

# MAKE YOUR Day

The Urban Adventures Multi-City Explorer Pass is your key to unlocking unlimited single-day travel experiences across the continent. Accompanied by local guides, this 30-day pass allows you to get away from the hordes of tourists and get the inside scoop on your chosen destinations, from street eats and lantern-lit lanes to hidden gems and historic hotspots.

## HIGHLIGHTS

- 30 days of unlimited, consecutive travel on all Urban Adventures guided group day tours
- Get access to expert local knowledge in each Asian destination
- Choose from over 120 itineraries along your route in more than 30 countries
- Pick from food tours, wine tours, active tours and shopping tours

## HOW IT WORKS

Once you buy your pass, you'll be emailed a personalised booking code. Then, simply pick your favourite tours, book online using your unique code and bam, you've got yourself a bespoke adventure across Asia. Select your start date at the time of purchase. Your pass will then be valid for the next 30 days.



## BEST. DAY. EVER.

So you've arrived in a new city. Now what? Wouldn't it be great if you had a friendly local to show you all the top places to eat, drink and shop? Enter Urban Adventures...

### FOR THE FOODIES

From gourmet grub to sidewalk snacks, munch your way around Asia on a food-focused tour. Learn to cook classic Thai dishes in Bangkok or savour Seoul-satisfying BBQ ribs in South Korea's capital. For those with adventurous appetites, sample Siem Reap's street eats - deep fried tarantula or crickets anyone?



### FOR THE WINE CONNOISSEURS

Cenosillicaphobia is the fear of an empty glass. Luckily, Urban Adventures drink tours will keep you topped up with the best local bevies (and knowledge). Soak up sake in Tokyo's Shinjuku district or sip rice wine in Beijing's hutongs.

### FOR THE ACTIVE TYPES

If it's action you're after then a scenic hike through Balinese rice fields is just the ticket. If two-wheeling is more your thing, see the iconic sights of Singapore by bike.

### FOR THE SHOPAHOLICS

Make space in your suitcase for some authentic souvenirs! Practise your bartering skills in the markets of Hong Kong, chat to local artisans in Mandalay and pick up handicrafts in Delhi.



CHOOSE FROM OVER

120

TOURS

ACROSS MORE THAN

30

DESTINATIONS

AS MANY TOURS AS  
YOU CAN MANAGE OVER

30

CONSECUTIVE DAYS

WORTH OVER

£3,000

GET IT FROM ONLY £693

URBA51





For fitness fans, nature lovers, yogis and anyone looking for some self love and TLC. Detox, master your eagle pose or just take some time for you, away from the road or a relentless 9-5. See you at the gong bath.

# Wellness & Fitness Holidays

## THAI WELLNESS

Bangkok —\* Koh Tao

Thailand is often called the Land of Smiles and for good reason. Its warmth and good vibes will embrace you as soon as you land in Bangkok. See the city's iconic sights followed by a week of R&R on the beautiful island of Koh Tao. When you're not sunbathing on the beach, choose between Muay Thai, yoga and CrossFit sessions. Cap it all off with a full-day snorkelling trip. (p. 73)

9 DAYS

## BALI WELLNESS RETREAT

Sundays

Ubud — Ubud

And breathe. Bali has long been a go-to destination for travellers looking to uncover their spiritual side. Mama-stay in Ubud and enjoy a week of well-deserved TLC. Go white water rafting, experience local culture and cuisine, and learn about turtle conservation. And with daily yoga classes led by qualified instructors, you'll be hitting that crow pose in no time. (p. 160)

7 DAYS

## RARINJINDA WELLNESS CHIANG MAI

Chiang Mai —\* Chiang Mai

A tranquil hideaway in the heart of the city, this boutique resort - housed in a 140-year-old teak building - welcomes you with its calming atmosphere and traditional Thai decor (oh, and a refreshing drink on arrival). Not only will you have daily access to the fitness centre, hydrotherapy pool and onsen, you'll also get one spa treatment per day, yoga sessions, airport transfers and all meals at the riverside Deckl Restaurant, [p. 76]

4 DAYS

£613  
CNXRAR

## SRI LANKA BOOTCAMP

Sundays

Colombo —► Colombo

Feel wonderful in one week or the best you have ever been to! Join a fitness programme on a hidden beach in Sri Lanka, and build on your strength, stamina and positivity with between two and three hours of training per day. Classes include CrossFit, deep stretching, primal speed and primal surf and turf. Dig deep and get hooked on those serotonin highs.

1-8 WEEKS

£763  
CMBFBC





## GADVENTURES

### WELLNESS TRIPS

Lift your spirits (and Insta likes) with a G Adventures Wellness trip. Enjoy a slower-paced itinerary incorporating an intention setting ceremony, yoga and meditation sessions, healthy food made with local ingredients and adventure activities like nature hikes, snorkelling and cycling. Choose from Thailand (p. 57), Bali [p. 140], India [p. 225] and Nepal.



## BALI FITNESS

### BOOTCAMP Denpasar —\* Denpasar

Sundays

Get the beach body you want before hitting the sand in style on this awesome Bali bootcamp. Choose from three packages, catering to three different budgets (lean, pro or deluxe) and benefit from intensive workouts and sessions from expert personal trainers. Enjoy three to five yoga sessions per week, group CrossFit training sessions, Bodyfit sessions, beach runs and optional excursions to temples, surf spots, water parks and beaches throughout (excluded in the lean option). A healthy breakfast will be provided for you daily; this will usually consist of a fresh fruit platter, eggs and porridge. Once you've finished your fitness-inspired week, why not hit the nearby beach clubs for a drink or two? You've earned it! Choose from a one week bundle or if you're looking to go the whole hog, stay for eight.

#### HIGHLIGHTS

- Learn from expert trainers
- Regular beach runs
- Plenty of yoga sessions
- Delicious breakfast daily
- Chance to go surfing
- Free time to explore Bali

#### INCLUSIONS

Accommodation:: Single-sex dorm or single or double rooms at training Facility (7+ nts) Transport: One-way transfer from Denpasar airport included Meals: Breakfast daily Group Size: Max 50

1-8 WEEKS

£477  
BALFBC

## THAILAND FITNESS

### BOOTCAMP Phuket-> Phuket

Sundays

The Thailand Boot Camp is an intensive fitness programme, open to men and women of all ages and levels of fitness. What you can achieve depends on how long you stay, but even short-term guests benefit from the intensive workouts and attention from expert personal trainers. There is a healthy meal programme included throughout your time here, plus some fantastic, fun activities like Muay Thai, Yoga and excursions to temples and beaches, fly into Phuket on Day 1 and head to your accommodation. The next day, ease yourself in with a morning yoga class, then the training starts in earnest! Spinning, CrossFit, assault course workouts, Olympic lifting, beach runs - you name it, it's here! Enjoy sessions with your own personal trainer every week, then enjoy a rest day on Sunday. Note that boot camp lasts for a minimum of one week.

#### HIGHLIGHTS

- Get fit and healthy in Thailand
- Weekly personal training sessions
- Regular yoga sessions
- \* Spinning, CrossFit and Muay Thai
- \* Bed down in luxury accommodation
- \* Olympic lifting classes

#### INCLUSIONS

Accommodation: Double room in standard or deluxe resort (7+ nts) Meals: 2 meals per day (Mon-Sat) Group Size: Max 50 Includes: Daily personal training sessions, airport pick-up, strength and conditioning group sessions., regular yoga sessions, access to gym and training areas

1-8 WEEKS

£668  
HKTFBC



ON YOUR

# Bike

From quiet country roads to little-used dirt trails, discover Southeast Asia on two wheels with a SpiceRoads cycling adventure [Lycra shorts optional].



## INCLUSIONS

**AGE GROUP:** Min 18 (scheduled tours)

**GROUP LEADER:** English-speaking local guide

**ACCOMMODATION:** 3-4\* hotels

**GROUP SIZE:** Min 2

**MEALS:** 3 meals per day while on tour; water and soft drinks while riding

**TRANSPORT:** Bike hire included (plus helmets), air con support vehicle, hotel pick-up and drop-off

**NOTE:** Typical daily distance of 30-40km

### CHIANG MAI TO CHIANG RAI BY BIKE

This rural ride takes you off the beaten path onto dirt tracks and forest trails cut by elephants and hill tribes. Expect waterfalls, rivers, caves, limestone cliffs and hot springs. Finish with a visit to Wat Rong Khun Temple.

4 DAYS

£35

### KANCHANABURI FAMILY EXPLORER

You can cycle as much or as little as you like and still see the same sights as your group, including the River Kwai Bridge and Prasat Mueang Sing. Visit an elephant sanctuary and swap your bike for a bamboo raft.

5 DAYS

£1,044

### HUAHIN EXPLORER

A couple of hours south of Bangkok, you'll find a network of canals and a huge national park that most visitors never see. Over three days, experience the 'real' Thailand on traffic-free roads and picturesque trails.

3 DAYS

£535

### BALI MOUNTAIN BIKE TOUR

It's time to go off road. Ride downhill from the rim of an active volcano and make tracks through the countryside. Covering 95km, you'll pass rice paddies, fruit farms, temples and small villages along the way.

3 DAYS

£430

### ANGKOR ADVENTURE TOUR BY BICYCLE

Peddle past the tuk tuks and tourists to Angkor Wat's quieter temples. The intricately decorated Banteay Srei may be further away but it's one of our favourites. See ancient riverbed carvings and a floating village.

5 DAYS

£974

### CENTRAL THAILAND EXPLORER

Combining gentle cycling with history and culture, this scenic ride starts in Bangkok and follows Central Thailand's major rivers to Kanchanaburi and Ayutthaya. Think floating markets, ancient temples and friendly locals.

4 DAYS

### BIKE AND BOAT TOUR OF HALONG BAY FROM HANOI

See the limestone scenery of Halong Bay from a different perspective - a bike saddle. A junk boat will take you to the largest island [Cat Ba], where you'll ride through rainforest, stopping at viewpoints and fishing villages.

3 DAYS

£650

### MEKONG DELTA BIKE TOUR FROM HO CHI MINH CITY

Ride from village to village on the banks of the mighty Mekong, boarding a few boats along the way. Overnight a local home stay and take in floating markets, lush farmland, cottage industries and wheelie pretty views.

4 DAYS

£736

## PEDAL POWER



Fuelled by your own two legs [and maybe some banana pancakes] cycling has little impact on the environment.

## LED BY LOCALS



A guide leads the way, so you don't have to worry about navigating or asking for directions in a foreign language.

## THE SCENIC ROUTE



Carefully designed itineraries combine enjoyable routes with must-see sights, avoiding traffic and tourists.

## BRILLIANT BIKES



You'll be matched with a fully serviced, well-known make of mountain, hybrid or road bike, no more than two years old.



# VIETNAM, LAOS & THAILAND: RIVERSIDES & RAILWAYS

SMALL GROUP ADVENTURE (18-39s)

PRICE  
FR £ 1,299

DURATION  
22 DAYS

ROUTE  
HO CHI MINH CITY - BANGKOK

EPIC SOUTHEAST ASIAN ADVENTURES

## NEED TO KNOWS

TRIP STYLE: 18-to-Thirtysomethings

AGE GROUP: Exclusively For 18-39s

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 18, Avg 12

DEPARTS: 20-23 departures per month (Apr, Feb2 1 -Mar2 1), 1 3-1 8 departures per month (Jan-Mar, May 20-Jan 2 1)

## INCLUDED ACTIVITIES

- Orientation walks in Ho Chi Minh City, Hoi An, Hanoi, Luang Prabang
- Nha Trang street food crawl
- G for Good Oodles of Noodles demonstration & lunch
- Halong Bay junk boat trip
- Vang Vieng guided hike
- Luang Prabang sunset cruise
- Mekong River slow boat
- G for Good Mekong River homestay
- 8c Bad ceremony



## HIGHLIGHTS



### HALONG BAY JUNK BOAT

See the iconic limestone karsts up close from a traditional junk boat.



### MEKONG RIVER

Travel by river from Laos to Thailand and spend the night in a local homestay.



### VANG VIENG

Enjoy free time in the outdoor capital of Laos.

### DAYS 1-6 Ho Chi Minh City / Nha Trang / Hoi An

Arrive into Ho Chi Minh City and set out to explore your surroundings, starting with the city's central market. On Day 2, take an overnight train to the beach resort of Nha Trang where the snorkelling is colourful and the markets plentiful. Board an overnight train to Hoi An on Day 4. Over two days, enjoy a noodle-making demonstration at G for Good's Oodles of Noodles project and savour local flavours on a street Food crawl. (4B, L)

### DAYS 7-12 Hue / Phong Nha / Halong Bay / Hanoi / Vientiane

Continue north to the town of Hue. Opt to visit the tombs of the Royal Citadel or take a Perfume River cruise before starting on the road to Halong Bay. First up though, a stop at Phong Nha-Ke Bang National Park - an extraordinary region made up of the oldest karst mountains in Asia. Don your cave explorer cap in your Free time or sign up for some rural mountain biking. Your Halong Bay visit comes on Day 10, which includes a seafood lunch cruise, a cave trip and a whole lot of photogenic moments. Travel to Hanoi on Day 11 for an orientation walk of the Old Quarter, then take a short flight over the border to Laos' Vientiane the next morning. (6B)

### DAYS 13-18 Vang Vieng / Luang Prabang / Mekong River

Vang Vieng used to be all about the river rave bars, but these days it's getting all outdoorsy. One of the most stunning spots in Vietnam, a free day here means time for rock climbing, kayaking, tubing, caving or cycling. There is still a smattering of bars lining the river that will pull you in if you fancy stopping for a drink or some free Wi-Fi. On Day 15, travel to Luang Prabang and opt to rise before dawn on your first morning to see the giving of alms to local monks. Later, take to the Mekong on an included sunset cruise. On Day 18, start your cruise up the Mekong River, set in the Fantastic greenery of the so-called rice bowl of Vietnam. After an overnight G for Good homestay in a local village, continue up the Mekong and cross into Thailand and Chiang Khong. (6B, L, DJ)

### DAYS 19-22 Chiang Mai / Bangkok

With two days to explore the northern city of Chiang Mai, make the most of it by signing up to optional visits to Doi Suthep temple, the night markets or a Thai boxing match. On Day 20, an overnight train journey takes you to the neon-hued streets of Bangkok. Characterised by chaotic lanes, revered temples and colourful markets, Bangkok is a real jolt to the senses. The trip ends here on Day 22. (2B)

Tour Code: GAAVVL



#### ACCOMMODATION

Simple hotels or twin-share or multi-share hostel (1G nts) sleeper trains (4 nts). local homestay (1 nt)



#### INCLUDED MEALS

18 breakfasts, 2 lunches, 1 dinner

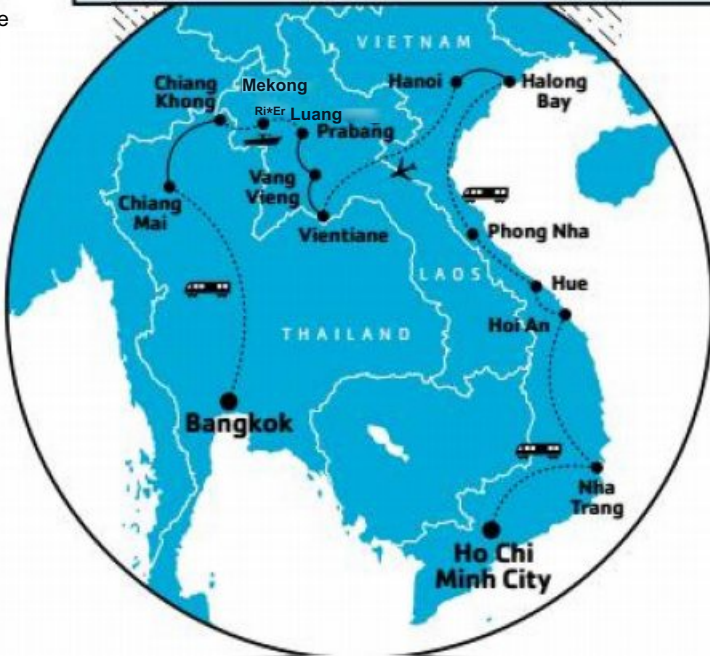


#### TRANSPORT

Local bus, air con bus, train, tuk tuk, boat, junk boat, plane

## LIKE THAT? TRY THIS---

- Customise your trip
- Northern Thai cooking class (PROATCC) Fir £26
- Shorten your trip
- Laos & Thailand: Tuk-Tuks & Thai Curry (11 days, Vientiane - Bangkok) (GAALVB) See page 31 Fr£599
- Vietnam: Noodles & Nightlife (12 days, Ho Chi Minh City - Hanoi) (GAAVRV) See page 111 Fr £599



Exclusive Travel Group





CHIANG MAI, THAILAND

# HIGHLIGHTS



## ANGKOR WAT

The biggest religious building ever built, reclaimed by the forest. Weep-worthy beautiful



## HALONG BAY

One of Vietnam's most recognisable sights, cruise the bay by boat and tuck in to a seafood lunch.



## MEKONG HOMESTAY

Take part in a fiaci ceremony, a Lao practice that commemorates events in people's lives.

The Big Kahuna and our top-selling tour. That's no mean feat! Leave no stone unturned in the cities, temples, rainforests and spiritual havens of Southeast Asia.

### DAYS 1-3 Bangkok / Siem Reap/Angkor Wat

Make the most of your free time on Day 1 to adjust to Bangkok's Frenetic pace and humidity. The next day, cross the border into Cambodia and head for Siem Reap, best known as the home of Angkor Wat - the stately former capital of the Khmer Empire. Before delving into the overgrowth, enjoy an included dinner at G For Good's New Hope project. On Day 3, it's time for the trip's first hit: a guided tour of Angkor Wat. (2B, 0]

### DAYS 4-7 Phnom Penh / Koh Rong

Explore the shady streets and markets of the riverside capital of Phnom Penh and soak up the tang of lemongrass and chilli on a street food crawl with your group. On Day 6, transfer to Sihanoukville on Cambodia's southern coast then take a boat ride to your own private beach on Koh Rong, where bright moonlit nights bring out the bright blue hue of phosphorescent plankton! [3 B]

### DAYS 8-10 Chambok / Ho Chi Minh City

Return to the mainland for a homecooked meal with your homestay hosts, then cross the border into Vietnam and the maze of Ho Chi Minh City's central market on Day 9. AftEr a night on the town, follow your CEO on an orientation walk, and take the overnight train to Nha Trang later in the evening. (2B, Dj

### DAYS 11-14 Nha Trang / Hoi An

With two days in Nha Trang, one of the highlights will probably be the included street Food crawl in search of Nha Trang's local specialities. Take an overnight train on Day 12, disembarking in Da Nang before heading south to Hoi An. Enjoy a noodle-making demo at the Oodles of Noodles Restaurant, part of a G For Good programme helping at-risk youth break into the hospitality industry, then spend the afternoon in the Old Town. Hoi An often ends up being an unexpected traveller favourite, not least due to the local tailors who can produce virtually a whole new wardrobe overnight. (2B, L)

### DAYS 15-18 Hue/Phong Nha/Halong Bay

Continue north to Hue and explore riverside garden tombs, built for Vietnam's last emperors., or take an optional boat ride along the Perfume River. On Day 16, drive to Phong Nha-Ke Bang National Park and delve into the vast network of caves the next day before taking an overnight train to Hanoi. Saving the capital For later, head straight on to Halong Bay. Climb aboard a sailing junk boat and cruise past the thousands of limestone islands and karsts that rise up from the water, and head back to the mainland for the evening. (4B)

### DAYS 19-22 Hanoi / Vientiane / Vang Vieng

Explore Hanoi's Old Quarter and opt to join Buddhist monks for prayers in a serene lakeside pagoda. On Day 20, a short flight takes you to the capital of Laos. Discover Vientiane's hotspots on Foot, by bicycle or. For the less energetic, by tuk tuk. It's Vang Vieng's turn to dazzle on Day 21. Set along the banks of the Nam Song River, this mountainous - sometimes scruffy - activity hub is a great place to wind up or down, topped with spectacular sunsets over the river. [4B]

### DAYS 23-24 Luang Prabang

Nestled in the hills of northern Laos on the confluence of the Mekong and Khan Rivers., Luang Prabang is peppered with ornate temples and French colonial architecture. After finding your Feet on an orientation walk, take to the Mekong River by slow boat. Early risers can venture out to see saffron-robed monks receiving alms from local residents. Later, join the others on a guided excursion to the Kuang Si Waterfalls. (2B)

### DAYS 25-26 Pakbeng / Chiang Kong

Head back to the river, this time for a two-day cruise, a real live-1 ike-a-local experience as you follow the jungle-flanked Mekong River to Pakbeng For an authentic overnight village stay, homecooked meal included! Bring some woollies if you're travelling between November and February. Make For the Laos/Thai border on Day 26 and cross into Chiang Khong late afternoon. (2B, IL, Dj

### DAYS 27-28 Chiang Mai

A drive through the hills of Northern Thailand takes you to Chiang Mai, the largest and most culturally significant city in the north. Explore the city and visit the temple of Doi Suthep, catch a Thai boxing match or visit the Night Market. Spend Day 28 at leisure before boarding the overnight train to Bangkok in the evening. (B)

### DAYS 29-30 Bangkok

An early arrival into Bangkok means plenty of time to check out the woidd-Famous city. A trip along the Chao Phraya River and through the canals (or klongs) gives you a different perspective of daily life in this busy city. The tour ends after breakfast on Day 20. (H]

Tour Code: GAAT'IO



## G FOR GOOD

### OODLES OF NOODLES, HOI AN

THIS PROJECT SUPPORTS YOUNG PEOPLE

The STREETS programme is designed to increase job prospects for under privileged young people in Hoi An.Visits help fund student tuition, housing and healthcare.



### ACCOMMODATION

Twin-share hotels (7 nts), mufti-share hostels [16 nts], sleeper trains (4 nts), homestays (2 nts)



### INCLUDED MEALS

23 breakFasts, 2 lunches, 3 dinners



### TRANSPORT

Local bus, air con bus, tram, tuk tuk, local boat, junk boat, plane

Exclusive Travel Group



## HIGHLIGHTS



## SPECIAL STAYS

This trip is full of them. From candlelit rooms on a floating hotel in Kanchanaburi to a Chinese-style junk boat in Halong Bay.



## CONTIKI CARES

Dpt to spend half a day at Sai Yoks Elephant Haven, an affiliate of Chiang Mai's Famous Elephant Nature Park



## BANGKOK TOURS

Leave the noise behind and take to the river on a longtail boat before a guided tour of the Grand Palace.

And we mean BIG! This is a Full-on month of exploring Southeast Asia's awesome Foursome: Thailand, Laos, Cambodia and Vietnam.  
From the scooter jams of Bangkok to the shores of Halong Bay.

## DAYS 1-3 Bangkok/Kanchanaburi

Thailand's capital is hot, hustling and completely addictive. Once you arrive, unwind or brave the scooter jams to see world-famous temples and sniff out your first Thai meal. On Day 2, take a longtail boat along the Chao Phraya River then change the pace with a slightly calmer scene by the River Kwai. This is where you learn the art of living off the grid! Tonight, take a raft to your Floating hotel and tuck in to a riverside dinner. (2B, L, D)

## DAYS 4-6 Ayutthaya / Chiang Mai

Start the day with a trek to Erawan Falls before continuing on to UNESCO-listed Ayutthaya, once the capital of the Kingdom of Siam before being destroyed by the Burmese in the 18th century. Grab your bikes and head out on a ride past rice paddies, temples and quaint villages before taking the overnight train to Chiang Mai. Spend the next couple of days at leisure, maxing out on night markets and delicious Thai food. (30)

## DAYS 7-9 Pakbeng / Luang Prabang

Cross the border into Laos and travel to remote Pakbeng, making part of the trip by river cruise on a local boat. On Day 8, make for Luang Prabang and arrive late afternoon. It's an early start on Day 9 as you take part in the ritual of offering alms (food) to the city's Buddhist monks. Later, take to the streets by bike and visit the Contiki Cares Ock Pop Tock Centre for Local Artisans. (3B, 2L, D)

## DAYS 10-13 Vang Vieng / Vientiane / Phnom Penh

After a scenic journey, the limestone karsts and Lao pancakes of Vang Vieng await. The town has a real backpacker vibe, complete with swimming holes and plenty of kayaking and caving opportunities. On Day 12, head to Laos' capital Vientiane for a guided tour of the city and a visit to the COPE centre, a local charity working with landmine victims. Cambodia-bound, fly to Phnom Penh the next day for a visit to the Killing Fields and Tuol Sleng Genocide Museum followed by dinner at a Tree Alliance Restaurant. (4B, L, D)

## DAYS 14-16 Siem Reap / Ho Chi Minh City

Today's flight takes you to Siem Reap, your base to explore the, frankly, incredible temple complex of Angkor Wat. Laser technology has recently revealed a huge network of cities buried beneath the forest floor, with Angkor being just the tip of the iceberg. But what a place to start! Make your way to the world's largest religious monument on Day 15 to catch a one-of-a-kind sunrise over the jungle-tangled ruins, then head out to Pub Street in the evening. Take off for Vietnam on Day 16, and to Ho Chi Minh City. (3B)

## DAYS 17-2D Mekong Delta / Ho Chi Minh City / Nha Trang

Take to the water on a sampan boat to see the floating markets of the Mekong Delta and enjoy a traditional Fishing experience. Head back to Ho Chi Minh City the following day via the Viet Cong's tunnels then hear Vietnam's stories on a city tour and visit the War Remnants Museum. After a final bout of Ho Chi Minh exploring on Day 19, fly to the golden beaches of Nha Trang and enjoy a free day on Day 20. (4B, L, D)

## DAYS 21-24 Hoi An / Hue / Hanoi

Take another quick flight to Hoi An and head out on a guided hike ride around the UNESCO-listed Old Quarter. With the rest of your stay here free for you to spend at leisure, sign up for an optional cooking class. Hue calls on Day 23, along with a cyclo ride to the Imperial Citadel and the Thien Mu Pagoda, the sight of the horrific Buddhist massacre. Fly to capital Hanoi the following day, and be left smitten by the gardens of the Temple of Literature. (40)

## DAYS 25-27 Halong Bay / Hanoi

Time to see it with your own eyes! Take to the water and limestone islands of Halong Bay on a Chinese-style junk boat cruise, and embrace the region's beautiful serenity. After a few bouts of grotto swimming and monkey spotting, return to Hanoi where your trip ends on Day 27. (30, 2L, D)

Tour Code: COBICA



## ACCOMMODATION

3\*4\* hotels (21 nts), guesthouse (2 nts), overnight train (1 nt), Chinese-style junk boat (1 nt), floating hotel (1 nt)



## INCLUDED MEALS

26 breakfasts.  
7 lunches, 5 dinners



## TRANSPORT

Private coach,  
plane, train, boat

## NEED TO KNOWS

TRIP STYLE: Discoverer

AGE GROUP: Exclusively for 18-35s

GROUP LEADER: Trip Manager, local English-speaking guides

GROUP SIZE: Max 30

DEPARTURES 2020/21:

Day	04	07	10	13	16	19	22	25	28	31
04	01 07 04	09 06 04	08 05 03	07 05 02	06 06					
07	08 14 11	23 13 11	22 12 10	14 08 05	13 13					
10	15 21 18	20 18	10 17 21	12 00	20 20					
13	22 28 25	27 25	26 24 28	15 16	27 27					
16	29		31	19 23						

Additional dates are available. Please ask for details.

MY OWN ROOM: Fr £930

## INCLUDED ACTIVITIES

- Guided tour of Bangkok's Grand Palace
- Bangkok klong tour by longtail boat
- Visits to Erawan Waterfalls, Choeung Ek & Genocide Museum, Angkor Wat, Cu Chi Tunnels, War Remnants Museum, Temple of Literature & Sung Sot Caves
- Bike tours in Ayutthaya, Luang Prabang & Hoi An Old Quarter
- Pakbeng river cruise
- Mekong Delta cruise & fishing activity
- Halong Bay junk boat
- 4 Contiki Cares initiatives

Ask your instore Travel Expert about our latest **EXCLUSIVE DEALS**

## LIKE THAT? TRY THIS--

Extend your trip

Thai Island Hopper East  
(9 days, Koh Samui - Koh Samui)  
(COTIKS) See page 67

Fr£79S

Thai Island Hopper West  
(8 days, Phuket - Phuket)  
[COTIPH] See page 66

Fr£675





ANGKOR WAT. CAMBODIA



WE KNOW BECAUSE WE GO

"The basket boat tour for two in Hoi An was brilliant. The guide hand-makes you a costume out of leaves - I got glasses, a ring and a crown!"

OLIVIA, TRAVEL EXPERT IN ST. PAUL'S

irStartthe Athwart

## HIGHLIGHTS



### GFOR GOOD

All proceeds from your dinnertime visit to Siem Reaps New Hope project help support free education For over 1,000 students.



### HALONG BAY

Cruise around the bay on a traditional junk boat and admire the absolutely\*not\*junky views.



### MEKONG RIVER

Float down the Mekong River on a traditional boat and experience life by the water.

Starting and ending in Bangkok, this full-on tour of Cambodia, Laos, Thailand and Vietnam will lead you down a path of tasty flavours, hectic markets and peaceful temples. And there's plenty of culture to go about as well.

#### DAYS 1-2 Bangkok

Arrive in Bangkok and go explore! The frenetic pace of the city can take a little adjusting to, but go with the flow and you'll quickly find the spell of the Thai capital taking hold. On Day 2, jump on a long tail boat to discover the city's famous klongs (canals) and stop off at Wat Po for an introduction to Buddhist culture. Opt to explore the Grand Palace and National Museum, then take the overnight train to Chiang Mai. (B)

#### DAYS 3-4 Chiang Mai/ Chiang Khong

Arrive into temple-mad Chiang Mai, and check out the famous complex of Doi Suthep on the hillside outside town. In your free time, take a bamboo raft down the stream, take up a cooking class or browse the stalls of the Night Bazaar. Day 4, travel to Chiang Khong guesthouse and opt to visit Wat Rong Khun (also known as the White Temple). Spend your evening in the food market and enjoy the view over the Mekong River. (B)

#### DAYS 5-8 Mekong River/Luang Prabang

Cross the border into Laos and start your cruise down the Mekong by traditional boat. Layer up if you're travelling between November and February - the nights can get cold. The next few days will be spent in Luang Prabang. Visit the Pak Ou Caves - a dramatic site housing thousands of Buddha statues - and make the trip to the Kuang Si waterfalls. Wander the city's temples, visit the Ethnology Museum and sit down for a traditional meal with a local family. (3B, L)

#### DAYS 9-11 Vang Vieng / Vientiane

A scenic drive takes you to the town of Vang Vieng, nestled along the Nam Song River and surrounded by limestone karsts. Explore the countryside by bike and kayak, head deep into the caves, then enjoy a traditional homestay in a local village. Day 11, arrive into one of Asia's sleepest capitals which features Wat Si Saket (one of the city's oldest temples), and sacred That Luang, Laos' national symbol. (SB, D)

#### DAYS 12-13 Hanoi

Fly to the Vietnamese capital of Hanoi. Take a walk through the Old Quarter and follow your nose to a traditional Vietnamese meal. On Day 13, visit the Ho Chi Minh Mausoleum and stilt house, then opt to explore Hoa La Prison, the Temple of Literature and the Museum of Ethnology. Late afternoon or early evening, attend a performance at the famous Water Puppet Theatre, a timeless tradition representative of the culture of rural Vietnam. (2B)

#### DAYS 14-16 Halong Bay / Hue

Next up is Halong Bay. every bit as beautiful as you think it is! From the comfort of your junk boat, sail among the limestone karsts and the islands' numerous caves then dine on fresh seafood for both lunch and dinner underneath the stars. On the evening of Day 15, take the overnight train to Hue and visit Thien Mu Pagoda, the Imperial Citadel and the tomb of one of the Nguyen Emperors on arrival. (2B, 2L, DJ)

#### DAYS 17-19 Hoi An

Cross over the scenic Hai Van Pass (weather permitting) on your way to Hoi An, stopping en route at the G for Good Oodles of Noodles project. Tailors in Hoi An can produce virtually anything overnight, so it's a great opportunity to refresh your wardrobe! For sun-worshippers, the sandy shores of Cui Dai beach are only four kilometres from town. (30, L)

#### DAYS 20-24 Ho Chi Minh City / Phnom Penh

Fly to Ho Chi Minh City, a sprawling metropolis and South Vietnam's once-capital, and take a guided tour of the Cu Chi Tunnels. Step over the border to Cambodia on Day 23 and get started in Phnom Penh with a cyclo ride around the riverside capital. On Day 24, learn about the dark side of Cambodian history at Choeung Ek and Tuol Sleng Prison, the Khmer Rouge jail where thousands of people perished under the regime of Pol Pot (SB)

#### DAYS 25-27 Siem Reap / Angkor Wat

Siem Reap is up next, the base for your visits to Angkor Wat. This is the world's largest religious complex, twice the size of Manhattan and actually not widely-known in the West until fairly recent times. Enjoy a guided tout watch the sun rise over the ancient capital and enjoy a traditional Khmer meal at a G for Good project. (3B, D)

#### DAYS 28-29 Bangkok

Gear yourself up for a bit of a culture change as you re-acquaint yourself with the Kingdom of Thailand. The skyscrapers of Bangkok are a world away from where you started the day! Spend one last evening with the group before the tour ends on Day 29, and you'll be left in no doubt as to why this is one of our best-selling tours! (2B)

Tour Code: GAATIE



#### ACCOMMODATION

Hotels (24 nts), village homestay (1 nt), sleeper train [2 nts), junk boat [1 nt)



#### INCLUDED MEALS

25 breakfasts, 4 lunches, 3 dinners



#### TRANSPORT

Train, local bus, air ton bus, plane, songthaew, boat

Exclusive Travel Group



## HIGHLIGHTS

BAGAN  
TEMPLES

25 square miles of ancient Buddhist temples. Add an a hot-air balloon trip for the ultimate view.

G FOR  
GOOD

Proceeds from your lunch visit to LinkAge Restaurant helps fund training For Yangon's rural young people.

NHA  
TRANG

A bit of a party town, beachy Nha Trang has tropical sands and high-octane nightlife all in one place.

On top of the magic foursome of Thailand, Laos, Cambodia and Vietnam, this tour also ventures into nearby Myanmar to give you a taste of a culture only recently opened up to travellers.

DAYS 1-5 Bangkok / Siem Reap /  
Angkor Wat / Phnom Penh

With just a day in Bangkok, hit the road early on Day 2, crossing into Cambodia and heading on to Siem Reap's Angkor Wat. Photos really don't do it justice (but that doesn't mean we won't try!) so you're in for an absolute treat. Dig in to a Khmer meal at 6 For Good's New Hope Training Restaurant then head to riverside Phnom Penh on Day 4 For a mouthwatering street food crawl. (4B, D)

DAYS 8-10 Koh Rong/Chambok /  
Ho Chi Minh City

Transfer to Sihanoukville then sail over to a private beach on Koh Rong and get the best of both worlds, with quiet night swims among phosphorescence on one end, and late-night raves and backpacker jollies on the other [the Koh Tuch strip]. On Day 8, head back to the mainland and on to the eco tourism hub of Chambok for a village homestay, then continue to the dynamic city of Ho Chi Minh the next day. (D)

DAYS 11-17 Nha Trang/Hoi An / Hue /  
Phong Nha

Arrive in Nha Trang post sleeper train for two days in paradise. Opt for an island boat trip, visit a natural mud bath or take to the countryside by motorbike. On Day 12, take an overnight train to Hoi An. Watch the noodle pros at a G for Good noodle-making demo, and steal a taste once they're ready - great fuel For the rest of the day! Travel north to Hue on Day 15 for some free time before driving to Phong Nha-Kẻ Bàng National Park. (4B, L)

DAYS 18-22 Halong Bay / Hanoi /  
Vientiane / Vang Vieng

Halong Bay is really best seen from a boat, so board a junk for a sea Food lunch with a view. On Day 19, find your feet in Hanoi with a tour through the Old Quarter, then opt to visit Ho Chi Minh's Mausoleum and the Temple of Literature. A short flight brings you into Vientiane, the capital of Laos. After a free day of exploring temples and golden stupas, head to Vang Vieng. (5B)

DAYS 23-28 Luang Prabang / Mekong  
River / Chiang Khong / Chiang Mai

Once a tiny mountain kingdom, Luang Prabang is now THE place For tasty cuisine and rich culture, including the Phra Bang, its most sacred Buddha image. Start the day by witnessing the giving of alms to the Buddhist monks and finish with a browse at a local night market. On Day 25, start your two-day cruise along the fabled Mekong, stopping overnight at a G for Good village homestay before crossing into Thailand on Day 26. In Chiang Mai, set out to explore the temples and famous night markets. (4B, L, D)

## DAYS 29-33 Kengtung/ Inle Lake

Cross into Myanmar on Day 23 and head inland to Kengtung, the capital of the Golden Triangle. Take in spectacular views on an included full-day trek through rice paddies dotted by various hilltribe villages, and treat yourself to Shan khao swe - a regional staple. Serene Inle beckons on Day 31, home to the Intha tribe and dotted with stilt-house villages and floating gardens. (7B)

## DAYS 34-37 Bagan/Mandalay

After an overnight bus journey, wake up in Bagan on Day 34 and get straight down to business with a sunrise temple tour of the ancient site of Bagan, home to the largest concentration of Buddhist temples^ pagodas and ruins in the world. Start Day 36 with breakfast at G for Good's Sanon Restaurant, then hit the road to Mandalay for an included orientation walk and a visit to nearby villages For a closer glimpse into local life. (4B)

## DAYS 38-41 Yangon / Bangkok

Another overnight bus brings you to Yangon, Myanmar's largest city boasting lakes, shady parks and tropical trees. Take a city orientation walk to learn about the diversity of its cultures and religions, then opt to visit the Shwedagon Pagoda, Buddhism most sacred site. Fly back to Bangkok on Day 40 for a final night out, Thai-style, before bidding farewell to your group on Day 41. (2B)

Tour Code: GAATII



## ACCOMMODATION

Twin-share hotels (16 nts), multi-share hostels (17 nts), sleeper trains (3 nts), homestays (2 nts), overnight bus (2 nts)



## INCLUDED MEALS

30 breakfasts, 2 lunches, 3 dinners



## TRANSPORT

Local bus, air ton bus, private vehicle, train, tuk tuk, local boat, junk boat, plane

## NEED TO KNOWS

TRIP STYLE: 18-to-Thirtysomethings

AGE GROUP: Exclusively for 18-B9s

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 18, Avg 12

DEPARTURES 2020/21

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## INCLUDED ACTIVITIES

- Guided tour of Angkor Wat
- Halong Bay boat cruise 8 lunch
- Mekong River slow boat
- Kengtung trekking excursion
- Bagan temple tour
- Luang Prabang excursion
- 2 street food crawls
- Orientation walks in Ho Chi Minh City, Hoi An, Hanoi, Phnom Penh, Luang Prabang 8 Yangon
- 4 G for Good visits



Ask your in store Travel Expert about our latest **EXCLUSIVE DEALS**

## LIKE THAT? TRY THIS...

## Customise your trip

Phare Circus  
Half day (PROACPC) Fr £14

Balloons over Bagan  
Half day (PROABBB) Fr £280

## Full Moon Party option

Indochina: Hilltribes, Thai Islands  
& Full Moon Party  
(40 days, Bangkok - Koh Phangan)  
(GAATIP) Fr £2,349



# ASIAN ADVENTURE

EXCLUSIVELY FOR 1B-35S

PRICE	DURATION	ROUTE
FR £2,030	16 DAYS	BANGKOK - SIEM REAP



Z

## NEED TO KNOWS

TRIP STYLE:	Discoverer
AGE GROUP:	Exclusively for 18-35s
GROUP LEADER:	Trip Manager, local English-speaking guides
GROUP SIZE:	Max 30

DEPARTURES 2D2O/2L		Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
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Additional dates are available. Please ask for details.

MY OWN ROOM:	Fr £550
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## INCLUDED ACTIVITIES

- \* Grand Palace & klong longtail boat tour
- \* Angkor Wat, Angkor Thom & Ta Prohm
- \* Erawan Waterfall visit
- Bike tours in Ayutthaya & Luang Prabang
- Pakbeng river cruise
- Sai Yok Elephant Sanctuary
- Visits to Erawan Falls, Bridge on the River Kwai, Sai Yok Elephant Sanctuary, Ock Pop Tock Institute, Luang Stupa & Cheoung Ek Genocide Museum

contiki

### LIKE THAT? TRY THIS...

Thai Islands option	
Total Thailand	
(15 days, Bangkok - Phuket)	
(COTHNS)	Fr £2,339



## HIGHLIGHTS



### SPECIAL STAY

Did someone say floating hotel? Bed down on the river in Kanchanaburi and enjoy dinner by the water.



### CONTIKI CARES

Support sustainable tourism practices at Sai Yöks Elephant Haven, and learn about the lives and habits of resident ellies.



### ANGKOR WAT

Visit the world's largest religious monument, and watch the sun set behind the iconic towers.

### DAYS 1-4 Bangkok / Kanchanaburi / Ayutthaya / Chiang Mai

Big, booming Bangkok is your gateway to Asia and the group's meeting place. Start Day 2 with a visit to the Grand Palace and explore the klongs on a longtail boat. Continue to Kanchanaburi and learn about the region's chequered past with a visit to the Death Railway Museum and Bridge on the River Kwai, then take a jungle raft to your hotel for dinner. The next day, trek to Erawan Falls, visit a nearby elephant sanctuary then continue to Ayutthaya, known for its temple ruins. On Day 4, explore the town by bike then take the night train to Chiang Mai. (3 B, L, D)

### DAYS 5-8 Chiang Mai / Pakbeng / Luang Prabang

Laid-back Chiang Mai is famous for Buddhist rituals, traditional architecture and night markets. You'll spend the next couple of days here at leisure, getting the chance to explore on your own. Or, add on an after-dark Vespa tour for a taste of the night street food scene. The next morning, hop across the border into Laos and journey to the remote town of Pakbeng. From here, it's on to Luang Prabang. Enjoy an included bike tour, visit the Pak Ou Caves and see gold-spired temples, monks in colourful robes and the Wat Xieng Thong Monastery. (4B, 2L, D)

### DAYS 9-12 Vang Vieng / Vientiane

Today, it's on to riverside Vang Vieng, a backpackers heaven surrounded by limestone karsts. Explore Laos' outdoor activity capital by bike., or don your swimming gear and dive into one of its many swimming holes. At the end of a - let's face it - not too taxing day, check out the vibrant nightlife. On Day 12, continue on to Vientiane, the capital of Laos and home to cheap and cheerful spas (yes please) and a gorgeous Old Quarter. There's none of your usual capital city chaos here, and the quaint Mekong town is cherished for its laid-back vibe. Visit the COPE support and rehab centre, the religious symbol of Pha That Luang and the Patuxai war monument. (4B, L)

### DAYS 13-16 Phnom Penh / Siem Reap

A quick flight takes you to the Cambodian capital of Phnom Penh. Learn about the Khmer Rouge regime with a visit to the Killing Fields and Tool Sleng Genocide Museum. Tonight, dinner is at a Tree Alliance Restaurant, a project that helps disadvantaged young people to be trained in hospitality. The following day, fly to Siem Reap and the incredible 13th-century temple complex of Angkor Wat. Check out the Ta Promh Temple then head back into town to enjoy your last night. Your trip ends after breakfast on Day 16. (4B, D)

Tour Code: COASAD



### ACCOMMODATION

3-4\* hotels (12 nts), guesthouse [1 nt], floating hotel (1 nt), overnight train [1 nt]



### INCLUDED MEALS

15 breakfasts, 4 lunches, 3 dinners



### TRANSPORT

Private coach, plane, train, boat

Exclusive Travel Group



## - 5 MALL GJOURP ADVENTURE (18-J9) -----

ROUTE  
VIENTIANE - BANGKOK

EPIC SOUTHEAST ASIAN ADVENTURES



## HIGHLIGHTS



A G for Good home stay sees you staying on the banks of the Mekong.



Take a trip out to the three-tiered waterfall south of Luang Prabang.



Watch the sun set over the Mekong River from a leisurely boat cruise.

Spend your first day in Vientiane navigating the streets of this former French trading post, then meet up with your group this evening for your first big fix of Southeast Asia! It's an early start on Day 2 as you take a picturesque drive north to Vang Vieng. Set along the Nam Song River and amid rice fields and limestone karsts, this town lends itself well to a free day of optional caving (highly recommended), hiking, swimming or biking. (2B)

Nestled in the hills of Northern Laos, Luang Prabang is studded with ornate temples and French colonial architecture. Get your bearings with a CEO-led orientation walk, witness the giving of alms to the Buddhist monks, then opt to take a cooking class, visit the Royal Palace Museum or cool off in the nearby Kuang Si Waterfalls. If all that is a bit too exhausting, chill out at sunset beside the Mekong with a Lao beer in hand. (2B)

Spend the next two days cruising the serpentine waterways of the Mekong River on a tong houseboat past cottage industries, floating markets and orchards, stopping at a G for Good homestay For the night. Head down the river and make for the Thai border on Day 7, crossing over to Chiang Khong. (2B, L, D)

Enclosed by a moat and crumbling walls, Chiang Mai is a popular spot for any Thailand traveller. Its laid-back atmosphere makes it the ideal spot to recharge your batteries. You have heaps of Free time to explore this sacred city, and there's no shortage of things to do. Opt to take a cooking class, visit Doi Suthep or catch a traditional Thai boxing match. On Day 9, travel by an overnight train to Bangkok. (B)

One of Asia's most incredible cities, Bangkok will set your cultural tastebuds on fire! Check out famous Wat Po Temple and the Grand Palace, as well as numerous neon-lit backstreets and noisy street vendors. Finish the trip by diving headlong into Bangkok's night scene, which ranges from backstreet cabaret bars to stylish rooftop cocktail places. On Day 11, your adventure finishes after breakfast. (B)

Tour Code: GAALV6



Twin-share simple hotels (3 nts),  
multi-share hostels (5 nts), sleeper  
train [ 1 nt), homestay (1 nt]



S breakfasts.  
1 lunch, 1 dinner



SleepEr train, local bus,  
air con bus, slow boat

## DEPARTURES 2020/2 1:

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Additional dates are available. Please ask. For details

- Guided hike in Vang Vieng
- Slow boat on the Mekong River
- Orientation walk in Luang Prabang
- Sunset cruise & Kuang Si Waterfall visit
- G for Good Mekong homestay



## G Adventures

### Customise your trip

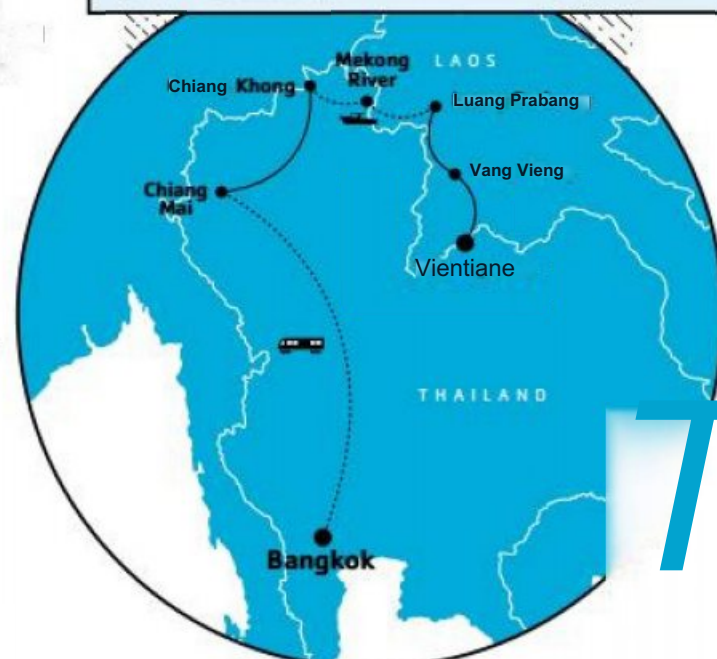
**Northern Thai cooking class**  
Pick your ingredients, enjoy a hands-on lesson and whip up local dishes.

Fr£26

### Extend your trip

Indochina Discovery: Seaside  
and Street Food  
(30 days, Bangkok - Bangkok)  
(GAATID) See page 22

**Fr £1,779**



Exclusive Travel Group



MW' V'1♦T\* » UKJWT

THAILAND & LAOS ADVENTURE

PRICE  
FR £ 1 „Q49

DURATION  
1 4 DAYS

ROUTE  
BANGKOK - HANOI



DAYS 1-3 Bangkok/Chiang Mai

Starting in Thailand's capital, cruise through Bangkok's klongs (canals) on a longtail boat tour and see the reclining Buddha of Wat Po. On Day 2, travel by sleeper train to Chiang Mai. Visit the Doi Suthep temple before experiencing the city's eclectic hilltribe culture. (B)

DAYS 4-8 Chiang Khong / Mekong River / Luang Prabang

After a day in Chiang Khong, cross into Laos on Day 5 to cruise down one of the world's longest rivers by a traditional boat. Luang Prabang's vibrant temples and markets greet you on Day 6. Enjoy a tour of the legendary Pak Ou Caves and a visit to the Kuang Si Waterfalls. (4B, L)

DAYS 9-11 Vang Vieng / Vientiane

A scenic drive through the mountains takes you to picturesque Vang Vieng. Get your thrills swimming, biking or exploring caves, then spend the night in a local village with some Laotian food. On Day 11, head to the laid-back capital of Vientiane. (3B, D)

DAYS 12-14 Hanoi

Take a short flight to Hanoi and explore the Old Quarters' markets, temples and coffee shops. Check out a performance of water puppetry and visit Ho Chi Minh's Mausoleum, stilt house and Presidential Palace. Your tour ends on Day 14, when you're free to leave at any time. (3B)

Tour Code: GAATBH



ACCOMMODATION

Hotels (11 nts), sleeper train (1 nt), homestay (1 nt)



INCLUDED MEALS

11 breakfasts, 1 lunch, 1 dinners



TRANSPORT

Train, local bus, air con bus, boat, songthaew, cyclo, plane

TRIP STYLE: Classic

AGE GROUP: Min 12

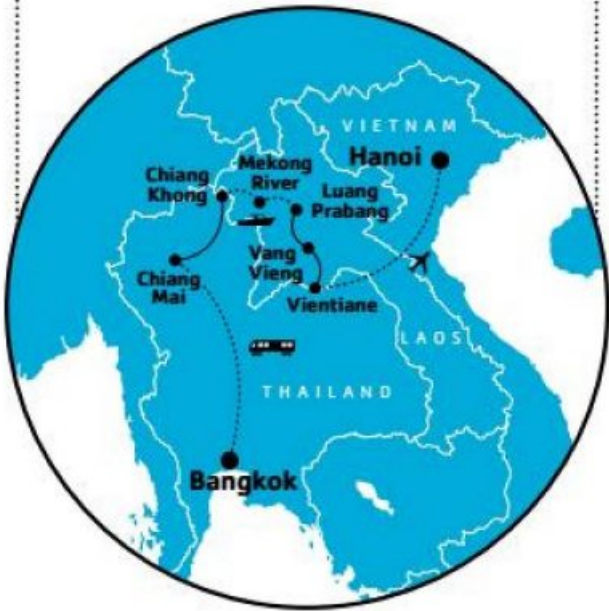
GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 15, Avg 12

INCLUDED ACTIVITIES: Bangkok klong trip, entry to Wat Pho, Doi Suthep, Pak Ou Caves & Ho Chi Minh Mausoleum, Mekong cruise, Arts & Ethnology Museum, Ock Pop Tock Centre, Kuang Si Waterfall trek, water puppet performance

DEPARTS: 9-14 departures per month (Jan-Feb, Oct-Mar21), 6-8 departures per month (Mar-Apr & Jul), 3-4 departures per month (May-Jun, Aug-Sep)

MY OWN ROOM: Fr £299



NORTHERN THAILAND: TREKS & TRAILS

PRICE  
FR £873

DURATION  
14 DAYS

ROUTE  
VIENTIANE - BANGKOK



DAYS 1-3 Vientiane/Vang Vieng

Vientiane is a serious contender for the World's Most Horizontal Capital title (quite literally by that Buddha photo). Meet your group here and head north to Vang Vieng on Day 2, where optional activities include hiking (a great way to meet the villagers), biking or caving. (2B)

DAYS 4-7 Luang Prabang / Pakbeng / Chiang Khong

Find your feet in Luang Prabang with an orientation walk, then get up early on Day 5 to witness the giving of alms to the Buddhist monks. On Day 6, take to the Mekong! Cruise the river on a long houseboat and pull up to your G for Good homestay at Pakbeng this evening. Get back on the water the next day and cross into Thailand. (4B, L, D)

DAYS 8-10 Chiang Mai / Ban Mae Jok

After a free day in Chiang Mai, your hilltribe trek starts in rural Mae Mai on Day 9. Your first village stop comes to view after a couple of hours, and with it your first chance to experience unique hilltribe culture. (B, L, O)

DAYS 11-14 Pa Khao Lam / Bangkok

With around 6-7 hours of trekking ahead of you, break it up with a lunch stop at a Karen village to learn about traditional weaving techniques. Day 12 sees a different kind of transfer as you take to the Mae Tang River by bamboo raft. Stop at a few other hilltribe villages before returning to Chiang Mai and catching the sleeper train to Bangkok on Day 13. (3B, 2L, D)

Tour Code: GAALVT



ACCOMMODATION

Twin-share hotels or multi-share hostels (9 nts), homestay (1 nt), hill tribe hut (2 nts), sleeper trains (1 nt)



INCLUDED MEALS

10 breakfasts, 4 lunches, 3 dinners



TRANSPORT

Train, local bus, air con bus, slow boat, songthaew, river raft

TRIP STYLE: 18-to-Thirtysome things

AGE GROUP: Exclusively for 18-39s

GROUP LEADER: Chief Experience Officer (CEO), trekking staff

GROUP SIZE: Max 18, Avg 12

INCLUDED ACTIVITIES: Guided hike in Vang Vieng, hilltribe trek, bamboo rafting, Mekong slow boat, Luang Prabang orientation walk, Luang Prabang sunset cruise, Kuang Si Waterfall excursion, 6 for Good Mekong homestay and Baci ceremony

DEPARTS: 8-12 departures per month (Jan-Jun, Aug-Dec); 15 departures per month (Jul), 5-6 departures per month (Jan21-Mar21)





## DISCOVER SOUTHEAST ASIA

PRICE  
FR £2,499

DURATION  
15 DAYS

ROUTE  
BANGKOK - SIEM REAP



### DAYS 1-4 Bangkok / Chiang Mai

Ease into things with an included arrival transfer and take a boat trip along the klong canals. Later, catch a flight to Chiang Mai. Visit the market with a local chef, participate in a Thai cooking class, visit Doi Suthep Buddhist Temple and sit down around an authentic khantoke For dinner with a local family. (3 B, L, 0)

### DAYS 5-8 Luang Prabang / Hanoi

Fly to Luang Prabang, Laos. On Day 6, rise at dawn to watch monks collecting offerings of Food From the locals in exchange for blessings, then visit the Royal Palace and Wat Xiengthong. Later, catch a boat to Pak Ou Temple caves. On Day 7, take an excursion to Kuang Si Waterfall and catch a late afternoon flight to Hanoi the next day. (4B)

### DAYS 9-12 Halong Bay/Hanoi / Ho Chi Minh City

Visit Ho Chi Minh Mausoleum then continue to Halong Bay and spend the night on a traditional junk boat. Return to land on Day 10 and head back to Hanoi for lunch at the G For Good Hoa Sua training school. Catch a Flight to Ho Chi Minh City the nexE day for a guided tour of the Cu Chi Tunnels. (4B, 2L, D)

### DAYS 13-18 Phnom Penh / Angkor Wat

Fly to Phnom Penh, Cambodia. Take a cyclo city tour, then explore the dark side of Cambodian history at Choeung Ek Memorial. Fly to Siem Reap on Day 15 for two days of exploring the ruins of Angkor Wat. (6B, L)

Tour Code: GAATING



#### ACCOMMODATION

Hotels (16 nts), junk boat (1 nt)



#### INCLUDED MEALS

17 breakfasts,  
4 lunches, 2 dinners



#### TRANSPORT

Private vehicle, first-class public bus,  
boat, tuk tuk, plane, cyclo,  
traditional junk boat

TRIP STYLE: National Geographic Journeys

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 16, Avg 10

INCLUDED ACTIVITIES: Bangkok boat ride, Pak Ou Cave boat tour, Halong Bay overnight cruise, visits to Doi Suthep, Kuang Si Waterfall & Ho Chi Minh Mausoleum, tours of Angkor Wat, Luang Prabang, Hanoi, Ho Chi Minh City, Cu Chi Tunnels, Phnom Penh, Tuol Sleng Prison Museum & Choeung Ek Memorial, orientation walks in Chiang Mai S Siem Reap

DEPARTS: Selected Saturdays

MY OWN ROOM: Fr £979

Ask your instore Travel Expert about our latest **EXCLUSIVE DEALS**



LIKE THAT? TRY THIS—

Singapore to Bangkok Journey  
15 days (GAAGSNG)

Fr £2,249

## BANGKOK TO SINGAPORE ADVENTURE

PRICE  
FR £2,309

DURATION  
14 DAYS

ROUTE  
BANGKOK - SINGAPORE



### DAYS 1-4 Bangkok/Surat Than! /Khao Sok

After a free day in Bangkok, your first big stop post-sleeper train is Khao Sok National Park. Pull up at your treehouse accommodation (l) and get ready for canoe tours, boat trips across Cheow Larn Lake, jungle walks and motorised bamboo raft trips to Pakarang Cave. On your second night, it's another special stay on a Floating raft hut. (2B, 2L, D)

### DAYS 5-8 Krabi / Langkawi

Switch to island time as you transfer to the backpacker hub of Krabi. On Day 6, it's a full Free day in paradise. The next morning, you're Malaysia-bound as you catch the ferry to the archipelago of Langkawi for two free days by the sea. Don't miss out on the optional sunset dinner cruise on Day 8. (4 B)

### DAYS 9-10 Penang /Cameron Highlands

Up next is Penang. Once you've dumped your bags, the evening is yours to fill your plates in Little India and Chinatown (well, that's what wed do). On Day 10, head for the bills and to lush Cameron Highlands, arriving just in time For a steamy Steamboat broth dinner. (2B, D)

### DAYS 11-14 Kuala Lumpur / Singapore

Start the day with a tea plantation tour and top up on clean mountain air before heading to Kuala Lumpur on Day 11. See the Famous Petronas Towers on an included city tour, and enjoy same free time. The next day, its time for more big city vibes as you fly to Singapore, where your trip ends on Day 14. (4B)

Tour Code: C08KSG



#### ACCOMMODATION

3\*4" hotels (10 nts), sleeper train (l nt),  
jungle treehouse (l nt),  
floating raft hut (i nt)



#### INCLUDED MEALS

12 breakfasts,  
2 lunches, 2 dinners



#### TRANSPORT

Train, boat, Ferry, private bus,  
bamboo raft, plane

TRIP STYLE: Discoverer

AGE GROUP: Exclusively for 18-35s

GROUP LEADER: Trip Manager, local guides

GROUP SIZE: Max 30

INCLUDED ACTIVITIES: Khao Sok N.P. entry, canoe tour, Gero get own street art tour, Cheow Larn Lake day cruise, tea plantation tour, Kuala Lumpur guided tour

DEPARTURES 2020/21

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
12	16	08	12	10	21	05	16	13	11	22	20	03	28	28
26		29				19					31			

MY OWN ROOM: Fr £710

contiki



LIKE THAT? TRY THIS ...

Big Indochina Adventure  
27 days (COBICA) See page 24 Fr £3,609



# BANGKOK TO SINGAPORE: MARKETS & PAD THAI

SMALL GROUP ADVENTURE (18-39s)

PRICE  
FR £929

DURATION  
14 DAYS

ROUTE  
BANGKOK - SINGAPORE



## HIGHLIGHTS



### KHAO SOK NATIONAL PARK

Enjoy gorgeous surroundings and plenty of optional activities.



### CHENDEROH LAKE HOMESTAY

Get to know the locals on a homestay in the middle of a lake.



### BANGKOK STREET FOOD

Slurp your way through Bangkok's food stalls on a guided tour.

#### DAYS 1-2 Bangkok / Surat Thani

Bangkok is a deliciously noisy city and, as many people's first foray into Southeast Asian life, it can be a bit of a jolt to the senses. Not such a bad thing when it's your sense of taste, like you'll see on your First street food crawl on Day 2. Explore the city on your own terms, with the rest of the day free for optional activities like visits to Wat Po or the Grand Palace. Tonight, take the overnight train to Surat Thani. (0)

#### DAYS 3-5 Khao Sok / Koh Samui

Pull into Surat Thani this morning, and make straight for Khao Sok. Opt to go hiking or swimming in Khao Sok National Park, a diverse area of natural beauty and the perfect spot for anyone who wants to hike or chill out in a riverside hammock watching monkeys take their afternoon bath... so everyone. On Day 4, take a ferry to Koh Samui and explore the island's beautiful beaches and vibrant nightlife. Take a day trip to Ang Thong Marine Park to soak up the views and opt for a snorkelling session if the tide is right. (2B, L)

#### DAYS 6-9 Georgetown / Chenderoh Lake / Cameron Highlands

Cross into Malaysia and take a scenic boat trip through a sheltered archipelago to arrive in Penang. The winding streets of George Town are best explored by bicycle rickshaw. Check out the fort's colonial architecture, pop into the colourful Indian Quarter and visit lively Chinatown. Indulge in a meal at the waterfront's bustling night markets with a Fusion of Chinese, Malay and Indian food on offer. Day 8, travel to a local island homestay in the middle of a scenic lake. Spend the evening connecting with the locals and taking in the scenery. (2B, D)

#### DAYS 10-14 Kuala Lumpur / Malacca / Singapore

There's tons to see and do in Kuala Lumpur. Stare up at two of the world's tallest buildings, explore the famous Batu Caves or check out the Orang Asli Museum. Evenings are best spent sampling some of the finest cuisine in Southeast Asia and bargain-hunting in Chinatown's night market. With its historic fusion of Chinese, Indian, Malay and Portuguese influences, Malacca remains one of Malaysia's great destinations. Try a boat ride along the canals or see local historic parks on Day 12. Cross into Singapore where you'll have a free afternoon to explore the city's many attractions. Take some time to wander the streets of Little India. Splash out on your last night with a legendary Singapore Sling cocktail at the famous Raffles Hotel. (B)

Tour Code: GAATRM



#### ACCOMMODATION

Twin-share hotel or multi-share hostel (1d nts), basic bungalows (2 nts), sleeper train [1 nt]



#### INCLUDED MEALS

6 breakfasts, 1 lunch, 1 dinner



#### TRANSPORT

Train, local bus, minibus, Ferry, songthaew, taxi

## NEED TO KNOWS

- TRIP STYLE: 18-1 o-Th irtys ome things
- AGE GROUP: Exclusively for 18-39s
- GROUP LEADER: Chief Experience Officer (CEO)
- GROUP SIZE: Max 18, Avg 10

DEPARTURES 2020/21		Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
01	05	04	01	02	03	01	01	02	03	02	02	02	03
04	08	07	04	06	06	04	03	05	07	04	05	06	06
06	12	11	08	09	10	06	05	09	10	07	09	09	10
07	15	14	11	19	13	08	08	12	14	11	12	13	13
08	19	18	15	16	17	11	12	16	17	14	14	16	17
15	22	21	18	10	20	13	15	19	21	18	16	20	20
22	26	25	22	23	24	15	17	23	24	21	19	23	24
29	29	28	25	27	27	18	19	26	28	23	23	27	27
			29	30		20	22	30	31	25	26	30	31
						22	26			29	30		
						25	29						
						27							
						29							

## INCLUDED ACTIVITIES

- \* Chenderoh Lake homestay
- \* Ang Thong Marine Park island hopping
- \* Two street food crawls



## LIKE THAT? TRY THIS

- Extend your trip  
Southeast Asia: Hilltribes & Street Food  
(21 days, Bangkok - Singapore)  
(GAATRA) Fr£1,329
- Laos & Thailand: Tuk-Tuks & Thai Curry  
(11 days, Vientiane - Bangkok)  
(GAALVS) See page 31 Fr £599









# EPIC BANGKOK TO KUTA: BEACHES, FORESTS & VOLCANOES

SMALL GROUP ADVENTURE (18-39s) —

PRICE  
FR £2,849

DURATION  
40 DAYS

ROUTE  
BANGKOK - KUTA (BALI)

- WE LOVE -



KUALA LUMPUR, MALAYSIA



## INCLUDED ACTIVITIES

- Ang Thong Marine Park island hopping
- Entry to Bromo Tengger Semeru N.P.
- Mt. Bromo crater walk
- Mt. Bromo sunrise hike
- Orientation walks of Cameron Highlands, Bandung, Berastagi & Bukittinggi
- City tour of Medan
- Street food crawls
- Chenderoh Lake homestay
- Red Island surfing lesson
- G for Good Ngadas homestay
- G for Good Ancestor Trail trek

## NEED TO KNOWS

- TRIP STYLE:** 1S-to-Thirtysomethngs
- AGE GROUP:** Exclusively for 18-39s
- GROUP LEADER:** Chief Experience Officer (CEO)
- GROUP SIZE:** Max 18, Avg 10
- DEPARTURES 20/20/21:**

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
22	04	02	13	04	01	12	12	21	13	13	27
	25	16	20	11	15	26	24				
		30		18	20	25					

## LIKE THAT? TRY THIS

- Shorten your trip**
- Kuta an a Shoestring to Bangkok to Kuta: Summits & Sunsets  
[27 days, Bangkok - Kuta]  
[GAATBS] See page 35 Fr £2,129
- Bangkok to Singapore: Markets & Pad Thai  
[14 days, Bangkok - Singapore]  
(6AATRM) See page 34 Fr £929
- Kuta to Indonesia: Hammocks & Hikes  
[14 days, Jakarta - Kuta]  
[GAAEKS] See page 152 Fr £1,149





YOGYAKARTA, INDONESIA

## G FORGOTTEN

### NGADAS HOMESTAY

THIS PROJECT SUPPORTS  
A RURAL COMMUNITY

A sustainable programme that helps provide training and income to members of the Tengger people, whose community has been affected by illegal logging practices.

## HIGHLIGHTS



### KOH SAMUI

Home to some of Thailand's best beaches. Pea pie-watch on Chaweng, tune out on Mae Nam.



### SINGAPORE STREET FOOD

Sample the mixture of Malay, Chinese, Indian and Western flavours on a street food crawl.



### ANGTHONG MARINE PARK

Snorkel, swim and look ashore for sightings of wild pigs and leopard cats on an island-hopping trip.

Starting in Thailand's capital, slide south through Malaysia, Singapore and Indonesia towards your end point in Bali's brashest beach resort (and good-time-vibe champion), Kuta.

#### DAYS 1-5 Bangkok / Khao Sok / Koh Samui

We've eaten our way around the world enough times to know that the best way to a city's heart is through your stomach. So what better way to start than with a street Food tour around Bangkok? Take the overnight train to Surat Than! on Day 2, arriving early on Day 3 to give you as much time as possible in nearby Khao Sok, a national park best explored on an optional hike. The Thai islands are calling on Day 4 as you head to Koh Samui, where pristine beaches are deemed almost forgettable due the island's equally renowned party scene. Wash away inevitable hangovers with an island-hopping tour of Ang Thong Marine Park. [3 B, L]

#### DAYS 6-12 Penang / Chenderoh Lake / Cameron Highlands / Kuala Lumpur / Malacca

Its a long travel day back to the mainland and across the border into Malaysia. Penang is your next stop, home to Kek Lok Si, one of the country's best-known Buddhist temples. On Day 8, spend the evening with locals at a Chenderoh Lake homestay, then head to the cooler air of the Cameron Highlands the next day for hikes and tea plantations. Next up is Malaysia's most populous city, Kuala Lumpur and an optional trip to the top of the Petronas Towers (the world's tallest twin buildings) for fab city views. Travel to Malacca on Day 12, a historic port town with a wealth of temples^ mosques, museums and forts. (2B, D)

#### DAYS 13-19 Singapore / Medan / Tangkahan / Bukit Lawang / Berastagi

Foodie Singapore is up next, so eye up Chinatown or Little India for dinner and Sentosa Island's Universal Studios for thrills and spills during the day. On Day 14, fly into Medan, the capital of North Sumatra, then drive to the small jungle community of Tangkahan for the chance to hike around the wild surrounds. On Day 16, bumpy roads lead to Bukit Lawang, located close to Gunung Leuser National Park. Opt to go jungle trekking on Day 17 and continue to Berastagi the next morning. This is where you come for a taste of Indonesian life without the crowds. (SB)

#### DAYS 20-22 Samosir Island / Padang Sidempuan

Next up is two days near Lake Toba, the world's largest volcano lake. Swim in its warm waters or opt to visit local Batak villages. On Day 22, drive through some of the regions' most beautiful scenery and stop for the night at Padang Sidempuan, a port town on Sumatra's western coast. (SB)

#### DAYS 23-28 Bukittinggi / Padang / Jakarta / Cianjur

A busy cultural town in West Sumatra, get the lay of Bukittinggi with an included orientation walk. On Day 25, travel on to Padang and spend a night by the beach before a Flight to Jakarta. On another street food crawl you'll soon discover there's more to Indonesian cuisine than peanut satay, beef rendang and nasi goreng! On Day 28, head south to Cianjur's Floating villages. This corner of Java sees little tourism, and you'll experience the best of local life at a family home stay. (6B)

#### DAYS 29-32 Bandung / Yogyakarta

Travel to Bandung for an orientation walk and a chance to explore on your own. The next day, take a scenic train trip to Yogyakarta to discover sights like Mt. Merapi and the impressive Borobudur, the largest Buddha sanctuary in the world. The nine platforms are crowned by 72 Buddha statues seated inside perforated stupas. (4B)

#### DAYS 33-36 Ngadas/ML Bromo / Red Island

Continue across the agricultural heartland of Java to Ngadas, a village in the Mt. Bromo region, and experience the local culture on a 6 for Good community homestay. From here, start the ten kilometre trek along the Ancestor Trail to the sacred site of Mt. Bromo, the same route taken by the villagers' predecessors when they travelled there on pilgrimage. After an early morning sunrise hike, it's on to Red Island to test your surf skills with an included lesson before relaxing with your own free time. (4B, L, D)

#### DAYS 37-40 Pemuteran / Kuta

This final leg takes you to Bali through tea plantations and coastal lowlands. After arriving at Pemuteran, visit West Bali National Park or check out the turtles^ mantas and reef sharks on a snorkelling trip to Menjangan Island, one of Bali's most celebrated diving sites. Kuta is your last stop, one of Bali's best nightlife spots and laden with surfers and sun bathers. Arrive here on Day 39, and enjoy one last night with the group before the tour ends on Day 40. (3 B)

Tour Code: GAATSE



#### ACCOMMODATION

Twin-share hotels or multi-share hostels (32 nts), bungalows (2 nts), surf camp (2 nts), sleeper train (1 nt), homestay (2 nts)



#### INCLUDED MEALS

30 breakfasts, 2 lunches, 2 dinners



#### TRANSPORT

Train, local bus, minibus, ferry, songthaew, taxi, plane

Exclusive Travel Group



# STRAY

## Guided TOURS

Stray's Freestyle Travel network allows you to keep your plans loose and travel at your own pace. Found somewhere you don't want to leave? Hop off and extend your stay, then hop back on and join the next tour coming through.

### GO OFF THE BEATEN TRACK

As well as covering Asia's must-do hotspots, Stray will take you on an adventure further off the beaten track, to small remote villages, national parks, World Heritage Sites and some incredible places you won't find in your guidebook.

### GO GUIDED

We can't go through life alone, which is why Stray's expert English-speaking guides are always on hand with tips, translations, cultural insights and even the odd bar recommendation. They can also book your accommodation and activities along the way so you can stay focused on the fun stuff.

### GO SAFE AND HASSLE FREE

Travel on Stray's private air con buses, trains, boats and even tuk tuks for the full backpacking experience. Your guide will make sure you get from A to B and their private buses are reliable and allow for extra flexibility to explore along the way.

### GO IN YOUR OWN TIME

Freestyle Passes and Tours are valid for 12 months from the first date of travel, giving you the freedom to spend time in the places you love. When you want to explore somewhere a little more, hop off the bus for a few days and hop back on once you've worked your way through your to-do list!

### GO MEET GREAT PEOPLE

Travel is as much about the people you meet as it is about the destinations. Stray attracts outgoing, curious adventurers who all have the same agenda; to have a great time!

### GO RESPONSIBLY

Stray operates a sustainable travel network. They educate their crew and travellers to respect the culture, customs and the environment. By travelling with Stray, you help support local initiatives like building new infrastructure and providing education resources in their homestay villages.

### DEPARTURES

Stray runs two or more departures per week on its hop-on hop-off network. Once booked, customers get access to 'Stray Mate', an online trip manager where they can view their itinerary, plan their travel dates and make amends in real time.





## FREESTYLE TOUR VS FREESTYLE PASS

Stray offers two freestyle travel options: Freestyle Tours and Freestyle Passes. Both operate on Stray's private, guided network with hop-on hop-off flexibility as well as heaps of activities along the way. A Freestyle Tour includes the added benefit of included accommodation for each night as well as a selection of top-rated activities. A Freestyle Pass allows you to choose your own accommodation and activities and pay-as-you-go.

	FREESTYLE PASSES	FREESTYLE TOURS
Safe, comfortable transport	<input type="checkbox"/>	<input type="checkbox"/>
English-speaking guide	<input type="checkbox"/>	<input type="checkbox"/>
Flexibility to hop off along the way	<input type="checkbox"/>	<input type="checkbox"/>
Valid for 12 months of travel	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Accommodation	Pay as you go	<input type="checkbox"/> (single/twin/shared available)
Activities	Pay as you go	<input type="checkbox"/>
2 + departures/week year-round	<input type="checkbox"/>	<input type="checkbox"/>

## FREESTYLE TOUR INCLUSIONS

LOOK OUT FOR THESE NUMBERS ON THE PASSES ON THE NEXT PAGE:

### ALL FREESTYLE TOURS

- Transport on Stray's private Freestyle Travel network
- English-speaking guide & welcome meeting
- Accommodation for each night of the itinerary
- Kong Lor: 7km underground boat trip
- Buddhist Temple
- Bolaven Plateau: Waterfall swim
- Don Det: 4000 Island archipelago

### THAILAND

- Overnight sleeper train
- Chiang Rai: White Temple

### LAOS

- Mekong River: Private slow boat 2 day cruise
- Mekong River: Village homestay experience
- Pak Ou Caves
- Luang Prabang: Kuang Si Waterfall & Bear Sanctuary
- Vientiane: City highlights tour
- Vientiane: COPE Centre
- Buddha's Footprint temple

### CAMBODIA

- Siem Reap: Angkor Wat tour
- Battambang: Homestay experience
- Bamboo Train
- Phnom Penh: 52 1 Prison & Killing Fields
- Kampot: Sunset River Cruise


### VIETNAM

- Bai Xep: Beach, fishing village
- My Lai Memorial
- Hue: Motorbike Tour
- Vinh Moc Tunnels
- Phong Nha: Thien Duong Cave & National Park
- Ninh Binh: Trang An Grottoes

## STRADEMARK PLACES & HOMESTAYS

These are Stray's most remote, beautiful and interesting destinations, places off the beaten track that you would not find on your own. Some of the 'Strademark' highlights include a homestay experience on the edge of the Mekong River, a boat trip through limestone caves, a sacred buddhist temple and a quaint Vietnamese fishing village by the beach. These are places you'll be talking about long after the adventure has ended.

LOOK OUT FOR THESE ON THE MAP ON THE NEXT PAGE:

 Homestay • Strademark Place



## BANGKOK PLUS CITY ARRIVAL PACK €113

Per person  
based on two  
people sharing

The bright lights and busy markets of Bangkok can be a bit overwhelming when you first touch down in Thailand's electric capital. Get your trip off to a smooth start with this two-night city arrival pack and feel at home before your real adventure begins.

### INCLUDES:

- > Transfer from airport [or bus station] to hotel
- > 2 nights accommodation with air con and en suite (twin and single rooms available)
- > Half-day floating markets tour
- > 1-hour traditional Thai massage
- > 1-month luggage storage
- > Free Wi-Fi at the hotel

Tour Code: LAOZNU



# THAILAND: NIGHT MARKETS & BLUE WATERS

SMALL GROUP ADVENTURE (J S-33s)

PRICE  
FR £859

DURATION  
15 DAYS

ROUTE  
BANGKOK - KOH TAO

- WE LOVE -



## HIGHLIGHTS



### G FOR GOOD

Your breakfast at Kao Thep Pitak Community Restaurant provides stable revenue for this rural community.



### HILLTRIBE TREK

Wake friends with the locals and sleep in bamboo huts on a three-day trek through remote countryside.



### STREET EATS

Chiang Mai's street food is second to none. Try sai ua, a pork sausage infused with local herbs and spices.

## DAYS 1-3 Bangkok / Chiang Mai

Welcome to Bangkok. A heady mix of mayhem and majesty, Thailand's capital has attractions aplenty. Don't miss the Grand Palace. Spanning 218,400 square metres and boasting over 100 intricately decorated buildings, this vast complex lives up to its name. Spend Day 2 browsing open-air markets and getting lost in the tiny lanes of Chinatown before boarding an overnight train to Chiang Mai. Day 3 is yours to do as you please, but we suggest sampling Chiang Mai's scrumptious street food. In between mouthfuls of noodles, go shopping at the night bazaar, visit temples or add to your culinary repertoire with a Thai cooking course. [B]

## DAYS 4-7 Hilltribe Trek / Chiang Mai

A hilltribe trek takes up the next three days. Hike through lush valleys and bamboo forests for around four or five hours a day, and meet a diverse group of tribes along the way. Each has their own language, clothing and beliefs. On your last day in the region., race down the river on a bamboo raft before returning to Chiang Mai. (4B, 3L, 2D)

## DAYS 8-10 Bangkok/Surat Thani /Khao Sok National Park

Take care of any last-minute souvenir shopping then head back to Bangkok on Day 8, with time to see the sights and temples you previously missed. An overnight train on Day 9 will whisk you to Surat Thani. After a hearty breakfast at the G for Good Khao Thep Pitak community-owned farm, discover the natural beauty of Khao Sok National Park. Opt to go hiking or swimming and keep your eyes peeled for wild elephants, bears, tapirs and gibbons. (2B, L)

## DAYS 11-15 Koh Phangan / Koh Tao

Each month 10,000 to 30,000 travellers flock to Koh Phangan for its wild full moon parties, but there's another, more relaxing, side to this hedonistic haven. Uncover some of the island's waterfalls, lagoons and hidden beaches during free time on Day 12. With its secluded location and fine white sand. Bottle Beach is by far our favourite. (B)

## DAYS 13-15 Koh Tao

An island so laid-back, even the palm trees can't be bothered to stand up straight. Enjoy an included full-day snorkelling trip to some of Southeast Asia's best reefs and spend the rest of your time on the beach. Depart any time on Day 15 or choose to extend your time on the island - we wouldn't want to leave either. (2B, L)

Tour Code: GAATRT



### ACCOMMODATION

Twin-share hotels or multi-share hostels (9 nts), basic multi-share hilltribe huts (2 nts), sleeper trains (3 nts)



### INCLUDED MEALS

10 breakfasts, 5 lunches, 2 dinners



### TRANSPORT

Local bus, tram, boat

## NEED TO KNOWS

TRIP STYLE: 1 S-to-Thirtysomethings

AGE GROUP: Exclusively For 18-39s

GROUP LEADER: Chief Experience Officer (CEO), trekking staff

GROUP SIZE: Max 18, Avg 12

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar
08	05	07	04	06	02	01	01	02	03	04	01	02	03	03
10	08	11	08	09	03	04	03	05	06	07	02	06	06	06
12	12	14	11	13	06	08	05	09	10	11	05	09	10	10
15	15	18	14	16	10	13	08	12	14	14	07	27	24	27
17	19	21	18	19	13	17	10	15	25	28	09	27	27	31
19	22							29	29		12			
22					17	30	15	30	31		30			

Additional dates are available. Please ask for details.

## INCLUDED ACTIVITIES

- G for Good visit to Kao Thep Pitak community-owned farm
- Visit to Chiang Mai night market
- Hilltribe trek
- Bamboo rafting
- Street food crawl!
- Snorkelling in Koh Tao



## LIKE THAT? TRY THIS-

### Customise your trip

#### Thai Cooking Class

Pick your ingredients, enjoy a hands-on lesson and whip up local dishes.

