get exactly the transport, experiences and accommodation you want according to your budget, tailor made into an original and personalised itinerary.

WHEN TO GO

Costa Rica was made to be experienced outdoors. With that in mind, the best time to visit is the dry season (Dec-Apr). This is prime wild life-spotting, adventure-making and beach bumming time.

WHAT TO DO

Your jumping off point will almost always be San José. From there, your must-dos are Monteverde's cloud forests and coffee plantations, Tortuguero's turtle-friendly beaches, Arenal's active volcano and the surfer-clad beaches of Tamarindo.

Tour Code: ADHTRV

ED WITH ANY OF OUR SUGGESTED ROUTES. OR 3UILD YOUR OWN FROM SCRATCH;

ASK YOUR TRAVEL EXPERT ABOUT YOUR OPTIONS

<https://www.exclusivetravel.co>



CHOOSE YOUR DURATION

CHOOSE YOUR ACCOMMODATION

CHOOSE HOW TO GET AROUND

CHOOSE YOUR BUDGET



// INDEPENDENT

INDI

TAILOR MADE
YOUR WAY //

COSTA RICA HIGHLIGHTS ADVENTURE

PRICE
FR £882

DURATION
8 DAYS

ROUTE
SAN JOSÉ - SAN JOSÉ



INDEPENDENT TOUR

Brimming with one-of-a-kind wildlife and geographical wonders, Costa Rica does diversity with aplomb. Kick off from San Jose, then journey to Monteverde for an adventure overload with options such as ziplining and horse riding. Day 4, travel to Arenal Volcano for a dip in the hot springs, then catch a shuttle to Tortuguero and opt to join a night tour to see giant green sea turtles laying their eggs (Jul-Oct). On Days 5 and 7, enjoy guided tours of Tortuguero National Park. Your tour ends in San Jose on Day 8.

Tour Code: BESJOCHA

AGE GROUP: All ages

INCLUDED ACTIVITIES: Return San Jose
Airport transfers, transport, volcano and hot
springs tour, canopy experience, horse riding.
3-day Tortuguero National Park Adventure

ACCOMMODATION: Hostels, 3' hotels [7 nts]

MEALS: 5 breakfasts, 3 lunches, 3 dinners
(hostels); 6 breakfasts^ 3 lunches, 3 dinners
(3' hotels); 7 breakfasts, 3 lunches, 3 dinners
(hostel)

DEPARTS: Daily



COSTA RICA VOLUNTOUR

PRICE
FR £1,106

DURATION
15 DAYS

ROUTE
SAN JOSÉ - SAN JOSÉ



This voluntour is the perfect way to tick off some Costa Rican hotspots, while doing your bit along the way. Spend five days volunteering at a sea turtle conservation project and help with night time beach patrols to protect eggs from poachers, as well as general area maintenance. After your good work is done, enjoy a week of touring paradise, finishing in San José. Volunteering for Buena Vista Turtle Conservation is also available. Please ask your Travel Expert for more details.

Tour Code: SJOVOL

AGE GROUP: Min 18

GROUP LEADER: English-speaking guides for
same activities

INCLUDED ACTIVITIES: 5 days volunteering,
Trapiche tour, Zipline Experience, Arenal Volcano
& Hot Springs tour

ACCOMMODATION: Hostels (8 nts),
multi-share lodge fb nts]

MEALS: 5 breakfasts^ 7 dinners

DEPARTS: Sundays



MONTEZUMA TURTLE CONSERVATION

PRICE
FR £551

DURATION
1-8 WEEKS

ROUTE
PLAYA MONTEZUMA



You might think that you love travelling, but you've got nothing on sea turtles. Travelling up to 10,000 miles a year on their own flippers, they're seasoned globetrotters. But with egg poaching and climate change threatening their existence, this journey often gets off to a hairy start. Support a community-led effort to improve the chance of survival for endangered hatchlings on Costa Rica's Playa Montezuma. Take part in night patrols, assist with data collection and help keep the area safe for its hard-shelled residents!

Tour Code: SJOTUR

AGE GROUP: Min 16

GROUP LEADER: English-speaking guides

INCLUDED ACTIVITIES: Volunteering
experience

ACCOMMODATION: Multi-share dorm (6 nts)

MEALS: 5 breakfasts, 4 lunches, 5 dinners
(per week)

DEPARTS: Sundays (Jul-Nov)



TORTUGUERO NATIONAL PARK ADVENTURE

FR£254
3 DAYS



SMALL GROUP ADVENTURE

Discover the jungle of Costa Rica in Tortuguero National Park. From San José, transfer to your Tortuguero hotel for two days of wildlife spotting. On hikes, you'll also be privy to the movements of capuchin monkeys and, if you're really lucky, the endangered West Indian manatee bobbing up and down in streams.

INCLUSIONS

Departs: Daily Accommodation: ECD lodge (2 nts) Meals: 3 breakfasts, 3 lunches, 2 dinners Includes: All transfers to/from San José, all activities, English-speaking guides Note: Entry fees to Tortuguero not included Tour Code: BESJOTAA

COSTA RICA ACTIVE ADVENTURE

FR£594
4 DAYS



INDEPENDENT TOUR

From San José, head to the Pacuare River for river rafting! Take in lush rainforest views while splashing down the river. Day 2, head to the Arenal Reserve, zipline across the rainforest, and walk along hanging bridges and through winding trails. Enjoy an exhilarating canyoning excursion before your trip ends on Day 4 in San José.

INCLUSIONS

Departs: Daily Accommodation: Hotel (3 nts) Meals: 3 breakfasts Includes: San José Airport pick-up/drop-off, all transport between activities Tour Code: SJOCRA

COSTA RICA NATURE EXPLORER

PRICE
FR £337

DURATION
8 DAYS

ROUTE
SAN JOSÉ - SAN JOSÉ



INDEPENDENT TOUR

Take off from San José to La Fortuna, home to the Arenal Volcano. Opt to river raft, mountain bike, or go for a volcano hike. Day 4, approach the adventure capital of Monteverde and explore the Cloud Forest Reserve. You can also opt to experience one of the world's longest zipline systems. Adrenalin-seekers can choose from other activities including bungee jumping, horse riding and even flying in the air on a Tarzan Swing [don't ask]. Spend Day 7 in San José before your trip ends on Day 8.

Tour Code: BESJOCNE

AGE GROUP: All ages

INCLUDED ACTIVITIES: San José Airport pick-up/drop-off, all transport between activities

ACCOMMODATION: Hostels, 3' or 4' hotels, depending on package (7 nts)

MEALS: 5 breakfasts (hostels & 3' hotels); 3 breakfasts (4' hotels)

DEPARTS: Daily



Independent Travel WITH BAMBA

FREESTYLE TRAVEL PASSES

Travel in safe, reliable and comfortable buses when travelling with Bamba throughout Costa Rica. Depending on your route, you may travel by train, boat or private shuttle vans along the way.

Experience tons of included day trips and activities, access your trip online to make unlimited schedule changes, and travel freely with guaranteed daily departures. Accommodation isn't included but most of Bamba's hop-on hop-off routes can be done as accommodated tours. Ask your Travel Expert for details and see pages 140-141 for more information.

FR£455



16 LA FORTUNA
Arenal Volcano
& Baldi Hot Springs

V. SAN JOSÉ

17: Bites & Sights Experience
20: Tortuguero National Park [2 days]

14 MONTEVERDE
Canopy Zipline

17 MANUEL ANTONIO N.P.
Day Trip

included 3x0dence&

SAN BLAS ISLANDS EXPERIENCE

PRICE	DURATION	ROUTE
FR £334	4 DAYS	PANAMA CITY - PANAMA CITY



INDEPENDENT TOUR

Get completely off the map with this tour, which gives you four days in the pristine, laid-back Guna Yala or San Blas Islands. With three nights' beach cabin accommodation, return Panama City transfers and a guided tour on arrival, this is stress-free travel, giving you more time to just kick back and relax on the beach. If you happen to find the time to haul yourself out of that hammock, make sure you go snorkelling - the waters here are teeming with marine life - or hire a boat and visit a traditional village where you can pick up some handcrafted souvenirs.