Fr£26

### Full Moon Party option

Thailand: Forest Treks & Full Moon Party (15 days, Bangkok - Koh Phangan) (GAATTP)

Fr£9S9









# NORTHERN THAILAND & BEACHES

SMALL GROUP ADVENTURE

**PRICE**  
FR £ 1,425

**DURATION**  
21 DAYS

**ROUTE**  
BANGKOK - KOH PHANGAN



## NEED TO KNOWS

**AGE GROUP?** Min 18

**GROUP LEADER:** Local guides

**GROUP SIZE:** Max 20

**DEPARTURES 2020:**

£	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	£
04	03	02	01	05	03	02	04	02	05	04	04	
13	13	11	10	10	07	11	08	07	15	14	09	
16	21	15	13	20	12	18	16	16	20	19		
29	26	23	26	25	24	27	20	21	25	24		
		2B	30	30	28	31	24	30	30	29		

Additional dates are available. Please ask for details.

## INCLUDED ACTIVITIES

- River Kwai boat cruise
- Erawan Falls day trip
- Ayutthaya bike ride
- Two-day hilltribe trek
- Ziplining in Chiang Mai
- Thai cooking class in Chiang Mai
- Bamboo rafting in Tham Lot Cave
- Chao Phraya River cruise in Bangkok
- Thai massage in Bangkok
- Muay Thai lesson in Koh Phangan
- Boat trip & snorkelling in Koh Phangan
- Visits to Taling Chan Floating Market, Doi Suthep, an elephant sanctuary, Chiang Mai Canyon & Pai hot springs



## LIKE THAT? TRY THIS...

### Extend your trip

**Northern Thai & Full Moon**  
(23 days, Bangkok - Koh Phangan)  
(TTUATNTF)

Fr £1,595

**Total Thailand**  
(27 days, Bangkok - Phuket)  
(TTUATTT)

Fr £1,825



## HIGHLIGHTS



### ELEPHANT SANCTUARY

Meet the elephants of a local sanctuary and learn about their daily care.



### KHAO SOK NATIONAL PARK

A tranquil setting characterised by limestone karsts and lush jungle.



### BOTTLE BEACH

This secluded stretch of sand can only be reached by boat.

### DAYS 1-5 Bangkok / Kanchanaburi / Chiang Mai

An included airport pick-up makes your first day in Bangkok a breeze. Tonight, meet your group and get to know each other over some beers on Khao San Road. Your first stop on Day 2 is Taling Chan Floating Market, where you'll find longtail boats overflowing with local produce, and floating docks which serve as informal dining rooms. After some shopping, travel to Kanchanaburi for a River Kwai boat cruise. Continue the water theme on Day 3 with a trip to Erawan Falls. Make sure you bring your swimsuit as you'll undoubtedly want to take a dip in one of the seven turquoise pools. Next, head to UNESCO-listed Ayutthaya. Explore the ancient city ruins by bike before catching an overnight train to Chiang Mai. On Day 5, visit the mountaintop Doi Suthep Temple for panoramic views over the city. (L)

### DAYS 6-11 Hilltribe Trek / Chiang Mai / Pai

Over the next two days, trek through the jungle to meet remote hilltribes, whose way of life has not changed for generations. You'll get to learn about their culture and traditions during your village homestay. Back in Chiang Mai, kick things up a notch with an adrenalin-fuelled ziplining adventure through the treetops. On the way to picturesque Pai, stop at an elephant sanctuary, where the residents are free to roam. Days 10 and 11 are spent soaking in hot springs, chilling by the pool and exploring Pai Canyon. Bamboo rafting in Tham Lot Cave is also on the agenda. (B, 5L, 0)

### DAYS 12-16 Chiang Mai / Bangkok

Return to Chiang Mai for a cooking class. Before you're shown how to make your favourite Thai dishes, visit a market to learn about the ingredients used. The best part is getting to eat your freshly cooked meal afterwards. Spend the next day paddieboarding, swimming and cliff jumping in Chiang Mai's very own Grand Canyon, an abandoned limestone quarry that's been turned into a waterpark. It's back to Bangkok on Day 14. Enjoy a Chao Phraya River boat cruise and a traditional Thai massage, then board an overnight train to Khao Sok National Park on Day 16. (D)

### DAYS 17-21 Khao Sok National Park / Koh Phangan

Your home tonight will be a floating bungalow set on the edge of a freshwater lake surrounded by limestone karsts. It may be hard to tear yourself away from this stunning setting, but we've saved the best for last: Bottle Beach on Koh Phangan. Only accessible by boat, this secluded bay is the definition of paradise. In between sunbathing and swimming, go on an island boat trip and take part in a Muay Thai class. The tour ends on Day 21. (B, 2L, 2D)

**Tour Code: TTUATNTB**



### ACCOMMODATION

Twin-share hotels (17 nts), homestay (1 nt) overnight train (2 nts)



### INCLUDED MEALS

2 breakfasts, 8 lunches  
4 dinners



### TRANSPORT

Private bus, long tail boat, train, bamboo raft, ferry, taxi



## BANGKOK TO CHIANG MAI EXPRESS

PRICE  
FR £459

DURATION  
7 DAYS

ROUTE  
BANGKOK - CHIANG MAI



### DAY 1 Bangkok

Arrive at any time and get your first taste of Bangkok, from backpacker pubs and lavish rooftop bars to luxury shopping malls and open-air markets. If this is your first time in the Thai capital, it may take some getting used to. So go easy! Meet your group this evening and get the lowdown on the upcoming week from your Chief Experience Officer (CEO).

### DAYS 2-3 Kanchanaburi

Make the short journey from the electric streets of Bangkok to the leafy surrounds of Kanchanaburi where you'll spend the night aboard a floating rafterhouse. On Day 3, visit the Bridge on the River Kwai and see Era Wan Falls, where you can cool off in one of the many emerald-green pools after a hike in the jungle. (28, D)

### DAYS 4-5 Ayutthaya

Travel to Ayutthaya and see the city's historical sites, including the Chan Kasem National Museum - a former palace and now home to an extensive collection of artefacts - and Wat Chaiwatthanaram Temple. If time allows, head along to the Chao Sam Phraya Museum and spend the rest of the day exploring the area before boarding an overnight train north to Chiang Mai. (2B)

### DAYS 6-7 Chiang Mai

Arrive in Chiang Mai and venture to Doi Suthep in the afternoon, a stunning national park home to diverse flora and fauna, waterfalls and a striking temple. Depart at any time on Day 7 or stay on and continue by yourself. (B)

Tour Code: GAATNR



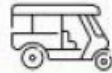
#### ACCOMMODATION

Hotels/guesthouses (4 nts),  
rafterhouse (1 nt), sleeper train (1 nt)



#### INCLUDED MEALS

5 breakfasts  
1 dinner



#### TRANSPORT

Train, private van

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 15, Avg 12

INCLUDED ACTIVITIES: Overnight rafterhouse excursion, visits to Wat Pho, Era Wan Falls, Bridge on the River Kwai, Thai-Burma Railway Centre, Allied War Cemetery & Doi Suthep Temple, Ayutthaya ruins tour

DEPARTS: Selected Mondays, Wednesdays, Thursdays, Fridays and Saturdays

MY OWN ROOM: Fr £14.9

### (§) G Adventures



## NORTHERN THAI HIGHLIGHTS

PRICE  
FR £1,065

DURATION  
15 DAYS

ROUTE  
BANGKOK - CHIANG MAI



### DAY 1 Bangkok

Start your Southeast Asian adventure in bustling Bangkok. A city of contrasts, the Thai capital captivates with its frenetic markets, hushed temples, tuk tuk-filled streets and crazy nightlife. Get out and sample some of it before meeting the rest of the group tonight.

### DAYS 2-3 Kanchanaburi

After a guided visit to the Grand Palace and a tour of the city's klongs (canals), travel to Kanchanaburi to see the WWII Cemetery and Bridge on the River Kwai. Your digs tonight will be a candle-lit room aboard floating raft hotel - magical! Day 3 starts with a quick dip in the blue-green pools of Erawan Falls before a hike ride around the UNESCO-listed ruins of Ayutthaya. Tonight, board a sleeper train bound for Chiang Mai. (28, D)

### DAYS 4-5 Pai

The North of Thailand is a haven for travellers wanting to explore vibrant cities and picturesque highlands. Lucky for you, this is our next stop! Pull into Chiang Mai and continue to laid-back Pai for two days of lush mountain scenery, outdoor activities and relaxation. Opt to soak in the hot springs or partake in a Muay Thai class. (B)

### DAYS 6-8 Chiang Mai

Stop at the Elephant Nature Park on the way back to Chiang Mai. This rescue and rehabilitation centre lets you get up close to these gentle giants. Your tour finishes in Chiang Mai on Day 8 where you can sample some of the city's street eats or sign up to a cooking class. (3B, L)

Tour Code: COTHNO



#### ACCOMMODATION

Twin-share hotels (5 nts), overnight  
train (1 nt), floating raft hut (1 nt)



#### INCLUDED MEALS

6 breakfasts,  
1 lunch, 1 dinner



#### TRANSPORT

Private coach, minivan,  
overnight train

TRIP STYLE: In-Depth Explorer

AGE GROUP: Exclusively for 18-35s

GROUP LEADER: Trip Manager, local guides

GROUP SIZE: Max 30

INCLUDED ACTIVITIES: Guided tour of the Grand Palace, Special Stay on a floating raft hotel, visits to Era Wan N.P. S Elephant Nature Park, bike ride in Ayutthaya

#### DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
			06	04	01	13	10	07	05	02	14	11	08	08
			20	18	15	27	24	21	19	16	28	25	22	22
						29				30				

Additional dates are available. Please ask for details.

MY OWN ROOM: Fr £210

### contiki





# NORTHERN THAILAND HILLTRIBES TREK

PRICE  
FR £269

DURATION  
5 DAYS

ROUTE  
CHIANG MAI - CHIANG MAI



## DAY 1 Chiang Mai

Arrive in Chiang Mai at any time and search out some street eats among the city's long-established food stalls. Once you've filled up on kow soy (noodle soup), meet the rest of your group and find out what's in store over the upcoming days.

## DAY 2 Hilltribes Trek

Start trekking through farmland, bamboo forests and valleys to reach remote hilltribe villages that have remained unchanged for generations. Discover a huge variety of languages, clothing styles and beliefs, with each village retaining its own culture and tradition. The first people you'll meet is the Lahu tribe. Learn about their age-old weaving methods, sign up for a massage or help prepare a local dish for dinner. (B, L, D)

## DAY 3 Hilltribes Trek

Set off this morning on a six-hour trek, crossing rice and vegetable fields, and passing through other villages. Boost your energy levels over lunch then continue to a Karen village, where there's the option to learn about traditional medicine from the village shaman. Overnight at the 6 for Good Ban Muang Pam homestay. (B, L, D)

## DAYS 4-5 Hilltribes Trek / Chiang Mai

Today's trek follows the Pam River through lush jungle to Tham Lod, a 1,666m deep cave. Explore its different chambers on a bamboo raft, then travel to a Black Lahu community. After breakfast on Day 5, bid farewell to your hosts and return to Chiang Mai. (2B, L, D)

Tour Code: GAATHH



### ACCOMMODATION

Hotel (1 nt), basic multi-share huts (3 nts)



### INCLUDED MEALS

4 breakfasts, 3 lunches  
3 dinners



### TRANSPORT

Open pickup truck, van, raft

TRIP STYLE: Active

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), specialist trekking guides

GROUP SIZE: Max 15, Avg 5

INCLUDED ACTIVITIES: G for Good homestays in Ban Pha Mon, Ban Muang Pam & Ban Jabo, visits to Lad Cave & a prehistoric coffin cave, bamboo rafting

### DEPARTURES 2020/21

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
04	01	07	04	02	06	04	01	05	03	07	05	02	06	06
14	11	14	18	16	13	11	08	12	17	14	19	13	15	13
25	22	28	25	30	20	18	22	26	31	25	26	23	22	27

Additional dates are available. Please ask for details.



# NORTHERN THAILAND ADVENTURE

PRICE  
FR £699

DURATION  
W DAYS

ROUTE  
BANGKOK - CHIANG MAI



## DAYS 1-3 Bangkok/Kanchanaburi

Arrive in the so-called City of Angels on Day 1 and meet your group at the welcome meeting tonight. The following morning, make your way to Kanchanaburi and overnight aboard a floating rafterhouse. Enjoy free time on Day 3 to do some essential sightseeing, including visits to Erawan Falls and the Bridge on the River Kwai. (2B, D)

## DAYS 4-5 Ayutthaya

It's on to the historical sites of once-capital Ayutthaya today. The UNESCO-listed ruins include some striking pagodas and impressive Buddha images, so you'll want to get the most out of your visit. Opt to call by the Chan Kasem National Museum and the Chao Sam Phraya Museum before bedding down on an overnight train bound for Chiang Mai. (2B)

## DAYS 6-8 Chiang Mai / Hilltribes Trek

Chiang Mai is one of Thailand's most treasured highlights. Get a feel for the city before a visit to the temple of Doi Suthep. Day 7 sees the start of your hilltribes trek that will take you through farmland, teak forests and rice fields to a Lahu village. Spend the night at a G for Good traditional homestay, learn about bush medicine and hike to a Karen village on Day 8. (2B, 2L, 2D)

## DAYS 9-10 Hilltribes Trek / Chiang Mai

The trek continues through lush jungle to the deep cave of Tham Lod, which you'll explore on a bamboo raft before your final stop at a Black Lahu village. On Day 10, return to Chiang Mai where the tour ends. (2B, L, D)

Tour Code: GAATTY



### ACCOMMODATION

Hotels/guesthouses (4 nts),  
rafterhouse (1 nt), sleeper train (1 nt),  
basic multi-share huts (3 nts)



### INCLUDED MEALS

8 breakfasts,  
3 lunches, 4 dinners



### TRANSPORT

Train, open pick-up truck,  
private vehicle, raft

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), specialist trekking guides

GROUP SIZE: Max 15, Avg 12

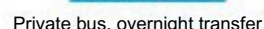
INCLUDED ACTIVITIES: G for Good homestays in Ban Pha Mon, Ban Muang Pam & Ban Jabo, overnight rafterhouse excursion, klong riverboat tour, visits to Wat Po, Erawan Falls, Bridge on the River Kwai, Thai-Burma Railway Centre, Doi Suthep temple, Lad Cave & prehistoric coffin cave, Ayutthaya ruins tour, hilltribe trek, bamboo rafting

DEPARTS: Selected Mondays, Wednesdays, Thursdays, Fridays and Saturdays

MY OWN ROOM: Fr £149









## NORTHERN THAILAND ADVENTURE

**PRICE**  
TR £325

**DURATION**  
14 DAYS

**ROUTE**  
BANGKOK - CHIANG MAI



### DAYS 1-4 Bangkok/Kanchanaburi

Take an included transfer to your Bangkok hotel and meet your new travel pals tonight. The next morning, head to Kanchanaburi via a Floating market. End your second day in the Land of Smiles on a leisurely River Kwai boat cruise. Some serious sightseeing is lined up on Days 3 and 4\* with visits to the seven-tiered Erawan Falls and the ancient city of Ayutthaya. Then, an overnight train will whisk you north to Chiang Mai. [I]

### DAYS 5-7 Chiang Mai / Hilltribe Trek

On this leg of the tour, visit Doi Suthep Temple and meet remote hilltribes on a two-day trek. Pass through jungle to reach your village homestay, keeping your eyes peeled for birds and monkeys along the way. (2B, 2L, DJ)

### DAY 8 Chiang Mai

Chiang Mai is often referred to as the adventure capital of Thailand!, and for good reason. There's loads of activities on offer here, but we think ziplining is the best. Suspended 50m above the ground, it's sure to get your adrenalin pumping. (2L)

### DAYS 9-14 Pai/Chiang Mai

After all that adventure, it's time for some R&R. Luckily the laid-back mountain town of Pai is up next. Travel north for hot springs, hippie hangouts and hammock time, stopping at an elephant sanctuary en route. Return to Chiang Mai for a cooking class and a day at Chiang Mai Canyon before the trip ends on Day 14. (L, D)

**Tour Code: TTUATNTA**



#### ACCOMMODATION

Twin-share hotels (1 nt), homestay (1 nt), overnight train (1 nt)



#### INCLUDED MEALS

2 breakfasts, 6 lunches, 2 dinners



#### TRANSPORT

Minibus, train, longtail boat



## NORTHERN THAILAND EXPLORER

**PRICE**  
FR £919

**DURATION**  
14 DAYS

**ROUTE**  
BANGKOK - BANGKOK



**SMALL GROUP ADVENTURE**

### DAYS 1-2 Bangkok /Nong Khai

Arrive in Bangkok on Day 1 and meet the rest of your group this evening. An included boat tour of the klongs plus a visit to Wat Pho Temple is on the agenda on Day 2. Tonight, board the overnight train to Nong Khai. (B)

### DAYS 3-5 Chiang Khan / Phitsanulok

As you take a scenic drive along the Mekong River - only the twelfth-longest in the world, but one of the most famed due to its pathway across six countries - spot Laos on the opposite side of the bank. Arrive in Chiang Khan mid-morning and spend the day at leisure. Rise early the next day to experience morning alms giving by offering rice to local monks. Travel to Phitsanulok on Day 5, with an orientation walk on arrival. (2D, D)

### DAYS 6-10 Lampang / Chiang Mai

After a visit to Sukhothai Historic Park, tonight you'll live alongside the locals in an authentic homestay. Surrounded by idyllic views, get to know your hosts and help prepare dinner. It's on to Chiang Mai on Day 7 where you'll visit Doi Suthep Temple, enjoy a traditional cooking class and browse the famous night market. (SB, D)

### DAYS 11-14 Kanchanaburi / Bangkok

En route to Kanchanaburi, stop in Ayutthaya for a tour of the historical sites. Then, visit the Death Railway Museum and take a boat to your floating raft house for two days of relaxation. Swim in the Erawan Falls or opt to go trekking. The tour ends in Bangkok on Day 14. (3B)

**Tour Code: GAATNN**



#### ACCOMMODATION

Hotels (10 nts), sleeper train (2 nts), homestay (1 nt)



#### INCLUDED MEALS

11 breakfasts, 2 dinners



#### TRANSPORT

Private vehicle, train, boat

**TRIP STYLE:** Classic

**AGE GROUP:** Min 12

**GROUP LEADER:** Chief Experience Officer (CEO)

**GROUP SIZE:** Max 15, Avg 12

**INCLUDED ACTIVITIES:** Village homestay, cooking class, visits to Wat Pho Temple, Sukhothai Historic Park, Doi Suthep Temple, night market, Thai-Burma Railway Centre, Allied War Cemetery, Bridge on the River Kwai & Erawan Falls, Klong riverboat tour, morning alms giving

**DEPARTS:** Selected Sundays

**MY OWN ROOM:** Fr E4D9





## BANGKOK TO CHIANG MAI ADVENTURE

PRICE  
FR £325

DURATION  
5 DAYS

ROUTE  
BANGKOK - CHIANG MAI



Start in Bangkok, where age-old temples sit among towering air con malls, and walk among the neon lights of Khao San Road\* Get to know Thailand's steamy capital in the company of expert local guides, starting on Day 2 as you travel through the city's klongs (canals) on a longtail boat and visit the Grand Palace and Wat Pho Temple. Later the same day, board the overnight train to Chiang Mai. The northern capital is a blend of temples, forest and markets. Explore the city on a bike tour, visit the Wiang Kum Kam ruins and trek to nearby hilltribe villages to mountain bike down dirt tracks and raft along rushing jungle rivers.

### INCLUSIONS

Departs: Daily Accommodation: Hotel (3 nts), 2nd class multi-share cabin on an overnight train fl nt) Meals: 3 breakfasts., 1 lunch Inclusions: Local English-speaking guide., entry fees, boat fees Tour Code: BKKCYC

## AYUTTHAYA & CHIANG MAI EXPERIENCE

PRICE  
FR £395

DURATION  
15 DAYS

ROUTE  
BANGKOK - CHIANG MAI



There's no standing around on this trip - your train to UNESCO-listed Ayutthaya leaves at 7am on Day 1, where you'll spend a full day exploring on a guided bicycle tour and then at your own leisure. After an overnight train to Chiang Mai and some free time to explore, your tuk tuk training takes place in Mae Wang on Day 4\* Set off towards an elephant sanctuary to lunch and bathe with the grey giants before swapping your tuk tuks for bamboo rafts. Float down the river, then jump back on the tuk tuk for one last downhill stretch behind the wheel. Transfer back to Chiang Mai that evening.

### INCLUSIONS

Departs: Daily Accommodation: Hotels (3 nts), overnight train (1 nt) Meals: 3 breakfasts, 2 lunches Inclusions: Local English-speaking guide on excursions, bike hire, entry fees, self-drive tuk tuk Tour Code: BKKACM

## THAILAND VOLUNTOUR EXPLORER

WE LOVE

PRICE  
FR £S99

DURATION  
22 DR 29 DAYS

ROUTE  
BANGKOK - BANGKOK



Sightsee, island-hop and live alongside an elephant community. Spend the first few days Bangkok, then head to Surin to help local mahouts with daily tasks like feeding and bathing the elephants\* Your reward? Time out on Koh Tao or Koh Phangan (depending on the duration of your trip)\*

Tour Code: THIVOL

### HIGHLIGHTS

#### SCHOOL RENOVATION PROJECT

Get involved with a building project to help improve local schooling facilities. Tasks may include renovating and painting

#### VOLUNTEER WITH ELEPHANTS

Spend four days living and working in an Elephant Village in Surin on a project that aims to give the giants a better life.

## NEED TO KNOWS

PROJECT START DATE: Selected Fridays

PROJECT LOCATION: Surin

GETTING THERE: Arrival transfer (BKK only) and transfer to project included

ACCOMMODATION: Twin-share en suite in Bangkok (4 nts), multi-share in Surin (8 fits), multi-share homestay in Elephant Village (4 nts), overnight transport to Koh Tao (1 nt), twin or triple-share in Koh Tao with bathroom (5 nts), twin, triple or quad-share rooms in Koh Phangan (& nts)

MEALS: 6 breakfasts, 4 lunches, 3 dinners

NOTE: Grand Palace entry fee not included

## THE PROJECT

The Elephant Village provides an alternative income For people living alongside domesticated elephants who may otherwise be forced to work for tourist entertainment.







Part bike, part shed, part living on the edge (if you choose to drive your own). Tuk tuks are the only way to roll in Thailand, and this is one club you won't be keeping a secret.

#### WHAT IT IS

We're all over using local transport on our travels, and this one goes all out! Travel around Thailand on a homegrown tuk tuk, and inject some character into your A to B commute.

#### CHAUFFEURED V. SELF-DRIVE

Tuk Tuk Club's chauffeured trips mean you can enjoy the view from the back seat without having to worry about road etiquette. But if you're craving an even bigger adrenalin rush, guided self-drives are also available, with training included on Day 1.

#### WHAT YOU NEED TO BRING

Mostly, a sense of adventure! You'll be among one of the first people to take part in this kind of travel in Thailand, so flexibility is key. And comfy clothes. And some spending money.

#### GO SOLO

There's something about a tuk tuk that brings out people's social side, so joining the club is a great way of meeting people on your travels. Get paired up with another traveller, or ask your Travel Expert about getting your own room.

#### WHAT YOU GET

- Your tuk tuk and all fuel required
- A professional guide and a tour leader with you the whole way
- Accommodation throughout the trip
- © Pick-up and drop-off in Chiang Mai
- Temple blessing and an awesome trek in Doi Inthanon National Park as standard
- © Some meals included
- € Support vehicle taking all luggage
- Additional visits and activities depending on the trip



#### 3 DAY TUK TUK MOUNTAIN ADVENTURE

First time on a tuk tuk? No problem! This is a chauffeured trip that takes you along quiet, remote roads and into the mountains. Your tuk tuk will carry you to rural Karen hilltribe villages, some deep in the foothills of Doi Inthanon - Thailand's highest mountain. And your legs aren't completely off the hook, thanks to that six-kilometre hike on Day 3.

Chauffeured **£329**

CNXTU7

Self-Drive **£347**

CNXTU3



#### 5 DAY TUK TUK ADVENTURE

Northern Thailand has been bussed, cycled and trekked, but has it ever been tuk tuk'd? Starting and finishing in Chiang Mai, sit in the passenger seat as you make your way along the mountain roads of Doi Inthanon and past the rice terraces of Mae Khlang Luang, topped off with amazing food every night. This trip also includes a visit to an elephant home in Mae Wang, feeding time included!

Chauffeured **£595**

CNXTU8

Self-Drive **£615**

CNXTU5



#### 11 DAY TUK TUK ADVENTURE

Kicking off with a temple blessing (we've decided not to read too much into that one), this 11-day chauffeured tuk tuk trip covers all the shorter trips' highlights and then some. Taking on part of the Mae Hong Son loop, including Mae Hong Son itself (a trekking and rafting mecca), the rice paddies of Mae Sariang, the Lod Caves and the always popular Pai.

Chauffeured **£935** Self-Drive **£955**

CNXTU9

CNXTU11



# THAILAND HIKE, BIKE & KAYAK

**PRICE**  
FR £ 1,249

**DURATION**  
14 DAYS

**ROUTE**  
BANGKOK - BANGKOK



## DAYS 1-3 Bangkok / Kanchanaburi

Touch down in Bangkok and meet your group. The next morning, explore the city by hike before travelling to Kanchanaburi. After another guided cycling tour, spend the night on a floating rafterhouse. A swim in the blue-green pools of Era wan Falls is a must on Day 3. (2B, D)

## DAYS 4-8 Chiang Mai / Hilltribe Trek

Twa wheeling has become a way of life, so jump on your bike for an included cycling tour of UNESCO-listed Ayutthaya, the once-capital of the Kingdom of Siam. Tonight, take the overnight train to Chiang Mai. On arrival, head straight to the mountains far an unforgettable three-day jungle hike. You'll meet remote hilltribes, learn about each community's cultures and sleep in traditional bamboo houses. (3B, 3L, 20)

## DAYS 9-10 Ao Nang

On Day 9, fly south to Krabi and transfer to Ao Nang before continuing by langtail boat to the islands of Koh Hong and Koh La Ding the following day. Enjoy some R&R, go snorkelling and picnic on the beach. (B, L)

## DAYS 11-14 Krabi / Bangkok

Transfer to Bo Tor and paddle downriver in a kayak. Next, head to the G for Good Laem Sak Community Resort - an initiative set up to train locals in marine operation and safety - for a guided walk, batik-making class and dinner. Spend the next few days kayaking, birdwatching in mangroves and visiting ancient caves. Your trip ends on Day 14 in Bangkok after an overnight train. (3B, 2L, 2D)

**Tour Code: 6 A ATMS**



### ACCOMMODATION

Hotels/guesthouses (6 nts), community resort (2 nts), homestays (2 nts), sleeper trains (2 nts), raft house (1 nt)



### INCLUDED MEALS

9 breakfasts, 6 lunches, 5 dinners



### TRANSPORT

Train, minibus, songthaew, local bus, bike, raft, longtail boat, plane, kayak

**TRIP STYLE:** Active

**AGE GROUP:** Min 12

**GROUP LEADER:** Chief Experience Officer (CEO), local guides

**GROUP SIZE:** Max 15, Avg 10

**INCLUDED ACTIVITIES:** G for Good visit to Laem Sak Community, batik-making class, cycling in Bangkok, Kanchanaburi & Ayutthaya, rafterhouse stay, hilltribe trek, kayaking

**DEPARTURES 2020/21:**

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
11	08	07	11	02	13	11	05	17	07	05	02
25	15	28	18	27	25	22	19	31	14	12	09
29									21	19	23
											20

Additional dates are available. Please ask for details.



**LIKE THAT? TRY THIS—**

**Wellness Thailand**  
9 days [GAATBSW]

Fr £1,349

# BEACH ADVENTURE AND WELLNESS

**PRICE**  
FR £946

**DURATION**  
15 DAYS

**ROUTE**  
BANGKOK - KOH TAO



## DAYS 1—3 Bangkok /Khao Sok National Park

Thailand is often called the Land of Smiles and for good reason. Its delicious cuisine, incredible scenery and hospitable locals will have you beaming from the moment you land in Bangkok. Soak up the city's lively atmosphere with a full day of sightseeing before catching an overnight train to Khao Sok National Park. Make the most of your serene surroundings by swimming in the freshwater lake or relaxing on your floating bungalow. (B, 1L, D)

## DAYS 4-8 Ao Nang

The feel good vibes continue on Day 4 as you travel to Ao Nang. Famed for its dramatic limestone cliffs and white sand beaches, it's the perfect place to unwind for a few days. Go kayaking through mangrove forests and take a boat trip to the nearby island of Koh Hong. (B, 2L)

## DAYS 7-9 Koh Phangan

A hedonistic haven for party-goers, Koh Phangan is your next stop. Every month, up to 30,000 revellers gather on Haad Rin Beach for the world-famous Full Moon Party, and we've timed it just right so you'll get to be part of it. Slap on some neon paint, grab a bucket and dance until the sun comes up.

## DAYS 10-15 Koh Tao

This leg of the trip is all about R&R. Take a high-speed catamaran over to Koh Tao for five blissful days of sunbathing, snorkelling and swimming. When you're not lazing on the beach, choose between daily Muay Thai, CrossFit and yoga sessions. Your tour ends on Day 15.

**Tour Code: STABEA**



### ACCOMMODATION

Hotels/guesthouses (13 nts), overnight train (1 nt)



### INCLUDED MEALS

2 breakfasts, 3 lunches, 1 dinner



### TRANSPORT

Minibus, train, boat

**AGE GROUP:** Min 12

**GROUP LEADER:** Local guides

**GROUP SIZE:** Max 20

**INCLUDED ACTIVITIES:** Full-day tour of Bangkok, canal boat trip, kayaking through mangroves, island boat trip, snorkelling, Full Moon Party, Muay Thai, cross fit & yoga sessions

**DEPARTURES 2020:**

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
02	02	01	30	29	30	28	26	26	24	23	24
		31									

Ask your instore **Travel Expert** about our latest **EXCLUSIVE DEALS**





# WELLNESS THAILAND

SMALL GROUP ADVENTURE

PRICE  
FR £1,349

DURATION  
9 DAYS

ROUTE  
BANGKOK - KOH SAMUI

THAILAND



## NEED TO KNOWS

TRIP STYLE: Wellness

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 15, Avg 12

DEPARTURES 2020/21:

OS 09 IS 19 24 23 12 02 06 11 15 20 24 28 21

MY OWN ROOM: Fr £819

## INCLUDED ACTIVITIES

- Wat Pho Thai massage course
- Thai herbal compress ball-making
- Cooking class
- Yoga sessions in Chiang Mai, Pai & Koh Samui
- Meditation in Koh Samui
- Stand-up paddleboarding in Koh Samui
- Doi Suthep & Pai Hot Springs visits



G Adventures



## HIGHLIGHTS



### SUNRISE YOGA

Start your mornings with zen, focus and some sun salutations.



### THAI MASSAGE CLASS

Learn traditional techniques from the oldest massage school in Thailand.



### AWESOME ACCOMMODATION

Stay in riverside jungle digs with private hot springs.

### DAYS 1-2 Bangkok / Chiang Mai

From the moment you touch down in Bangkok on Day 1, you can't help but take in the positive vibes of this warm and welcoming city. If you have time to spare, visit Wat Pho Temple to see the huge reclining Buddha. This evening, get to know your group and set your intentions for the trip ahead during a welcome meeting. The next morning, learn traditional Thai massage techniques at the country's oldest massage school before flying to the Rose of the North Chiang Mai. Serenity comes at sunset with a visit to Doi Suthep Temple. If the sound of monks chanting and wind chimes tinkling doesn't lift your spirits and soothe your soul, then the staggering views from the temple's mountain-top position sure will. (B)

### DAYS 3-5 Chiang Mai/Pai

Begin Day 3 with a morning yoga session. After you've stretched out those tired travel muscles, meet a local Lanna family in a village just outside the city. You'll be invited into their home to learn about the traditional herbs and spices used to make herbal compress massage balls. Once you've created your own using herbs plucked from the family's homegrown garden, sit down to a healthy and authentic Lanna dinner. Day 4 brings even more deliciousness in the form of Pai (pronounced pie). Your home for the next two nights will be a tranquil riverside chalet surrounded by verdant hills. Soak in the hot springs, sip a fruit juice by the pool and master your yoga poses in an old teak building. You'll also get a chance to show off your skills in the kitchen during an included cooking class. Whip up a vegetarian meal using fresh, local ingredients. (3B, L, 3D)

### DAYS 6-9 Koh Samui

Feeling relaxed yet? We hope so, but if you still have a bit more chilling out to do, we have one last trick up our sleeve - four blissful days spent in paradise. Return to Chiang Mai and fly straight to said paradise, the island of Koh Samui. After a yoga session, wander around the Famous Fisherman's Village Walking Street which enlivens the sleepy town of Bophut every Friday night with its vibrant market. Another yoga session eases you into Day 7. Once you've savoured a tasty vegetarian lunch, swap your sweatpants for your swimmers as you head out on the water for stand-up paddleboarding. Wake up early on Day 8 for a yoga session as the sun rises over the Gulf of Thailand. The rest of the day is yours to spend however you wish. Go swimming, snorkelling or kick back on the beach. Depart at any time on Day 9, or you know, stay? We wouldn't want to leave either! (4B, L)

Tour Code: 6AATBSW



#### ACCOMMODATION

Hotels/guesthouses [8 nts]



#### INCLUDED MEALS

8 breakfasts, 2 lunches  
3 dinners



#### TRANSPORT

Private van, ferry, boat, plane

Exclusive Travel Group



## SOUTHERN THAILAND SOJOURN: NIGHTLIFE &amp; NATIONAL PARKS

PRICE  
FR £469DURATION  
8 DAYSROUTE  
BANGKOK - KOH "A"

SMALL GROUP ADVENTURE (18-39s)

## DAYS 1-2 Bangkok/Surat Thani

Arrive in Bangkok and head out with your new tour buds in search of some ridiculously cheap beer (you won't have to look too hard!) On Day 2, check out Wat Pho and the Grand Palace, practise your haggling skills at one of the city's many markets or explore the klongs (canals) by boat before a street food crawl. This evening, jump on an overnight train south. (B)

## DAY 3 Khao Sok National Park

After breakfast at the G for Good Kao Thap Pitak community-owned farm, continue to Khao Sok. If there was ever a place to put a hammock, it would be here. Hike through one of the oldest rainforests in the world, paddle around freshwater lakes and watch monkeys bathe in the river. A paradise for outdoorsy types. (B, L)

## DAYS 4-5 Koh Phangan

Sail across to the full moon mecca of Koh Phangan in the Gulf of Thailand. This backpacker paradise is all about beach bars, incredible sunset spots and secret lagoons. If the timing is right, you might even catch a Full Moon Party, so bring some face paint. (B)

## DAYS 6-8 Koh Tao

Hop on the ferry to laid-back Koh Tao for an included afternoon snorkelling trip around some of the world's best reefs. Spend the rest of the time relaxing or, if you're feeling adventurous, opt to try scuba diving. Depart any time after breakfast on Day 8. (2B, L)

Tour Code: GAATSS



## ACCOMMODATION

Twin-share hotels or multi-share hostels [5 nts], sleeper train (1 nt), simple bungalow (1 nt)



## INCLUDED MEALS

5 breakfasts, 2 lunches



## TRANSPORT

Train, local bus, air con bus, boat, tuk tuk, songthaew, taxi, ferry



G Adventures



## LIKE THAT? TRY THIS-

Thailand Full Moon Party: Beach Parties & National Parks  
8 days (GAATMP) Fr£549

2

5

## THAILAND EXPERIENCE

PRICE  
FR £575DURATION  
8 DAYSROUTE  
BANGKOK - KOH PHANGAN

SMALL GROUP ADVENTURE

## DAYS 1-3 Bangkok

Welcome to Bangkok! Thailand's capital city will be your base for the first two nights. Take an included transfer to your hotel and meet the rest of your fellow travellers for a night out on notorious Khao San Road. Start day 2 with a boat trip on the Chao Phraya River, then visit Wat Arun and Wat Pho temples. After a traditional Thai massage on Day 3, board a sleeper train to your next destination.

## DAY 4 Khao Sok National Park

Leaving the heat and hustle of Bangkok behind, you'll arrive in tranquil Khao Sok National Park. Interspersed with hidden waterfalls and caves, this lush rainforest is home to wild elephants, gibbons and boars. Stay in a floating bungalow and make the most of some downtime with a spot of swimming, kayaking and tubing. (L, D)

## DAYS 5-8 Koh Phangan

Ferry over to the hedonistic island of Koh Phangan. Every month, up to 30,000 neon-painted revellers descend upon the island for its world-famous Full Moon Party on Haad Rin Beach. Despite its raucous reputation, this little dot in the Gulf of Thailand offers much more than moonlit shenanigans. Think pristine beaches, hidden coves, tropical forests and waterfalls aplenty. On arrival, head to Bottle Beach. This secluded bay can only be reached by boat, so you and your group might well have the place to yourselves. And if that's not enough, you'll be staying in a beachfront bungalow. The next few days are spent swimming, snorkelling and sunbathing with a Muay Thai class and boat trip topping it all off. (B, L, D)

Tour Code: TTUATX



## ACCOMMODATION

Guesthouse [2 nts], floating bungalow [1 nt], bungalows (3 nts), overnight train (1 nt)



## INCLUDED MEALS

1 breakfast, 2 lunches, 2 dinners



## TRANSPORT

Minibus, train, boat

AGE GROUP: Min 18

GROUP LEADER: Local guides

GROUP SIZE: Max 20

INCLUDED ACTIVITIES: Chao Phraya River cruise, Thai massage, kayaking, tubing, Muay Thai lesson, Koh Phangan boat trip, visits to Wat Arun, Wat Pho & Bottle Beach

DEPARTURES 2020:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
08	05	05	04	02	07	09	02	04	02	02	
17	11	15	14	13	12	11	17	15	13	12	07
21	21	28	23	23	25	31	29	20	28	27	17

Additional dates are available. Please ask for details.



## LIKE THAT? TRY THIS...

Full Moon Experience  
10 days [TTUATFMX] Fr£695



# THAILAND ISLAND HOPPER

SMALL GROUP ADVENTURE

PRICE  
FR £945

DURATION  
14 DAYS

ROUTE  
BANGKOK - PHUKET



THAILAND

## NEED TO KNOWS

AGE GROUP: Min 18

GROUP LEADER: Local guides

GROUP SIZE: Max 20

DEPARTS: 4-7 departures per month (Jan-Dec)

## INCLUDED ACTIVITIES

- \* Chao Phraya River cruise
- Boat trip & snorkelling in Koh Phangan
- Muay Thai lesson
- Koh Tao & Koh Nang Yuan day trip
- Phi Phi Islands boat trip
- Khao Sok National Park
- Visits to Wat Arun Temple, Wat Pho Temple & Bottle Beach



## HIGHLIGHTS



### KOH PHANGAN

Stay on a secluded beach to discover a quiet side to the party island.



### KOH TAO

A haven for divers, its surrounding waters are teeming with marine life.



### KOH PHI PHI

Its legendary nightlife and laid-back vibe make it a backpacker favourite.

### DAYS 1-3 Bangkok

Whether you're in the middle of a round-the-world trip or are a new arrival, your Thai adventure begins in Bangkok. An included airport pick-up will take you directly to your hotel where you'll meet your group tonight. Check out lively Khao San Road and toast the start of your tour with your new travel chums. The next morning, visit two temples (Wat Arun and Wat Pho), then see the city from the water as you cruise along the Chao Phraya River by longtail boat. Start strong on Day 3 with a traditional Thai massage before catching an overnight train south to Khao Sok National Park.

### DAYS 4-6 Khao Sok National Park / Koh Phangan

Swapping the tuk tuk-filled city streets for the karst-studded countryside. Day 4 welcomes a slower pace. Gliding along the river by longtail boat, you'll reach your home for the night; a bungalow floating atop a freshwater lake, surrounded by limestone mountains and lush jungle. If you think this is paradise, wait until you see what's in store on Day 5. Bottle Beach on the island of Koh Phangan is your next stop. This secluded bay is only accessible by boat, meaning you and your group will have the place pretty much all to yourselves. What's more, you'll be staying in beachfront bungalows that are steps away from the sea! When you're not sunbathing on the sand, join in a game of volleyball and learn some new skills in a Muay Thai class. (B, L, D)

### DAYS 7-10 Koh Phangan / Koh Tao

Today, enjoy a boat cruise around Koh Phangan, snorkelling the hotspots and visiting waterfalls. On Day 8, hop on a ferry to Koh Tao (aka Turtle Island). Although it's a breeding ground for hawksbill and green turtles, it's actually named after its shape. Spend the next two nights on this turtle awesome island soaking up some rays, hitting the beach bars and exploring the nearby island of Koh Nang Yuan. (2L)

### DAYS 11-14 Koh Phi Phi / Phuket

The beach theme continues on Day 11 as you head to Koh Phi Phi. Hike up to the stunning viewpoint, then experience the island's notorious nightlife. End Day 12 with a sunset boat trip and an evening swim with glow-in-the-dark plankton - magical! On Day 13, transfer over to Phuket for a final night of shenanigans on neon-lit Bangla Road. Your trip ends the next day. (L)

Tour Code: TTUATIH



#### ACCOMMODATION

Twin-share guesthouse, beach huts and floating bungalows (12 nts), overnight train (1 nt)



#### INCLUDED MEALS

1 breakfast, 4 lunches  
1 dinner



#### TRANSPORT

Minibus, train, boat



## LIKE THAT? TRY THIS...

Full Moon Island Hopper  
16 days (TTUATFMH)

Fr £1,125





## THAILAND ISLAND HOPPING - WEST COAST

PRICE  
FR £769

DURATION  
8 DAYS

ROUTE  
BANGKOK - BANGKOK



SMALL GROUP ADVENTURE

### DAY 1 Bangkok

Arrive in Bangkok at any time, where you're free to discover the many markets, shopping centres and temples before meeting your group this evening. Don't be put off by the city's frantic pace; the rest of the week is going to be peachy (and beachy).

### DAYS 2-3 Koh Ngai

Let the island vibes commence. Take an included flight to Trang then ferry over to the tiny island of Koh Ngai. Surrounded by crystal-clear waters and framed by dense jungle, this place really is paradise. Opt to go trekking or simply kick back on the beach. The next day, enjoy an included snorkelling trip to nearby Koh Chuek and discover the Emerald Cave of Koh Mook (surely one of the area's most beautiful islands). [2B]

### DAYS 4-5 Koh Lanta

Day 4 takes you to the secluded island of Koh Lanta, well off of the tourist trail. Enjoy plenty of chill time here and tuck in to a beach barbecue with your group. The next day, opt to visit the unspoiled island of Koh Rok for some great snorkelling. (2B, D)

### DAYS 6-8 Ao Nang

The scenic region of Ao Nang boasts plenty of high-octane activities, so if you're looking for adventure you won't be disappointed. Choose from scuba diving, climbing, white water rafting and quad biking, then opt for a day trip to Railay Beach, surrounded by lush jungle and imposing rock faces. Your trip ends on Day 8. (3B)

Tour Code: GAATTW



ACCOMMODATION

Hotels/guesthouses (7 nts)



INCLUDED MEALS

7 breakfasts  
1 dinner



TRANSPORT

Air con bus/minivan,  
longtail boat, ferry, plane

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 15, Avg 12

INCLUDED ACTIVITIES: Beach barbecue, half-day snorkelling boat trip

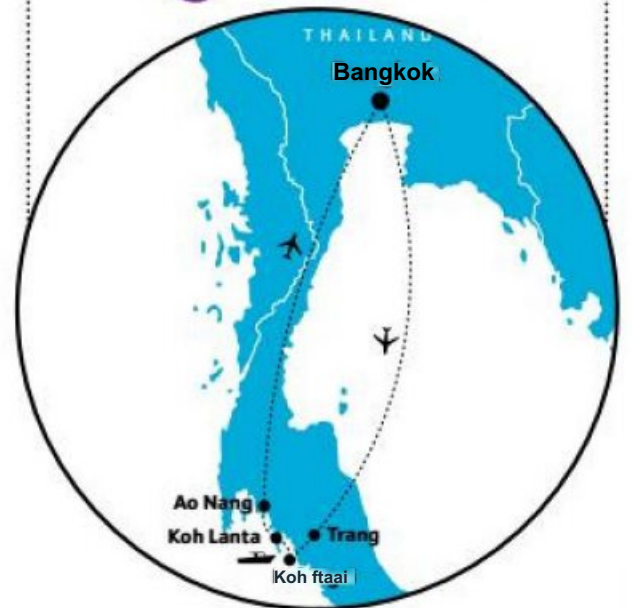
DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
05	02	01	05							01	06	03	07	07
12	09	08	12							08	13	10	09	14
15	12	13	19							12	20	17	16	21
19	16	15	22							22	22	24	21	28
26	23	22	26							26	29	31	28	

Additional dates are available. Please ask for details.

MY OWN ROOM: Fr £369

G Adventures



## THAILAND ISLAND HOPPING - EAST COAST

PRICE  
FR £743

DURATION  
5 DAYS

ROUTE  
BANGKOK - KOH TAO



SMALL GROUP ADVENTURE

### DAYS 1-3 Bangkok/Koh Samui

Arrive in Thailand's capital at any time on Day 1. If you've got time to spare, visit the Grand Palace and the backpacker haunt of Khao San Road. On Day 2, fly to the city of Surat Thani and board a ferry to the island of Koh Samui. Kick back on the beach, opt to visit the golden Buddha at Wat Phra Yai Temple or go snorkelling in Ang Thong Marine Park. (2B)

### DAYS 4-5 Koh Phangan

Ferry over to the hedonistic haven of Koh Phangan for secret beaches, waterfalls and lagoons. If timed right, let loose on Haad Rin beach at the famous Full Moon Party. Up to 30,000 people show up every month, so you'll be in good company if you're down for neon paints, dancing in the sand and cocktails by the buckets. (2B)

### DAYS 6-8 Koh Tao

Hop aboard a ferry to Koh Tao, otherwise known as Turtle Island. Although it's noted as the smallest of the Gulf Islands, it sure packs a punch. This is also the place to come if you're looking to go diving. Not only is it one of the world's cheapest places to learn how to dive, but it's also a great place for spotting migrating whale sharks. They can be seen all year round here, with high season thought to be Mar-May and Oct-Dec. So plan accordingly if that's high on your list. Enjoy an included snorkelling trip to Koh Nang Yuan, then grab a drink at one of the island's beach bars that evening. Once you're feeling sufficiently relaxed and rested, head off on Day 8, or stay on to milk the sunshine. (3B, L)

Tour Code: GAATBE



ACCOMMODATION

Hotels (7 nts)



INCLUDED MEALS

7 breakfasts  
1 lunch



TRANSPORT

Local bus, minivan/bus,  
longtail boat, ferry, plane

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 15, Avg 12

INCLUDED ACTIVITIES: Snorkelling excursion

DEPARTURES 2020:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
				03	07	08	02	06	04		
				10	14	12	09	13	11		
				24	28	1:9	16	27	18		
				31		26	23		25		

MY OWN ROOM: Fr £319

G Adventures





## CLASSIC THAILAND WEST COAST

PRICE  
FR £1,199

DURATION  
14 DAYS

ROUTE  
BANGKOK - BANGKOK



### DAYS 1-3 Bangkok/Kanchanaburi

Buzzing Bangkok kick starts your tour on Day 1. Take a boat ride along the klongs (canals) before travelling to Kanchanaburi on Day 2. From one boat to another - you'll spend tonight aboard a floating rafterhouse. Trips to the Bridge on the River Kwai and the emerald-hued pools of Era wan FaFis fill Day 3. (2B, D)

### DAYS 4-7 Ayutthaya / Chiang Mai / Bangkok

Day 4 is a bit of a history lesson with stops at the WWII War Cemetery and Thailand-Burma Railway Centre en route to the old capital city of Ayutthaya. Spend a full day exploring this UNESCO-listed site before catching an overnight train to Chiang Mai where you'll visit Doi Suthep Temple. Fly to Bangkok on Day 7 and make the most of its intense nightlife and crazy cheap beer. (3B)

### DAYS 8-11 Koh Ngai / Koh Lanta

Tiny Koh Ngai is your base for the next two nights. This densely forested, pristine paradise is encircled by clear waters teaming with fish. Find Nemo with an included snorkelling trip on Day 9. The next day, ferry over to Koh Lanta for a beach barbecue with your group. (4B, D)

### DAYS 12-14 Ao Nang/Bangkok

Day 12 takes you to Ao Nang in Krabi where you're free to make the most of the diving, kayaking, jungle trekking\* rock climbing and quad biking on offer. Don't miss idyllic Railay Beach, recognisable for its huge limestone karst formations. Day 14 marks the last day of your tour, when a flight takes you all the way back to Bangkok. (3B)

Tour Code: GAATNW



#### ACCOMMODATION

Hotels and guesthouses (11 nts),  
raft house (1 nt), sleeper train (1 nt)



#### INCLUDED MEALS

12 breakfasts  
2 dinners



#### TRANSPORT

Train, air, ton bus/minivan,  
plane, longtail boat, ferry

TRIP STYLE: Classic

AGE GROUP: 18-35

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 15, Avg 12

INCLUDED ACTIVITIES: Overnight rafterhouse excursion, klong boat tour, visits to Wat Pho, Erawan Falls, Bridge on the River Kwai, Thailand-Burma Railway Centre & Doi Suthep, Ayutthaya ruins tour, beach barbecue, half-day snorkelling boat trip

DEPARTS: Mondays and occasional Wed, Thu, Fri & Sat (Jan-Apr & Nov-Mar 21)

MY OWN ROOM: Fr £399



## SOUTHERN THAI HIGHLIGHTS

PRICE  
FR £2,339

DURATION  
8 DAYS

ROUTE  
PHUKET - KOH SAMUI



### DAY 1 Phuket

To make the most of Phuket's trademark beaches, we'd recommend arriving a couple of days ahead. This place caters for all budgets, from the shoe stringers to the flashpackers, right up to the first-class flyers. Meet up with the group and find a beach bar to toast the beginning of your trip with your new travel fam.

### DAYS 2-3 Khao Sok National Park

Today, travel to Khao Sok National Park and head to Cheow Lam Lake for an included cruise, as well as some free time for kayaking and swimming. To nighty check into your special riverside accommodation in the jungle, followed by a full free day to enjoy your lush surroundings. (2B\* L)

### DAYS 4-5 Koh Samui

Laid-back vibes await you in Koh Samui, a backpacker hotspot thanks to its long beaches. Jump off the ferry and slip right into island life with unlimited sun and swimming. On Day 5, opt for an island safari and enjoy the island's expanding party scene. (2B)

### DAYS 6-8 Koh Phangan / Koh Samui

Hop back on the boat and make for your last stop - Koh Phangan. Set up your base for two nights and enjoy the island's relaxed atmosphere. Your transfer on Day 8 takes you back to Koh Samui, where the trip ends on arrival. (3B)

Tour Code: COTHSO



#### ACCOMMODATION

3-4\* hotels (5 nts),  
riverside cottage (2 nts)



#### INCLUDED MEALS

7 breakfasts  
1 lunch



#### TRANSPORT

Private air con coach,  
minivan, ferry

TRIP STYLE: In-Depth Explorer

AGE GROUP: Exclusively for 18-35s

GROUP LEADER: Trip Manager and local guides

GROUP SIZE: Max 30

INCLUDED ACTIVITIES: Cruise on Cheow Lam Lake, Special Stay in riverside cottage

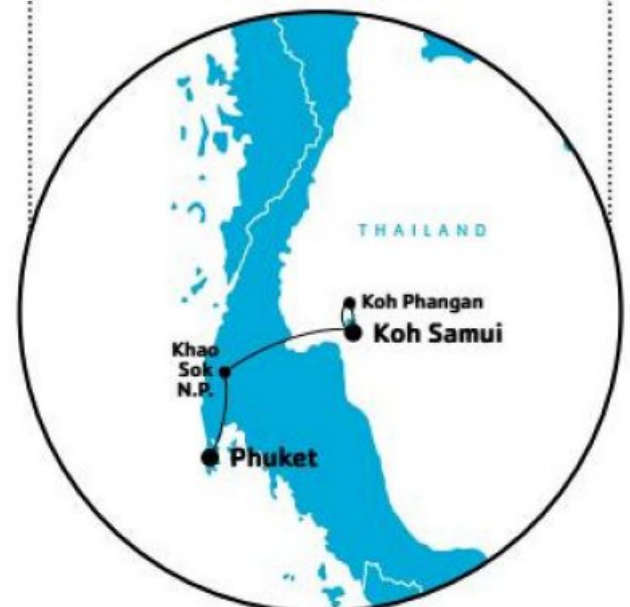
DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
			13	11	08	06	03	14	12	09	07	04	01	01
			27	25	22	20	17	28	26	23	21	18	15	15
							31							29

NOTE: From Oct-Apr, this tour will finish in Phuket, visiting Koh Lanta and Koh Phi Phi instead of Koh Samui and Koh Phangan

MY OWN ROOM: Fr £410

contiki





# THAI INTRO

SMALL GROUP ADVENTURE (16-39s)

PRICE  
FR £894

DURATION  
12 DAYS

ROUTE  
BANGKOK - KOH PHI PHI



## NEED TO KNOWS

- TRIP STYLE:** Small Group Adventure
- AGE GROUP:** Exclusively for 18-39s
- GROUP LEADER:** Group leader, local guides
- GROUP SIZE:** Min 4, Max 22
- DEPARTS:** 7-9 departures per month (Jan-May), 10-12 departures per month (Jun-Aug), 5-9 departures per month (Sep-Dec)

## INCLUDED ACTIVITIES

- \* Bangkok river cruise
- \* Thai cooking class
- \* Floating bungalows stay
- \* Tubing and kayaking
- \* Muay Thai or yoga class
- \* Thai massage
- \* Phi Phi Islands experience
- \* Paradise Islands sunset boat trip
- \* Airport pick-up

## HIGHLIGHTS



### KHAO SOK NATIONAL PARK

Stay in a Floating bungalow in serene Khao Sok National Park.



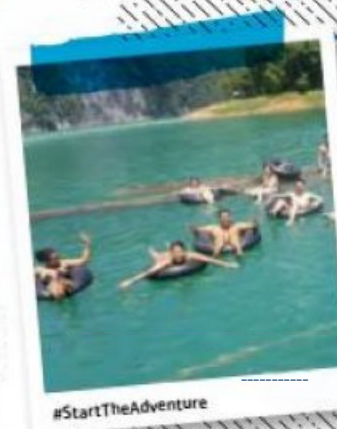
### KOH PHANGAN

Each month, the island hosts up to 30,000 full moon revellers.



### PHI PHI ISLAND BOAT TRIP

Use the island life on an overnight boat trip in paradise.



### WE KNOW BECAUSE WE GO

"Our stay in Khao Sok's floating bungalows was the best! We spent the whole day in our dinghys with beers in-hand."

AYA, TRAVEL EXPERT  
IN AUCKLAND

### DAYS 1-4 Bangkok / Khao Sok National Park

No trip to Thailand would be complete without a few days in Bangkok, so it's a good job the fast-paced capital is the starting point of this tour. Arrive at any time on Day 1 and take an included transfer to your guesthouse. The next morning, ease yourself in with a leisurely boat cruise along the Chao Phraya River, then hold on to your hats as you zig zag through traffic-filled streets by tuk tuk to some of Bangkok's best sights. See the enormous reclining Buddha of Wat Pho (the oldest and largest temple complex in Bangkok) and get blessed by Thai monks. On Day 3, learn the secrets of preparing Thai food with a traditional cooking class. You'll eat whatever you create, so go easy with the spice! Later, catch an overnight train to Khao Sok National Park where you'll stay in a floating bungalow. Spend your time here kayaking on freshwater lakes, tubing between towering limestone cliffs and monkey spotting in the surrounding jungle - the perfect pre-cursor to a few days of beach-bumming. (B, 2L, D)

### DAYS 5-8 Koh Phangan

Ferry over to the hedonistic island of Koh Phangan. Made up of countless sandy beaches, vast areas of inland jungle and more bars than you can shake a bucket of SangSom at, it's no surprise that this party-centric paradise is a firm favourite with backpackers. Spend the next three days living the island lifestyle. Bed down in beachside bungalows, snorkel around vibrant reefs and unwind with a Thai massage. If timed right, you may catch one of the famous full moon parties. Bring neon face paint and be prepared to lose a flip flop. The sea is your perfect hangover cure, so be sure to get plenty of swimming done in those refreshing waters. On Day 8, choose to learn the art of Muay Thai or bring some peace and harmony to your busy itinerary with a yoga session. (B, L, D)

### DAYS 9-12 Koh Phi Phi

The party isn't over just yet - Koh Phi Phi is your last stop! On Day 10, take an overnight boat trip around the islands, stopping to go swimming, kayaking and snorkelling along the way. Eat dinner on deck and when the sun sets, enjoy a magical light show. The stars in the sky are echoed by the glowing bioluminescent plankton in the sea. On Day 11, hike up to Phi Phi's iconic viewpoint then embark on another boat trip, this time visiting hidden lagoons and little-known sandy beaches. Experience the island's legendary bucket-fuelled nightlife before the tour ends on Day 12. (L, 2D)

Tour Code: BKKPHI



### ACCOMMODATION

Guesthouses (5 nts), sleeper train  
[1 nt], Floating bungalow (1 nt),  
beach bungalow (4 nts)



### INCLUDED MEALS

2 breakfasts,  
4 lunches, 4 dinners



### TRANSPORT

Train, bus, boat, ferry,  
taxi, tuk tuk



### LIKE THAT? TRY THIS--

#### Extend your trip

Thai Intro  
(18 days, Bangkok - Chiang Mai)  
(BKKITR) Fr£1,315

#### Shorten your trip

Thai Intro  
(9 days, Bangkok - Koh Phangan)  
(BKKINT) Fr £684



## SOUTH THAILAND

**PRICE**  
FR £796

**DURATION**  
6 DAYS

**ROUTE**  
BANGKOK - PHUKET



**AGE GROUP:** Min 12

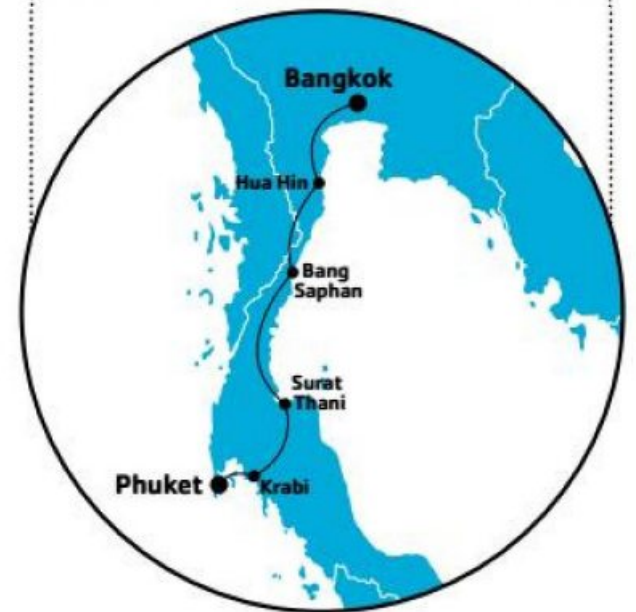
**GROUP LEADER:** Local guides

**GROUP SIZE:** Max 25

**INCLUDED ACTIVITIES:** Elephant safari in Kui Buri National Park, boat trips to Koh Talu, Koh Poda, James Bond Island & Koh Panyee, visits to Damnoen Saduak Floating Market, a palm tree orchard, Maruekhathaiyawan Palace, a blacksmith workshop, a coconut fibre factory & Tha Sathon Hot Springs

**DEPARTS:** Selected Mondays

Ask your instore Travel Expert about our latest **EXCLUSIVE DEALS**



### DAY 1 Bangkok / Hua Hin

Setting off from Bangkok, travel to Hua Hin, Thailand's original beach resort. On the way, take a longtail boat through the 100-year-old Damnoen Saduak Floating Market., then stop a local palm tree orchard to learn about palm sugar production. You'll also visit Maruekhathaiyawan Palace, built in 1929 as King Rama VI's summer seaside retreat. (L)

### DAY 2 Bang Saphan

Home to around 320 wild elephants and 100 gaurs (bison), Kui Buri National Park is your next stop. After a picnic lunch at the Huay Samrong Ranger Camp Base, jump in a 4WD for a safari. With any luck, you'll see these gentle giants bathing in the river. You might even spot a golden jackal. Continue to Bang Saphan. (B, L)

### DAY 3-4 Bang Saphan Not / Surat Thani

On Day 3, board a boat to Koh Talu. A small island off the coast of Bang Saphan, its clear, shallow waters and colourful coral gardens make it ideal for snorkelling. Large shoals of sea bream and the occasional ray can be seen here. En route to Surat Thani, take a dip in the Tha Sathon Hot Springs. (2B, 2L)

### DAYS 5-6 Krabi /Phuket

Day 5 takes you to Krabi, an area characterised by limestone cliffs, dense mangrove Forests and more than 100 offshore islands. Take boat trips to beautiful Koh Poda, "James Bond" Island and Koh Panyee fishing village before your tour ends in Phuket on Day 6. (2B, 2L)

**Tour Code: BKKSOU**



**ACCOMMODATION**

3\* twin-share hotels [5 nts)



**INCLUDED MEALS**

5 breakfasts,  
6 lunches



**TRANSPORT**

Private air con vehicle, boat

## THAILAND WEST

**PRICE**  
FR £650

**DURATION**  
7 DAYS

**ROUTE**  
PHUKET - PHUKET



### DAYS 1-2 Phuket

After collecting your bags, meet your tour guide at the airport and travel to your hotel, where a welcome drink is waiting along with a night on the town in infamous Bangla Road. The next morning, visit the Big Buddha Temple, one of the country's most intricate.

### DAY 3 Khao Sok National Park

Get off the beaten track and drop down your rucksack at the Khao Sok Riverside Cottages. This is an activity-heavy stop, with canoeing, tubing and hiking all lined up to get you right in there with Mother Nature. And if you're Feeling the lag at the end of the day, opt for a traditional Thai massage. For dinner, you have two options. Take a trip into town, or tuck in to some Thai dishes at the cottages.

### DAY 4 Koh Phi Phi

If anything is worth getting out of bed for, it's elephants. Today's early start takes you into the jungle to an elephant sanctuary where you'll get the chance to feed and bathe them. After lunch, start the journey to Koh Phi Phi and arrive in time for bucket o' clock.

### DAYS 5-7 Koh Phi Phi / Phuket

The best way to explore Koh Phi Phi is by boat., so jump on board to visit Maya Bay, Monkey Island and the Viking caves. There's also a stop at Pileh Lagoon, one of Thailand's most beautiful snorkelling stops. After a Free morning on Day 6, it's time to return to Phuket where the trip comes to an end the next day. (L)

**Tour Code: TTUATWW**



**ACCOMMODATION**

Twin-share hotels (5 nts)



**INCLUDED MEALS**

1 lunch



**TRANSPORT**

Minibus

**AGE GROUP:** Min 12

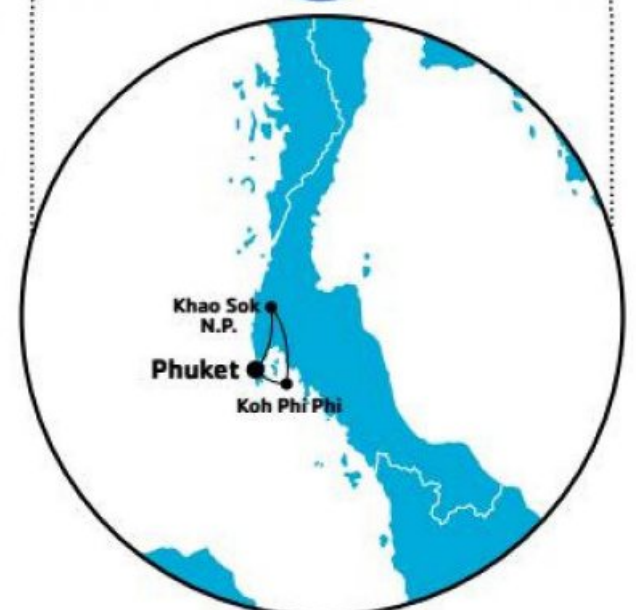
**GROUP LEADER:** Local guides

**GROUP SIZE:** Max 20

**INCLUDED ACTIVITIES:** Khao Sok National Park, Big Buddha Temple visit, canoeing, tubing, Elephant Sanctuary visit, boat trip in Koh Phi Phi, Maya Bay, Monkey Island, viking caves, snorkelling

**DEPARTURES 2020:**

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
04	01	07	04	02	06	04	01	05	03	07	05
11	08	14	11	08	13	11	08	12	10	14	12
18	15	21	18	16	20	19	15	19	17	21	19
25	22	28	25	23	27	25	22	26	24	28	26
	29			30		25		31			





# Sailing Thailand

Get out there and hop from one idyllic Thai island to the next! This mesmerising corner of Asia is graced with sunshine, rugged landscapes, mouth-watering Thai cuisine and azure snorkelling hotspots. Lower the anchor and spend nights under the stars at these well-known and off-the-radar islands in a catamaran, complete with an experienced skipper. Get face to face with southern Thailand and prepare to enjoy a little slice of paradise!



## WHAT'S LIFE LIKE AT SEA?

### SMALL GROUP SAILING

Meet your home at sea, a 25m sailing catamaran with ample lounge space for up to 18 passengers. You'll be taken care of by an experienced skipper, a dedicated CEO, and a personal chef who will whip up fresh Thai feasts for you every day. Cosy cabins are spread across two hulls, there's a dining area, and a sun deck where, let's face it, you'll spend most your time!

### ITINERARIES

The itineraries opposite allow you to explore the Andaman Sea without a worry in the world. You'll sail to pristine islands and the region's best snorkelling spots, waking up in a new paradise every day. Cruise for seven days or opt for a quick three-night taste — the choice is yours! We've shown three of the options available, please ask us for more details.

### RELAXING NIGHTS

By night, you'll anchor up in the most beautiful bays and picturesque harbours. Sleep in your bunk or camp out on the deck under a blanket of stars.

### LEARN TO SAIL

There's always an opportunity to get involved if you've ever fancied yourself as a crew member. Pick up the basics of sailing from the skipper, or just sit back and let your shipmates take the wheel.

### MEALS & FOOD KITTY

Enjoy traditional Thai and international meals, freshly prepared with local produce, by your on-board cook. A range of reasonably priced drinks are available for purchase on board the vessel. When meals aren't included, you can dine on shore.





## SAILING THAILAND

PRICE  
FR £559

DURATION  
4 DAY 5

ROUTE  
PHUKET - KOH PHI PHI



AGE GROUP: Min 16

GROUP LEADER: Chief Experience Officer  
{CEO} through out, skipper, assistant/cook

GROUP SIZE: Max 18, Avg 10

INCLUDED ACTIVITIES: Snorkelling in Monkey Bay, kayaking, visits to James Bond Island, Railay Beach, Koh Haa, Krabi Islands, Koh Phi Phi & Northern Phuket Islands

ACCOMMODATION: Twin-share or double cabin in catamaran (3 nts)

MEALS: 3 breakfasts, 2 lunches, 2 dinners

DEPARTS: Selected Saturdays



Start your sailing adventure in Phuket. Once the anchor's up, time is yours to relax on deck or take a dip before overnighting in a remote location. After a visit to Khao Phing Kan, popularly known as James Bond Island ('The Man with the Golden Gun' was filmed here), cruise to Railay Beach. On Day 3, sail to scenic Koh Haa, part of a national park known for its lagoons and exceptional snorkelling spots. On your final day, make for Koh Phi Phi, stopping to snorkel in Monkey Bay en route. Your trip finishes on arrival at Ton Sai Bay.

Tour Code: GAATSK

## SAILING THAILAND

PRICE  
FR £559

DURATION  
4 DAYS

ROUTE  
KOH PHI PHI - PHUKET



AGE GROUP: Min 16

GROUP LEADER: Chief Experience Officer  
(CEO) throughout, skipper, assistant/cook

GROUP SIZE: Max 18, Avg 10

INCLUDED ACTIVITIES: Maya Bay excursion, snorkelling, kayaking, visits to Koh Phi Phi Don & Le, Koh Raja Noi & Koh Yao Yai

ACCOMMODATION: Twin-share or double cabin in catamaran (3 nts)

MEALS: 3 breakfasts, 2 lunches, 2 dinners

DEPARTS: Selected Tuesdays



Setting sail from Koh Phi Phi with your new crew, make for Maya Bay, the iconic film setting for 'The Beach'. Next, voyage to Raja Noi and enjoy some free time kayaking or snorkelling among kaleidoscopic marine life. Lunch will be served on the picturesque beach. On Day 3, continue to the tiny Koh Yao Yai where you can swim in the warm turquoise waters or relax on the beach. Start early on Day 4 as you depart for Phuket. After a swim stop, pull into the harbour at lunch where your adventure ends on arrival.

Tour Code: GAATSH

## SAILING THAILAND

PRICE  
FR £1,099

DURATION  
? DAYS

ROUTE  
PHUKET - PHUKET



AGE GROUP: Min 16

GROUP LEADER: Chief Experience Officer  
(CEO) throughout, skipper, assistant/cook

GROUP SIZE: Max 18, Avg 10

INCLUDED ACTIVITIES: Snorkelling in Monkey Bay, kayaking, visits to James Bond Island, Railay Beach, Phang Nga Bay, Krabi Islands, Koh Phi Phi Don, Southern Phuket Islands, Koh Yao Yai & Koh Khai Nai

ACCOMMODATION: Twin-share or double cabin in catamaran (4 nts)

MEALS: 6 breakfasts^ 4 lunches, 4 dinners

DEPARTS: Selected Saturdays



Meet your fellow shipmates in Phuket and sail to Railay Beach, stopping at 'James Bond' island en route. On Day 3, voyage to Koh Haa and enjoy some free time in this pristine spot. Next, go snorkelling at Monkey Bay and check out its famous cliffs. Meet your new crew in Koh Phi Phi before overnighting in a remote location. Maya Bay - the idyllic setting for the Leo DiCaprio film, 'The Beach' - beckons on Day 5. Then it's on to the remote island of Raja Noi for snorkelling, kayaking and swimming. Your last day is spent on Koh Yao Yai.

Tour Code: GAAT5A



# THAI ISLAND HOPPER WEST

EXCLUSIVELY FOR 18-35s

PRICE  
FR £675

DURATION  
8 DAYS

ROUTE  
PHUKET - PHUKET

- WE LOVE -

THAILAND

## NEED TO KNOWS

TRIP STYLE: In-Depth Explorer  
AGE GROUP: Exclusively for 18-35s  
GROUP LEADER: Trip Manager, local guides  
GROUP SIZE: Max 30

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
01	01	04	01					19	03	07	02	02	03	06
04	05	07	04					26	10	14	05	06	06	13
06	08	11	08						17	18	08	03	10	20
08	12	14	11						24	21	12	13	13	27
11	15	18	15						31	25	16	16	20	
13	19	21	19							26	19	20	27	
15	22	25	26								23	23		
18	26	28									26	27		
22	29										30	30		
25														
29														

MY OWN ROOM: Fr £360

## INCLUDED ACTIVITIES

- Sunset trip to Koh Phi Phi's highest viewpoint
- \* Dinner on the beach in Koh Phi Phi with live fire show

contiki

## LIKE THAT? TRY THIS—

### Extend your trip

Big Indochina Adventure  
(27 days, Bangkok - Hanoi)  
(CO BIC A) See page 24

Fr £3,609

Asian Adventure  
(16 days, Bangkok - Siem Reap)  
(COASAD) See page 30

Fr £2,030

## HIGHLIGHTS



### AWESOME ACCOMMODATION

Ao Nang Cliff Beach Resort's infinity pool is what you call a pool with a view.



### KOH PHI PHI

Embrace the salt-in-my-hair-don't-care life of beachy Koh Phi Phi.



### TIGER CAVE TEMPLE

Opt for the 1,237-step march to this amazing Buddhist temple.

### DAYS 1-2 Phuket

Arrive into the beach-fringed island of Phuket in time to meet your group and Trip Manager tonight. The first order of business? Food (isn't it always?). Head out for some tasty Thai fare together (at your own expense) and explore Patong's pulsing nightlife. You'll have the pick of the beaches on Day 2. If you're looking for a good seaside bar-hop, head for Patong Beach. The sands of Karon and Kata are a little quieter, and have really great watersport options. The choice is yours. Want to do something a bit different? Visit the Gibbon Rehabilitation Project, take a dip in Bang Pae Waterfall, check out the shrines in Phuket Town or opt to join a Thai cooking class. [B]

### DAYS 5-4 Koh Phi Phi

Board a ferry and travel to Phi Phi Island. A stroll around the island helps you get your bearings, plus you'll end up with an unbeatable panoramic sunset. With two days to spend here at your leisure, you can do Phi Phi the way you want to, with no rush to do anything! Opt to sail around the island's hot spots on a day cruise - sunbathe in secluded bays, swim in warm Andaman waters and snorkel off the reefs of Bamboo Island. There's even a stop at Monkey Island, famed for its growing population of cute furry inhabitants. If all that sounds like too much work, you'd be forgiven for just finding a sunny spot to plonk yourself down. Once the sun sets, find a beachside bar and soak up the Phi Phi atmosphere by night. (28, D)

### DAYS 5-8 Krabi (Ao Nang) / Phuket

Set among towering limestone karsts, Krabi is home to a wide variety of unspoiled islands and beautiful beaches. Today, set sail to one of the most popular beaches in the region - Ao Nang. Sure, it's been developed over the years, but the natural scenery cuts through all that. Tree-covered karsts still rise from the emerald waters, and there are brilliant snorkelling spots within easy reach of the shore. Enjoy an included meal at the hotel in the evening, then party the night away in the ever-popular Bar Street. Day 7 is yours to spend at leisure. Perch yourself on the sand, take a boat trip out to isolated island of Rai Leh or, to really hit the heights, try climbing the 1,237 steps to the amazing view at the Tiger Cave Temple. If you're a certified diver, there are some great spots nearby where you can don your gear and head underwater. After some free time the following morning, the trip comes to an end when you arrive back in Phuket. (4B, D)

Tour Code: COTIPH



### ACCOMMODATION

3\* and 4\* twin-share hotels/resorts (7 nts)



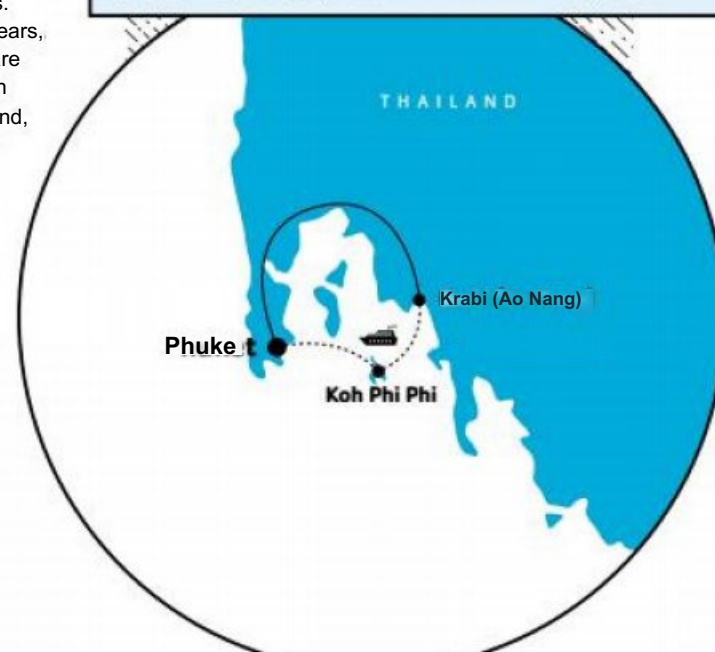
### INCLUDED MEALS

7 breakfasts,  
2 dinners



### TRANSPORT

Local ferry, minivan





# THAI ISLAND HOPPER EAST

EXCLUSIVELY FOR 18-35s

PRICE  
FR £795

DURATION  
9 DAYS

ROUTE  
KOH SAMUI - KOH SAMUI



THAILAND

## NEED TO KNOWS

TRIP STYLE: In-Depth Explorer

AGE GROUP: Exclusively for 18-35s

GROUP LEADER: Trip Manager, local guides

GROUP SIZE: Max 30

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
01			11	02	06	04	01	05				OS	02	
04			18	09	13	11	08	12				12	09	
08			25	16	20	18	15	19				19	16	
11				23	29	27	22	26				22	23	
15			30				26					30		
18														
22														
25														
29														

MY OWN ROOM: Fr £390

## INCLUDED ACTIVITIES

- Orientation walk of Koh Tao Island
- \* Sunset buffet dinner on a private beach on Koh Tao

contiki

## HIGHLIGHTS



KOH PHANBAN

The Full Moon veteran also knows how to take things easy.



KOH TAO

Cruise to jungly Koh Tao and find your Feet with an orientation walk.



KOH SAMUI

Get your First taste of flavoursome Thai cuisine in vibrant Chaweng.