INCLUSIONS

Departs: Daily Accommodation: Private or dorm-style cabin (3 nts). Upgrades are available Meals: 3 breakfasts^ 3 lunches, 3 dinners Transport: ■ Return transfers from/to Panama City included Note: Snorkelling equipment available for hire Tour Code: BEPTYSBA

BOCAS DEL TORO BEACH BREAK

PRICE	DURATION	ROUTE
FR £490	4 DAYS	PANAMA CITY - PANAMA CITY



INDEPENDENT TOUR

Hello turquoise Caribbean paradise. Spend three full days swimming, sunning and relaxing on the Bocas del Toro Islands. With nothing but free time and sand on your hands, you can get in touch with true island time. Start off in Panama City and take a flight to the archipelago. Opt to go on a speedboat excursion to spot dolphins and sloths, go scuba diving and snorkelling, visit Starfish Beach and kayak on Saigon Bay. Be sure to make the most of your time once the sun goes down with the lively, sociable nightlife. This place is a backpacker's haunt, so you're sure to make plenty of friends!

INCLUSIONS

Departs: Daily Accommodation: Hostels (3 nts) Meals: Not included Transport: Airport pick-up, plane Note: Costs of activities are not included Tour Code: BEPTYBDT

PANAMA HIGHLIGHTS

PRICE	DURATION	ROUTE
FR £ 1,486	8 DAYS	PANAMA CITY - PANAMA CITY



SMALL GROUP ADVENTURE

DAYS 1-4 Panama / San Blas / Gamboa

Arrive into Panama City on Day 1, and spend the next day exploring the capital on an optional City and Canal Tour. Pay a visit to the Amador Islands and soak up panoramic views of the city skyline while enjoying a fresh sea breeze. On Day 3, head to the Guna Yala or San Blas Islands and get excited For some glorious snorkelling! You'll also have the opportunity to stroll through the local town and pick up some souvenirs. The following day, transfer to Gamboa Rainforest area and take a cable car tour of its beautiful natural landscapes. Visit some of the ecological exhibitions before lunch and enjoy the rest of the afternoon at your own leisure. Opt to go fishing or scout the surrounding vegetation for roaming wildlife such as sloths and exotic birds. [8]

DAYS 5-8 Panama / San Lorenzo

On Day 5, travel to the Flamenco Marina to board the Panama Canal Transit Cruise. Sail under the Bridge of the Americas, and reach a series of locks high above sea level. Next day, set your alarms early as you're off to ride along the Panama Railroad, a picturesque route passing through tropical jungle, canal locks, the historic Snake Cut and the narrow roads of Gatun Lake. Spend your last full day visiting the indigenous community of Emberaquera for a 30-minute boat trip, spotting diverse flora and Fauna as you go. Guzzle on traditional food and experience the local dance and music before your tour wraps up on Day 8. (4B)

Tour Code: PTYHIG



ACCOMMODATION

Hotels (7 nts)



INCLUDED MEALS

5 breakfasts



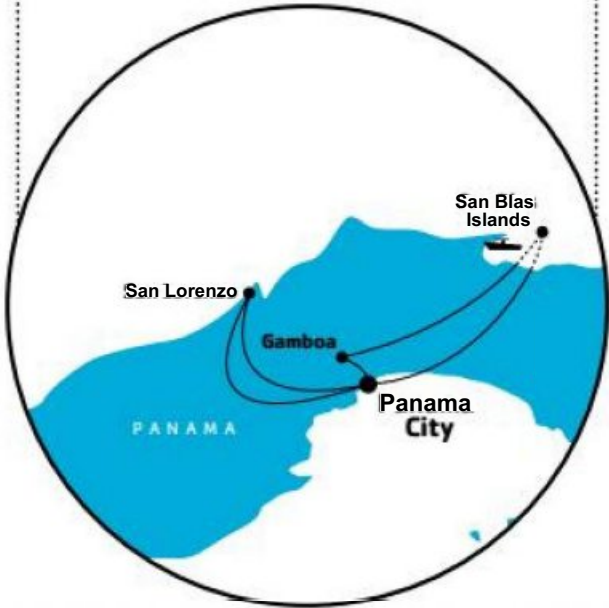
TRANSPORT

Bus, boat, train

GROUP LEADER:	English-speaking guide
GROUP SIZE:	Min 2
INCLUDED ACTIVITIES:	None included
DEPARTS:	Daily



GAMBOA RAINFOREST, PANAMA



MAYAN SUN SOUTHBOUND: BOAT RIDES & RUINS

SMALL GROUP ADVENTURE (18-39s)

PRICE
FR £849

DURATION
16 DAYS

ROUTE
PLAYA DEL CARMEN - ANTIGUA

NEED TO KNOWS

- TRIP STYLE:** 18-t o-Th irtys ome things
- AGE GROUP:** Exclusively for 18-39s
- GROUP LEADER:** Chief Experience Officer (CEO), local guides
- GROUP SIZE:** Max 18, Avg 14
- DEPARTURES 2D20/21:**

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	2021	2022	2023
03	07	Ob	03	01	05	10	07	04	02	01	04	01	05	05
10	14	20	10	08	12	12	14	11	16	06	10	08	12	12
17	21	27	24	22	19	17	21	18	30	13	13	15	19	19
24	28	20	29	26	24	28	20	29	26	15	15	22	26	26
31				28	31		25		27	20	25	20		
							27			22	27			
										27	29			

INCLUDED ACTIVITIES

- * G for Good visit to San Antonio Women's Pottery Cooperative & lunch
- * G for Good Posadas Mayas homestay
- * Tikal guided tour
- Antigua orientation walk



HIGHLIGHTS



GFOR GOOD

Pick up some handmade souvenirs at a pottery co-op and help local women support their families.



CAYE CAULKER

* Go slow* isn't just a saying, it's a way of life on this tiny, car-free (and care-free) island.



TIKAL

Rising out of dense jungle, the towering, steep-sided temples reach heights of more than 44 metres.

DAYS 1-5 Playa del Carmen /Caye Caulker

If you're looking for palm-lined beaches, hip-swaying salsa clubs and more Mayan ruins than you can shake a selfie stick at, then you've come to the right place. Welcome to Central America! Your first two days are spent in Mexico's sunny resort town of Playa del Carmen where you can explore the nearby ruins of Tulum or the diving mecca of Cozumel. The chilled-out vibes continue on Day 3. Everyone will tell you to 'go slow*' as soon as you step onto the tiny, car-free island of Caye Caulker. Despite its small size, it packs a paradisa (rum) punch. Opt to hire canoes, go on a sunset cruise or snorkel with stingrays and nurse sharks at Hol Chan Marine Reserve.

DAYS 6-8 San Ignacio / Flores

San Ignacio is the perfect base for exploring Belize's lesser-known inland scenic beauty. Enjoy a pottery-making demo followed by lunch at a G for Good women's co-op. The women sell the pottery to provide a source of income for their families, so if you're looking for a souvenir, this is the place! The following day, there's an option to visit the sacred Mayan cave of Actun Tunichil Muknal and the little-visited ruins of Xunantunich. Day 8 and it's time for another border hop. Once in Guatemala, continue on to Flores for a guided tour of Tikal, home to the tallest structure in the Mayan world and troops of howler monkeys. (L)

DAYS 9-12 Rio Dulce/Antigua

This "sweet river" town is a great place for coastal adventures. Opt to go horse riding, visit San Felipe Fort, observe wildlife on a kayaking excursion, or trek to a waterfall and relax in thermal springs. Picture-perfect Antigua is up next. After an orientation walk on Day 11, you'll have plenty of Free time to explore this UNESCO World Heritage Site on your own. Expect pastel-hued colonial buildings, cobblestone streets and vibrant markets, all surrounded by three volcanoes. Want to try out some new moves? Find your rhythm with an optional salsa class.

DAYS 13-16 Panajachel / Lake Atitlan / Antigua

Today, travel through the hills and fertile fields of the Guatemalan highlands to the shores of Lake Atitlan, one of the country's most beautiful spots. Cruise across the lake, then make for the G for Good Posadas Mayas homestay - time to test your language skills and experience local life. Back in Antigua, see the sights you missed the first time around before enjoying a big night out with your group. Depart any time on Day 16. (D)

Tour Code: GACMCA



ACCOMMODATION

Simple hotels/hostels (14 nts), homestay (1 nt)



INCLUDED MEALS

1 lunch, 1 dinner



TRANSPORT

Local bus, ferry, boat, private vehicle, taxi

LIKE THAT? TRY THIS--

- Reverse your trip**
- Mayan Sun Northbound: Cobblestones & Caribbean Culture**
(16 days, Antigua - Playa del Carmen)
(GACGAC) **Fr£849**
- Shorten your trip**
- Classic Mexico Adventure**
(14 days, Mexico City - Playa del Carmen)
(GACMMP) **Fr£ 1,279**



MAYAN ADVENTURE

SMALL GROUP ADVENTURE

PRICE

FR £1,899

DURATION

22 DAYS

ROUTE

PLAYA DEL CARMEN - PLAYA DEL CARMEN

NEED TO KNOWS

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 16, Avg 12

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
04	08	07	11	02	06	04	01	05	03	07	12	09	06	06
11	15	14	25	16	20	18	15	19	17	21	19	16	13	13
18	22	28		30			29	26	31	28	22	23	20	20
25											26	30	27	27

MY OWN ROOM: Fr £729

INCLUDED ACTIVITIES

- G for Good Posadas Mayas homestay
- G for Good Belize Bike with Purpose tour, Caye Caulker
- G for Good visit to El Kongo Mexican Community Youth Art Programme
- Chichén Itzá guided tour
- Mérida, San Cristobal de la Casas & Antigua orientation walks
- Palenque guided tour & jungle lodge stay
- Lake Atitlán boat tour
- Tikal guided tour
- Scenic boat ride to Livingston



LIKE THAT? TRY THIS...

Shorten your trip

Mayan Trail
(11 days, Playa del Carmen - Antigua, via Mérida)
(GACMTM) See page 166 Fr £879

Mayan Encounter
(12 days, Antigua - Playa del Carmen)
(GACGME) See page 166 Fr £1,049



HIGHLIGHTS



GFOR GOOD

A social enterprise that helps train students in guiding skills and gives visitors a unique perspective of Caye Caulker.



CHICHÉN ITZÁ

See the stepped pyramids and intricately carved temples of this archaeological site on a guided tour.



JUNGLE DIGS

OE-d down in a jungle lodge inside Palenque National Park, close to the impressive Mayan ruins.

DAYS 1 -5 Playa del Carmen / Chichen Itza / Mérida / Palenque

Start your trip on the bar-lined beaches of Playa del Carmen. Don't stay out too late though as the next morning brings a tour of the Mayan pyramids and ruins of Chichen Itza. After shifting over to Merida, an orientation walk shows off its pretty plazas and open-air markets. Spend the next few nights in a lodge in Palenque's national park and let the noises of the jungle lull you to sleep. The next day, cool off in the turquoise waters of the Roberto Barrios Waterfall.

DAYS 6-11 San Cristobal de las Casas / Panajachel / San Juan la Laguna / Antigua

Continue on to San Cristobal de las Casas and fall in love with its 16th-century architecture on an orientation walk. Want to see more? Opt to take a boat ride through sunny Sumidero Canyon or visit nearby Mayan villages. Day 8 calls for some volcanic action in Guatemala with a G for Good homestay experience and a boat tour around Lake Atitlán. Get to know the local indigenous communities, go paragliding or visit the Solola Market. On Day 10, make your way to Antigua and choose to take a city tour or spice things up with salsa dancing classes. [□]

DAYS 12-15 Río Dulce / Flores / San Ignacio

A hot waterfall? Yeah it's a thing. Head to Río Dulce today and take a dip in a natural Jacuzzi. You can also choose to hike to Shaman Tower for yoga or just lounge by the pool. Next, sail to the remote town of Livingston before heading to Flores. Stroll around Lake Peten Itza, shop for handicrafts and take a guided tour around the ruins of Tikal, home to the highest structure in the Mayan world. Belize beckons on Day 15. From your San Ignacio base, you can explore the Mountain Pine Ridge area, visit the sacred Mayan cave, Actun Tunichil Muknal or see the Mayan ruins of Xunantunich.

DAYS 16-22 Caye Caulker / Playa del Carmen

On Day 16, go slow on the tiny island of Caye Caulker and head out on a G for Good Bike with Purpose tour. Spend your days swimming with nurse sharks and stingrays, eating fresh seafood and grooving to chilled-out reggae. Prepare your passport for another border-hop as you journey to Mexico. Spend the last few days of your trip on the sandy shores of Playa del Carmen. Enjoy dinner at a G for Good community-led restaurant helping to fund a local arts programme, and knock back a few tequilas at the beachside bars. Before you leave, make sure you visit Tulum, swim in a cenote and go diving in Cozumel. The tour ends on Day 22 and you are free to depart at any time. [□]

Tour Code: GACAM



ACCOMMODATION

Hotels (17 nts), jungle lodges, (3 nts), homestay (1 nt)



INCLUDED MEALS

2 dinners



TRANSPORT

Local bus, private vehicle, boat

MAYAN TRAIL

PRICE
FR £879

DURATION
11 DAYS

ROUTE
PLAYA DEL CARMEN - ANTIGUA



DAYS 1-3 Playa del Carmen /Chichen Itza

Ditch the tourist resorts of Cancun! For the ruins, jungles and colonial cities of Mexico and Guatemala. On Day 2, your first stop is the Mayan ruins of Chichen Itza. A guide will show you these huge stepped pyramids and elaborate stone carvings.

DAYS 4-6 Merida /Palenque /San Cristobal

Make for the white-stone city of Merida. From here there's the option to visit the ruins of Uxmal or take a dip in three cenotes (underground pools) in the nearby town of Cuzama. Next up is the Mayan ruins of Palenque. Take a guided tour of the temples, then head to the Roberto Barrios Waterfall for a swim. Spend two nights in a jungle lodge in the nearby national park, then it's on to San Cristobal de las Casas for an orientation walk.

DAYS 7-9 San Cristobal de las Casas

Set high in a mountain valley! San Cristobal de las Casas is known for its 16th-century architecture. Opt for a boat ride in Sumidero Canyon and visit local indigenous villages. Start Guatemala off right with Panajachel, on the shores of Lake Atitlan and surrounded by volcanoes. Spend a night at the G for Good Posadas Mayas homestay with a local family in San Juan La Laguna. (□)

DAYS 10-11 Panajachel / Antigua

On arrival in Antigua, take an orientation walk of the cobblestone streets. Later, opt to take a cooking class or a salsa lesson if you fancy, then fiesta, with your fellow travellers! The tour ends on Day 11.

Tour Code: GACMTM



ACCOMMODATION

Hotels (7 nts), jungle lodge (2 nts), homestay (1 nt)



INCLUDED MEALS

1 dinner



TRANSPORT

Public bus, private vehicle, boat



MAYAN ENCOUNTER

PRICE
FR £1,049

DURATION
12 DAYS

ROUTE
ANTIGUA - PLAYA DEL CARMEN



DAYS 1-3 Antigua / Rio Dulce

The partially restored colonial city of Antigua greets you as you touch down in Guatemala. Jump over to Rio Dulce the next day and into the warm waters of a hot spring waterfall - you heard us right. Boat down river to the fishing village of Livingston. Known for its Afro-Caribbean Garifuna population, you'll find music and coconut seafood soup, tapado, aren't in short supply.