### DAYS 1-3 Koh Samui

The eastern Thai islands make up a big part of our all-time favourite getaways list. You really don't have to work hard to Find exactly what you need - whether that's a party to end all parties or a full-on retreat from all that. Start your trip as you mean to go on - in paradise. Well, close enough; it's the island of Koh Samui. Check in to your hotel then hit the streets to explore the region, surrounded by beaches, sparkling seas and tasty Food. Later, meet the rest of your group before heading out for a Thai meal and a dose of the Chaweng nightliFe. With two full free days of your own, you can aFFord to seek out the perfect sun spot at one of Koh Samui's beaches. Most of them offer incredible snorkelling, sea kayaking trips and great watersports opportunities. Alternatively, opt for a tour of the island to see beautiful lagoons, refreshing waterfalls and giant 15-metre Buddha statues. And take full advantage of the wallet-friendly massages! (2B)

### DAYS 4-5 Koh Samui / Koh Tao

Cruise to nearby Koh Tao this morning, a small, jungle-topped island with spectacular underwater scenery. Think vibrant coral reefs, never-closing bars and laid-back beaches. On arrival, take an orientation walk before enjoying an aFternoon at leisure. Then, it's time for dinner on the beach. The next day is completely free, so rent a snorkel and fins and go explore the island's Fantastic marine life. Alternatively, seek out its incredible viewpoints and travel into the hills on foot. (2B, D)

### DAYS 6-9 Koh Tao / Koh Phangan / Koh Samui

This morning, opt for a cruise and Follow an in-the-know local to the island's best private beaches and swimming spots, then set sail to Koh Phangan. Get your face paint on at one of the island's legendary full moon parties (specific trip dates only) and spend the next two days at leisure. Sip Fresh coconut on a palm-fringed beach, head to Haad Yao Beach for a quiet swim or poach a much-sought-after hammock and relax with a beer and a book. By nighty there's always something going on, whether it's a form of Full Moon/Half Moon/New Moon Party (delete as appropriate) or otherwise. On Day 9, say 'la gon' to Koh Phangan and return to Koh Samui, with an included transfer to the airport or to the starting hotel. Alternatively, extend your stay on Koh Phangan. Now, there's an idea... (4B, 0)

Tour Code: COTIKS



ACCOMMODATION

Twin-share 3\* hotels/resorts (5 nts),  
bungalow5 (3 nts)



INCLUDED MEALS

B breakfasts, 2 dinners



TRANSPORT

Local Ferry



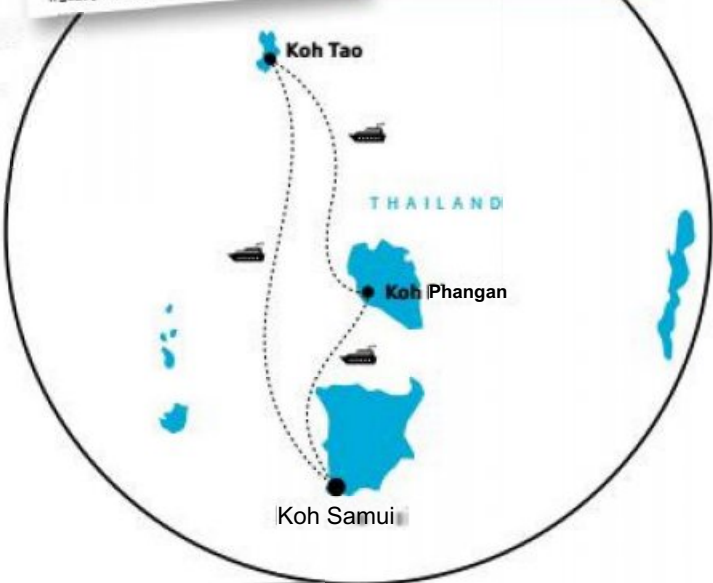
#StartTheAdventure

WE KNOW

BECAUSE WE GO

\*1 was lucky to be there over Songkran (Thai new year) where everywhere turns into a full-on water fight. It was epic!\*

MICAELA, ASSISTANT  
STORE MANAGER IN  
ADELAIDE





# THAI ISLAND HOPPER

PRICE  
FR £799

DURATION  
10 DAYS

ROUTE  
PHUKET - PHUKET



## DAYS 1-2 Phuket

Arrive into Phuket and get to know your fellow island-hoppers over optional drinks and dinner. On Day 2, you're free to sunbathe or explore the island's hidden caves and lagoons. Save some energy for the evening, you won't want to miss out on the saucy nightlife of Bang la Road. [B]

## DAYS 3-4 Koh Phi Phi

Catch the Ferry over to Koh Phi Phi and head up to a fantastic sunset lookout. Tonight, go out with your group for dinner, followed by a few drinks (or buckets). On Day 4, it's another beach and another opportunity to snorkel and to see the monkeys on the creatively-named... Monkey Beach. Later, the fire dancers are out! The perfect prequell to a raving beach party. (2BJ)

## DAYS 5-6 Koh Lanta

Head off the well-trodden path to the relatively unknown island of Koh Lanta. Explore waterfalls on a jungle trek or swim through an 85-metre cave to a hidden beach - which, in fairness., sounds like a pretty cool entrance. On Day 5, opt to take the 4 Islands Boat Trip and wind up the day with a beach barbecue. (2B, L, D)

## DAYS 7-10 Ao Nang (Krabi) / Phuket

Travel by ferry to Krabi for a two-night stay in Ao Nang, including a visit to Railay Beach. The next day, opt for an excursion that takes you to the Tiger Cave Temple, the Emerald Pool and to a steamy hoi spring stop. Return to Phuket on Day 9. (4B)

Tour Code: BII



### ACCOMMODATION

Twin-share hotel [6 nts],  
twin-share hostel (3 nts)



### INCLUDED MEALS

9 breakfasts,  
1 lunch., 1 dinner



### TRANSPORT

Ferry, boat, air con bus

AGE GROUP: Min 18

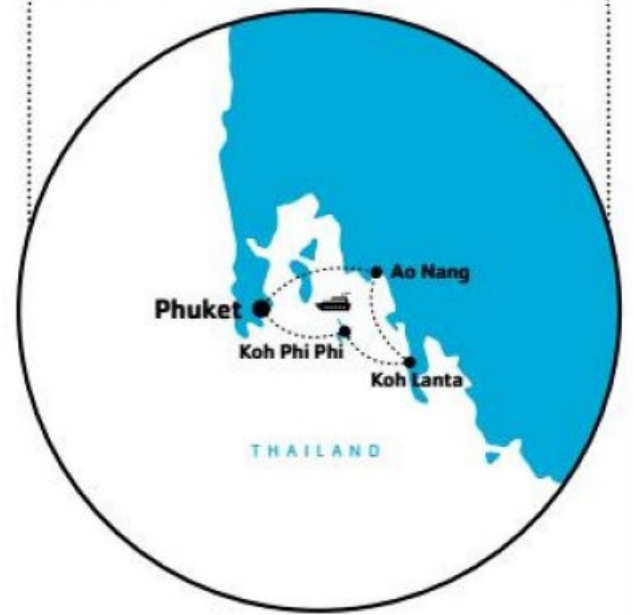
GROUP LEADER: Busabout crew

GROUP SIZE: Max 28

INCLUDED ACTIVITIES: Railay Beach boat trip, Koh Phi Phi sunset viewpoint entry, Koh Lanta barbecue, transfers From accommodation to port

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
04	01	04	11	14	18	22	29	05	08	15	19
08	05	14	18	22	29	05	08	15	19	26	30
13	16	21	26	30	03	07	10	13	16	19	22



# THAI ISLANDS MOON PARTY

PRICE  
FR £619

DURATION  
8 DAYS

ROUTE  
KOH SAMUI - KOH SAMUI



## DAYS 1-2 Koh Samui / Koh Phangan

Arrive in Koh Samui and check out the island's offerings, from waterfalls deep in the jungle and the giant Buddha statue overlooking the coast to the cheeky Grandma and Grandpa rocks down by Lamai. Why cheeky? You'll see when you get there! Meet your group this evening then catch the ferry the next day to Koh Phangan. (B)

## DAYS 3-4 Koh Phangan

Koh Phangan is activity central, so make the most of the kite surfing, wakeboarding and stand-up paddleboarding opportunities with a free day on Day 3. This evening, it's party time! Get your UV rave paint on then head to either the Full Moon or Half Moon Party. The next day is a free day for you to recover from that inevitable hangover. Who's off to the beach? [2B]

## DAYS 5-8 Koh Tao / Koh Samui

Cross over to the beautiful island of Koh Tao, perhaps best-known for its affordable scuba diving. On arrival, go on an orientation walk of Sairee Village before spending the rest of your day at leisure. The rest of your time on Samui is left open, so you can spend your days doing whatever you want. Do a one-off dive, sign up to an optional snorkelling trip to Nang Yuan Island or stay dry on one of the island's great hiking trails. Alternatively, cafe and bar-hop around town or put your name down for a yoga lesson. On Day 7, catch the ferry back to Koh Samui. All going to plan, you'll arrive early afternoon allowing you a good few hours to squeeze the East of Samui with your group. (2B)

Tour Code: BII



### ACCOMMODATION

Twin-share hotel or hostel [7 nts]



### INCLUDED MEALS

5 breakfasts



### TRANSPORT

Ferry, air con bus

AGE GROUP: Min 18

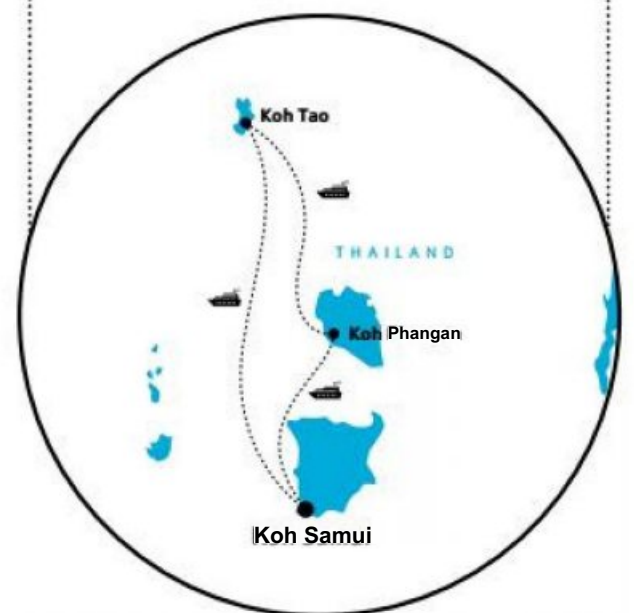
GROUP LEADER: Busabout crew

GROUP SIZE: Max 28

INCLUDED ACTIVITIES: Orientation walks of all islands, entry to either Half or Full Moon Party, all ferry and bus transport

DEPARTURES 2020:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
06	07	08	05	03	05	02	31	01	02	28	27







# BANGKOK

## BEST PLACE FOR...

- **Escaping:** Head to Bangkok's Green Lung, otherwise known as the in-city jungle of Bang Krachao.
- **Thai omelettes:** Fried in oil with pangs of vinegar, chilli and mustard seeds. Get the best on Sukhumvit Road.
- **Fun Sights:** At Maeklong Market, vendors scramble to get their goods out the way of a moving train daily.

### BUDGET



Approx USD  
\$30-35 per day

### CURRENCIES



Thai baht  
(฿)

### BEST TIME TO GO



Nov-Mar



6  
2KM  
→

BANGKOK NOI

ROYAL BARGE  
NATIONAL MUSEUM

BANGKOK NATIONAL MUSEUM

AMULET MARKET

THE EMERALD BUDDHA TEMPLE  
(WAT PHRAKAEW)

BANGKOK YAI

TEMPLE OF DAWN  
(WAT ARUN)

GRAND PALACE

WAT PHO

GIANT SWING

CHINATOWN

YAOWARAT

KLONG SAN

WONGWIAN YAI

SENA FEST

CHITRALADA  
ROYAL VILLA

THE MARBLE  
TEMPLE

GOLDEN  
MOUNTAIN  
TEMPLE

PRATUNAM

SIAM SQUARE

PATHUMWAN

LUMPHINI  
PARK

KLONG TAN NUJA

KLONG TOEI

BENCHAKITI  
PARK

SATHON



Our Locations



STA Travel Store



### LOVE AND BANANAS: <sup>FR</sup>£175 ELEPHANT EXPERIENCE FULL DAY



Trunks ahoy! Spend a day with the grey gentle giants of Bangkok on this full-day tour, and give them a good ol' scrub in the riven Top tip: for peak friend-making powers, bring bananas. A change of clothes is advisable - you will get wet!

BKKLAD

### PRIVATE COOKING <sup>FR</sup>£54 CLASS & MARKET TOUR HALF DAY



Join forces with your host on this private experience and learn how to rustle up a pad Thai. Pick up some fresh ingredients from the market for a three-course lunch, enjoy a hands-on cooking class at your host's home and serve up delicious flavours.

BKKPCC

### BEST OF BANGKOK <sup>FR</sup>£66 PRIVATE TOUR HALFDAY



See Bangkok's hotspots with this private tour and get a glimpse into the workings of this non-stop city. Discover hidden foodie gems, secrets and temples and hear local stories about what daily life is like for a local,

HKKWLB

### GORDON RAMSAY'S <sup>FR</sup>£41 FAVOURITE FOOD TOUR HALF DAY



Calling all foodies! Dine on a selection of ten street food tastings recommended by chef Gordon Ramsay himself, in his book 'World Kitchen'. Live like a local and taste must-try dishes, sample local delicacies and try mouth-watering Thai desserts.

BKK6CR

### WITHLOCALS: FLOATING <sup>FR</sup>£46 MARKETS & BOAT TOUR HALF DAY



Enjoy a tour of Bangkok's famous floating market with someone who knows it better than most - a local! Meet at the Bangwah BTS station in the morning and catch a taxi to the market. Once you've arrived, stroll past hundreds of delicious food stalls, hop on a boat for an off-the-beaten track canal ride and enjoy a tasty three-course lunch.

BKKBOT

### WITHLOCALS: MAGICAL <sup>FR</sup>£152 AYUTTHAYA DAY TRIP FULL DAY



Ayutthaya can feel like a big park, peppered with grand temples and rustic ruins - some woven with vines as nature starts reclaiming the area. This day trip from Bangkok includes return transfers in an air con car, entry to the complex itself as well as a private guide to take you around and tell you about the temples' histories.

GKKMAD

### WITHLOCALS: NIGHTLIFE <sup>FR</sup>£20 & NIGHT MARKET TOUR HALF DAY



Thailand's capital really comes alive at night, so what better way to see it than with someone who knows exactly where the best bits are? Start off with a visit to Wat Hua Lam Phong, an intricate hidden temple. Continue on to the Pat Pong Night Market and end up gorging on tasty Thai food in Silom. And it's all included!

BKKNMT

### THAI WELLNESS <sup>FR</sup>£631 BANGKOK - KOH TAO 8 DAYS



INDEPENDENT TOUR

Make time for you with a nine-day wellness bundle on the beautiful island of Koh Tao. Starting with a weekend in super-charged Bangkok, your transfer to Koh Tao takes you to a world of focus and reflection. Choose your wellness activity - Muay Thai, yoga or Crossfit - and enjoy boat trips, snorkelling and sightseeing on the side.

#### INCLUSIONS

Departs: Selected Fridays Accommodation: Hotels [8 nts] Meals: T breakfast Inclusions: Airport pick-up, all transfers, tour guide, activities as per itinerary Tour Code: STAT WE

### KHAO YAI NATIONAL PARK <sup>FR</sup>£466 3 DAYS



Discover Khao Yai, Thailand's first National Park, on a three-day tour. Starting in Bangkok, take a river cruise past the city's iconic sights before continuing on to Khao Yai. Explore the forest with a knowledgeable Park Ranger, see thousands of wrinkle-lipped bats zooming out of a cave and bed down in the luxurious Atta Resort.

#### INCLUSIONS

Departs: Monday, Tuesday and Wednesday Accommodation: Suite at Atta Lakeside Resort (2 nts) Meals: 2 breakfasts, 2 lunches, 2 dinners Transport: Private air con coach Tour Code: BKKKYN



## BABYSITTING AN ELEPHANT ON THE RIVER KWAI

PRICE  
FR £280

DURATION  
4 DAYS

ROUTE  
BANGKOK - BANGKOK



A real treat for animal lovers! Starting in Bangkok, grab dinner on arrival and make your way to Kanchanaburi early the next morning to visit the River Kwai Bridge and the Railway Museum. Day 3 is elephant day! Spend it preparing food for sick, abused and abandoned street elephants who are finally getting a fairer deal in life. You'll also help lead them to the river and give them all a good wash - a definite highlight! Head back to the capital on Day 4.

Tour Code: BKKEK

AGE GROUP: Min 18

GROUP LEADER: English-speaking guide on Day 1 & 2, assistance provided by camp staff on Day 3. No guide on Day 4.

GROUP SIZE: Max 10

INCLUDED ACTIVITIES: Entries to River Kwai Bridge, War Cemetery & Railway Museum, Elephant World Project excursion

ACCOMMODATION: Hostel (1 nt), guesthouse (2 nts)

MEALS: 2 breakfasts, 1 lunch

DEPARTS: Daily



## BANGKOK NIGHT MARKET & KANCHANABURI X

PRICE  
FR £534

DURATION  
4 DAYS

ROUTE  
BANGKOK - BANGKOK



Combine one of the most famous markets in the world with elephants and the Bridge on the River Kwai on this four-day adventure. Start in Thailand's capital on Day 1 and shop yourself silly in the Bangkok Ratchada Night Market. Head to Kanchanaburi on Day 2 and visit the infamous Death Railway and floating market, then spend a day meeting and feeding elephants at the nearby Elephant Sanctuary. Head back to Bangkok on Day 4.

Tour Code: BKKBNM

AGE GROUP: Min 18

GROUP LEADER: Local English-speaking guide

GROUP SIZE: Max 12

INCLUDED ACTIVITIES: Visits to Bangkok night market, Kanchanaburi floating market & Thai-Burmese Railway, elephant sanctuary excursion

ACCOMMODATION: Hotel (1 nt), guesthouse (2 nts)

MEALS: 3 breakfasts, 1 lunch, 1 dinner

DEPARTS: Daily (except Mondays)



## FLOATING MARKET & HOMESTAY

PRICE  
FR £285

DURATION  
2 DAYS

ROUTE  
BANGKOK - BANGKOK



Hop into your included transfer around Bam and head to the quaint village of Amphawa. The area is famous for its markets and locals flock here on weekends to bargain and barter. Explore the small, riverside villages via boat cruise before taking to bikes and discovering further afield. Tonight, enjoy some local hospitality with a homestay experience. On Day 2, visit the famous floating market with a knowledgeable guide then head back to Bangkok.

Tour Code: EJKKFMA

AGE GROUP: Min 18

GROUP LEADER: Local guides

GROUP SIZE: Max 12

INCLUDED ACTIVITIES: Village cycling tour, boat cruise, floating market visit

ACCOMMODATION: Amphawa homestay (1 nt)

MEALS: 1 breakfast, 1 dinner

DEPARTS: Daily





**TONG BAI ELEPHANT FOUNDATION** **FR£187**  
 HALF DAY


Spend the day with endangered Asian elephants at this not-for-profit foundation. From Chiang Mai, drive into jungly Mae Win to meet the grey giants. Learn about the foundation and tuck into a tasty Thai lunch before bath time down at the river.

CNXELF

**TUK TUK CLUB EXPERIENCE** **FR£105**  
 HALF DAY


See Chiang Mai from the seat of a tuk tuk on this exciting chauffeured adventure. Take in fascinating rural communities, go walking with and bathe elephants, hit the river on a bamboo raft and sit back in your very own private tuk tuk.

CNXTU6

**ELEPHANTS IN THE WILD, CHIANG MAI** **FR£731**  
 3 DAYS


All the elephants and mahouts you'll meet at this hilltribe village used to work in elephant camps in Chiang Mai, but were given the resources by the Mahout Foundation to return to their homes. See the animals back in their natural environment, and know that at least 25% of your spendage goes directly to support the mahouts.

## INCLUSIONS

Departs: daily Accommodation; Karen Village homestay (1 nt), camping (1 nt) Meals: 2 breakfasts, 3 lunches, 2 dinners Inclusions: Activities as per itinerary, English-speaking guide, drinking water Tour Code: CNXWIL

**HILLTRIBE HUT EXPERIENCE, CHIANG MAI** **FR£255**  
 3 DAYS


Head for the hills and take in the unique sights of northern Thailand. Set out from Chiang Mai into the surrounding region and absorb the local culture as you hike through remote villages and learn the secrets to jungle survival from local tribes. Spend two nights in traditional bamboo huts and really get away from it all.

## INCLUSIONS

Departs: Mon, Wed, Fri and Sun Accommodation: Hilltribe villages (2 nts) Meals: 2 breakfasts, 2 lunches, 2 dinners Tour Code: CNXHUT (Can also be done as a 5-day tour incl. a pre and post-stay in Chiang Mai: CNXHIL)

**RARINJINDA WELLNESS EXPERIENCE, CHIANG MAI** **FR£619**  
 4 DAYS


A real indulgence hideaway in the centre of Chiang Mai. Take a breather from your travels at the RarinJinda Wellness Spa & Resort, where it's all hydropools, onsens and soda baths (your guess is as good as ours) for four glorious days. Yoga, aerobics, daily treatments and delicious meals complete the zen circle.

## INCLUSIONS

Departs: Daily Accommodation: Deluxe room at RarinJinda Wellness Resort & Spa (3 nts) Meals: 3 breakfasts, 3 dinners Inclusions: Airport transfer, daily use of onsen or hydropool, yoga or aerobics class, 3 treatments, welcome drink and fruit Tour Code: CNXRAR

**GOLDEN TRIANGLE TREK, CHIANG MAI** **FR£308**  
 3 DAYS


Get off the beaten track in the Golden Triangle. From Chiang Mai, trek to a number of villages and witness everyday life in their indigenous communities, where you'll stay in dorm-style rooms with very basic facilities - so leave the rider at home! After a three-hour boat trip on the Kok River (and a hot spring pit stop), return to Chiang Mai.

## INCLUSIONS

Departs: Daily Accommodation: Basic hotel (2 nts) Transport: Transfer from accommodation, motorboat Meals: 2 breakfasts, 3 lunches, 2 dinners Group Size: Min 2 Tour Code: BKKG3D

**THAI ELEPHANT CONSERVATION, MAE TAENG DISTRICT [CHIANG MAI] 1-2 WEEKS** **FB£436**


The founder of this park, Lek Chailert, cares for elephants rescued from cruel tourism and logging practices, winning herself the enviable title of Hero of the Planet! Volunteer your time to help with tasks like food preparation, feeding and maintenance, and learn about the elephants' lives and the challenges they can face.

## INCLUSIONS

Departs: Mondays Getting There: Return transfers from Chiang Mai project office Accommodation: Volunteer huts (6 nts) Meals: 3 meals a day (vegetarian only) Note: Reasonable fitness level required Tour Code: BKKELE I S,



# ELEPHANT HILLS JUNGLE LAKE SAFARI

PRICE  
FR £679

DURATION  
3 DAYS

ROUTE  
KHAO SOK - KHAO SOK



### DAY 1 Khas Sok National Park

Bedding down in luxury tents and tending to elephants may sound like a dream, but it doesn't have to be just that! Elephant Hills is one of Thailand's most well-loved organisations, and now winner of a 2019 PATA Grand Award for their environmental projects, which includes the Famous Elephant Conservation project (visited on this trip) and their new CCh Offset Programme. Pick-up can be from any of the locations mentioned to the right, with transfers all the way to the Elephant Hills Camp. Relax on arrival with a canoe trip down the Sok River before the main event. Head to Elephant Experience and help to feed and interact with Asian elephants. Meet the mahouts that look after them and find out just what it takes to be an elephant caretaker. That evening\* enjoy panoramic views of the jungle from the camp. (L, 0)

### DAYS 2-3 Khao Sok National Park

Explore Cheow Larn Lake by longtail boat. Cruise across the waters and keep your eyes peeled for wild elephants and rare Asian ox. If you're really lucky, you may spot a leopard or tiger. They're rare, but they are here. After that, it's time to head to the floating Elephant Hills Rainforest Camp. This is one of the world's only floating camps and it's situated right in the heart of the national park. Settle in to your luxury safari tent, then head out on a trek through the jungle. Wake up the next morning to the sounds of gibbons\* while the clearing mist unveils the true beauty of the lake. Transfers are available to any of the destinations on the right. Note that if you're booking a flight on Day 3\* it should not depart earlier than 7pm. (28\* 2L, D)

Tour Code: ELEJLS



#### ACCOMMODATION

Luxury safari tent [1 nt], luxury safari tent in floating Rainforest Camp (1 nt)



#### INCLUDED MEALS

2 breakfasts, 3 lunches, 2 dinners



#### TRANSPORT

Minibus, long tail boat

AGE GROUP: Min 7  
GROUP LEADER: Local guide  
INCLUDED ACTIVITIES: Return transfers to/from Koh Samui, Phuket, Khao Lak, Krabi, Surat Thani\* Sok River canoe trip\* Elephant Hills Conservation Project visit, Cheow Larn Lake longtail boat ride, jungle trek  
DEPARTS: Daily

INCLUDED DOOR TO DOOR TRANSFERS		
Location	Distance	Time
Phuket	170km	3.5 hours
Phuket Airport	143km	3 hours
Krabi	138km	3 hours
Khao Lak	87km	2.5 hours
Khanom	190km	4 hours
Surat Thani	109km	2.5 hours
Don Sak Pier	185km	3 hours
Koh Samui incl. Ferry		5.5 hours



# ELEPHANT HILLS JUNGLE SAFARI

PRICE  
FR £579

DURATION  
3 DAYS

ROUTE  
KHAO SOK - KHAO SOK



### DAY 1 Khao Sok National Park

Swap wild island nightlife for wilderness adventures, travelling deep into the jungle-covered peaks of Khao Sok National Park. As southern Thailand's largest rainforest, it's a great place to get off the map and wind down. Head to the luxury Elephant Hills Camp and enjoy a peaceful canoe trip down the Sok River. Next up, a visit to the amazing Elephant Hills Conservation Project, where you'll get the chance to feed, bathe and hang out with the resident ellies. Learn the ropes from the resident mahouts (elephant carers) and witness first hand what it takes to work alongside the largest land mammal on earth. Later, grab a drink and watch the sun set over the misty mountains before settling down in your luxury safari tent. This is one memorable night's sleep. (L\* D)

### DAYS 2-3 Khao Sok National Park

Listen to the sounds of gibbons and birds over your morning coffee, then head out to explore Cheow Larn Lake, a hideout for communists and students opposing the military dictatorship in the 70s. This man-made lake is surrounded by limestone mountains, and comparisons are often drawn with Vietnam's Halong Bay. Return to Elephant Hills for dinner, where the jungle bar will be open for business. On Day 3\* a jungle trek gets you close to the rain forests' resident wildlife, namely hornbills, gibbons, macaques. After lunch, head back to camp and take your transfer to any of the destinations noted on the right, if you're booking a flight for Day 3\* it should not depart earlier than 7pm. You won't get there in time! (2B, 2L, D)

Tour Code: HKTJU2



#### ACCOMMODATION

Luxury safari tent with western-style bathroom and hot shower (2 nts)



#### INCLUDED MEALS

2 breakfasts, 3 lunches, 2 dinners



#### TRANSPORT

Minibus, long tail boat

AGE GROUP: Min 4  
GROUP LEADER: Local guide  
INCLUDED ACTIVITIES: Return transfers from/to Krabi\* Surat Thani, Khanom, Don Sak, Koh Samui or Phuket\* Sok River cruise\* Elephant Hills Conservation Project visit, Cheow Larn Lake longtail boat ride, jungle trek  
DEPARTS: Daily

INCLUDED DOOR TO DOOR TRANSFERS		
Location	Distance	Time
Phuket	170km	3.5 hours
Phuket Airport	143km	3 hours
Krabi	138km	3 hours
Khao Lak	87km	2.5 hours
Khanom	190km	4 hours
Surat Thani	109km	2.5 hours
Don Sak Pier	185km	3 hours
Koh Samui incl. ferry		5.5 hours



#### 1 WE KNOW BECAUSE WE GO

"The elephants are so well looked after. Washing and feeding them was the highlight of my life. And who knew trunks were so hairy?! What a day\*."

JADE, SYSTEMS  
DEVELOPMENT MANAGER  
IN LONDON



## ELEPHANT HILLS RAINFOREST NATURE SAFARI

TM £640  
4 DAYS



SMALL GROUP ADVENTURE

Based in your very own luxury tent in the Elephant Camp, this trip combines an amazing elephant experience at Elephant Hills with something of a wildlife whirlwind. Take to the Sok River by canoe, paddle through a mangrove channel, take a traditional longtail boat across Cheow Larn Lake and trek through the rainforest.

### INCLUSIONS

Departs: Daily Accommodation: Elephant Camp (2 nts), jungle camp (1 nt) Meals: 3 breakfasts, 3 lunches, 3 dinners Inclusions: Activities as per itinerary, local English-speaking guide, air transfers Tour Code: HKTEL4

## ELEPHANT HILLS JUNGLE SAFARI

FR £393  
2 DAYS



SMALL GROUP ADVENTURE

Find a little luxury in the heart of the Khao Sok National Park, and meet the elephants of Elephant Hills. The project focuses heavily on animal welfare, so riding the animals is not allowed. Go, Elephant Hills! Overnight in a luxury safari tent, and enjoy a cruise down the Sok River and a walk in the surrounding jungle.

### INCLUSIONS

Departs: Daily Accommodation: Luxury jungle tent with hot water, fan & mozzie nets (1 nt) Meals: 1 breakfast, 2 lunches, 1 dinner Includes: Hotel pick-up from various locations, guides Note: Free airport pick-up only available on selected flights. Flights should not depart before 7pm on Day 2 Tour Code: HKTJUNi

## CHEOW LARN LAKE ELEPHANT EXPERIENCE

FR £348  
3 DAYS



INDEPENDENT TOUR

Sign up for peace and quiet, stunning nature excursions and elephants. Spend one night at the Khao Sok Riverside Cottages, the other on a floating bungalow, and enjoy rainforest treks, longtail boat rides and tasty food throughout. The best part? Get the chance to feed and bathe your own elephant, Somboon!

### INCLUSIONS

Departs: Daily Accommodation: Riverside cottages (1 nt), floating bungalow (2 nts) Meals: 2 breakfasts, 1 lunch Inclusions: Return transfers, English-speaking guide, entry Fees as per itinerary Tour Code: HKTHHE

## KHAO SOK ADVENTURE

FR £408  
4 DAYS



INDEPENDENT TOUR

Set amid hectares of thick jungle, waterfalls, limestone cliffs and topped off with an island-studded lake, Khao Sok is the perfect antidote to the parties of Phuket and Phi Phi. Explore it all with jungle treks, canoe rides down the Khao Sok River and explorations of Cheow Larn Lake.

### INCLUSIONS

Departs: Daily Accommodation: Single, double, twin or multi-share room in Morning Mist Resort (3 nts) Meals: 3 breakfasts, 1 lunch Transport: All transfers included Tour Code: HKTKSA

## AAVA RESORT & SPA, KHANOM

FR £112 s^ FR £56 DOUBLE

TWIN/



CLASS ACT



### INCLUDES BREAKFAST

A hidden beach retreat on Thailand's Central Gulf Coast, this is the place to come if you're looking to get away from it all and really switch off.

**LOCATION:** Right on the sands of Mandan Beach in the small seaside town of Khanom. The Samet Chun Waterfall is six kilometres away, and the ferry port to Koh Samui is around 20 kilometres away.

**VIBE:** This Scandinavian-influenced luxury hotel is definitely off the beaten track; perfect for anyone looking for some peace and quiet.

**HIGHLIGHTS:** Bungalows • Villas - Air con - Private terrace • Blackout curtains ■ In-room safe \* Flatscreen TV • Outdoor pool \* Bar • Restaurant - Pizzeria • Cafe • Spa • Massage services • Hot tub

STAY 5 PAY 4= 0 11AN20-3 10CT20; EARLYBIRD OFFER: 10% OFF WHEN YOU BOOK 1E6+ DAYS IN ADVANCE FOR TRAVEL 01JAN20-31DCT20;

KH1AAV



# KOH PHI PHI & THE ANDAMAN ISLANDS



## ALL BAREFOOT & BEAUTIFUL

Koh Phi Phi is quintessential Thailand in every way, from the jungly limestone cliffs and lively beach bars to some of Southeast Asia's best scuba diving sites. Plus, it's just a quick ferry ride from Phuket and Krabi! Get up close to the monkeys on Monkey Island and catch the rays on Phi Phi Don. Keep in mind that access to Maya Bay is restricted in a bid to protect the marine environment (the beach is closed to the public), but you can still access the bay on registered boat tours.



### 1 BAYVIEW RESORT, LAEM HIN (KOH PHI PHI)

INCLUDES BREAKFAST

**LOCATION:** Hillside among tropical jungle, overlooking Laem Hin Beach\* Enjoy free transfers to and from the pier and village\*

**VIBE:** One for the nature lovers (as well as the other kindj, enjoy split-level bungalows and beachside dining on this remote island\*

**HIGHLIGHTS:** Private villas • Air con • Daily housekeeping

\* Outdoor pool • Jacuzzi • Swim-up bar • Bar • Restaurant • Barbecue area • Massage services • Laundry

**BOOKING INFO:** STAY 4 PAY 3, STAY 7 PAY 5, STAY 10 PAY 7: 16APR2 0-31OCT20

K BVBAY



Ffi£68<sup>5</sup> ^  
FR£34 DOUBLE TWIN/



### 2 PHI PHI NATURAL RESORT, KOH PHI PHI:

INCLUDES BREAKFAST

**LOCATION:** This beachside resort is sat on the northern shores of Phi Phi Don, 45 kilometres off the coasts of Phuket and Krabi,

**VIBE:** Choose from spacious townhouse-style rooms or cottages at this laid-back resort, complete with private beach.

**HIGHLIGHTS:** Private rooms ■ Cottages ■ Air con ♦ Room service \*

Outdoor pool ■ Private beach • Bar • Restaurant \* Cafe ■ Massage services ♦ PADI dive centre ♦ 2 4-hour reception

**BOOKING INFO:** STAY 4 PAY 3, STAY 8 PAY 6 = 0 IMAR2 0-31OCT20; EARLYBIRD OFFER: 1 5% OFF WHEN YOU BOOK 80+ DAYS IN ADVANCE £1 ML OFF WHEN YOU BOOK 60+ DAYS IN ADVANCE " FOR TRAVEL 1 JAN20-3 OCT20

PHZPHP



FH£84<sup>^</sup>  
Ffi£42 TWIN/

## PHI PHI ISLAND VILLAGE BEACH RESORT



FR£167s<sup>^</sup>

FR£84 DOUBLE TWIN/

INCLUDES BREAKFAST

**LOCATION:** On the coast of Loh Ba Gao Bay, overlooking the Andaman Sea on Phi Phi Don\* Think 70 acres of coconut trees, tranquil gardens and near perfect serenity\*

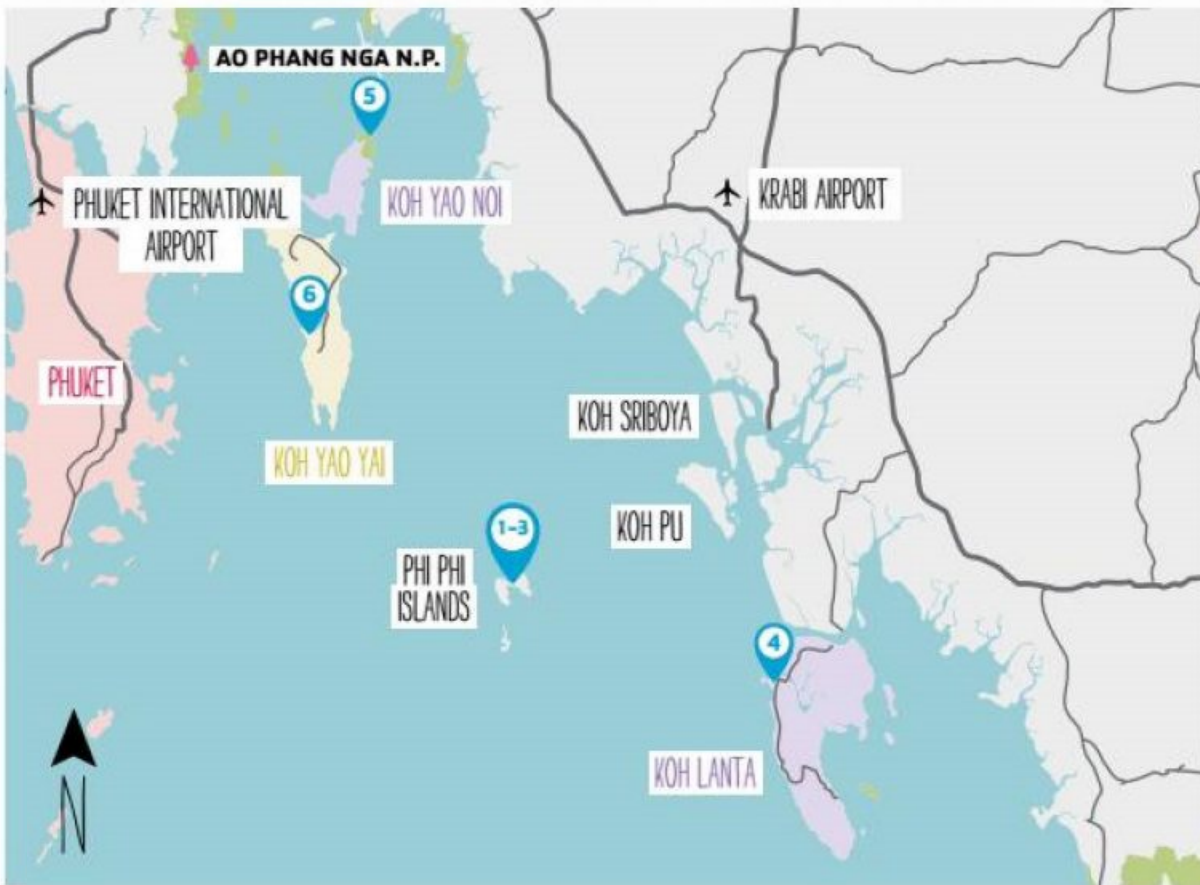
**VIBE:** Private beach, infinity pools, thatched-roof Thai bungalows\*, it's no wonder this is one of Koh Phi Phi's most exclusive resorts\* Live the barefoot life and treat yourself to one of the most luxurious views imaginable,

**HIGHLIGHTS:** Private bungalows • Villas - Air con • Satellite TV • 2 infinity pools ■ 3 bars ■ 4 restaurants ■ Spa • Tennis courts • PADI dive centre ■ Marine discovery centre • 24-hour reception

**BOOKING INFO:** 5 EARLYBIRD OFFER 1 5% OFF WHEN YOU BOOK 10+ DAYS IN ADVANCE £10% OFF WHEN YOU BOOK 30+ DAYS IN ADVANCE " FOR TRAVEL 01AFR3 D-1BDEC20; HONEYMOON OFFERS AVAILABLE

PHZOUT





## BUCKETLIST LOCATIONS

### KOH PHI PHI

A two parter. Phi Phi Don has the beaches and the parties, Phi Phi Leh is a relatively untouched day trip destination.

### KOH LANTA

A stone's throw from Phi Phi but way more relaxed, Lanta is the place to come if you're looking to take things down a notch.

### KOH YAO NOI AND KOH YAO YAI

Just a 30-minute boat ride from brash Phuket, these twin islands couldn't be more different. It's peace and quiet all the way.



### LANTA

#### CHA-DA, KOH LANTA

INCLUDES BREAKFAST -

**LOCATION:** Beautifully set on eight acres of prime white sandy beachfront at Lanta Vai Beach.

**VIBE:** Reflecting modern comfort with traditional Thai charm, this 196-suite beach resort is the ideal place to unwind.

**HIGHLIGHTS:** Private suites • Villas • Air con • Private balcony or terrace ■ Room service • Outdoor pool • 2 bars ♦ Restaurant • Spa and massage services • Gym • 24-hour reception

ONCE  
HONEYMOON OFFERS AVAILABLE

FR£64<sup>51NM</sup>  
«£32 S&

IAVCHA



### PARADISE

#### KOH YAO <sup>J</sup>KOHYAONOI

- IN ELUDE 5 BREAKFAST

**LOCATION:** Nestled on its own private palm-fringed bay, a 55 or 25-minute speedboat ride from Phuket or Krabi respectively.

**VIBE:** Treat the senses with yoga twice daily, fresh seafood dinners and one amazing infinity pool.

**HIGHLIGHTS:** Private rooms ■ Villas ■ In-room safe • Infinity pool • Private beach dub ♦ 2 bars ■ 2 restaurants • Spa • Yoga classes • Watersports available

IZI  
3  
ONCE  
HONEYMOON OFFERS AVAILABLE

EARLYBIRD OFFER: 25% OFF WHEN YOU BOOK 30+ DAYS IN ADVANCE FOR TRAVEL  
\* 01 APR 20-11 OCT 20: HON EYMQO N OFFERS AVAILABLE

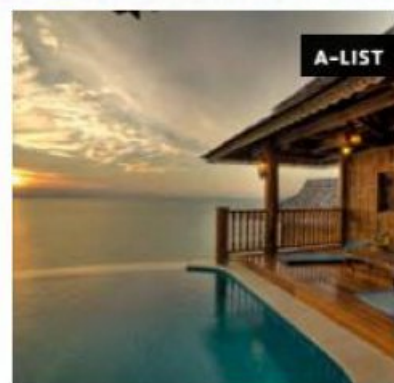
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FR£142<sup>A</sup>  
FB£7 I KX

## SANTHIYA KOH YAO YAI RESORT & SPA, KOHYAOYAI <sup>FH</sup>£1 12<sup>A</sup>

FR£56<sup>A</sup>



INCLUDES BREAKFAST

**LOCATION:** Koh Yao Yai is a champ on hidden beaches, wildlife and traditional fishing villages. Beachfront Santhiya is located right on the coast, 50 minutes from Phuket airport by car and speedboat.

**VIBE:** Where the environmentally-conscious meets all-out luxury. Despite its size (39 villas and 109 rooms), you won't have to sacrifice your privacy. This is a real VIP experience and one helluva view.

**HIGHLIGHTS:** Private rooms ■ Villas ■ Air con • In-room safe • Outdoor pool • Terrace ■ Garden ■ Bar • 7 restaurants • Private dining options • Beach dining options • Spa • Sauna • On-site shops • 24-hour reception

UUS  
ONCE  
HONEYMOON OFFERS AVAILABLE

EARLYBIRD OFFER: 10% OFF WHEN VMJ BOOK 10+ DAYS  
\* IN ADVANCE FOR TRAVEL 01 MAY 2 D-3 1 D CT 20

HBK5KR



**KOH TAO FUN DIVING****PRICE**  
FR £230**DURATION**  
7 DAYS**ROUTE**  
KOH TAO - KOH TAO

SMALL GROUP ADVENTURE

A great option for those who are already qualified to scuba dive and who want to do just that! No course, no test, no pressure - just lots of amazing moments exploring the fish-filled waters of Koh Tao. Enjoy ten fun dives plus one unique night dive, giving you the chance to see the thriving habitat from a completely different angle. You'll have a varied schedule throughout, planned carefully so you arrive at diving sites when they are at their quietest. Note, this diving bundle is only available to divers with at least an Open Water Diver certification.

**INCLUSIONS**

Departs: Daily Accommodation: Single, double or twin-share room in chalet (6 nts) Transport: Return transfers/ferry tickets are not included Meals: 1 meal per day Note: A refresher diving course may be required Tour Code: UDMFUN

**LEARN TO DIVE PADI OPEN WATER DIVER COURSE****PRICE**  
FR £233**DURATION**  
4 DAYS**ROUTE**  
KOH TAO - KOH TAO

SMALL GROUP ADVENTURE

To make the most of your time on this one, you'll need to complete your dive theory online before you arrive. This will allow you more time to relax in the paradise of Koh Tao as well as more time to practice your developing skill, diving up to 18 metres with your qualified instructor, it also means less homework! Which can only be a good thing. Groups are kept to a maximum of four to ensure your safety and enjoyment and a small, professional dive centre with experienced instructors will make learning easy. It's also incredible value for money.

**INCLUSIONS**

Departs: Daily Accommodation: Thai chalet (3 nts) Meals: 1 meal a day Group Size: Max 4 Includes: PADI Open Water Diver Course and certification fees, digital training materials and all scuba equipment Tour Code: FDKTL

**LEARN TO DIVE (PADI OPEN WATER COURSE)****PRICE**  
FR £345**DURATION**  
15 DAYS**ROUTE**  
KOH TAO - KOH TAO

SMALL GROUP ADVENTURE

Swimming, sunshine and scuba, sounds like heaven on earth to us. Make the most of a trip to gorgeous Koh Tao with a diving course that'll have you certified in just four days! You will get the chance to hang out on cool beaches and explore coral reefs while learning all about the art of scuba diving. Starting with an introduction to the gear and how to use it, your experienced instructors will then take you out on open water dives by boat, where you can spy colourful sea life as you swim through crystal-clear waters. The overall course is a mix of theory and practical.

**INCLUSIONS**

Departs: Daily Accommodation: 8-bed dorm or twin-share bungalow (4 nts) Meals: Not included Inclusions: Dive course, equipment, manual and certification Tour Code: FJJLEA

**LEARN TO DIVE WEEK****PRICE**  
FR £388**DURATION**  
7 DAYS**ROUTE**  
KOH TAO - KOH TAO

SMALL GROUP ADVENTURE

Spend a full week learning to dive on and off the coast of the beautiful island of Koh Tao. Safe in the company of a fully licensed instructor, you'll learn everything from the basics upwards to ensure you feel 100% confident when diving down into the depths of Thailand's tropical waters. This PADI Open Water Diver course includes theory sessions, shallow beach sessions and local open water dives to ease you in to things. Complete your theory online before arriving - it'll mean less homework time and more time relaxing and diving.

**INCLUSIONS**

Departs: Daily Accommodation: Single or twin-share room in Thai chalet (6 nts) Meals: 1 meal per day Includes: PADI Open Water Dive Course and certification fees, training manuals and all scuba equipment Tour Code: U DM LTD



# MYANMAR: HILLTRIBES & SUNRISES

SMALL GROUP ADVENTURE (18-33s)

PRICE  
FR £ 1,029

DURATION  
14 DAYS

ROUTE  
CHIANG MAI - BANGKOK



MYANMAR

## NEED TO KNOWS

- TRIP STYLE:** 18-to-Thirtysomethings
- AGE GROUP:** Exclusively for 18-39s
- GROUP LEADER:** Chief Experience Officer (CEO), local guides
- GROUP SIZE:** Max 18. Avg 12

DEPARTURES 2020/21:

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02 06	05 02 07	11 02 06	03	IS 05	10	07 04	04				
09 13	12 09 14	25 16 13	10	29 12	17	14 11	11				
16 20	19 23 26	23 20	24	19 24	21	18 16	16				
30 27	26	30 27		26 31	28 25	25					

## INCLUDED ACTIVITIES

- G for Good meal at Sanon Restaurant and Culinary Training School
- Fullday trekking excursion in Kengtung
- Sunrise temple tour in Bagan
- Orientation walk in Yangon

(\$ G Adventures

## HIGHLIGHTS



### BAGAN

Join a sunrise temple tour and watch hundreds of hot-air balloons float over this ancient city.



### 6 FOR GOOD

Visit Sanon Training Restaurant and Culinary School, a project in support of disadvantaged youth.



### BANGKOK

Calling all foodie fanatics! Thailand's capital is considered the best city in the world for street food.

### DAYS 1-3 Chiang Mai / Kengtung

Chiang Mai is a city that seamlessly combines modern living with traditional customs. Touching down here for Day 1, set out to explore its temples, sample some Thai food and soak up the city's down-to-earth charm. Next day, cross the border into Myanmar and travel inland to Kengtung, the capital of the Golden Triangle region. Enjoy quiet, pagoda-lined streets and the sense of tranquillity in a city crammed between mountains. Embark on an included Full-day trek through rice paddies and countryside dotted by hilltribes following a way of life that has changed little in centuries. (B)

### DAYS 4-8 Inle Lake/ Bagan

On Day 4, it's a quick flight to serene Inle Lake, home to the Intha tribe, stilt-house villages and Floating gardens. Witness locals getting around on traditional flat-bottomed skiffs, propelled by a single wooden paddle - a unique Intha technique of leg rowing. Explore by bike, take a cooking class, or tour the floating villages by boat. Later, board an overnight bus to Bagan, located on the banks of the Irrawaddy River and home to the world's densest concentration of Buddhist temples, pagodas and ruins. Hop on a sunrise temple tour, then spend the rest of the day at leisure. (4B)

### DAYS 9-12 Mandalay/Yangon

After breakfast at the G for Good Sanon Training Restaurant and Culinary School - a project providing accessible education and hospitality training for local young people - travel to Mandalay. Here, you can opt to visit a nearby village to get a glimpse into local life. Choose to explore Mandalay's ancient temples or visit the ancient royal capital of Amarapura, set on a lake where you can cross the world's longest teak bridge. On Day 10, catch a night bus to Yangon, Myanmar's largest city. Learn about the diversity of its cultures, communities and religions as you stroll the streets. You'll also be able to visit the Shwedagon Pagoda, the most sacred Buddhist site for the people of Myanmar. (J3B)

### DAYS 13-14 Bangkok

Fly back to Thailand and the frenetic capital, Bangkok. Dpt to head along to Wat Pho Temple to see the Giant Reclining Buddha, (a whopping 15 metres tall and 46 metres long), get your history fix at the Bangkok National Museum, or relax with a Thai massage. Alternatively, delve into urban life with some street food and enjoy a final night with the group. On Day 14, your adventure concludes and you are free to depart at any time. (B)

Tour Code: GAATTB

## LIKE THAT? TRY THIS—

- Customise your trip
- Balloons over Bagan  
Take to the skies over the temples of Bagan in a hot-air balloon. Fr £280
- Shorten your trip
- Myanmar Islands: Snorkelling & Village Hikes  
(11 days, Bangkok - Bangkok)  
(GAATBM) Fr£979



### ACCOMMODATION

Twin-share hotels (11 nts),  
overnight bus (2 nts)



### INCLUDED MEALS

9 breakfasts



### TRANSPORT

Private vehicle,  
public bus, plane



# CLASSIC MYANMAR ADVENTURE

SMALL GROUP ADVENTURE

PRICE  
PR £ 1,479

DURATION |  
14 DAYS

ROUTE  
YANGON - YANGON

- WE LOVE -

MYANMAR

## NEED TO KNOWS

- TRIP STYLE: **Classic**
- AGE GROUP: **Min 12**
- GROUP LEADER: Chief Experience Officer (CEO), local guides
- GROUP SIZE: **Max 15, Avg 12**
- DEPARTS: Sat & occasional Tue (Jan-Mar, Oct-Mar21), selected Sat (Apr-Sep)
- MY OWN ROOM: **frfsea**

## INCLUDED ACTIVITIES

- Mandalay combo entry ticket (includes most sights in Mandalay)
- Bagan Archaeological Zone guided tour
- Half-day Inle Lake boat tour, including floating villages
- Mingun boat trip
- Hilltribe hike
- Visits to Shwedagon Pagoda, Golden Rock, Reclining Buddha, Htauk Kyunt War Memorial, Amarapura, Shwemawdaw Stupa, Mahagandayong Monastery, U Bein Bridge & Mt. Popa
- Sagaing Hills Meditation Centre
- G for Good meal at LinkAge Training Restaurant



## HIGHLIGHTS



SHWEDAGON  
PAGODA

No visit to Myanmar is complete without a visit to this gold pagoda.



INLE LAKE'S FLOATING  
VILLAGES

Traverse the floating village streets by boat, just as the locals do.



MOUNT  
POPA

Brave the grabby monkeys to see this sacred monastery in all its glory.

### DAYS 1-2 Yangon / Kinpun (Golden Rock)

Yangon's historic streets and colonial-style charm will keep you busy on your first day, then kick off Day 2 with a visit to one of the world's most iconic pagodas, Shwedagon Pagoda. Take an hour's hike up to Golden Rock - a well-known Buddhist pilgrimage site - for an overnight stay. Your simple but beautifully located hotel awaits at the summit. (B)

### DAYS 3-5 Yangon/ Mandalay

On Day 3 you'll journey back to Yangon, stopping in Mingaladon to see the reclining Buddha or the Htauk Kyunt War Memorial. Back in Yangon, check out the markets and head to Chinatown for a feast. On Day 4, take an early flight to Mandalay, where you'll spy the Golden Monastery and Shwenandaw Monastery. Then it's off to the ancient royal capital of Amarapura. Visit the Mahagandayong Monastery, home to more than 1,000 monks, and travel by boat along the Elephant River to the village of Mingun. Opt to traverse the world's longest teak bridge - it's more than one kilometre long! (3B)

### DAYS 6-10 Bagan / Kalaw

Cruising down the Irrawaddy River, you'll stumble across ancient city Bagan, the first capital of the Burmese people and home to hundreds of temples and stupas. Mix with locals and get your hands on bargain-priced goods at the Nyaung Oo marketplace. A half-day trek up Mt. Popa brings you to Day 9, passing by food stalls and Burmese herbal remedy stores on the way. In Kalaw, meet a local hilltribe, breathe in cooler air and grab some scenic Insta ops. (SB, L)

### DAYS 11-14 Inle Lake / Yangon

Make for Inle Lake, home to the Intha people. Floating villages and gardens are a must-see in this densely vegetated spot, visiting the Pindaya Caves en route, an important Buddhist pilgrimage site. More than 8,000 Buddhas were placed here during the 18th and 19th centuries, and it is believed to be the most consistent collection of Buddhist iconography anywhere in Myanmar. On Day 13, fly Myanmar's length back to Yangon. Bid farewell to your travel group over a traditional dinner later this evening at the G for Good project LinkAge Training Restaurant. This not-for-profit initiative trains children and teenagers in the hospitality industry to help them secure jobs. Travellers here get to visit the restaurant and meet the students who receive housing, counselling and education. Your tour ends on Day 14. (4B, D)

Tour Code: GAABCB



#### ACCOMMODATION

Hotels (1.3 nts)



#### INCLUDED MEALS

13 breakfasts,  
1 lunch, 1 dinner



#### TRANSPORT

Private bus, public bus,  
plane, boat

## LIKE THAT? TRY THIS...

### Customise your trip

Balloons over Bagan  
Take to the skies over the temples of Bagan in a hot-air balloon. **Fr £280**

### Shorten your trip

The Heart of Myanmar  
(12 days, Yangon - Yangon)  
(GAABANG) **Fr £1,999**





# MAGICAL MYANMAR

PRICE  
FR £1,163

DURATION  
13 DAYS

ROUTE  
MANDALAY - YANGON



INDEPENDENT TOUR

## DAYS 1-3 Mandalay / U Bein / Bagan

Touch down in capital Mandalay and, the next day, get your bearings with a morning city tour by car, spotting the Mahamuni Pagoda and the Shwenandaw Monastery, the only Royal Palace building to survive the World War II bombings. Head south to the countryside by bike and experience the local culture of the U Bein community, also visiting the world's longest teak bridge. Day 3, travel via ferry along the Irrawaddy River towards Bagan. (2B)

## DAYS 4-8 Bagan / Nyaung Shwe / Kalaw

Get those wheels back into action with a full-day cycling tour of Bagan, taking in ancient sites including the Ananda Temple, the quintessential Myanmar village of Phwa Saw, and the magnificent Dhammayangyi Temple, dating all the way From 1170 AD! Opt For a hot-air

balloon ride over the site's Buddhist temples (Oct-Mar). We recommend booking this as early as possible; demand is high for a reason. On Day 6, set off for Nyaung Shwe and, next day, hop on a longtail boat for a cruise of Inle Lake. Take the train to Kalaw on Day 8. (5B)

## DAYS 9-13 Kalaw /Yangon

Hike to Myinmahti Village, inhabited by the ethnic Danu minority, and explore a 3 12-metre deep limestone cave. Yangon's up next, where you can wander its streets and tea houses. On Day 12., move your focus to the city's markets (the Indian market is one of our favs), visit Sule Pagoda and experience Yangon commuting like a local on the Circle Line train. The tour ends on Day 13. (5B)

Tour Code: MDLMMT



ACCOMMODATION

Deluxe rooms  
in hotel5 (12 nts)



INCLUDED MEALS

12 breakfasts



TRANSPORT

Bus, bike, train,  
Ferry, longtail boat

TRIP STYLE: Independent Tour

GROUP LEADER: English-speaking locally-stationed guides

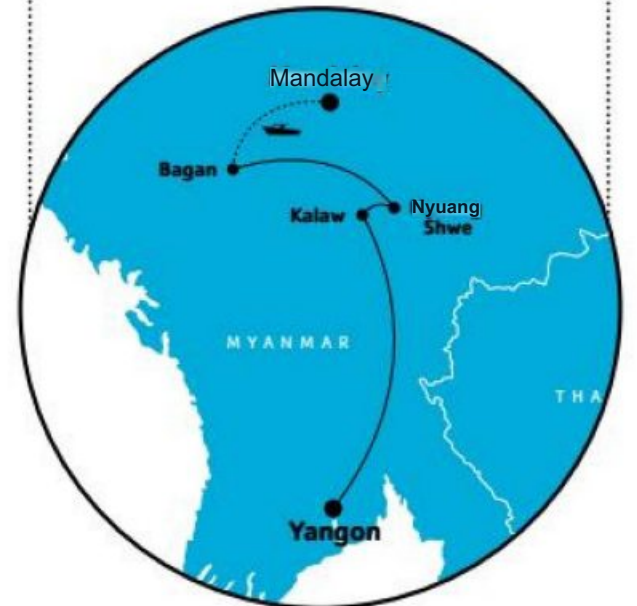
GROUP SIZE: Max 6

INCLUDED ACTIVITIES: All entry fees for the places mentioned, boat cruise on Inle Lake

DEPARTS: Daily



BAGAN, MYANMAR



# EXPERIENCE MYANMAR

PRICE  
FR £662

DURATION  
8 DAYS

ROUTE  
MANDALAY - YANGON



INDEPENDENT TOUR

## DAYS 1-2 Mandalay /Nyaung Shwe

All the settling in happens on your first day in capital Mandalay, but the real fun starts on Day 2 with a driving tour that takes you to the Mahamuni Pagoda, the Kuthodaw Pagoda, the Shwenandaw Monastery and local tapestry workshops. Take a leisurely bike ride in the countryside, then travel through Farmland to the local community of U Bein, and finish up at the U Bein Bridge at Amarapura. Catch the night bus to Nyaung Shwe. (B)

## DAYS 3-4 Nyaung Shwe

After breakfast, spend the day at leisure or sign up to optional activities like a half-day walk through the backwaters of Inle Lake, ending at May Nigone Monastery. Next up, a tongtail boat to the Nyaung Ohak Pagoda, and a visit to the holy Phaung Daw Oo Pagoda. (2B)

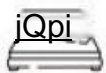
## DAYS 5-6 Nyaung Shwe / Bagan

Travel to Bagan by bus, and make the most of the region's temples over the next couple of days. Fancy something a little more special? Sign up to an optional hot-air balloon ride over the ancient site, and gain a completely new perspective on Myanmar's most treasured buildings from the skies. Tonight, board the overnight bus to Yangon. (2B)

## DAYS 7-8 Yangon

Make your final approach to Yangon, Myanmar's largest city, and opt for an afternoon tour of the Shwedagon Pagoda which comes in at an impressive 2,500 years old. Transfer to the airport on Day 8. (2B)

Tour Code: DTMMYA



ACCOMMODATION

Hotels (7 nts)



INCLUDED MEALS

7 breakfasts



TRANSPORT

Bus, bike, train,  
Ferry, longtail boat

TRIP STYLE: Independent Tour

GROUP LEADER: English-speaking locally-stationed guide

INCLUDED ACTIVITIES: Entry Fees for the places mentioned, boat cruise on Inle Lake

DEPARTS: Daily



NYUANG SHWE, MYANMAR





# CAMBODIA & VIETNAM: BONFIRES & BANH MI

SMALL GROUP ADVENTURE (18-39s)

PRICE  
FR £1,049

DURATION  
20 DAYS

ROUTE  
BANGKOK - HANOI

- WE LOVE -

3

CAMBODIA, VIETNAM & LAOS

## HIGHLIGHTS



### ANGKOR WAT

Spanning over 400km<sup>2</sup>, it's the world's biggest religious site.



### 6 FOR GOOD

Learn to make noodles with local hospitality students at Oodles of Noodles.



### HANOI OLD QUARTER

Narrow lanes filled with colonial-style houses and tasty street eats.

## NEED TO KNOWS

TRIP STYLE: 18-to-Thirtysomethings

AGE GROUP: Exclusively For 18-39s

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 18, Avg 12

DEPARTS: 17-22 departures per month (Jan-Dec), 23-28 departures per month (Jan-Mar)

## INCLUDED ACTIVITIES

- G for Good local Khmer meal
- G for Good Oodles of Noodles Project noodle-making demonstration
- Chambok homestay
- Halong Bay boat cruise
- Guided tour of Angkor Wat
- Orientation walks in Ho Chi Minh City, Hoi An, Hanoi & Phnom Penh
- Two street food crawls in different cities



G Adventures

### DAYS 1-5 Bangkok / Siem Reap / Angkor Wat / Phnom Penh

Arrive in the Thai capital at any time on Day 1 and visit one of the city's many temples before meeting your group this evening. Cross the border into neighbouring Cambodia on Day 2 and travel to Siem Reap where you can indulge in a traditional Khmer meal at the 6 for Good New Hope Training Restaurant. This outreach centre employs 24 people and provides free education and training to over a 1000 young people in the community. A guided tour of Angkor Wat fills Day 3. Built during the 12th century, it is an important site for both Hinduism and Buddhism. Upon arrival in Cambodia's riverside capital, get your bearings with an orientation walk and opt to learn about the country's dark past with trips to the Tuol Sleng Prison and the Killing Fields. This evening, a street food crawl awaits! (4B, 0)

### DAYS 6-9 Koh Rong / Chambok Homestay / Ho Chi Minh City

For the next two days, opt to go snorkelling, fishing or hiking in Koh Rong, or simply relax on the island's peaceful white beaches. On Day 8, tuck into a traditional meal at your village homestay in Chambok before crossing into Vietnam the following morning. In Ho Chi Minh City you can choose to see the Cu Chi Tunnels on a guided tour or visit the War Remnants Museum. Board an overnight train to Nha Trang on Day 10. (2B, D)

### DAYS 10-14 Nha Trang / Da Nang / Hoi An

In your free time, make the most of Nha Trang's sweeping crescent beach, visit the nearby mud baths or tour the area by motorbike. On Day 12, take a sleeper train to historic Hoi An where you can watch a noodle-making demo and have lunch at 6 for Good's Oodles of Noodles, a programme that provides at-risk youth with training and qualifications in hospitality. Don't miss the Japanese Covered Bridge, the most photographed sight in this UNESCO-listed city. (3B, L)

### DAYS 15-20 Hue / Phong Nha / Hanoi / Ha Long Bay

Continue your journey north to Hue. Choose to visit the Royal Citadel and tombs before exploring the caves of Phong Nha-Ke Bang National Park. Hop on another overnight train to Hanoi on Day 17 and transfer to Halong Bay for a seafood lunch cruise. Towering limestone pillars and scattered islands make this UNESCO World Heritage Site a photographer's dreamscape. On Day 19, wander the original narrow streets that make up Hanoi's ancient Old Quarter, opt to see Ho Chi Minh's Mausoleum or visit the Temple of Literature. Leave the mayhem of the city's scooter-filled roads and say goodbye to your co-travellers on Day 20. (bB)

Tour Code: GAATCV



#### ACCOMMODATION

Twin-share hotels or multi-share hostels (15 nts), sleeper trains (3 nts), homestay (1 nt)



#### INCLUDED MEALS

15 breakfasts, 1 lunch, 2 dinners



#### TRANSPORT

Local bus, air con bus, junk boat, local boat

### LIKE THAT? TRY THIS—

Shorten your trip

Cambodia: Ancient Ruins & Boat Rides  
[10 days, Bangkok - Ho Chi Minh City]  
[GAATRC] See page 108 Fr £4 99

Vietnam: Noodles & Nightlife  
[12 days, Ho Chi Minh City - Hanoi]  
[GAAVRV] See page 111 Fr £5 99





# ESSENTIAL VIETNAM & CAMBODIA

SMALL GROUP ADVENTURE

PRICE  
FR £1,399

DURATION  
17 DAYS

ROUTE  
HANOI - BANGKOK

## NEED TO KNOWS

TRIP STYLE : Classic

AGE GROUP : Min 12

GROUP LEADER : 1 Chief Experience Officer (CEO), local guides

GROUP SIZE : Max 15, Avg 12

DEPARTURES : 23-27 departures per month (Jan-Mar), 13-22 departures per month (Apr-Jun), 13-20 departures per month (Jul-Sep), 20-27 departures per month (Oct-Dec), 23-26 departures per month (Jan21-Mar21)

MY OWN ROOM: Fr £399

## INCLUDED ACTIVITIES

- G for Good local Khmer meal
- G for Good Oodles of Noodles Project noodle-making demonstration
- Halong Bay boat cruise with seafood lunch & dinner
- Imperial Citadel & Tomb entrance
- Cu Chi Tunnels entrance & tour
- Mekong Delta day trip
- Cyclo tour in Phnom Penh
- Tuol Sleng Genocide Museum & Killing Fields guided tour
- Two-day Angkor Wat entry & guided sunrise tour

 G Adventures

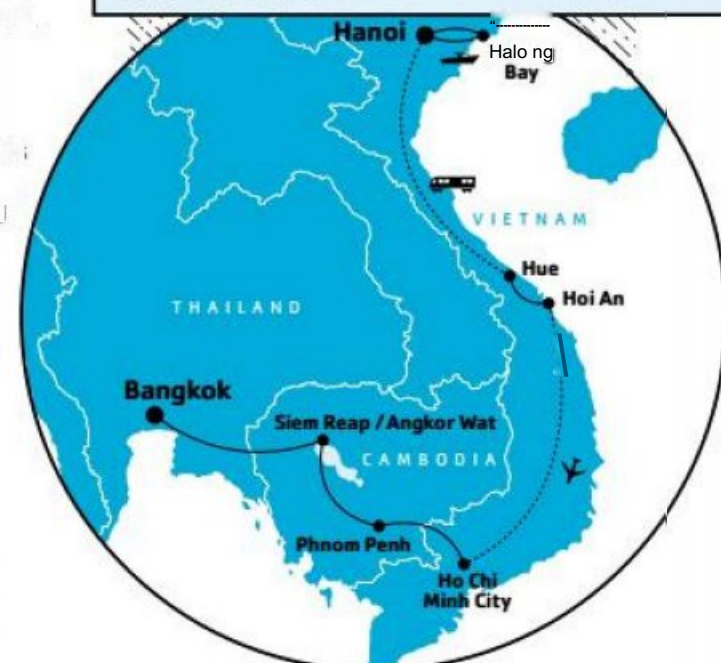
## LIKE THAT? TRY THIS-

Customise your trip

Phare Circus

A social ly-consdous circus with Cambodian culture at its heart

Fr£14



## HIGHLIGHTS



### HALONG BAY BOAT CRUISE

Hop aboard a traditional junk boat and indulge on fresh seafood.



### MEKONG DELTA DAY TRIP

The rice bowl of Vietnam is a maze of rivers, swamps and islands.



### ANGKOR WAT AT SUNRISE

Seeing the ancient temples bathed in golden light is worth the early start.

### DAYS 1-3 Hanoi /Halong Bay/Hanoi

Once you've checked into your Hanoi hotel, navigate the city's scooter-filled streets, get a taste for the (cheap) local beer and meander the historic Old Quarter, littered with open-fronted bars and trinket shops, before meeting your group this evening. The next day, you're off to see the limestone karsts of Halong Bay. And yes, it's just as dreamy as you imagined! Sail around the islands aboard a traditional junk boat and tuck into fresh seafood. After a night on deck, travel back to Hanoi to catch an overnight train to Hue. (2B, 2L, D)

### DAYS 4-9 Hue / Hoi An / Ho Chi Minh City

Once the imperial capital, Hue is surrounded by some of Vietnam's most beautiful countryside, scattered with historic temples and the tombs of Nguyen Emperors. Enjoy a guided tour of the Imperial Citadel, Royal Tomb and Tien Mu Pagoda. On Day 5, wind your way along the scenic Hai Van Pass en route to Hoi An. Over the next few days, discover the city's many markets, shops, craft stalls and restaurants. You'll also watch a noodle-making demonstration at G for Good's Oodles of Noodles, a project that provides hospitality training for at-risk young people. On Day 8, fly to hectic Ho Chi Minh City for a guided tour of the Cu Chi Tunnels, an immense network of tunnels used by the Viet Cong. (SB, Q)

### DAYS 10-12 Mekong Delta / Phnom Penh

Cruise along the serpentine waterways of the Mekong Delta, past floating markets, islands and rural villages, and get a feel for life on the banks of this mighty river. On Day 11, journey to Phnom Penh - once known as the Pearl of Asia - for a cyclo tour of Cambodia's capital. After a sobering visit to Tuol Sleng Prison and Choeung Ek (the Killing Fields) on Day 12, you'll have free time sample the city's thriving cafe culture, see the Royal Palace or wander its leafy streets and colourful markets. (3B)

### DAYS 13-17 Siem Reap/Bangkok

On Day 13, travel to Siem Reap, gateway to ancient Angkor Wat. Fancy a night out? Head to Pub Street for lively bars and cocktails by the bucketload (they're literally served in buckets). Don't stay out too late though as it's an early start on Day 14. Watch the sun rise over the UNESCO-listed site and explore its numerous temples before enjoying a traditional Khmer meal at the G for Good New Hope Training Restaurant. Travel to bustling Bangkok on Day 15. The city's notorious nightlife makes it the perfect place for a final blowout. Your tour ends on Day 17. (SB, D)

Tour Code: GAAEV



### ACCOMMODATION

Hotels [14 nts], sleeper train (1 nt), junk boat (1 nt)



### INCLUDED MEALS

15 breakfasts, 3 lunches, 2 dinners



### TRANSPORT

Train, local bus, air con bus, plane, cyclo, boat



## MEKONG RIVER ENCOMPASSED

PRICE  
FR £1,479

DURATION  
10 DAYS

ROUTE  
SIEM REAP - HO CHI MINH CITY



### DAYS 1-3 Siem Reap /Koh Chen / Kampong Chhnang

Arrive in Siem Reap in time for an early start on Day 2 to chase the sunrise at Angkor Wat, lunch at G for Goods New Hope Project and board the riverboat! Set sail for the island of Koh Chen to meet a Khmer Rouge survivor, then on to Kampong Chhnang, one of the biggest Floating villages on the Tonle Sap River. [2B, 2L, 20]

### DAYS 4-5 Phnom Penh

Cruise to Kampong Tralach to see the local vihara [Buddhist monastery] and Wat Kampong Tralach Leu Pagoda. End Day 4 with a cyclo tour of Phnom Penh. After sobering visits to the Tuol Sleng Prison and the Killing Fields, enjoy an on-board Apsara show. [2B, L, D]

### DAYS 6-7 Sadek/Vinh Long

Cross the border into Vietnam and say hello to some feathery friends at the Tra Su Bird Sanctuary. Visit the Kien An Cung Pagoda before continuing to Vinh Long. Next, sail to Cai Be by local boat and drop anchor near Thoi Son Island. (2B, L, 2D)

### DAYS 8-10 My Tho / Ho Chi Minh City

Visit the ornate Vinh Trang Pagoda, home to colossal Buddha statues, and voyage to Thoi Son Island. Day 8 is your last night on board, so it's farewell cocktails and captain's dinner time. The final leg of the journey takes you to lively Ho Chi Minh City where you'll disembark and visit the Cu Chi Tunnels. (3B, D]

Tour Code: GAAOLZSE



#### ACCOMMODATION

Riverboat (7 nts),  
hotels [2 nts]



#### INCLUDED MEALS

9 breakfasts,  
4 lunches, 6 dinners



#### TRANSPORT

Riverboat,  
private vehicle

TRIP STYLE: Marine

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 20

INCLUDE D ACTIVITIES: 6 for Good visit to New Hope Project, cyclo tour, riverboat cruise, Apsara show, Vinh Long excursion, guided tours of Angkor Wat, Thoi Son Island cottage industries, Cu Chi Tunnels & Killing Fields, visits to Chnok Tru Village, Koh Chen Island, Tra Su Bird Sanctuary, Kien An Cung & Vinh Trang pagodas

DEPARTS: Selected Mon, Wed & Sat

G Adventures



LIKE THAT? TRY THIS...

Mekong River Cruise  
8 days (GAAVVSZW)

Fr £1,329

## CAMBODIA & LAOS MEKONG ADVENTURE

PRICE  
FR £1,299

DURATION  
15 DAYS

ROUTE  
BANGKOK - BANGKOK



### DAYS 1-3 Bangkok/Siem Reap

After a night in buzzing Bangkok, travel to Siem Reap in Cambodia to explore the temples of Angkor Wat, once the capital of the Khmer Empire and a UNESCO-listed site since 1992. Later, sample a traditional Khmer meal at G for Good's New Hope Project which provides hospitality training to local young people. (2B, D)

### DAYS 4-7 Phnom Penh /Kratie / Don Khong

Cambodia's capital Phnom Penh is up next. Learn about the country's dark past with visits to Tuol Sleng Prison and the Killing Fields. Opt to spot the Mekong's rare Irrawaddy dolphins on Day 6, then cross into Laos on Day 7 and travel to Don Khong, the largest of the Four Thousand Islands archipelago. This is the widest stretch of the Mekong River and arguably the prettiest. (4B)

### DAYS 8-11 Dong Deng / Luang Prabang

Stay with locals on Dong Deng Island and taste some traditional cuisine. On Day 9, continue to the old French town of Luang Prabang where you can take a trip to Kuang Si Waterfalls and experience almsgiving. You'll need to be up before dawn to see the town's saFron-dad monks receive their morning food offering. [3B, D]

### DAYS 12-15 Vang Vteng / Vientiane / Bangkok

Travel to Vang Vieng, nestled along the Nam Song River and surrounded by limestone karsts. Opt to cycle, kayak or go caving here. Stop in one of Asia's sleepest capitals, Vientiane, before finishing up in Bangkok on Day 15. (3B)

Tour Code: GAATCM



#### ACCOMMODATION

Hotels/guesthouses (12 nts),  
basic family homestay (1 nt),  
sleeper train (1 nt)



#### INCLUDED MEALS

12 breakfasts, 2 dinners



#### TRANSPORT

Private bus, local bus,  
plane, boat, train

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 15, Avg 12

INCLUDED ACTIVITIES: G for Good visit to New Hope Vocational Training Restaurant, Don Deng homestay, Angkor Wat tour, Tuol Sleng Prison & Killing Fields tour, Wat Phu Champasak tour. Ethnology Museum entrance, Kuang Si Waterfalls trip

DEPARTS: Selected Sundays

MY OWN ROOM: Fr £299

G Adventures





# VIETNAM & CAMBODIA INTRO

SMALL GROUP ADVENTURE (TB'39s)

PRICE  
fr £1,526

DURATION |  
21 DAYS

ROUTE  
HANOI - SIEM REAP



## NEED TO KNOWS

- AGE GROUP: Exclusively 18-39s
- GROUP LEADER: Group Header,, local guides
- GROUP SIZE: Min 4, Max 20
- DEPARTURES: 2 D2( 3 )

C	U	A	M	J	J	J	A	S	O	N	D
20	09	06	05	02	06	05	06	03	03	02	20
	15	11	11	08	11	10	11	08	10	02	
	22	21	18	13	18	16	16	13	15	13	
	29	26	25	18	24	25	22	18	21	19	

Additional dates are available. Please ask for details.

## INCLUDEO ACTIVITIES

- Walking and rickshaw tour of Hanoi
- Hallong Bay boat trip with overnight stay on a private island
- Homestay in Ninh Binh with river boat cruise^ bike tour & viewpoint visit
- « Vietnamese cooking class in Hoi An
- \* Mekong Delta boat trip
- \* Cu Chi Tunnels tour
- Phnom Penh and Siem Reap tuk tuk tours
- \* S-21 Prison and Killing Fields tour
- Khmer cooking class in Kampot & river kayaking
- Koh Pong boat trip and Khmer massage
- Angkor Wat sunrise tour
- \* Pepper plantation and floating village
- \* Airport pick-up

## HIGHLIGHTS



### HALONG BAY

Take a junk boat to a private island and explore the bay by kayak.



### NINH BINH HOMESTAY

Stay with a local family in Vietnam's inland answer to Ha long Bay.



### ANGKOR WAT

Take a sunrise tour of the historic temples of Angkor Wat.

### DAYS 1-6 Hanoi /Halong Bay/NinhBinh

Starting in Hanoi, this action-packed tour brings you the best of Vietnam and Cambodia. Take an included transfer to your hostel and kick things off on Day 2 with a rickshaw ride through the capital's scooter-filled streets. If the city's frenetic pace is a shock to the system, then you'll be pleased to know that the next three days are all about R&R. Hop aboard a traditional junk boat and sail the emerald waters of Halong Bay to a private island. The limestone scenery continues on Day 5 as you head to your homestay in Ninh Binh. After a leisurely riverboat cruise and a bike ride in the countryside, climb to the top of Dragon Mountain in time for sunset on Day 6. Don't be put off by the 450 steps, we promise the views from the top are worth it! Tonight, a steeper train will whisk you away to historic Hoi An. (SB, 3L, 2D)

### DAYS 7-11 Hoi An / Ho Chi Minh City / Mekong Delta / Ho Chi Minh City

French colonial houses, Chinese temples and timber frame buildings strung with lanterns, the UNESCO-listed Old Town is an enchanting place to while away a few hours. Explore its atmospheric streets before a night out with your group. On Day 8, you'll be guided through coconut groves by local fishermen as you try your hand at crabbing. After your basket boat tour, learn to make classic Vietnamese dishes in a cooking class. Next fly to Ho Chi Minh City and transfer to the Mekong Delta. Here, you'll see how the locals live as you glide along the winding waterways by canoe. Return to the city via the Cu Chi Tunnels, a vast underground network dug by the Viet Cong during the war. (4B, 31, D)

### DAYS 12-15 Phnom Penh / Kampot

This leg of the tour takes you to Cambodia. Get to know Phnom Penh on a tuk tuk tour and learn about the country's troubled past with trips to the S-21 Prison and the Killing Fields. Spend Days 14 and 15 tubing, kayaking and relaxing in riverside Kampot. Visit a pepper plantation to source ingredients for your traditional Khmer cooking class. (4B, 2L)

### DAYS 16-21 Koh Rong / Siem Reap

Next up is the idyllic island of Koh Rong where you'll stay in beachfront bungalows. Cue three days of snorkelling, sunbathing and swimming. Unwind even more with an included Khmer massage. Saving the best for last, Siem Reap is your final stop. Set your alarm early for a sunrise tour of Angkor Wat. A local guide will tell you all about its fascinating history while showing you round some of the temples. Your tour ends on Day 21. (4B, L, D)

Tour Code: HANVAC



### ACCOMMODATION

Multi-share hostels (3 nts), twin/triple-share hotels (12 nts), overnight train (1 nt), overnight bus (1 nt), homestay (2 nt), overnight boat (1 nt)



### INCLUDED MEALS

17 breakfasts, 9 lunches, 4 dinners



### TRANSPORT

Plane, bus, train, boat, rickshaw, tuk tuk, bike

## LIKE THAT? TRY THIS...

### Shorten your trip

Vietnam Intro  
(12 days, Hanoi - Ho Chi Minh City)  
(VEITIN) Fr £926

Cambodia Intro  
(10 days, Phnom Penh - Siem Reap)  
(PNHCAM) Fr £684





## CAMBODIA & LAOS UNCOVERED

PRICE  
FR £1,020

DURATION  
9 DAYS

ROUTE  
LUANG PRABANG - SIEM REAP



TRIP STYLE:	Discoverer
AGE GROUP:	Exclusively for 18-35s
GROUP LEADER:	Trip Manager, local guides
GROUP SIZE:	Max 30
INCLUDED ACTIVITIES:	Luang Prabang bike tour, city tour of Vientiane; guided tour of Angkor Wat & Ta Prohm, visits to COPE Centre., Killing Fields, TREE Alliance Restaurant
DEPARTS:	3-5 departures per month (Jan-Nov), 4-7 departures per month (Dec20-Apr21)
MY OWN ROOM:	Fr £3 DO

### DAYS 1-2 Luang Prabang

Arrive at any time in Luang Prabang and meet your crew. Rise early the next day to see the Laotian ritual of offering alms to Buddhist monks, then explore the UNESCO-listed city by bike. Meet local artisans at the Ock Pop Tock Centre and opt to visit Kuang Si Falls. [B]

### DAYS 3-5 Vang Vieng

Known for its dramatic limestone karsts and adventure activities, Vang Vieng will keep you busy for the next two nights. Choose to explore caves, discover secret swim holes or go kayaking. On Day 5, leave the riverside cafés for the streets of Vientiane. Tour the city's ornate temples and take time out to help at the COPE Centre, a local charity working with landmine victims. (3B, L)

### DAYS 6 Vientiane / Phnom Penh

A short flight lands you amidst the shy smiles and tree-lined streets of Phnom Penh. Learn of the horrific Khmer Rouge rule at the Killing Fields and Tuol Sleng Genocide Museum, then lighten the mood at the life-changing TREE Alliance Restaurant. (B, D)

### DAYS 7-9 Siem Reap

Fly to Siem Reap, gateway to Cambodia's most-visited site and the world's largest religious monument. Spanning over 400 square kilometres, Angkor Wat aptly translates to 'temple city' in the Khmer language. Set your alarm early on Day 8 to see the sun rise over this vast, jungle-tangled complex. The tour ends on Day 9. (3B)

Tour Code: COLAKH



#### ACCOMMODATION

Twin-share  
3-4\* hotels (8 nts)



#### INCLUDED MEALS

8 breakfasts, 1 lunch, 1 dinner



#### TRANSPORT

Air con bus, minivan, plane



## LAOS: SUNRISES & STREET FOOD

PRICE  
FR £539

DURATION  
9 DAYS

ROUTE  
VIENTIANE - CHIANG MAI



### DAYS 1-3 Vientiane / Vang Vieng

Begin the tour in the Laotian capital of Vientiane where you can opt to visit the golden Phra That Luang. On Day 2, travel to picturesque Vang Vieng. Situated on the banks of the Nam Song River and backdropped by limestone karsts, it's one of the country's most beautiful areas with plenty of activities on offer. Enjoy a guided hike to Pha Ngeun for amazing views of the valley. (2B)

### DAYS 4-5 Luang Prabang

Upon arrival in Luang Prabang, find your bearings with an orientation walk before a sunset cruise on the Mekong River. Rise before dawn to watch Buddhist monks receiving alms from locals, then take a guided excursion to the tiered, turquoise pools of Kuang Si Waterfalls. (2B)

### DAYS 6-7 Mekong River / Pak Beng / Chiang Khong

Hop aboard a slow boat for a leisurely cruise down the Mekong on Day 6. Pass by sleepy villages and floating markets, and soak up the region's stunning scenery. Overnight at a G for Good Mekong River homestay before crossing into Thailand on Day 7. (2B, L, D)

### DAYS 8-9 Chiang Mai

Travel to Chiang Mai on Day 8. The city is famous for its street eats, so it would be a crime not to sample some. Look out for Khao Soi (curried noodles) and Sai Ua (spicy sausage). Browse for last minute souvenirs at the Famous night market and depart at any time on Day 9.

Tour Code: GAALVC



#### ACCOMMODATION

Twin-share hot els or multi-share  
hostels (7 nts), homestay (1 nt)



#### INCLUDED MEALS

B breakfasts,  
1 lunch, 1 dinner



#### TRANSPORT

Train, local bus,  
air con bus, slow boat

TRIP STYLE:	18-to-Thirtysomethings
AGE GROUP:	Exclusively for 18-39s
GROUP LEADER:	Chief Experience Officer (CEO)
GROUP SIZE:	Max 18, Avg 12
INCLUDED ACTIVITIES:	Mekong River G for Good homestay 8 Baci ceremony, guided hike in Vang Vieng, Mekong slow boat, orientation walk & sunset cruise in Luang Prabang, Kuang Si Falls excursion
DEPARTS:	19-24 departures per month (Jan-Apr), 16-22 departures per month (May-Aug), 15-20 departures per month (Sep-Dec), 19-26 departures per month (Jan21-Mar21)

**GAdventures**



LIKE THAT? TRY THIS--

Vietnam & Laos: Homestays  
& Houseboats

20 days (GAAVSC)

Fr£ 1,239



# CAMBODIA: ANCIENT RUINS & BOAT RIDES

SMALL GROUP ADVENTURE (IS-39sJ)

PRICE  
FR £499

DURATION  
10 DAYS

ROUTE  
BANGKOK - HO CHI MINH CITY

- WE LOVE -

## NEED TO KNOWS

TRIP STYLE: 18-to-Thirtysomethings

AGE GROUPS Exclusively for 18-39s

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 18, Avg 12

DEPARTURES: 3-5 departures per month (Jan-Apr), 17-22 departures per month (May-Aug), 17-20 departures per month (Sep-Dec), 23-26 departures per month (Jan21-Mar21)

## INCLUDED ACTIVITIES

- Local Khmer meal at a local restaurant
- Guided tour of Angkor Wat temple complex
- Chambok homestay
- Street food crawl

 **G Adventures**

## LIKE THAT? TRY THIS---

Customise your trip

Phare Circus

A socially-conscious circus with Cambodian culture at its heart

Fr £ 14

Extend your trip

Cambodia & Vietnam: Bonfires & Banh Mi (20 days, Bangkok - Hanoi)

(GAATCV) See page 103

Fr £ 1,049



## HIGHLIGHTS



### ANGKOR WAT

Its name means City of Temples in the Khmer language.