DAYS 4-6 Flores /San Ignacio

It's on to Flores for a guided tour of Tikal's famous ruins and a hefty climb to the top of Temple IV for fab views. Passports at the ready as you cross into Belize and head to San Ignacio. From here you can visit the sacred Mayan cave of Actun Tunichil Muknal, explore the Mountain Pine Ridge area or check out the historic site of Xunantunich.

DAYS 7-9 Caye Caulker

Catch a ferry to Caye Caulker. There are no roads on this tiny island, so take to two wheels and explore on a G for Good bike ride guided by local students. Later, go snorkelling with stingrays and nurse sharks in the Hol Chan Marine Reserve, or sail out to the Blue Hole.

DAYS 10-12 Playa del Carmen

Leaving the reggae bars of Belize behind, it's time to immerse yourself in all things Mexican - think Mariachi music, Mayan ruins and margaritas. See out the rest of your trip on the sands of Playa del Carmen. Whilst here, enjoy dinner at the G for Good El Hongo Mexican Restaurant. The tour ends on Day 12. (D)

Tour Code: GACGME



ACCOMMODATION

Hotels (10 nts), jungle lodge (1 nt)



INCLUDED MEALS

1 dinner



TRANSPORT

Public bus, private vehicle, boat



TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 16, Avg 12

INCLUDED ACTIVITIES: G for Good Belize Bike with Purpose tour, G for Good visit to El Hongo Mexican Community Restaurant and Youth Art Programme, Tikal guided tour, scenic boat ride to Livingston

DEPARTS: Selected Wednesdays and Sundays

MY OWN ROOM: Fr £449

MAYAN DISCOVERY

PRICE
FR £1,099

DURATION
15 DAYS

ROUTE
PLAYA DEL CARMEN - PLAYA DEL CARMEN



DAYS 1 -3 Playa del Carmen / Chichén Itzá / Mérida

Bienvenidos amigos! Arrive in Mexico and meet the rest of your group. Day 2 brings your first encounter with the Mayan world with a tour around the stepped pyramids and elaborate stone carvings of Chichen Itza. After an orientation walk of Mérida, opt for a refreshing swim in the nearby cenotes of Cuzama.

DAYS 4-6 Palenque

Next up is Palenque, an important centre for trade and culture at the end of the Classic Maya period. Wander around the Temple of Inscriptions and the Grand Palace to the sound of distant howler monkeys. Day 6, opt to visit the Mayan ruins of Yaxchilan and Bonampak.

DAYS 7-10 Flores / San Ignacio

Journey through the jungle to Guatemala and continue on to Flores to learn about Mayan culture on a guided tour of Tikal. Head to San Ignacio in Belize on Day 9 and take an optional trip to the Actun Tunichil Muknal! Cave. Enjoy a G for Good pottery demo, then share a meal together sampling traditional food From the Cayo region. (L)

DAYS 11 — 15 Caye Caulker / Playa del Carmen

On Caye Caulker, the only way to do things is slowly. Head to the Hol Chan Marine Reserve to snorkel with stingrays and nurse sharks. Then comes the final stretch to Playa del Carmen where you'll have dinner at the G for Good El Hongo Mexican Restaurant on Day 14. (D)

Tour Code: GACMMD



ACCOMMODATION

Simple hotels (14 nts)



INCLUDED MEALS

1 lunch, 1 dinner



TRANSPORT

Public bus, private vehicle, water taxi, taxi

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO) & focal guides

GROUP SIZE: Max 16, Avg 12

INCLUDED ACTIVITIES: 6 for Good visit to San Antonio Women's Pottery Collective, G for Good El Hongo Restaurant & Youth Programme, guided tours of Chichen Itza, Tikal & Palenque, Mérida orientation walk

DEPARTS: Saturdays

MY OWN ROOM: Fr £489

(g) G Adventures



SOL SEEKER

PRICE
FR £2,339

DURATION
13 DAYS

ROUTE
MEXICO CITY - ANTIGUA



DAYS 1-3 Mexico City/Mérida/Chichen Itza

If you're after food, fun and fiestas, then Mexico is a must! Touch down in the capital city and take a tour of Teotihuacan's ancient ruins before a night on the town. On Day 2, fly to the beautiful white-stone city of Mérida and tour the Government Palace, then on Day 3, head to Cancun via the Chichen Itza ruins. Don't miss taking a swim in a cenote. (2B, D)

DAYS 4-6 Cancun / Playa del Carmen

Enjoy a Free day today and go snorkelling or just chill out on the beach. On Day 5, swim through a jungle lagoon or take a day trip to Isla Mujeres. As it's your last night in Cancun, make the most of the nightlife! Head to Playa del Carmen on Day 6 for two days. (3B, D)

DAYS 7-9 Caye Caulker / Belize City

Adios Mexico, hola Belize! Head to Caye Caulker and sample the freshest of seafood. Day 9 is all yours to do as you wish. You could swim with sharks at Belize's barrier reef or sunbathe on "The Split". On Day 10, cross into Guatemala, stopping in Belize City on the way. On arrival at Tikal National Park, explore Mayan ruins and opt to fly through the rainforest on a zipline. (3B, D)

DAYS 10-13 Tikal National Park/Antigua

Set your alarm early and watch the sunrise From the top of the Mayan ruin Templo IV. Later on, head to stunning Antigua via Santa Elena and enjoy a sightseeing tour. After a free day, head home on Day 13. (4B, 2D)

Tour Code: COMCAN



ACCOMMODATION

Twin-share hotels, (12 nts)



INCLUDED MEALS

12 breakfasts, 5 dinners,



TRANSPORT

Air con coach or minivan, plane

TRIP STYLE: Discoverer

AGE GROUP: Exclusively for 18-35s

GROUP LEADER: Trip Manager and local guides

GROUP SIZE: Max 30

INCLUDED ACTIVITIES: Pyramids of Teotihuacan tour, Mérida walking tour, Chichen Itza tour, cenote swim, sunset beach dinner in Cancun, Tikal National Park tour, Antigua guided tour, Guatemalan feast

DEPARTURES 2020/21:

Jan 19	Feb 16	Mar 15	Apr 19	May 10	Jun 07	Jul 12	Aug 02	Sep 20	Oct 18	Nov 15	Dec 06	Jan 21	Feb 21	Mar 21
				24	28		23				20	17	14	

MY OWN ROOM: Fr £819



LIKE THAT? TRY THIS...

Caribbean Encounter
10 days (COCAAN)

Fr£ 1,645

MEXICO GRANDE

EXCLUSIVELY FOR 1B-35S

PRICE
FR £ L839

DURATION
12 DAYS

ROUTE
PUERTO VALLARTA - CANCUN

NEED TO KNOWS

- TRIP STYLE: In-Depth Explorer
- AGE GROUPS: Exclusively for 18-35s
- GROUP LEADER: Trip Manager, driver
- GROUP SIZE: Max 30
- DEPARTURES 2020/21

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
13	10	09	13	04	01	06	17	14	12	09	14	11	08	
				18	22	27				30				

MY OWN ROOM: Fr £629

INCLUDED ACTIVITIES

- Beachfront dinner, Puerto Vallarta
- Guided tour of a Tequila distillery and tasting
- Pyramids of Teotihuacan tour
- Chichén Itzá guided tour
- Guadalajara guided city tour
- Cenote swim
- Sunset beach dinner, Cancun
- Walking tours of Guanajuato & Meridas
- Visit to Hidalgo Market

HIGHLIGHTS



TEQUILA TASTING

Learn how the key ingredient in margaritas is made on a distillery tour. You'll get to try some too.



TEOTIHUACÁN TOUR

Running down the centre of this vast archaeological complex is the Avenue of the Dead. Spooky!



CENOTE SWIM

Dotting the Yucatán Peninsula, these underground freshwater pools are popular swimming spots.

DAYS 1-2 Puerto Vallarta

One of the most popular beach towns in the Mexican Riviera, Puerto Vallarta is where your journey begins. Arrive at any time, then get to know your new travel buddies over a beachfront dinner and a couple of cocktails. Day 2 is all yours to explore. If you've ever wanted to try surfing in a secluded bay, then Punta Mita's gentle beginner waves are not to be missed. If not, then there are plenty of other activities on offer, including ziplining over the jungle or a pirate ship cruise compete with an acrobatic performance. (B, D)

DAYS 3-4 Guadalajara / Guanajuato

Known as the Pearl of the West, Guadalajara is next., but not before stopping in a little town called Tequila. While you're here, you'll take a tour of (you guessed it!) an authentic Tequila distillery. Later on, find a spot to watch one of Guadalajara's famous Mariachi bands. Start Day 4 with a guided tour of the city's four main squares and cathedral, then continue on to the former silver mining town of Guanajuato. Heavy on the Spanish influence, this UNESCO-listed city will transport you to another time as you explore its bright facades and quaint cobblestone alleyways. Shop for local sweets at the Hidalgo Market, see more than 100 mummies at the Museo de las Momias and learn about the legend of two lovers at the Cailejdn del Beso. (2B, D)

DAYS 5-7 Mexico City

Today., make for Mexico City via the colonial town of San Miguel de Allende. As the country's biggest city and the oldest capital in Central America, you'll need a few days to see what this bustling metropolis is all about. Float through the canals of Xochimilco on a gondola., check out the City of Palaces and visit La Casa Azul, birthplace of Frida Kahlo. On Day 7, take a guided tour of the ruins of Teotihuacan, then get ready for a night out, Mayan style! (3B, D)

DAYS 8-12 Merida/Chichen Itzá/Cancún

Day 8 and it's time to swap the capital's frenetic pace for the calm atmosphere of Merida. Fuelled by local Yucatan cuisine, take a walking tour of its narrow streets, broad central plazas and white-stone buildings. Then it's off to Cancún. Spend the last leg of the trip relaxing on the beach, swimming in jungle cenotes (sinkholes), feasting on fresh seafood and sipping cervezas at one of the many beach bars. And let's not forget that guided tour of the impressive Chichén Itzá ruins! Your trip wraps up on the morning of Day 12. (5 B, D)

Tour Code: COMEXG



ACCOMMODATION

Twin*share hotels [11 ntsj



INCLUDED MEALS

11 breakfasts,
4 dinners



TRANSPORT

Modern air con coach,
internal Flight

LIKE THAT? TRY THIS-

Shorten your trip

Mexican Fiesta
(8 days, Puerto Vallarta - Mexico City)
[COMF IE] Fr E 1,1 15

Yucatan Highlights
(6 days, Mexico City - Cancun)
(COYUCAJ Fr£B79



• SMALL GROUP ADVENTURE (18-39s)

ROUTE
MEXICO CITY - PLAYA DEL CARMEN

MEXICO, GUATEMALA & BELIZE

DEPARTURES 2020/21:

e	g	m	Apr	OS	Joe	d	i	g	Ella	4-1 c u	N	ec	Jan 21	Feb 21	Mar 21
04 IB	01 29	21 28	11 25		13 2?	11 25	08 22	12 26		ID	14 28	12 26	09 16	06 20	06 27

- G For Good visit to El Kongo Mexican Community Restaurant & Youth Art Programme
- Taco Street food crawl
- Mezcal tasting
- Herve el Agua petrified waterfall day trip
- Orientation walk of Veracruz & Oaxaca
- Visits to Teotihuacan Ruins, Oaxaca market? a cenote, Las Coloradas, Tulum Ruins

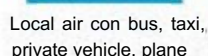
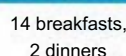
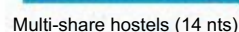
@ G Adventures

Fr £519

Enjoy a day trip to these natural infinity pools in Oaxaca.

After a free morning in Mérida, travel to the small seaside town of Rio Lagartos. This beautiful area is home to Ria Lagartos Biosphere Reserve and the Las Coloradas lakes. During the afternoon sun, the lakes shine pink! Continue on to Tulum on Day 12 where you'll visit its famous cliffside ruins. Make the most of your free time on Day 13 with an optional day trip to Quichen Itza, then cap it all off with a big night out with your Fellow travellers. Holy guacamole! It's the last day! How did we get here so fast? Travel to Playa del Carmen and fill your boots at El Hongo., a 6 for Good restaurant that supports a youth art programme. Head off at any point on Day 15. (SB, D)

Tour Code: GAMMC



MEXICO YUCATAN EXPERIENCE

SMALL GROUP ADVENTURE

PRICE
FR £1,395

DURATION
11 DAYS

ROUTE
CANCUN - PLAYA DEL CARMEN



HIGHLIGHTS



ISLA HOLBOX

The perfect place for a little R&R. Think over-water hammocks, soft white sand and rustic beach bars.



TEMPLE OF KUKULKAN

This stepped pyramid is a huge, man-made calendar and Chichén Itza's most famous structure.



LAKE BACALAR

Often referred to as the Lagoon of Seven Colours, this scenic spot will instantly up your Instagram game.

DAYS 1-3 Cancun/Isla Holbox

Your Mexican adventure starts from the moment you land in Cancun thanks to an included airport pick-up. Once you've settled into your hotel, go for a dip in the pool or explore the area before meeting your new travel buddies tonight. Hit the beach bars of this world-famous party town and toast the beginning of your trip. Margaritas anyone? The car-free (and care-free) island paradise of Holbox is sure to cure any hangovers on Day 2. Spend the afternoon spotting sea turtles or unwinding in over-water hammocks. The next morning, jump on a private boat and explore three beautiful locations. First up is Bird Island, home to (you guessed it) hundreds of native birds. Next, go for a dip in a hidden Freshwater cenote, then see Flocks of Flamingos on Passion Island. (L)

DAYS 4-5 Chichen Itza / Merida

It's an early start on Day 4 as you set your sights on the stepped pyramids, temples and columned arcades of Chichén Itzá. A towering testament to the ancient Mayan civilisation, the Temple of Kukulkan - which has 365 steps, one for each day of the year - dominates the archaeological site. Learn about its fascinating history on a guided tour before heading to Cenote Ik Kil where you can cool off in its refreshing waters. Next, travel to Merida where you'll have an orientation walk on arrival. Make sure you've packed your swimmers on Day 5 because you'll get to go swimming in three cenotes as part of a bike tour. That night, head to a local bar for tequila and mescal tasting. Fuelled by the golden liquor, put your salsa skills to the test at one of the many live music venues. (BL)

DAYS 6-9 Bacalar/Tulum

Days 6 and 7 are all about R&R. Spend your time relaxing on the shores of Insta-worthy Lake Bacalar, so-called* the Lagoon of Seven Colours thanks to its dazzling blue, indigo and turquoise hues. Optional activities here include kayaking and stand-up paddleboarding, plus you'll get to go on an included boat trip. The chilled-out vibes continue on Day 8 as you travel to the beachside town of Tulum. Peel yourself off the sun lounger on Day 9 and head to the nearby cliff-top ruins. Keep your camera handy because the dramatic ocean backdrop makes for one spectacular view.

DAYS 10-11 Playa del Carmen

Ice-cold cervezas call on Day 10. With its legendary nightclubs and open-air bars, Playa del Carmen is the perfect place for a final blowout. Enjoy one last night out with your group before the tour ends on Day 11.

Tour Code: TTUCMCP



ACCOMMODATION

Twin-share hotels (10 nights)



INCLUDED MEALS

4 lunches



TRANSPORT

Bus, bike, boat

NEED TO KNOWS

AGE GROUPS Min 18

GROUP LEADER Local guides

GROUP SIZE Max 20

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
			18	09	06	04	01	12	10	07	05			
			23	20	18	15	12	26	24	21				
							29							

INCLUDED ACTIVITIES

- 3-day island boat trip
- Merida walking tour
- Tequila tasting
- Cenote bike tour
- Chichén Itzá guided tour
- Laguna de Bacalar boat trip
- Visits to Tulum Ruins & Cenote Ik Kil



itSLWitHaA* « TM »

WE KNOW

BECAUSE WE GO

"I was in awe at Chichén Itzá. Our guide was so knowledgeable and gave us his take on what may have happened at the sites."