### KOH RONG

Ringed by sugary sand, this place is the definition of paradise.



### PHNOM PENH

You'll find a cool cafe culture and a hip bar scene in the leafy capital.

### DAYS 1-3 Bangkok / Siem Reap

A cornucopia of sights, sounds, smells and tastes, Bangkok is the perfect starting point to your Southeast Asian adventure. After checking into your hotel, make the most of your free time with a trip to the Grand Palace or Wat Pho Temple. On Day 2, cross the border into Cambodia and travel to Siem Reap where a delicious Khmer meal at a local restaurant awaits. On Day 3, explore the intricate temples of Angkor Wat, the world's largest religious monument and one of Asia's most-visited sites. The pink-hued temple of Banteay Srei - meaning Citadel of the Women - features some of the finest stone carving anywhere on Earth. (28, D)

### DAYS 4-5 Phnom Penh

The Cambodian capital of Phnom Penh is up next. Find your bearings with an orientation walk then check out its cafes, leafy streets and thriving markets. Alternatively, choose to learn about the country's sombre past with visits to Tuol Sleng Prison and the Killing Fields. Later, join your group for a street food crawl and dine on some of Cambodia's tastiest and most authentic snacks. Not all stalls will be suitable for vegetarians™ (2B)

### DAYS 6-8 Koh Rong / Chambok

Transfer to Sihanoukville, then hop on a boat to your own private beach on the island of Koh Rong. Its breezy, laid-back attitude will make sure you leave sufficiently recharged. Relax on white sands, opt for a massage (travelling's hard work isn't it?) and make the most of the island's fresh seafood. Nights without a large moon will also welcome the shimmering blue of phosphorescence to the shores, and an evening dip will be even more magical than usual. Travel back to the mainland on Day 8 and make for Chambok where you'll enjoy a traditional meal at your homestay. (B, D)

### DAYS 9-10 Ho Chi Minh City

Your final stop is Ho Chi Minh City, previously known as Saigon. Check out the city's rooftop bars and quirky restaurants, then pick up some souvenirs at Ben Thanh Market. Those with an interest in Vietnam's recent war history may want to visit the Reunification Palace and the fascinating War Remnants Museum. Another interesting place is Cholon, the Chinese Quarter. A cyclo will take you to any of these places., plus it's a fun (and cheap) way to travel. Your trip ends after breakfast on Day 10. (2B)

Tour Code: GAATRC



### ACCOMMODATION

Twin-share hotels or multi-share hostels (B nts), homestay (I nt)



### INCLUDED MEALS

7 breakfasts, 2 dinners



### TRANSPORT

Local bus, air con bus



## ULTIMATE CAMBODIAN ADVENTURE

**PRICE**  
FR£949

**DURATION**  
14 DAYS

**ROUTE**  
PHNOM PENH - PHNOM PENH



### DAYS 1-3 Phnom Penh/Battambang

Start with two days in Phnom Penh, and guided visits to the sobering Tuol Sleng Prison and Killing Fields. On Day 3, continue to colonial Battambang where you can opt to explore the countryside or hone your culinary skills with a cooking class. (ZB)

### DAYS 4-8 Siem Reap /Kratie /Kampong Cham

Siem Reap is next. Take a guided tour of Angkor Wat then enjoy a traditional meal at the G for Good New Hope Project, an initiative that helps young locals gain experience in the hospitality industry. An included boat trip along the Mekong River on Day 7 provides the opportunity to spot rare Irrawaddy dolphins, while Day 8 Features visits to the Bridge of Jayavarman VII, a silk farm and a rubber tree plantation. (4B, D]

### DAYS 9-12 Koh Rong/Kampot

Day 9 takes you to Kampot, the home of Bokor National Park, where you can explore Rabbit Island and sample the famous Kampot peppers. Travel to Sihanoukville on Day 11, then hop on a boat to sand-tastic Koh Rong, and your own private beach. Feast on fresh seafood, opt to go snorkelling or just chill out on the beach. (ZB]

### DAYS 13-14 Phnom Penh

Return to Cambodia's charismatic capital on Day 13 and take a city cyclo tour to see the places you didn't get to the first time around. In your free time, choose to visit the Royal Palace, National Museum and Central Market before heading home on Day 14. (2B)

Tour Code: GAAOPP



**ACCOMMODATION**

Hotels (13 nts)



**INCLUDED MEALS**

10 breakfasts, 1 dinner



**TRANSPORT**

Private van, local bus, cyclo, boat, tuk tuk, plane

**TRIP STYLE:** Classic

**AGE GROUP:** 12

**GROUP LEADER:** Chief Experience Officer (CEO), local guides

**GROUP SIZE:** Max 15, Avg 12

**INCLUDED ACTIVITIES:** G For Good visit to New Hope Vocational Training Restaurant, Angkor Wat tour, Mekong boat trip, Tuol Sleng Museum & Killing Fields tour, Phnom Penh cyclo tour

**DEPARTS:** Select id Saturdays

**MY OWN ROOM:** Fr £369



## CAMBODIA EXPERIENCE

**PRICE**  
FR £649

**DURATION**  
9 DAYS

**ROUTE**  
HO CHI MINH CITY - BANGKOK



### DAYS 1 -2 Ho Chi Minh City /Mekong Delta

Touch down in Ho Chi Minh City at any time and meet your group this evening. The next day, cruise past the villages, islands and floating markets of the Mekong Delta on an included boat trip. Visit traditional candy factories along the way and learn a little about the industry as well as how to snack like a local. (B)

### DAYS 4-6 Phnom Penh

Cross into Cambodia on Day 3 and make for the capital. Upon arrival, take a cyclo tour of the city. Day 4 starts with sobering visits to the Killing Fields and Tuol Sleng Prison. After, lighten the mood with optional trips to the Royal Palace and the National Museum, or take your haggling skills to the Central or Russian markets. (28)

### DAYS 5-7 Siem Reap / Angkor Wat

The next three days are spent in Siem Reap visiting Angkor Wat, the former capital of the Khmer Empire. Spend time exploring the vast ruins with a local guide and enjoy a traditional Khmer meal at a G For Good-supported project. Don't miss root-covered Ta Prahm (aka Tomb Raider Temple) or the Ba yon Temple, which is decorated with 216 gargantuan smiling faces of Avalokitesvara. (3B, D]

### DAYS 11-12 Bangkok

Arrive in bustling Bangkok in time For an optional Farewell meal with your group and a final blowout on neon-lit Khao San Road. The tour ends Day 9. (2B)

Tour Code: GAAVCW



**ACCOMMODATION**

Hotels [8 nts)



**INCLUDED MEALS**

8 breakfasts, 1 dinner



**TRANSPORT**

Local bus, air con bus, cyclo

**TRIP STYLE:** Classic

**AGE GROUP:** Mid12

**GROUP LEADER:** Chief Experience Officer (CEO), local guides

**GROUP SIZE:** Max 15, Avg 12

**INCLUDED ACTIVITIES:** Khmer meal at a G for Good project, Mekong Delta trip, Phnom Penh cyclo tour, Tuol Sleng Museum & Killing Fields tour, two-day Angkor Wat complex tour

**DEPARTS:** Almost daily (Jan-Mar, Dec-Feb21), 13-19 departures per month (May-Jul, Sep-Oct), 21-25 departures per month (Apr, Aug, Nov, Mar21)

**MY OWN ROOM:** Fr £229





## CAMBODIA EXPLORER

PRICE  
FR £725DURATION  
12 DAYSROUTE  
SIEM REAP - PHNOM PENH

## DAYS 1-3 Siem Reap

After transferring to your Siem Reap hotel., get to know your group over drinks on the aptly named Pub Street. The next day, learn how to make traditional dishes with a Cambodian cooking class before taking a tuk tuk to nearby rice terraces for a sunset barbecue. On Day 3, set your alarm early to see the sun rise over the sprawling temple complex of Angkor Wat. (L, D)

## DAYS 4-7 Phnom Penh / Kampot

The capital city is your next stop. Visits to the Killing Fields and Tuol Sleng Prison (5-2 I) are sobering experiences, but important ones. After learning about Cambodia's dark past, travel south to the riverside town of Kampot. Chill out on pontoons and enjoy an included river cruise.

## DAYS 8-10 Kampot/Koh Rong Samloem

We live for secret waterfalls, and that's exactly where you're headed on Day 8 - the perfect reward and end point to your jungle trek in Kampot. Next up is two nights in Koh Rong Samloem, a small island resort complete with over-water swings, hammocks and a private beach. (L)

## DAYS 11-12 Phnom Penh

Return to Phnom Penh on Day 11 for a final night with your group. Celebrate the end of an awesome trip with a farewell dinner followed by drinks, naturally! Check-out is on Day 12. (D)

Tour Code: TTUAOCX



## ACCOMMODATION

Hotels (11 nts)



## INCLUDED MEALS

2 lunches, 2 dinners



## TRANSPORT

Private minibus, boat

TRIP STYLE: Small Group Adventure

AGE GROUP: Min 18

GROUP LEADER: Group leader, local guide

GROUP SIZE: Max 20

INCLUDED ACTIVITIES: Cambodian cooking class, sunset barbecue, sunrise at Angkor Wat, Kampot river cruise, jungle trek, boat trip to Koh Rong Samloem

## DEPARTURES 2020:

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# VIETNAM: NOODLES & NIGHTLIFE

SMALL GROUP ADVENTURE (18-39s)

PRICE  
FR £599

DURATION  
12 DAYS

ROUTE  
HO CHI MINH CITY - HANOI



## HIGHLIGHTS



### NHA TRANG

A real double threat, thanks to its stunning beach and equally stunning nightlife.



### HOI AN

This small town captivates with its lantern-lit streets, dreamy atmosphere and old-world charm.



### HANOI

A whirl of five million motorbikes, crossing the capital's chaotic streets is an experience in itself.

#### DAYS 1-4 Ho Chi Minh City / Nha Trang

The first day is free for you to ease yourself into the frenetic pace of Ho Chi Minh City, but be sure to return to the hotel that evening to meet your new travel buds. On Day 2, opt to visit the fascinating War Remnants Museum, browse the Ben Thanh Market for a bite to eat or take a cyclo tour of the city's former Colonial Quarter before catching an overnight train to Nha Trang. The next couple of days are yours to relax, whether you hit the beach or soak in mud baths. Board sleeper train bound for historic Hoi An on Day 4. (2B)

#### DAYS 5-6 Hoi An

Upon arrival in Hoi An, find your bearings with an orientation walk. Meander through this living museum, visiting cultural sites such as Tan Ky House, a preserved 19th-century merchant's home. Head to G for Goods Oodles of Noodles Project on Day 6 for an included lunch and a noodle-making demonstration. This initiative helps at-risk youth develop their English language skills and gain experience in the hospitality industry. Filled with rows of tailors, Hoi An is the place to pick up a custom-made garment at a fraction of the price you'd pay back home. (B, L)

#### DAYS 7-10 Hue / Phong Nha / Hanoi / Halong Bay

Head north to Hue via the scenic Hai Van Pass. Here, options include a trip to the UNESCO-listed Royal Citadel (modelled on Beijing's Forbidden City) or a boat trip down the Perfume River. Fit in a visit to the city's oldest religious building, the seven-tiered Tien Mu Pagoda and the Imperial Tombs to explore the resting places of Vietnam's former rulers. After a trip to the magnificent caves in Phong Nha-Ke Bang National Park, catch a sleeper train to Hanoi. Pulling into the capital city early the next morning, catch a bus to famous Halong Bay for a leisurely boat cruise and a fresh seafood lunch. (4B)

#### DAYS 11-12 Hanoi

After breakfast, get to know Hanoi with an orientation walk of the city's Old Quarter. Opt to visit the Buddhist temple of Tran Quoc Pagoda, the Temple of Literature, the Hoa Lo Prison or Ho Chi Minh's Mausoleum. Follow this up with a walk around Hoan Kiem Lake and keep your eyes peeled for one of the famous 100-year-old turtles that live in its waters. In the evening, be sure to sample Hanoi's amazing eateries! The tour ends on Day 12 and you can leave at any time after breakfast. (2B)

Tour Code: GAAVRV



#### ACCOMMODATION

Twin-share hotel (2 nts), multi-share hostels [E nts], sleeper trains (3 nts)



#### INCLUDED MEALS

9 breakfasts, 1 lunch



#### TRANSPORT

Train, local bus, air con bus, boat

## NEED TO KNOWS

TRIP STYLE: 18+ - Thirsty & Active

AGE GROUP: Exclusively For 18-33

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 18, Avg 12

DEPARTS: 26-29 departures per month (Jan-Mar), 13-21 departures per month (Apr-Jun), 19-21 departures per month (Jul-Aug), 13-18 departures per month (Sep-Oct), 25-27 departures per month (Nov-Dec), 24-26 departures per month (Jan 21-Mar 21)

## INCLUDED ACTIVITIES

- G for Good Oodles of Noodles noodle-making demonstration
- Street food crawl in Hoi An
- Ha long Bay boat cruise
- Orientation walks in Ho Chi Minh City, Hoi An & Hanoi



Ask your in-store Travel Expert about our latest EXCLUSIVE DEALS

## LIKE THAT? TRY THIS...

### Extend your trip

Vietnam, Laos & Thailand:

Riversides & Railways

[22 days, Ho Chi Minh City - Bangkok]

[GAAVVL] See page 21

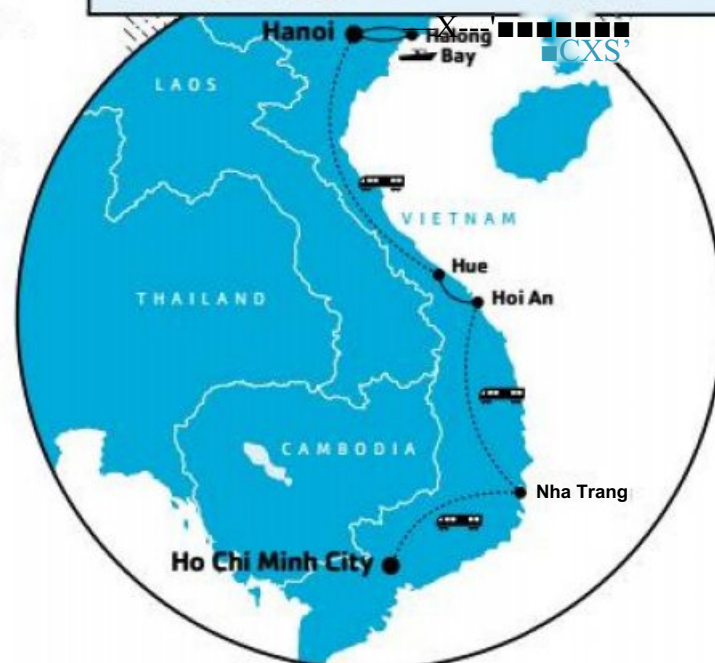
Fr £ 1,299

Cambodia & Vietnam: Bonfires & Banh Mi

[20 days, Bangkok - Hanoi]

(GAATCV) See page 103

Fr £ 1,049





# VIETNAM EXPERIENCE

EXCLUSIVELY FOR IB-35s

PRICE  
FR £1/15

DURATION  
12 DAYS

ROUTE  
HO CHI MINH CITY - HANOI

- WE LOVE -

## NEED TO KNOWS

- TRIP STYLE: In-Depth Explorer
- AGE GROUP: Exclusively for 18-35s
- GROUP LEADER: Trip Manager, local guides
- GROUP SIZE: Max 30

### 1 DEPARTURES 2020/21: I

£	Q	S	E	5	Aug	Q	3	Oct	2	S	IN	Fe	21	Mar
19	02	01	05	03	07	05	02	06	04	01	06	03	07	07
22	09	08	12	10	21	12	09	20	11	08	13	10	14	14
26	16	15	19	24	28	19	23	27	18	15	20	17	21	21
29	23	29	26			26			25	22	23	31	28	28

Additional dates are available. Please ask For details.

MY OWN ROOM: Fr £460

## INCLUDED ACTIVITIES

- \* Mekong Delta Special Stay
- \* Mekong Delta cruise & fishing
- \* Local musical performance
- \* Visit to Cu Chi Tunnels
  - Walking tour & bike ride In Hoi An
- \* Visit to War Remnants Museum
- \* Cyclo ride in Hue
- \* Visit \*to Thien Mu Pagoda & Imperial Citadel
- \* Visit to Temple of Literature
- \* Overnight Halong Bay cruise
- \* Visit to Ti Top Islands

contiki

### LIKE THAT? TRY THIS—

- Extend your trip
- Northern Vietnam Escape  
(5 days, Hanoi - Hanoi)  
(COSAPA) Fr£745
- Shorten your trip
- Vietnam Highlights  
(10 days, Ho Chi Minh City - Hanoi)  
(COVIHI) Fr £ 1,215

## HIGHLIGHTS



### SPECIAL STAY

Sleep on a traditional junk boat and wake up to views of Ha lo ng Bay.



### MEKONG DELTA CRUISE

Another on-water stay, this time on the mythical currents of the Mekong.



### CU CHI TUNNELS

Dug by the Viet Cong, these tunnels stretch over 2 50km underground.

### DAYS 1 -2 Ho Chi Minh City / Mekong Delta

Hectic Ho Chi Minh City (formally known as Saigon) is Vietnam's largest city and! the starting point of this 12-day tour. Tonight, meet your travel comrades before exploring the Ben Thanh Market where you'll find the freshest Pho (traditional noodle soup). End the evening on Pham Ngu Lao Street and toast the start of your trip with some ridiculously cheap beer. The next morning, start your journey along the waterways of the Mekong Delta. Try out the sampans (local boats), visit a tea garden, learn about local industries and see floating markets. A musical performance and dinner at your Special Stay tops off your second night in this compelling country. (B, L, D)

### DAYS 3-5 Mekong Delta / Ho Chi Minh City / Nha Trang

Day 3 takes you back to Ho Chi Minh City via the Cu Chi Tunnels. More than 250 kilometres of hand-dug tunnels honeycomb the ground. Make your way through part of the network to see underground traps, hidden doors and living areas used by the Viet Cong during the Vietnam War. On Day 4, learn more about the country's recent, troubled past with a trip to the fascinating War Remnants Museum before a flight to Nha Trang, Famous for its sweeping crescent beach and turquoise bay. Opt to soak in nearby hot springs or indulge in a mineral mud bath. (3B)

### DAYS 6-9 Nha Trang / Hoi An / Hue / Hanoi

Historic Hoi An is your next stop. On arrival, take a guided tour of the UNESCO-listed Old Quarter. You'll then have a free day to explore the city's galleries, antique shops and atmospheric, lantern-lit streets. If you have room in your suitcase for a new wardrobe, stop by one of the many tailors for bargain made-to-measure clothing. On Day 8, take a cyclo to Hue's Imperial Citadel before heading to the Thien Mu Pagoda for views of the Perfume River. Fly to Hanoi on Day 9. A fusion of French, Chinese and Vietnamese influences, the capital city is an assault on the senses - just crossing the road here is an experience in itself Visit the Temple of Literature, stroll down the wide Parisian-style boulevards or savour a bia hoi (cheap draught beer). (4B)

### DAYS 10-12 Hanoi / Halong Bay / Hanoi

Hop aboard a Chinese-style junk boat for an overnight cruise in Halong Bay. Check out the Sung Sot Caves before stopping for a swim amongst limestone karsts. Dock for sunset and be rocked to sleep by the ocean. On Day 11, return to Hanoi and opt for a final group dinner before your trip ends on Day 12. (3B, 2L, D)

Tour Code: COVIEP



### ACCOMMODATION

3\* hotels (9 nts), guesthouse (1 nt), junk boat (1 nt)



### INCLUDED MEALS

11 breakfasts, 3 lunches, 2 dinners



### TRANSPORT

Plane, private coach, junk boat





# VIETNAM EXPLORER

SMALL GROUP ADVENTURE

PRICE  
FR EL095

DURATION |  
17 DAYS

ROUTE  
HO CHI MINH CITY - HANOI



## NEED TO KNOWS

TRIP STYLE: Small Group Adventure

AGE GROUP: Min 18

GROUP LEADER: Group leader, local guide

GROUP SIZE: Max 20

DEPARTURES 2020:

C	A	U	A	M	J	J	5	Aug	B	Oct	6	Dec
02	01	07	07	12	03	04	08	08	13	04		
12	14	16	20	21	12	17	17	21	22	13		
	23	29	29		25	26	30	30		26		

## INCLUDED ACTIVITIES

- Ho Chi Minh City orientation walk
- Sand dunes tour & beach day in Mui Ne
- Kayaking & paddleboarding
- Lantern-making class in Hoi An
- Bamboo basket boat trip in Hoi An
- Open-top 4WD along Hai Van Pass
- Ziplining in Paradise Cave
- Cooking class in Hue
- Walking tour of Hanoi
- Ha long Bay boat cruise & Castaway Island stay
- Visits to National War Museum, Fairy Stream^ Phong Nha National Park, Imperial City & Train Street



## LIKE THAT? TRY THIS...

### Shorten your trip

Vietnam South  
(10 days, Ho Chi Minh City - Hoi An)  
(TTUAVVS) **Fr £595**

Vietnam North  
(10 days, Hoi An - Hanoi)  
(TTUAVVN) **Fr £745**



## HIGHLIGHTS



### SAND DUNES

Red and white dunes make Mui Ne a colourful stop on your itinerary.



### 8AM800 BASKET BOATS

Go crab fishing in Hoi An's water coconut forests in a Thung Chai.



### COOKING CLASS

Learn how to make Vietnamese dishes at a Hue cooking school.

### DAYS 1-3 Ho Chi Minh City / Mui Ne

Land in Vietnam's largest city at any time on Day 1 and take an included transfer from the airport to your hotel. Get to know your new travel buddies over a few drinks on lively Bui Vien Street, a famous backpacker haunt. Start Day 2 with an orientation walk and a visit to the National War Museum before travelling to the coastal town of Mui Ne. The next few days are spent sandboarding down enormous dunes and relaxing by the pool. You'll also get to cruise around the surrounding area in open-top 4WDs and splash through the ankle-deep Fairy Stream.

### DAYS 4-9 Nha Trang / Hoi An

Next up, Nha Trang. This coastal city boasts a sweeping crescent beach and a buzzing bar scene. Spend the evening wandering around the night markets, before heading to the resort of Ninhvana the following morning. It's up to you how you spend your two nights here. You can choose from paddleboarding, kayaking, bike tours, guided trekking and yoga classes. Your next stop is UNESCO-listed Hoi An where you'll cycle around the Old Town and learn how to make traditional lanterns. After a home cooked lunch with a local family on Day 9, jump in a bamboo basket boat and go crab fishing in the seven-hectare water coconut forest. (5B, L)

### DAYS 10-12 Hue/Phong Nha

Step this Hue! Roh out of Hoi An in an open-top 4WD and hit the Hai Van Pass, a famous coastal road that featured on 'Top Gear'. Day 11 and it's time to delve into the imperial city of Hue. Learn about the history of the nation's former capital with a visit to the Raya! Palace then whip up some traditional Vietnamese dishes in a cooking class. Once you're full of tasty food, head to Phong Nha to visit Paradise Cave - one of the longest cave systems in the world. Catch the overnight bus to Hanoi on Day 12. (B, 3L)

### DAYS 13-17 Hanoi /Halong Bay / Hanoi

Pull into the capital city early morning and head straight to a local cafe where you'll learn how to make classic egg coffee - that should make you feel more awake! Go on a walking tour, ending at Hanoi's famous Train Street, then spend the afternoon at leisure. Next, sail over to Castaway Island in Halong Bay for a few nights of beach partying, swimming and optional watersports. On Day 15, hop aboard a traditional junk boat and cruise to hidden lagoons and caves, before returning to Hanoi where your trip ends on Day 17. (2B, 3L, 2D)

Tour Code: TTUAVVX



### ACCOMMODATION

Twin-share hotels and multi-share hostels (14 nts), overnight train (1 nt), overnight bus (1 nt)



### INCLUDED MEALS

5 breakfasts, 7 lunches, 2 dinners



### TRANSPORT

Bus, 4WD, boat



# CLASSIC VIETNAM

SMALL GROUP ADVENTURE

PRICE  
FR £799

DURATION |  
10 DAYS

ROUTE  
HANOI - HO CHI MINH CITY



## HIGHLIGHTS



### GO WITH THE PHO

Vietnam's national dish! A soup made with chicken or beef broth, rice noodles and thinly sliced meat.



### HUE

On the banks of the Perfume River, this UNESCO-listed site was once the capital of the Nguyen emperors.



### HOI AN

This ancient town is an architectural fusion of Vietnamese, Chinese, Japanese and European influences.

#### DAYS 1-3 Hanoi /Haiong Bay/Hanoi

If you're a Foodie Hanoi is a must. And EVER if you're not it's a must. Touch down in Vietnam's capital at any time on Day 1 and head straight out in search of some street eats. Known as Chicken Street, Ly Van Phuc Street serves up seriously tasty barbie-cued poultry, while Bat Dan Street is the place to go for Pho - this noodle broth is Vietnam's national dish. After you've boosted your energy levels, make time to explore the Old Quarter, a mish-mash of French colonial and traditional architecture. On Day 2, kick back on an overnight cruise of Haiong Bay, where thousands of sculpted limestone karsts rise from the turquoise sea. Do swimming or kayaking before a sea food dinner aboard your traditional junk boat. Catch an overnight sleeper train to Hue on Day 3. (2B, 2L, D)

#### DAYS 4-7 Hue/Hoi An

Intricately decorated pavilions, lotus flower ponds and views of the Perfume River mark Day 4. On arrival in historic Hue, take a guided tour of the Imperial Citadel, Royal Tomb and Tien Mu Pagoda. If you're feeling adventurous, enjoy an optional motorbike tour of the surrounding countryside. Fun fact: Hue was actually the former capital of Vietnam for 143 years (1802-1945). Sadly, many of its major historic sites were destroyed during the Vietnam War, but the city still retains some legacies of its dynastic past. Travelling over the spectacular Hai Van Pass on Day 5, you'll eventually reach Hoi An, a UNESCO World Heritage Site brimming with colourful colonial homes, riverside restaurants and narrow streets strung with silk lanterns. Cooking classes, riverboat trips and bike rides could all be on the agenda. Hoi An is also a shoppers' paradise, so make for one of the many low-cost (but fantastic) tailors and get yourself something snazzy! While you're here, you'll also see a noodle-making demonstration at 6 for Good's Oodles of Noodles, a project that provides training in hospitality and tourism for at-risk young people in Vietnam. (3B, L)

#### DAYS 8-10 Ho Chi Minh City

A short flight takes you to hectic Ho Chi Minh City on Day 8. Formerly known as Saigon, Vietnam's biggest city has an infectious energy, with its scooter-filled streets, blinking neon lights and markets overflowing with local delicacies and souvenirs. Learn about the country's troubled past with a trip to the Cu Chi Tunnels on Day 9. See traps, hidden doors and some of the 25D kilometres of tunnels that the Viet Cong dug during the Vietnam War. Other options include the War Remnants Museum, Reunification Palace or a cyclo tour around the colonial district. Find a rooftop bar and enjoy one last night out with the squad before the tour ends on Day 10. (3B)

Tour Code: GAAVCH

## NEED TO KNOWS

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

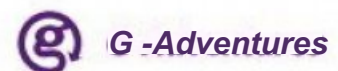
GROUP SIZE: Max 15. Avg 12

DEPARTS: Almost daily (Jan-Mar, Nov-Mar21), 12-15 departures per month (May-Jun, Sep), 20-23 departures per month (Apr, Jul-Aug, Oct)

MY OWN ROOM: Fr £209

## INCLUDED ACTIVITIES

- G for Good Oodles of Noodles Project noodle-making demonstration
- Haiong Bay boat cruise
- Imperial Citadel & tomb entrance in Hue
- Cu Chi Tunnels tour



## G FOR GOOD

### OODLES OF NOODLES

THIS PROJECT SUPPORTS  
YOUNG PEOPLE

This programme helps at-risk youth in Vietnam develop their English language and presentation skills, leading to a full-time job in the hospitality industry.



### ACCOMMODATION

Hotels (7 nts), sleeper train (1 nt), junk boat (1 nt)



### INCLUDED MEALS

5 breakfasts, 3 lunches, 1 dinner



### TRANSPORT

Train, local bus, air con bus, boat cyclo, plane



## BEST OF VIETNAM

**PRICE**  
FR £1,149

**DURATION**  
15 DAYS

**ROUTE**  
HANOI - HO CHII MINH CITY



### DAYS 1-5 Hanoi/Sapa

Arrive in Hanoi and navigate the busy streets of the Old Quarter. On Day 2, enjoy a water puppets show before boarding a sleeper train to Sapa. Over the next few days, trek past rice terraces and rolling hills to reach remote hilltribe villages. Experience local life, spending a night in a homestay, before returning to Hanoi. (3B, L, D)

### DAYS 6-9 Halong Bay/Hue/Hoi An

Cruise by limestone karst islands, explore huge caves and swim in secluded bays as you sail through Haiong Bay on a traditional junk boat. On Day 7, catch the night train to Hue, Vietnam's former imperial capital. Visit the seven-storey Tien Mu Pagoda and the Royal Tombs before travelling to UN ESCO-listed Hoi An via the scenic Hai Van Pass on Day 9. (2B, 2L, D)

### DAYS 10-11 Hoi An

Head first to Oodles of Noodles for lunch and a noodle-making demonstration- This 6 for Good project helps at-risk young people increase their employment opportunities in hospitality. Optional activities include a cooking class, riverboat cruise, sightseeing and shopping at one of the city's many tailors. (2B, L)

### DAYS 12-15 Ho Chi Minh City /Mekong Delta

A short flight takes you to Vietnam's biggest city. On Day 13, cruise through the Mekong Delta and enjoy a traditional meal at a local homestay. Return to Ho Chi Minh City on Day 14 to visit the War Remnants Museum before the tour ends on Day 15. (4B, D)

Tour Code: GAAVBV



#### ACCOMMODATION

Hotels (9 nts), sleeper trains (2 nts), junk boat (1 nt), family homestays (2 nts)



#### INCLUDED MEALS

11 breakfasts, 4 lunches, 3 dinners



#### TRANSPORT

Train, local bus, air con bus, boat, cyclo, plane

**TRIP STYLE:** Classic

**AGE GROUP:** Min 12

**GROUP LEADER:** Chief Experience Officer (CEO), local guides

**GROUP SIZE:** Max 15, Avg 12

**INCLUDED ACTIVITIES:** G for Good Oodles of Noodles Project noodle-making demonstration, Mekong Delta homestay, water puppet show in Hanoi, Sapa hilltribe trek & homestay, Halong Bay boat cruise. Imperial Citadel & Tomb tour

**DEPARTS:** Selected Sundays and Wednesdays

**MY OWN ROOM:** Fr £269

 **G Adventures**



## EXPLORE VIETNAM

**PRICE**  
FR £1,399

**DURATION**  
13 DAYS

**ROUTE**  
HANOI - HO CHI MINH CITY



### DAYS 1-4 Hanoi / Mai Chau

Arrive in Hanoi at any time. Next day, travel to the lush Mai Chau Valley and enjoy a walk through rice paddies and local villages. Options include a cooking class, cycling and kayaking. Return to Hanoi for visits to Hoa Lo Prison and Ho Chi Minh Mausoleum, and a cyclo tour of the Old Quarter. (3B)

### DAYS 5-7 Halong Bay / Hue

Start Day 5 with breakfast at Hoa Sua, a training restaurant that helps underprivileged youth gain employment opportunities. After, transfer to the calm waters of Halong Bay to explore secluded coves and caves. After a night spent on board a junk boat, fly to Hue on Day 6. Visit the Imperial Citadel and head to the countryside to see impressive royal tombs. (3B, 2L, D)

### DAYS 8-10 Hoi An

Drive to the UNESCO World Heritage Site of Hoi An on Day 8. Here, enjoy a walking tour then learn how to make a traditional lantern. After visiting a local market, take a cooking class at Oodles of Noodles, a G for Good culinary training school. Day 10 is free for optional activities such as visiting Tan Ky House or cycling to the beach. (3B, L)

### DAYS 11-13 Ho Chi Minh City

Fly to Ho Chi Minh City on Day 11 and opt to take a cyclo tour of the city. The next day, visit the Cu Chi Tunnels, famous for their part in the Vietnam War. Your tour ends after breakfast on Day 13. (3B, D)

Tour Code: GAAVHNG



#### ACCOMMODATION

Hotels (9 nts), junk boat (1 nt), lodge (2 nts)



#### INCLUDED MEALS

12 breakfasts, 3 lunches, 2 dinners



#### TRANSPORT

Bus, boat, cyclo, plane

**TRIP STYLE:** National Geographic Journeys

**AGE GROUP:** Min 12

**GROUP LEADER:** Chief Experience Officer (CEO), local guides

**GROUP SIZE:** Max 16, Avg 10

**INCLUDED ACTIVITIES:** S Lantern-making experience, G for Good Oodles of Noodles noodle-making demo S market trip, visits to Hoa Lo Prison & Ho Chi Minh Mausoleum^ cyclo tour of Hanoi's Old Quarter, overnight junk boat cruise in Halong Bay, guided tour of Hue's Imperial Citadel & Tomb, walking tour of Hoi An Old Town, guided tour of Cu Chi Tunnels

**DEPARTS:** Selected Sundays & occasional Thursdays

**MY OWN ROOM:** Fr£589





## VIETNAM HIKE, BIKE & KAYAK

**PRICE**  
FR £ 1,043

**DURATION**  
10 DAYS

**ROUTE**  
HO CHI MINH CITY - HANOI



### DAYS 1-3 Ho Chi Minh City / Hoi An

Arrive in Ho Chi Minh City at any time and rest up before your action-packed adventure begins on Day 2. Your first activity is a bike ride to the Cu Chi Tunnels. Explore some of the narrow underground passageways with a guide before flying to Hoi An. On Day 3, work up an appetite on another bike ride, then tuck into lunch at Oodles of Noodles. This G for Good initiative helps at-risk youth in Vietnam boost their employment opportunities. (2B, L)

### DAYS 4-5 Hue

Today, drive over the Hai Van Pass with stunning views of the coast to the ancient capital of Hue. On Day 5, take to two wheels again and see the historic city by bike, including the Citadel and the Tomb of Tu Due. Board an overnight train to Hanoi. (2B)

### DAYS 6-7 Mai Chau / Hanoi

Transfer to Mai Chau and trek through the countryside, past rice paddies and lush green hills, to your homestay. You'll be rewarded with a traditional meal cooked by your hosts. Return to Hanoi the next day for a bike ride in the city's quieter suburbs and a walk through the beautiful Old Quarter. (2B, L, D)

### DAYS 8-10 Halong Bay / Hanoi

A traditional junk boat will be your home for the night as you sail to the secluded coves and caves of Halong Bay. Paddle past limestone karsts in a kayak, go swimming and indulge in a fresh seafood lunch. Your tour ends on Day 10 after a final night in Hanoi. (3B, 2L, D)

Tour Code: GAAVHB



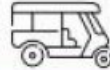
#### ACCOMMODATION

Hotels (6 nts), sleep Er train (1 nt), junk boat (1 nt), homestay (1 nt)



#### INCLUDED MEALS

9 breakfasts, 4 lunches, 2 dinners



#### TRANSPORT

Kayak, bike, bus, train, plane, junk boat

**TRIP STYLE:** Active

**AGE GROUP:** Min 12

**GROUP LEADER:** Chief Experience Officer [CEO]

**GROUP SIZE:** Max 15, Avg 10

**INCLUDED ACTIVITIES:** G for Good Oodles of Noodles Project noodle-making demonstration^ homestay, Cu Chi Tunnels tour, guided cycling trips, visit to Hues Imperial Citadel & Tomb,, overnight Halong Bay cruise, kayaking, cave visit

**DEPARTS:** Selected Sundays

**MY OWN ROOM:** Fr£179

G Adventures



## VIETNAM ADVENTURE

**PRICE**  
FR £979

**DURATION**  
14 DAYS

**ROUTE**  
HANOI - HO CHI MINH CITY



### DAYS 1-2 Hanoi / Mai Chau

Arrive on Day 1, meet your group and join the crowds out and about in Hanoi. See as much as you can and enjoy an included street food tour. On Day 2, head off the beaten track to Mai Chau. Bike ride through rural landscapes, tuck into a local dinner and bed down in a traditional stilt house. (B, L, 2D)

### DAYS 3-5 Phong Nha Ke Bang / Hue

Home to the world's longest river cave. Phong Nha Ke Bang National Park is a photographer's dream, so make sure your camera is fully charged! En route to Hue on Day 5, visit the DMZ (demilitarised zone) and Vinh Moc Tunnels. Arrive early afternoon with plenty of time to explore the city before meeting your guide for an optional dinner and drinks. (3 B)

### DAYS 6-9 Hoi An / Nha Trang

After a visit to the Golden Bridge, it's a short drive to one of Asia's best-preserved old towns. Hoi An boasts quirky cafes, markets and mouthfuls of fresh, traditional cuisine. Spend three days here, then catch an overnight train to Nha Trang for a bit of paradise. Head out on the town and relax on the beach. (3B)

### DAYS 10-14 Dalat / Ho Chi Minh City

It's time for some mountain air. Dalat is a haven for outdoorsy types, so make the most of it. Head to Ho Chi Minh City on Day 12. Browse the night markets and have dinner at a local restaurant then opt to visit the Cu Chi Tunnels in your free time. The trip ends on Day 14. (SB)

Tour Code: BU



#### ACCOMMODATION

Twin-share room in 2-3\* hotel (11 nts), multi-share in traditional stilt house (1 nt), overnight train (1 nt)



#### INCLUDED MEALS

12 breakfasts, 1 lunch, 2 dinners



#### TRANSPORT

Air con private transport

**AGE GROUP:** Min 18

**GROUP LEADER:** Tour Leader

**GROUP SIZE:** Max 2:8

**INCLUDED ACTIVITIES:** Hanoi street food tour, village cycle trip in Mai Chau, entry & gondola ride to the Golden Gand Bridge in Da Nang, entry to Vinh Moe tunnels, entry to Hoi An Old Town, entry to Po Nagar Cham Towers, entry to Linh Phuoc Temple

**DEPARTURES 2 020/2 li**

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
12	09	08	21	05	02	14	11	08		03	01	12	09	09
26	23	22		19	16	28	25	22		17	15	26	23	23
				30						29				



LIKE THAT? TRY THIS-

Southern Vietnam Adventure  
7 days [BU]

Fr£S09



## HALONG BAY CRUISE

PRICE  
FR £265

QUHATFON  
3 DAYS

ROUTE  
HANOI - HANOI



Halong Bay was made to be seen from the water, and this trip delivers all the goods. From Hanoi, transfer to your traditional junk boat for a memorable overnight stay. Between exploring a nearby cave, kayaking excursions and fishing trips, while away your time at leisure soaking up your stunning surroundings. The boat is kitted out with comfortable cabins, each with a window and en suite facilities, plus a sun deck strewn with lounging furniture. Included meals are served in the dining room with panoramic views out to the bay. Opt to upgrade to the 4\* Prince Junk [ask your Travel Expert for details).

### INCLUSIONS

Departs: Daily Accommodation: Air con twin/double cabin [2 nts], Can also be done as 4' or as a 2-day tour Includes: Bus from/to Hanoi, all fees Meals: 3 breakfasts^ 2 lunches, 2 dinners, 1 brunch Tour Code: 2\* HANTJZ/4' HANPJ4

## HALONG BAY PARTY BOAT

PRICE  
FR £275

DURATION  
J 3 DAYS

ROUTE  
HANOI - HANOI



Halong Bay may not seem like your go-to party destination, but this party boat trip brings the fun and then some. Transfer from Hanoi to the boat on Day 1 and set sail on the calm waters of iconic Halong Bay. Start with some kayaking, exploring the Frog Pond area before enjoying your first night of boat beers. On Day 2, explore Lan Ha Lagoon before heading to a private beach on Freedom Island, where life is all about snorkelling, rock climbing or kayaking - you choose. Check in to your bungalow and party on into the early hours. Return to Hanoi on Day 3, where the trip comes to an end.

### INCLUSIONS

Departs: Daily Accommodation: Deluxe cabin on cruise (1 nt), basic shared bungalow (1 nt) Meals: 2 breakfasts, 3 lunches, 2 dinners Transport: Bus, boat Includes: Transfers, guide and entry Fees Tour Code: BE HAN PTY

## CAT BA HIKING/KAYAKING ADVENTURE

PRICE  
FR £257

DURATION  
H DAYS

ROUTE  
HANOI - HANOI



Escape the city with a three-day hiking and kayaking trip in the Viet Hai and Lan Ha Bay area. Starting and ending in Hanoi, this trip takes you around two hours south for a taste of rural Vietnam. The action starts on Day 2 when a hotel pick-up takes you to Cat Beo pier for a wooden boat sailing trip to Viet Hai village, passing Cat Dua Beach and Van Boi Beach on the way. Hike up to Navy Peak for views of the greater Halong Bay area, then enjoy lunch at a local home before continuing to Lan Ha Bay. Get dropped off at Cat Dua Island - also known as Monkey island - where you spend the night before a half-day trek in Cat Ba National Park.

### INCLUSIONS

Departs: Daily Accommodation: Hotels (2 nts) Meals: 2 breakfasts, 2 lunches, 1 dinner Inclusions: Boat trips, kayaking, all entry fees as per itinerary, local tours with English-speaking guides, transfers on Cat Ba Island, return ferry transfers from Hanoi Tour Code: HANCAT

## VIETNAM BACKPACKER HOSTELS - CASTAWAY ISLANDS

PRICE  
FR £195

DURATION  
I 3 DAYS

ROUTE  
HANOI - HANOI



Party under the stars on a private island in Halong Bay, perfect for Vietnam freshers and veterans alike. Your base is an open-air beach bungalow, set on a 300-metre stretch of beach tucked into the cliffs. Options for your free time include tubing, rock climbing up limestone karsts, beach volleyball or relaxing on the beach. On Day 2, soak up the magic of the bay on an included all-day cruise, complete with kayaking excursions, swim stops and a glimpse at the local traditional fishermen villages. Depart after lunch on Day 3 from what could well end up being the most memorable thing you do in Southeast Asia.

### INCLUSIONS

Departs: Daily at 7am Accommodation: Shared open-air beach bungalow (2 nts) Meals: 2 breakfasts, 3 lunches, 2 dinners Transport: All transfers included Note: Departs from Vietnam Backpacker Hostels Downtown (Hanoi) Tour Code: HANCAS



## SAPA EXPRESS

**Fft£201**  
a DAYS



INDEPENDENT TOUR

Characterised by cascading rice terraces and lush green fields, Sapa is a trekking hotspot. Spend three days hiking through the countryside, visiting sacred sites along the way. You'll also meet people from different ethnic minority tribes including, Cat Cat, Lao Chai and Ta Van villages. The scenery alone will blow you away.

### INCLUSIONS

Departs: Daily Accommodation: Twin-share hotel (2 nts) Meals: 2 breakfasts, 3 lunches, 2 dinners Includes? Return bus from/to Hanoi, guided tours in Sapa, entry fees as per itinerary Tour Code: HANEXP/HANEXO

## VIETNAM BACKPACKER HOSTELS, 5APA

**Ffi£104**  
30AYS5



SMALL GROUP ADVENTURE

Get a sense of traditional Sapa with this three-day trip, including a homestay experience with a D2ao family in Seo Trung Ho Village. Accompanied by a local guide, trek through the national park, past terraced rice paddies, bamboo forests and Hmong villages before enjoying an authentic home-cooked meal with your host family.

### INCLUSIONS

Departs: Daily Accommodation: Multi-share hostel (1 nt), homestay (1 nt) Meals: 2 breakfasts, 2 lunches, 1 dinner Includes: Local guide Note: Departs from Vietnam Backpacker Hostels Downtown (Hanoi) Tour Code: HANSAA

## VIETNAM BACKPACKER HOSTELS, MAI CHAU

**FR£109**  
3 DAYS



SMALL GROUP ADVENTURE

Leaving Hanoi behind, spend three days in the village of Mai Chau, experiencing local life and culture in an authentic homestay. Explore your surroundings on a guided bike ride, stop by a bamboo factory and trek to nearby forests and rice fields. Top it all off with tasty meals prepared by your host family and a motorbike ride.

### INCLUSIONS

Departs: Daily Accommodation: Multi-share hamestay [2 nts] Meals: 2 breakfasts, 3 lunches, 2 dinners Transport: includes transfers Note: Departs from Vietnam Backpacker Hostels Downtown [Hanoi] Tour Code: HAMMAC

## VIETNAM EXPRESS NORTH TO SOUTH ADVENTURE

**FR£973**  
11 DAYS



INDEPENDENT TOUR

Starting in Hanoi, you're off for a party on Castaway Island or, if you prefer, an overnight stay on a traditional junk boat. Fly to the imperial city of Hue, exploring ancient citadels. Jump in a vintage Jeep and head to Hoi An via the Hai Van Pass. Chill at Ninh Van Bay before discovering Ho Chi Minh City and the Cu Chi Tunnels.

### INCLUSIONS

Departs: Daily Accommodation: Hotel (6 nts), a pen-air beach bung aid w [3 nt], overnight bus (1 nt) Meals: 8 breakfasts, 6 lunches, 4 dinners Transport: Coach, plane, boat Tour Code: HANVEX

## VIETNAM FOOD AND CULTURE VOLUNTOUR

**FR£1,104**  
21 DAYS



Starting in Ho Chi Minh City, this trip includes five days of volunteering at a local NGO cooking food for communities in need. It then takes you to the Mekong Delta, the beaches of Nha Trang and UNESCO-listed Hoi An. After a few days in Hue, it wraps up in Hanoi following a two-day cruise of iconic Halong Bay.

### INCLUSIONS

Departs: Sundays Accommodation: Hostel or 3-4\* hotel (18 nts), night bus (2 nts) Meals: 8 breakfasts, 11 lunches, 8 dinners Includes: NGO project, Mekong Delta excursion, Countryside Motorcycle Adventure, tombs & pagoda day trip, Hoi An bike tour, Halong Bay cruise Tour Code: BAMVNV

## VOLUNTEER WITH CHILDREN IN VIETNAM

**FR£697**  
2-24 WEEKS



This centre in Ho Chi Minh City supports underprivileged children and aims to give them the best start possible. Assist with English lessons and choose to stay at a shared voluoteer house or with a host family. Optional activities include a Mekong Delta boat cruise, a meal with a local family and a trip to Miu Ne beach.

### INCLUSIONS

Project Start Date: Selected Mondays Location: Ho Chi Minh City Accommodation: Multi-share volunteer house (13+ nts) Meals: 3 meals a day Note: Aimed at first-time volunteers (18-24). Background check required Tour Code: VITCHI



### WITHLOCALS: THE ONLY AUTHENTIC CU CHI TUNNELS TOUR WITH A LOCAL

FR£86

FULL DAY



Learn about the tunnels and traps used by Viet Cong during the Vietnam War on this full-day tour. Watch a documentary and visit the B52 Bomb Crater before exploring the labyrinthine underground network with a local guide. See the weapon factory, kitchens and hospitals, and try food the guerrilla fighters would have eaten.

#### INCLUSIONS

Departs: Daily Duration: 6 hours Meals: Not included Includes: Local English-speaking guide, return transfers from centrally located hotels, entry ticket Tour Code: SGNCT

### WITHLOCALS: BEST OF HO CHI MINH CITY PRIVATE TOUR

FR£23 1

HALF DAY



Starting at the Burning Monk Statue, this private walking tour takes you to all the best historic hotspots and hidden gems in Ho Chi Minh City. Soak up the vibrant atmosphere as you stroll past points of interest like the War Remnants Museum, Independence Palace and Notre Dame Cathedral. End with a tour of the Ben Thanh Market

#### INCLUSIONS

Departs: Daily Duration: 3.5 hours Meals: Not included Inclusions: Local English-speaking guide, entry ticket to War Remnants Museum, exotic fruit tasting, Vietnamese coffee Tour Code: SGNBES

### MEKONG DELTA FARMSTAY

FR£14S

2 DAYS



INDEPENDENT TOUR

With its fertile farmlands and floating markets, the Mekong Delta is one for the Vietnam checklist. See the iconic landscape by boat, discovering riverbanks dotted with coconut palms, rice fields and ramshackled houses on stilts. Spend a night at a local farm, learning about your host's way of life, and enjoy a village cycling tour.

#### INCLUSIONS

Departs: Mon, Wed and Sat Accommodation: Farm homestay (1 nt) Meals: 1 breakfasts, 2 lunches, 1 dinner Includes: Local guide, bike hire, boat fees Transport: Boat (shared^ rowing and motor), minibus Tour Code: SGNFAR

### MEKONG DELTA WATERWAYS AND THREE AUTHENTIC FLOATING MARKETS

FR£378

3 DAYS



INDEPENDENT TOUR

Known as Vietnam's rice bowl thanks to its agricultural prowess, the Mekong Delta is a maze of rivers, swamps and islands, peppered with paddy fields and pagodas. On this trip, you'll visit floating markets, sample local produce, cycle through villages and cruise along canals. Meals cooked by your homestay hosts top it all off.

#### INCLUSIONS

Departs: Daily Accommodation: Hotel [1 nt], homestay (1 nt) Meals: 2 breakfasts, 2 lunches, 1 dinner Includes: Local guides, bike hire, air entrance and boat fees Transport: Private air can vehicle, boat Tour Code: SGNMDW

### WITHLOCALS: THE NON TOURISTY MEKONG DELTA PRIVATE DAY TRIP

FR£134

FULL DAY



Swap the scooter-filled streets of Ho Chi Minh City for the Mekong Delta's meandering waterways. Your first stop is a local market where you can try exotic fruit. Next, learn how coconut is pressed, see how traditional mats are crafted and enjoy a motor cart ride in the countryside. Finish by rowing a sampan along the narrow canals.

#### INCLUSIONS

Departs: Daily Duration: 3 hours Meals: Lunch Inclusions: Local English-speaking guide, driver, exotic fruit tasting, boat Fees Transport: Private air can vehicle, motorboat, sampan Tour Code: S6NN0N

FR£7 DORM  
FR£22 TWIN/  
DOUBLE

### VIETNAM BACKPACKER HOSTELS, MUI NE

INCLUDES BREAKFAST

**LOCATION:** In Mui Ne, a well-known beach town 220 kilometres east of Ho Chi Minh City attracting watersport enthusiasts.

**VIBE:** Where you want to be if you're looking for a relaxation station. It has a real laid-back atmosphere, with a beautiful pool.

**HIGHLIGHTS:** Mixed and female-only dorms • Private rooms • Air con ■ Personal lockers ■ Outdoor pool • Bar • Restaurant ■ Luggage storage • Games room



## BORNEO - EAST SABAH ADVENTURE

PRICE  
FR £899

DURATION  
8 DAYS

ROUTE  
KOTA KINABALU - KOTA KINABALU



### DAYS 1-2 Kota Kinabalu / Kota Belud

Touch down in the waterfront city of Kota Kinabalu and travel to Tambatuon village the next day. Meet local farmers, pick fresh ingredients for an included cooking class and trek to a nearby river after lunch. (B, L, D)

### DAYS 3-4 Kinabatangan River

Travel towards Sandakan where your jungle lodge is floating on the Kinabatangan River, Sabah's longest, and where a river safari awaits to take you cruising through crocodile-infested waters. See the jungle in a different light by opting to go on a night walk, running into unique nocturnal animals. Another river safari kicks off Day 4 before you head to a nearby lake in search of monkeys and pygmy elephants. Then peek at some wild orangutans at a nearby cave. (2B, 2L, 2D)

### DAYS 5 Sepilok

Sepilok has become the go-to place to see orangutans in their natural environment. Visit the rehabilitation centre, home to many orphaned and injured tree-swingers. Afterwards, pop by to say hello to the world's smallest bear at the Bornean Sun Bear Conservation Centre. [B]

### DAYS 6-8 Libaran Island / Kota Kinabalu

Continue to Libaran Island via Sandakan for sun, sea and sweet downtime. Call by a turtle hatchery to witness local conservation efforts and spend your free time snorkelling or kayaking the clear blue waters. On Day 7, start the journey back to Kota Kinabalu and say your goodbyes on Day 8. (3B, L, D)

Tour Code: GAAAES



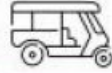
#### ACCOMMODATION

Hotels/guesthouses (2 nts),  
jungle lodge (3 nts), homestay (1 nt),  
tented camp (1 nt)



#### INCLUDED MEALS

7 breakfasts,  
4 lunches, 4 dinners



#### TRANSPORT

Private vehicle, plane, boat

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 15

INCLUDED ACTIVITIES: Morning and evening Kinabatangan River safaris guided oxbow lake visit and wildlife spotting, Sepilok Orangutan Rehabilitation Centre visit, turtle hatchery visit

#### DEPARTURES 2020/21:

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## BORNEO ADVENTURE

PRICE  
FR £1,350

DURATION  
9 DAYS

ROUTE  
KOTA KINABALU - KOTA KINABALU



SMALL GROUP ADVENTURE

AGE GROUP: Min 18

GROUP LEADER: Local guide

INCLUDED ACTIVITIES: Mari Mari village trip, orangutan rehabilitation centre, sun bear rehabilitation centre. Kinabatangan River safari, Gomantong Caves, Kundasang War Memorial, hot springs, Mt. Kinabalu canopy walkway, snorkel safari

DEPARTURES 2020:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
		14 2 Fri	11 25	09 23	06 20	04 18	01 15 29	12 26	10 24	07 21	05



### DAYS 1-3 Kota Kinabalu / Sepilok

Touch down in KK and soak up the city. On Day 2, the Mari Mari Cultural Village aims to share the traditions of five of Sabah's ethnic tribes through the stories of the Bobohizan - the tribes' High Priestesses. The furries of Sepilok Orangutan and Sun Bear Rehabilitation Centre call on Day 3, where the animals are encouraged to start foraging for themselves. (L)

### DAYS 4-5 Kinabatangan / Kundasang

The Kinabatangan River is a prime safari spot due to the concentration of wildlife on the banks of the river, from pygmy elephants to orangutans and proboscis monkeys. Overnight at a local lodge and wake up to the calls of gibbons as you take to the river again, before paying a visit to the Kundasang War Memorial. (2B, L, D)

### DAYS 6-7 Kundasang / Kota Kinabalu

It's an early start on Day 6 to make time for a tour of Mt. Kinabalu's treetops, a trip to Sabah's highest waterfall and a soothing soak in the nearby hot springs. After a fairly full-on day, return to Kota Kinabalu on Day 7 for a day at leisure.

### DAYS 8-9 Kota Kinabalu

Take a speedboat to Gaya Island, a tropical paradise where rainforest meets reef, Jurassic Park style. Take part in a snorkel safari or maybe even try scuba diving for the first time. Qualified divers have the chance to get up close to an impressive array of marine life. Depart any time on Day 9.

Tour Code: TTUAAKG



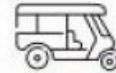
#### ACCOMMODATION

Hostels and hotels (8 nts)



#### INCLUDED MEALS

2 breakfasts,  
3 lunches, 1 dinner



#### TRANSPORT

Bus, boat

## BORNEO EXPLORER

PRICE  
FR £1,726

DURATION  
10 DAYS

ROUTE  
SAN DA KAN - KOTA KINABALU



TRIP STYLE: Small Group Adventure

AGE GROUP: Min 18

GROUP LEADER: Tour Leader and Driver

GROUP SIZE: Max 15

INCLUDED ACTIVITIES: Walai Turtle Conservation Park, sea kayaking. Orangutan Rehabilitation Centre, Bornean Sun Bear Conservation Centre, Rainforest Discovery night walk, 3 Kinabatangan River wildlife cruises, night cruise, guided night walk, Mt. Kinabalu park entry and guided tour, Borneo Honey Bee Centre, gong-making village

DEPARTS: Two Fridays a month (1-Dec), one Friday a month (Mar-Jun)

NOTE: Until 01 Mar2020, this will be a 9-day itinerary from Kota Kinabalu to Kota Kinabalu

### DAYS 1-2 Sandakan / Libaran Island

The tour kicks off in Sandakan before you catch the boat over to the Wailai Turtle Conservation Park on peaceful Libaran Island. Learn about the community efforts to preserve the sea turtles and head down to the beach at night to witness the release of young'uns into the sea or to see a mamma turtle arriving ashore to nest. (B, L, D)

### DAYS 3-5 Sepilok / Kinabatangan River

The gingers are out in force in Sepilok's famous Orangutan and Sun Bear Conservation Centre. Watch them feed and get a glimpse at Borneo's nocturnal life with a guided rainforest walk at the Rainforest Discovery Centre. The next two days will be spent on the wildlife-heavy Kinabatangan River staying at your Stray Jungle Camp. (3B, 2D)

### DAYS 6-8 Ranau/Mt. Kinabalu / Kudat

Go on a guided tour of Mt. Kinabalu Park, one of the world's important biological sites, before heading well off the beaten track to a remote beach at the very tip of Borneo. Kudat's long stretch of sand is the perfect setting for snorkelling, swimming, bevvies and beach bonfires. (3B, 3L, 3D)

### DAY 9-10 Kota Kinabalu

Visit the Borneo Bee Centre and a village famous for making ceremonial gongs before arriving at your final stop, the capital city of Kota Kinabalu. Explore the night markets and the bustling waterfront area, and depart at any time on Day 10. (2B, L, D)

Tour Code: BKIBON



#### ACCOMMODATION

Twin-share hotels (2 nts), lodges  
(2 nts), cabins (4 nts), glamping (1 nt)



#### INCLUDED MEALS

9 breakfasts,  
5 lunches, 7 dinners

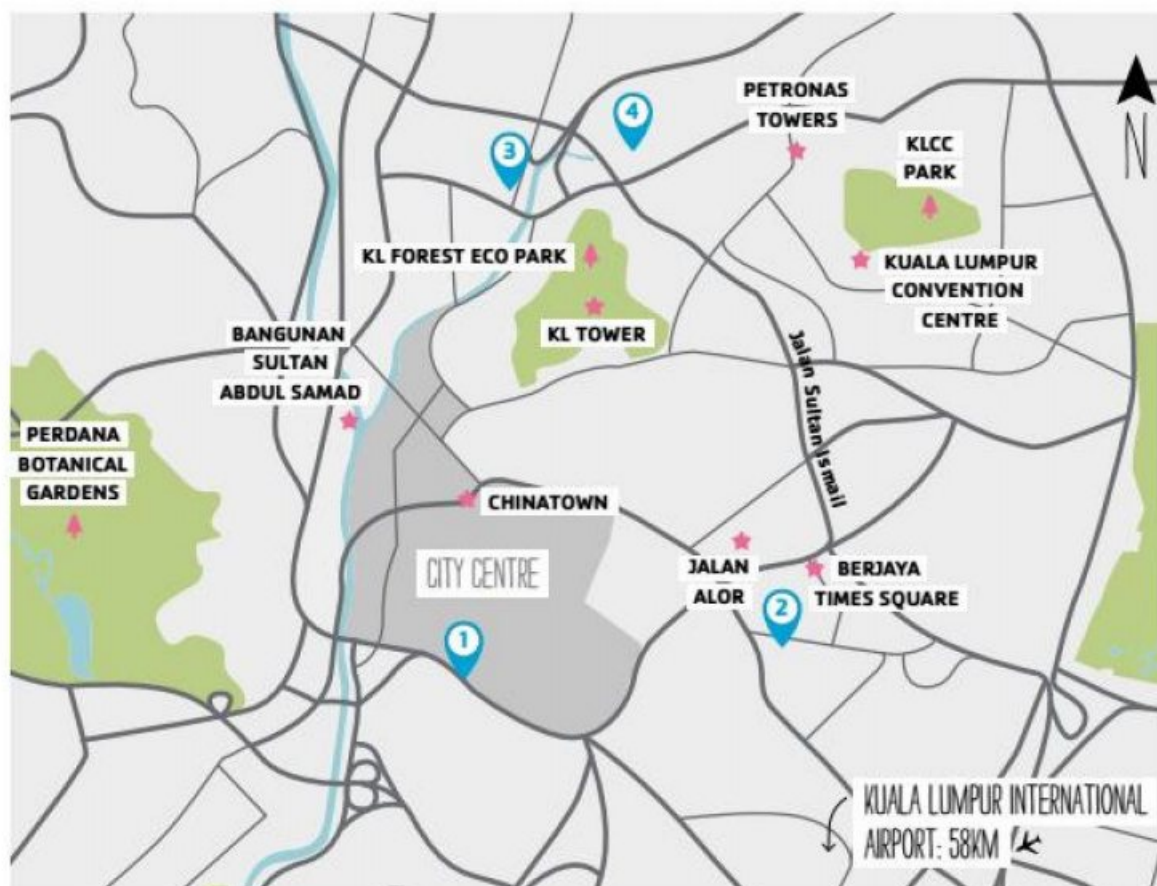


#### TRANSPORT

Private air can minivan,  
boat, ferry







## LIKE THAT? TRY THIS...

### SLEEP HERE INSTEAD

Rack Solid | Hotel Sentrai, KL Sentral Precinct Fr £21

### GET OUT OF BED

Full day | Withlocals: Discover the Magic of KL by Night Fr£32

Half day | With locals: Batu Caves, Waterfalls & Hot Springs Tour Fr£75

Half day | With locals: Best of KL Private Tour Fr£38

Half day | Withlocals: Bike with the Locals Fr£43

Half day | With locals: Best Food Spots by Night Fr£26

## KUALA LUMPUR STOPOVER

Fr£1 15  
3 DAYS



With two nights' accommodation, breakfast each morning and return airport transfers all included, this is more than just a whistle stop. A half-day city tour will show you the gold-domed King's Palace and colourful Chinatown. Plus, there's plenty of free time to get to know the Malaysian consumer culture.

### INCLUSIONS

Departs: Daily Accommodation: Twin-share room at Hotel Sentral Pudu (2 nts) Transport: Air con van or coach Meals: 2 breakfasts Includes: Transfers, entry fees, English-speaking driver/guide Tour Code: KULLSP

## TAMAN NEGARA

Fr£485  
4 DAYS



Break from Kuala Lumpur to Taman Negara National Park, where a range of optional activities stretch over four days in rainforest bliss. The park is home to tigers, macaques, birdlife and enormous flowers. Go night walking, jungle trekking, canopy walking, visit a native settlement or go rapids shooting to Kuaia Trenggan.

### INCLUSIONS

Departs: Daily Accommodation: Mu tiara Taman Negara or similar [3 nts] Meals: 3 breakfasts Transport: Air con vehicle includes: Return transfers, entrance fees Note: Transfer upgrades available Tour Code: KULTAM

## MALAYSIA ENCOMPASSED ADVENTURE

Fa£341  
S DAYS



Get a taste of all the flavours of the mainland. Begin with a foodie tour of Kuaia Lumpur's best street stalls, then sip tea at a rainforest tea plantation in the Cameron Highlands. Day 5 takes you to Penang to wander the bright cultural districts, finishing with colonial Malacca.

### INCLUSIONS

Departs; Daily Accommodation: Hostels or 3'-4' hotels [7 nts], night bus (1 nt] Transport: Bus, shuttle Meals: 7 breakfasts (hotel only) Includes: Activities as per itinerary Note: Tourism accommodation tax not included Tour Code: BEKULMEA

## PERHENTIAN ISLANDS

Fr£640  
S DAYS



Ferry over to Perhentian Island for five days of sun, sea and relaxation. You'll stay in an eco-friendly resort with its own private beach. Spend your days snorkelling to your heart's content in the bay. Jungle trekking, diving and kayaking are optional extras.

### INCLUSIONS

Departs: Daily Accommodation: Hotel (4 nts] Meals: 3 breakfasts, 3 lunches, 3 dinners Transport: Air con coach, ferry Includes: Boat and land transfers, activities as per itinerary Note: Tourism accommodation tax not included Tour Code: KBRPER



## ORANGUTANS, PROBOSCIS MONKEYS, CAVES & TURTLES

FR £569  
3 DAYS



INDEPENDENT TOUR

This nature-filled romp showcases the best bits of Borneo and its unique wildlife. Catch a boat to Turtle Island for snorkelling, visit the Gomantong Caves and take a trip down the Kinabatangan River in search of big-nosed proboscis monkeys. Finish up at the Sepilok Orangutan Centre to say hello to the big ginger swingers.

### INCLUSIONS

Departs: Daily (subject to weather conditions) Accommodation: Basic twin share (2 nts) Transport: Air con van/coach/car, boat Meals: 2 breakfasts, 2 lunches, 2 dinners Includes: English-speaking guide, entry fees Tour Code: SDKORA

## NATURALLY SABAH

FR £955  
5 DAYS



INDEPENDENT TOUR

Kinabalu Park is home to Mt. Kinabalu, the highest mountain in Malaysia. Trek along cool forest trails to encounter unique insect-eating plants, orchids and the rainforest. Drive out to Bilit and cruise up the Kinabatangan River (Sabah's longest), keeping your peepers peeled for funny-looking monkeys and tiny elephants.

### INCLUSIONS

Departs: Daily Accommodation: Hotel (1 nt), simple lodge (3 nts) Transport: Air con van/coach/car, boat Meals: 4 breakfasts, 3 lunches, 2 dinners Includes: English-speaking guide, entry fees Tour Code: B KIN AT

## 3-DAY TABIN WILDLIFE RESORT

FR £817  
3 DAYS



INDEPENDENT TOUR

Pgmy elephants, tembadau and exotic birds... oh my! While searching for these guys in the Tabin Reserve on jungle treks, night safaris and night walks, get educated with presentations on the local wildlife so you actually know about the critters you see. Don't miss a foot massage to relax tired muscles after a long jungle trek!

### INCLUSIONS

Departs: Daily Accommodation: Tabin Wildlife Resort (2 nts) Meals: 2 breakfasts, 3 lunches, 2 dinners Includes: Air con vehicle transfers Note: Domestic airfare not included Tour Code: LDUTAB

## 7-DAY BORNEO EXPLORER

FR £851  
7 DAYS



INDEPENDENT TOUR

So much is packed into just seven days! Start off with a guided snorkel of Dinawan Island before arriving in Kinabalu Park, home to 326 species of birds! Cruise on the Kinabatangan River, the longest river in Sabah, on three excursions at different times of day. Finish off with the Gomantong Caves, a fav of David Attenborough.

### INCLUSIONS

Departs: Daily Accommodation: Hotel (3 nts), dormitory (1 nt), lodge (2 nts) Meals: 5 breakfasts, 2 lunches, 2 dinners Transport: Air con vehicle Includes: Airport transfers, entry fees Tour Code: BKIBEX

## EXPERIENCE BORNEO & CONSERVE ORANGUTANS

PRICE  
FR £1,195

DURATION  
14 DAYS

ROUTE  
KUCHING - KUCHING



- WE LOVE -

The crew at Matang Wildlife Centre have been training orphaned orangutans to survive in the wild for over 20 years, many of whom are now part of the thriving population in the surrounding reserve. Get involved and spend a week, under the rainforest canopy with the descendants of Borneo's legendary headhunters. Experience a unique stay with them in a traditional longhouse and learn how to cook, fish and make traditional handicrafts.

**INCLUDED ACTIVITIES:** Return transfers from/to Kuching airport included

**ACCOMMODATION:** Basic multi-share room in hostels, park lodges and longhouse lodges (13 nts)

**MEALS:** 13 breakfasts, 12 lunches, 13 dinners

**DEPARTS:** 13th of each month

**NOTE:** There's no touching of orangutans as this runs contrary to efforts to rehabilitate them back to the wild and carries risk of injury or disease to both animals and humans; itinerary may change depending on weather.



Tour Code: KCHVOL



# BALI: BEACHES & BOAT RIDES

SMALL GROUP ADVENTURE (18-39s)

PRICE  
FR £529

DURATION  
9 DAYS

ROUTE  
KUTA - GILI TRAWANGAN

- WE LOVE -

INDONESIA & BALI



## HIGHLIGHTS



### G FOR GOOD

Make a difference by supporting a project that helps adults with limited access to educational programmes.



### MONKEY FOREST

These little guys can be quite mischievous, but are cute as hell. All hands on your wallet.



### GITGIT WATERFALL

Head north and cool off in the mist or go for a swim in the turquoise waters.

## DAYS 1-2 Kuta

Arrive into lively Kuta at any time and make the most of your two free days. This is one of Bali's busiest tourist hotspots, so there's plenty for you to do while you get acquainted with your group. Opt to take a surf lesson, chill out on the beach or explore some nearby towns. Party-going travellers can revel in the nightlife that Kuta is renowned for, or head to nearby Seminyak and Petitengetan for a more upmarket evening out with chic bars aplenty. [BJ]

## DAYS 3-4 Kubutambahan

Up next is Kubutambahan, right up in the north of Bali. Along the way, stop for a traditional buffet lunch at the G For Good Bali Community Training Lunch Programme, which aims to empower disabled individuals through employment training and community building. On Day 4, try your hand at Balinese cuisine with an included cooking lesson, which will surely gain you some brownie points with your friends when you get home. While nursing your food baby, opt to walk around the village, swim in a natural spring or head to a nearby dragon fruit Farm. [2B, L, 2D]

## DAYS 5-6 Ubud

Not only is it breathtakingly beautiful, Ubud is also the centre of traditional arts, crafts and dance. En route, visit the picturesque Gitgit Waterfall before wandering on your own around town. Go on a rice fields walk or pop by the serene Saraswati Temple. On Day 6, check out the lush Monkey Forest - it's famous for its sticky-fingered monkeys, so keep a solid hold of your belongings! Discover more of Ubud on your own by opting for a yoga class, a massage or a visit to the numerous temples, rice paddies and markets that pepper the area. [2B]

## DAYS 7-9 Gili Trawangan

Transfer to Padang Bai and catch a ferry to the laid-back island of Gili Trawangan. The gorgeous Gili T is home to clear waters and an assortment of beachfront bars. But best of all? There are no motorised vehicles! Ride in a traditional cidomo (horse-drawn cart) to your accommodation and then either rent a bike or just relax on the beach. On Day 8, it's another day in paradise with the entire day free for you to spend at your leisure. If you don't fancy a full day on the beach (no judgements if you do) opt for a snorkelling excursion to see life under the water. Tuck into some fresh seafood at the night market and go your separate ways on Day 9. [3B]

Tour Code: GAAEKG

## NEED TO KNOWS

TRIP STYLE: 18-to-Thirtysomethings

AGE GROUP? Exclusively For 18-39s

GROUP LEADER: Chief Experience Officer (CEO)

GROUP SIZE: Max 16, avg 10

DEPARTURES 2020/21:

5	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
07	07	03	07	03	02	03	02	01	0-1	01	01	01	10	07	02																
17	09	13	14	12	09	07	09	06	06	15	13	12	09	21																	
21	23	26	17	17	14	12	11	13	IS	29	27	24	21	23																	
		31	19	20	17	15	16	20																							
				22	23	19	18	22																							

Additional dates are available. Please ask for details.

## INCLUDED ACTIVITIES

- Cooking class in Kubutambahan
- Gitgit waterfall visit
- Monkey Forest visit
- G for Good Bali community lunch



Ask your instore Travel Expert about our latest EXCLUSIVE DEALS

## LIKE THAT? TRY THIS—

Extend your trip

Indonesia: Volcanoes & Floating Villages

[27 days, Medan - Kuta]

(GAAEID) See page 1 50

Fr £ 1,949



### ACCOMMODATION

Simple twin-share hotels, or multi-share hostel (6 nts), guesthouse [2 nts]



### INCLUDED MEALS

5 breakfasts, 1 lunch, 2 dinners



### TRANSPORT

Private vehicle, boat



WELLNESS BALI

PRICE: FR £1 J 49 | DURATION: 9 DAYS | ROUTE: UBUD - SANUR



DAYS 1-2 Ubud  
Drop down into Ubud and meet your fellow yogis. Stretch out your legs after your flights with an early morning yoga class before breakfast on Day 2. A trip to a couple of Hindu temples introduces you to the spiritual side of Bali. After a G for Good lunch, take a holy bath at Tirta Empul then witness the ancient funeral monument of the Balinese kings at the second temple, Gungung Kawi. [B, L]

DAYS 3-4 Ubud  
Rise and shine to another early morning yoga class. After learning about Balinese cuisine on an organic farm, give preparing a typical local meal a go. Day 4 takes you to Pemuteran via Ta ba ma, stopping en route to experience a traditional Balinese healing ceremony and learn how to write in the Balinese alphabet. [2B, 2L]

DAYS 5-6 Pemuteran  
Wake up with a Balinese healing yoga session, then cruise over to Menjangan Island for a day of snorkelling. En route to Sanur on Day 6, stop by Munduk, home to Bali's most beautiful waterfall. Go on a cycling trip through the rice fields of Jatiluwih, then relax with a frosty glass of something sweet by the ocean. (2B, 1j.

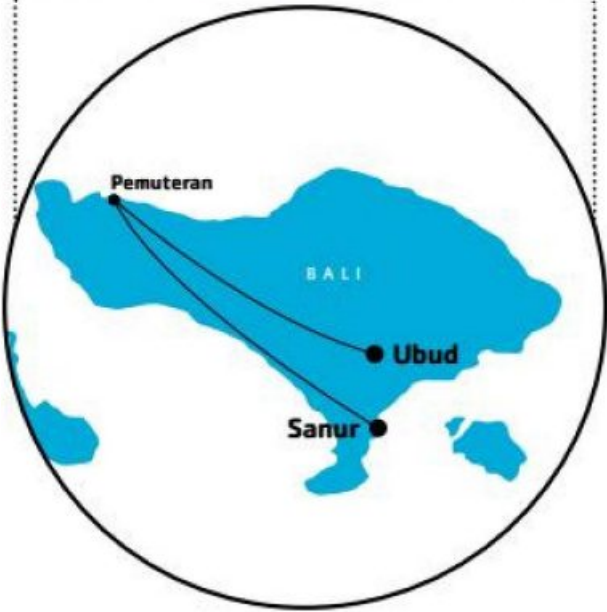
DAYS 7-9 Sanur  
In view of the ocean waves, start with your morning yoga session. Later, opt for a Balinese dance class or try your hand at a massage course. Day 8 gets a little aerial as you try the unique art of anti-gravity yoga. The rest of the day is yours before departing on Day 9. [3B;

Tour Code: GAAEUSW

Icons for Accommodation (Hotels (8 nts)), Included Meals (5 breakfasts, 4 lunches), and Transport (Private van).

TRIP STYLE: Wellness  
AGE GROUP: Min 12  
GROUP LEADER: Chief Experience Officer (CEO), local guides  
GROUP SIZE: Max 1 S, avg 12  
INCLUDED ACTIVITIES: G for Good Bali Community Training lunch, organic cooking class, morning yoga, healing ceremony, Balinese healing yoga session, anti-gravity yoga  
DEPARTURES 2020/21: 12 03 08, 05 03 14 12, 26 24 28 26, 09 06 04, 23 20 18, 15 13 17, 27 14 14  
MY OWN ROOM: Fr £969

(S) G Adventures



ACTIVE BALI & JAVA

PRICE: FR £749 | DURATION: 12 DAYS | ROUTE: UBUD - SANUR



DAYS 1-3 Ubud / Candidasa  
Kick things off in Ubud and go in at the deep end with white water rafting on Bali's longest river. After riding through those grade I Nil rapids, head to Candidasa and visit the G for Good Bali Community Training Lunch Programme. (2B, 2L, D)

DAYS 4-6 Candidasa /Kubutambahan  
Tired From trekking through the rice fields of Bungaya village? Recoup with an afternoon of yoga, then find a spot on the beach in Karangasem. Day 5 brings you to Kubutaman, stopping at Kintamani to take in unobstructed views of Mt. Batur and Batur Lake. Bike from Bulian Village to Air Sanih, taking in views of local farms and rice fields on the way. (3B, 2L, 3D)

DAYS 7-9 Pemuteran  
Transfer to Pemuteran, stopping by a Buddhist monastery en route. Once it's dark, hike up to the crater of the active Ijen Volcano for spectacular views of the famed blue fire. The sun will rise just as you reach the crater rim. Head back to Pemuteran for a free afternoon of unwinding on the beach... or get active with some snorkelling, cycling and coral planting activities. (3B)

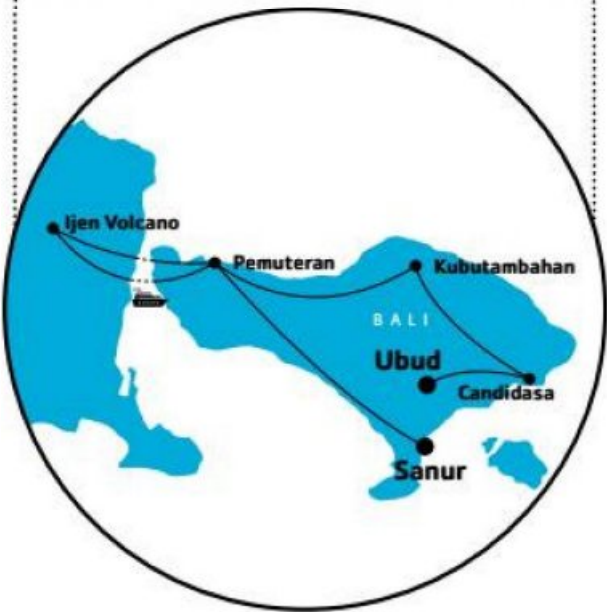
DAYS 10-12 Sanur  
Visit the beautiful Gitgit Waterfall and continue to the floating Ulun Danu Temple. Day 11, travel to the village of Canggu, where you can sharpen your surfing skills with a lesson before departing on Day 12. (3B)

Tour Code: GAAEAB

Icons for Accommodation (Twin-share hotels (8 nts), mu Irish are homestay (2 nts), overnight trekking (1 nt)), Included Meals (11 breakfasts, 4 lunches, 4 dinners), and Transport (Private van, boat).

TRIP STYLE: Active  
AGE GROUP: Min 12  
GROUP LEADER: Chief Experience Officer (CEO), local guides  
GROUP SIZE: Max 15, avg 12  
INCLUDED ACTIVITIES: White water rafting, G for Good Bali Community training lunch, trekking and yoga in Bungaya village, rural cycling, Ijen Volcano night hike, Mojo surf lesson  
DEPARTURES 2020/21: 17 07 19, 28 09 20 18, 30 22 27 31, 28 28  
MY OWN ROOM: Fr £359

(g) G Adventures





# BALI EXPERIENCE

SMALL GROUP ADVENTURE

PRICE  
FR £595

DURATION  
10 DAYS

ROUTE  
□ ENPASAR - GILI TRAWANGAN

INDONESIA &amp; BALI

## HIGHLIGHTS



### SURF LESSON

An instructor will raise your game no matter what level you're on.



### UBUD'S SACRED MONKEY FOREST

It's believed that the monkeys protect the temples of the forest.



### BOAT TOUR AROUND SUIT

Search For turtles and cruise by some gorgeous stretches of sand.

#### DAYS 1-3 Denpasar/Canggu

Land at Denpasar airport where your group leader will take you to your cool Canggu guest house. The next day gives you a taste of Bali culture at two of its most famous temples - Tanah Lot, which is set on a rock formation in the sea, and the Royal Temple of Taman Ayun. Take in the sunset before a big night out on the town in Seminyak, then hit up Kuta Beach and start Day 3 with a surf lesson. (ZB)

#### DAYS 4-6 Ubud

En route to Ubud, stop off at a waterfall and visit one of Bali's most famous live music destinations for an evening of singing and dancing. The morning starts with a trip to the local food market to buy produce for your cooking class. The local family who runs the class teach you and your fellow travellers how to make some of Bali's most famous dishes, as well as the flower offerings made to the gods that you may have spotted all over. Meet some of Ubud's cheekiest locals at the sacred monkey forest where it is believed the hundreds of monkeys that live there protect the ancient temples inside. Wander through the markets of Ubud before eating lunch while overlooking an active volcano. The scenery shifts on Day 6 to the rice terraces of Ubud to see how these beautiful formations still play a very important role in the locals' way of life. (3B, L'J)

#### DAYS 7-9 Gili Trawangan

Catch the ferry over to the stunning and tiny island of Gili Trawangan where it's only a short walk to your accommodation. For dinner, hunt around the local markets for some of the freshest fish you'll ever eat. We recommend you finish off the evening by treating yourself to one of the beachside bars on the island. On your boat tour around the three Gili Islands, head to some of the best snorkelling spots in Indonesia where you can catch sight of stunning coral, beautiful fish, turtles and even a shipwreck. Now that you've seen a fair bit of sea, get to know the land a little better too on a bike tour. (3B, 0)

#### DAY 10 Gili Trawangan

Your last day is as relaxed as the last few have been, so make the most of it before you head home or continue with your travel plans. The tour itself comes to an end after breakfast, so what you do after that is all up to you. (B)

Tour Code: TTUAEBX



#### ACCOMMODATION

Twin-share hotel (9 nts)



#### INCLUDED MEALS

9 breakfasts,  
1 lunch, 1 dinner



#### TRANSPORT

Air con bus, Ferry

## NEED TO KNOWS

AGE GROUP: Min 18

GROUP LEADER: Trip manager, local guides

GROUP SIZE: Max 20

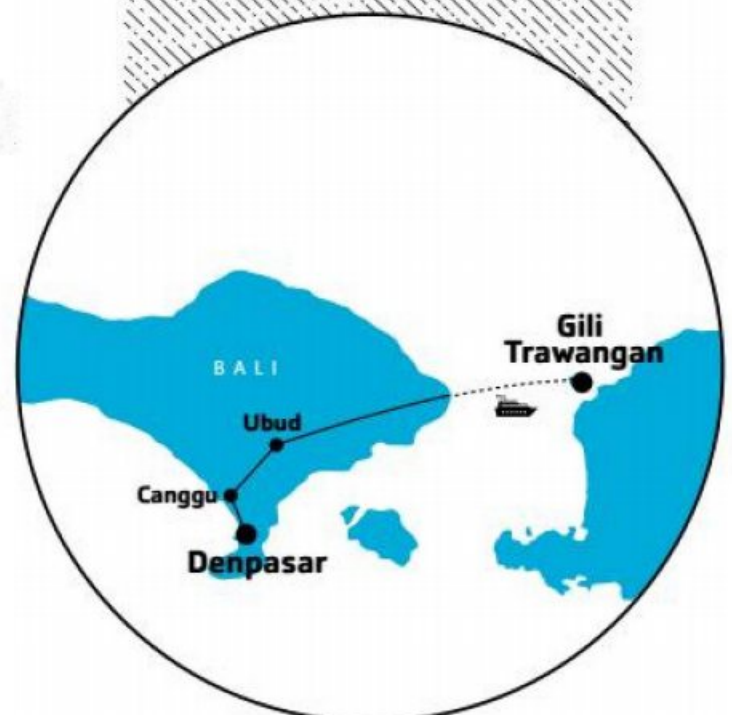
#### DEPARTURES 2020:

Dec	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	

Additional dates are available. Please ask for details.

## INCLUDED ACTIVITIES

- Visits to Tanah Lot Temple and the Royal Taman Ayun Temple
- Surf lesson in Canggu
- Campuhan Ridge Walk
- Traditional Balinese cooking class
- Bike tour around Gili T Island
- Boat trip around Gili T, Meno & Air





## CLASSIC BALI

**PRICE**  
FR £579

**DURATION**  
8 DAYS

**ROUTE**  
SANUR - CANDIDASA



### DAYS 1-2 Sanur Beach / Bedugal / Munduk

Hit the seaside streets of Sanur on arrival, then make for the mountain lakes of Bedugal the next morning. After a walk through the Jatiluwih Rice Terraces, check out Pura Ulun Danu Bratan, an ancient water temple dedicated to the river goddess. (B, D)

### DAYS 3-4 Kintamani/Ubud

In Kintamani, take a dip in the local hot springs and get an early night - those who are up early enough the next morning will get the chance to hike to the top of Mt. Batur at sunrise. Once back from the volcano, head inland to the rich cultural centre of Ubud. Along the way, stop for the Bali Community Lunch, a G for Good programme that supports people living with disabilities find employment. (2B, L)

### DAYS 5-6 Ubud / Candidasa

In Ubud, Dpt to visit Monkey Forest, check out the arts and crafts, or venture out to the terraced rice paddies. Later, you have the opportunity to witness a traditional Kecak dance performance. (2B)

### DAYS 7-8 Candidasa

Settle into the beaches of Candidasa. Swim off secluded white-sand beaches, go fish-spotting with optional snorkelling or just work on that tan. You may also like to pay a visit to the water temple, Tirta Gangga, take a yoga class or treat yourself to a massage on the beach. After a final night, the tour comes to an end on Day 8. (2B)

Tour Code: GA AES LI



**ACCOMMODATION**

Hotels/guesthouses (7 nts)



**INCLUDED MEALS**

7 breakfasts, 1 lunch, 1 dinner



**TRANSPORT**

Private van, public bus, boat

**TRIP STYLE:** Classic

**AGE GROUP:** Min 12

**GROUP LEADER:** Chief Experience Officer (CEO), local guides

**GROUP SIZE:** Max 15, avg 12

**INCLUDED ACTIVITIES:** G for Good Bali Community Training lunch, Ubud orientation walk, visits to rice terrace & Kintamani hot springs

**DEPARTS:** Selected Fridays & Sundays (Jan-Feb, May, Nov), Sundays and occasional Thursdays and Tuesdays (Mar, Nov-Mar21); Sundays, Fridays & Wednesdays (Apr-Oct),

**MY OWN ROOM:** Fr£379

 **G Adventures**



## CLASSIC LOMBOK

**PRICE**  
FR £649

**DURATION**  
8 DAYS

**ROUTE**  
CANDIDASA - SANUR



### DAYS 1-2 Candidasa / Kuta (Lombok)

Arrive at any time into the beautiful Candidasa. Your adventure starts as you travel to Padangbai harbour for the ferry crossing to lovely Lombok - it's a true island paradise with surf beaches and excellent reefs for snorkelling. (B)

### DAYS 3-4 Tetebatu / Senggigi

Stroll past the area's rice paddies, tobacco fields and a small Sasak village en route to the southern town of Kuta (not to be confused with Bali's Kuta). A full day is yours to suss out the area's many activities. Opt to take a stab at surfing or just simply laze on the beach. Things get a little more hilly at scenic Tetebatu, where you trek through rice fields here before spending the night at Senggigi. (2B)

### DAYS 5-6 Senggigi / Gili Islands

Hike the base of Mt. Rinjani and cool off with a well-earned swim at a secluded waterfall. Suitably refreshed, jump on an outrigger boat to the beautiful palm-fringed Gili Islands. Make sure you seek out the ocean swing for the perfect holiday pic (fnofilter). If you're Feeling energetic, you can head off on an organised snorkelling trip of the coral reefs and run into sea turtles. (2B)

### DAYS 7-8 Sanur Beach

Return to Bali by boat and transfer to Sanur - a seaside town with a long stretch of beach, shallow waters and colourful Indonesian fishing boats. Your adventure comes to an end on Day 8 after breakfast. (2B)

Tour Code: GAAEUS



**ACCOMMODATION**

Hotels/guesthouses (7 nts)



**INCLUDED MEALS**

7 breakfasts



**TRANSPORT**

Private van, public bus, boat

**TRIP STYLE:** Classic

**AGE GROUP:** Min 12

**GROUP LEADER:** Chief Experience Officer (CEO)

**GROUP SIZE:** Max 15, avg 12

**INCLUDED ACTIVITIES:** Snorkelling trip, Tetebatu countryside trek, Benang Kelambu Waterfall swim, visits to Sasak and Gili Islands

**DEPARTS:** Selected Thursdays & Saturdays

**MY OWN ROOM:** Fr£399

 **G Adventures**





# CLASSIC BALI & LOMBOK

SMALL GROUP ADVENTURE

## PRICE

FR £1,199

## DURATION

14 DAYS

## ROUTE

SANUR - SANUR

- WE LOVE -



## HIGHLIGHTS



### G FOR GOOD

Support a project that provides skills training to people with disabilities.



### MT. BATUR CLIMB

Get above the Clouds and watch the sunrise from the crater rim.



### JATILUWIH RICE TERRACES

Trek through this bright green UNESCO-protected site.

## DAYS 1-3 Samur Beach / Bedugal / Munduk / Kintamani

Drop in to Sanur at any time and meet the rest of your group. The next morning brings you up into the highlands to the stunning Lake Bratan Temple and the UNESCO-protected Jatiluwih Rice Terraces before continuing over the mountains to the town of Bedugal. On Day 3, travel through lush rice paddies and up Mt. Batur to Kintamani, a town situated on the edge of a crater overlooking Lake Batur. Chill out here with a soak in hot springs. (2B, □)

## DAYS 4-7 Ubud / Canddasa

Early risers can opt For a dawn trek to the summit of Mt. Batur, it really is worth setting the alarm For! Stop for lunch at the G For Good Bali Community Lunch, a programme run in conjunction with Senang Mali, an organisation working to improve the lives of adults with disabilities. Then head to the cultural and artistic town of Ubud, regarded as the home of Balinese culture. Surrounded by scenic rice paddies and ancient temples, this popular town has inspired artists from all around the world and attracts a diverse mix of backpackers, hippies and intrepid travellers. You can also choose to take a yoga class., partake in a Balinese cooking class or go for a traditional massage. Day 6, travel the short distance by bus to the legendary beaches of Candidasa, stopping at the historic Kerta Gosa court of justice. During your two-night stay, there's plenty of free time for swimming, snorkelling and diving. (4B, L)

## DAYS 8-10 Kuta (Lombok) / Tetebatu /Senggigi

Cruise on over to Lombok, a real treat For those who love to surf. The surfing hotspot of Kuta is only a road away via a traditional Sasak village. On Day 9, dive head-first into a Full day's exploration, laze on the sweeping sandy beaches or test your balance on a surfboard! The following morning, travel to the village of Tetebatu on the slope of the Rinjani Volcano and spend the afternoon on an easy trek through rice fields. [36]

## DAYS 11-14 Gili Trawangan /Sanur Beach

After a hike to a waterfall at the base of the Rinjani Volcano, it's time to kick back in Dili T. Surrounded by white-sand beaches and pristine waters, these islands are the ideal place to relax. Grab a bike and cycle around the island or head to the fresh food night market that will lure you in on smell alone. Take an optional snorkelling trip if you want to explore the spectacular marine life. Return to Bali on Day 13 and transfer back to Sanur. ReFlect on your adventure for one East night before your tour comes to an end on Day 14. (40)

Tour Code: GAAE5S



### ACCOMMODATION

Hateh/guesthouseS (13 nts)



### INCLUDED MEALS

13 breakfasts, 1 lunch, 1 dinner



### TRANSPORT

Minibus, Inta l bus, Ferry, private boat

## NEED TO KNOWS

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Mau 15, avg 12

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
10	02	01	05	01	05	05	04	02	08	06	03	07	05	
19	23	08	12	10	12	05	07	06	11	15	13	10	21	16
26		15	17	15	14	10	09	13	16	20	20	24	28	21
31		26	26	17	19	12	14	18	25	29	25	29	26	
			29	24	21	15	16	20	30				28	
				29	26	17	21	25						
				31	28	19	28	27						
					24	30								
					26									
					31									

MY OWN ROOM: Fr £699

## INCLUDED ACTIVITIES

- \* G for Good Bali community lunch
- \* Ubud orientation walk
- \* Snorkelling trip
- \* Tetebatu countryside trek
- \* Sen da ng Gila Waterfall swim



G Adventures

## LIKE THAT? TRY THIS...

### Shorten your trip

#### Wellness Bali

(9 days, Ubud - Sanur)  
(GAAEUSW) See page 140

Fr £1,149

### Extend your trip

Best of Sumatra and Java  
(16 days, Medan - Sanur)  
(GAAESJ)

Fr £1,529

Indonesia, Java, Bali and Lombok  
(22 days, Jakarta - Sanur)  
(GAAEJL)

Fr £1,949





# BALI INTRO

SMALL GROUP ADVENTURE (18-39s) —

PRICE  
FR £894

DURATION |  
12 DAYS

ROUTE  
CANGGU - UBUD



## NEED TO KNOWS

- TRIP STYLE: Exclusively For 18-39s
- AGE GROUP: 18-39
- GROUP LEADER: Group leader, local guides
- GROUP SIZE: Min 4, Max 22
- DEPARTURES 2021: 10

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
04	01	03	02	02	01	02	03	01	02	03	01
06	05	05	05	05	03	04	05	04	05	05	05
09	07	07	06	07	06	07	07	08	07	08	08
11	09	09	11	09	08	09	09	10	10	10	10
14	11	11	13	11	10	12	12	12	14	13	
16	13	13	17	14	12	14	14	14	18	17	
19	16	16	19	16	14	16	17	17	20	21	
21	18	18	21	18	16	18	21	19	25	23	
23	20	20	23	20	18	20	23	22	28	26	
25	22	22	25	22	20	22	25	26	30	28	
27	24	24	27	24	22	24	27	27	30		
29	26	26	29	26	24	26	29	29			
	28	30	31	30	28	30	30				

## INCLUDED ACTIVITIES

- Ancient temple visits
- Surf lessons in Seminyak
- Wild dolphin boat trip
- Local Balinese family visit
- Gili Islands boat trip with snorkelling
- Gili Islands bike tour
- Sunrise volcano trek
- Balinese massage
- Monkey Forest visit

## HIGHLIGHTS



### WILD DOLPHINS BOAT TRIP

Check our Lovina's [porpois.es](#) on a wild dolphin boat trip.



### SNORKELLING WITH TURTLES

The T in Gili I doesn't stand for turtles, but that's where you'll find them.



### SUNRISE VOLCANO TREK

We're here for the views and the volcano-heated breakfast.

### DAYS 1-3 Canggu

Join the group in your Canggu accommodation or take the included arrival airport transfer there from Denpasar. Canggu is a great place to get yourself acquainted with Balinese culture, so start with a visit to one of the ancient temples nearby before settling down on the beach for a feast of a sunset. On Day 2 head to the coast where you're taught how to surf by local! Balinese surf dudes in one of the world's most famous surf destinations.

### DAYS 4-6 Lovina

Your next destination is the relatively unknown natural wonder of Lovina, an untouched paradise of stunning rice paddies and fascinating culture. En route, visit temples, epic waterfalls and soak up the lush landscape. Jump on a traditional Balinese outrigger boat and cruise the coastline, keeping your eyes peeled for the wild dolphins. The best way to learn something is by doing, so get a hands-on experience of basket weaving, coffee production and traditional Balinese life from a local family. On Day 5, a Fast Ferry zips you over to Gili Trawangan where you can relax or take in the nightlife. (2B, L, D)

### DAYS 7-9 Gili Trawangan

As Gili T has no motorised vehicles, explore the island by bicycle and take in the stunning views. While you're at it, why not work on your tan at its famously pristine beaches? On Day 8, a boat takes you around all three Gili Islands where you can snorkel in clear water - especially handy when trying to spot some turtles! Spend the next day travelling to Ubud! where there are plenty of markets and a chilled-out night scene to fit in before slipping to bed. (3B, D)

### DAYS 10-12 Ubud

Step into the famous Monkey Forest, fascinating temple grounds home to hundreds of wild monkeys. Don't get too close though - those curious little guys have a thing for shiny things. It's an early start for you and your crew on Day 11 as you head off on a sunrise volcano trek. Experience sunrise at the summit while enjoying a breakfast prepared through the natural heat of the volcano. By mid-morning you're back in Ubud where you can unwind with a rejuvenating massage. The rest of the day is yours to chill, shop or explore before you depart Day 12. (3B, D)

Tour Code: DPSWWN

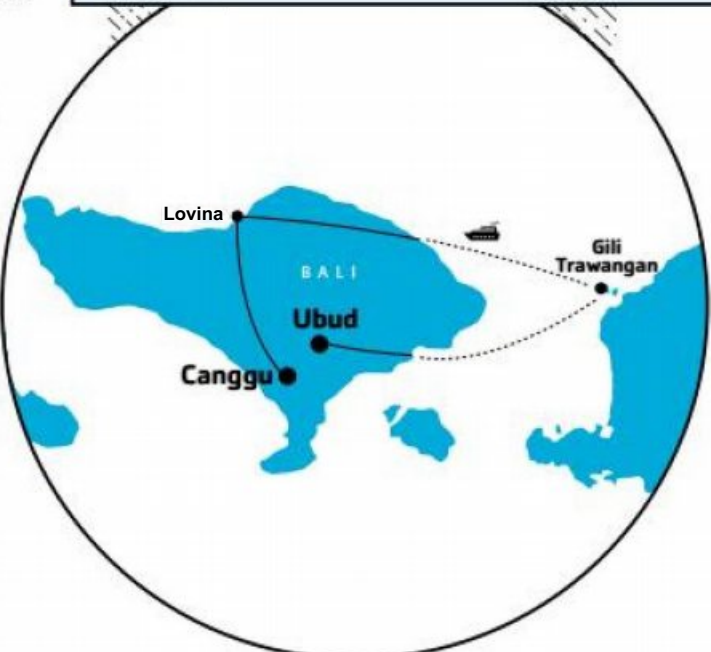
## LIKE THAT? TRY THIS...

### Shorten your trip

Bali Intro  
(9 days, Canggu - Gili Trawangan)  
(DPSBWF) Fr £684

### Upgrade your trip

Bali Experience  
(15 days, Seminyak - Seminyak)  
(DPSBEE) Fr £1,526



### ACCOMMODATION

Twin/triple-share hotel [8 nts],  
multi-share private villa [2 nts]



### INCLUDED MEALS

5 breakfasts,  
1 lunch, 3 dinners



### TRANSPORT

Private minivan, ferry



# UNIQUE BALI: CULTURE, NATURE & BEACHES

PRICE

FR £622

DURATION

10 DAYS

ROUTE

DENPASAR - SEMINYAK

INDEPENDENT TOUR

**DAYS 1-3 Denpasar / Ubud**

Land in Denpasar and catch your transfer to Ubud. The next day, hop on a bike for a half-day tour of the area before eating a traditional Balinese lunch. Start off Day 3 at a nearby temple and give an offering to the gods, known as Canang in Bali. Continue to the King's Tombs at Gunung Kawi and finish with a hike up Tirta Empul and Gunung Kawi. [2B, 2L]

**DAYS 4-5 Munduk**

Munduk Village is a microcosm of traditional Balinese that's famous for its beautiful rainforest scenery. Explore on an included trek, then continue to Dayang. On Day 5, move on to Pemuteran via Gitgit Waterfall, Banjar Hot Springs and the Wihara Buddhist Temple. (2B)

**DAYS 6-7 Pemuteran / Candidasa**

Menjangan Islands waters have some of the best coral - perfect for you to snorkel around. Dry off and make your way to Candidasa, stopping en route at Tirta Gangga, a park full of statues taken from historical Hindu periods, and Taman Ujung Water Palace, a former palace in the Karangasem Regency. (2B, L)

**DAYS 8-10 Candidasa / Seminyak**

On your free day in Candidasa, opt for more snorkelling, diving, fishing or trekking. Head to Seminyak where you've got free time before your trip ends on Day 10, so make the most of your time in this lively area with eateries and bars galore to choose from. [3B]

- AGE GROUP: Min 12
- GROUP LEADER: English-speaking guide on activities
- GROUP SIZE: Min 2, Max 8
- INCLUDED ACTIVITIES: Half-day cycling tour in: Ubud^ spiritual tour, environmental trek in Munduk, Banjar hot spring visit, snorkelling on Menjangan Island., entry to GitGit Waterfalls, Buddhist temple, Tirta Gangga & Taman Ujung
- DEPARTS: Daily



# BALI BEACHES - UBUD COMBINATION

PRICE

FR £773

DURATION

9 DAYS

ROUTE

DENPASAR - UBUD

INDEPENDENT TOUR

Combine windswept beaches with relaxing yoga on this nine-day whirlwind adventure. After you've touched down in Denpasar, get whisked off to Seminyak for some beach time and surfing. The Hindu temple Pura Tanah Lot is where you can get first-hand cultural knowledge before you check out some more temples along the banks of the Beratan and Buyan Lakes. Move on to Jimbaran Beach for some yoga time, then it's on to Pandawa Beach for a traditional dance. Turn things up a notch on arrival to Ubud and you embark on a whopping three days of adrenaline-pumping white water rafting and volcano trekking.

INCLUSIONS

Departs: Daily Accommodation: Hotels or guesthouses (8 nts) Meals: 8 breakfasts, 2 lunches Transport: Car or minivan Tour Code: DPSUCO

# BALI-LOMBOK GILI ISLAND HOPPING

PRICE

FR £663

DURATION

10 DAYS

ROUTE

SEMINYAK - SEMINYAK

INDEPENDENT TOUR

Welcome to Lombok! Known as Bali's 'quiet neighbour' rest and relaxation is easy to come by. After settling in, get things started on Day 1 by visiting traditional villages and two refreshing waterfalls near Mt. Rinjani. Follow up with a day tour to the hand-weaving village of Sukerara, then chill out at Kuta Beach. This famous strip of sand is buzzing with life both day and night. On Day 5, head to the car(e)-free Gili Islands for bike rides, snorkelling and plenty of chill out time. Wrap things up in style by hopping aboard a boat for one final party, saying goodbye to your fellow revellers before you head back to Seminyak in Bali.

INCLUSIONS

Departs: Daily Accommodation: Hotels or guesthouses (9 nts) Meals: 9 breakfasts, 1 dinner Transport: Car or minivan, boat Tour Code: DPSGIH



# BALI & BEYOND

SMALL GROUP ADVENTURE

PRICE  
FR £ 1350

DURATION  
18 DAYS

ROUTE  
DENPASAR - LABUAN BAJO

- WE LOVE -

INDONESIA & BALI

## NEED TO KNOWS

TRIP STYLE: Small Group Adventure

AGE GROUP: Min 18

GROUP LEADER: Tour Leader and local guide throughout

GROUP SIZE: Max 16, Min 5

DEPARTURES 2020:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
	28	01	02	03	04	05	06	07	08	09	10
		04	06	06	04	03	02	01	01	02	03
		08	09	10	08	07	06	05	04	03	02
		11	13	13	11	10	09	08	07	06	05
		15	16	17	15	14	13	12	11	10	09
		18	20	20	18	17	16	15	14	13	12
		22	23	24	22	21	20	19	18	17	16
		25	27	27	25	24	23	22	21	20	19
		29	30		29	28	27	26	25	24	23

## INCLUDED ACTIVITIES

- \* Surf lesson in Canggu
- \* Balinese cooking class
- \* Bike tour of Gili Trawangan
- \* Snorkelling with manta rays and turtles
- \* Visits to Ubud Monkey Forest, Tanah Lot and Tamun Ayun temples, Tengenungan and Benang Kelampu waterfalls and a traditional Sasak village



## HIGHLIGHTS



### UBUD RICE TERRACES

Surely one of those top must-sees in Indonesia.



### BEACH TIME ON GILI T

Catch a sunset on one of the iconic swings after a day of snorkelling.



### ISLAND HOPPING

Float along dozens of pristine islands on a liveaboard boat.

### DAYS 1-3 Denpasar / Canggu / Kuta

Touch down in Denpasar, transfer to Canggu and meet your group in the evening. For an optional rooftop dinner and drinks. The next day, pay a visit to two of Bali's most beautiful temples, Tanah Lot and the royal temple of Tamun Ayun. Once you've got your culture fix, catch the sunset from a local beach and spend a night on the town in Canggu's bohemian bars. On Day 3, grab a surfboard and wash away the hangover with an included surf lesson in Kuta. (2B)

### DAYS 4-7 Ubud / Gili Trawangan

Pack your bags today and head to Ubud, the cultural heart of Bali. En route, stop at a waterfall to enjoy a much-needed cool down. A local family welcomes you into their home the next day before you visit the Monkey Forest. Believed to protect the Forest's temples, these monkeys are pretty popular in Bali. Take a wander down to the local rice terraces then head up to a viewpoint for stunning views of an active volcano. On Day 7, a ferry takes your way across to Gili T for plenty of R&R and beach time. (4B, L)

### DAYS 8-12 Gili Trawangan / Kuta Lombok

Spend the day island-hopping around the magnificent Dili Islands. Snorkel incredible reefs, shipwrecks and underwater temples, before stopping off for a beachfront lunch on Gili Air. Return back to Gili T via Turtle Point, where you can have the chance to snorkel with turtles. After exploring the car-free island by bike, the best place to nestle in for a sunset is from one of the iconic swings that hang over the ocean. On Day 10, head over to Lombok's southern coast, visiting a traditional Sasak village, incredible waterfalls and numerous beaches. (5B, D)

### DAYS 13-18 Sumbawa Besar / Satonda Island / Komodo Island / Padar Island / Labuan Bajo

Jump onto a ferry and head east towards the next island, Sumbawa. Once you've arrived, you have the rest of the day to kick back and relax by the pool. If you're craving a bigger body of water, you're in luck. Take things up a notch the following day by climbing aboard a boat to the beautiful island of Moyo, where hidden waterfalls and stunning beaches await. On Day 15, a boat will be your home for the next three days as you set sail towards Komodo, land of the fearsome Komodo dragon. The first stop en route is Satonda Island, where you visit an inland salt water lake, then follow up with snorkelling alongside giant manta rays and turtles. Later on, finish up at Labuan Bajo, your last stop of the trip. Depart at any time on Day 18. (6S, 3L, 2D)

Tour Code: TTUAEBB



### ACCOMMODATION

Twin-share hotels (15 nts), live aboard boat (2 nts)



### INCLUDED MEALS

17 breakfasts, 4 lunches, 3 dinners



### TRANSPORT

Liveaboard boat, bus



### WE KNOW

BECAUSE WE

"Completely exceeded my expectations! Non-stop smiling, stunning views and the most amazing group of people?"

ELLIE, TRAVEL EXPERT  
IN BRISTOL



## BALI & BEYOND ISLAND HOPPING

PRICE  
FR £622

DURATION  
12 DAYS

ROUTE  
DENPASAR - CANGGU



INDEPENDENT TOUR

### DAYS 1-3 Denpasar / Ubud

Once you've touched down into Bali, get whisked off to Ubud. Connect with nature in the rainforest and wander the Hindu temples and shrines. On Day 3, a half-day cycling tour takes you on a ride through local villages and past those famous rice paddies. (2B, L)

### DAYS 4-6 Nusa Lembongan / Nusa Penida

Head offshore to Nusa Lembongan and cross over to the western part of Nusa Penida. First port of call? Broken Beach and the Angel's Billabong is where you can immerse yourself in the blue azure horizon. Continue to the Insta-famous Kelingking cliff. Day 6 is your time to chill out on the beaches of Nusa Lembongan and cool off in the waves. (3 B, L)

### DAYS 7-9 Gili Trawangan

Hop aboard a fast boat to Gili Trawangan, famous for its snorkelling, scuba diving and palm-fringed beaches. Get to know the islands underwater life on a snorkelling trip. Gili T is slightly larger than its sister islands, Gili Meno and Gili Air, so opt to explore via bike or just chill by the beach on your free day. (3B)

### DAY 10-12 Canggu

Canggu is an up-and-coming town known for hip bars and surfing - this is a great place to kick back and get at one with nature. After one last night here, your trip ends and you're free to do as you choose. Our advice? Stick around a little longer! (3B)

Tour Code: DPSLBN



#### ACCOMMODATION

Single, twin or double rooms in hotels  
(11 nts)



#### INCLUDED MEALS

11 breakfasts, 2 lunches



#### TRANSPORT

Air con car, boat

AGE GROUP: Min 12

GROUP LEADER: Local English-speaking guides at most sights included

GROUP SIZE: Min 12

INCLUDED ACTIVITIES: Half-day cycling tour around Ubud; snorkelling in Gili T, visits to Broken Beach, Angels Billabong, Kelingking Cliff and Crystal Beach

DEPARTS: Daily



## BEST OF FLORES & KOMODO

PRICE  
FR 0,149

DURATION  
9 DAYS

ROUTE  
SAMUR - SANUR



SMALL GROUP ADVENTURE

### DAYS 1-2 Sanur/Moni

Unwind after landing in Sanur by sinking your feet into silky sands and ambling along its colourful streets. Catch a short flight to Ende the next day and transfer to your eco lodge in the hill town of Moni. (B)

### DAYS 1-4 Moni / Kelimutu / Bajawa / Ruteng

Embark on a one-hour hike to the Kelimutu lake crater viewpoint just in time for sunrise. High up in the mountains of Bajawa, recharge with a soak in the Malange Hot Springs. On Day 4, drive inland to Ruteng - it's nestled amongst a high mountain range and a maze of valleys. Traditional villages are dotted all throughout Ngada where you meet the local tribes, and learn all about their customs and traditions. (2B)

### DAYS 5-6 Labuan Bajo

En route to Labuan Bajo, stop by the rice fields at Cancar. Chill out once you've arrived on Pede or Binono beaches and wander through the markets. Day 6 is an early morning as an easy trek through the jungle takes you to the gorgeous Cunca Wuland Canyon. (2B)

### DAYS 7-9 Komodo/Sanur

Set sail to Rinca and Komodo islands in search of the famed Komodo dragon and other wildlife. Did you know that female Komodo dragons can reproduce without having sex? Fly back to Bali on Day 8 and spend one last night in Sanur with your group. Depart at any time after breakfast the next day. (3B, L, D)

Tour Code: GAAEFK



#### ACCOMMODATION

Hotels/guesthouses (8 nts)



#### INCLUDED MEALS

8 breakfasts, 1 lunch, 1 dinner



#### TRANSPORT

Plane, boat, private van

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

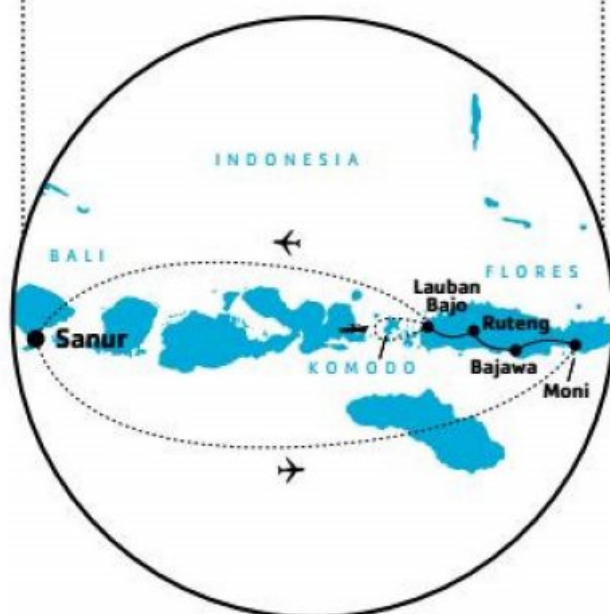
GROUP SIZE: Max 15, avg 12

INCLUDED ACTIVITIES: Kelimutu volcanic crater visit, Ngada village experience, boat trip to Komodo and Rinca islands, spider rice fields visit, Maianage hot springs visit

DEPARTS: Selected Thursdays (Apr-Nov)

MY OWN ROOM: Fr £399

G Adventures





# SAILING INDONESIA - BALI AND LOMBOK

SMALL GROUP ADVENTURE

PRICE  
FR £ 1,149

DURATION  
7 DAYS

ROUTE  
SANUR-SANUR

INDONESIA & BALI



## HIGHLIGHTS



### SEA TURTLES GALORE

The waters of Gili T are just full of them. They're hard to miss, so have a go at snapping a shell-fie.



### ISLAND HOPPING

Boat is clearly the preferred mode of travel here. Cruise by untouched beaches on a fully staffed 17m catamaran.



### SWINGING INTO GILI T

If you didn't snap an obligatory photo of the ocean swing, did you really visit Gili T?

#### DAYS 1-2 Sanur / Nusa Lembongan

Your sailing adventure on the high seas begins. Arrive in the village of Serangan by 10am and meet your new crew. Then, it's anchors away! Set sail into the waters of the Java Sea and head to Nusa Lembongan on your 17-metre long catamaran. Once you've arrived, opt to go snorkelling or enjoy a tour of the island's mangroves. The next day, continue sailing to the beautiful islands of Lombok, starting with the three famous Gilis - Air, Meno and Trawangan. Moor up by Gili Trawangan, the largest of the three islands. (B\* 2L, 2D)

#### DAYS 3-5 Lombok Island

Spend the next few days exploring the islands of Gili Trawangan\* Gili Sudak\* Gili Nanggu and Gili Gede. Popular Gili T is where the majority of backpackers and other travellers stay. There's plenty to do here, but we'd recommend grabbing a mask and snorkel and heading off to explore the underwater world. The waters here are famous for their turtles, and you're pretty much guaranteed to see one. Other activities include yoga, paddleboarding or simply chilling out on the sand. During the evenings, grab a few drinks and mingle with other travellers at the numerous beach bars found dotted about the island. Post Gili T, head south to Lombok's south western corner and make for the islands of Gili Sudak and Gili Nanggu. These islands are rarely visited, so if luck is on your side, you may just have them all to yourself! Gili Sudak, known as "Lunch Island", is the perfect spot for a beach barbecue. Gili Nanggu is often referred to as 'Paradise Island', and it's pretty easy to see why. With pristine white-sand beaches, fish-filled coral reefs and inviting blue waters, you won't want to leave. From Gili Nanggu, sail west to Gili Gede, arguably the most unspoilt island in the region. With only a handful of bars and restaurants, it's the ideal base for an island-hopping adventure. The coral reefs just offshore are home to both turtles and dolphins, and two of the world's top 20 most-CDvetedi surf breaks - Desert Point and Bangko Bangko - are just a ten-minute speedboat ride away. (30, 3L, 30)

#### DAYS 6-7 Lombok Island / Nusa Penida / Sanur

Relax as you sail across to Nusa Penida. Upon arrival, opt for a snorkelling trip or explore the island more with a Nusa Penida Island Explorer Tour. Once used as a place of banishment for criminals from the kingdom of Klungkung (now called Semarapura), it has an intriguing history that is well worth exploring. Sail back to Serangan Village and disembark on arrival. (2B, L, D)

Tour Code: GAAEBV



#### ACCOMMODATION

Double/twin-share cabins (E nts)



#### INCLUDED MEALS

B breakfasts, 6 lunches, B dinners



#### TRANSPORT

17m [57 ft] sailing catamaran

## NEED TO KNOWS

TRIP STYLE: Marine

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO) throughout\* skipper, assistant/cook

GROUP SIZE: Max 12

DEPARTURES 2020:

1	£	£ < E =	2-4	07	05	E =	1	iQ.	b	i £
05			31	14	12		02	08	04	01 06
			21	19	16		09	13	11	OS 13
			28 26		23		16	20	IS	15 20
					27		23	27	25	22 27
							30			29

## INCLUDED ACTIVITIES

- \* Sailing Bali, Lombok and the Gili Islands
- Snorkelling around the Gili Islands
- « Lembongan Island visit
- All snorkelling equipment included
- Plenty of time on world-famous beaches



## LIKE THAT? TRY THIS...

### Upgrade your trip

Classic Bali and Sailing Adventure  
(14 days, Sanur - Sanur)  
(GAAEBB)

Fr £1,699





# ONE LIFE - BALI & JAVA

PRICE  
FR £764

DURATION  
12 DAYS

ROUTE  
CANGGU - PADANG BAI



## DAYS 1-3 Canggu / Pemuteran

Kick things off in cool Canggu before heading north to the sleepy seaside village of Pemuteran. After a visit to the secluded Banyumala Waterfall, meet a local family to learn about their 100-year-old coffee-making recipe and go snorkelling around Menjangan Island. In Bahasa, Menjangan means 'deer' so don't be surprised when some furry friends come and have lunch beside you. (2B, L, Dj)

## DAYS 4-8 Bromo / Red Island

Cross into Java and board a local train to Bromo. Day 5 sees a huge highlight - sunrise on the Mars-like landscape of otherworldly Mt. Bromo, including a hike to the edge of the crater. After visiting a local school, head to Red Island, one of Asia's few remaining untouched surf meccas, for a surf lesson on uncrowded waves. (3B\* L, 2D)

## DAYS 7-9 Banyuwangi / Ubud

Unwind at a beachfront resort in Banyuwangi, where you can treat yourself to a massage and a swim in the resort pool. Next stop is the magical town of Ubud, famed for its world-class yoga practices, beautiful rice terraces and incredible food. Visit the Monkey Forest, Tegallalang Rice Waterfalls and Tirta Empul Temple. (3B)

## DAYS 10-12 Gili Islands

Since there are no cars on Gili, a sunset bike tour not only gives you the lay of the land\* but also lets you in on one of the best secluded areas. Finish off with an island-hopping tour\* with highlights including turtles and famous underwater statues. (3B, L)

Tour Code: DP5BJ0



### ACCOMMODATION

Twin/double hotels (5 nts),  
triple-share hotels (2 nts)



### INCLUDED MEALS

11 breakfasts, 2 lunches, 3 dinners



### TRANSPORT

Bus, local train, boat

AGE GROUP: Min 18

GROUP LEADER: Western One Life group leader, local guides

GROUP SIZE: Min 6, Max 22

INCLUDED ACTIVITIES: Coffee and rainforest tour, snorkelling in Menjangan and Gili islands, sunrise trek on Mt. Bromo, surf lesson at Red Island Surf Camp, orientation walk of Ubud, Tjampuhan Ridge walk, sunset bike tour in Gili Trawangan, Tirta Empul water temple offering, visits to Banyumala waterfall, Biorock Coral Planting Project, Monkey Forest, Tegallalang rice terraces\* Twin Lakes and Beratan Lake Temple

DEPARTS: Mondays

NOTE: An included arrival transfer from Denpasar Airport is available on Day 1. Please ask your Travel Expert for more details.



# HIGHLIGHTS OF SUMATRA: HOT SPRINGS & BEACHSIDE BLISS

PRICE  
FR £759

DURATION  
14 DAYS

ROUTE  
MEDAN - PADANG



## DAYS 1-4 Medan / Tangkahan / Bukit Lawang

Arrive in Medan and tour the city in the morning^ then cross bumpy terrain to reach the small jungle community of Tangkahan, a great base for hiking. The next morning it's on to Bukit Lawang where you head for the orangutan viewing platform and opt for a jungle trek in Gunung Leuser National Park. If you're lucky, you should be able to spot orangutans. (3B)

## DAYS 5-8 Berastagi / Samosir Island

Today you hop on a bus to the rural retreat of Berastagi. After an orientation walk, opt to hike a volcano or explore the traditional villages. Day 7, travel to the world's largest volcanic lake^ Lake Toba. Dip into its warm waters or take the cultural route and visit nearby Batak villages for a culture fix. (4B)

## DAYS 9-11 Padang Sidempuan / Bukittinggi

Drive through beautiful scenery on the way to the city of Padang Sidempuan, where you stay the night. Journey north to Bukittinggi the next day, stopping at a spice garden along the way. On Day 11, you're free to explore various markets and mosques. You may also want to get your adrenalin pumping with some rafting or kayaking\* or check out the Japanese caves from World War II. (3B)

## DAYS 12-14 Padang

Welcome to Padang, a sprawling city on the western coast of Sumatra. Here's a good spot to toast your adventure - plus you have plenty of time to check out the nearby islands. Your trip wraps up on Day 14. (3B)

Tour Code: GAAESH



### ACCOMMODATION

Hotels or hostels (13 nts)



### INCLUDED MEALS

13 breakfasts



### TRANSPORT

Minibus

TRIP STYLE: 18-to-Thirtysomethings

AGE GROUP: Exclusively for 18-39s

GROUP LEADER: Chief Experience Officer (CEO)

GROUP SIZE: Max 18, avg 10

INCLUDED ACTIVITIES: City tour of Medan, orientation walks in Berastagi and Bukittinggi

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
24	07	06	10	01	05	03	07	11	09	06	04	29	26	26
		20	17	08	12	17	14	25	23	20	18			
				15	26	24	28							
				29		31								

(g) G Adventures

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# INDONESIA: VOLCANOES & FLOATING VILLAGES

SMALL GROUP ADVENTURE (1 & 39s) —

PRICE  
FR £ 1,949

DURATION  
27 DAYS

ROUTE  
MEDAN - KUTA

- WE LOVE -

INDONESIA & BALI



## HIGHLIGHTS



### EXPLORE THE JUNGLES OF SUMATRA

See Sumatran orangutans in their natural habitat



### VISIT LAKE TOGA

Take a dip in the largest volcanic lake in the world.



### FAMILY HOMESTAY IN THE MT BROMO REGION

This G For Good homestay will give you a feel for local village living.

#### DAYS 1-6 Medan /Tangkahan / Bukit Lawang /Berastagi

Full of urban character, Indonesia's third-largest city welcomes you on Day 1. Wind through Art Deco buildings on a city tour on Day 2, visiting the Maimoon Palace, Great Mosque and Vihara Gunung Timur Temple. Take on bumpy roads to the small jungle community of Tangkahan for a night's stay, then it's an exciting visit to the lovable orangutans in Bukit Lawang! See these funny creatures in their natural habitat and opt to jungle trek in Gunung Leuser National Park, then bus over to Berastagi. Hike up Sibayak volcano at sunrise and unwind at the local hot springs. (5B)

#### DAYS 7-13 Samosir Island / Padang Sidempuan / Bukittinggi / Padang

The world's largest volcano lake - Lake Toba - is your destination for Day 7. Chill out and swim in its warm waters, or stroll through the local Batak villages. On Day 9, drive through rich vegetation to the city of Padang Sidempuan. Gear up for your next drive to Bukittinggi, stopping at a spice garden en route, and enjoy some free time here. Opt to see the World War II Japanese Caves or Sianok Canyon, then head to Padang on Day 13 for a gorgeous coastal sunset. (7B)

#### DAYS 14-19 Jakarta / Cianjur / Bandung / Yogyakarta

The massive capital of Indonesia, Jakarta, is action-packed to the max. Fly here on Day 14 and tour the city. Journey to Cianjur the next day, see floating villages and spend the night at a family homestay. West Java's capital Bandung calls on Day 16, set amid volcanoes and tea plantations. Considered the most artistic city of Indonesia, get your culture fix then it's on a train to Yogyakarta to see Mt. Merapi and Borobudur, the world's largest Buddhist sanctuary. (6B)

#### DAYS 20-27 Ngadas /Mt. Bromo / Red Island /Pemuteran /Kuta

Traversing the agricultural heartland of Java, reach Ngadas village in the Mt. Bromo region. This night, experience the local culture of the Tengger Farming community with a G for Good homestay. Over the decades, the Tengger people's land has been subjected to illegal logging, and younger generations are relocating to urban areas. This programme supports the local enterprises that remain. After leaving your host family, lace up those hiking boots, because it's time to trek to Mt. Bromo along the Ancestor Trail. Opt to hike to the volcano's crater then the next day, hike yet again to a sunrise viewpoint. Go take a little time out at Red Island, you'll need it after all that. Enjoy an included surf lesson then, on Day 24, head to Pemuteran in Bali for snorkelling. Your trip ends in Kuta on Day 27. (7B, L, O)

Tour Code: GAAEID



#### ACCOMMODATION

Simple hotels or hostels (22 nts),  
multi\*share surf camp dorms (2 nts),  
multi\*share home stay (2 nts)



#### INCLUDED MEALS

25 breakfasts,  
1 lunch, 1 dinner



#### TRANSPORT

Minibus, private vehicle,  
ferry, train, plane

## NEED TO KNOWS

TRIP STYLE: 18-to-Thirtysome things

AGE GROUPS: Small Group Adventure (18-39s)

GROUP LEADER: Chief Experience Officer (CEO)

GROUP SIZE: Max 18, Avg 10

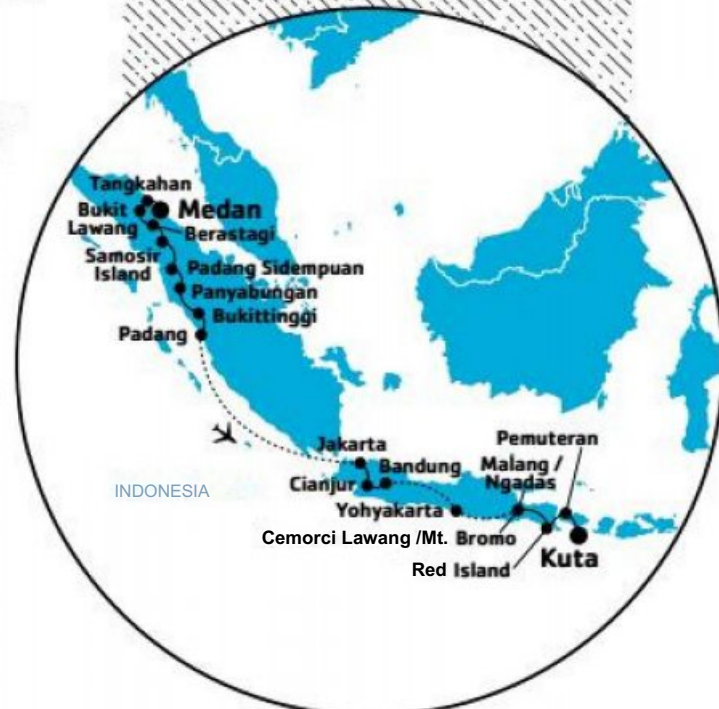
DEPARTURES: 2D2O/2 It

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
07	06	17	08	12	03	07	11	09	06	04	26	26	26	26
			15	26	17	14	25	23						
			29		24	28								
					31									

Additional dates are available. Please ask for details.

## INCLUDED ACTIVITIES

- Village walk and ancestor trail trek in Oesa Ngadas
- Surfing lesson on Red Island
- Hike from Tangkahan to Bukit Lawang
- Mt. Bromo crater walk and sunrise hike to Mt. Bromo viewpoint
- Entry to Bromo Tengger Semeru N.R
- City tour of Medan and orientation walks of Berastagi, Bukittinggi and Bandung





## 6 DAYS SOUTH SULAWESI

PRICE  
FR £487

DURATION  
16 DAYS

ROUTE  
MAKASSAR - MAKASSAR



South Sulawesi has total tropical charm, from trekking trails to hidden villages and dense, mountainous landscapes. Start with pick-up from either Sultan Hasanuddin Airport or Makassar City, From here, join a Tempe Lake boat tour and visit a floating house for tea with the locals. These floating villages of Sengkang are small and quiet, with inhabitants living in traditional wooden pile dwellings. The last half of your trip is Toraja-bound. Visit ancient sites and the famous yet spooky hanging graves, and hop on village walks to see children performing traditional bamboo orchestra.

### INCLUSIONS

Departs: Daily Accommodation: Hotels (5 nts) Meals: 5 breakfasts, 1 lunch Inclusions: Airport transfers, Tempe Lake Boat Tour, excursion to rock graves, tree graves and saddle houses, Toraja Village Walk Excursion, bamboo performance My Own Room: Fr £438 Tour Code: MK1SUL

## 6 DAYS SUMATRA

PRICE  
FR £460

DURATION  
6 DAYS

ROUTE  
MEDAN - MEDAN



After a little Googling, this Indonesian destination is sure to be hot on your radar. Untouched and beautifully natural pictures of bubbling volcanoes and overgrown rainforests spring to mind, where you will find all kinds of wildlife from our orange-haired cousins - the orangutans - to tigers, elephants and rhinos. Hop on this taster tour for six glorious days of exploration of the area. Trek the tropical rainforest in Bukit Lawang, climb Sibayak Volcano near the hill town Berastagi and join a cycling trip through villages in Samosir. Total king of the jungle vibes.

### INCLUSIONS

Departs: Daily Accommodation: Hotels (5 nts) Meals: 5 break Fast Inclusions: Airport transfers, 3-hour Bukit La wan g hike, entry and climb up Sibayak Volcano in Berastagi, Samosir cycling tour with local guide My Own Room: Fr £438 Tour Code: MESSUM

## BEST OF JAVA

PRICE  
FR £843

DURATION  
8 DAYS

ROUTE  
JAKARTA - SANUR



TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 15, Avg 12

INCLUDED ACTIVITIES: Visit Prambanan temple complex, see sunrise at Mt Bromo, visit Borobudur, village walk in Des a Ngadas, city tour in Jakarta

DEPARTS: SelfEcted Thu & Sat (Jan-Dec)

MY OWN RDDM: Fr £263

### DAYS 1-2 Jakarta / Bandung

Get a little feel for Indonesia's busy capital Jakarta before meeting your group. Day 2 kicks off with a tour of the city, travelling to Bandung by afternoon where you can opt to see a traditional angklung orchestra performance, where children create harmonic and resonating melodies with bamboo instruments. (B)

### DAYS 3-5 Bandung / Yogyakarta

Day 3 brings you to Yogyakarta. Opt to go on a cycling tour, or see a Ramayana performance - an Indonesian ballet that incorporates acrobatics. Next day, visit Prambanan, a well-preserved collection of Hindu temples and the biggest complex in Java. The world's largest Buddhist sanctuary, Borobudur, calls on Day 5. (3B)

### DAYS 6-7 Ngadas / Mr. Bromo

Continue across the agricultural heartland of Java to Ngadas, a village in the Mt. Bromo region. Experience the local culture during an overnight G for Good homestay with the Tengger farming community. Learn about the local culture, customs and traditions from your hosts and enjoy a tasty dinner. Climb up the majestic Mt. Bromo the next day for the sunrise, then move on to Malang for the evening. (2B, U D]

### DAYS 8-9 Sanur

Catch a flight to Sanur today, famous for its beaches. Here you can enjoy a bit of free time before saying goodbye on Day 9. (2B)

Tour Code: GAAEJV



### ACCOMMODATION

Simple hotels/guesthouses (7 nts), multi-share homestay [1 nt]



### INCLUDED MEALS

8 breakfasts, 1 lunch, 1 dinner



### TRANSPORT

Private van, train, bike, plane

 G-Adventures





**INDONESIA & BALI**

PRICE  
FR £1,149

DURATION  
14 DAYS

ROUTE  
JAKARTA - KUTA

**TRIP STYLE:** 18-t o-Th irt y s ome things

**AGE GROUP:** Smi ll Group Adventure (l 8-3 9s)

**GROUP LEADER:** Chief Experience Officer (CEO)

**GROUP SIZE:** Max 1 8, Avg 10

**DEPARTURES 2020/2 U**

[illegible]

- 6 for Good Ngadas homestay
- Village walk and Ancestor Trail trek in Desa Ngadas
- Surfing lesson in Red Island
- Orientation walk in Bandung
- Mt. Bromo crater walk and sunrise hike
- Bromo Tengger Semeru N.P. entry

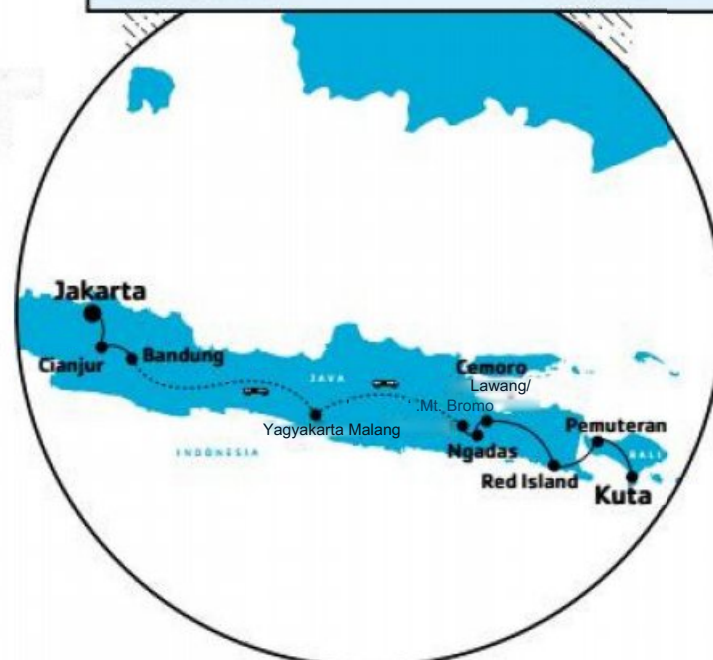


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**Extend your trip**

**Bangkok to Kuta: Summits & Sunsets**  
(27 days, Bangkok - Kuta]  
(GAATBSJ  
See page 35 Fr £2,129

**Epic Bangkok to Kuta: Beaches,  
Forests & Volcanoes**  
(40 days, Bangkok - Kuta]  
(GAATSE)  
See page 36 Fr £2,849



## HIGHLIGHTS



## SURFING IN RED ISLAND

Mount uncrowded wavES in one of  
Java's most beautiful surf spots.



## FLOATING VILLAGES IN CIANJUR

Void of much tourism, take the road less travelled to Cianjur.



## ANCESTOR TRAIL TO MT. BROMO

Trek to this active volcano and opt  
to hike to its crater.

**DAYS 1-3** Jakarta / Cianjur / Bandung

You're free to parade Java's thriving political and economic capital as you see fit today before meeting the group in the evening. Choose to walk around the old Dutch colonial heart of Kota or, in true Indonesian style, find a roadside coffee hut and try some Javan coffee. Next day, travel via bus south east to Cianjur, passing the 1 DO-year-old Gunung Mas or 'Golden Mountain' tea plantation on the way. Cianjur will also show you its floating villages. This corner of Java sees very little tourism, and you can experience local life by sleeping at a family homestay this evening. On Day 3, travel to Bandung for an orientation walk and time to explore under your own steam. (2B)

**DAYS 4-9 Yogyakarta /Ngadas / Mt. Bromo**

Day 4 begins with a train journey to Yogyakarta, once home to the Mataram Palace. This little stunner is nestled in the shadow of Mt. Merapi and is close to the famous 8th-century Buddhist temple complex of Borobudur. Get out and explore Yogyakarta on foot and take a stroll around the historical district of Kota Gede to shop for everything silver or head to a local Wayang (puppet) show. On Day 7, journey through more Javan landscapes to the small village of Ngadas. Experience the local culture staying in a G for Good community homestay, a programme helping the older generation of Tenggerese to diversify their income. After a guided walk on Day 8, get your hiking boots on for a trek along the famous Ancestral Trail to Mt. Bromo. OpE to visit the volcano's crater, then on Day 9, enjoy sunrise at the crater and make your way over to the beach at Red Island later on. (6B, IL, D)

**DAYS 10-14 Red Island /Pemuteran / Kuta**

Kick back beachside at Red Island where you'll be able to hang ten during an included surfing lesson. Spend the rest of your time here as you wish exploring or just kicking back and relaxing on the beach with a cold beer in hand. And on Day 11, Bali is calling! On your journey you'll pass rolling hills, tea plantations and coastal lowlands as you bid farewell to Java. Pemuteran lies sandwiched between national parks containing pristine coral reefs and luxuriant rainforest. Opt For a snorkelling or diving trip to Menjangan Island, one of the best dive sites in Bali. Wander up the beach and pass through countryside For magnificent coastal views, ornate temples and monkeys galore! Day 13's agenda is all about the lively shares of Kuta. Your trip sadly comes to an end of Day 14, but do stay on if you just can't get enough of the backpacker life. (4B)

**Tour Code: GAAEKS**



## ACCOMMODATION

Simple hotels or hostels (9 nts), surf camp dcwms [2 nts], multi-share homestays [2 nts)



### INCLUDED MEALS

12 breakfasts, 1 lunch, 1 dinner



## TRANSPORT

Minibus, local bus, ferry, train



## AWESOME NUSA PENTDA

FR £330  
4 DAYS



Hop on an island escape to the wildly photogenic Nusa Pentda. Still slightly less developed than other Indonesian hotspots, there's plenty going on as people flock to enjoy the island's slower pace. Climb down limestone cliffs to get to secluded beaches, swim in warm waters and crack open coconuts on this fantastic four-day foray.

### INCLUSIONS

Departs: Daily Accommodation: 3' or 4' hotel (3 nts) Meals: 3 breakfasts, 2 lunches Inclusions: All transfers in air con car, local English-speaking guides at most sights Tour Code: DPSANP

## OPEN WATER PADI SCUBA DIVE COURSE NUSA LEMBONGAN

FR £730  
7 DAYS



Get qualified in just seven days with this Open Water PADI Scuba Dive Course. A transfer will take you from Sanur, Bali, to the stunning Nusa Lembongan where you will be shown to your camp. The next week is all about learning to scuba dive with the experts and taking in brilliant landscapes while you're at it.

### INCLUSIONS

Departs: Daily Accommodation: 4-8 bed shared mixed room with ensuite Meals: 6 breakfasts, 7 lunches, 6 dinners Inclusions: Open Water PADI Qualification, return transfers from Sanur to Nusa Lembongan Tour Code: DPS7PA

## SURF & STAY BALI & YOGA

PRICE  
FR £449

DURATION  
5 DAYS

LOCATION  
BALI



Surf and yoga are food for the soul; where better to take on a little self-care than in sunny Balinese paradise? By night, you'll stay at the Mojosurf Camp in Canggu, and by day, you'll discover some of the best surf spots the island has to offer. Early morning yoga classes followed by a fresh brekkie each day gets you in the right mindframe for taking on the waves. Uncover the cool resort village of Canggu during your free time.

Tour Code: DPSSSY

GROUP SIZE: Max 20

INCLUDED ACTIVITIES: All equipment provided, transfers to best surf breaks, 5 yoga classes

ACCOMMODATION: Hostel (5 nts)

MEALS: 5 breakfasts, 5 dinners, 5 beers

DEPARTS: Daily



## MAKE A DIFFERENCE IN INDONESIA

PRICE  
FR £1048

DURATION  
2-4 WEEKS

ROUTE  
BALI - BALI



Join the ranks of ethically-minded ORCA365 (Ocean Rescue and Community Action) and work alongside locals to teach English to kids and young adults, organise beach clean-ups and monitor newborn turtles. Stay for either two or four weeks in Bali and Red Island, or extend your trip to include Nusa Lembongan and Lombok. ORCA365 predominately aims to educate guests and communities on the prevalence and risks of ocean plastics.

Tour Code: ORCIND

PROJECT START DATE: Thursdays

PROJECT LOCATIONS: Bali and Red Island

GETTING THERE: Private airport pick-ups are included throughout the day, as well as local accommodation pick-ups in Kuta/Canggu area

ACCOMMODATION: Shared rooms in surf camps and guesthouses (14+ nts)

MEALS: 14 breakfasts, 14 lunches, 14 dinners

STAY LONGER: Ft £1,670 per fortnight





NO  
EXPERIENCE  
REQUIRED!

## LEARN TO SURF

World-renowned Aussie surf tour company Mojosurf is now in Indonesia! Experience amazing surf breaks under the guidance of local instructors in Bali, Lombok, Java and Nusa Lembongan.

## MOJOSURF

## INTRO TO THE CAMPS

## © MOJOSURF RESORT CANGGU, BALI

Set in the lively coastal resort of Canggu, just 15kms north of Kuta and minutes away from the beach, shops, restaurants and bars\*

## © MOJOSURF CAMP RED ISLAND, JAVA

Located next to a beach in East Java, Red Island surf camp offers a real off-the-beaten-track surfing experience,

## © MOJOSURF CAMP NUSA LEMBONGAN

On the tropical island of Nusa Lembongan, located just off the south eastern coast of Bali. Pool included!

## © MOJOSURF CAMP GERUPUK, LOMBOK

Set in the relaxed beachside town of Gerupuk, Lombok\* Awesome surf breaks, fab food, beach parties and plenty of local culture..

BEST OF BALI  
ARRIVAL EXPERIENCE

3 DAYS

FR£ 191

Based in Mojosurf Resort Canggu. With your airport transfer and accommodation sorted, get started with a taste of local culture and some surfing lessons. Also included: a massage and an Ubud day trip to see Monkey Forest, the Tegala Rice Terraces and Kintamani Village.

Departs: Daily

DPS2DP

6-DAY ISLAND HOPPER  
SURF ADVENTURE"ESBO  
6 DAYS

A fully-guided surf adventure between the islands of Bali, Lombok and Nusa Lembongan. Awesome surf breaks, fab food, beach parties and plenty of local culture.

Departs: Sundays

DPSMJ0

8-DAY ISLAND HOPPER  
SURF ADVENTUREFR£641  
8 DAYS

As above, but swapping the beaches of Lombok for the remote Red Island Camp in Java, one of last frontiers of uncrowded waves in Indonesia.

Departs: Sundays

DPSS8U

7-DAY  
FLEXIADVENTUREFR£675  
7 DAYS

A flexible itinerary covering Bali, Lombok and Nusa Lembongan. Enjoy daily surfing lessons or swap them out for cooking classes, yoga classes, village tours, snorkelling or a good massage!

Departs: Saturdays

Also available: 9-day package DPSFLE

## BALI SURF AND STAY

FR£225  
4 DAYS

Based at Mojosurf's Canggu Resort, a chilled out surf village, this bundle includes daily breakfasts, daily surf lessons and plenty of free time to party or chill out by the pool.

Departs: Daily

DPSSUU





## PEARL OF TRAWANGAN, GILI ISLANDS

INCLUDES BREAKFAST

**LOCATION:** On Gili Trawangan, one of the three stunning Gili Islands, and a short eight-minute walk to the harbour

**VIBE:** Rooms with ocean views, cosy beach cottages and villas with private pools; talk about something to suit every mood!

**HIGHLIGHTS:** Private rooms, villas and beach cottages • Balcony or patio • Outdoor pool • Poolside bar ■ Swim-up bar • Restaurant • Terrace ■ Spa • 24-hour reception

FR £ 107 siNsj  
fr £ 54 TWIN/DOUBLE

EXGXU9



CLASS ACT

## GILI ISLAND BREAKAWAY, GILI TRAWANGAN

FR £ 141

3 DAYS



INDEPENDENT TOUR

Enjoy white-sand beaches and simmering sunsets on this three-day trip to Gili Trawangan. From Padangbai, set sail for Gili T, then get exploring island's beaches, bars and bike tracks. Opt to go snorkelling with turtles and get your mermaid vibes on, then head back to the mainland via fast boat on Day 3 after plenty of R&R.

### INCLUSIONS

Departs: Daily Accommodation: Single, double or twin-share in 3\* hotels (2 nts) Meals: 2 breakfasts Transport: AN transport and airport transfers included Note: Snorkelling/bike rides are not included within the price My Own Room: Fr £81 Tour Code: DPS61B

## KOMODO DRAGON EXPEDITION

PRICE  
FR £543

DURATION  
7 DAYS

ROUTE  
KUTA - KUTA



SMALL GROUP ADVENTURE

Explore the Indonesian archipelago as you go island hopping on this seven-day trip in search of the world's largest lizard; the Komodo dragon. Based on your boat, you'll explore these beautiful islands, beaches and nature reserves by water. Visit traditional Balinese villages, head to Rinca Island to see the Komodo dragon and trek on the island of Komodo. There'll also be time for swimming, snorkelling and more hiking during downtime.

Tour Code: BEDPSKOM

### INCLUDED ACTIVITIES:

5-day boat journey from/to Senggigi, wildlife-spotting, snorkelling, activities as per itinerary, local English-speaking guides

### ACCOMMODATION:

Budget hotel (2 nts), shared cabin/deck on boat (4 nts)

### MEALS:

5 breakfasts, 5 lunches, 5 dinners

### DEPARTS:

Typically 3-7 departures per month

### NOTE:

Entry fees to Komodo National Park not included



## KOMODO TOUR

PRICE  
FH£660

DURATION  
4 DAYS

ROUTE  
LABUAN BAJO - LABUAN BAJO



INDEPENDENT TOUR

With included arrival transfers from the airport, the trip starts easy with the rest of the day free to spend at leisure. The real adventure starts the following morning as you board your boat and make your way towards Rinca Island where a two-hour trek presents you with your best chance of seeing the famous Komodo dragon. The fun continues on snorkel-happy Pink Beach before you spend the night on the boat. On Day 3, enjoy another hour of trekking on Komodo Island before returning to Labuan Bajo.

Tour Code: LBJKOM

### INCLUDED ACTIVITIES:

2-day Komodo Rinra trip, entry fees, local English-speaking guides at most sights during the tour

### ACCOMMODATION:

Hotels (2 nts), local boat deck (1 nt)

### MEALS:

3 breakfasts, 2 lunches, 1 dinners

### DEPARTS:

Daily

### NOTE:

Route is subject to weather conditions





# NORTHERN PHILIPPINES ADVENTURE

PRICE  
FR £1,149

DURATION  
9 DAYS

ROUTE  
MANILA - MANILA



## DAYS 1-2 Manila / Banaue

A cultural hotspot and one of the worlds oldest cities, Manila is a fitting opener for your Northern Philippine adventure. Explore the capital at your own pace before meeting your group> then make for the mountainous landscape of Banaue on Day 2. Visit the Provincial Museum in Bayombong and hike to Tam-an Village. (B)

## DAYS 3-4 Sagada

A local jeepney awaits to take you through the rice terraces of Hapao. In the afternoon, continue on to the outdoor paradise of Sagada and visit the Museum of Mountain Culture in Bontoc. While in Sagada, see waterfalls and caves as well as the iconic hanging coffins, nailed to cliff faces by the Igorot Tribe for centuries. (2B)

## DAYS 5-6 Vigan

Head north west today to the Spanish colonial town of Vigan. Visit the beautiful Santa Maria Church or view the dancing Fountain, with Free time the Following day to tick off the pottery shop, local handloom weavers and a horse-drawn carriage ride. (2B)

## DAYS 7-9 Laoag / Manila

Approach Laoag, visiting another historic spot, Paoay Church, en route. Check out the La Paz sand dunes, the sinking bell tower and the markets. Then, fly back to the metropolis of Manila. Visit Intramuros and learn all about the intriguing Spanish colonial history of the country before your trip ends on Day 9. (3B)

Tour Code: GAAQPN



TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 15, Avg 12

INCLUDED ACTIVITIES: Bayombong museum visit, ancient rice terraces in Banaue, Museum of Mountain Culture in Sagada, visit UNESCO-listed Paoay Church, visit Intramuros

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
17	07	20	17	01					12	21	19
	28							23	13	04	26
									25	15	05

MY OWN ROOM: Fr £509



# PHILIPPINES PALAWAN ADVENTURE

PRICE  
FR £1,099

DURATION  
9 DAYS

ROUTE  
MANILA - PUERTO PRINCESA



## DAYS 1-4 Manila / El Nido

The sprawling metropolis of Manila welcomes you with crammed streets and chaotic charm. After a day of exploring at your own pace, meet with your group, then fly to El Nido on Day 2. Sandwiched between Bacuit Bay and limestone karst cliffs, hop on an included island-hopping snorkelling trip. Keep your eyes peeled for turtles, reef sharks and more, then chow down a beach barbecue. Spend your free time visiting Bacuit Archipelago, Simezu Island or Intalula Island. (9B, L)

## DAYS 5-7 El Nido / Port Barton

Travel south to the small fishing village of Port Barton, a two-road town where the jungle drops right into the bay. After a boat ride, get to your secluded beach resort with a whole lot of time to unwind with paradise at your

feet. Opt to snorkel the coral reefs just offshore, hike to a rainforest waterfall or lay back on those sandy shores. Board a quick boat ride again on Day 7, then drive to Palawan's capital Puerto Princesa. Along the way, explore the underwater caves of the Subterranean River National Park on a included tour. This magical spot is UNESCO-listed and one of the New Seven Wonders of Nature. (SB)

## DAYS 8-9 Puerto Princesa

Get out and explore Puerto Princesa on a city tour. Gorge yourself silly at the bakeries of Bakers Hill, then visit the Iwahig Prison and Penal Farm. Enjoy one last evening with your group, hitting the city's bars before bidding your farewells the next day. (2B)

Tour Code: GAAPMP



TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 15, Avg 12

INCLUDED ACTIVITIES: Puerto Princesa city tour, Iwahig Penal Colony and Puerto Princesa Subterranean River National Park visits, Island-hopping snorkelling tour in El Nido

DEPARTURES 2020/21:

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24	21	20	24				20	11	15	12
31	28	27						25	22	26

MY OWN ROOM: Fr £569



LIKE THAT? TRY THIS —

Northern Philippines and Palawan Adventure  
16 days [GAAPCC]

Fr£2,199



## PHILIPPINES ISLAND HOPPING: CLEAR SKIES & BLUE WATERS

PRICE  
FR £1,449

DURATION  
13 DAYS

ROUTE  
MANILA - EL NIDO



### DAYS 1-3 Manila / Siquijor

Land in Manila at any time and get exploring this congested but effortlessly coal megacity. Fly to Dumaguete the next morning and Ferry to the tropical paradise of Siquijor. Snorkel off 106 kilometres of white-sand beaches, swim in warm waters and discover the caves and waterfalls of the mainland. (2B)

### DAYS 4-6 Bohol / Panglao

Journey on to Bohol, home to the cute bug-eyed tarsiers. Experience life in a rural Philippine community with an overnight visit to a G for Good farmstay, an initiative that aims to help people rebuild their homes after 2013's devastating earthquake. Leave the Farmstead to visit the Chocolate Hills then continue to Panglao Island. (2B, L, D)

### DAYS 7-9 Moalboal / Puerto Princess

Board a boat to the busy sea port of Cebu then continue straight to Moalboal Island For more tropical vibes. A short flight away, Puerto Princesa calls. Explore the town and get an introduction to life on Palawan. (29)

### DAY 10-13 Port Barton / Inaladelan / El Nido

Travel north to beachy Port Barton. On Day 11, a short boat ride takes you to Inaladelan Island, home to turtles and plenty of hammocks. Cosy up in your tent, enjoy some Fireside stargazing and wake up to a view of the ocean. Transfer back to the mainland and set up in El Nido For the night. Make the most of the blissed-out beaches before the trip ends on Day 13. (3B, D)

Tour Code: GAAPYP



#### ACCOMMODATION

Hotel and hostels (10 nts),  
beach camping (1 nt),  
multi-share homestay (1 nt)



#### INCLUDED MEALS

10 breakfasts,  
1 lunch, 2 dinners



#### TRANSPORT

Plane, ferry, boat, taxi

TRIP STYLE: 1S-to-Thirtysomethings

AGE GROUP: Exclusively for 18-39s

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 18, Avg 12

INCLUDED ACTIVITIES: G for Good farmstay. Chocolate Hills visit, sardine snorkelling in Moalboal

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar
05	02	15	19	03	14					01	06	10	07	21
19	16									29	27	24	21	

G Adventures



## PHILIPPINES EAST

PRICE  
FR £895

DURATION  
10 DAYS

ROUTE  
CESU - SIARGAO



### DAYS 1-2 Cebu / Moalboal / Kawasan Falls

Touch town any time in Cebu where you'll be collected from the airport and transferred to your first hotel. Leave the Following morning and make your first stop at Simala Church. Then, continue on to Moalboal, where you can grab yourself a snorkel and swim with millions of sardines (aka "doing the sardine run"). Best fins forward, everyone.

### DAYS 3-4 Moalboal / Kawasan Falls

The snorkelling don't stop? get back under those turquoise waters on Day 3 with the chance to spy coral reefs, tropical fish and, hopefully, some turtles on an island boat trip! Come dusk, hit the sandy dance floors of the local beach bars for a night out. Discover the Insta-worthy Kawasan Falls the next day.

### DAYS 5-6 Siquijor

Continue to your poolside accommodation on the stunning island of Siquijor, home to mountain-dwelling faith healers. Visit local legends, check out the scenery and, as it happens, it turns out a cocktail in the sun isn't a bad healer either. (28)

### DAYS 7-10 Siargao

Head back to the mainland for a flight to Siargao Island, known for its magnificent beaches and surfing spots. Enjoy surf lessons from expert instructors and test the local bars. On Day 9, take a boat trip to three beautiful islands off Siargao. Top off your trip with one last dinner then head on out on Day 10. (3B, L, D)

Tour Code: TTUAPPE



#### ACCOMMODATION

Twin-share private rooms (6 nts),  
mixed dorms (3 nts)



#### INCLUDED MEALS

5 breakfasts,  
1 lunch, 1 dinner



#### TRANSPORT

Boat, private minibus,  
domestic flight to Siargao

TRIP STYLE: Small Group Adventure

AGE GROUP: Min 18

GROUP LEADER: Tour guide

GROUP SIZE: Max 16

INCLUDED ACTIVITIES: Sardine run and boat trip in Moalboal, snorkel with turtles, visit Kawasan Waterfalls, visit the local healers, go to a beach party

DEPARTURES 2020:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar
13	06	01	06	02						14	04	01		
27	20	15	15	09						28	10			

Additional dates are available. Please ask For details.



LIKE THAT? TRY THIS --

Multi-country trip  
Combine this trip with other TruTravels trips in Bali, Thailand, Indochina, India, Sri Lanka and more, and enjoy a 5% discount! See page 19.



# PHILIPPINES ISLAND HOPPER

SMALL GROUP ADVENTURE

PRICE  
FR £ 1,845

DURATION  
19 DAYS

ROUTE  
MANILA - SIARGAO

THE PHILIPPINES

## NEED TO KNOWS

TRIP STYLE: Small Group Adventure

AGE GROUP: Min 18

GROUP LEADER: Group Leader

GROUP SIZE: Max 20

DEPARTURES 2020:

	JO	A	K	F		Jul	Aug	EL	ts	Nov	Dec
ca	£	Z	Ap	1				it	O	N	
04	11	06	D2	03					05	01	
07	14	09	06	06					08	12	
1B	18	13	09	17					19	15	
21	21	16	12						22	19	
25	24	19	23						26	22	
28		3D	26						29	25	
31			30								

Additional dates are available. Please ask For details.

## INCLUDED ACTIVITIES

- Island-hop in Port Barton and Caron
- Snorkelling with turtles in Port Barton
- Experience local life of the Tagbanua people on a 3-day castaway adventure
- Snorkel at a shipwreck near Coron
- Las Cabanas Beach zipline
- Sardine Run in Moalboal
- Visit the Kawasan Waterfalls
- Visit the healers and a mountain view point in Siquijor
- Surfing lesson in Siargao



LIKE THAT? TRY THIS—

Philippines West  
10 days (TTUAPPW)

Fr£9S0



## HIGHLIGHTS



### EL NIDO ISLAND HOPPING

Snorkel with thousands of little sardines and feel like a mermaid.



### KAWASAN FALLS

Natural swimming pools, lagoons and jungle trails... lush right?



### SURF'S UP IN SI ARGAD

An included surf session sees you hanging ten by the end of the day.

### DAYS 1-6 Manila / Palawan/ Port Barton / El Nido

The adventure starts in Manila, so Feel Free to touch down whenever and get exploring this wildly busy city. On Day 2, make for Puerto Princesa (aka the Gateway to Palawan) before continuing on to Port Barton and grabbing lunch with local family en route. Get your flippers kicking - Day 3 is gonna be filled with island hopping and snorkelling! You'll get the chance to visit some pretty sweet snorkel spots, so make sure to keep an eye out for the turtles. The next day, journey to El Nido island with a stop at Ku yawyaw Falls, where you can dip in the fresh water pools and even try a little Four-metre cliff jump. El Nido serves up another island-hop spectacular on Day 5 with a taste of Philippine island nightlife. Try the Las Cabanas Beach zipline if you're craving an adrenalin kick. (4B, 3L)

### DAYS 7-9 Coron

Live it up on a three-day castaway experience. Survivor-style (kinda, not really). With simple beach-style bungalow accommodation on a private beach in Coron, get a real! feel For the local Tagbanua way of life. Try out some of traditional cultural activities with the locals; a little tasting of locally made alcohol never goes astray! Set sail for some more island hopping, snorkel around fascinating shipwrecks and visit the lagoon that made Coron famous. (2B, L, 2D)

### DAYS 10-13 Cebu / Moalboal

Fly to Cebu For the next half of your trip. Relax into some dinner and drinks with the group, then set off the following morning for Moalboal, home of the sardine run. Swimming with groups of flitting little fish in crystal-clear waters, you'll feel a little bit like a mermaid (sans the slimy fishtail). After a snorkelling boat trip around the neighbouring islands, hit the local dance floors along the beach. Travel to Kawasan Falls the next morning and snap the perfect Insta as you float in and around these magical waterfalls. (3B, D)

### DAYS 14-19 Siquijor / Siargao

Continue to your poolside accommodation on the island of Siquijor, home to mysterious mountain-dwelling faith healers. Visit the local legends, check out the incredible scenery and have some quality beach time. On Day 16, head over to Siargao, dubbed the surfing capital! of the Philippines^ for three days of swimming, snorkelling and surFing with the help of a knowledgeable instructor. Bid your Farewells when your tour ends on Day T9. (3B, L)

Tour Code: TTUAPIH



#### ACCOMMODATION

Twin-share private rooms, mixed dorms, and beach bungalow5 (1B nts)



#### INCLUDED MEALS

12 breakfasts, 5 lunches, 3 dinners



#### TRANSPORT

Boat, private minibus, domestic flights



# ONE LIFE ADVENTURES PHILIPPINES

SMALL GROUP ADVENTURE

PRICE  
FR £879

DURATION  
10 DAYS

ROUTE  
MANILA - PUERTO PRINCESA



## NEED TO KNOWS

- TRIP STYLE: Small Group Adventure
- AGE GROUP: Min 18
- GROUP LEADER: Western One Life group leader, local guides
- GROUP SIZE: Min 6, Max 22
- DEPARTURES 2020:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
03	03 02 03	01	01			04	02 02	04			
06	07 06 06	04	05			14	05 06	07			
10	10 03 10	08	08			18	09 09	11			
13	14 13 13	11	12			21	12 13	14			
17	17 16 17	15	15			25	16 16	18			
20	21 20 20	18	19			28	19 20	21			
24	24 23 24	22	22				23 23	24			
27	28 27 27	25	26				26 27	28			
31	30	29	29				30 30	31			

Additional dates are available. Please ask for details.

MY OWN ROOM: Fr £176

## INCLUDED ACTIVITIES

- \* Traditional massage in El Nido
- \* Bizarre Iwahig Prison experience
- \* Beachside camping and bonfire
- \* Snorkelling with turtles, Port Barton
- \* El Nido island hopping
- \* El Nido cultural experiences
- \* Local cooking class
- \* Visit Puerto Princesa Underground River

## HIGHLIGHTS



### UNDERGROUND RIVER

One of the New Seven Wonders of Nature, Puerto Princesa is a feast for the eyes.



### ISLANDER EXPERIENCE

Bed down in beachfront tents with a private island stay just off Port Barton.



### LIVING WITH THE LOCALS

Learn how to make the national dish and try weaving palm leaves with the local villagers in El Nido.

### DAYS 1-4 Manila / Port Barton

Start the trip in the Philippines' chaotic capital with welcome drinks on a rooftop. Pay a visit to the Iwahig Prison, where the inmates govern themselves and learn new skills such as Farming and dancing. Come eve, get your seafood fix with optional dinner in a locals restaurant. The Puerto Princesa Underground River - a UNESCO World Heritage Site and one of the New Seven Wonders of Nature - really is, well, a wonder. Jump into a boat on Day 3 and set sail along the river's stunning internal cave system. Post-exploring, head to the coastal village of Port Barton. It's then out onto the gorgeous sea the next day with an Islander Experience, including a special visit to a local school. Indulge in fresh fish grilled on the beach, snorkel the reefs, chill out around the campfire then bod down in tents on the beachfront. IF this is the life, sign us UP. (2'B, 2L, 2D]

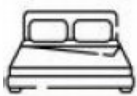
### DAYS 5-8 Port Barton / El Nido

Wake up to the soothing sounds of crashing waves and wild birds, take in the beauty of your private island location one last time before heading back to Port Barton for the night. Check out the Famous starfish fields en route, then the Following morning, travel north to El Nido in a private minivan. Hop to a beach bar far dinner, drinks and chilled out beats. On Day 7, take on a cultural experience in the small villages surrounding El Nido. Let the friendly locals show you the ropes. Learn how they make coconut oil, try weaving with palm leaves, discover the secret to making the famous Adobo dish then Finish with a Halo-Ha lo dessert. At Las Cabanas Beach, you can try ziplining between two tropical islands as an added extra. The next day, make for your island-hopping boat cruise. It's time to top up your tan with your group and prepare For a beautiful snorkel through crystal-clear waters. Later, dive into a freshly prepared lunch aboard. (3B, 3L)

### DAYS 9-10 El Nido / Puerto Princesa

Take a canopy walk up to the top of some limestone cliffs for incredible views of El Nido town, the bay and the islands out to sea. Spend the rest of your day at leisure and hang out with the locals, then relax into an included traditional Filipino massage to ease those aching muscles. On Day 10, it's very sadly time to say goodbye - head back to Puerto Princesa airport the next day For your onwards flight, or alternatively choose to fly out of El Nido. You can also take the Ferry onwards to Coron. (2B)

Tour Code: ONELYF



### ACCOMMODATION

Multi-share boutique hostels 5 traditional bungalows with shared bathroom (7 nts), camping (1 nt), hotel (1 nt)



### INCLUDED MEALS

7 breakFasts, 5 lunches, 2 dinners



### TRANSPORT

Plane, bus, jeepney, minivan



### WE KNOW

BECAUSE WE GO!