EZZY, TRAVEL EXPERT IN SYDNEY



CUBAN RHYTHMS: RUM & FUN

PRICE
FR £619

DURATION
8 DAYS

ROUTE
HAVANA - HAVANA



DAY 1 Havana

Prepare to be tantalised by this vivacious and friendly country, famous for its cigars, music, salsa and rum (of course!) Upon arrival, an included transfer will take you to your authentic Cuban bed and breakfast.

DAYS 2-4 Viñales / Playa Larga

This morning, visit Havana's colourfully-tiled Fusterlandia neighbourhood before venturing to Viriales. See how Cuban cigars are made at a tobacco plantation, then give Spanish a go in your local homestay tonight. Take a trip to Cayo Levisa the next day where you'll find three kilometres of white sand only accessible by boat. On Day 4, make for Playa Larga, stopping at the Bay of Pigs en route for swimming and snorkelling. (36, 2L)

DAYS 5-6 Trinidad

Travel to Trinidad via Cienfuegos and get into the swing of things [literally] with a salsa lesson. It's a great base for outdoor activities, so get stuck in because Day 6 is all yours. Want something a bit more relaxing? Kick back on Playa Ancón - you're in the Caribbean after all! (2B, D)

DAYS 7-8 Havana

Start Day 7 with a G for Good visit to the Manaca Iznaga community where you can pick up some handmade souvenirs, then stop at the Che Guevara Monument in Santa Clara. On your second visit to Cuba's capital, see the sights of Old Havana on a walking tour and depart at any time on Day 8. (28)

Tour Code: GACCCE



ACCOMMODATION

Casa particular (7 nts)



INCLUDED MEALS

7 breakfasts, 2 lunches, 1 dinner



TRANSPORT

Private vehicle, boat

TRIP STYLE: 18-to-Thirtysome things

AGE GROUP: Exclusively for 18-39s

GROUP LEADER: Chief Experience Officer (CEO)

GROUP SIZE: Max 18, Avg 14

INCLUDED ACTIVITIES: 6 for Good visit to Proyecto Manacu, homestays in Havana, Viriales & Trinidad, salsa lesson, Havana walking tour, orientation walks in Trinidad & Viriales, informal Spanish lesson, Cayo Levisa day trip, visits to Palacio del Valle, Che Guevara Mausoleum and! museum

DEPART 5: Selected Sundays and Thursdays

MY OWN ROOM: Fr £319



SAILING CUBA

PRICE
FR £1,149

DURATION
8 DAYS

ROUTE
HAVANA - HAVANA



DAYS 1-2 Havana / Cienfuegos

Home of salsa, cigars and year-round sunshine, Havana is where your voyage begins. If time allows, explore the historic centre which hasn't changed much since musket-toting pirates roamed the Caribbean. Once you've met your crew^ travel to Cienfuegos where you'll hop aboard an exclusive catamaran. (8, L, D)

DAYS 3-7 Canarreos Archipelago /Cienfuegos

Swimming? Snorkelling? Sailing? Sunbathing? If you like these things, then five days cruising the little-known Canarreos Archipelago is just the ticket! It takes almost eight hours to reach these remote, sparsely populated islands. Luckily, you'll snooze as you cruise, so when you wake up, you'll be in paradise. Comprised of approximately 350 islets, the archipelago boasts

pristine beaches, technicotour coral reefs and translucent waters teeming with turtles, rays and fish. Choose to go snorkelling, kayaking and fishing. Of course, don't forget to kick back and relax - that's the name of the game here. When you're not indulging on succulent seafood, you'll get to visit Cayo Largo, known for its blonde sand and mangrove forests, as well as Cayo Rico. Don't miss cocktail hour at its lively beach bar. Enjoy some final time on the deck before heading back to Cienfuegos and wandering around town. (SB, 4L, 6D)

DAY 8 Havana

Depart Cienfuegos after breakfast and arrive back into Havana around midday, where your trip will end. (8)

Tour Code: 6ACCVH



ACCOMMODATION

Catamaran - double twin bed cabin with shared bathroom (7 nts)



INCLUDED MEALS

7 breakfasts, 5 lunches, 7 dinners



TRANSPORT

25m (82ft) sailing catamaran

TRIP STYLE: Marine

AGE GROUP: Min 16

GROUP LEADER: Chief Experience Officer (CEO), skipper and assistant/cook

GROUP SIZE: Max 16

INCLUDED ACTIVITIES: Snorkelling, kayaking, fishing, visits to Cayo Largo & Cayo Rico

DEPARTURES 2D2G:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
04	01	07	04	02	06	13	04	01			
11	08	14	11	09			11	08			
18	15	21	18	16	20	23	18	15			
	22										



LIKE THAT? TRY THIS...

Cuba Libre & Sailing
15 days (GACCVL)

Fr£ 1,649

CUBA & THE CARIBBEAN

PRICE
FR £ 1339

DURATION
15 DAYS

ROUTE
HAVANA - HAVANA



HIGHLIGHTS



GFOR GOOD

Explore Cuba's rural communities on
a tour led by the residents
of Baracoa.



HAVANA TOUR

Did you even go to Havana
if you didn't cruise along the
Malecón in a classic car?



SALSA LESSON

Get into the swing of things (quite literally) with an included salsa lesson in colonial Trinidad.

DAYS 1-4 Havana / Sancti Spiritus / Bayamo

The melody of horns Floating through the air, 1 950s convertibles parked in pretty plazas, revolutionary statues - welcome Cubal Your two-week tour kicks off in Havana, where rum and rumba flow in equal measure. Take the included airport transfer to your casa particular and jump right in with a guided tour of Old Havana. On Day 2, cruise around the city in a classic car, then opt to sip daiquiris in El Floridita or catch a cabaret show at the world-famous Tropicana Club. You're in for a history lesson over the next few days with visits to Santa Clara, home to Che Guevara's Mausoleum and Monument, colonial Sancti Spiritus and Bayamo, known as the Cradle of the Cuban Revolution. (38)

DAYS 5-8 Baracoa / Santiago de Cuba

Baracoa beckons on Day 5. The area offers everything from black-sand beaches and national parks to old Spanish forts and museums, and with two days here, you'll have plenty of time to see it all. Meet the locals on a G for Good Baracoa community tour, then choose to stroll along the malecon (hróadwalk) or hike near El Yunque. On Day 8, make your way to the AFro-Caribbean city oF Santiago de Cuba, where you'll have an orientation walk on arrival. (4B)

DAYS 9-12 **Sierra Maestra / Camagüey / Trinidad**

Follow in the Footsteps of Che Guevara and Fidel Castro as you hike to their secret hideaway deep in the Sierra Maestra National Park. Your home for the night is a quaint wooden cabin next to the Yara River. On Day 10, continue to colourful Camaguey for art galleries, markets and ornate churches. Next, travel to Trinidad and find your feet with an orientation walk followed by an included salsa lesson. Make the most of your free time on Day 12 by visiting one of the many museums or hiking to the Salto de Caburni Waterfall in nearby Topes de Collantes National Park. After all that dancing, walking and sightseeing, you'll no doubt have worked up an appetite. Luckily, you'll get to sit down with your group to a tasty meal prepared by one of the homestay families. (4B, D)

DAYS 13-15 if **Ciegos** • Hav ana

On Day 1 3, continue along the coast to Cienfuegos, known for its French elegance and feisty Cuban spirit. On the way back to Havana, stop at the picturesque Bay of Pigs, where you can swim and snorkel, and learn more about the Cuban victory in 1 961 at the Giron Museum. This evening, practise your new salsa moves on one final night out with your group, and depart at any time after breakFast on Day 1 5. (3B)

Tour Code: GACCC



ACCOMMODATION

Hotels/casa particulares (14 nts)