\*This trip has some really unique experiences, like ziplining between two islands! I'd do it again in a heartbeat.\*

IE MN A. ASSISTANT STORE MANAGER IN BRISTOL





# MANILA & BEYOND



## THRILLER IN MANILA

The Philippines' hardened capital is a manic metropolis of air conditioned skyscrapers, shabby Old Towns and happy-go-lucky Manileños. Speakeasy hangouts, artisan markets and soulful art spaces are dotted around trendy neighbourhoods, but a short Jeepney ride out of town will transport you to a world of 2000-year-old rice terraces and untouched paradise islands. From the city to the sands, the Philippines is a castaway's delight



**MAD MONKEY**  
**NACPAN BEACH** EL NIDO FR£30 DMM  
ROOM ONLY

**LOCATION:** In the middle of Nacpan Beach, 30 minutes north of El Nido town.

**VIBE:** Sociable beachfront hostel with party nights, pub quizzes and beer pong.

**HIGHLIGHTS:** Mixed dorm • Private room • Personal lockers • Restaurant ■ Terrace • Garden • Watersports available • OJ nights

EN1MAD



**MAD MONKEY**  
**BORACAY, BORACAY** FR£19CJILM  
BOOM ONLY

**LOCATION:** A few minutes walk to Bulabog Beach and White Beach's main strip.

**VIBE:** A backpacker's delight with a full-on party atmosphere and daily socials.

**HIGHLIGHTS:** Mixed and female-only dorms • Personal lockers ■ Outdoor pool • 24-hour reception • Parties and games

GUMAD



**MAD MONKEY**  
**CEBU, CEBU** FR£19  
BOOM ONLY

**LOCATION:** In the Queen City of the South, a short stroll from tourist hotspots.

**VIBE:** Upbeat, sociable and ideal for travellers looking to get a little rowdy.

**HIGHLIGHTS:** Mixed dorms • Outdoor pool • Bar ■ Personal lockers \* Restaurant • Luggage storage • 24-hour reception

C ED MAD



**LUB'D**  
**MAKATI** MANILA  
ROOM ONLY

**LOCATION:** Ideal location in the heart of Makati, surrounded by shopping malls, entertainment and nightlife.

**VIBE:** Great social spaces and brand-spanking new. Modern, trendy and with the added perk of a rooftop bar and restaurant!

**HIGHLIGHTS:** Mixed or female-only dorms • Private rooms • Air con • Rooftop bar • Rooftop restaurant • Games area • Luggage storage \* Laundry • 24-hour reception

HNLLAJB



FR£16 BDRM  
FR£25 W/IN/DOUBLE

## MAKE A DIFFERENCE IN THE PHILIPPINES / MANILA

FR£794  
10 DAYS



There are always things we can do to make sure that fewer trees are cut down in unsustainable ways, and that less plastic is dumped in our oceans. Take time out of your globetrotting schedule to support enterprising community projects that educate and encourage sustainable entrepreneurship in the Philippines.

### INCLUSIONS

Project Start Date: Selected Saturdays Accommodation: Basic single-sex dorms with shared bathroom and air con (9 nts) Meals: 3 breakfasts, 10 lunches, 9 dinners Inclusions: Bambike tour, GK Silver Heights Community immersion, orientation tour at the Gawad Kalinga Enchanted Farm, Yangil Tribes and Treks day tour Tour Code: MiNLSUS



## SIARGAO, THE BEST TROPICAL EXPERIENCE

PRICE	DURATION	LOCATION
FR £315	5 DAYS	SIARGAO



Experience real Philippine island life with this five-day trip to Siargao Island, known as the 'Surfing Capital of the Philippines'. Chill out on Day 1 and, if you're in a party mood, hit the nearby bars. On Day 2, visit the famous Magpupungko Rock Pools for a dip, a barbecue lunch and some kayaking. The next day, learn to surf with expert instructors, then unwind on the beach before grabbing some celebratory drinks that evening. On Day 4, get your swimmers, sunscreens and sunglasses ready - it's time for an island hopping and booze cruise day! Explore the islands of Guyam, Paku and Naked Island, then depart on the morning of Day 5.

### INCLUSIONS

Departs: Daily Accommodation: Private or twin-share room in Ocean 101 Beach Resort or similar (4 nts) Meals: 2 lunches Inclusions: All activities as mentioned in the itinerary, transfers and English-speaking guides throughout Tour Code: IA0SIA

## BANAUE TOUR

PRICE	DURATION	ROUTE
FR £496	6 DAYS	MANILA - MANILA



Majestic valleys, magical forests and 2,000-year-old rice terraces; Ifugao is one of those must-sees in the Philippines. Arriving in Banaue on the morning of Day 2 after an overnight bus, board a tricycle to Kinakin where you'll start a trek across trails to Cambulo - a trek that usually takes around four hours. The next leg is an easier two-hours towards the terraces of Batad, also the setting of an Ifugao Village and all its traditions, including one where the bones of their ancestors are wrapped in colourful woven blankets. Then final stretch takes you back to Banaue via the community of Banga-an.

### INCLUSIONS

Departs: Daily Accommodation: Rock Sotid hotels (4 nts), overnight bus (1 nt) Transport: Overnight bus, tricycle, hiking Meals: 4 breakfasts, 3 lunches, 3 dinners Includes: Welcome pack (map, rum, mangoes), drinking water, entry fees as per itinerary Tour Code: MN LEAN

## EL NIDO ISLAND HOPPING

PRICE	DURATION	ROUTE
FR £620	6 DAYS	MANILA - MANILA



El Nido is named after the edible nests of swiftlets that are found in the splits of its limestone cliffs. It's also an absolute stunner, with said cliffs towering over turquoise waters and making up a pretty-dose-to-perfect view. After a short flight from Manila to Puerto Princesa [not included], make your way to El Nido. From here on out, you'll live the island-hopping life, exploring hidden coves and top secret lagoons across the archipelago. With some days at leisure in between, you'll still have plenty of time to explore dry land and rest your sea legs before you return to Manila on Day 6.

### INCLUSIONS

Departs: Daily Accommodation: Choice of Shoestring/Rock Solid hotel in El Nido (5 nts) Meals: 5 breakfasts, 2 picnic lunches Transport: Return transfers in Manila and Puerto Princesa Note: Domestic flights not included Tour Code: MNLHOP

## THE PALAWAN ADVENTURE

PRICE	DURATION	LOCATION
FR £621	7 DAYS	PALAWAN



As the Philippines' most sparsely populated region, Palawan is ripe for intrepid exploration. See the best of it on this seven-day trip, starting off in Port Barton with snorkelling excursions, beach barbecues and a trip to the Begaho Waterfalls. Head to El Nido on Day 3 for an island-hopping boat cruise, which will take you to some of the region's top snorkelling spots - the corals here are pretty outstanding - before you head on for some proper chili time at the famous Nacpan Beach. Continue by getting completely off grid and away from the tourist trail, exploring the tropical beauty of Darocotan Island.

### INCLUSIONS

Departs: Daily Accommodation: Hostels, hotels and guesthouses (6 nts) Meals: 5 breakfasts, 2 lunches, 1 dinner Transport: Car or minivan, boat Note: During rainy season (Jun-Sept), Darocotan Island stay replaced with extra night at Nacpan Beach. Tour Code: PPSPAL



## - SMALL GROUP ADVENTURE -

ROUTE  
MOSCOW - BEIJING

## TRANS-MONGOLIA & THE SILK ROUTE



## HIGHLIGHTS



☐ Crossing seven time zones, the 9,288 km track is the world's longest.



Experience a nomadic way of life as you bed down in a traditional yurt.



Mutianyu is one of the Great walls  
best-preserved sections.

1	1	5	Apr	5	E	11	Aug	&	1	Nov	Dec
				11	09	06	08	05	03		
				18	16	20	14	15	19	10	
				25	30	27	25	29	26	17	

- Traditional ger stay in Terelj N.P.
- Trans-Siberian Railway
  - » Trans-Mongolian Railway
- Irkutsk city tour
- Great Wall of China entry



Meet your group in Moscow on Day 1. The following morning, you're free to explore Russia's capital at your own pace, wandering between St. Basil's Cathedral, Red Square, Lenin's Mausoleum and the Kremlin. On Day 3, board the legendary Trans-Siberian train to Irkutsk. Start the 88-hour journey to Siberia by crossing the mighty Ural Mountains, weaving your way through wild forests, remote Siberian villages and multiple time zones. Bed down in four-berth cabins and throw yourself into life on board with good humour^, a well-thumbed deck of cards and a healthy love of vodka. Travelled mostly by locals and traders, this journey is overwhelmingly authentic so expect instant mashed potato, quick platform stops in the back-end of nowhere and a lot of spirited local banter.

Stretch your legs with a walking tour of Irkutsk before travelling to Listvyanka which sits on the shores of Lake Baikal. Enjoy the warm Siberian hospitality at a local homestay and choo-choose to sweat out the journey in a banya [Russian sauna]. On Day 9, get back on board for the two-day voyage to Ulaanbaatar. Crossing the border into Mongolia, watch the changing scenery and feast on local food during the train's brief pit stops. (B, 2D)

Welcome to Ulaanbaatar! Although Mongolia's blue-skied capital enjoys up to 2SO<sup>1</sup> days of a sunshine a year, it's still chilly so bring your best woollens. Drive to nearby Terelj National Park to experience nomadic life as you overnight in a traditional ger (yurt). Opt to go hiking or try out archery. Back in Ulaanbaatar, make the most of your Free time by visiting the city's temples, museums and Buddhist monasteries. You might as well stretch your legs while you can. Consider catching a throat singing show or swap vodka for beer at the local Chinggis Brewery. (2B, L, D)

Board your final train on Day 13. This 30-hour journey takes you across the Chinese border to Beijing. As empty deserts give way to China's rugged mountains., watch as the train's wheels are changed to match the different gauge. Disembark in China's capital on Day 14 and get lost in its labyrinthine hutongs and people-packed neon neighbourhoods. There's plenty of time to visit Tiananmen Square and the Forbidden City, as well as an included trip to the Mutianyu section of the Great Wall of China. Your trip ends on Day 16. (B)

**Tour Code: GAARTM**



Simple guesthouses/hotels (8 nts),  
sleeper trains (E nts),  
Mongolian ger (1 nt)



4 breakfasts<sub>H</sub>  
1 lunch, 3 dinners



Train, private bus,  
taxi, metro



LIKE THAT? TRY THIS--

**Customise your trip**  
**St. Petersburg Express**  
 Add on a pre-tour round trip  
 to St. Petersburg

Fr£2B0



# TRAN S-MO N G O L I A N EXPRESS

SMALL GROUP ADVENTURE

PRICE  
FR £2,749

DURATION  
19 DAYS

ROUTE  
BEIJING - ST. PETERSBURG

- WE LOVE -

TRANS-MONGOLIA & THE SILK ROUTE



## HIGHLIGHTS



### TRANS-MONGOLIA RAILWAY

Expect yak-dotted grasslands and vast open spaces under big skies.



### LAKE BAIKAL

The largest and deepest freshwater lake in the world.



### MOSCOW METRO

An architectural masterpiece, no two stations look the same.

## NEED TO KNOWS

TRIP STYLE: Rail

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 16, Avg 12

DEPARTURES 2020:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
			13	04	01	06	03	07	05		
			20	11	15	20	17	21	12		
			27	25	22	27	31	28	19		
					29						

MY OWN ROOM: Fr £509

## INCLUDED ACTIVITIES

- Traditional ger stay in Gorkhi Terelj N.P.
- China-Mongolia Railway
- Trans-Mongolian Railway
- Trans-Siberian Railway
- Trans-Ural Railway
- Lake Baikal stay
- Guided city tours of Ulaanbaatar, Irkutsk, Yekaterinburg and St. Petersburg
- Visits to Gandan Monastery, Bogd Khan Palace & Red Square
- Moscow metro orientation tour
- Hermitage Museum entry
- Kremlin and Armoury guided tour



G Adventures

### DAYS 1-5 Beijing / China-Mongolia Railway / Ulaanbaatar / Gorkhi Terelj National Park

Beijing is one of the world's most impressive capitals and the starting point of this epic journey. Explore the city at your own pace, visiting the Forbidden City, Tiananmen Square and, for something a bit different, the 798 Art Zone. Board the China-Mongolia Railway on Day 2, watching the scenery change from mountains to deserts as you make your way to Ulaanbaatar. Pull into the Mongolian capital for a guided tour of the Gandan Monastery and Bogd Khan Palace, then travel to Terelj National Park to meet nomadic Families and overnight in a traditional ger [yurt]. (B, L, 2D)

### DAYS 6-11 Irkutsk / Trans-Mongolian Railway / Listvyanka / Yekaterinburg

Back in Ulaanbaatar, stock up on snacks for your two-night train journey to Siberia. Your next stop is Listvyanka on the shores of Lake Baikal. A UNESCO World Heritage Site, it's the deepest lake in the world. Choose to take a boat cruise or let off steam after the long journey in a banya (Russian sauna). After a guided city tour of Irkutsk, known as the Paris of Siberia, travel to Yekaterinburg in the Ural Mountain region. Drink with locals in the dining car and watch taiga forests go by before arriving in the Soviet-style city on Day 11. (2B, D)

### DAYS 12-13 Yekaterinburg / Trans-Siberian Railway

Learn about Yekaterinburg's bloody history on a guided walking tour, including the Church of All Saints on Spilled Blood and Black Tulip Monument. On Day 13, you'll board a section of the Trans-Siberian Railway, the world's longest and most famous train route that stretches from Moscow, 9288 kilometres east to the town of Vladivostok. Cross from Asia to Europe on this 24-hour train journey. (2B)

### DAYS 14-19 Moscow / St. Petersburg

The penultimate leg of the trip takes you to Russia's capital. On arrival in Moscow, take an orientation walk of the city's ornate Metro system, then opt to visit St. Basil's Cathedral or Lenin's Mausoleum. On Day 15, enjoy a guided tour of the Kremlin and Armoury which houses treasures like Fabergé eggs, gold goblets and royal carriages. Take an early morning train to colourful St. Petersburg on Day 17, Russia's Window to the West. Full of opulent palaces and rich history. Take a walking tour through the city's tree-lined streets and soak up the vibrant cosmopolitan atmosphere. On Day 18, visit the Hermitage Museum and sit down for a farewell meal before the end of the tour on Day 19. (2B)

Tour Code: GAACTM



### ACCOMMODATION

Hotels/guesthouses (11 nts),  
sleeper trains (5 nts),  
Mongolian ger (2 nts)



### INCLUDED MEALS

7 breakfasts,  
1 lunch, 3 dinners



### TRANSPORT

Train, private bus, metro









# BEST OF THE CAUCASUS

SMALL GROUP ADVENTURE

PRICE  
FR £2,645

DURATION  
15 DAYS

ROUTE  
BAKU - YEREVAN



TRANS-MONGOLIA & THE SILK ROUTE

## NEED TO KNOWS

AGE GROUP: Min 12

GROUP LEADER: Local guides

GROUP SIZE: Max 12

DEPARTURES 2020:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
				09 23	13			05 26	03		

## INCLUDED ACTIVITIES

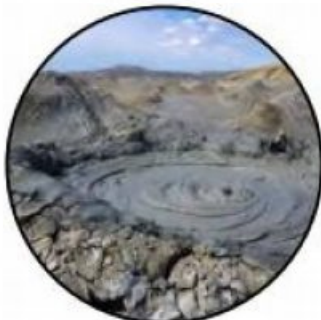
- Cooking class in Baku
- Wine tasting in Kakheti region
- Georgian felt-making workshop
- Georgian qvevri-making demo
- Yerevan brandy factory tour & tasting
- Visits to Palace of the Shirvanshahs, Maiden Tower, Gobustan National Park, Ateshgah Fire Temple, Dinbaba Mausoleum, Khans Palace, Ananuri Fort, Stalin Museum, Rabat! Castle, Jvari Monastery, Zvartnotz Temple, Symphony of Stones & Armenian Genocide Museum

## LIKE THAT? TRY THIS ...

Shorten your trip Armenia & Georgia Explorer (12 days, Yerevan - Tbilisi) (ARMEXP)	Fr £2,155
Azerbaijan Explorer (13 days, Baku - Baku) (AZEEXP)	Fr £1,725



## HIGHLIGHTS



### GOBUSTAN NATIONAL PARK

Home to mud volcanoes and 6,000 rock carvings, some 40,000 years old.



### VARDZIA CAVE CITY

This rock-cut city comprises of ancient cave dwellings and churches.



### LAKE SEVAN

One of the world's highest freshwater lakes at 1,900m above sea level.

### DAYS 1-3 Baku / Sheki

Begin in Baku, the capital of Azerbaijan, visiting the Palace of the Shirvanshahs, Maiden Tower and Martyrs Lane before spending the afternoon in UNESCO-listed Gobustan National Park, known for its mud volcanoes and ancient petroglyphs. On Day 3, see the Ateshgah Fire Temple and Juma Mosque, then drive to picturesque Sheki where you'll visit one of Azerbaijan's major historical sites, Khan's Palace, and see how wooden-framed stained glass windows are traditionally made with a shebeke workshop. (2B, 2D)

### DAYS 4-6 Telavi / Gudauri

Day 4 takes you across the border into Georgia. After a homemade lunch of mtsvadi - pork skewers barbecued over vine tree branches - your first stop in this colourful country is Gremin a 16th-century architectural monument. Arriving in the wine region of Telavi, it is only fitting you are shown how qvevri wine jars are made. On Day 5, sample some of the region's local produce with a visit to a typical farmers' market, a tour of the Tsinandali Estate and a wine-tasting at the Numisi Wine Cellar in Velistsikhe. The next two nights are spent in the mountains at Gudauri ski resort. Hike through valleys and woodlands to reach the 14th-century Gergeti Trinity Church, then meet a local family who'll teach you how to make a traditional Georgian dish for lunch. End Day 6 with a felt-making demonstration. (3B, 2L, 2D)

### DAYS 7-10 Borjomi / Tbilisi

Start Day 7 with a visit to Gori. This is the town where Stalin was born and went to school, and its best-known attraction is, of course, the Stalin Museum. Continue to Borjomi, famous for its naturally carbonated mineral water. Exported to over 40 countries, the water is said to have restorative properties and you'll get to try some during your two-night stay here. After a trip to the cave city of Vardzia, head to Tbilisi via Mtskheta and the hilltop Jvari Monastery. On Day 10, tour Tbilisi's Old Town, filled with winding lanes, balconied houses and leafy squares. (4B, 4D)

### DAYS 11-15 Yerevan

Today, hop over the border and continue to Lake Sevan, considered the 'Jewel of Armenia'. At 1,900 metres above sea level and covering 1,220 square kilometres, it is one of the largest freshwater high-altitude lakes in the world. Your last four nights are spent in the capital city of Yerevan. A line-up of historic sites, fascinating rock formations, monasteries and traditional food conclude your Caucasus adventure. (SB, 31, D)

Tour Code: CAUSES



### ACCOMMODATION

Hotels (14 nts)



### MEALS

14 breakfasts, 5 lunches, 5 dinners



### TRANSPORT

Private air con bus



## BEST OF GEORGIA & ARMENIA

PRICE  
FR £ 1,299

DURATION  
8 DAYS

ROUTE  
YEREVAN - TBILISI



### DAYS 1-2 Yerevan / Echmiadzin

Your First Few days are based in Yerevan as you explore the capital's surroundings. With a city tour included on Day 2, you'll also visit one of the first Christian churches in Echmiadzin. (0)

### DAYS 3-4 Khor Virap / Garni / Haghpat

Travel through vineyards to Khor Virap and take in the views of Mt. Ararat from the monastery. That same day, continue to the Roman temple of Garni and enjoy lunch in a local home complete with a traditional cooking demo. On Day 4, do a bit of monastery-hopping as you drive to the shores of Lake Sevan and spend the night in Haghpat. The views of the Debed Canyon are a big highlight, with its rolling hills and never ending supply of Armenian churches. (2B, 2L)

### DAYS 5-6 Telavi / Kakheti Province / Tbilisi

Your last stop in Armenia is the UNESCO-listed monastic complex of Tsghnaghi. After that, it's over to Georgia's Telavi. Experience a full day in the vineyard-rich Kakheti Province and take in breathtaking views of the Kizikhi area. Today's half-liquid lunch includes a wine tasting near Kakheti before you return to the Georgian capital of Tbilisi. (20, L)

### DAYS 7-8 Uplistsikhe / Tbilisi

Drive the Georgian Military Road to Mtskheta, a UNESCO World Heritage Site, before a final stop at the rock-hewn cave town of Uplistsikhe. Return to Tbilisi for your final night before the tour ends. (2B)

Tour Code: GAEXGA



#### ACCOMMODATION

Standard hotels (7 nts)



#### INCLUDED MEALS

7 breakfasts, 3 lunches



#### TRANSPORT

Private van

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 16, Avg 12

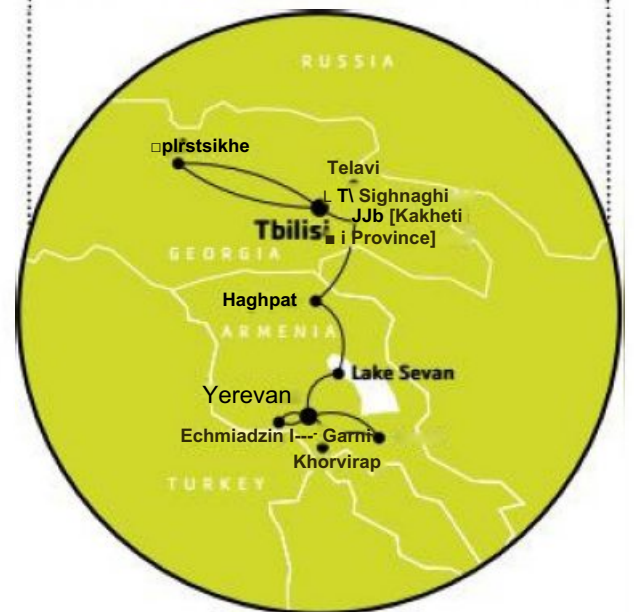
INCLUDED ACTIVITIES: Kakheti wine tasting, guided tour of Tbilisi, Uplistsikhe Cave hike, visits to Garni, Mtskheta & various monasteries

DEPARTS DATES: B

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
				01	02	03	04	05	06	07	08
				12	13	14	15	16	17	18	19
				20	21	22	23	24	25	26	27

MY OWN ROOM: Fr £569

G Adventures



## MULTI-STAN ADVENTURE

PRICE  
FR £2,499

DURATION  
23 DAYS

ROUTE  
BISHKEK - TASHKENT



### DAYS 1-5 Bishkek / Chong-Kemin / Song Kul / Bokonbayevo / Jeti-Oguz

Depart Kyrgyzstan's capital for Chong-Kemin, stopping at the Burana Tower en route. In Song Kul, stay in a traditional yurt as part of a G for Good initiative. After a visit to a Kyrgyz felt-making workshop on Day 4, arrive at your homestay in Bokonbayevo. See how traditional yurts are built then continue to Jeti-Oguz Gorge. (4B, 2L, 3D)

### DAYS 6-11 Karakol / Saty Village / Almaty / Dushanbe / Kuli Iskanderkul

From Karakol, cross into Kazakhstan on Day 7. Cue hiking and traditional food in Kolsay Lakes National Park. Days 8 and 9 include city tours of Almaty and Dushanbe then it's two nights in the pretty Iskanderkul area. (60, L, 2D)

### DAYS 12-16 Khujand / Tashkent / Samarkand

Head to Khujand via an ancient settlement in Ura-Tube. Browse the biggest market in Tajikistan before crossing into Uzbekistan on Day 13. Free time and orientation walks in Tashkent and Samarkand are up next. (5B)

### DAYS 17-23 Aydar Kul / Bukhara / Khiva / Tashkent

Journey into the desert to visit the Fortress of Alexander the Great and overnight in a yurt camp. Day 18 takes you to Bukhara, where you'll be guided around the Old City's mosques, madrasses and markets. The next two nights are spent in UNESCO-listed Khiva. Your last stop is Tashkent, where the tour ends on Day 23. (60, D)

Tour Code: GAAYKU



#### ACCOMMODATION

Standard hotels/guesthouses (15 nts), yurts (3 nts), homestays (4 nts)



#### INCLUDED MEALS

21 breakfasts, 3 lunches, 7 dinners



#### TRANSPORT

Private vehicle, plane, train

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO)

GROUP SIZE: Max 16, Avg 12

**EKES** G for Good yurt building demo, 2 overnight yurt stays, 2 community homestays, mountain hikes, city tours of Bishkek, Almaty, Dushanbe, Khujand, Samarkand, Bukhara, Khiva and Tashkent, visits to a felt-making workshop, Burana Tower, Przhevalsky Museum, Charyn Canyon, Mug Yeye, Chashma Complex & Fortress of Alexander the Great

DEPARTS: Selected Tuesdays and occasional Saturdays (May-Sep)

MY OWN ROOM: Fr£539

G Adventures



### LIKE THAT? TRY THIS...

The Five Stans of the Silk Road  
26 days (GA AY BA)

Fr £2,999



# NOMADIC MONGOLIA

PRICE  
FR £1,899

DURATION  
14 DAYS

ROUTE  
ULAANBAATAR - ULAANBAATAR



SMALL GROUP ADVENTURE

## DAYS 1-4 Ulaanbaatar / Baga Gazariin Chuluu / Yolyn Am

Ulaanbaatar is a city where skyscrapers and Soviet buildings stand surrounded by traditional gers. Make the most of your free time on Day 2, choosing to see the Gandan Monastery, Bogd Khan Palace and Zaisan Hills. Next, stop at the Choir Monastery en route to your first ger camp in the Aimag region. Spend Day 4 hiking in the Gurvan Saikan mountains. (3B, 2L, 2D)

## DAYS 5-7 Khongoryn Els / Bayan-Olgii / Ongiin Khidi

This leg of the trip takes in the Gobi Desert, where you can ride camels, hike sand dunes, see the Flaming Cliffs and visit the Ongiin Khidi Monastery ruins. (3B, 3L, 3D)

## DAYS 8-11 Nomad Camp / Tsenkher / Kharkhorin

Swap the desert for grasslands as you drive to your base for the night, a traditional ger. Have dinner with your nomadic hosts and see how they live. Next day, soak in the Tsenkher Hot Springs and opt to go horseback riding. Day 11 takes you to Karkhorin, the ancient capital, where you'll visit the Erdene Zuu Monastery. (4B, 4L, 4D)

## DAYS 12-14 Khustai N.P. / Ulaanbaatar

Stay in Khustai National Park, and observe wild Takhi horses in their natural habitat. Return to the capital for some final sightseeing on Day 13, and end the trip with an optional throat singing show! (3B, 2L, D)

Tour Code: GAAMNA



### ACCOMMODATION

Hotels (3 nts), ger tamps with shared Facilities (9 nts), family stay or multi-share camping, no Facilities (1 nt)



### INCLUDED MEALS

13 breakfasts, 11 lunches, 10 dinners



### TRANSPORT

Private van, 4WD

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 14, Avg 12

INCLUDED ACTIVITIES: Stays in Yolyn Am National Park, Gobi Desert & Mongolian Grasslands, entry to Ongiin Khidi Monastery, Karakorum Monument & Khustai National Park

### DEPARTURES 2020:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
					17	07	OS	02	06		
					31	21	12	09	13		
						28	19	16	20		
							26	23			

G Adventures



LIKE THAT? TRY THIS--

Naadam Festival Mongolia  
15 days (GAAMNF)

Fr£2,149

# LOCAL LIVING MONGOLIA - NOMADIC LIFE

PRICE  
FR £9.99

DURATION  
10 DAYS

ROUTE  
ULAANBAATAR - ULAANBAATAR



SMALL GROUP ADVENTURE

## DAYS 1-2 Ulaanbaatar / Rashaant Sum

Make sure you've packed your woollens because the coldest capital in the world, Ulaanbaatar, is your first stop. On Day 2, travel to the village of Rashaant where you'll stay in an authentic ger tent. After lunch with your hosts, saddle up for a horseback ride through the desert to scenic Swan Lake. (B, L, D)

## DAYS 3-5 Orkhon Valley / Kharkhorin

Another horseback ride is on the agenda this morning, then it's on to the Orkhon Valley in Central Mongolia, home to nomadic people for millennia. On Day 4, trek to the Ulaan Tsutgalan and Baga Tsutgalan waterfalls, soaking up the spectacular scenery along the way. Next, drive to Kharkhorin, the ancient capital of Mongolia, and overnight in a ger camp. (3B, 3L, 3D)

## DAYS 6-8 Gorkhi Terelj National Park

Spend the morning in Khustain Park observing the famous wild horses, then travel to Gorkhi Terelj National Park, a picturesque alpine retreat with imposing rock formations and dense forests. And here, there's only one way to travel - by horse! Make your way to your new host's nomadic camp for an evening of traditional games and local food and, on Day 7, learn how to make patterns for traditional Mongolian garments with a nomadic seamstress. (3B, 3L, 3D)

## DAYS 9-10 Ulaanbaatar

A Folk performance by the Tumen Ekh Ensemble rounds off your trip. Depart Ulaanbaatar at any time. (2B)

Tour Code: GAAMNL



### ACCOMMODATION

Traditional ger [6 nts], gErcamp (1 nt), basic hotels [2 nts]



### INCLUDED MEALS

9 breakfasts, 7 lunches, 7 dinners



### TRANSPORT

Public bus, oxcart, horse

TRIP STYLE: Local Living

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local nomadic hosts

GROUP SIZE: Max 12, Avg 9

INCLUDED ACTIVITIES: Horseback riding, nomadic family stay in Gorkhi Terelj National Park, Mongolian cultural show and dinner, daily demos of nomadic skills and techniques

### DEPARTURES 2020:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
					13	04	01	05			
					20	11	15	12			
					27	25	29				

G Adventures







Vodkatrain has been around the Trans-Siberian and Mongolian block quite a few times over the last 50 years, so their experience is pretty freakish. Along with their planning skills and flair for tight train schedules, they also have local hosts to accompany you for the ride! Note: vodka is not included, but heartily encouraged.

### TRANSPORT & ACCOMMODATION

Trains along the Trans-Siberian are a destination in themselves. These aren't chartered trains, but regular services used by families, traders, students, soldiers, travellers and monks. Overnight trains have four-berth sleeping compartments with two bunks, bedding, reading lights and luggage storage. On the Siberian Shuttle and Budgeting Bolshevik four berth compartments are exchanged for multi-share compartments that resemble a hostel dorm.

Off the train, you'll stay in convenient multi-share hostels, guesthouses and even traditional Mongolian gers!

### HELPFUL HONCHOS

With you for the whole journey, your Honcho is a local Legend who will help you hit the highlights and discover some hidden gems. They'll also take care of the train tickets and make sure you're where you need to be, when you have somewhere to be.

If you prefer to do things your own way, that's fine, too. They'll help you with directions, maybe scrawl you a map on a napkin, then leave you to it.

### FLEXIBLE

With year-round departures, many of them guaranteed, the Vodkatrain is ready when you are! By only paying for the basics (transport, accommodation, visa support), you'll be able to save money by paying locally for food and activities. It also means you're free to spend your time as you want.

### LIKE-MINDED TRAVELLERS

Vodkatrain is for 18-35s only, and you'll share your journey with a maximum of 12 travellers. Along with your Honcho, you'll have new found friends to share experiences with as well as a support network so you don't have to tackle any hard bits alone.

### INCLUSIONS

- 0 All train tickets
- 0 Mongolian ger stay
- © All shared accommodation
- 0 Visa support for pre-booked tours
- 0 Honcho service for the entire journey
- 0 2-berth upgrade and private rooms available on selected journeys. Ask your Travel Expert for details
- 0 Arrival/Departure transfers



### EXTEND YOUR TRIP

Leaving from or returning to Europe? We've made sure the tour dates match up with those at Busabout (see our Europe brochure) so you won't have to get on a plane between London and Hong Kong. That's 12,000km overland!

### Like that? What This...

<b>The Budgeting Bolshevik</b> (13 days, Beijing - Moscow) [BBBM]	Er £1,530
<b>The Genghis Khan</b> (15 days, Moscow - Ulaanbaatar) (GKMU)	Er £1,920
<b>The Cossack</b> (26 days, Beijing - St. Petersburg) (CKBS)	Er £3,470
<b>The Vodkatrain</b> (21 days, St. Petersburg - Beijing) (VTSB)	Er £3,260
<b>The Nomad</b> (13 days, Ulaanbaatar - Moscow) (NDUM)	Er £1,215
<b>The Frosty Flyer</b> (15 days, St Petersburg - Beijing) (FFMS)	Er £1,195
<b>Ruski Huski</b> (19 days, Beijing-St. Petersburg) (RHBS)	Er £2,200





## THE RUSSIAN EXPRESS

PRICE  
FR £2,585

DURATION  
21 DAYS

ROUTE  
BEIJING - ST. PETERSBURG



### DAYS 1-6 Beijing / Trans-Mongolian Railway / Terelj National Park

Meet your team and Honcho in Beijing for two full days of exploring, making sure you don't miss a visit to the Great Wall. Get ready for a cultural switch on Day 4 as you board the Trans-Mongolian, and watch as the Gobi Desert turns into the grasslands of the nomads. In Terelj National Park, spend starry evenings drinking airags (fermented mare's milk) around the campfire in a traditional ger camp.

### DAYS 7-10 Ulaanbaatar / Irkutsk / Lake Baikal / Irkutsk

From Ulaanbaatar, take the train towards Irkutsk and Lake Baikal, the world's deepest lake. Holding an impressive 20% of the world's freshwater, it also marks a great spot for activities like ice diving and kayaking, so make sure you ask your Honcho what your options are! Back in Irkutsk, explore the unique architecture and thriving cultural scene.

### DAYS 11-16 Trans-Siberian Railway / Kazan / Moscow

Riding the rails on the Trans-Siberian gives you an amazing window into local life, as it's a popular route with merchants and traders. Head to the dining car to practice your Russian (vodka might help) and jump off at Kazan. Continue to Moscow on Day 16.

### DAYS 17-21 Moscow / St. Petersburg

For an immediate wow, head straight to Red Square and the gingerbread masterpiece of St. Basil's. Your final approach to St. Petersburg happens on Day 19, leaving you with two days to discover its treasures before the tour ends.



ACCOMMODATION

Hostel/guesthouse (5 nt), ger camp (1 nt), train 4-berth (7 nts)



INCLUDED MEALS

Not included



TRANSPORT

Train

#### INCLUSIONS

Departs: 1 departure per month (Mar-Sep) Group Leader: Local guides  
Group size: Max 12 Included Activities: With no pre-arranged sightseeing, you have complete freedom to roam. Stay with your group or explore on your own Tour Code: REBS

## THE SIBERIAN SHUTTLE

PRICE  
FR £1,465

DURATION  
13 DAYS

ROUTE  
MOSCOW - BEIJING



### DAYS 1-5 Moscow / Trans-Siberian Railway

Starting in the Russian capital, your first taste of rail life comes with four days travelling across the Trans-Siberian line. Pass the Ural Mountains and the vast expanse of Siberia, and pull up to rural stations to sample homecooked food from the babushkas that line the platforms. Dried fish to go?

### DAYS 6-8 Lake Baikal / Irkutsk / Trans-Mongolian Railway

Icy Lake Baikal is calling, right in the heartland of Siberia. Take a stroll along the shore, tuck in to the local cuisine and warm up after an icy swim in a banya (sauna). Continue to Irkutsk and board the Trans-Mongolian train for your border crossing, and look out for yaks, Bactrian camels and nomadic herders on the journey.

### DAYS 9-10 Terelj National Park / Ulaanbaatar

Your traditional ger camp tonight is set in a protected nature reserve among the grasslands of the Mongolian nomads. Enjoy a hike in the wilderness, and ask your Honcho about horse riding or archery options. Return to Ulaanbaatar on Day 10, where you might catch a glimpse of the Gandan Khiid Monastery monks.

### DAYS 11-13 Trans-Mongolian Railway / Beijing

It's back on the train again, this time as you cut across the Gobi Desert and on to the Chinese frontier. Brace yourself for the final two days in Beijing, where sightseeing options include Tiananmen Square and the Berlin-like Arts District.



ACCOMMODATION

Hostel/guesthouse (5 nt), ger camp (1 nt), train 4/6-berth (6 nts)



INCLUDED MEALS

Not included



TRANSPORT

Train

#### INCLUSIONS

Departs: 1 departure per month (Jan, Mar-Oct) Group Leader: Local guides  
Group size: Max 12 Included Activities: With no pre-arranged sightseeing, you have complete freedom to roam. Stay with your group or explore on your own Tour Code: SSMB



TURKEY & GEORGIA EXPLORER

PRICE (PLUS LOCAL KITTY) DURATION ROUTE  
FR £1,240 16 DAYS TBILISI - ISTANBUL



Tbilisi welcomes you with picturesque architecture, a lively arts scene and inviting café culture. Your first three days are spent in Georgia, with visits to Gori (birthplace of Stalin), Kutaisi and archaeologically rich Batumi. Cross the border on Day 2 and enter Turkey. A visit to the Sumela Monastery near Macka almost marks the tour's halfway point, as well as a guided tour of otherworldly Cappadocia - a balloon ride is at extra cost but absolutely worth it. The second half of the tour is a bit of an icon bingo, calling at Pamukkale, Olympus and the Gallipoli Peninsula before pulling into continent's straddling Istanbul.

INCLUSIONS

Departs: 17Mar20, 28Apr20, 23Jun20, 15Aug2D, 10Oct20, 31Oct2D, 16Mar21 Accommodation: Hotels/guest houses (85%), wild camping (15%) Transport: Overland truck Meals: All meals when camping, most breakfasts in hotels Local Payment (Kitty): Approx. USD \$320 Tour Code: DRZTT

GEORGIA, ARMENIA & AZERBAIJAN

PRICE (PLUS LOCAL KITTY) DURATION ROUTE  
FR £1,500 15 DAYS TBILISI - BAKU



Begin in Tbilisi, visiting Sioni Cathedral and Metekhi Temple. Once you've crossed into Armenia, make for Yerevan via Lake Sevan. After two nights in the city, travel through the Armenian Highlands to Georgia, reaching Vardzia Cave Monastery. Stretch your legs on a hike in Borjomi National Park then continue to the ancient capital of Mtskheta. A trek to Gergeti Trinity Church will reward you with incredible views on Day 9. The next few days are spent exploring the vineyards and wineries of the Telavi area. From Lagodekhi National Park, hop over the border to Azerbaijan. Cue historic towns, ancient petroglyphs, mud volcanoes and a tour of the Old City of Baku.

INCLUSIONS

Departs: 31Mar20, 1ZMar20, 07Jul2D, 26Sep2D, 17Oct20, 3DMar21 Accommodation: Hotels/guest houses (75%), wild camping (25%) Transport: Overland truck Meals: All meals when camping, most breakfasts in hotels Local Payment (Kitty): Approx. USD \$440 Tour Code: DR2TB

UZBEKISTAN & TURKMEN EXPLORER

PRICE (PLUS LOCAL KITTY) DURATION ROUTE  
FR £1,250 16 DAYS ASHGABAT - TASHKENT



This journey takes you deep into heartlands of the ancient Silk Route. Starting in the bizarre city of Ashgabat, overland across the inhospitable deserts of Turkmenistan to the burning gas crater of Gashgazdar and the crumbling ancient ruins of Konye Urgench, before crossing into fascinating Uzbekistan, where history and stunning architecture vie for prominence in each city. North of the Oxus River lies the Kyzylkum Desert, where you'll overnight in a yurt before heading to the great city of Tashkent for a bit of R&R and some old fashioned night clubs.

INCLUSIONS

Departs: 18Apr2D, 03May2D, 31May20, 23Jun20, 09Jul2D, 14Jul20, 26Jul20, 01Sep20, 08Sep20, 28Sep20, 18Apr21 Accommodation: Hotels/yurts (85%), wild camping (15%) Transport: Overland truck Meals: All meals when camping, most breakfasts in hotels Local Payment (Kitty): Approx. USD \$610 Tour Code: DR5TT

MOUNTAIN KINGDOMS OF KYRGYZSTAN

PRICE (PLUS LOCAL KITTY) DURATION ROUTE  
FR £1,110 16 DAYS TASHKENT - BISHKEK



This adventurous trip travels along the route that ancient traders would take between Europe and China, and is the perfect holiday-length trip for travellers who love the outdoors. Starting or finishing in urban Tashkent, explore the lush farmlands of the Fergana Valley before entering what turns out to be an unexpected traveller favourite, Kyrgyzstan and the rugged Tian Shan mountain range, home to your nomadic hosts. Hiking, riding and staying with nomads, journey across the region slowly to enjoy a country famed for its hospitality.

INCLUSIONS

Departs: 03May20, 17May20, 14Jun2D, 29Jun20, 23Jul2D, 08Aug20, 24Aug2D, 14Sep2D Accommodation: Hotels/homestays/yurts (55%), wild camping (45%) Transport: Overland truck, 4WD, bus Meals: All meals when camping, most breakfasts in hotels Local Payment (Kitty): Approx. USD \$370 Tour Code: DRKYR



## TAJIKISTAN EXPLORER

PRICE [PLUS LOCAL KITTY]  
FR £2,000

DURATION  
18 DAYS

ROUTE  
BISHKEK - DUSHANBE



Start by making your way towards Tok tog til Lake, travelling through some stunning mountain scenery on the way. On Day 3, drive to Osh for a two-night stay, which includes a visit to Suleiman's Mountain as well as free time to explore the city before driving over the Taldyk Pass and into the remote village of Sary Tash. Cross into Tajikistan and Karakul Lake on Day 6, enjoying the scenery from 4,336 metres above sea level. Travel the Ak-Baitai Pass, drive the Wakhan Corridor, hike to see the petroglyphs in Langar and trek the magical Fann Mountains. Cross the Alaudin Pass on Day 16 (alas, not by carpet) and finish up in Dushanbe.

### INCLUSIONS

Departs: 01Jun20, 07Aug20 Accommodation: Hotels (60%), wild camping (40%) Meals: All meals when camping, most breakfasts in hotels Transport: Overland truck, 4WD Local Payment (Kitty): Approx. USD \$350 STS Tour Code: DRJTP

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## CENTRAL SILK ROUTE

PRICE [PLUS LOCAL KITTY] DURATION  
FR £2,310 30 DAYS

ROUTE  
ASHGABAT - BISHKEK



If there are two, must-see Central Asian countries on the Silk Route, they are Uzbekistan and Kyrgyzstan. Uzbekistan is the more visited of the two, particularly the cities of Khiva, Bukhara and fabled Samarkand - each with its own unique flavour, history and monuments. Kyrgyzstan is all about the vast mountains, valleys and lakes of the Tian Shan Mountains and the nomadic horsemen that live there, who will become your hosts and guides. It's also a fantastic place for hiking and riding, and when you add in the deserts of Turkmenistan and the bizarre Darvaza Crater, you really do have an epic journey ahead.

### INCLUSIONS

Departs: 19Apr20, 03 May20, 31 May20, 29Jun20, 09Jul20, 26Jul20, 24Aug20, 14Sep20 Accommodation: Hotels/yurts (70%), wild camping (30%) Transport: Overland truck Meals: All meals while camping, most breakfasts Local Payment (Kitty): Approx. USD \$960 Tour Code: DRAKY

## SPLENDOURS OF PERSIA

PRICE [PLUS LOCAL KITTY] DURATION  
FR £1,490 16 DAYS

ROUTE  
ASHGABAT - TEHRAN



Iran never fails to surprise its visitors. There are so many preconceptions flying around as to what Iran is going to be like, and most are way off the mark. This trip is no exception as it takes in the great sites and cities of the country. The blue-tiled mosques of Isfahan are perhaps the most famous attractions in Iran, but the beauty of Shiraz takes some beating. For the absolute best in mosque architecture, Yazd calls - the centre of the ancient Zoroastrian religion. The other thing visitors love about visiting this country is the friendliness of the people. Expect countless cups of tea to be bought for you, and picnic invites aplenty.

### INCLUSIONS

Departs: 19 Apr 20, 14 Sep 20 Accommodation: Hotels/homestays/yurts (100%) Meals: 2 breakfasts^ 1 dinner Transport: Overland truck, bus Local Payment (Kitty): Approx. USD \$700 Tour Code: DRZIA

## KYRGYZ & TAJIK EXPLORER

PRICE [PLUS LOCAL KITTY] DURATION  
FR £3,035 33 DAYS

ROUTE  
TASHKENT - DUSHANBE



Travel across the fabled Stans, overlanding through valleys and lakes, taking on huge hikes and sleeping in traditional felt yurts as you go. Starting in Uzbek capital Tashkent, journey for three days into the remote Kyrgyz Fergana Valley for impromptu hikes in the hills and some intriguing sleeping scenarios on a wild camping spree. Drive along Lake Issyk Koi and trek the alpine region of Jeti Oguz. And that's not all, opt to go horse riding with nomads, visit the ancient petroglyphs at Cholpn Ata, see the Zoroastrian Fire Temple at Langar and go trekking over the Alaudin pass (3,860 metres). Packing your bags yet?

### INCLUSIONS

Departs: 17May20, 23Jul20 Accommodation: Hotels (60%), wild camping (40%) Meals: All meals when camping, most breakfasts in hotels Transport: Overland truck, 4WD, bus Local Payment (Kitty): Approx. USD \$720 Tour Code: DRENT



# THE SILK ROAD & MONGOLIA

**PRICE (PLUS LOCAL KITTY)**  
FR £3,045

**DURATION**  
42 DAYS

**ROUTE**  
XI'AN - ULAANBAATAR



**DAYS 1-25** Xi'an / Yan'an / Lijiashan / Pingyao / Wutai Shan / Datong / Jinshanling / Chengde / Beijing / Erlian / Sainshand / Kharkhorin

Kick things off with a Terracotta Warriors tour, then head to Yan'an for an included visit to the Revolutionary Museum. After an overnight stay in a Lijiashan cave house, stop at the Black Dragon Temple on the way to Pingyao, China's best-preserved walled town. Make for the sacred mountains of Wutai Shan on Day 8 before driving to Datong. The Great Wall awaits on Day 12! Walk along the Jinshanling section, then continue to Chengde to see the Imperial Summer Resort. Beijing will be your base for the next few nights. Next up, Mongolia. Head to the former capital of Kharkhorin via Erlian and Sainshand.

**DAYS 26-42** Orkhon Valley / Tsenkher / Tsetserleg / Chuulut Canyon / Khorgo / Mörön / Khövsgöl Lake / Bulgan / Amarbayasgalant Monastery / Ulaanbaatar

After a hike in Orkhon Valley, soak aching muscles in the Tsenkher Hot Springs. On Day 29 meet a nomadic family and stay in a traditional ger. Over the next couple of days, browse the markets of Tsetserleg, trek up Khorgo Volcano and cross through Lake Zuun en route to Mörön. From Khövsgöl Lake, you'll journey overland for three days through diverse landscapes. Camp near Amarbayasgalant Monastery, then arrive in Ulaanbaatar on Day 41. Relax and have a final meal and drinks in town before departing the next day.

Tour Code: DREXU



## ACCOMMODATION

Hotels and yurts (70%), wild camping (30%)



## INCLUDED MEALS

All meals included while camping, most breakfasts included in hotels



## TRANSPORT

Overland truck

**TRIP STYLE:** Overland Group Adventure

**AGE GROUP:** Min 12

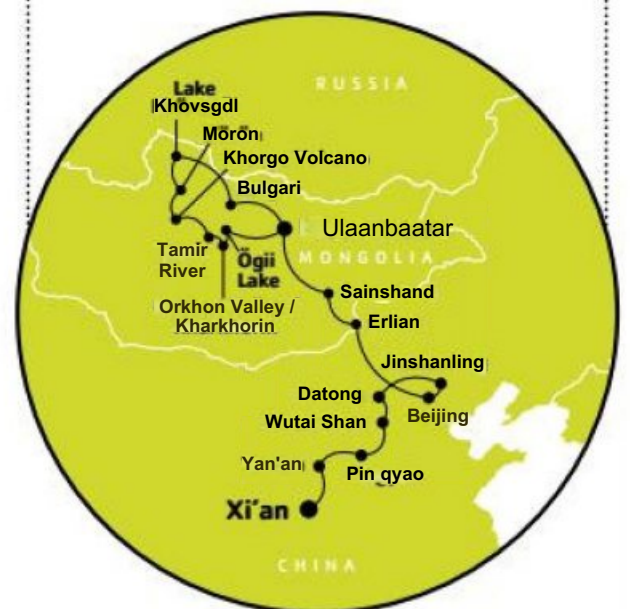
**GROUP LEADER:** 2 crew, local guides

**GROUP SIZE:** Max 22

**INCLUDED ACTIVITIES:** Guided tours of Gandan Monastery and Forbidden City, Great Wall excursion, hike to Tuvkhon Monastery, soak in Tsenkher Hot Springs, visits to Terracotta Warriors, Black Market, National Museum of Mongolia, Kitan Fortress, Erdene Zuu Monastery, Ulaan Tsutgalan Waterfall, Amarbayasgalant Monastery, Imperial Summer Resort, Hanging Monastery, Yungang Caves, Black Dragon Temple, Revolution Museum

**DEPARTS:** 29Apr20, 19Jun2D, 10Jul20

**LOCAL KITTY:** Approx. USD \$1,380



# NOMADS & WILDS OF MONGOLIA

**PRICE (PLUS LOCAL KITTY)**  
FR £1,585

**DURATION**  
21 DAYS

**ROUTE**  
ULAANBAATAR - ULAANBAATAR



**DAYS 1-4** Ulaanbaatar / Ögii Lake / Kharkhorin

Start with a guided tour of Ulaanbaatar's Gandan Monastery and Black Market before driving to Ögii Lake via the ruins of Khar Bukh Balgas. After a night in a ger camp, it's on to Mongolia's earliest capital, Kharkhorin.

**DAYS 5-11** Orkhon Valley / Tsenkher / Tamir River / Chuulut Canyon / Khorgo

Drive to Orkhon Valley where you'll hike to the Ulaan Tsutgalan Waterfall and Tuvkhon Monastery. Next, soak in Tsenkher Hot Springs and overnight at another ger camp. Follow the Tamir River, reaching Chuulut Canyon on Day 10. Trek to the top of Khorgo Volcano then continue through pine-studded fields to Yellow Dog Cave.

**DAYS 12-15** Mörön / Khövsgöl Lake

Crossing high mountain passes and vast grasslands, you'll arrive in Mörön. Meet the Reindeer People of Lake Khövsgöl on Day 14 and learn about their unique way of life. Finish with a hike through forests and meadows, and stay at a ger camp near Khövsgöl Lake.

**DAYS 16-21** Bulgan / Amarbayasgalant / Ulaanbaatar

Spend the first three days wild camping in open plains and on the outskirts of Bulgan to reach the 18th-century Amarbayasgalant Monastery. Spend one final night under the stars before returning to Ulaanbaatar for a well-earned meal and hotel bed.

Tour Code: DRZUU



## ACCOMMODATION

Hotels and yurts (50%), wild camping (50%)



## INCLUDED MEALS

All meals included while camping, most breakfasts included in hotels



## TRANSPORT

Overland truck

**TRIP STYLE:** Overland Group Adventure

**AGE GROUP:** Min 12

**GROUP LEADER:** 2 crew, local guides

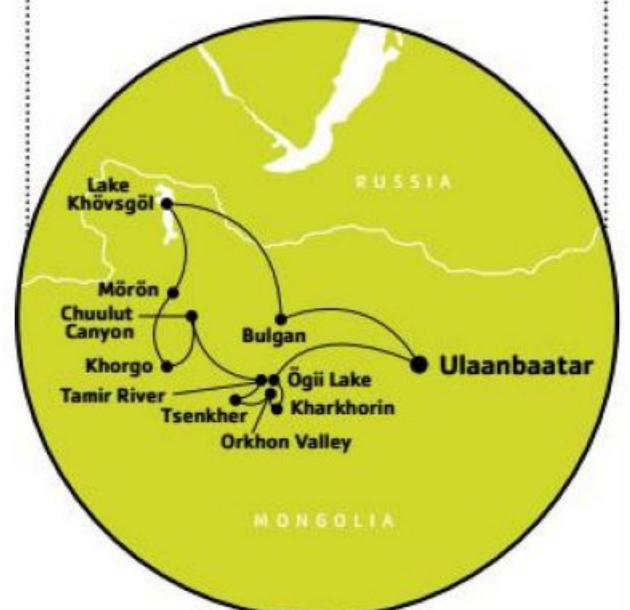
**GROUP SIZE:** Max 22

**INCLUDED ACTIVITIES:** Visits to Gandan Monastery, Black Market, National Museum of Mongolia, Kitan Fortress, Erdene Zuu Monastery, Ulaan Tsutgalan Waterfall, Taikhar Chuluu, Amarbayasgalant Monastery

**DEPARTS:** 19May2D, 19Jun20, 10Jul20

**LOCAL KITTY:** Approx. USD \$730

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# TIBET ADVENTURE

PRICE  
FR £2.599

DURATION  
15 DAYS

ROUTE  
BEIJING - KATHMANDU



### DAYS 1-4 Beijing / Trans-Tibetan Railway

Beijing beckons before you ride the rails. Whether you've been here for a few days or are a new arrival, make the most of Day 1 with some sightseeing. An included trip to the Great Wall of China fills Day 2. After a guided tour of the Forbidden City, start the long train journey to Lhasa. Sometimes known as the 'sky road', the route snakes past glaciers, peaks and yak-dotted grasslands as it climbs onto the Tibetan Plateau.

### DAYS 5-8 Lhasa

The centre of the Tibetan Buddhist world for over a millennium, Lhasa (the Place of the Gods) sits more than 3,600 metres above sea level and is dominated by Potala Palace. Take an orientation walk around Barkhor Square and visit the 1,300-year-old Jokhang Temple. (3B)

### DAYS 9-11 Qyantse / Shigatse / Tingri

The drive to Gyantse crosses three passes over 5,000 metres and skirts the shores of Yamdrok Tso Lake. Visit the Pelkor Chode and Gyanste Kumbum monasteries before driving to Shigatse on Day 10. Another day, another monastery - this time Tashilhunpo, home to around 950 monks. Overnight in Tingri. (B)

### DAYS 12-15 Rongbuk / Kytrong / Kathmandu

Stop at the ruins of Shegar Dzong en route to Rongbuk. At 4,980 metres, Rongbuk Monastery is the highest in the world with incredible views of Mt. Everest. Journey to Kathmandu via scenic Kyirong, taking time out to explore the capital before your trip ends on Day 15.

Tour Code: 6AACTA



#### ACCOMMODATION

Hotels (11 nts), multi-share guesthouse (1 nt), sleeper train (2 nts)



#### INCLUDED MEALS

4 breakfasts



#### TRANSPORT

Train, private bus

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 16, Avg 12

INCLUDED ACTIVITIES: Overnight monastery stay. Trans-Tibetan Railway, entry to Great Wall of China, Potala Palace & Jokhang Temple., Tiananmen Square and Forbidden City guided tour, Lhasa orientation walk, visits to Shegar Dzong, Pelkor Chode, Gyantse Kumbum & Tashilhunpo Monastery

DEPARTS: Selected Sundays (Apr-Oct)

MY OWN ROOM: Fr £539



G Adventures



# HIGH ROAD TO TIBET

PRICE  
FR £2.499

DURATION  
14 DAYS

ROUTE  
KATHMANDU - KATHMANDU



### DAYS 1-3 Kathmandu / Panauti

Arrive in Kathmandu, ready for an orientation walk in Durbar Square the next day. After working up an appetite, head to the headquarters of G for Good's Sisterhood Survivors project. Join in a momo-making session (dumplings) with the women and learn how the organisation empowers survivors of human trafficking by training them to become certified paralegals. Travel to your community homestay in Panauti on Day 3. (L, D)

### DAYS 4-7 Lhasa

Fly to Lhasa for a walk around Barkhor Square and a guided tour of Jokhang Temple, the spiritual heart of Tibet. Explore Sera Monastery where monks engage in debate and philosophy, and the massive Potala Palace where the Dalai Lamas meditate and handle state affairs.

### DAYS 8-11 Gyantse / Shigatse / Tingri / Rongpu Si

The journey between Gyantse, Shigatse and Tingri is peppered with ancient monasteries, including Sakya, one of the oldest and largest in Tibet. But the real highlight comes on Day 11 as you reach Rongbuk - a dizzying 5,000m above sea level. Here, stay in the Rongbuk Monastery guesthouse, nestled in the shadow of Mt. Everest with, as expected, utterly breathtaking views.

### DAY 12-14 Kytrong/Kathmandu

Stay in the border town of Kyirong before crossing into Nepal on Day 13 and returning to Kathmandu. The trip ends in the capital on Day 14.

Tour Code: GAANRT



#### ACCOMMODATION

Hotels (11 nts), monastery guesthouse (1 nt), multi-share homestay (1 nt)



#### INCLUDED MEALS

1 lunch, 1 dinner



#### TRANSPORT

Plane, local bus, air con bus

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 14, Avg 12

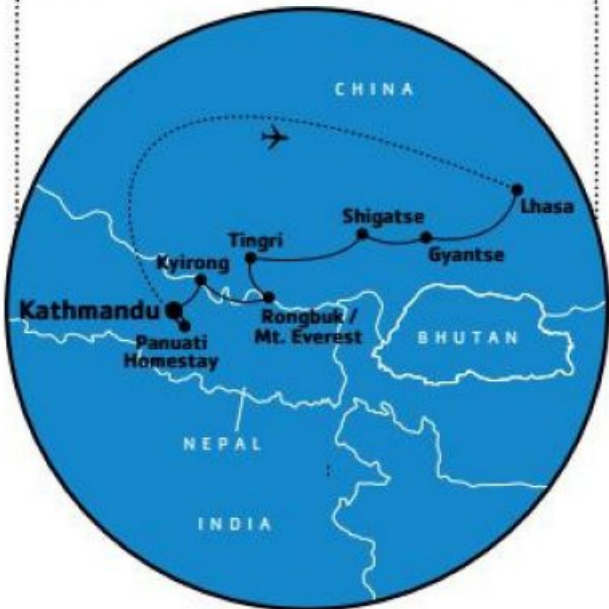
INCLUDED ACTIVITIES: 6 for Good visit to Sisterhood Survivors Project^ Panauti homestay, orientation walks in Kathmandu and Lhasa, visits to Potala Palace, Sera Monastery^ Jokhang Temple, Pelkor Chode, Gyantse Kumbum & Tashilhunpo Monastery

DEPARTS: Selected Sundays (Apr-Oct)

MY OWN ROOM: Fr £489



G Adventures





# ANCIENT EMPIRES BEIJING TO TOKYO

PRICE  
FR £3,299

DURATION  
16 DAYS

ROUTE  
BEIJING - TOKYO



## DAYS 1-4 Beijing / Xi'an

Land in Beijing at any time on Day 1. Over the next two nights, you'll visit Tiananmen Square, the Forbidden City and the Great Wall before catching a fast train to Xi'an. One of China's greatest archaeological treasures is here and you'll get to see it on Day 4. After your Terracotta Warriors tour, opt to cycle along the ancient city walls.

## DAYS 5-9 Shanghai / Osaka / Koyasan

The next couple of days are spent in glamorous Shanghai and the so-called Venice of the East, Suzhou. On Day 8, wave goodbye to China and say konnichiwa to Japan! Overnight in Osaka before heading to Koyasan where you'll stay in a temple atop Mt. Koya. Savour a traditional shojin ryori meal and watch the monks pray. (20, DJ

## DAYS 10-13 Hiroshima / Kyoto

Move on to the infamous city of Hiroshima on Day 10, bombed by the Americans in World War II. Visit the Peace Park and Museum, then catch the ferry over to the sacred island of Miyajima to see the Floating Torii Gate. On Days 12 and 13, explore Kyoto's geisha district of Gion, the impressive Nijo Castle and Fushimi Inari Taisha Shrine. (B)

## DAYS 14-16 Hakone / Tokyo

On Day 14, take a boat cruise on Lake Ashino-ko and hopefully catch a glimpse of Mt. Fuji. Stay in a traditional ryokan, tuck into a kaiseki meal and soak in natural hot springs. On Day 15, head to Tokyo for some last minute shopping and depart on Day 16. (B, D)

Tour Code: GAACJ



### ACCOMMODATION

Hotels (13 nts), mountain monastery (1 nt), traditional inn (1 nt)



### INCLUDED MEALS

4 breakfasts, 2 dinners



### TRANSPORT

Train, local bus, air con bus, metro, bullet train. Ferry, plane

TRIP STYLE: Rail

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO) (except on China to Japan flight), local guides

GROUP SIZE: Max 15, Avg 12

INCLUDED ACTIVITIES: Mount Koya Temple stay, ryokan stay, Great Wall entry, Tiananmen Square and Forbidden City tour, Shanghai orientation walk, Chinese acrobat performance, Gion walk, Lake Ashinoko boat ride, Japan rail pass, visits to Terracotta Warriors, Master of the Nets Garden, Hiroshima Peace Park, Miyajima, Nijo Castle & Fushimi Inari Shrine,

DEPARTS: Selected Fri [Jan-Feb], Fri and selected Wednesdays (Mar-Mar21)

 **G Adventures**



EAST ASIA

# TIBET EXPLORER

PRICE [PLUS LOCAL KITTY]  
FR £1,580

DURATION  
31 DAYS

ROUTE  
XI'AN - KATHMANDU



## DAYS 1-8 Xi'an / Pingliang / Lanzhou / Xiahe / Liujiaxia

First stop, the World-Famous Terracotta Warriors! Next, journey to Pingliang to visit the holy mountain of Kongtong, then drive to the Tibetan town of Xiahe via Lanzhou. The next two days are free to explore the Labrang Monastery and surrounding grasslands. See the Singling Si Buddha Caves en route to Liujiaxia on Day 8.

## DAYS 9-18 Qinghai Hu / Golmud / Amdo / Lhasa

Over the next couple of days, travel overland through the Qinghai province to Golmud. Embark on a three-day uphill journey across the Tanggula Pass and arrive in Lhasa. Visits here include Potala Palace and Jokhang Temple.

## DAYS 19-24 Gyantse / Shigatse / New Tingri / Rongbuk

Backdropped by breathtaking scenery and views of Mt. Everest, this leg of the trip takes in Palcho, Tashilhunpo and Rongbuk Monasteries. Drive along the famous Friendship Highway, through gorges, across plateaus and over high passes, to the Nepalese border.

## DAYS 25-31 Nuwakot / Pokhara / Khatauti Khola / Kathmandu

Nuwakot is next, then it's on to lakeside Pokhara, famous for its yoga retreats and adventure activities. On Day 29, head to Khatauti Khola where you can opt to go kayaking or hiking. Your final night is spent in Kathmandu.

Tour Code: DRHTC



### ACCOMMODATION

Hotels/guesthouses (B 5%), wild camping (15%)



### INCLUDED MEALS

All meals when camping, most breakfasts in hotels



### TRANSPORT

Overland expedition vehicle

TRIP STYLE: Overland Group Adventure

AGE GROUP: Min 12

GROUP LEADER: 2 crew, local guides

GROUP SIZE: Max 22

INCLUDED ACTIVITIES: Visits to the Terracotta Warriors, Mt. Kongtong, Bingling Si Buddhist Grottoes, Potala Palace, Jokhang Temple, Sera Monastery, Baiju Monastery, Tashilhunpo Monastery and Rongbuk Monastery

DEPARTS: 25Jul20 and 24Jul21

LOCAL KITTY: Approx. USD \$1,160

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# CHINA ADVENTURE

EXCLUSIVELY FOR 18-35s

PRICE  
FR £2,675

DURATION  
12 DAYS

ROUTE  
BEIJING - SHANGHAI

- WE LOVE -

CHINA, TAIWAN & HONG KONG

## NEED TO KNOWS

TRIP STYLE : In-Depth Explorer

AGE GROUP : Exclusively for 18-35s

GROUP LEADER : Trip Manager, local guides

GROUP SIZE : Max 30

DEPARTURES 2020:

Jan	A	J	Feb	Apr	3	E	4	5	CTi	a	4*	>	Dec
				05	10	21	12	3	s	13	"	£	

MY OWN ROOM- : Fr £51D

## INCLUDED ACTIVITIES

- \* Peking duck dinner in Beijing
- Visits to the Ming Tombs, Tiananmen Square, 798 Art Precinct, a hutong, Summer Palace and a cloisonne factory
- Great Wall [Mutianyu] trip
- Forbidden City tour
- Rickshaw ride
- Visit to TangBo Art Museum
- Guided Terracotta Warrior tour
- Xi'an city wall bike ride
- Visit to Chengdu Panda Sanctuary
- Visits to the Shanghai Tower, City God Temple, a silk museum & the Bund

contiki



## HIGHLIGHTS



### CONTIKI CARES

This research base is home to nearly 120 giant pandas and 76 red pandas.



### GREAT WALL OF CHINA

This 2,300-year-old structure is half the equator's length at 21,196km.



### TERRACOTTA WARRIORS

Take a guided tour around Emperor Qin Shi Huang's Terracotta Army.

### DAYS 1-4 Beijing

Arrive at any time on Day 1 and prepare to have your mind boggled by China's capital, an epicentre of politics, education and culture. Day 2 is filled with historical gems and jaw-dropping sights, with visits to the mighty Great Wall, a cloisonne factory and the ancient tombs of the 13 Ming dynasty emperors. An included meal of succulent Peking duck awaits you tonight. There's plenty more to see on Day 3 so get up early and head to Tiananmen Square and the Forbidden City for a guided tour, then swing by the 798 Art Precinct. With its modern galleries and trendy vibe, it's a stark contrast to the city's centuries-old monuments. After a rickshaw ride and a stroll around the hutongs, hop aboard the sleeper train to Xi'an. (3B, 2L, 2D)

### DAYS 5-7 Xi'an/Chengdu

Start Day 5 with a visit to the TangBo Art Museum and a guided tour of the Terracotta Army complex. Discovered in 1974 by local farmers, this UNESCO-listed site is one of the world's most significant archaeological finds. There are around 8,000 individually carved soldiers, each with his own unique facial features. After a bike ride along the ancient city walls on Day 6, catch a high-speed train to Chengdu. Your highlight here will no doubt be a trip to the Giant Panda Breeding Centre. Make sure you've packed that selfie stick! (3B, L)

### DAYS 8-9 Yangshuo

Time to swap the city hubbub for tranquil countryside vibes. Fly to Guilin and transfer to Yangshuo on Day 8. Dominated by limestone karsts and the Li and Yu long rivers, this region is so stunning, you might never want to leave! Opt to explore the night markets, sign up for a tai chi class or just take Yangshuo at your own pace. Here, you'll no doubt really get acquainted with China's traditional way of life, sipping Tsingtao and admiring the views. (2B, D)

### DAYS 10-12 Shanghai

Take things up a notch for the last leg of the trip. Flying into Shanghai, you'll experience the ultimate scene change, as the neon lights and urban energy become a reality. The first night is yours to explore as you wish, but make sure you save your energy - Day 11 promises to be a busy one! The first stop is Chenghuang Miao (City God Temple) where three temples, teahouses, shops and restaurants will keep you entertained. Visits to a silk museum, Shanghai Tower and the Bund are also on the agenda before your trip ends on Day 12. (3B)

Tour Code: COCHNA



### ACCOMMODATION

3' twin-share hotels (10 nts).  
overnight train (1 nt)



### INCLUDED MEALS

11 breakfasts,  
3 lunches, 3 dinners



### TRANSPORT

Plane, overnight train,  
private coach, high-speed train



# BEIJING TO HONG KONG: GREAT WALLS & WARRIORS

— SMALL GROUP ADVENTURE (18-39s) —

**PRICE**  
FR £1,149

**DURATION**  
| 16 DAYS

**ROUTE**  
BEIJING - HONG KONG



## NEED TO KNOWS

**TRIP STYLE:** 18-to-Thirtysome things

**AGE GROUP:** Exclusively for 18-39s

**GROUP LEADER:** Chief Experience Officer (CEO)

**GROUP SIZE:** Max 18, Avg 12

**DEPARTURES 2020/21:**

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar
20	27	05	12	19	26	03	10	17	24	31	07	14	21	28
27	06	13	20	27	04	11	18	25	01	08	15	22	29	05

## INCLUDED ACTIVITIES

- Great Wall of China excursion
- Private group karaoke session
- Wuyishan Biosphere Reserve entry
- Tour of a traditional tulou
- Orientation walks in Xi'an, Shanghai & Xiamen



## HIGHLIGHTS



### XI'AN

Explore the Muslim Quarter on a guided tour, opt to visit the Terracotta Warriors or practice tai chi with the locals.



### KARAOKE SESSION

Shanghai foreshadows some karaoke! Mie up for a private session with your group.



### HAKKATULOU STAY

These heavily fortified roundhouses were built for communal living in the 12th and 20th centuries.

### DAYS 1-3 Beijing

Arrive in China's capital at any point on Day 1 and get settled in. Feel free to do some sightseeing, but make sure you're back in time for your welcome meeting this evening. Spend the next day at the Great Wall of China, a monumental feat of engineering intended to prevent northern invasions. If you're feeling tired after your trek, zip down to the bottom by way of toboggan. After, opt to visit the Forbidden City or Tiananmen Square. On Day 3, enjoy free time in the city before catching an overnight train to Xi'an.

### DAYS 4-5 Xi'an

On arrival in Xi'an, find your feet with an orientation walk through the Muslim Quarter, home to the city's Hui community (non-Uyghur Chinese Muslims). The narrow lanes are full of butcher shops, food stalls, ancient buildings and mosques hidden behind enormous wooden doors. Day 5 is free for you to do your own exploring. Choose to cycle along the ancient city walls or visit the Terracotta Warriors, one of the world's most impressive archaeological finds.

### DAYS 6-11 Shanghai / Wuyishan / Xiamen

Today, hop aboard a high-speed train to Shanghai and arrive in time for karaoke o'clock. The locals take karaoke (or KTV as it's known here) seriously, so get ready to sing your heart out with the group in a private room. The next day, get to know the city on an orientation walk through Old Shanghai, the Bund and People's Park. The rest of the time spent here is free for you to do as you wish. Opt to visit the 400-year old Yuyuan Gardens or head up the Shanghai Tower for epic views. On Day 9, travel by train to Wuyishan in the Fujian province and hike the trails in the UNESCO-listed Wuyishan Biosphere Reserve. The colonial port city of Xiamen is up next. Get your bearings with an orientation walk, then choose to visit the cafes, beaches and night markets of Gulangyu Island.

### DAYS 12-16 Hongkeng Village / Xiamen / Hong Kong

On Day 12, transfer to a small village in Yongding County where you'll overnight in a Hakka tulou, a multi-storey fortified roundhouse built for communal living. After an orientation tour, experience day-to-day life in this unique province full of history and traditional Chinese culture. On Day 14, return to Xiamen and prepare for your final stop - Hong Kong. With its neon-lit streets, unique food scene, glitzy malls and vibrant nightlife, this energetic city is the perfect place for one last blowout. Your trip ends on Day 16.

Tour Code: GAACBF



### ACCOMMODATION

Hotels (8 nts), hostels (4 nts), sleeper train (1 nt), guesthouse (2 nts)



### INCLUDED MEALS

Not included



### TRANSPORT

Train, local bus

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(9 days, Shanghai - Hong Kong)

[GAACSH]

Fr£649

Customise your trip

Beijing Kung Fu Show

Traditional Chinese art and modern dance, created by top stage directors. Fr £30





# HONG KONG TO BEIJING: FOOD STALLS & WATERFALLS

SMALL GROUP ADVENTURE (18-39s)

PRICE  
FR £1,049

DURATION  
14 DAYS

ROUTE  
HONG KONG - BEIJING

CHINA, TAIWAN & HONG KONG



## HIGHLIGHTS



### YANGSHUO

The Li River and dramatic karst landscape around this region feature on the 20 yuan note.



### SONG SHAN

Home of the Shaolin Temple, it is the highest peak of the Five sacred Taoist mountains.



### BEIJING

China's capital is full of historic hotspots including the Forbidden City and the Temple of Heaven.

#### DAYS 1-5 Hong Kong / Yangshuo

Arrive in Hong Kong in time to meet your group and CEO this evening. If you've got a couple of hours to spare, take the tram up Victoria Peak, visit the giant Buddha on Lantau Island or hop aboard the Star Ferry for harbour vistas. The next day, cross the border to Shenzhen and catch the train to Guilin before transferring to rural Yangshuo. Nestled among limestone karsts that jut out of the Li River, it's one of China's most scenic regions. Spend two days at leisure here. Optional activities include a tai chi lesson, bike riding and a cooking class. On Day 5, return to Guilin and board a high-speed train to Chengdu.

#### DAYS 6-8 Chengdu / Xi'an

Chengdu is best known for its spicy food and Giant Panda Breeding Centre. Home to nearly 120 giant and 76 red pandas, this research facility focuses on getting the shy creatures to breed. A visit here will give you the chance to learn all about their life cycle and habitat, and provide you with plenty of photo opportunities of course. You can also choose to take a day trip to nearby Leshan. There, you'll find the world's tallest Buddha statue carved into the red rock. Its fingernails are bigger than the average human! On Day 7, travel by train to Xi'an. Find your feet with an orientation walk through the Muslim Quarter, then opt to cycle the ancient city walls or see the Terracotta Warriors.

#### DAYS 9-10 Luoyang / Song Shan

Next, overnight in Luoyang where you can choose to visit the Longmen Grottoes, home to the largest and most impressive collection of Chinese art of the late Northern Wei and Tang Dynasties. On Day 10 travel to Song Shan for a scenic hike in the countryside and an included visit to the Shaolin Temple. Dating back 1,500 years, it is recognised as the birthplace of kung fu.

#### DAYS 11-14 Beijing

Beijing beckons on Day 11. Make the most of your free time in China's booming capital by visiting iconic sites such as the Forbidden City, Tiananmen Square and the Temple of Heaven. If you're a foodie, treat your stomach to Peking duck in the Qianmen neighbourhood. Shopaholic? Pick up some souvenirs at Panjiayuan Flea Market. Active types can sign up for the optional trip to the Great Wall of China. After one last night with your group, it's time to say your farewells on Day 14.

Tour Code: GAACGN



#### ACCOMMODATION

Hotels (9 nts), hostel (3 nts), guesthouse (1 nt)



#### INCLUDED MEALS

Not included



#### TRANSPORT

Train, local bus, private vehicle

## NEED TO KNOWS

TRIP STYLE: 18-to-Thirtysomethings

AGE GROUP: Exclusively For 18-39s

GROUP LEADER: Chief Experience Officer [CEO]

GROUP SIZE: Max 18, Avg 12

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
					07	03	02	06	11	01	06	15	19	19
					14	05	09	11	16	08	20	26	26	
					16	12	16	13	18	22				
					21	14	23	20	25					
					28	19	30	27						
					26									

## INCLUDED ACTIVITIES

- \* Song Shan hike
- \* Shaolin Temple visit
- \* Orientation walk in Xi'an



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## LIKE THAT? TRY THIS--

Customise your trip

Central Chinese Cooking Class

Visit the Yangshuo market and enjoy a cooking class at a farmhouse.

Fr £31









# ESSENTIAL CHINA

SMALL GROUP ADVENTURE

PRICE  
FR £2,099

DURATION  
21 DAYS

ROUTE  
BEIJING - HONG KONG

- WE LOVE -



## NEED TO KNOWS

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 16, Avg 12

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
02	01	05	03	07	05	02	06	11	06	20	10
15	12	17	21	12	16	13	16	29	27	17	14
29	19	31	28	19	30	20	18	25	23	27	25
26				26							

MY OWN ROOM: Fr £1,609

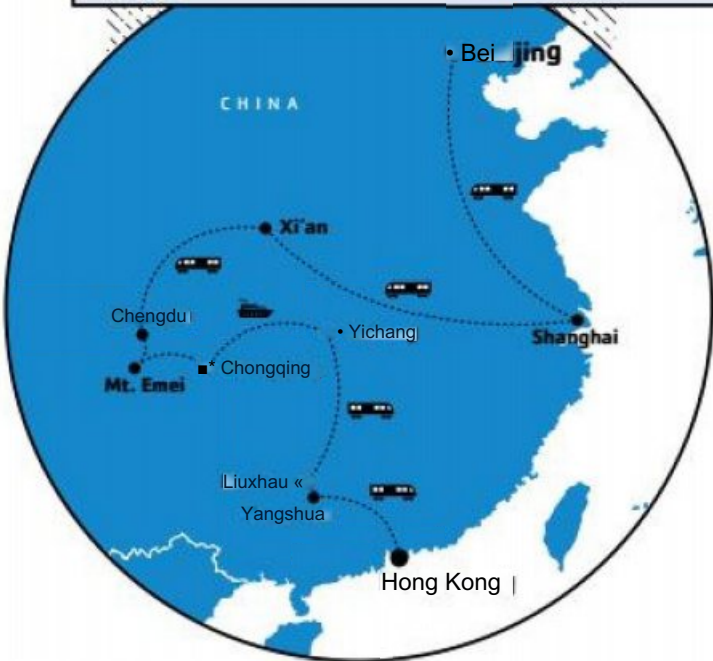
## INCLUDED ACTIVITIES!

- \* G For Good visit to Jia Community Restaurant
- Great Wall of China excursion
- \* Tiananmen Square and Forbidden City guided tour
- Entry to Shanghai Museum Si Emei Shan
- Visits to Leshan Giant Buddha S Panda Breeding Centre
- \* Xi'an orientation walk
- Terracotta Warriors tour
- Yangtze River boat trip through Three Gorges
- Li River bamboo raft ride



## LIKE THAT? TRY THIS

Customise your trip  
Beijing kung fu show  
Traditional Chinese art and modern dance, created by top stage directors. Fr £30



## HIGHLIGHTS



### FORBIDDEN CITY

The imperial palace for 24 emperors during the Ming and Qing Dynasties.



### TERRACOTTA WARRIORS

The army consists of 8,000 soldiers, 130 chariots and 600 horses.



### GIANT BUDDHA

Carved into the cliff, the 1,200-year-old Buddha is a whopping 71m tall.

### DAYS 1-6 Beijing / Shanghai

Arrive in Beijing at any time on Day 1 and get yourself settled in. Over the next couple of days, visit the Forbidden City, Tiananmen Square and the Great Wall of China. You'll also have plenty of free time to explore the capital's historic hutongs and fill up on Peking duck. Hi Shanghai! China's largest and most dynamic city greets you on Day 4. An orientation walk leads you down Nanjing Road and finishes at the world-famous Shanghai Museum, filled with 120,000 precious works of art. Catch an overnight train to Xi'an on Day 6.

### DAYS 7-12 Xi'an / Chengdu / Emei Shan

Once the start of the Silk Road, Xi'an is a melting pot of cultures and religions. Opt to cycle along the ancient city walls or wander the narrow, stall-lined streets of the Muslim Quarter. Meet the Terracotta Warriors on Day 8. One of the most famous archaeological finds in the world, these life-size soldiers - each with his own unique face - have silently guarded Emperor Qin Shi Huang's tomb for more than two millennia. Next, hop on a high-speed train to Chengdu where you'll get to see giant pandas up close at the Panda Breeding Centre. On Day 11, travel by high-speed train to one of China's four sacred Buddhist peaks, Emei Shan. Your home for the next two nights will be a traditional monastery. (D)

### DAYS 13-19 Yangtze River/Three Gorges / Yangshuo

After a trip to see the world's tallest Buddha sculpture, catch a fast train from Leshan to Chongqing. To nighty embark on a gentle cruise down the mighty Yangtze River through the Three Gorges. On Day 16, take an overnight train to Liuxiang, then transfer to serene Yangshuo, famed for its beautiful limestone karsts, caves, rivers and relaxed cafe scene. Navigate the Li River on a bamboo raft before having lunch at the G for Good Jia Community Restaurant. This initiative creates meaningful job opportunities for rural women. (L)

### DAYS 20-21 Hong Kong

The last leg of the trip kicks things up a notch in energetic Hong Kong. In your free time, take the tram up Victoria Peak for panoramic views of the city or shop 'til you drop at Temple Street Night Market (we hope you've got space in your suitcase). Hong Kong is one of the world's culinary capitals. And no wonder; the food scene here is super diverse, with Japanese, Cantonese, Sichuanese and even French dishes featuring on menus. Make the most of it before your tour comes to an end on Day 21.

Tour Code: GAACEC



### ACCOMMODATION

Hotels (13 nts), basic monastery (2 nts), sleeper trains (2 nts), Yangtze boat (3 nts)



### INCLUDED MEALS

1 lunch, 1 dinner



### TRANSPORT

Train, local bus, air con bus, boat, bike, taxi



## CHINA EXPRESS

PRICE  
FR £869

DURATION  
8 DAYS

ROUTE  
BEIJING - SHANGHAI



### DAYS 1-3 Beijing

Arrive in China's charismatic capital and get ready for two days of sightseeing. Take a tour of Tiananmen Square, one of the largest squares in the world, and walk around the opulent Forbidden City, the seat of the Ming dynasty between 1420 and 1644. After a walk on the Great Wall, take a fast train to Xi'an on Day 3.

### DAYS 4-5 Xi'an/ Shanghai

Discover one of the world's greatest archaeological treasures, the Terracotta Warriors, uncovered by local farmers in 1974. If you fancy a cycle, opt to circle the ancient city walls before joining in with tai chi or ball room dancing in the parks. Check out the Great Mosque, scour the souvenir stalls and indulge in the city's superb street food. Your day finishes with a fast train to Shanghai.

### DAY 6 Suzhou

Suzhou, otherwise known as the Venice of the East, is hailed for its network of canals, stone bridges, pagodas and classical gardens. The Master of the Nets Garden is one of China's most exquisite, so make the most of your visit by sitting back and enjoying a cultural performance.

### DAYS 7-8 Shanghai

Explore dynamic Shanghai, where east meets west, and see how ancient rituals sit side by side with modern life. Go on an orientation walk along the Bund, the old colonial waterfront, or shop on the famous Nanjing Road before heading out for a final dinner with your group. Your tour ends on Day 8.

Tour Code: GAACCR



ACCOMMODATION  
Hotel (7 nts)



INCLUDED MEALS  
Not included



TRANSPORT  
Train, local bus, metro, private van

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Ma: < 16, Avg 12

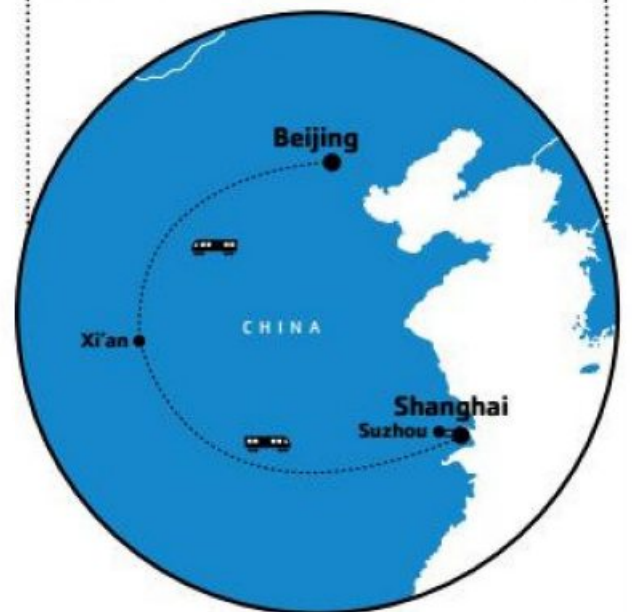
INCLUDED ACTIVITIES: Great Wall excursion, Tiananmen Square and Forbidden City guided tour. Terracotta Warriors tour, Shanghai orientation walk. Chinese acrobat performance

DEPARTURES 2020/21: Selected Fridays (Jan-Feb, Dec-Mar 21), Fridays and selected Wednesdays (Mar-Nov)

MY OWN ROOM: Fr £299



G Adventures



## WALK THE GREAT WALL OF CHINA

PRICE  
FR £849

DURATION  
10 DAYS

ROUTE  
1 BEIJING - BEIJING



### DAYS 1-3 Beijing/Jiankou

Arrive into Beijing and rest up. Day 2 is action-packed as you visit the Forbidden City and Tiananmen Square. Later that day, you can opt to learn the ancient art of traditional Chinese tea making. Prepare for a tea ceremony and learn to distinguish between different types of tea. Transfer to the Mutianyu section of the Great Wall for a quick hike, then head to Jiankou Village for the night. (D)

### DAYS 4-5 Gubeikou /Jinshanling

Hike from Jiankou Village to the Great Wall Later, transfer to Gubeikou and try your hand at some tai chi to recharge. The next day begins at the starting point of the unspoiled 'Crouching Tiger' portion of the Great Wall as you embark on a three-hour hike. (2B, 2L, 2D)

### DAYS 6-7 Huangyaguan

Continue down trails, passing the Jinshanling section of the wall. The wall is better restored here and no less spectacular! Journey on to the Huangyaguan portion of the wall in the Tianjin Region. One last day of trekking goes through Huangyaguan, named after the bright yellow flowers that appear here. (2B, 2L, 2D)

### DAYS 8-10 Beijing

Head back to Beijing, stopping at the Qing Tombs along the way. Upon arrival, you've got plenty of free time. Opt to see more of the city sights or kick back and chill - you'll no doubt be tired post trekking! Depart any time on Day 10. (B)

Tour Code: GAACGA



ACCOMMODATION  
Hotels (4 nts), guesthouses (5 nts)



INCLUDED MEALS  
5 breakfasts, 4 lunches, 5 dinners



TRANSPORT  
Local bus

TRIP STYLE: Active

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Office (CEO), local guides

GROUP SIZE: Max 16, Avg 10

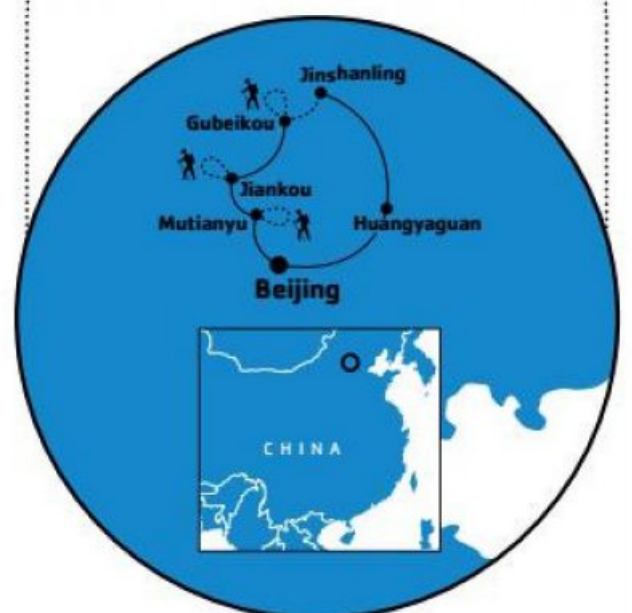
INCLUDED ACTIVITIES: Great Wall entries and trek. Forbidden City and Tiananmen Square guided tour, Qing Tombs exploration

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
			13	04	15	20	10	07	24	12	20	21	21	29
			IS				24	2t		2fi				

MY OWN ROOM: Fr £619

(g) G Adventure\*





# HONG KONG TO CHINA: CAFÉS & KARST MOUNTAINS

5MAIL CROUP ADVENTURE (18-39i)

## PRICE

FR £1,6 99

## DURATION

24 DAYS

## ROUTE

HONG KONG - HONG KONG

- WE LOVE -



## HIGHLIGHTS



### YANGSHUO

Explore this karst landscape by biking along rivers or walking up to the stunning Moon Hill.



### HAKKA TULOU

These traditional dwellings have communal living spaces in the centre of their cylindrical shape.



### SHANGHAI

This city is the centre of finance and has a gorgeous colonial facade and delicious street food to boot.

## DAYS 1-5 Hong Kong/Yangshuo

Your loop begins in Hong Kong as you cross the border to Shenzhen the next day and board the train to Guilin. Spend a couple of days exploring the incredibly scenic Yangshuo region, walking along the Li River and Feasting your eyes on a landscape of limestone karsts and lakes. Fancy a break from the peace and quiet? Head to the city's West Street for after-hours music and booze. Board the overnight train to Chengdu on Day 5.

## DAYS 6-11 Chengdu / Xi'an / Luoyang / Song Shan

Enjoy a free day in Chengdu, known for its Panda Breeding Centre. Continue to Xi'an on Day 7 and explore the Muslim Quarter on an orientation walk, plus free time to visit the Terracotta Warriors. Arrive in Luoyang next and choose to visit to the Longmen Grottoes. Climb up the holy mountain of Song Shan and visit the Shaolin Monastery, the main temple of the Shaolin school of Buddhism. After returning to Luoyang, bed down on an overnight train to Beijing.

## DAYS 12-17 Beijing / Shanghai

Find your bearings in Beijing with a whopping three days of free time before your fast train to Shanghai, where you have two and a half days of more freedom. Choose to go it alone or join your guide for a walk through the Bund - the waterfront district in central Shanghai. Up for a show? Catch the famed Shanghai acrobats in performance or visit the Yuyuan Gardens. Finish up in the city and board a fast train to Wuyishan in the Fujian province.

## DAYS 18-19 Wuyishan /Xiamen

With your entry already paid For, go hiking in this mountainous region or step things up a notch with optional bamboo rafting. The next two days are spent on the coast in colonial Xiamen. Check out the beach and cafes of Gulangyu Island and browse the stalls in the night markets. This university town has a lively nightlife as well if you're up For it.

## DAYS 20-24 Yongding / Hongkong Village / Hong Kong

Transfer to Yongding County and spend the night in a Hakka tulou, a large, multi-storey Fortified roundhouse built for communal living. Get to know this rural area with an orientation walk around the village and an up-close look at daily life. Cross the border into Hong Kong on a bullet train on the morning of Day 24, where your tour ends on arrival. If you've got time to spare, we'd recommend staying!

Tour Code: GAACGG



### ACCOMMODATION

Hotels (15 nts), twin-share or single hostels (4 nts), guesthouse (3 nts), sleeper train [1 nt]



### INCLUDED MEALS

Net included



### TRANSPORT

Train, bus, sleeper train, private vehicle

## NEED TO KNOWS

TRIP STYLE: 18-to-Thirtysomethings

AGE GROUP: Exclusively For 18-39s

GROUP LEADER: Chief Experience Officer (CEO)

GROUP SIZE: Max 18, Avg | 12

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
					07	03	02	06	11	08	06			
					14	05	09	13	16	22	20		19	19
					21	12	16	20	25				26	26
					28	14	23	27						
					Id	30								
					26									

## INCLUDED ACTIVITIES

- Song Shan hike
- Wuyishan entry and hike
- Orientation walks in Xi'an, Shanghai, Hongkong Village and Xiamen
- Tour of a traditional tulou



Ask your instore Travel Expert about our latest **EXCLUSIVE DEALS**

## LIKE THAT? TRY THUS

Shorten your trip

Beijing to Shanghai Adventure:  
Ancient Kingdoms & Karaoke  
(8 days, Beijing - Shanghai)

Fr £579

Customise your trip

Beijing Kung Fu Show  
(Half-day, Beijing)

Fr£30

Shanghai Acrobatic Performance  
(Half-day, Shanghai)

Fr£32





# CLASSIC HONG KONG TO BEIJING ADVENTURE

PRICE  
FR £2,199

DURATION  
20 DAYS

ROUTE  
HONG KONG - BEIJING



## DAYS 1-5 Hong Kong / Yangshuo / Lijiang

Arrive in Hong Kong and start your journey over the border to the otherworldly Yangshuo. The Li River flaunts its stuff as you cruise along before having lunch at a G for Good restaurant. Opt for take a cooking class., practice tai chi or rent a bike. On Day 5, an orientation walk shows you Lijiang's UNESCO-listed Old Town, (L)

## DAYS 6-10 Tiger Leaping Gorge / Lijiang / Dali

Journey to Tiger Leaping Gorge and start the famous hike along the Yangtze River. On your return to Lijiang, opt to visit the Dragon Pool Park - a famous scenic pond framed by mountains. Day 9, catch an express bus to Dali and get your bearings with an orientation walk of the Old Town before a free day. Choose to rent a bike to see Lake Erhai and discover the lakeside villages.

## DAYS 11-13 Chengdu / Xi'an

Catch a flight to the lively city of Chengdu where the next two days will be spent around town and visiting the Panda Breeding Centre. After getting close to these friendly giants., board a fast train to Xi'an. The Terracotta Warriors, the Great Mosque and pedalling along the city walls by bike are just a few of your options.

## DAYS 14-20 Pingyao / Datong / Beijing

Try your hand at calligraphy with an included class in Pingyao and check out the city in your free time. On Day 16, see the Hanging Monastery of Datong and statues in the Yungang Grottoes. Finish off with Beijing and visit the Great Wall and Forbidden City. Depart on Day 20.

Tour Code: GAACNB



### ACCOMMODATION

Hotels (14 nts), guesthouses (4 nts), sleeper train (1 nt)



### INCLUDED MEALS

1 lunch



### TRANSPORT

Train., local bus, private vehicle, plane

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO)

GROUP SIZE: Max 16, Avg 12

INCLUDED ACTIVITIES: G for Good visit to Jia Community Restaurant, orientation walks in Lijiang and Dali, Li River boat ride, Tiger Leaping Gorge trek, calligraphy class, Great Wall! excursion, visits to panda breeding centre. Forbidden City, Hanging Temple & Yungang Grottoes

### DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
	30	13	25	22	20	24	14	12	26					29
		27					28	26						

MY OWN ROOM: Fr £1,249

G Adventures



### LIKE THAT? TRY THIS--

Classic Shanghai to Hong Kong Adventure

8 days (GAACSL)

Fr £749

# BEIJING TO SHANGHAI ADVENTURE: ANCIENT KINGDOMS & KARAOKE

PRICE  
FR £579

DURATION  
8 DAYS

ROUTE  
BEIJING - SHANGHAI



## DAYS 1-3 Beijing

After arriving in the capital, meet your group and get ready for two days of exploring. First up is an included visit to the Great Wall., with some parts being built as early as 700 BC. Back in the city, opt to visit the Forbidden City and the famous Tiananmen Square. Catch the overnight train to Xi'an in the evening of Day 3.

## DAYS 4-5 Xi'an

Embark on an orientation walk around Xi'an's Muslim Quarter. Here you can find most of the city's seven mosques and a very active Muslim community - something of a rarity in China. Over the next two days, opt to cycle the ancient city walls or practice some tai chi. Of course., there are also the Terracotta Warriors, each with individually carved facial features.

## DAY 6 Shanghai

A bullet train shoots you all the way to futuristic Shanghai. It's China's most outward-looking city and often a favourite with visitors to the country. Opt to see a magical acrobatic performance before a night of belting solos at a local karaoke bar - private booth included (phew!)

## DAYS 7-8 Shanghai

Already in love with this city? Lucky thing that you have two free whole days here. An orientation walk will get you into the swing of things before you're set loose to your own devices. Stroll the waterfront Bund or chow down on Qibao street food. Depart on Day 8.

Tour Code: GAACBI



### ACCOMMODATION

Hotels (3 nts), twin "Share hostels (3 nts), sleeper train (1 nt)



### INCLUDED MEALS

Not included



### TRANSPORT

Train, local bus

TRIP STYLE: 1S-to-Thirtysomethings

AGE GROUP: Exclusively for 18-39s

GROUP LEADER: Chief Experience Officer (CEO)

GROUP SIZE: Max 18, Avg 12

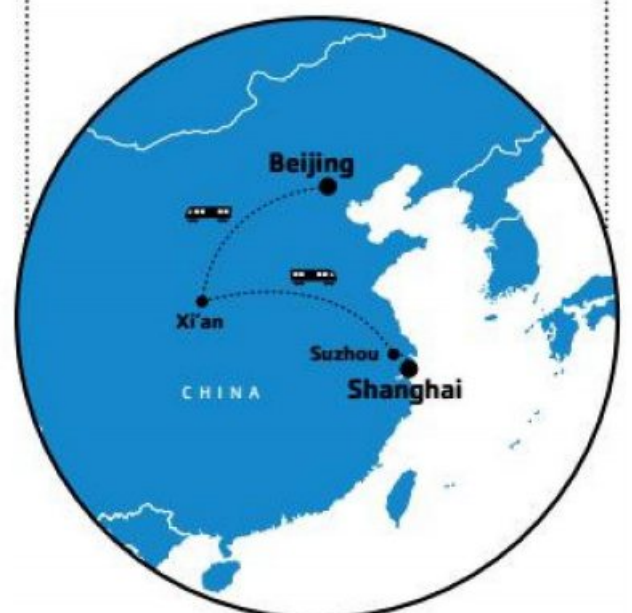
INCLUDED ACTIVITIES: Great Wall excursion, orientation walks in Xi'an and Shanghai

### DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
05	20	05	02	07	04	04	03	05	03	02	09	20	06	
16	12	09	14	11	06	08	07	05	16	14	23	27	13	
	14	16	21	18	11	10	12	10	21	28		20		
	15	23	28	20	13	15	14	17	30			22		
	26	30	30	22	18	17	15	19				27		
	31		27	22	22	21	24							
			25	27	31	28	26							

Additional dates are available. Please ask for details.

G Adventures





# CHINESE SILK ROUTE

PRICE (PLUS LOCAL KITTY) | DURATION  
FR £1,750 | 22 DAYS

ROUTE  
KASHGAR - XI'AN



SMALL GROUP ADVENTURE

## DAYS 1-5 Kashgar/Aksu

Your journey begins in Kashgar, one of the ancient trading posts of the Silk Route. Visit the Sunday bazaar and stop by Shiptons Arch - the largest natural arch in the world - before venturing east through the Taklamakan Desert. This crossing takes up to three days, so you stay in some pretty great locations along the way, first near Aksu then Korla or Bayanbulak.

## DAYS 6-11 Urumqi /Turpan /Dunhuang

Arrive at the shores of Heavenly Lake and bed down for two nights at the lake's traditional yurt camp. On Day 8, continue to the oasis town of Turpan to explore the surrounding sites, including the famous Jiaohe ruins. Then it's on to the ancient Silk Road town of Dunhuang and the Mogao Buddha Caves.

## DAYS 12-17 Zhangye / Liujiaxia /Xiahe

Visit the Great Wall of China at Jiayuguan, then make your way to Liujiaxia through the cartoon-like Zhangye Danxia Rainbow Mountains. After an overnight stop at Liujiaxia, visit the Singling Si Buddha Caves en route to the Tibetan town of Xiahe. Here, you have three days to explore the grasslands and Lab rang Monastery.

## DAYS 18-22 Lanzhou / Pingliang / Xi'an

Spend the day at leisure in Gansu. Next, you're off to Pingliang at the base of Mt. Kongtong, one of the holiest mountains in Chinese Taoism. Xi'an will be your final destination, home to the Terracotta Warriors and a heap of stunning pagodas! Depart on Day 22.

Tour Code: DRZKX



### ACCOMMODATION

Hotels, guesthouses and yurts (90%), wild camping [10%]



### INCLUDED MEALS

All meals included while camping, most breakfasts in hotels



### TRANSPORT

Overland expedition vehicle, public bus, boat

TRIP STYLE: Overland Group Adventure

AGE GROUP: Any age

GROUP LEADER: 2 crew, local guides

GROUP SIZE: Max 22, Avg 16

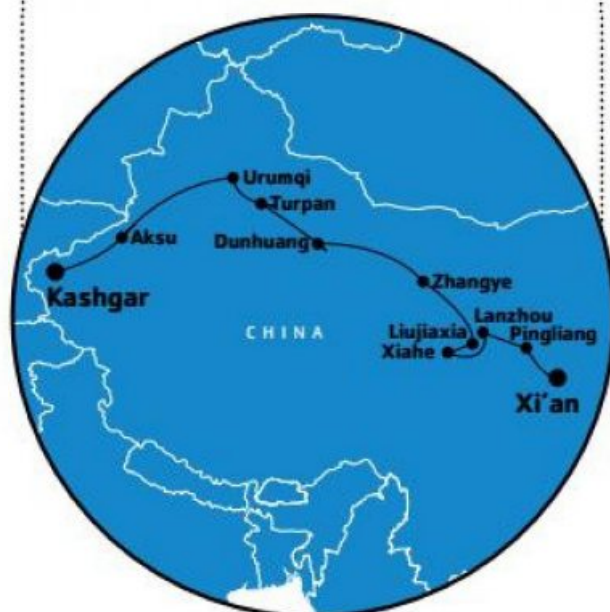
INCLUDED ACTIVITIES: Visits to Kashgars

Sunday market. Great Wall & Jiaohe ruins, guided tour of the Mogao caves. Rainbow Mountains, Singling Si's Buddha statue, Mt. Kongtong, Terracotta Warriors

DEPARTURES 2020:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
						03	04	19	29		

LOCAL KITTY: Approx. USD \$680



# NORTHERN CHINESE WANDERER

PRICE (PLUS LOCAL KITTY) | DURATION  
FR £1,240 | 17 DAYS

ROUTE  
XI'AN - BEIJING



SMALL GROUP ADVENTURE

## DAYS 1-4 Xi'an / Yan'an / Lijianshan

Start in Xi'an with a guided tour of the Terracotta Army. As big as the collection of life-size figurines is, it's only a small part of a much larger necropolis built for the country's first Emperor. Explore the city before continuing to Yan'an to visit its Revolutionary Museum. On Day 4, you're off to Lijianshan, famous for its settlement of cave dwellers.

## DAYS 5-9 Pingyao / Wutai Shan

Call by the Black Dragon Temple on your way to Pingyao. Spend three nights at China's best-preserved walled town, exploring the Mian Shan Mountain Resort and Zhangbi Underground City. Make for Wutai Shan on Day 8, one of the holiest sites of Chinese Buddhism. Use the next day to explore its array of religious sites.

## DAYS 10-12 Datong/Jinshanting

Datong-bound, call in at the gorgeous Hanging Monastery on the way and head to the Yungang Buddha Caves in Datong on Day 11. The Great Wall of China is usually pretty high on visitors' must-see lists, and so Day 12 sees a welcome visit to the Jinshanling section!

## DAYS 13-17 Chengde / Beijing

Take some more time at the wall, then get back on the road towards Chengde. A full day is yours to wander the Puning Temple and the famous Imperial Summer Resort. Where better to finish than in the busy noise of Beijing? Over two days, visit Tiananmen Square and the Forbidden City. After plenty of Chinese cuisine, depart Day 17.

Tour Code: DRCHM



### ACCOMMODATION

Hotels and guesthouses [100%]



### INCLUDED MEALS

Nat included



### TRANSPORT

Overland expedition vehicle, taxi, metro

TRIP STYLE: Overland Group Adventure

AGE GROUP: Any age

GROUP LEADER: 2 crew, local guides

GROUP SIZE: Max 22, Avg 16

INCLUDED ACTIVITIES: Visits to the

Terracotta Warriors, the Black Dragon Temple, Yungang Caves, the Great Wall & the Imperial city of Chengde, guided tour of the Forbidden City Zhangbi Underground City, & Wutai Shan temples, stay in Datong's Hanging Monastery

DEPARTURES 2020:

Jan	F*	1	W. A.	£	5	En	a.	Oct	6	£
			29		13	3	03	03		

LOCAL KITTY: Approx. USD \$550





# THE Dragon Trip

25 DAYS, HONG KONG TO HONG KONG

FR£ 1,527 / £ 1,100  
(Adult) (Student)

## HIGHLIGHTS



### PANDAS

They're big, they're fluffy and they've made an art form of falling over. See them at Chengdu.



### TERRACOTTA WARRIORS

This trip includes a visit to see the impressive army, built to protect Emperor Qin Shi Han in the afterlife.



### GREAT WALL

Camp out on the Great Wall and enjoy the surroundings when the crowds have left.



### SKYWALKING

Opt to be at one with the skyline of Shanghai on the world's highest fenceless skywalk.

#### DAY 1 Hong Kong / Yangshuo

Kick off your 25-day adventure riding the Peak Tram funicular railway up to Victoria Peak for incredible views over the city and harbour below. Latch the bullet train to Guilin then relax overnight in Yangshuo.

#### DAYS 2-5 Yangshuo

Wake up in rural Yangshuo, one of the most popular backpacking destinations in China and famed for its stunning karst scenery. This afternoon's activities include biking around and bamboo rafting down the Li River. There is no shortage of optional activities to fill your three days here: you can visit mud baths in underground caves, enjoy a guided bike tour to swimming spots and lookouts, sample snake liquor and take a Chinese cooking class! On the final morning^ wake up early to see an incredible sunrise over the karst peaks and ancient pagodas., before taking the bullet train to Chengdu.

#### DAYS 6-8 Chengdu/Xi'an

Arrive in Chengdu, where you can enjoy a traditional Sichuan Hotpot dinner. On the morning of Day 7, visit the Panda Breeding Research Centre, arriving in time to watch the pandas tuck into breakfast, followed by a massage from a blind masseuse. Join an optional tour to the world's largest Buddha statue and visit the Wenshu monastery. On Day 8, take the bullet train to Xi'an.

#### DAYS 9-10 Xi'an

After arriving in Xi'an, visit the Terracotta Warriors, then enjoy a walking tour of the Muslim Quarter, which finishes at the Great Mosque. Alternatively, join an optional bike tour around the ancient city walls.

#### DAYS 11-12 Shaolin

Take the bus to Dengfeng to visit a children's home in the evening. The children here are trained by Shaolin masters in kung fu, and will put on a performance for you. Learn the basics from a Shaolin master himself in an optional lesson. Afterwards^ it's your turn to help the children practice their English. On Day 12, rise early to visit the Shaolin Temple. Then board the night train to Beijing.

#### DAYS 13-16 Beijing / Great Wall of China

After arriving in Beijing, you're off to the Great Wall of China! Hike along a deserted part of the Wall as the sun sets, without other tourists around., before pitching your tent for a night of camping on the Wall (May-Sep only). Wake early for an unforgettable sunrise, then head back to Beijing. Over the next two days, visit highlights including the Forbidden City and Tiananmen Square.

#### DAYS 17-18 Hangzhou / Shanghai

Enjoy a free day in Beijing then board the night train to Hangzhou. Then, take a boat tour of the Famous West Lake and hike to see bamboo forests in the surrounding mountains. Spend the night in a hostel and travel on to Shanghai the next day. Join mainland China's largest bar crawl and experience a night out Chinese style.

#### DAYS 19-21 Shanghai

Join a Former French Concession walking tour, including a visit to a hidden underground propaganda museum, and end the day at a bar on the roof of a skyscraper, where you can enjoy views of Pudong and The Bund while sipping Tequila Sunrise in a hot tub. You should also check out the optional Skywalk - the world's highest and a real favourite with visitors. On Day 21, board a bullet train deep into the tea-growing hills of Fujian Province.

#### DAYS 22-24 Fujian Province

Arrive in Fujian Province, arguably the most picturesque area in China. Here, you spend the night in a tulou, a traditional earthen roundhouse of the Hakka people. On Day 23, you can visit neighbouring roundhouses and temples, discover the beautiful countryside, participate in a tea ceremony, and swim in the local river. The next day, cycle to a village famous for its exquisite rivers, mountains and original tulou clusters and board the night train to Guangzhou.

#### DAY 25 Macau / Hong Kong

Arrive in Guangzhou and transfer to Hong Kong. Today's excursion takes you to Macau, where you can try the world's highest bungee jump. You can also opt to visit the Venetian Macau. In the evening, catch a high-speed ferry from Macau back to Hong Kong, arriving around 8pm when the trip comes to an end.

Tour Code: HKGHKG



#### ACCOMMODATION

Hostels, choose from dorm-style rooms with shared bathroom or upgrade to single/twin/double rooms with private en suites [16 nts], night train with fully flat beds [4 nts], lodge [2 nts], basic guest house/camp [2 nts]



#### INCLUDED MEALS

Not included



#### TRANSPORT

Ferry, train, private minibus, public transport



## NEED TO KNOWS

TRIP STYLE : Small Group Adventure

AGE GROUP: All ages

GROUP LEADER : Bilingual tour guide

GROUP SIZE: Max 25


DEPARTS : (Selected Mondays and Wednesdays)

## INCLUDED ACTIVITIES

- Victoria Peak walk, Hong Kong
- Bamboo rafting, Yangshuo
- Yutong River bike ride, Yangshuo
- Panda Research Centre, Chengdu
- Traditional treehouse, Chengdu
- Terracotta Warriors visit
- Dharma Cave hike
- Tiananmen Square visit, Beijing
- Great Wall of China camping
- Overnight at Fujian mud roundhouse
- Walking tour around Tulou
- Tea plantation visit, Fujian
- Roundhouses bike tour, Fujian
- St. Pauls & Old Fortress tour, Macau

## Like that? Try This...

## NORTHERN LOOP

18 DAYS, ROUTE: FR£1,190 ADULT  
FR£1,131 STUDENT


Shanghai Yangshuo Chengdu → Xi'an →\* Shaolin →\* Beijing →\* Hangzhou →\* Shanghai

Pandas and great walls. Start in glitzy Shanghai heading for the stunning scenery of Yangshuo. The journey will take you to Xi'an, home of the Terracotta Warriors, and to Shaolin, the birthplace of kung fu. You'll swing by the Great Wall to camp under the stars, explore Beijing and get swept up in Shanghai's sizzling nightlife.

DepartSI Selected Mon and Wed (Mar-Oct)

SHABUS

## MINI-DRAGON TRIP

9 DAYS, ROUTE: FR£516 ADULT  
FR£491 STUDENT


Beijing →\* Hangzhou → Shanghai

A China taster, moving between its two biggest cities via the mountains and forests of the east coast.

DepartSI Selected Mon and Wed (Mar-Nov)

BJ5JHN

## HONGKONG TO BEIDING

15 DAYS, ROUTE: FR£1,000 ADULT  
FR£950 STUDENT


Hong Kong →\* Yangshuo → Chengdu →\* Xi'an → Shaolin →\* Beijing

Features plenty of top attractions, including pandas, the Terracotta Warriors and a deserted section of the Great Wall!

DepartSI Selected Mon and Wed (Mar-Nov)

HKGBJS

## HONG KONG LOOP

16 DAYS, ROUTE: FR£1,053 ADULT  
FR£1,000 STUDENT

Hong Kong →\* Yangshuo → Chengdu →\* Xi'an → Shaolin → Beijing → Hong Kong

Experience the first half of the full circuit, before heading back to Hong Kong from Beijing. Travel on China's trains, seeing some of the country's most exciting sights and natural scenery. Highlights include the Terracotta Warriors of Xi'an, learning Kung Fu in Shaolin and take in a dramatic sunrise over the Great Wall

Depart SI Selected Mon and Wed (Mar-Nov)

HKGHOK



# TAIWAN DISCOVERY

SMALL GROUP ADVENTURE

PRICE  
FR £1,699

DURATION |  
10 DAYS

ROUTE  
TAIPEI - TAIPEI

- WE LOVE -

CHINA, TAIWAN & HONG KONG

## NEED TO KNOWS

TRIP STYLE: Classic  
AGE GROUP: Min 12  
GROUP LEADER: Chief Experience Officer (CEO), local guides  
GROUP SIZE: Max 15, Avg 10


DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
16		05	16		04			17		05	17	14	18	04

MY OWN ROOM: Fr £969

## INCLUDED ACTIVITIES

- Full day north coast excursion
- Tainan walking tour
- Night market walk
- Sun Moon Lake hike and cycling tour
- Taroko N.P. with Baiyang Trail hike
- Visit to Hualien Railway Cultural Park
- Visit to a tea Farm
- Lunch at the National Centre For Traditional Arts

 G Adventures

## HIGHLIGHTS



### TAIPEI 101 SKYSCRAPER

The apple of Taipei's eye, this bamboo-shaped tower is 509m tall. It's hard to miss along the skyline.



### TAIWANESE FOOD

Home of bubble tea and the gua bao burger, there's good reason to bao down to this cuisine.



### TAROKO NATIONAL PARK

The Liwu River has taken its time to carve the large marble gorge that the park is known for.

### DAYS 1-3 Taipei / Jiufen / Tainan

Begin your blockbuster ten days in Taipei, a thriving metropolis filled with street vendors, skyscrapers and lined with grand historic buildings. Make your way to Taipei and depart for Jiufen on Day 2, an ex-gold mining mountain town developed during the Japanese occupation and known for its narrow lanes, teahouses and street food. Spend the day eating all the food you can on Jiufen Old Street and relaxing in the Famous A Mei Teahouse. Take a fast train to Tainan and see Chilean Tower, Confucius Temple and Anping Fort on a city tour. Hit the Famous Flower Garden Market and Da Dong to feast on grilled seafood and oyster omelette - be brave and try the stinky tofu! (2B)

### DAYS 4-5 Tainan / Sun Moon Lake

Take a walking tour through Tainan, which just so happens to be the country's Former capital under the Qing dynasty and its oldest urban area. Set off on a walking tour through the historic district of Anping that dates back to the 17th century, when the Dutch East India Company occupied the city and built Fort Zeelandia. Make your way to Sun Moon Lake in the evening. The lake is the largest body of water in Taiwan, the east side of the lake looks like the sun and the west resembles the moon, hence its name. Check out Sun Moon Lake's temples and Tuhua Village. (2BJ)

### DAYS 6-8 Hualien / Taroko National Park/Yilan

Head to the east side of Taiwan, crossing through the mountains into Hualien. The mesmerising Taroko National Park awaits on Day 7. The park is home to the 18-kilometre marble-walled Taroko Gorge and Ulu River, the towering Qingshui Cliffs and the beautiful Golden Canyon. Catch the train to vibrant Yilan on Day 8, and have cameras at the ready for the stunning scenery, pumping nightlife and delicious Yilan street Food. Submerge yourself in bubble tea, gua bao (aka the Taiwanese burger) and pan-fried buns at Luodong Night Market. (SB, 2D)

### DAYS 9-10 Yilan/ Taipei

Opt to tour the National Centre for Traditional Arts or stroll through Yilan's flea and street markets. On your way back to Taipei in the afternoon, stop at a local tea farm. It's your final evening in the city, so hit up Dihua Street shopping for Chinese medicine and Fabrics, going up the unmissable Taipei 101 and laying your eyes on the world's largest and finest collection of Chinese art at the National Palace Museum. Still hungry? We recommend the Tonghua Night Market for liu sha doughnut and peanut spring roll ice-cream - drool! Depart any time on Day 10. (2B, L)

Tour Code: GAAQT



### ACCOMMODATION

Hotels (9 nts)



### INCLUDED MEALS

9 breakfasts,  
1 lunch, 2 dinners



### TRANSPORT

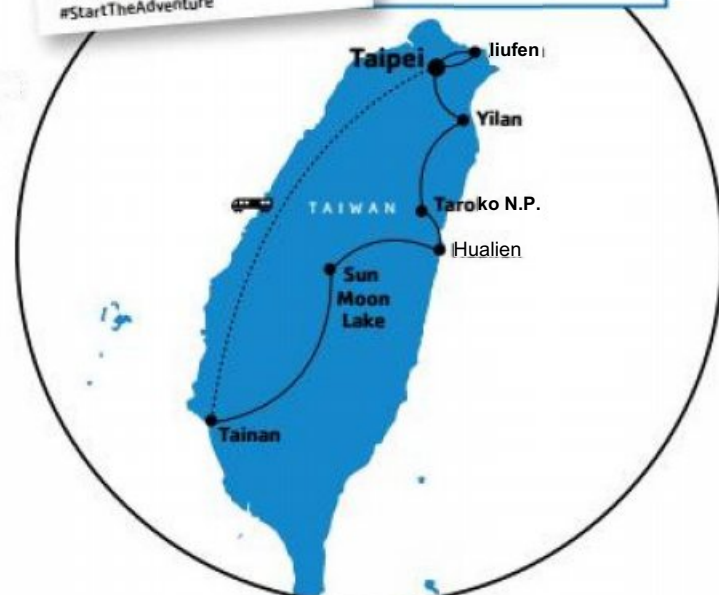
Private vehicle, fast train,  
local train, bike



WE KNOW  
BECAUSE WE GO

\*I love Taiwan. People are so friendly, and the FOOD! Soup dumplings, bubble tea and lots of mango shaved ice,\*

HANNAH, ISIC BENEFIT  
MANAGER IN NEW YORK





# BEIJING & BEYOND



## ANCIENT 1 VS. MODERN

Welcome to a classic case of yin and yang! In one corner, you've got the ancient capital, a treasure trove for history geeks and culture vultures alike. There's the Forbidden City, Tiananmen Square and of course, let's not forget about that Great Wall. Once you've filled your boots with all things Ancient China, modern Beijing is just as enticing. With a thriving design scene, head to the galleries of the Dashanzi Art District, also known as the 798 Art Zone.



### CHONGWENMEN HOTEL, BEIJING

BOOM ONLY

FR £93.50 NE  
FR £47 LOUBL

**LOCATION:** A minutes' walk from the Chongwenmen subway and 25 minutes' from Tiananmen Square and the Temple of Heaven.

**VIBE:** Antique Chinese decorations in common spaces create a classical atmosphere in this cosy hotel.

**HIGHLIGHTS:** Private rooms • Air con • In-room safe • Satellite TV • Bar • 2 restaurants • Cafe • Luggage storage • Laundry • 24-hour reception • On-site parking {at extra cost}

f1J5CHO

### GREAT WALL EXPERIENCE

FB £97  
FULL DAY



Of all the trips to the Great Wall of China, this one definitely has the 'wow' factor. Get your blood pumping as you trek along with your guide past breathtaking views and steep climbs at your own pace. Eat a local lunch at a nearby village after a morning's hike, and enjoy a soothing traditional reflexology foot massage to recuperate.

#### INCLUSIONS

Departs: Mondays, Wednesdays, Fridays and Sundays Meals: Lunch included Transport: Return transfers included Includes: English-speaking guide, entry to Great Wall Mutianyu and all transport Tour Code: BJ5WAL

### TOTAL BEIJING

FR £513  
4 DAYS



Embark on this fantastic tour of all of Beijing's greatest hits. Visit the massive Tiananmen Square, the Forbidden City and the Temple of Heaven. An intriguing bike ride will cruise through the city's ancient and bustling back streets. Finish your tour with the crème de la crème - a trip to the mighty Great Wall of China.

#### INCLUSIONS

Departs: Tuesdays, Thursdays and Saturdays Accommodation: Two options (basic and standard, 3 nts) Meals: 1 lunch at Great Wall Transport: Private transfer included for the Great Wall, otherwise not included Tour Code: BJSTO

### VOLUNTOUR CHINA PANDAS

FR £1,433  
12 DAYS



Prepare for panda-monium with everyone's favourite black-eyed cuties at the Dujiangyan Panda Research Centre. Help rangers out with feeding, cleaning and general work. Next, meet Xi'an's Terracotta Warriors and visit Shaolin's temple. Wrap things up in Beijing with hiking and camping [May-Sep only] on the Great Wall.

#### INCLUSIONS

Departs: Selected Thursdays and Saturdays Location: Dujiangyan Accommodation: Panda centre (4 nts), hostels/guesthouses (5 nts), camping or guesthouse (1 nt), sleeper train (1 nt) Meals: 3 breakfasts Trip Code: PEKPAN



# BEST OF SOUTH KOREA

SMALL GROUP ADVENTURE

PRICE  
FR £1,749

DURATION  
8 DAYS

ROUTE  
SEOUL - SEOUL

SOUTH KOREA

## NEED TO KNOWS

TRIP STYLE: Classic  
AGE GROUP: Min 12  
GROUP LEADER: Chief Experience Officer (CEO), local guides  
GROUP SIZE: Max. 16, Avg 12

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar
06	13	20	03	10	17	24	31	07	14	21	28	04	11	18
25	01	08	15	22	29	05	12	19	26	03	10	17	24	31

MY OWN ROOM: Fr £889

## INCLUDED ACTIVITIES

- Overnight temple stay
- City tours of Seoul, Gyeongju & Busan
- Haendae Beach and Oongbaek Island
- Visits to OMZ, Yangdong Folk Village, Haedong Yonggungsa Temple, N Seoul Tower & Namdaemun Market



## HIGHLIGHTS



### TEMPLES OF GYEONGJU

No, you didn't step back in time, but this ancient town sure is convincing.



### DEMILITARISED ZONE (DMZ)

It's ironically one of the most heavily militarised zones in the world.



### SHOPPING IN SEOUL

Free your wallet while shopping and truly discover Gangnam style.

### DAYS 1-2 Seoul

Arrive into South Korea's buzzing capital at any time and get ready to explore the vibes of this sprawling metropolis. From night markets and temples to palaces and skyscrapers, one thing's for sure - you won't be bored. Fill your backpacks to the brim in one of the stylish shopping malls and visit the World Heritage Site of the precious Jongmyo, dedicated to house the deceased kings and queens of the Korean Joseon Dynasty. The next day, enjoy a guided tour of the city and visit many of the sights, including the Gyeongbokgung Palace, one of Seoul's grandest archaeological splendours. (0)

### DAYS 3-4 Demilitarised Zone / Gyeongju

Prepare for an eye-opener of a trip to the Demilitarised Zone (DMZ) along the border of North and South Korea. The DMZ is a whopping 160 miles long and attracts over 1.2 million travellers annually, according to the Korea Tourism Organisation. With over a million soldiers on watch each day, it's the world's last Cold War border. Arrive to the coastal city of Gyeongju on Day 4. Known as 'The Museum Without Walls', it holds countless tombs and temples which will wow any culture vultures keen to discover its historic charm. Wander the famous UNESCO sites of Seoguram Grotto and Bulguksa Temple on an included tour of the city. Tuck into a delicious steamed octopus, wander the walled, tomb-filled Tumuli Park and top up your history knowledge at the Gyeongju Museum. (2B)

### DAYS 5-6 Yangdong / Busan

Take a day trip to the 500-year-old UNESCO site of Yangdong Folk Village, located in Gyeongju National Park, to get a feel for life during the early Joseon Dynasty. Over 160 tile and thatched-roofed homes showcase historic architecture from 200 years ago. Travel onwards to Busan and visit the magnificent Haedong Yonggungsa Temple. The next morning, splash some cash at the fantastic Jagalchi fish market and Gjesijang market, then wander the grounds of Yongdusan Park taking in the towering Busan Tower. Spend your last evening with a unique overnight experience in a local temple complex in comfortable lodgings known as "ondD". (2B, D)

### DAYS 7-8 Seoul

Wake up for one last morning in Busan before boarding a high-speed train to Seoul. Sign off the last day with visits to N Seoul Tower and Namdaemun Market before departing any time on Day 8. (2B)

Tour Code: GAAKSS



### ACCOMMODATION

Standard hotels (& nts)  
multi "Share temple (1 nt)



### INCLUDED MEALS

7 breakfasts,  
1 dinner



### TRANSPORT

Private van,  
train, subway





# JAPAN EXPRESS

SMALL GROUP ADVENTURE

PRICE  
FR £2,099

DURATION  
9 DAYS

ROUTE  
OSAKA - TOKYO



## NEED TO KNOWS

TRIP STYLE: Classic  
AGE GROUP: Min 12  
GROUP LEADER: Chief Experience Officer (CEO), local guides  
GROUP SIZE: Max 15, Avg 12

### DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
17	07	06	01	01	03	01	05	02	04	04	04
24	14	13	05	06	05	08	07	09	07	11	22
31	21	15	12	10	10	17	12	16	14	13	16
	28	15	17	15	12	22	14	18	21	18	18
		20	22	22	19	24	21	25	23	25	26
		25	29	27	24	31	26	30	28	27	28

Additional dates are available. Please ask For details.

## INCLUDED ACTIVITIES

- Mt. Koya Temple stay
- Traditional ryokan stay
- Japan Rail pass (7 days)
- Hiroshima Peace Park and Museum visit
- Miyajima excursion and floating torii gate visit
- Lake Ashino-ko boat ride, Hakone
- Nijo Castle and gardens visit, Kyoto
- Gion walk
- Fushimi Inari shrine visit

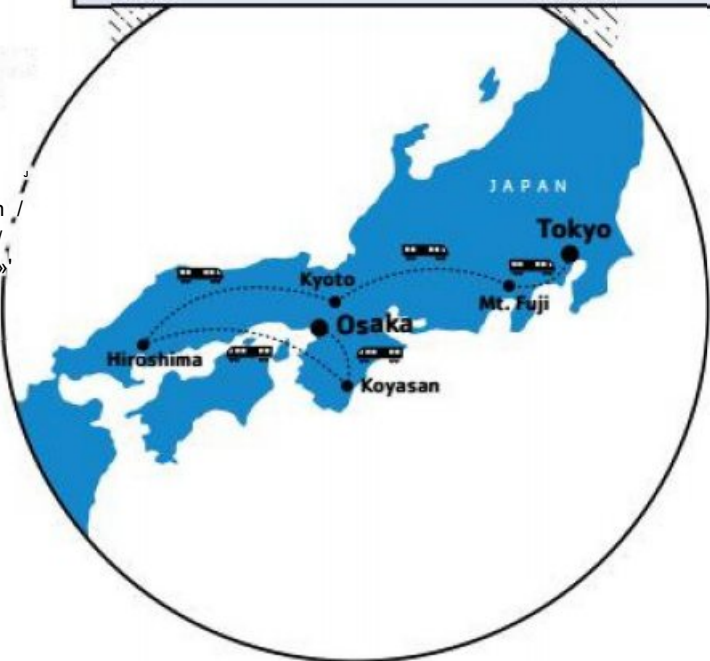


## LIKE THAT? TRY THIS...

### Extend your trip

Ancient Empires  
(16 days, Beijing - Tokyo)  
(GAACCJ) See page 187

Fr £3,299



## HIGHLIGHTS



### SLEEPING IN A TEMPLE

A night in one of Mt. Koya's temples is one of a kind. Wake early to attend morning prayers.



### OSAKA FOOD

Okonomiyaki was born here and no where else does it better. Try out this noodle pancake asap.



### MIYAJIMA

This torii gate is the most photographed spot in Japan. You can walk out to it in low tide.

### DAYS 1-2 Osaka/Mt-Koya

Arrive into Osaka and, arming yourself with a map and an appetite, head out to explore Japan's culinary capital - we recommend the takoyaki (octopus balls). Day 2, a scenic train takes you through the mountains towards Mt. Koya, an important religious centre in Japanese Buddhism. The temples and atmospheric cemeteries are perfect for wandering before you tied down in a shukubo, a monastery lodging atop Mt. Koya run by monks. Savour a meal of 'shojin ryori', Buddhist vegetarian cuisine, and watch the monks pray in the morning. (B, D)

### DAYS 3-4 Hiroshima

Continue by bullet train to Hiroshima. This modern city offers a more manageable scale and pace than other Japanese urban centres, but will Forever be marked for the 1945 atomic bomb explosion. Pause for a moment's reflection at the ruined frame of the Gembaku Dome, which stood directly under the explosion, and learn the city's story at the Peace Museum. Visit Miyajima Island, dotted with shrines and home to the 'floating' torii gate. (B)

### DAYS 5-6 Kyoto

Kyoto - the former Imperial capital - is an essential part of any visit to Japan, housing age-old temples, palaces and gardens. See the beautiful Fushimi Inari Taisha Shrine, the impressive Nijo Castle and its gardens. Catch a traditional tea ceremony and meditate in Daisen-in's Zen rock garden. Evenings are the ideal time to stroll through historic Gion, the traditional home of the geisha girls. If you've ever wanted to try on the full gear, this is the place!

### DAY 7 Hakone/Mt-Fuji

Head for the hills to Mt Owakudani for impressive views of Mt. Fuji. Hop aboard a boat on Lake Ashino-ko, and take a scenic walk along the Old Tokaido Highway. In a traditional ryokan accommodation, spend your evening guzzling on a multi-course Japanese kaiseki meal before totally unwinding with a soak in the natural hot springs. (D)

### DAYS 8-9 Tokyo

Finish off in Tokyo with free time for shopping and for one final night out with the group. The tour comes to an end at any time on Day 9, but don't forget, Tokyo is the biggest city on the planet so we strongly recommend extending your stay for another two or three days. You'll need it to even scratch the surface! [B]

Tour Code: GAAJJR



### ACCOMMODATION

Hotels (6 nts), mountain monastery with shared facilities (1 nt), traditional inn with shared facilities (1 nt)



### INCLUDED MEALS

3 breakfasts,  
2 dinners



### TRANSPORT

Bullet train,  
public bus, tram, ferry



# JAPAN UNRIVALLED

EXCLUSIVELY FOR IB-35s —

PRICE  
FR £4.225

DURATION |  
13 DAYS

ROUTE  
TOKYO - OSAKA

- WE LOVE -

JAPAN

## NEED TO KNOWS

TRIP STYLE: In-Depth Explorer

AGE GROUP: Exclusively for 18-35s

GROUP LEADER: Trip Manager, local English-speaking guides

GROUP SIZE: Max 30

DEPARTURES 2020:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
		14	04	09	06	01	12	10	07		
		28	18	23	20	18	08	26	24		
			25			25	15	29			

MY OWN ROOM: Fr £900

## INCLUDED ACTIVITIES

- Locally guided tour of Tokyo
- Ferry to Miyajima Island
- Visit to the Peace Memorial Museum
- Sightseeing tour of Kyoto
- Special Stay in a ryokan in Hakone
- Special Stay in the mountain temple lodging of Mt. Koya Shukubo
- Morning Buddhist service

contiki

## HIGHLIGHTS



### SPECIAL STAY

Don your yukata and get cosy in your traditional ryokan.



### HAKONE NATIONAL PARK

Mt. Fuji can be a bit shy, but the views from the ropeway are stunning.



### TOKYO'S SHIBUYA CROSSING

See the world's busiest crossing on a locally guided tour of Tokyo.

### DAYS 1-3 Tokyo

Among one of the most iconic cities in the entire world, Tokyo demands some time (and some getting used to!), so arrive early to make the most of it. At the start of your tour arrive at Japan's capital on Day 1 and settle into your hotel before meeting your group this evening. The following morning^ take a tour to the Imperial Palace, an ancient Buddhist temple and quirky Harajuku. Spend the rest of your time in Tokyo crawling around sushi bars and browsing the incredible array of shopping centres. (2B)

### DAY 4 Hakone National Park

Get a load of Mt. Fuji on a clear day from the views of Hakone National Park This evening, you stay in a traditional ryokan and steep on futons on top of a tatami floor like the tocats do. Spoil yourself with a dip in a natural hot spring, aka onsen. Just mentally prepare yourself to go au nature! as swimmers are a no-no in these traditional baths. (B, D)

### DAYS 5-8 Takayama / Hiroshima

Takayama is a living testament to the style of Edo-period buildings. Visit Matsumoto Castle (also known as Crow Castle due to its dark exterior) and opt for a sake tasting experience. On Day take a tour of the town and morning markets and find your new favourite food with an optional Hida beef dinner - a staple in central Japan. Next day, travel up to 320km/h aboard Japan's bullet train to Hiroshima where you have free time to explore at your leisure. If you're on a bit of a foodie roll, an optional Okonomiyaki lunch will be your next feast! Day 8, ferry to Miyajima Island to visit the Itsukushima Shrine and return to Hiroshima to visit the Peace Memorial Museum. (4B, I)

### DAYS 9-11 Kyoto / Mt. Koya

Visit Kyoto's Kinkakuji (or Golden Pavilion), Nijo Castle and the Gion district. Wake up bright and early the next day and wind up the incredible torii path to the Fushimi Inari Shrine. Day 11 whisks you away to Mt. Koya, one of the most important Buddhist centres in Japan, where you stay at a traditional guesthouse and eat as the monks do. £3B, D)

### DAYS 12-13 Osaka

Take part in a Buddhist service and a tour of Mt. Koya before departing to Osaka. This boisterous city is prime for an optional last night out with dinner and karaoke! Your trip ends on Day 13. (2B)

Tour Code: COJAPN



### ACCOMMODATION |

3\* twin-share hotels (10 nts), Japanese-style ryokan guesthouse (1 nt), Buddhist guesthouse (1 nt)



### INCLUDED MEALS |

12 breakfasts, 2 dinners



### TRANSPORT |

Air con coach, bullet trains



HStarTutM\*emMre

### WE KNOW g BECAUSE WE GO

"Kyoto's Fushimi Inari shrine is so much bigger than I thought! It's worth getting up at dawn to see it when it's quiet \*"

ANYA, TRAVEL EXPERT  
IN NEWCASTLE





## JAPAN IN A WEEK

PRICE  
FR £2,015

DURATION  
8 DAYS

ROUTE  
TOKYO - OSAKA



### DAYS 1-2 Tokyo

Tokyo can be a bit of a sensory overload, but a local guide decodes the city on a sightseeing tour on Day 2. Stroll through highlights such as Asakusa Sensoji Temple, Nakamise Street, the Imperial Palace, Shibuya Crossing, Meji Jingu Shrine and Harajuku - an explosion of colourful wigs, J-pop merch and syrupy crepes. Finish with a soak in an onsen (public bath). (B)

### DAYS 3-4 Tokyo / Kyoto

Spend a Free day in Tokyo. The choices are overwhelming, but we recommend an optional dinner at the Robot Restaurant. Zip over to Kyoto on the bullet train and get acquainted with the city on a sightseeing tour. Visit Kinkakuji, Nijo Castle and Gian - a neighbourhood sprawling with kimono-clad geishas scuttling past. (ZB)

### DAYS 5-6 Kyoto

Now that you've got your bearings, you have a whole two days of Free time. Explore some of the 2,000 temples and shrines in the city, walk through the bamboo forest in Arashiyama or go for a day trip to nearby Nara, where the deer bow for biscuits in Nara Deer Park. (ZB)

### DAYS 7-8 Osaka

There's no better medicine for getting a little templated out in Kyoto than diving head-first into the neon sprawl of Osaka. Spend your free time in the Namba district. A night out is incomplete without posing with the Giico man in Dot on buri - just don't get too excited and fall into the river. Depart any time on Day 8. (ZB)

Tour Code: COJAPX



ACCOMMODATION

3' twin-share hotels (7 nts)



INCLUDED MEALS

7 breakfasts



TRANSPORT

Bullet train, local train

TRIP STYLE: In-Depth Explorer

AGE GROUP: Exclusively for 18-35s

GROUP LEADER: Trip Manager, local English-speaking guides

GROUP SIZE: Max 20

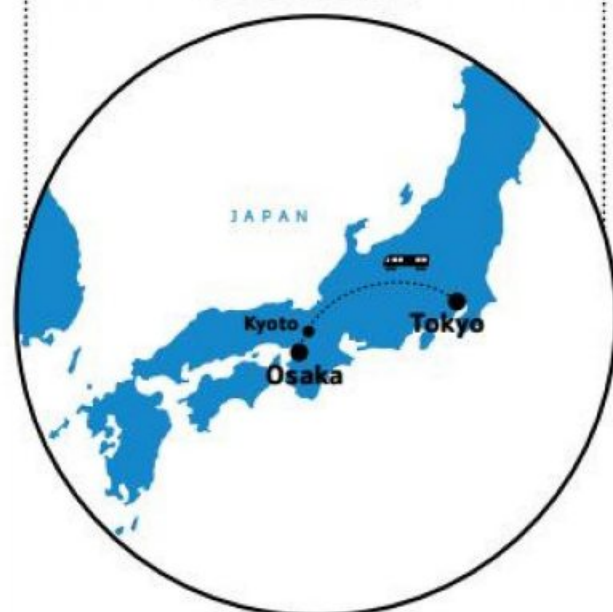
INCLUDED ACTIVITIES: Half-day sightseeing tours of Tokyo & Kyoto, visits to Asakusa Sensoji Temple, Nakamise Street, the Imperial Palace, Meji Jingu Shrine, Harajuku & Shibuya Crossing

DEPARTURES 2020:

Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
	11 25	09 23	13 27	11 25	12 26				

MY OWN ROOM: Fr £410

# contiki



## BACKROADS OF JAPAN

PRICE  
FR £2,399

DURATION  
11 DAYS

ROUTE  
TOKYO - KYOTO



### DAYS 1-4 Tokyo / Nagano

Welcome to Tokyo! Day 2, take a CEO-led walking tour, making your way from Shinjuku to Shibuya via Yoyogi Park and the youth culture of Harajuku. Next, head for alpine Nagano. In Jigokudani Monkey Park, the natural hot springs are teeming with pampering snow monkeys and are well worth a peek. Go for a day trip to charming Matsumoto to see one of Japan's most treasured castles.

### DAYS 5-7 Otsu/Hagi

Journey to Otsu, known for the Ogoto Hot Springs that you're welcome to dip in. The next morning starts in quaint Hagi, a Former castle town with feudal architecture. Pedal around on Day 7, glimpsing samurai architecture as you go. A G for Good community homestay is where you bed down tonight. (ZB, 3D)

### DAYS 8-9 Tottori

Say hello to Miho-misumi, taking in scenic views from your train en route. Roll up your sleeves and learn the art of making washi, a type of traditional Japanese paper before journeying on to the seaside town of Tottori. Tottori's sand dunes can be exhausting to walk up, so recharge at the local fish market, feasting on fresh seafood before travelling on to Kyoto that evening. (B)

### DAYS 10-11 Kyoto

Once in the cultural capital, visit the famous Fushimi Inari Tais ha Shrine, known for its marvellous 10,000 red torii gates. With an afternoon at your leisure, hit up some shrines before your trip ends on Day 11.

Tour Code: GAAJBR



ACCOMMODATION

Hotels (7 nts), traditional inn (1 nt), multi-share homestay (2 nt)



INCLUDED MEALS

3 breakfasts, 3 dinners



TRANSPORT

Bus, bullet train, local train, bike

TRIP STYLE: Classic

AGE GROUP: Min 12

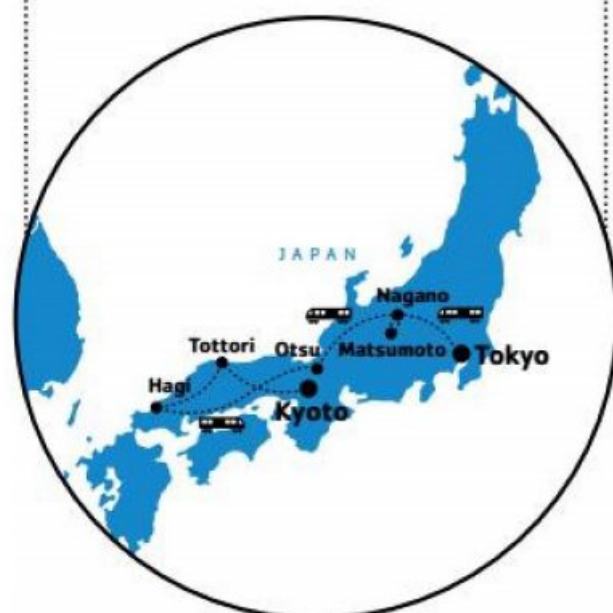
GROUP LEADER: Chief Experience Officer (CEO)

GROUP SIZE: Max 15, Avg 12

INCLUDED ACTIVITIES: G for Good homestay, Japan Rail pass, Tokyo walking tour, traditional paper-making lesson, Hagi orientation walk and bike tour, visits to Tottori Sand Dunes, Tottori Fish Market, Zenkoji Temple, Jigokudani Monkey Park, Fushimi Inari Shrine & Matsumoto Castle

DEPARTS: Selected Saturdays & occasional Wednesdays

 G Adventures





# ONE LIFE JAPAN

SMALL GROUP ADVENTURE

PRICE  
FR £1,685

DURATION  
10 DAYS

ROUTE  
TOKYO - OSAKA

- WE LOVE -

JAPAN

## NEED TO KNOWS

AGE GROUP: Min 18

GROUP LEADER: Western One Life group leader, local guides

GROUP SIZE: Max 22

DEPARTURES 2020: ...

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
	02	03	01	01	03	03	04	02	02		
	06	13	13	04	05	06	07	07	05	05	
				08	08	10	10	11	OS	09	
	16	17	11	12	13	14	14	12	13		
	23	20	18	15	17	17	28	15	16		
	27	24	27	22	24	21	21	19	20		
			25	26	27	28	28	26	27		
			29	23	31	31	30	30			

## INCLUDED ACTIVITIES

- Japanese language and culture class
- Harajuku, Akihabara & fish market tours
- Sushi making class and sake tasting
- Robot Restaurant dining experience
- Tour of Takayama Old Town and Gion District
- Kendo class and guided meditation
- Boat tour through Arashiyama valleys
- Do not on buri food tour and karaoke
- Visits to Golden Pavilion, Kiyomizu-dera temple, Fushimi-Inari shrine, Arashiyama bamboo forest, Monkey Mountain

## LIKE THAT? TRY THIS...

### Extend your trip

One Life Japan -  
Koyasan, Hiroshima & Miyajima  
(14 days, Tokyo - Hiroshima)  
(TY0000)

Fr £1,873



## HIGHLIGHTS



### SENSO-JI TEMPLE

This massive and ornate temple is right in the heart of Tokyo.



### KENDO LESSON

Take a class and learn from a descendent of a real Samurai.



### FUSHIMI-INARI SHRINE

These rows of vermillion torii gates guide the way up the mountain.

### DAYS 1-2 Tokyo

Welcome to Tokyo., the land of neon lights! After you get settled in the scenic Asakusa area, feast on Japanese cuisine and walk off that food baby with a trip to Senso-ji temple. Day 2 prepares you to be a savvy traveller with a language and culture class before having a wander around the fashion district of Harajuku. There is no better spot to eat a bento box than Yoyogi Park - feel free to gawp at the stunning Meiji Shrine while you're at it. Next., meander the Akihabara district with a survival map. If you're a total otaku (nerd), this is the biggest anime hub in the world. (B, D)

### DAYS 3-4 Tokyo/Hakone

You might think you know seafood, but that's before you get a taste of the otherworldly Tsukiji Fish Market. Roll the perfect sushi in a foodie class led by a sushi master and venture on to Shinjuku to gaze at Tokyo's skyline by night. A walk down Dm aide Yokocho Alley will serve as an appetiser before Feasting your eyes on the Famous show at the wild Robot Restaurant - it can't be described, it can only be experienced^ Finish with the Famous Shibuya Pedestrian Crossing before heading off to Hakone to explore the area by cable cars., rope ways and even a pirate ship. (2B, L, D)

### DAYS 5-7 Takayama / Kyoto

Hop on a bullet train to UNESCO-listed Takayama and get introduced to the town with a traditional sake tasting before bedding down in a Japanese temple. The next day, go on a guided walk of Takayama's Old Town, followed by a morning market visit on the banks of the Miyagawa River. After another bullet train journey, get to know the cultural capital of Kyoto by meandering the lantern-lit Gion district. Maiko and geishas can be spotted here., so keep an eye out. (B)

### DAYS 7-10 Kyoto/Osaka

Wake up and stretch out your legs with a trek up endless rows of torii gates to see the Fushimi-Inari Shrine, then head uphill again to visit the Kiyomizu-dera Temple. The rest of the afternoon is yours to explore, so either continue temple hopping or pause to sip an Asahi beer by the Kamo River. Witness the glittering Golden Pavilion surrounded by lakes, then practice Samurai martial arts and meditation. After a short train to Arashiyama, wander through its bamboo grove, climb the steps to Monkey Mountain and board a private row boat to explore the valleys. That afternoon, hop another train - this time you're Osaka-bound! Get your fill on a Food tour at this Foodie capital and sing karaoke. Day 10 marks your last day. (AB, D)

Tour Coder T#00L



### ACCOMMODATION

Twin-share hostels [7 nts), guesthouse [1 nt), multi-share templestay [1 nt)



### INCLUDED MEALS

7 breakfasts.  
1 lunch, 3 dinners



### TRANSPORT

Bullet train, scenic tram



## JAPAN: RAMEN & RAILWAYS

PRICE  
FR £899

DURATION  
6 DAYS

ROUTE  
TOKYO - KYOTO



### DAYS 1-2 Tokyo

Arrive at any time in the electric wonderland of Tokyo. On Day 2, opt to mingle with fashion-forward teenagers in Harajuku, take refuge from the hum of city life in Yoyogi Park and get your history fix at Asakusa Shrine. Shibuya Crossing is known to be one of the busiest intersections worldwide - it's a must for those who love city chaos.

### DAY 3 Takayama

Travel to the picturesque mountain town of Takayama where you can wander the quaint streets. The Sanmachi Suji historic district is lined with wooden merchants' houses and sake breweries that date back to the Edo Period. In the evening, kick back and relax, in a ryokan (a traditional Japanese inn) complete with tatami floors and an onsen, aka a traditional public bathing spot.

### DAYS 4-6 Kyoto

Jump on a bullet train to Kyoto and spend the rest of the trip getting to know this historical hub of Japan. All of Day 4 and 5 are free for you to fill with whatever interests you most. You can opt to participate in a traditional tea ceremony, hang out in ornately manicured gardens, learn the ancient art of calligraphy, visit the golden temple of Kinkaku-ji, or simply chill out by the river in one of Kyoto's many bars. With over 1,600 Buddhist temples and more than 400 Shinto shrines, this is the place to get spiritual. Perhaps stretch your legs by strolling through the bamboo forest in Arashiyama? Day 6 marks your last day, but stay on if you can't get enough of magical Japan.

Tour Code: GAAJTK



#### ACCOMMODATION

Multi-share hostels (4 nts),  
traditional inn (1 nt)



#### INCLUDED MEALS

Nat included



#### TRANSPORT

Train, bus

TRIP STYLE: 18-to-Thirtysomethings

AGE GROUP: Exclusively for 18-39s

GROUP LEADER: Chief Experience Officer (CEO)

GROUP SIZE: Max 16, Avg 14

INCLUDED ACTIVITIES: Orientation walks in Tokyo and Takayama, overnight stay in traditional inn

DEPARTS: Saturdays (Jan-Feb, Dec-Feb21), Saturdays and selected Tuesdays & Thursdays (Mar, Mar21), Saturdays and selected Thursdays (Apr-Nov),



Gifden tores



### LIKE THAT? TRY THIS...

Japan: Castles & Cuisine  
6 days (GAAJKO)

Fr£879

## EPIC JAPAN: SAKE & STREET FOOD

PRICE  
FR £1,649

DURATION  
11 DAYS

ROUTE  
TOKYO - OSAKA



### DAYS 1-2 Tokyo

Arrive in Tokyo and rest up before an orientation walk the next day. The city is home to the amazing and the strange - expect vending machines selling anything from hamburgers to umbrellas. Opt to check out the manicured Yoyogi Park, Asakusa Shrine, the quirky student hangout Harajuku and the electric Shibuya Crossing.

### DAYS 3-6 Takayama / Kyoto

Welcome to Takayama, a mountain town dating back to the 17th century. An orientation walk takes you through its laneways, lined with sake breweries and craft shops. Catch a train to Kyoto and spend the next few days discovering this ancient capital. Opt to visit some of the region's spectacular temples, participate in a tea ceremony or take a calligraphy class.

### DAYS 7-9 Hiroshima

Take in a sobering visit to the Peace Park and Museum, learning about the tragic history and current peace initiatives of the city. Ferry over to the sacred island of Miyajima to see the famous "Floating" Torii Gate.

### DAYS 9-11 Osaka

Once in the culinary capital, opt to tour a ramen museum or check out Osaka Castle. Hit up America Mura, a divine mix of chic and bizarre. A rooftop Statue of Liberty will watch over you as you wander from sleek cocktail bars to funky restaurants. The most wholesome delight is hearing people sing their hearts out to karaoke at 7am. Your tour comes to an end on Day 11.

Tour Code: GAAJTO



#### ACCOMMODATION

Multi-share hostels (9 nts),  
traditional inn (1 nt)



#### INCLUDED MEALS

Not included



#### TRANSPORT

Train, bus, ferry

TRIP STYLE: 18-to-Thirtysomethings

AGE GROUP: Exclusively for 18-39s

GROUP LEADER: Chief Experience Officer (CEO)

GROUP SIZE: Max 16, Avg 14

INCLUDED ACTIVITIES: Orientation walks in Tokyo and Takayama, traditional inn stay, Miyajima Island visit, Japan Rail pass

DEPARTS: Saturdays (Jan-Feb, Dec-Mar21), Saturdays and selected Tuesdays & Thursdays (Mar-Apr), Saturdays and selected Thursdays (May-Nov)



G Adventures





# JAPAN ADVENTURE

**PRICE**  
FR £2,210

**DURATION**  
13 DAYS

**ROUTE**  
TOKYO - KYOTO



SMALL GROUP ADVENTURE

## DAYS 1-3 Tokyo

Get started in Tokyo by temple hopping to Senso-ji - Tokyo's oldest Buddhist temple - and the Meiji Shrine. Classic city chaos ensues as you hit up Harajuku and Shibuya Crossing next. Finish your time in the capital with visits to Tsukiji Fish Market and Akihabara - from arcade games to the insanity of Japanese photo booths, you'll learn why they call this Electric City. (20, L)

## DAYS 4-6 Nagano /Hakone

The bullet train will blaze through the countryside, whisking you off to Nagano. Give traditional sake a try at a tasting before tucking into a tatami-clad ryokan for the night. Depending on the weather, watch Japanese macaques steam up in a hot spring or swing through the trees above. After, visit Shiga Kogen National Park. (30)

## DAYS 7-10 Osaka / Koya san

Check out Hakone where, on a clear day, there are unrivalled views of Mt. Fuji. Over in Osaka, the best way to soak in this city is through its food. A 1,000-year-old Buddhist temple in Koyasan is your next overnight stay. Be taught meditation and have a guided nighttime stroll through Japan's largest cemetery. Wake up early to see Buddhist monks perform their morning prayers. (30, 2D)

## DAYS 11-13 Kyoto

Kyoto's Bamboo Forest, Golden Pavilion, Gion and Fushimi-Inari await. Learn to wield a Samurai sword before your farewell dinner tonight. Ask your Travel Expert about Tokyo trans fer options. (3B, D)

**Tour Code: TYOJAD**



### ACCOMMODATION

Twin/double hotels (8 nts),  
multi-share hotels (4 nts)



### INCLUDED MEALS

12 breakfasts, 1 lunch, 3 dinner



### TRANSPORT

Gullet train, train

**GROUP LEADER:** Group Leader, local guides

**GROUP SIZE:** Min 4, Max 18

**INCLUDED ACTIVITIES:** Tokyo city tour, sushi class, sake tasting, Jigokudani snow monkeys, Shiga Kogen N.P., Lake Ashi pirate ship cruise, Mt. Fuji cable car views, Osaka castle visit, ancient Buddhist temple overnight stay, Buddhist meditation class, night temple walk, morning prayer ceremony, fire ceremony, bamboo forest, visits to Golden Pavilion Temple and Fushimi-Inari Temple, Samurai experience

### DEPARTURES 2024

re	ja	fe	mar	apr	may	june	july	aug	sep	oct	nov	dec
05	02	01	05	03	04	02	06	03	04	01	01	06
12	09	08	12	10	07	16	16	10	15	15		
22	18	15	23	17	11	30	23	20	29	26		

Additional dates are available. Please ask for details.



# DISCOVER JAPAN

**PRICE**  
FR £3,049

**DURATION**  
14 DAYS

**ROUTE**  
TOKYO - TOKYO



SMALL GROUP ADVENTURE

## DAYS 1-3 Tokyo / Kanazawa

Meet your group in Tokyo and bounce to Kanazawa on Day 2, stepping back in time with a stroll through the samurai and geisha districts. Continue to explore the Ninja Temple, Kanazawa Castle and Kenroku-en Garden.

## DAYS 4-7 Takayama / Hiroshima

Next up is Takayama, where you can explore a traditional folk village surrounded by mountainous landscapes. Stop for a refreshing cup of sake at one of the local breweries. Your dwelling for the night is a traditional Japanese inn. Hiroshima has seen dark days, but is now one of Japan's most laid-back cities. Visit the Peace Park and learn about ongoing peace initiatives run by the city. Hop on a Ferry to Miyajima Island, known for the heavily photographed 'floating' Torii Gate - it's popular for a reason!

## DAYS 9-11 Kyoto / Kawaguchiko

Visit Nijo Castle and Kinkaku-ji before having a day and a half of free time. Opt for the dry landscape garden at Ryoan-ji Temple. No one knows its original creator, and fifteen rocks sit in a position that make it impossible to view them all from any perspective. On Day 11, warm up your legs around Lake Kawaguchi before your big hike the next day. (D)

## DAYS 12-14 Mt. Fuji /Tokyo

Hike up Mt. Fuji and bundle up in a hut overnight. You'll be rewarded for waking early on Day 13 and see why Japan is called The Land of the Rising Sun. Scoot down the mountain and into Tokyo and depart Day 14. (2B, D)

**Tour Code: GAAJDJ**



### ACCOMMODATION

Hotels (9 nts), traditional inns (3 nts),  
mountain hut (1 nt)



### INCLUDED MEALS

2 breakfasts,  
2 dinners



### TRANSPORT

Bullet train,  
public bus, tram, ferry

**TRIP STYLE:** Classic

**AGE GROUP:** Min 12

**GROUP LEADER:** Chief Experience Officer (CEO)

**GROUP SIZE:** Max 15, Avg 12

**INCLUDED ACTIVITIES:** Japan Rail pass, onsen spa visit, Nagamachi Samurai walk, Mt. Fuji hike, Kaiseki dinner, Miyajima excursion & floating torii gate visit, visits to Hida No Sato folk village, Higashi Geisha District, Hiroshima Peace park, Nijo Castle, Kinkaku-ji Golden Pavilion, Kenroku-en garden & Fushimi Inari Shrine

**DEPARTS:** Selected Sundays (Jan-Feb), selected Sundays, Fridays & Wednesdays (Mar-Apr, Mar21), Sundays and selected Fridays (May-Dec)

 **G Adventures**





# THE DRAGON TRIP: TOKYO TO TOKYO

SMALL GROUP ADVENTURE

PRICE  
FR £1.790

DURATION  
13 DAYS

ROUTE  
TOKYO - TOKYO



## HIGHLIGHTS



### SHIBUYA DISTRICT

Look no further than these neon streets For Tokyo's best shopping.



### VIEWS OF MT. FUJI

Halfone's ropeways and pirate ships are perfect viewpoints.



### THE GOLDEN PAVILION

On sunny days, the glittering building is reflected in the pond.

### DAYS 1-2 Tokyo

After arriving in Japan's capital, gear yourself up for a frenetic two days in Tokyo. Meet your group and start out by reaching dizzying new heights at the Tokyo Metropolitan Government Building. Lunch is at Outer Market where the seafood stalls are plenty, then stop at Asakusa's Senso-ji Temple afterward. After waking up to the sweet smell of fish at a sushi-making lesson, check out Akihabara, the hub of Anime and Manga, and also home to Japan's most famous J-pop group., AKB48. If you loved Mario Kart on Nintendo., you can opt to don character onesies and drive around Tokyo in a go kart! Just be sure not to throw any banana peels.

### DAYS 3-5 Tokyo / Kamakura

Check out the Imperial Palace and quirky Harajuku. Shift over to Shibuya where you take on the world's busiest crossing and pat the Hachiko statue. The Edo-Tokyo Museum is great for all things historical before an optional visit to a samurai collection on Day 4. Leave Tokyo the next day for Kamakura, a medieval capital packed with shrines. Check out Kotoku-in's Great Buddha statue and visit nearby Enoshima. Your hostel is moments away from the beach, so go For a cheeky surf.

### DAYS 6-9 Hakone National Park / Kyoto

Hope for a dear day to catch a glimpse of Mt Fuji from the Hakone Ropeway as you make your way to a local onsen. Sample eggs cooked in a volcanic spring and cap off the day on a pirate ship on Lake Ashi. After a quick look around Odawara Castle jump on the train to Kyoto. Day 8. take a rafting trip down the Hozugawa River towards Arashiyama bamboo Forest and monkey park where you get cracking views of Kyoto. In the evening, pay close attention to the pen as you test your skills in a calligraphy class. The next day is a Free day - karaoke anyone?

### DAYS 10-13 Kyoto/Hiroshima/Osaka/Tokyo

This morning takes you to the crowning feature of Kyoto, the Golden Pavilion of Kinkaku-ji. Set on a pond and surrounded by pine, it's definitely one for the shutterbugs. Then back to the hills for a slice of mindful meditation before a bike tour of the Imperial Palace. Next up, the historical city of Hiroshima where you can step into the region's tragic past with a visit to the Peace Museum. Sail over to the famous floating torii gate only a short boat ride away on Miyajima. The final stop is Osaka where there is no shortage of shopping arcades, malls and riverfront entertainment. Spend the final night with your group, and then it's back on the bullet train to Tokyo.

Tour Code: TYODRG



ACCOMMODATION

Hostels [12 nts]



INCLUDED MEALS

Not included



TRANSPORT

Trains, public transport in cities

## NEED TO KNOWS

TRIP STYLE: Small Group Adventure

AGE GROUP: Any age

GROUP LEADER: Tour guide

GROUP SIZE: Min 4, Max 23

DEPARTURES 2020:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
17	24	02	09	16	23	30	07	14	21	28	
		06	13	20	27		04	11	18	25	
		12	19	26			05	12	19		
		01	08	15	22	29	06	13	20	27	
		03	10	17	24		08	15	22		
		10	17	24			15	22			
		18	25				23				
		25									

## INCLUDED ACTIVITIES

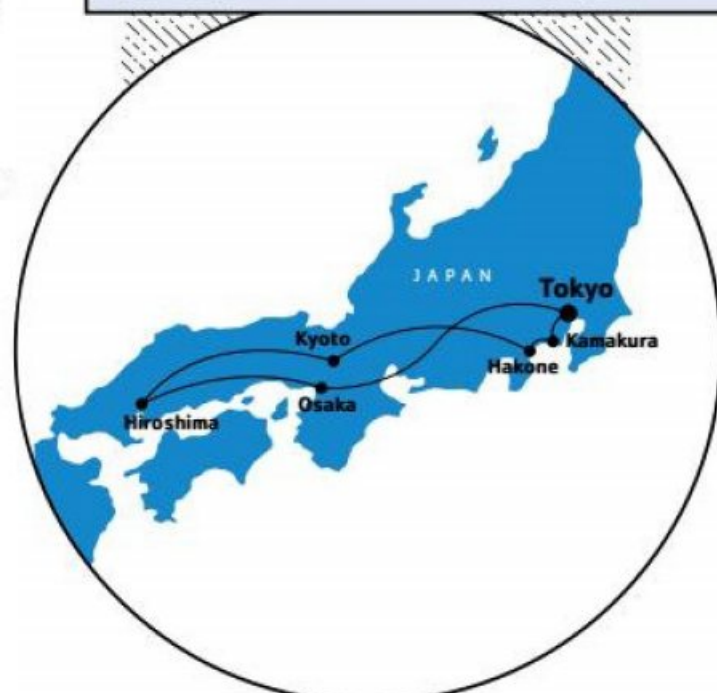
- Visits to the Senso-ji temple, Imperial Palace and Edo-Tokyo Museum
- Sushi-making lesson
- Visit to Kamakura's Kotoku-in Temple
- Pirate ship cruise on Lake Ashi
- Hozugawa River boat trip
- Visits to Monkey Park, bamboo forest and Golden Pavilion
- Calligraphy class
- Bicycle tour in Kyoto's Imperial Palace
- Hiroshima Peace Memorial Museum
- Miyajima island and the Floating Torii

## LIKE THAT? TRY THIS...

### Extend your trip

12-Day South Korea  
(12 days, Seoul - Jeju Island)  
(ICNDRA)

Fr £1,315





## JAPAN HIGHLIGHTS

**PRICE**  
FR £1,396

**DURATION**  
B DAYS

**ROUTE**  
TOKYO - TOKYO



### DAYS 1-2 Tokyo/Hakone

Touch down in Tokyo and board a train or shared shuttle to your accommodation. If time permits, uncover Tokyo's temples and quirky-themed restaurants, then make for the gateway to Mt. Fuji, Hakone, on Day 2. Explore the national park with your included transportation pass, from zipping over hot springs on the Volcanic Owakudani Ropeway to sailing Ashinoko Lake on a pirate ship. Catch sight of Mt. Fuji if the weather's looking good!

### DAYS 3-4 Kyoto

Speed over to Kyoto via bullet train and hop between the city's 2,000 shrines and temples. On a guided tour the following day, you'll see highlights such as Heian Shrine, Sanjusangendo Temple and Kiyomizu-dera Temple on Mt. Otowa.

### DAYS 5-6 Kyoto / Hiroshima

Travel to Hiroshima by bullet train on Day 5. The next morning, why not opt for Ferry to Miyajima Island or go temple hopping? Later you'll have the afternoon free to explore Hiroshima using a handy bus loop. Explore the centre of town and visit the Peace Memorial Park and Museum to learn about the city's tragic history.

### DAYS 7-8 Osaka/Tokyo

Spend Day 7 in Osaka, with free time to wander. Visit Shitenno-ji, the city's most important temple, or go on a foodie quest, keeping a keen eye out for grilled octopus dumplings. Your trip ends in Tokyo the following day.