INCLUDED MEALS

14 breakfasts, 1 dinner



TRANSPORT

Private vehicle

NEED TO KNOWS

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer
(CEO), local guides

GROUP SIZE- Max 16, Avg | 12

DEPARTURES 2020/21:

c	o	i	A	E	u	f	Aug	Sep	Oct	Nov	s	e	i	i	n
4	04	07	04	02	06	04	01	26	17	07	05	02	06	06	06
11	06	14	11	09	13	11	15		24	14	12	09	13	13	
13	15	21	18	16	27					21	14	16	20	20	
18	22	28	25							28	19	23	22	27	
25	20										21	30	27		
											26				

MY OWN ROOM: Fr £539

INCLUDED ACTIVITIES

- G for Good Baracoa community tour
- Havana homestay
- Salsa lesson, Trinidad
- Comandancia de la Plata hike
- Informal Spanish lesson
- Havana city tour in vintage car
- Old Havana walking tour
- Che Guevara Mausoleum and Museum visit
- Orientation walks in Sancti Spiritus, Santiago de Cuba, Camagüey, Cienfuegos & Trinidad



G Adventures



CUBA LIBRE

PRICE
FR £529

DURATION
6 DAYS

ROUTE
HAVANA - HAVANA



DAYS 1-2 Havana / Soroa

Mojitos, music and more mojitos! If you're looking for a fiesta, then you've come to the right place. Take an included transfer to your casa particular, then head out in search of some rum-based cocktails. You won't have to look too hard because Havana boasts bohemian bars and live music venues aplenty. On Day 2, explore Callejon de Hamel and the Jaimanitas neighbourhood on a street art tour, before travelling to Soroa via the UNESCO-listed Biosphere Reserve of Las Terrazas. (B)

DAYS Viñales

Peppered with craggy mogotes (limestone formations) and tobacco farms, the lush, agricultural region of Viñales is your next stop. Visit a plantation, then get your bearings with an orientation walk. [B]

DAY 4 Viñales

Feeling adventurous? Optional activities here include caving, biking, hiking and horse riding. Alternatively, just relax and enjoy views of the valley. The friendly locals love to chat, so brush up on your Español amigos. (B)

DAYS 5-6 Havana

The party's not over just yet because you still have one more day in the vibrant capital city. Take a guided walk through Old Havana, then head to Centro Habana where the locals live. Expect to see old friends playing chess on the streets while Latino beats pump through open windows. Why not hop in a classic car and cruise along the Malecón? Depart after breakfast on Day 6. (2B)

Tour Code: GACCCL



ACCOMMODATION

Hotels/casa particulares (5 nts)



INCLUDED MEALS

5 breakfasts



TRANSPORT

Private vehicle

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 16, Avg 12

INCLUDED ACTIVITIES: Havana homestay^
Havana street art tour, Old Havana guided walk, Viñales orientation walk, informal Spanish lesson, visits to Las Terrazas Biosphere Reserve, a tobacco farm & Revolution Square

DEPARTS: Selected Mondays

MY OWN ROOM: Fr£149



CUBA: SALSA & SNORKELLING

PRICE
FR £1,149

DURATION
16 DAYS

ROUTE
HAVANA - HAVANA



DAYS 1-3 Havana / Viñales / Playa Larga

Your retro airport transfer is your first lesson in all things Cuban. Soak up the lively atmosphere on walking tour of Old Havana, then swap the capital's music-filled streets for the verdant valley of Viñales. This agricultural area is famous for growing tobacco and you'll get to see how cigars are made at a plantation. (2B)

DAYS 4-8 Remedios / Gibara / Baracoa

Snorkel in the Bay of Pigs, then make your own mojitos in Playa Larga. Just go easy on the rum as it's an early start the next day. Visit Che Guevara's Mausoleum in Santa Clara before heading to colonial Remedios. It's a long journey to Gibara on Day 6, but you'll be rewarded with views of rolling hills. Explore Baracoa's beaches and enjoy a G for Good community tour. (SB, L)

DAYS 9-12 Trinidad / Havana

Santiago de Cuba is your next stop. As the home of son rhythms and salsa, it's only fitting that you show off your dance moves. Make for the Sierra Maestro mountains and hike to Fidel Castro's rebel hideout. Church-Filled Camagüey calls on Day 12. Hop on a bicycle-taxi and tour the markets and plazas, then travel to Trinidad. (4B)

DAYS 13-16 Trinidad / Havana

After an orientation walk, swing your hips into action with an included salsa lesson. You'll also enjoy a homestay dinner. Return to Havana on Day 15, stopping off in Cienfuegos along the way. Depart at any time the following day. (4B, D)

Tour Code: GACCCS



ACCOMMODATION

Hotels/ casa particulares (15 nts)



INCLUDED MEALS

15 breakfasts, 1 lunch, 1 dinner



TRANSPORT

Private vehicle, taxi

TRIP STYLE: 18-to-30 something's

AGE GROUP: Exclusively for 18-39s

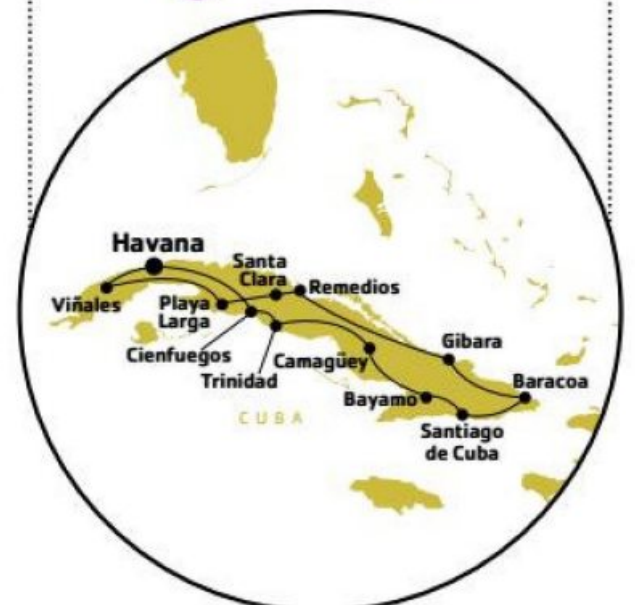
GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 18, Avg 12

INCLUDED ACTIVITIES: G for Good Baracoa community tour, Havana homestay, mojito-making demo, salsa lesson, Old Havana walking tour, snorkelling in Cueva de los Peces, Viñales cigar-making demo & tour, Che Guevara Museum and Mausoleum visit, Comandancia de la Plata hike, Camagüey bicitaxi tour, informal Spanish lesson, orientation walks in Viñales, Trinidad & Cienfuegos

DEPARTS: Selected Saturdays

MY OWN ROOM: Fr £519



CUBA EXPLORER

PRICE
FR £1,029

DURATION
9 DAYS

ROUTE
HAVANA - HAVANA



DAYS 1-2 Havana

Is it just us, or is there something seductive about those long, balmy nights filled with salsa and rum? We've fallen hard for Havana's Faded elegance, history-infused streets and vibrant music scene (not to mention the mojitos), and we bet you will too! An included airport transfer will take you straight to your first homestay on Day 1. The following morning, enjoy a walking tour of Old Havana, then take a spin around the city in a vintage car. (B, L)

DAYS 3-4 Viñales

Today, stop at a local tobacco farm for a cigar-making demonstration and a traditional lunch en route to verdant Viñales. An orientation walk on Day 4 will help you get your bearings, then you have free time to explore further. Optionals include horse riding, hiking and biking. (2B, L)

DAYS 5-7 Cienfuegos/Trinidad

On the way to the seaside town of Cienfuegos, visit the Girón Museum at the Bay of Pigs to learn about Cuba's rocky past. Your next stop is the perfectly preserved Spanish colonial town of Trinidad, filled with pastel-hued buildings, craft shops and cobbled alleys. Upon arrival, take an orientation walk, then loosen those hips during an optional salsa lesson. With plenty of free time on your hands, why not take a day trip to Playa Ancon? (3B, L, O)

DAYS 8-9 Havana

Pick up souvenirs at a G for Good textiles centre in the Manaca Iznaga community before returning to Havana via the Che Guevara Monument in Santa Clara. (2B, O)

Tour Code: GACCCE



ACCOMMODATION

Casa particulares f/S pts]



INCLUDED MEALS

8 breakfasts, 3 lunches, 2 dinners



TRANSPORT

Private vehicle, vintage car

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

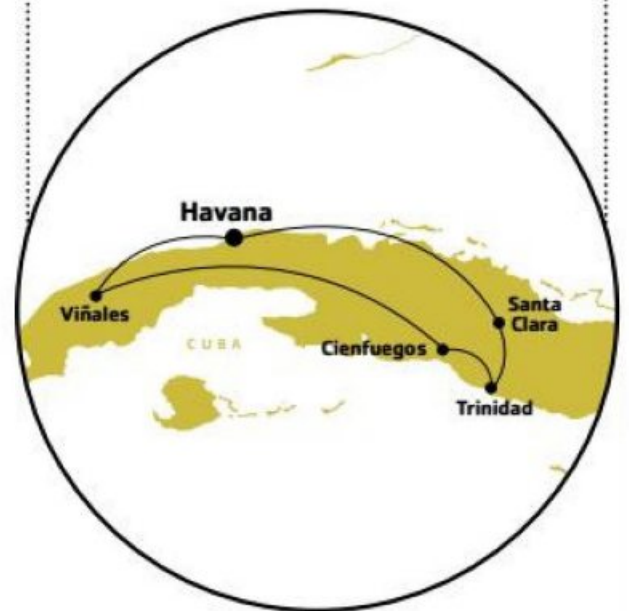
GROUP SIZE: Max 16, Avg 10

INCLUDED ACTIVITIES: G for Good Proyecto

Manacú visit, Havana homestay, walking tours of Old Havana & Santa Clara, Havana vintage car tour, informal Spanish lesson, cigar-making demo & tour in Pinar del Rio, orientation walks of Viñales & Trinidad, visits to Revolution Square, Girón Museum (Bay of Pigs) & Che Guevara Mausoleum and Museum

DEPARTS: Selected Sundays and Fridays

MY OWN ROOM: Fr £449



CLASSIC CUBA ROAD TRIP



PRICE
FR £766

DURATION
12 DAYS

ROUTE
HAVANA - HAVANA



DAYS 1-2 Havana

Touch down in Cuba's lively capital and head straight for La Bodeguita del Medio - one of Ernest Hemingway's fav drinking spots - to sip your first mojito. Pick up your rental car on Day 2, then spend the afternoon exploring UNESCO-listed Old Havana.

DAYS 3-6 Viñales / Cienfuegos / Trinidad

Today, travel to the lush, tobacco-growing region of Viñales to experience traditional Cuban life. Opt to go on a bike ride through the valley or sample local cigars, then give that accelerator a real push towards Cienfuegos, a port city characterised by its French colonial architecture. After a night in your casa particular (a local homestay), continue along the coast to colourful Trinidad, where you'll spend the next two nights.

DAYS 7-8 Trinidad / Cayo Santa María

Make the most of free time in Trinidad. Wander its winding, cobblestone streets, visit hidden churches and stay in the old homes of Spanish gentry who thrived on the local sugar industry. And let's not forget, Trinidad is home to some of Cuba's best music venues - so get your groove on! En route to the island paradise of Cayo Santa María, stop in Santa Clara, resting place of the revolutionary Che Guevara.

DAYS 9-12 Cayo Santa María / Havana

The next three days are all about R&R. Find a spot on the beach or, if you're feeling a bit more active, hike one of the island's beautiful trails. Return to Havana on Day 12.

Tour Code: HAV5D1



ACCOMMODATION

Casa particulares - Havana (2 nts), Viñales (2 nts), Cienfuegos (1 nts), Trinidad (3 nts), Cayo Santa María (3 nts)



INCLUDED MEALS

Not included

DEPARTS: Daily

INCLUSIONS: Self-drive kit, sightseeing suggestions, maps, all taxes & fees

NOTE: Car hire not included, suggested itineraries only

ROUTE

Havana → Viñales (183km) → Cienfuegos (415km) → Trinidad (82km) → Santa Clara (94km) → Cayo Santa María (110km) → Havana (388km)



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HAVANA & VARADERO EXPERIENCE

FR £324
6 DAYS



INDEPENDENT TOUR

Bringing you the best of both worlds, this tour combines the energy of Havana with the laid-back vibes of Varadero. Staying at a casa particular, enjoy a city walking tour followed by a night out with a local. After all that sightseeing and dancing, you'll probably want some downtime. Enter Varadero and its 20-kilometre beach!

INCLUSIONS

Departs: Daily Accommodation: Casa particulars f3 nts), budget hotels (2 nts) Meals: 2 breakfasts Inclusions: Airport transfers, roundtrip public bus from Havana to Varadero, Havana walking tour, Havana By Night tour
Tour Code: BEHAVHVD

HAVANA & TRINIDAD HOMESTAY EXPERIENCE

FR £452
6 DAYS



INDEPENDENT TOUR

Get a taste of Cuban life on this six-day tour, covering airport transfers, five nights in authentic casa particulars, a guided walking tour of Havana and a salsa lesson in colonial Trinidad. Plus, enjoy a day trip to Cubanito Natural Park and a big night out in the capital.

INCLUSIONS

Departs: Daily Accommodation: Casa particulars (5 nts) Meals: 5 breakfasts Includes: Airport transfers, roundtrip public bus from Havana to Trinidad, Havana walking tour, Havana By Night tour, Trinidad salsa lesson, Cubanito Natural Park and waterfalls excursion
Tour Code: BEHAVTRD

CUBA EXPRESS HOMESTAY EXPERIENCE

PRICE
FR £595

DURATION
8 DAYS

ROUTE
HAVANA - HAVANA



INDEPENDENT TOUR

This eight-day round trip is one of the best ways to experience the 'real' Cuba. After an included airport transfer, get settled into your Havana homestay and spend the afternoon at leisure. The next day, take a guided walking tour of the city, checking out hidden gems and cultural hotspots, before continuing on to the countryside on Day 3. Meet friendly locals and explore the tobacco farms of Viñales, then travel to Trinidad for a salsa lesson. Swim in a waterfall in Cubanito Natural Park and top it all off with a big night out in the capital.

AGE GROUP: Any age

GROUP LEADER: English-speaking guides

GROUP SIZE: Min 1

INCLUDED ACTIVITIES: Havana walking

ACCOMMODATION: Casa particulars (7 nts)

MEALS: 7 breakfasts

DEPARTS: Daily

tour, Viñales finca visit and tobacco culture, Trinidad salsa class, Cubanito Natural Park and waterfalls excursion, Havana By Night tour



BAILANDO CUBA ADVENTURE

PRICE
FR £538

DURATION
8 DAYS

ROUTE
HAVANA - HAVANA



INDEPENDENT TOUR

Bailando means dancing in Spanish, and that's exactly what you'll get to do on this eight-day tour which includes a salsa lesson. With an authentic casa particular as your base, discover Havana's best spots on a guided walking tour. Day 3 and it's time to learn some new dance moves in colonial Trinidad. Next, saddle up for a horse ride to Cubanito Natural Park and cool off with a refreshing dip in a waterfall. Continue on to Cienfuegos on Day 5 for a guided tour, then spend a few days chilling on the beach in Varadero. Return to Havana on Day 8.

AGE GROUP: Any age

GROUP LEADER: English-speaking guides

GROUP SIZE: Min 1

INCLUDED ACTIVITIES: Full-day walking tour of Havana, afternoon walking tour of Cienfuegos, Trinidad salsa lesson, Cubanito Natural Park and waterfalls excursion, horse riding

ACCOMMODATION: Casa particulars (5 nts), budget hotel (2 nts)

MEALS: 5 breakfasts

DEPARTS: Daily