**Tour Code: BETYOHIG**



**ACCOMMODATION**

Hostel or 3 or 4\* hotel (7 nts)



**INCLUDED MEALS**

7 breakfasts (hotel option only)



**TRANSPORT**

Bullet train, ferry, shuttle

**TRIP STYLE:** Independent tour

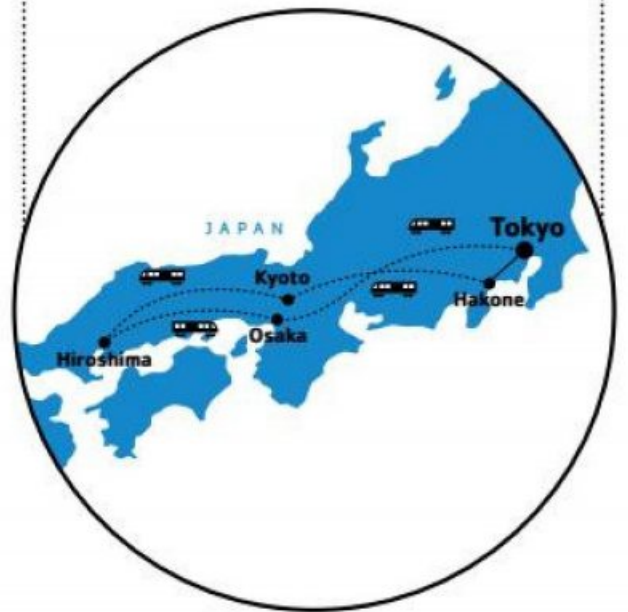
**GROUP LEADER:** English-speaking guide

**INCLUDED ACTIVITIES:** 7-Day Japan Rail Pass, 2-day Hakone Free Pass

**DEPARTS:** Daily

**NOTE:** Transfers between station and accommodation not included

Ask your instore Travel Expert about our latest **EXCLUSIVE DEALS**



## JAPAN WINTER WONDER

**PRICE**  
FR £2,465

**DURATION**  
10 DAYS

**ROUTE**  
OSAKA - TOKYO



### DAYS 1-2 Osaka

Konnichiwa and welcome to the Land of the Rising Sun, famed for beauty, culture, cuisine and just a touch of crazy. Your journey starts in Osaka, the nation's food capital where almost every street is bursting with flavour. Spend your time at leisure, either at Universal Studios or checking out the local izakayas. (B)

### DAYS 3-4 Kyoto

Kick things off with a guided sightseeing tour, where temples (almost 2,000 of them) gardens and colourful shrines will soon threaten your phone storage capacity. The rest of your time is yours to make sense of this amazing city where the modern rat race continues to be infused with regular reminders of its spiritual past. (2B)

### DAYS 5-6 Hiroshima

Get your first taste of Japan's insanely effective transport system as you take the bullet train to Hiroshima. Your two days here include visits to the Peace Memorial Museum and an excursion to see Miyajima Island's miniature deer at Itsukushima Shrine. (2B)

### DAYS 7-10 Tokyo

The bright lights of Tokyo beckon as you make your final approach to the capital city. Visit the Harajuku district and the famous Shibuya Crossing on a sightseeing tour, then set your sights on Mt. Fuji on an included day trip to Hakone, which includes a trip on the Hakone Ropeway for amazing volcanic views. (4B)

**Tour Code: COJAPP**



**ACCOMMODATION**

3\* twin-share hotels (9 nts)



**INCLUDED MEALS**

9 breakfasts



**TRANSPORT**

Private air con coach, bullet train

**TRIP STYLE:** In-Depth Explorer

**AGE GROUP:** Exclusively for 18-35s

**GROUP LEADER:** Trip Manager, local guides

**GROUP SIZE:** Max 20

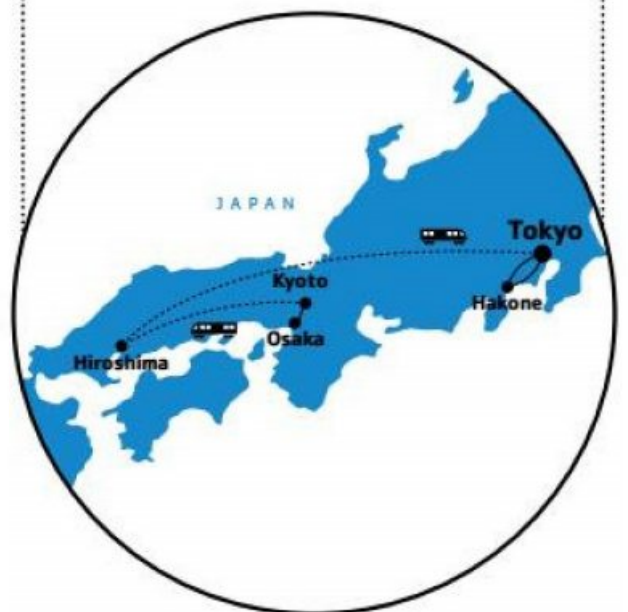
**INCLUDED ACTIVITIES:** Sightseeing tour in Kyoto & Tokyo, ferry to Miyajima Island, Hiroshima Peace Memorial Museum visit, Ashinoko Lake cruise, Hakone day trip

**DEPARTURES 2020:**

E	£	-a	£	1	1	ft	5	E	~	"	CL	t	>	Dec
04	08	07												
11	22	21												
25														

**MY OWN ROOM:** Fr £705

# contiki





## HAKUBA POWDER

PRICE  
FR £6 95

DURATION  
8 DAYS

ROUTE  
TOKYO AIRPORT - TOKYO AIRPORT



### DAY 1 Tokyo / Hakuba Valley

Are you interested in discovering another side to Japan's bright lights, neon colours and top-of-the-range gadgets? After touching down in flashy Tokyo and its wild, whizzing cityscape, it's time to trade the urban scenery for landscapes of a vastly different kind. Take your included transfer to the white-washed, snow spectacular that is Hakuba Valley and get a taste for the gripping Japanese ski scene.

when you're not carving up those slopes, chow down on local sushi, soak away your hangovers in steaming hot springs or kick back with a keg of Kirin lager. Your cosy lodge accommodation is located only 200 metres from the Happo One ski lifts, a few minutes from the busiest pub in town and a short stroll from the many restaurants on offer. A shuttle bus stop is just next door for transfers to the many other ski resorts in the Hakuba Valley. Note: Ski season runs from early December to the end of March.

### DAYS 2-7 Hakuba Valley

Staying in Hakuba, the beating heart of Japan's snowscape., take your pick of seven different mountain resorts to perfect your ski skills and choose from nine different mountains - an absolute treat for all you adventure-lovers and snow bunnies out there! And

### DAYS Hakuba Valley / Tokyo

Say your goodbyes and hop on an included transfer back to either Tokyo Prince Hotel or Tokyo Narita Airport.

Tour Code: TYOPOW



ACCOMMODATION

Hakuba Gondola Hotel (7 nts)



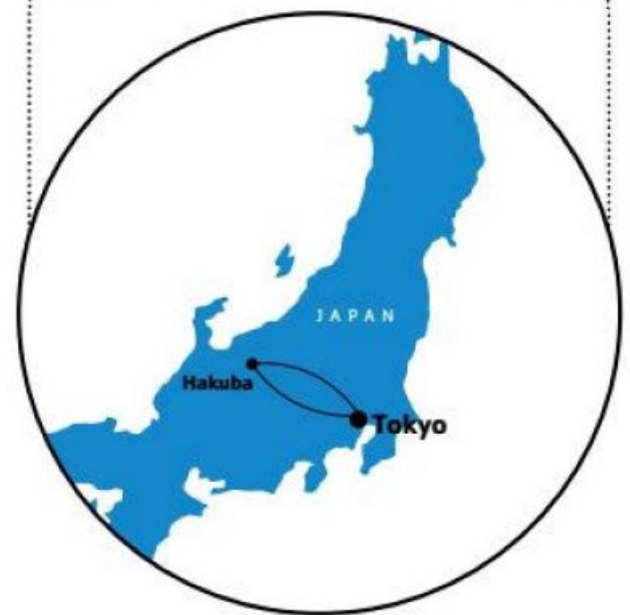
INCLUDED MEALS

7 breakfasts, 1 dinner



TRANSPORT

Coach, shuttle bus



Ask your instore Travel Expert about our latest **EXCLUSIVE DEALS**

## MADARAO, NOZAWA & MYOKO KOGEN POWDER

PRICE  
FR £639

DURATION  
8 DAYS

ROUTE  
TOKYO - TOKYO



Touch down in Narita Airport and transfer to your room in Madarao, just 400 metres from the ski resort. The next seven days are yours to tear up the massive powder bowls of the Japanese Alps. The included five-day Madarao and Tangram combined lift pass gives you access to everything from beginner runs to advanced tree skiing, while nearby Myoko offers more terrain and fresh tracks. Enjoy a day at leisure before your included transfer to Iiyama train station on Day 8.

### INCLUSIONS

Departs: Wednesdays and Saturdays Accommodation: Hotel Madarao (7 nts) Meals: 7 breakfasts, 1 dinner Includes: 5-day lift pass for Madarao Tangram, Nozawa Onsen & Myoko Kogen, all transfers except for Myoko/Nozawa Note: Ski equipment hire & bullet train back to Tokyo are not included Tour Code: TYOMAD

## EXPLORE NAGANO

PRICE  
FR £98 6

DURATION  
11 DAYS

ROUTE  
TOKYO - TOKYO



After transferring to your hotel from Narita, you'll have five days to strap on your skis and explore the 12 mountains of the gorgeous Hakuba Valley. Then there's a day tour to the Buddhist Zenkoji Temple followed by a morning transfer to Madarao the next day. Finish with a few days skiing around Madarao/Tangram, Myoko and Nozawa Onsen. There are ski runs for all levels and lift passes to all three resorts are included. The tour ends after breakfast on Day 11.

### INCLUSIONS

Departs: Wednesdays and Saturdays Accommodation: Hotels (10 nts) Meals: 10 breakfasts, 2 dinners Includes: 5-day Hakuba 9 Mountain/3-Day Powder Belt Pass Valid Madarao/Tangram, Nozawa & Myoko Lift Pass, transfers Note: Ski equipment hire and bullet train back to Tokyo not included Tour Code: TYONAG



# Japan

## RAIL PASSES

There is simply no better way to get around Japan than on the world-famous Shinkansen, or bullet trains, which whizz you effortlessly from the southern tip of Kyushu to the northern tip of Honshu at speeds of up to 300km/h. Not just fast, these wonderful trains are super-efficient, almost silent and depart so punctually you could set your watch to the exact second!

A seven-day, 4-day or 2 1-day Japan Rail Pass can help international travellers save money on train fares. Want the good news? You'll save even more if you buy one before you set foot in the country. In real terms, you can buy a seven-day 'ordinary' pass for about the same price as a return ticket from Tokyo to Kyoto. And the even better news? These passes are valid for unlimited travel across the whole of Japan.

### JAPAN RAIL

Valid on all trains operated by Japan Railways, including the Shinkansen bullet trains, JR Limited Express, JR Express, local trains in city/rural areas plus affiliated bus and ferry connections, for unlimited travel across the whole of Japan.

Travel Validity	2nd Class	1st Class ("Green")
7 days	Fr £230	Fr £307
14 days	Fr £366	Fr £495
21 days	Fr £468	Fr £645

Japan Rail passes are only available to foreign travellers visiting Japan from abroad for sightseeing purposes, travelling under the status of 'temporary visitor'. The voucher must be exchanged in Japan for the pass within 3 months of the issue date. At present, the pass does not include travel on the Nozomi-type Shinkansen bullet trains on the Tokaido and Sanyo lines, nor the 'Mizuho' type trains, nor on the super-deluxe 'Gran Class' on the Hayabusa train which also runs on the Shinkansen lines.

### JAPAN RAIL WEST PASS AREA KANSAI

Valid on all trains operated by Japan Railways, including the Shinkansen bullet trains, JR Limited Express, JR Express, local trains in city/rural areas plus affiliated bus and Ferry connections, for unlimited travel across the whole of Japan.

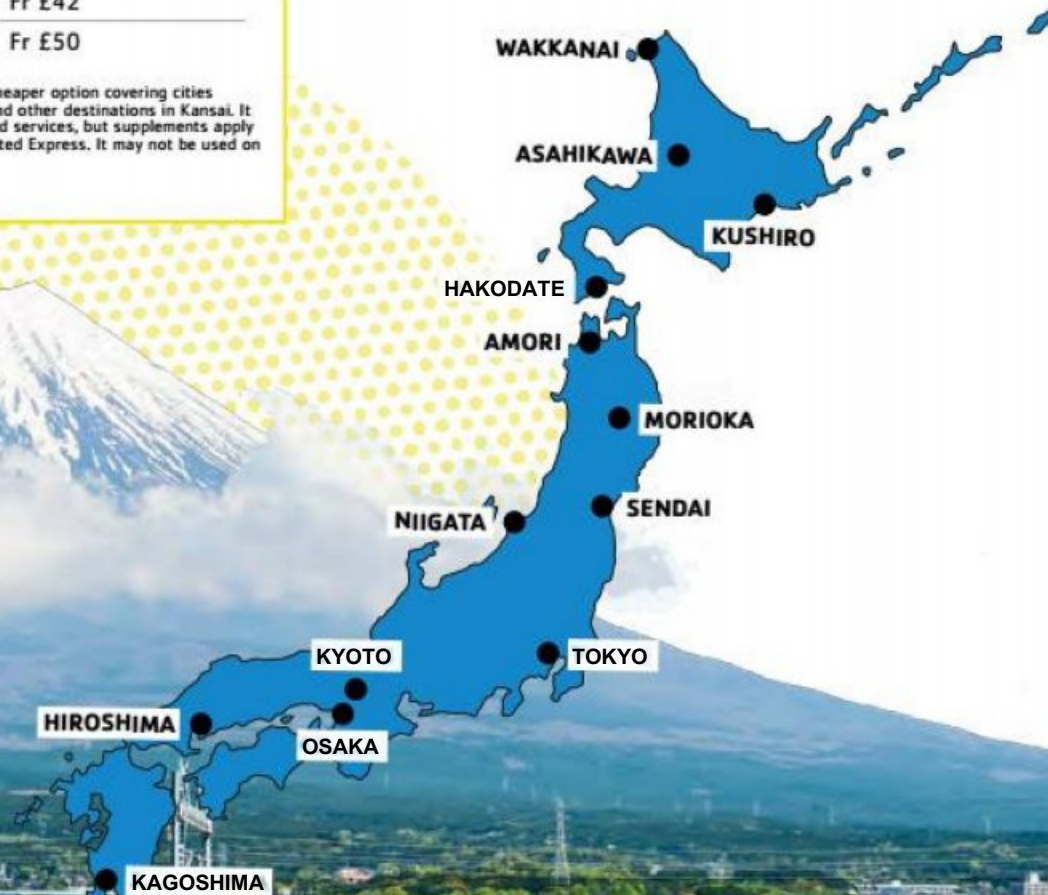
Travel Validity	2nd Class
1 day	Fr £18
2 days	Fr £35
3 days	Fr £42
4 days	Fr £50

Japan Rail West Pass (Kansai) is a cheaper option covering cities such as Kyoto, Osaka, Kobe, Nara and other destinations in Kansai. It includes local, rapid and special rapid services, but supplements apply for the Shinkansen Express and Limited Express. It may not be used on the Shinkansen Super Express.

### JAPAN SHIKOKU AREA

Travel Validity	2nd Class
2 days	Fr £70
4 days	Fr £85

Japan Rail Shikoku Area covers the Shikoku island and includes cities such as Takamatsu, Matsuyama, Kochi and many more cities on the Shikoku island. It includes local and rapid services, Shikoku is not connected to the Shinkansen network. Some trams may incur a reservation fee which is not included in the price.





# DELHI TO KATHMANDU: MOUNTAIN SCENES & THE GANGE5

SMALL GROUP ADVENTURE (18-99s) —

PRICE  
FR £799

DURATION  
15 DAYS

ROUTE  
DELHI) ' KATHMANDU



## HIGHLIGHTS



### G FOR GOOD

Stay with the indigenous Tharu community in Chitwan National Park.



### TAJ MAHAL TOUR

See this iconic piece of Mughal architecture in the flesh.



### SAVITRI TEMPLE SUNRISE HIKE

Don't forget to enjoy a cup of tea once you reach the top.

#### DAYS 1-4 Delhi / Pushkar/Jaipur

Awaken your senses in one of the most historic capitals in the world. Delhi. Check out Red Fort and Humayun's Tomb., India Gate and Connaught Place. Next day, travel to the important pilgrimage town of Pushkar to see the weathered domes and watch the daily activity from the sacred lakefront ghats. Opt for an afternoon camel ride, then start Day 3 with a morning hike up to the Savitri Temple. You can choose to visit the Palace of the Winds and learn about the Hindu-Rajput and Islamic-Mughal architectural styles of the Amber Fort, and enjoy some Free time on Day 4.

#### DAYS 5-8 Agra /Varanasi

Transfer to Agra, home to the UNESCO-listed Agra Fort, once the main residence of the Mughal Dynasty. It's also where you'll find one of India's most recognisable icons. Built by the Mughal emperor Shah Jahan as a monument for his favourite wife (and a slap in the face for the others) the Taj Mahal is considered to be the most impressive example of Muslim art in India. The next day, take the overnight train to Varanasi, the quintessential Indian holy city where millions of Hindus travel for pilgrimage. Explore the narrow twisting alleys, poke around the shrines and temples or experience Ganges boat trips at sunrise and sunset. Day 8 is yours to further explore Varanasi's cultural delights.

#### DAYS 9-11 Lumbini / Chitwan National Park

Head for the Nepalese border on Day 9, continuing to the great Buddhist pilgrimage centre and the birthplace of the Buddha, Lumbini. On Days 10 and 11, head to Chitwan National Park at the base of the Himalayas, a UNESCO-listed site of marshy grasslands, savannahs and forests. It's actually the oldest national park in Nepal, home to endangered Indian rhinoceros and Bengal tigers. Gear up for an optional 4WD safari or cycle throughout the region. You'll be spending two special nights at a local G for Good homestay with the indigenous Tharu people in Barauli.

#### DAYS 12-15 Pokhara / Kathmandu

Travel from the plains to the mountains to Pokhara, nestled in a tranquil valley at an altitude of 827 metres. Don't forget to grab a snap for the 'gram at the spectacular panorama of the Annapurna Range. Next day, visit the G for Good Sisterhood of Survivors Project, a non-profit project supporting victims of human trafficking. Learn how to make Nepalese momos (dumplings) then, on Day 14, head through wild, rugged Himalayan landscapes to Nepal's capital. Depart on Day 15 or opt for an Everest flight in the morning, if the weather allows, [I]

Tour Code: GAAHDII



#### ACCOMMODATION

Twin-share hotels or guesthouse (11 fits), sleeper train (1 nt), homestay (2 nts)



#### INCLUDED MEALS

1 lunch



#### TRANSPORT

Train, metro, local bus, charter bus, rickshaw

## NEED TO KNOWS

TRIP STYLE: 18-to-Thirtysomethings

AGE GROUP: Exclusively For 18-39s

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 18, Avg 14

DEPARTURES 2020/21

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
05	02	01	07	05	02	07	04	01	06	03	01
07	04	03	14	12	09	14	11	15	13	10	08
14	11	10	21	19	16	21	18	22	20	17	14
21	18	15	28	26	23	28	25	29	27	24	21
28		17									
		29									
		31									

MY OWN ROOM: Fr £269

## INCLUDED ACTIVITIES

- G for Good community homestay
- G for Good Sisterhood of Survivors project
- India Gate and Connaught Place visit
- Amber Fort & Taj Mahal guided tour
- Orientation walks in Pushkar, Jaipur, Varanasi, Pokhara & Kathmandu
- Savitri Temple sunrise hike
- Visit the Buddha's birthplace



G Adventures

## LIKE THAT? TRY THIS..

Customise your trip

Jaipur Balloon Ride

Take off at dawn and see the sunrise over Jaipur's forts and palaces.

Fr £197





# DELHI TO KATHMANDU ADVENTURE

SMALL GROUP ADVENTURE

PRICE  
FR £1,049

DURATION  
15 DAYS

ROUTE  
DELHI - KATHMANDU

INDIA



## HIGHLIGHTS



### G FOR GOOD

Make momos (dumplings) and support victims of human trafficking.



### BIRTHPLACE OF THE BUDDHA, LUMBINI

Visit a major place of pilgrimage and one of the holiest on Earth.



### CHITWAN SAFARI

Dora Explorer mode: ON. Head nut in search of the Royal Bengal Tiger.

#### DAYS 1-3 Delhi/Jaipur

The moment you step foot into chaotic Delhi., hop into your included transfer provided by the G for Good Women on Wheels project. This programme offers safe and reliable transport for travellers, while providing a dignified livelihood For women From a resource-poor community. Check out India Gate and Connaught Place, where shops, restaurants and bars abound, and opt For a Delhi-cious welcome dinner come dusk. Day 2 takes you to the Pink City of Jaipur and the famous Amber Fort. With some free time under your belt, meander through the local villages. By eve, you'll get the chance to embrace the glitz and glam of Bollywood with a screening in the Art Deco film house - The Raj Mandir. The next day, visit the 953-windowed Palace of the Winds.

#### DAYS 4-8 Agra / Orchha / Varanasi

The Muslim city of Agra is home to India's most famous landmark, the Taj Mahal. See the sunset over this piece of stunning Mughal architecture then, the next day., travel by train and 'tempo' (a large type of auto-rickshaw) to the peaceful and rural town of Orchha. Here, you can choose to take part in a cooking class with a local family before heading to Varanasi on the overnight train. Wind through twisting alleys, check out the many temples and experience rituals of bathing along the ghats. You'll also head out onto the sacred Ganges River by boat For sunrise and sunset.

#### DAYS 9-15 Lumbini / Chitwan National Park/Pokhara / Kathmandu

Make a border crossing into Nepal, reaching the great Buddhist pilgrimage centre and birthplace of the Buddha, Lumbini. Along the base of the Himalayas, traverse marshy grasslands, savannahs and Forests to Chitwan National Park. In the evening, head to your special G for Good homestay with the local indigenous Tharu community. Experience their culture through dancing, singing and a group feast. On Day 11, a 4WD safari through the park will take you in search of tigers and rhinos, then opt to take a cycling tour around town. Get further into the Himalayan mountains on Day 12, heading to Pokhara and then Sarangkot for sunrise over the mountains. Pay a visit to the G For Good Sisterhood of Survivors Project, a grassroots organisation that supports survivors of human trafficking. Meet beneficiaries of the programme and learn how to make Nepalese momos (dumplings), followed by lunch as a group. On Day 14, drive through the wild Himalayan landscape to Nepal's magical capital, stopping at the Monkey Temple of Swayambhunath en route. Finish on a high with an optional sightseeing flight to glimpse Mt. Everest, before your tour comes to an end on Day 15. (L, D)

Tour Code: GAAHDK



#### ACCOMMODATION

Hotels [10 irts], homestay (2 nts), sleeper train (1 nt), deluxe air con tents (.1 ntj



#### INCLUDED MEALS

1 lunch, 1 dinner



#### TRANSPORT

Train, metro, local bus, charter bus. private van. auto-rickshaw, cycle-rickshaw, tempo, riverboat, 4WD

## NEED TO KNOWS

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 15, Avg 12

#### DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
04	01	02	04	02	06	04	01	05	03	02	12	02	01	01
11	08	09	06	09	13	11	08	07	09	07	14	09	06	08
18	15	16	18	23	20	18	15	14	16	14	21	18	15	15
25	24	30	27			25	22	21	31	23	28	30	22	29

Additional dates are available. Please ask for details.

MY OWN ROOM: Fr£319

## INCLUDED ACTIVITIES

- G for Good Sisterhood of Survivors, Barauli homestay & Women on Wheels
- India Gate, Connaught Place, Orchha Palace & Swayambhunath visits
- Amber Fort and Hawa Mahal tour
- Taj Mahal entry
- Ganges boat trips & candle ceremony
- Orientation walks in Kathmandu and Varanasi
- Chitwan National Park 4WD safari
- Sarangkot sunrise excursion



6 Adventures

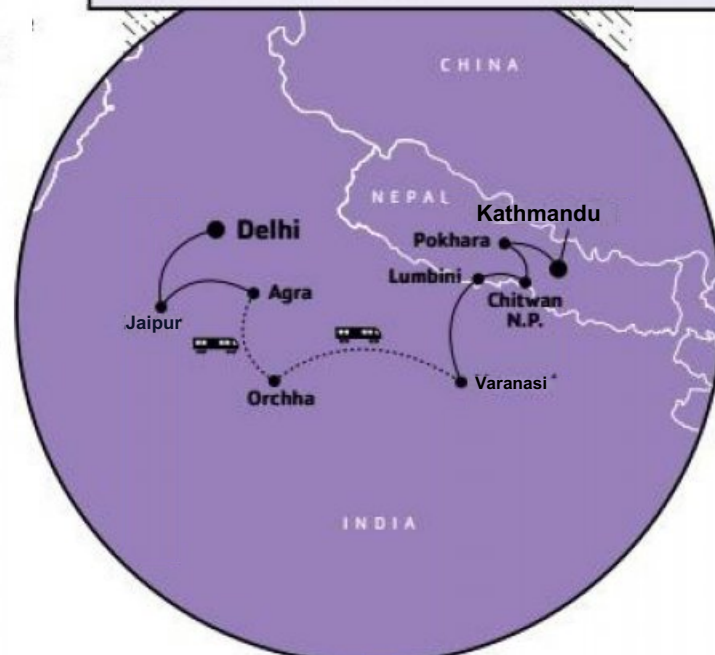
## LIKETHAT? TRY THIS...

Customise your trip

Jaipur Balloon Ride

Take off at dawn and see the sunrise over Jaipur's forts and palaces.

Fr £ 197





# DELHI TO KATHMANDU QUEST

## PRICE

FI? £ 1,875

## DURATION

10 OATS

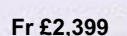
## ROUTE

DELHI - KATHMANDU

- WE LOVE -

EXCLUSIVELY FOR 18-35s

**ROUTE**  
DELHI - KATHMANDU





# RAJASTHAN AND VARANASI: TRAINS & THE TAJ

SMALL GROUP ADVENTURE (1B-39s) —

PRICE  
PR £699

DURATION  
20 DAYS

ROUTE  
DELHI - DELHI

INDIA



## HIGHLIGHTS



### CAMEL SAFARI

Sleep out in the arid Rajasthan desert with nothing but the dunes and your trusty camel for company.



### JAI SALTER

The Golden City of India sits at the heart of the Thar Desert, strewn with palaces, forts and temples.



### GANGES BOAT TRIP

Take a boat trip along the sacred River Ganges to see Varanasi come to life with ceremonies.

#### DAYS 1-4 Delhi / Raisal / Bikaner

DIVE straight into the heart of India's capital, exploring Old Delhi, Jama Masjid and climbing the minaret For a bird's-eye view. On Day 2, hop on a 6 for Good walk led by rehabilitated street kids from the Salaam Baalak Trust's City Walk initiative - a programme supporting over 5,000 children and providing resources, food and job placements for them. Later on, board the overnight train to Bikaner. It's time to head out into the dunes on a different mode of transport., the Indian camel. Ride past isolated villages, then camp out under the stars with only the dunes and your trusty camels for company. The following morning, enjoy an optional sunrise viewing before heading back to Bikaner. (B, L, D)

#### DAYS 5-7 Jaisalmer /Jodhpur

Known as the Golden City, Jaisalmer stands on a ridge of yellowish sandstone in the heart of the Thar Desert. Two days here will see you absorbing the exotic surroundings and checking out the mud fortress and walled townships. Next, set off for Jodhpur's stark desert landscapes. Six enormous gates provide entry to the city centre and, overlooking it all, stands the Meh eran garh Fort, one of the largest in India. Climb up for views and a stellar Instagram op.

#### DAYS 8-13 Udaipur / Pushkar / Torch Sagar / Jaipur

Continue to Udaipur, famous for its sparkling lakes and Raj palaces. Float through colourful bazaars and take in the old-world Feel of the streets, then it's off to Pushkar, site of the world's only temple to the Hindu god of creation, Brahma. Rural life awaits as you head to a traditional village on Day 11. Visit potters, cobblers and markets, opt to saFari along the dunes For sunset or head into the hills for a hike. Travel on to the capital of Rajasthan, Jaipur, for a guided tour of the Amber Fort and Free time to explore as you wish. (B, L, D)

#### DAYS 14-20 Agra /Varanasi / Delhi

Continue to the Muslim city of Agra, Famous For the Taj Mahal. Visit this icon of Mughal architecture either in the early morning or late afternoon for the best light. The night of Day 1 5, journey to the sacred city of Varanasi via sleeper train, where millions of Hindus travel to worship, to mourn or to die. Visit shrines and experience sunset and sunrise rituals as you float past the famous ghats of the Ganges. On Day 18, take an overnight train back to Delhi, where you !! say your goodbyes on Day 2D. Wanting to stick around? We'd recommend a trip north to Rishikesh, a city famous For its yoga and meditation and a magnet for spiritual seekers.

Tour Code: GAAHRH



#### ACCOMMODATION

Twin-share hotels or guesthouse (l 5 nts), sleeper trains (3 nts), camping (l nt)



#### INCLUDED MEALS

2 breakfasts.  
2 lunches, 2 dinners



#### TRANSPORT

Train, metro, local bus. charter bus.  
tuk Cuk. small riverboat, camel, 4WD

## NEED TO KNOWS

TRIP STYLE: 18-t o-Th irtys ome things

AGE GROUP: Exclusively for 1 8-39s

GROUP LEADER: Chief Experience Officer (CEO)#, local guides

GROUP SIZE: Max 1 8, Avg 1 4

DEPART5-- Selected Sundays and Mondays

MY OWN ROOM- Fr £349

## INCLUDED ACTIVITIES

- \* G for Good Delhi city walk
- Guided tour of the Taj Mahal and the Amber Fort
- Orientation walks in in Old Delhi. Bikaner, Jaisalmer, Jodhpur, Udaipur, Pushkar and Jaipur
- Overnight camel safari
- \* Ganges River boat trips, including candle flower ceremony

(§) G Adventures

## LIKE THAT? TRY THIS

### Extend your trip

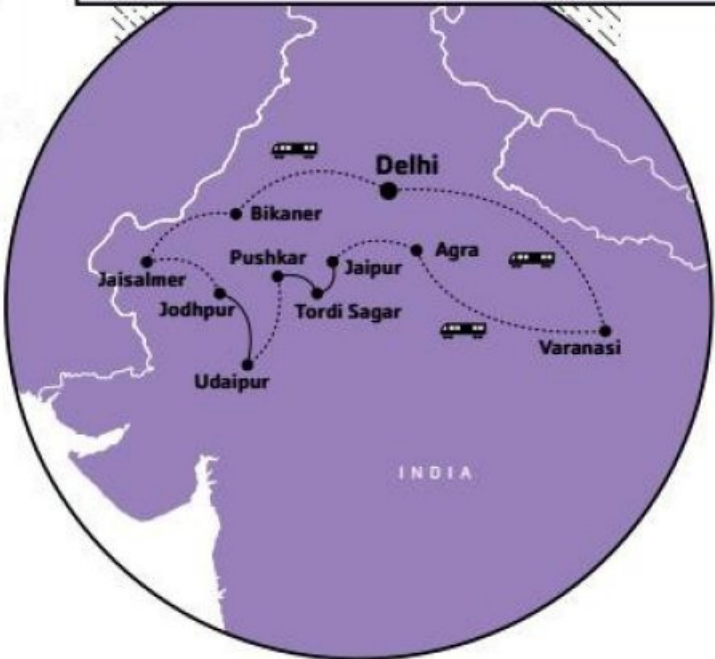
Discover India & Sri Lanka: Plantations & Pink Cities  
(32 days, Delhi - Hikkaduwa)  
(GAAHDS)

Fr £2,299

### Customise your trip

Jaipur Balloon Ride  
Take off at dawn and see the sunrise over Jaipur's forts and palaces.

Fr £ 1 97





# ESSENTIAL INDIA

PHJCE  
FR £979

DURATION  
15 DAYS

ROUTE  
| DELHI « DELHI



## DAYS 1-4 Delhi/Jaipur

Kickstart with a transfer to Delhi via the G for Good Women on Wheels project. This awesome initiative helps to train women from slum areas in Delhi to get their driver's licence and become chauffeurs. The next day, take a guided tour thanks to the New Delhi Street Kids Project., then on Days 3 and 4, uncover the "pink city" of Jaipur and see the famous Amber Fort.

## DAYS 5-8 Dhula Village / Agra /Alipura

Travel to the remote village of Dhula today and get a closer look at rural Rajasthani life on a cycling excursion, then chill out by the campfire under a starry sky. On Day 6, stop by the Abhaneri stepwells on your way to Agra, home of the iconic Taj Mahal. See this

magnificent building for yourself on Day 7 as well as the Agra Fort and itimad-ud-Daulah, also known as Baby Taj, then travel to Alipura by train Day 8 and stay in a heritage property. (B, D)

## DAYS 9-15 Alipura /Khajuraho / Orchha / Varanasi / Delhi

On Day 9, get a taste for erotic art as you explore the famous statues of the Kama Sutra in Khajuraho. Travel to rural Orchha and experience a Puja ceremony, then board the overnight train to Varanasi, the oldest continually inhabited city in Asia. Stroll around and see the ghats from the holy River Ganges on sunset and sunrise boat trips. Back in Delhi, your trip ends on Day 15.

Tour Code: GAAHEH



### ACCOMMODATION

Hotels [11 nts], tented camp [2 nts], sleeper train (1 nt)



### INCLUDED MEALS

1 breakfast, 1 dinner



### TRANSPORT

Train, local bus, private vehicle, auto\* rickshaw, camel cart, plane, riverboat

TRIP STYLE: Classic

AGE GROUP: Min 12

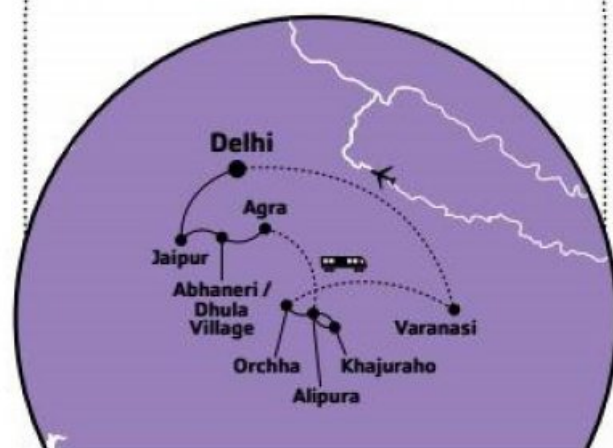
GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 1 S, Avg 1 2

INCLUDED ACTIVITIES: G for Good Women on Wheels & Delhi city walk, Rajasthani rural village stay, cycling excursion, visits to Abhaneri stepwell 5 Orchha Palace, entry to Taj Mahal, Baby Taj, Agra Fort & Western Temple complex, two Ganges River boat trips., candle ceremony

DEPARTS: Selected Fridays and Sundays

MY OWN ROOM: Fr £399



## LIKE THAT? TRY THIS—

India Encompassed  
28 days [GAAHEH]

Fr £1,799

# RAJASTHAN ADVENTURE

PRICE  
FR £949

DURATION  
15 DAYS

ROUTE  
| DELHI - DELHI



## DAYS 1 -5 Delhi / Jodhpur / Udaipur

Transfer from the airport to Delhi with the G for Good Women on Wheels project, working with disadvantaged women from resource-poor urban areas across India. Take Day 2 to tour Old Delhi, Jama Masjid: and Connaught Place courtesy of the New Delhi Street Kids Project before hopping on the night train to Jodhpur. Wind through ancient markets and see the towering Meherangarh Fort, then head to Udaipur for a cultural show and visit the City Palace.

## DAYS 6-12 Jojwar/Pushkar /Jaipur/ Ranthambore National Park

Your destination for Day 6, the village of Jojwar, represents rural Rajasthan at its best. From here it's on

to Pushkar - a city so sacred that no meat, alcohol or eggs are allowed. Climb to the hilltop Savitri Temple at sunrise, then continue to Jaipur where you'll visit the historic Amber Fort and Hawa Mahal. Get into the wild on a trip to Ranthambore National Park and increase your chances of seeing a tiger on an included safari! [2B, 3D]

## DAYS 13-15 Agra /Delhi

Visit the ancient stepwells in Abhaneri en route to Agra. Wake up early for sunrise at the magnificent Taj Mahal and hop onto one of the cycle rickshaws to visit the Red Fort. Travelling back to Delhi on Day 14, why not opt for a little sightseeing or browse the bazaar filled with food carts and spice stalls? Your tour ends on Day 15. (0)

Tour Code: GAAHRA



### ACCOMMODATION

Hotels (13 nts), sleeper train (1 nt)



### INCLUDED MEALS

3 breakfasts, 3 dinners



### TRANSPORT

Train, metro, private vehicle, cycle\* rickshaw, auto\*rickshaw, camel

TRIP STYLE: Classic

AGE GROUP: Min 12

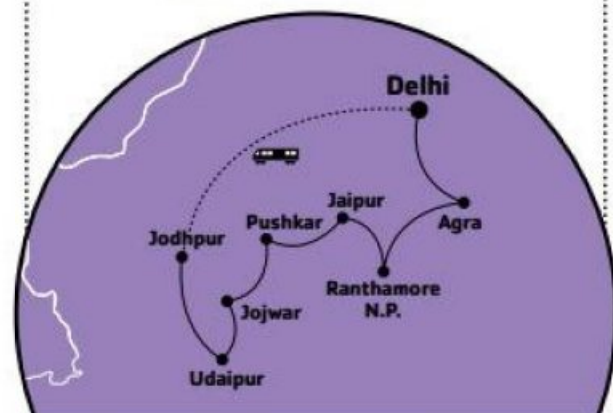
GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 15, Avg 12

INCLUDED ACTIVITIES: G for Good Women on Wheels S Delhi city walk, Udaipur orientation walk, Bagore-ki-Haveli cultural show, camel ride. Amber Fort tour, safari in Ranthambore N.P., entry to Taj Mahal and Agra Fort, visits to Meherangarh and Ranthambore Forts, Savitri Temple & Abhaneri stepwell

DEPARTS: Sunda fs

MY OWN ROOM: Fr £429



## LIKE THAT? TRY THIS...

Rajasthan and Varanasi: Trains & the Taj  
20 days [6AAHRH]  
See page 226

Fr£699



## GOLDEN TRIANGLE

PRICE  
FR £549

DURATION  
8 DAYS

ROUTE  
DELHI - DELHI



### DAYS 1-2 Delhi /Agra

Touch down in Delhi with an included airport transfer from the G for Good Women on Wheels project. Diving into the heart of India's capital on Day 2, see Old Delhi on a tour led by a young adult taking part in the G for Good New Delhi Street Kids project. Visit the Famous Jama Masjid (Great Mosque) and climb its minaret for a bird's-eye view, then head to Agra that evening.

### DAYS 3-4 Agra / Dhuia Village

Visit the magnificent Taj Mahal at sunrise to see this iconic site in its full glory, also visiting the Red Fort and Baby Taj. Stop at Fatehpur Sikri, the now-deserted former capital of the Mughals, en route to Dhuia Village where you'll catch a glimpse of local life on a bike excursion. Tonight, chill out by the campfire under the stars.

### DAYS 5-6 Jaipur

Depart early morning to Jaipur, the capital of Rajasthan. See the gorgeous colourful window panes of the Hawa Mahal, also known as the Palace of the Winds, and visit the Amber Fort^ famous for its mixture of Hindu and Muslim architecture. Both stops make great picture ops, so have your camera at the ready. There's also an optional chance to see a Bollywood movie at the fabulously designed cinema at Raj Mandir.

### DAYS 7-8 Delhi

Return to Delhi and float around with free time to explore this massive Indian metropolis. Bid your farewells; the adventure wraps up any time on Day 8.

Tour Code: GAAHGT



ACCOMMODATION

Hotels (E nts), tented camp (1 nt)



INCLUDED MEALS

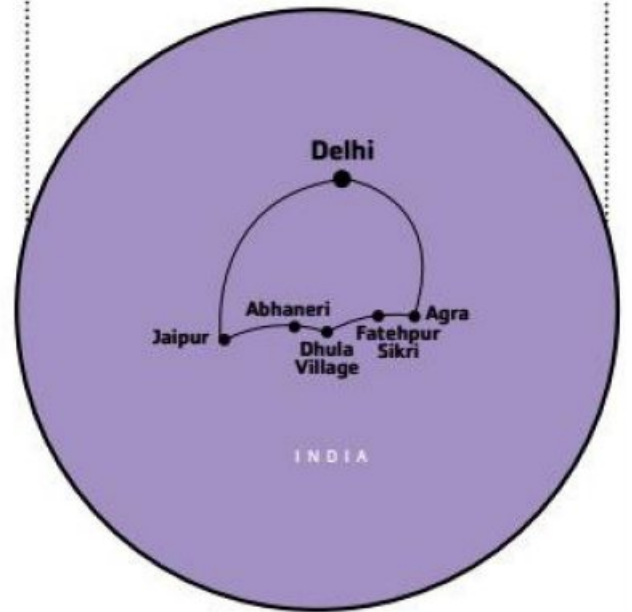
Not included



TRANSPORT

Private vehicle, taxis, auto-rickshaw, cycle-rickshaw

 G Adventures



## NORTH INDIA HIGHLIGHTS

PRICE  
FR £839

DURATION  
8 DAYS

ROUTE  
DELHI - DELHI



### DAYS 1-3 Delhi/Agra

Arrive at any time with an included arrival transfer by Women in Wheels project - a G for Good initiative providing training to help local women to become professional drivers. Next morning, enjoy a youth-led walk through Delhi as part of the G For Good City Walk project. Later, explore Old Delhi before driving to Agra. Day 9, visit highlights such as the Taj Mahal, the 'Baby Taj' and the Agra Fort. (2B)

### DAYS 4-5 Jaipur

Drive to Jaipur on Day 4, calling by the deserted Mughal city of Fatehpur Sikri and the village of Abhaneri, home to one of India's largest stepwells (tank gardens). On Day 5, see the sights of the 'Pink City' including Amber Fort and the Hawa Mahal (Palace of the Winds). Later,

listen to a local historian talk about the country's social fabric and customs. (2B)

### DAYS 6-8 Sawarda /Delhi

Step back in time on Day 6 as you make your way to the traditional rural village of Sawarda. A world away from the noise and rickshaw jams of big cities, this is an opportunity to enjoy a slice of tranquility. Meet locals to learn about how urbanisation affects village life, as well as simple village customs and traditions. Join a local family in a Hindu prayer session before bedding down in a village heritage home. On Day 7, start weaving your way back to the hustle and bustle of Delhi, opting to join your CEO For a group dinner and departing at any time the next day. (3B, D)

Tour Code: GAAHING



ACCOMMODATION

Hotels (6 nts), heritage hotel (1 nt)



INCLUDED MEALS

7 breakfasts, 1 dinner



TRANSPORT

Van, bus, auto-rickshaw, cycle-rickshaw

TRIP STYLE: National **Geographic Journeys**

AGE GROUP: **Min 12**

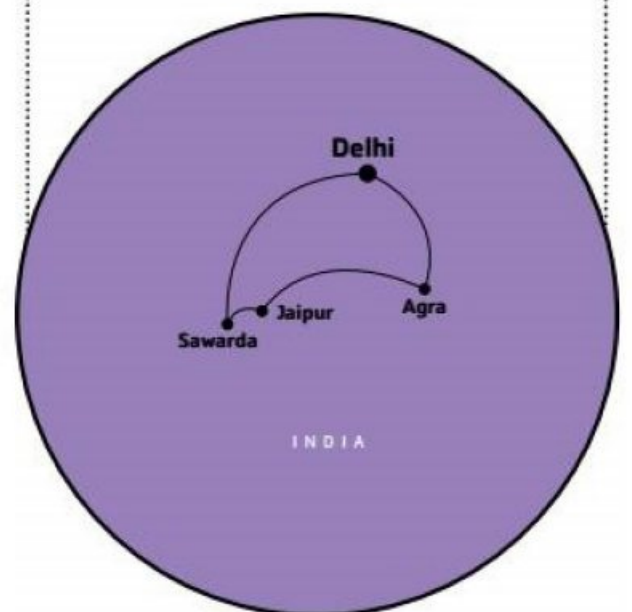
GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: **Max 16, Avg 10**

INCLUDED ACTIVITIES: G for Good's Women on Wheels transfer & Delhi city walk, meet a local historian in Jaipur, local village immersion in Sawarda, visits to the Taj Mahal, Baby Taj and Agra Fort, excursion to Fatehpur Sikri and the Adhaneri stepwells

DEPARTS: Sundays

MY OWN ROOM: Fr£559





# ONE LIFE INDIA

PRICE  
FR £835

DURATION  
14 DAYS

ROUTE  
DELHI - DELHI



SMALL GROUP ADVENTURE

## DAYS 1-4 Delhi / Varanasi / Agra

New Delhi, an urban district of India's capital, is your first port of call. Explore at your leisure before meeting the group in the evening, then set off on a guided tour the next morning. Board the overnight train to Varanasi and take Day 3 to get to know one of the holiest (and oldest) cities in the world. Evoke your spirituality with a sunset cruise along the River Ganges and observe the Brahmin Ceremony, then fly to Agra on Day 4 where you'll see the iconic Taj Mahal in all its shining glory. (3B, 3D)

## DAYS 5-6 Jaipur

Complete your visit to the Golden Triangle with a visit to Jaipur. Bed down in traditional accommodation in the Old Town, enjoy the glitz of a Bollywood movie, meet local market traders and tuk tuk it to the Monkey Temple. (2B)

## DAYS 7-10 Pushkar/Jodhpur

Pushkar is a bit of a backpacker's paradise with its flourishing markets and rolling landscapes. Come night, you'll also be sleeping in the desert under shimmering skies. After a camel safari and the chance to cook with local villagers, end up in Jodhpur. Here, you can take your pick of the nifty optionals; rooftop yoga or a zipline over Mehrangarh Fort, anyone? (4B, 2D)

## DAYS 11-14 Udaipur / Delhi

The next two nights are spent in stunning Udaipur, with lakes and palaces to impress the masses. After a bike tour, a local village visit and some free time, head back to Delhi For a Foodie tour and even a stroll through Wedding Street - an alley flowing with Indian wedding gear! (3B, D)

Tour Code: DELONE



### ACCOMMODATION

Twin/double hotels (8 nts), overnight train (2 nts), multi-share home stay with en suite (1 nt), desert camp (2 nts)



### INCLUDED MEALS

12 breakfasts, 6 dinners



### TRANSPORT

Private vehicle, train, plane

GROUP LEADER: Western One Life group leader, local guides

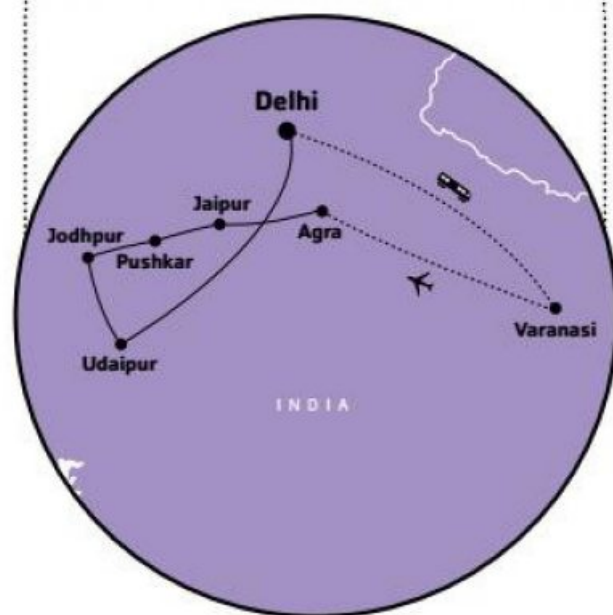
GROUP SIZE: Min 6, Max 22

INCLUDED ACTIVITIES: City tours in Delhi and Jodhpur, Varanasi Heritage guided walk. Sunset Cruise on the Ganges, Ganga Arti Fire Ceremony, Taj Mahal entry Jaipur Market tour, camel desert safari, interactive cooking demo, Mehrangarh Fort, Udaipur boat cruise, bike ride and village walk, guided Delhi food tour

DEPARTURES 2020:

Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
22	09	15	01	06	10	15	02	04	09	06
	26		19	24	28	15	09	11	16	18
							16	20	25	23
								27	29	

Additional dates are available. Please ask For details.



# INDIA UNCOVERED

PRICE  
FR £950

DURATION  
10 DAYS

ROUTE  
DELHI - KERALA



SMALL GROUP ADVENTURE

## DAYS 1-3 Delhi/Agra

There's a whole load of exciting times waiting for you as you touch down in the whizzing city of Delhi. Delving in with an optional welcome Feast, Day 2 will see you wind through India's capital on a walking tour with Salaam Balak Trust - a non-profit organisation supporting local street children. Get hands on with a cooking class then travel to Agra, home of the Taj Mahal, the next day. [3B]

## DAYS 4-5 Agra

An early start on Day 4 gets you Insta-worthy views of the Taj Mahal, watching the sun rise over one of the New Seven Wonders of the World. Indulge in a buffet lunch at a palace, then it's time to see Ranthambore National Park. Day 5 is spent spotting tigers, crocodiles and monkeys on safari. (2B, L)

## DAYS 6-10 Jaipur / Kerala

Pack up your explorer's hat, it's time to leave the wild behind For Rajasthan's largest city, Jaipur. Painted in hues of stunning pink, tour the Pink City's main attractions such as Hawa Mahal and Jaipur City Palace aFter an evening of Bollywood dance. Fly to Kerala on Day 6 and get into an R&R state of mind by the beaches of this tropical coast, with a peaceful day all to yourself. And, of course, no quintessential Kerala experience is complete without hopping onto a traditional thatched houseboat. Explore the backwaters, cruise past dense vegetation, then get ready to pack your things up, because your tour sadly comes to an end on Day 10. (5B, L)

Tour Code: TTUAHIU



### ACCOMMODATION

Twin/double hotel [5 nts]



### INCLUDED MEALS

1 D breakfasts, 2 lunches



### TRANSPORT

Private vehicle, 4WD, plane

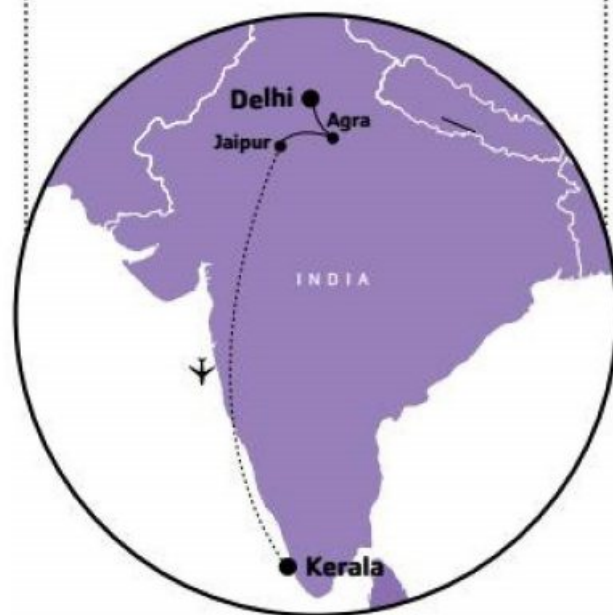
AGE GROUP: Min 18

GROUP LEADER: Group Leader

GROUP SIZE: Min 2, Max 18

INCLUDED ACTIVITIES: Airport pickup, New Delhi walking tour, cooking class in Delhi, Taj Mahal entry, lunch in a palace in Agra, safari at Ranthambore National Park, Bollywood dance class and Pink Palace tour in Jaipur, 4WD to the fort in Jaipur

DEPARTS: Selected Sundays





## INDIA

**PRICE**  
**FR £799**

**DURATION**  
**15 DAYS**

**ROUTE  
DELHI - GOA**

**TRIP STYLE:** Ifi-to Th irtysome things

AGE GROUP: Exclusively for 18-39s

GROUP LEADER: Chief Experience Officer  
(CEO), local guides

GROUP SIZE: Max 18, Avg | 12

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar
04	01	02	03	02	06	04	08	05	04	02	05	02	01	01
05	03	07	04	09	13	11	15	06	05	08	07	04	06	06
06	08	13	06	23	20	18	17	12	10	09	13	10	08	08
13	10	14	10	30	27	25	22	14	12	15	14	11	13	13
19	15	20	17				24	19	17	21	20	16	15	15
20	17	28	24				31	26	24	23	21	18	20	21
26	28	30	25					27	25	28	28	25	27	29

Additional dates are available. Please ask for details.

MY OWN ROOM: Fr £349

- Guided tour of the Taj Mahal & Amber Fort
- Orientation walks in Jaipur, Pushkar, Udaipur & Mumbai
- Gandhi Ashram visit
- Village walk in rural Tordi Sagar
- Sunrise at Savitri temple



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our latest EXCLUSIVE DEALS**

## LIKE THAT? TRY THIS

## Extend your trip

**North to South India: Colours & Curry**  
**[21 days, Delhi - Kochi]**  
**(GAAHDC)** **Fr £1**

## Customise your trip

## Jaipur Balloon Ride

**Take off at dawn and see the sunrise over Jaipur's forts and palaces.** Fr

Fr £ 1 97

## HIGHLIGHTS



**TORDI  
SAGAR**

SEE the local potters and cobblers  
at work in a rural desert village.



## GOA BEACHES

Top up your tan by day and chow  
down fresh seaFoDd by EVE.



**GANDHI  
ASHRAM**

Visit the peaceful spot that was once residence of Gandhi himself.

**DAYS 1-4 Delhi/Agra/Jaipur**

Slightly chaotic but exceptionally invigorating, Delhi will set your imagination running wild in a flurry of colour and commotion. Explore both Old and New Delhi, taking in the Grand Masque and Connaught Place, before meeting your group in the evening. The next day, travel to the city of Agra. No visit to India is complete without a trip to see the Taj Mahal, an icon of Mughal architecture. Ride a cycle rickshaw to visit the Lal Qila or Agra Fort; the Taj Mahal's less famous but no less impressive sister monument. Day 3, take a bus to the capital of Rajasthan, Jaipur. Clothed in pink stucco, wide-avenued Jaipur is one of the most important heritage cities in India. Opt to take a sunrise hot-air balloon ride (seasonal) then, the following day<sup>^</sup> enjoy a guided tour of the cliff-top palace at Amber Fort. Alternatively, opt to watch a glitzy Bollywood film.

**DAYS 5-7 Tordi Sagar / Pushkar**

Dive into rural life and visit potters, cobblers and markets, opting to safari through the dunes at sunset or hike up the hills. There's also a chance to learn about henna painting and get a snazzy tattoo from local women. Before leaving Tordi Sagar, enjoy a lunch prepared by traditional methods at a village hamlet. Approach Pushkar, the site of the world's only temple to the Hindu god of creation [Brahma] and, on Day 7, climb the hilltop Savitri Temple to watch the sun rise over this holy place. With a little free time on your hands, choose to relax with a traditional yoga session or indulge in some bargain hunting. The evening serves up an optional traditional dinner in the desert cooked by cameleers, including local entertainment. (B, L, D)

**DAYS 3-15** Udaipur / Mumbai / Goa

Continue to Udaipur, famous worldwide for its lakes and Raj-era palaces. The most famous is the Lake Palace, where white marble buildings entirely cover a small island in Picholia Lake - you can enjoy an optional visit here. Day 11, take a local bus to Ahmedabad and explore the famous Gandhi Ashram at Sabarmati, then catch an overnight train to Mumbai. Check out the 'Gateway to India' on an orientation walk then opt for a taxi tour around town. Alternatively, visit Elephant Island or see where *Slumdog Millionaire* was filmed. In the evening, visit one of Mumbai's top-notch restaurants before hopping on a short flight to the beach paradise of Goa the next day. Relax beachside or wander around UNESCO-listed Old Goa. The local cuisine is recognised throughout the world for its fiery punch and strong Portuguese influences. Be sure to gorge yourself silly on the stuff before wrapping up on Day 15.

**Tour Code: GAAHUH**



## ACCOMMODATION

Simple twin-share hotels or  
guesthouse (13 nts).  
overnight train (1 nt)



### INCLUDED MEALS

1 breakfast, 1 lunch,  
1 dinner



## TRANSPORT

Train, local bus, jeEp, rickshaw, tuk  
tuk, taxi, plane









## BEST OF SOUTHERN INDIA

<b>PRICE</b> FR £849	<b>DURATION</b> 14 DAYS	<b>ROUTE</b> KOCHI - KOCHI
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**FREE DISCOUNT CARD**  
ISIC IYTC ITC  
DISCOUNT RULES APPLY. SEE PAGE 51

**SMALL GROUP ADVENTURE 'X'**

### DAYS 1-4 Kochi Wayanad (Kalpetta)

Begin in colourful Cochin, where churches, mosques and synagogues bear witness to the city's chequered history as a spice trading centre. Stroll the streets and see a typical Kathakali dance show, then head to Kozhikode, followed by a drive to Kerala's lush Wayanad region. Enjoy a nature trail at a wildlife sanctuary, meet locals and visit the Eddakal pre-historic caves.

### DAYS 5-8 Mysore / Mamallapuram

Settle in for the drive to the ancient city of Mysore and explore with visits to Chamundi Temple and Mysore Palace before opting for a yoga class. On Day 7, it's a full day of train travel to Chennai and a short bus ride to Mamallapuram. Here, visits include the 8th-century Shore Temple.

### DAYS 9-11 Pondicherry / Madurai

Day 9, continue to the former French territory of Pondicherry. Stroll the boulevards of the French Quarter and learn about Sri Aurobindo Ghose at the ashram, then it's off to Madurai to enjoy a cycle-rickshaw tour of the town and the Sri Meenakshi temple complex.

### DAYS 12-14 Thekkady/Alleppey / Kochi

Drive to Thekkady for a tour of the spice plantations in the aptly named Cardamom Hills. On Day 13, travel to Alleppey to board a boat along the backwaters to an authentic village home stay. Travel: back to Cochin where the tour ends in the afternoon of Day 14. (B, L, 2D)

**Tour Code: GAAHBS**



#### ACCOMMODATION

Hotels (12 nts),  
multi-share homestay (1 nt)



#### INCLUDED MEALS

1 breakfast, 1 lunch,  
2 dinners



#### TRANSPORT

Train, private vehicle, cycle-rickshaw,  
auto-rickshaw, Ferry

**TRIP STYLE:** Classic

**GROUP LEADER:** Chief Experience Officer (CEO), local guides

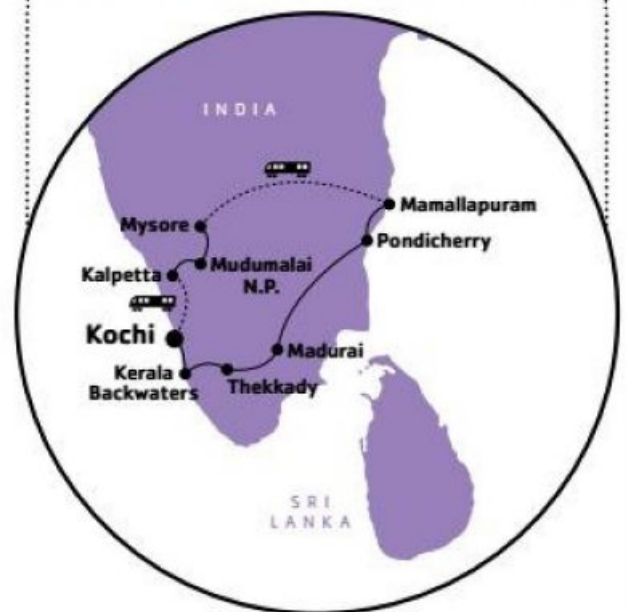
**GROUP SIZE:** Max 15, Avg 12

**INCLUDED ACTIVITIES:** Kerala backwaters homestay, Kathakali dance show, Wayanad Wildlife Sanctuary safari, Madurai cycle-rickshaw ride, Cardamom Hills spice plantation tour, Fort Kochi Pondicherry orientation walks, visits to Chaumyandi Temple, Mysore Palace, Mamallapuram Shore Temple & Sri Meenakshi Temple

**DEPARTS:** Sun & selected Fri (Jan-Feb, Oct-Jan21, Mar21), Sun (Mar), selected Sun and Fri (Apr-Sep, Feb21)

**MY OWN ROOM:** Fr£479

### (\$ G Adventures



## KERALA: BEACHES & BACKWATERS

<b>PRICE</b> FR £479	<b>DURATION</b> 7 DAYS	<b>ROUTE</b> KOCHI - KOCHI
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**FREE DISCOUNT CARD**  
ISIC IYTC ITC  
DISCOUNT RULES APPLY. SEE PAGE 51

**SMALL GROUP ADVENTURE (18-39s)**

### DAYS 1-2 Kochi/Alleppey

As soon as you touch down, the day is yours to explore. There's plenty to do in Kochi, a seaside Indian city with Portuguese and Dutch influence. Wander to the impressive fort or watch the sun set as Fishermen pull up their traditional Chinese nets. On Day 2, visit Fort Kochi and St Francis Church with your new travel group, then make for Alleppey, a golden streak of land woven with rivers, lakes, lagoons and canals. Experience local life with a homestay and a stroll along the lagoon. (L, D)

### DAYS Kollam

Kollam is the southern gateway to the Keralan backwaters. Hop aboard a half-day boat cruise here to see its unique ecosystem. Later, stroll the city's commercial centre with plenty of colonial history. (B, L)

### DAYS 4-5 Varkala

Visit the famous Neendakara Fishing Harbour before travelling to Varkala, a town known for its yoga, massage centres and awesome beaches. The sandy shores are quiet - perfect for relaxing - and you'll have time for both an Ayurvedic massage and a visit to the Varkala Temple.

### DAYS 6-7 Kochi

Make your way back to Kochi, where there's free time to check out the Jewish Quarter and the spice market, or take in a Kathakali - a show of local martial arts. The tour ends in Kochi at any time on Day 7 and you are free to continue exploring this fascinating pocket of India or continue your onwards travel plans.

**Tour Code: GAAHfi**



#### ACCOMMODATION

Twin-share hotels or hostels (5 nts),  
homestay (1 nt)



#### INCLUDED MEALS

1 breakfast, 2 lunches,  
1 dinner



#### TRANSPORT

Bus, boat, taxi, tuk tuk

**TRIP STYLE:** 18-to-Thirtysome things

**AGE GROUP:** Exclusively for 18-39s

**GROUP LEADER:** Chief Experience Officer (CEO), local guides

**GROUP SIZE:** Max: 18, Avg 12

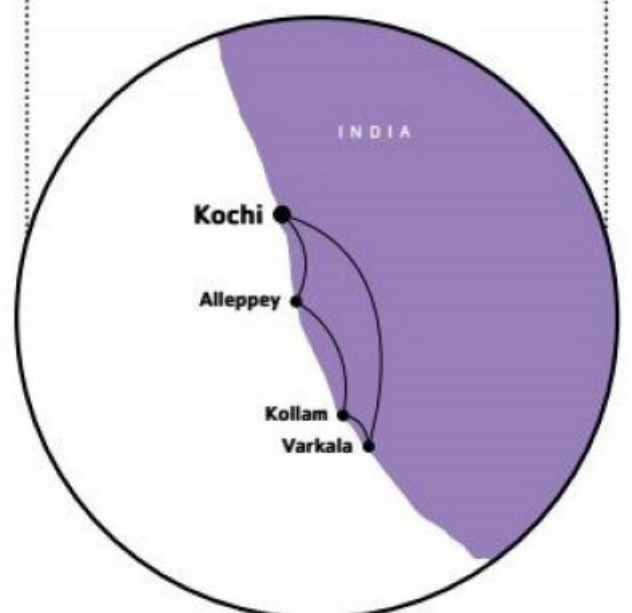
**INCLUDED ACTIVITIES:** Alleppey homestay, orientation walks in Alleppey, Kollam & Fort Kochi, Kerala boat tour, morning ferry cruise on Alleppey's backwaters

**DEPARTS:** Selected Mondays

**MY OWN ROOM:** Fr£178

### G Adventures

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our latest **EXCLUSIVE DEALS**





# SAFARI, TAJ & TEA

OVERLAND GROUP ADVENTURE

PRICE (PLUS LOCAL KITTY)  
FR £4,620

DURATION  
82 DAYS

ROUTE  
KATHMANDU - KATHMANDU

INDIA



## NEED TO KNOWS

TRIP STYLE: Overland Group Adventure

AGE GROUP: Min 18

GROUP LEADER: 2 crew, local guides

GROUP SIZE: Max 22, Avg 16

DEPARTURES 2D2D/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
12	02							20	11	01	27	31		

LOCAL KITTY: Approx. USD \$2,850

## INCLUDED ACTIVITIES

- 4WD safari of Chitwan N.P.
- Cruise the River Ganges in Varanasi
- Guided tour of temples in Khajuraho
- Walking tour of Old Delhi
- See holy rats in the Kami Mata temple
- Camel safari in Thar Desert
- Visit the tomb of Hoshang Shah, the Jahaz Mahal, rock caves of Ajanta and rock-cut temples of Ellora
- See the lost kingdom of Vijayanagar
- Neolithic petroglyphs at Edakkal caves
- Indian dance performance, Kathakali
- Cycle-rickshaw, Temple of Konark and bike ride around Puri
- Karmi Farm charity project
- Trek the foothills of Darjeeling
- Entries and visits as per itinerary

## HIGHLIGHTS



### CHITWAN N.P. SAFARI

Is that a fat unicorn we see in the bushes? No, it's just an Indian rhino.



### ANCIENT EROTIC TEMPLES OF KHAJURAHO

But seriously... how do you even get into that position?!



### ODISHA TRIBAL REGION

Mingle with the locals, browse the markets and bathe in hot springs.

**DAYS 1-44 Kathmandu / Chitwan National Park / Gorokphur / Varanasi / Khajuraho / Agra / Fatehpur Sikri / Jaipur / Delhi / Bikaner / Jaisalmer / Jodhpur / Udaipur / Mandu / Ellora / Mumbai / Goa / Hampi / Mysore / Wayanad / Kochi**

Start your adventure in Kathmandu, followed by wildlife-rich Chitwan National Park. On Day 4, cross from Nepal into India, arriving at Gorokphur. Float along the River Ganges, then set off for the iconic Taj Mahal in Agra, and Jaipur's palaces. Inhale the goodness with a stroll through Old Delhi's colourful spice markets. Reach Jaisalmer and hop on a camel safari into the Thar Desert, which is where you'll camp out under the stars before a homestay in Jodhpur with the Sambhali Trust charity. Stop in the City of Lakes, Udaipur, then head off for some camping, uncovering hilltop forts and temple caves. Slip on your dancing shoes next, because it's time for the Bollywood bustle of Mumbai. Carry on to the golden sands of Goa, then see Hampi and the palatial city of Mysore. Go up the hills for some exhilarating hiking, waterfall paddling and caving, then keep travelling south to the historic streets of Fort Kochi.

**DAYS 45-71 Alleppey / Varkala / Kanyakumari / Madurai / Pondicherry / Mahabalipuram / Chennai / Tirupati / Vijayawada / Visakhapatnam / Odisha Tribal Area / Puri / Kolkata / Siliguri / Darjeeling**

Houseboat cruise the Kerala backwaters then head to Varkala for three nights of beachside bliss. Make for the southernmost point of India before driving north via lengths of colonial towns and ancient pagodas. The roadtrip continues through to the longest urban beach in the world in Chennai for some more sun 'n' sand. Journey overland via temple towns and reach Andhra Pradesh for overnight stays in local hotels around the state. Spend four days mingling with the indigenous people, bargain-buying at local markets and visiting tribal villages, before heading for Puri's lakes, lagoons and temples. Next up is Kolkata, then an overnight train to the tea region of Darjeeling.

**DAYS 72-82 Karmi Farm / Gangtok / Koshi Tappu Wildlife Reserve / Bhaktapur / Khatauti Khola / Kathmandu**

After Karmi Farm, head to the hills of Gangtok to see majestic monasteries. Track back into the Himalayan foothills, through the Koshi Tappu Wildlife Reserve and reach final stop Kathmandu, where your tour ends.

Tour Code: DRWHT



### ACCOMMODATION

Hotels, guesthouses and homestays (90%), campsites and wild camping (10%)



### INCLUDED MEALS

All meals while camping, most breakfasts at hotels and homestays



### TRANSPORT

Overland truck, 4WD, private bus, tuk tuk, boat, canoe, camel, train

## LIKE THAT? TRY THIS-

### Shorten your trip

**Wilds of Orissa 8. Kolkata**  
(14 days, Chennai - Kolkata)  
(DRZCA) Fr £900 (plus local kitty)

**Northern India & Nepal**  
(24 days, Kathmandu - Delhi)  
(DRWND) Fr £1,405 (plus local kitty)





## KATHMANDU TO DELHI

PRICE (PLUS LOCAL KITTY) DURATION ROUTE  
FR £970 116 DAYS 1 KATHMANDU - DELHI



OVERLAND GROUP ADVENTURE

The ideal trip for any Indian sub-continent first-timer keen to see the most popular sights. It starts in Kathmandu and travels through the foothills of the Himalayas towards Chitwan National Park, a heartthrob on the national park scene. But it really hits its stride once it crosses the border. The chaos of Varanasi may be a shock to the system after the serenity of Chitwan's Narayani River, but you'll soon fall under its spell. After that, there's the history and culture of the Moghul heartlands around Agra, Fatehpur Sikri and Delhi as well as the wow of Jaipur's jewelled skyline.

### INCLUSIONS

Departs: 12Jan20, 22Feb20, 20Sep20, 1 Oct20, 11Nov20, 27Dec20, 17Jan20, 31 Jan20 Accommodation: Hotels (80%), camping (20%) Transport: Overland truck, 4WD, private bus, tuk tuk, boat Meals: All meals while camping, most breakfasts at hotels Local Payment (Kitty): Approx USD \$550 Tour Code: DRWHI

## KATHMANDU TO MUMBAI

PRICE (PLUS LOCAL KITTY) DURATION ROUTE  
FR £1,810 31 DAYS KATHMANDU - MUMBAI



OVERLAND GROUP ADVENTURE

India and Nepal make light work of a month-long itinerary. Nepal's up first, with a stay at Chitwan National Park - a haven for tigers, one-horned rhino and one of the world's rarest crocs. Crossing the border and India delivers exactly as you'd expect, laden with temples, holy rivers and incredible architecture. Take a boat trip down the Ganges, call by the Taj Mahal, visit the palaces of Jaipur, go wild camping and take a camel safari in the desert. The trip also includes a visit to the Sambhali Trust, a charitable project that works for the empowerment of women and girls in Rajasthan.

### INCLUSIONS

Departs: 12Jan20, 02Feb20, 20Sep20, 1 Oct20, 01Nov20, 27Dec20, 17Jan20, 31 Jan20 Accommodation: Hotels & homestays (80%), camping (20%) Transport: Overland truck, 4WD, private bus, tuk tuk, boat, camel Meals: All meals while camping, most breakfasts at hotels Local Payment (Kitty): Approx. USD \$1,050 Tour Code: DRWHM

## MUMBAI TO CHENNAI

PRICE (PLUS LOCAL KITTY) DURATION ROUTE  
FR £1,190 24 DAYS 1 MUMBAI - CHENNAI



OVERLAND GROUP ADVENTURE

As far as overland travel in India goes, this one's practically horizontal on the laid-back scale. The beaches of northern and southern Goa team up with those of Vagator further south to allow for plenty of sandy snoozes away from the hectic pace of life on the road. Add to that a homestay amid the cool air and tea plantations of Wayanad and boat trips through the backwaters of Kerala, and you'll get a pretty good picture of what this trip's all about. But the route doesn't bypass the cities altogether [a crime of sorts, we've been told], so get the walking sandals ready to tread the pavements of Mumbai, Mysore and Kochi.

### INCLUSIONS

Departs: 14Jan20, 1 Feb20, 03Mar20, 20Oct20, 10Nov20, 01Dec20, 26Jan20, 16Feb20, 02Mar20 Accommodation: Hotels, guesthouses and homestays (100%) Transport: Overland truck, boat, train Meals: Most breakfasts at hotels and homestays Local Payment (Kitty): Approx. USD \$600 Tour Code: DRSMC

## KOLKATA TO KATHMANDU

PRICE (PLUS LOCAL KITTY) DURATION ROUTE  
FR £980 16 DAYS KOLKATA - KATHMANDU



OVERLAND GROUP ADVENTURE

This trip's all about the chaos, the calm and the charm. The chaos comes first, in fact, it virtually hits you in the face - try crossing the road in Kolkata and you'll understand. After that, the calm takes over with an overnight train northwards to the foothills of the Himalayas and on to Darjeeling. This is where you'll nestle yourself in the hillside, five hours away from the city on a small farm retreat. And then? It's time to crank up the charm. Picture mountains and Buddhist lifestyle in Sikkim, and spectacular drives in prayer-flag waving Nepal.

### INCLUSIONS

Departs: 11Jan20, 19Feb20, 08Apr20, 25Nov20, 16Dec20, 06Jan21, 03Mar21 Accommodation: Hotels & homestays (80%), camping (20%) Transport: Overland truck, 4WD, canoe, train Meals: All meals while camping, most breakfasts at hotels and homestays Local Payment (Kitty): Approx. USD \$540 Tour Code: DRZAK





## WEST COAST INDIA &amp; RAJASTHAN 12 DAYS

FB£849

Delhi Goa

Travel like a local and explore India's enticing western coast. Experience the magical Taj Mahal, visit the colourful Rajasthani streets of Jaipur.

HIGHLIGHT in

G FOR  
GOOD

Your arrival transfer is courtesy of the Women on Wheels initiative.

TAJ  
MAHAL

The beauty queen of the architectural world.

UDAIPUR  
CITY

Explore Rajasthan's most romantic city.

## DAYS 1-2 Delhi/Agra

Arrive into Delhi at any time and: enjoy a guided visit to the G for Good Women on Wheels project, a programme that trains women - often marginalised and underserved in India - to obtain their driving license and become certified chauffeurs, both to help them become financially independent and to provide safe transport for women in general. On Day 2, board the Shatahdi Express train to Agra, fuelling up for the day's events with breakfast on board. Take a guided tour of the Taj Mahal and Agra Fort and, time permitting, visit the so-called Baby Taj. (B)

## DAYS Days 3-4 Agra / Jaipur

Chill out in Agra on Day 3 and do as you please. That evening, hop aboard the express train to the great Pink City of Jaipur. The next day, dive straight in with a guided orientation walk around town. Visit the Hawa Mahal [also known as the Palace of the Winds], discover the stories of kings and emperors at the Amber Fort and opt to pay a visit to the City Palace.

## DAYS 5-6 Udaipur

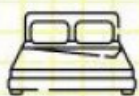
On arrival to the romantic city of Udaipur, enjoy some free time to get your bearings. On Day 6, you'll enjoy an orientation walk around the Jagdish Temple and City Palace, one of the largest royal palaces in India. That evening, make sure you pay a visit to one of the city's famous rooftop restaurants. The views from the top of the famous Lake Palace are pretty Instagram-worthy!

## DAYS 7-8 Bundi

Take a train to Bundi on Day 7 and explore the forts, palaces and stepwell reservoirs (also known as baoris) on arrival. Few places in Rajasthan retain so much of the magical atmosphere of centuries past. Continue to explore on Day 8 then enjoy a tasty dinner on your night train to Mumbai's mad metropolis, a city which almost 20 million people call home. (□)

## DAYS 9-12 Mumbai/Goa

Today, plunge straight into Mumbai. Take a walking tour of the Colaba area and grab a photo at the iconic Gateway of India. On Day 11, catch a flight to the palm-fringed beaches of Goa, where you'll finish your tour. Pearly sands, aqua seas, historic monuments, relaxed beach bars and colourful Portuguese architecture await!



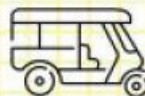
ACCOMMODATION

Hotels/guesthouses [1D nts],  
sleeper train (1 nt)



INCLUDED MEALS

1 breakfast, 1 dinner



TRANSPORT

Trains (seats/beds),  
private vans, plane

## NEED TO KNOWS

TRIP STYLE: Rail

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 15, Avg 12

DEPARTS: Selected Saturdays and occasional Tuesdays

MY OWN ROOM: Fr £369

## INCLUDED ACTIVITIES

- G for Good Women on Wheels transfer
- Taj Mahal & Agra Fort visit
- Orientation walks in Jaipur Sc Udaipur
- Hawa Mahal visit
- Amber Fort visit
- Jagdish Temple & City Palace visit
- Rajasthani cultural show
- Bundi Fort & stepwells visit
- Colaba walking tour
- Gateway of India visit

COMBINE THESE  
RAIL JOURNEYS

NORTHERN INDIA &amp; RAJASTHAN TO GOA

20 days GAAHRR FR£1,399

DELHI TO KOCHI

21 days GAAHLR FR£1,449

KOLKATA TO GOA

24 days GAAHGR FR£1,749

KOLKATA TO KOCHI

33 days GAAHHR FR£2,349

ULTIMATE INDIA

46 days GAAHFR FR£3,299

INDIAN ODYSSEY

54 days GAAHIR FR£3,899



# PURE SRI LANKA

EXCLUSIVELY FOR 1B-3Ss

PRICE  
FR £1,295

DURATION  
10 DAYS

ROUTE  
NEGOMBO - COLOMBO

- WE LOVE -



## NEED TO KNOWS

TRIP STYLE: In-Depth Explorer

AGE GROUP: Exclusively for 18-35s

GROUP LEADER: Trip Manager, local guides

GROUP SIZE: Max 24

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	2021
13	10	00						05	02	07	04	21
27	24	23						19	16	14	11	08
								23	21	25		22
								30	28			22

MY OWN ROOM- Fr £580

## INCLUDED ACTIVITIES

- \* Guided tour of the Temple of the Tooth
- \* Glamping in Udawalawe National Park
- \* Safari in Udawalawe National Park
- \* Visits to a tea plantation^ spice garden & elephant transit home
- \* Contiki Cares Kosgoda Turtle Centre
- \* Kandy train ride
- \* Kandy cultural dance performance

contiki

contiki  
cares

Plawdt^TREADRIGHT

KOSGODA

### TURTLE CONSERVATION CENTRE

The poaching of turtle eggs for resale on the black market is a major problem in Sri Lanka. The team at the Kosgoda are working hard to change this, with the aim of protecting them and increasing hatching rates.



## HIGHLIGHTS



### SPECIAL STAY

Glamp up in Udawalawe N.P. and take early morning nature safaris.



### SAMPLING CEYLON TEA

Sip some of the region's best tea at a local plantation.



### KANDY TRAIN RIDE

Hailed as one of the most scenic train journeys!

### DAYS 1-4 Negombo / Kandy / Ella

Your 10 days of paradise begin in Negombo, a diverse and laid-back town with coastal beaches, local fish markets and a Dutch-style canal system. Head inland to Kandy, the last imperial city of Sri Lanka and home to important Buddhist relics. Go on a guided tour of the Temple of the Tooth before watching a traditional Kandyan folk dance in the evening. Prepare for an explosion of dance and colour! Make your way further into the hills of Sri Lanka by train on Day 3, keeping your eyes peeled out the windows for waterfalls and lush rolling hills before arriving in Nuwara Eliya. This small town is in the heart of Sri Lanka's Ceylon tea industry, so sample a few cuppas at a plantation. Continue on to Ella and explore the town's tea plantations and green hills perched up in the clouds. (3B)

### DAYS 5-8 Udawalawe National Park

Journey south through the jungle to your riverside glamping in Udawalawe National Park. Stop at Udawalawe Elephant Transit Home on the way. Here, orphaned elephants are taken care of before being released back into the wild. Hop in the Jeep on Day 6 and explore the park's wildlife, looking out for the Sri Lankan elephant, water buffalo and colourful native birds. The rest of the afternoon is yours to relax by the swimming pool or hire a bike to go on your own adventure tour of the park. (2 B, L, 2D)

### DAYS 7-8 Unawatuna / Galle / Mirissa

The South West coast of Sri Lanka is famous for its beaches, mangrove forests and picturesque colonial port towns influenced by the Portuguese, the Dutch and the English. In the afternoon, take a trip to the UNESCO-listed Fort city of Galle with its mix of European and South Asian traditional architectural styles. See the Franciscan Chapel, Dutch coat of arms and the British Queen Victoria Jubilee Tower. Mirissa is on the southern tip of the coast, which is the best place to get a glimpse at blue whales and sperm whales. (2B)

### DAYS 9-10 Colombo

Hello Colombo, your final destination and the energetic capital city of Sri Lanka. First though, stop en route to learn about traditional mask painting. Take a sightseeing tour of the city on arrival, visiting temples, mosques, rose-tinted colonial buildings and the chaotic Pettah Bazaar. The bazaar is a great place to pick up a souvenir and some hot cobra chillies if you're game enough. Your tour ends after breakfast on Day 10. (2B)

Tour Code: COSLCO



### ACCOMMODATION

3-4\* twin-share hotels (7 nts),  
glamping (2 nts)



### INCLUDED MEALS

9 breakfasts,  
1 lunch, 2 dinners



### TRANSPORT

Private coach, train



# SRI LANKA ENCOMPASSED

SMALL GROUP ADVENTURE

PRICE  
FR £1,299

DURATION  
14 DAYS

ROUTE  
COLOMBO - MIRISSA

- WE LOVE -

SRI LANKA & THE MALDIVES



## HIGHLIGHTS



### GFOR GOOD

Lunch at the Sthree Café, run by the Women's Development Centre to empower marginalised producers.



### YALA NATIONAL PARK

Take to the wilds on a 4WD safari in search of leopards, elephants and crocodiles.



### SIGIRIYA

Climb the 1,200 steps for one helluva view and a glimpse at the Dambulla cave temple.

### DAYS 1-4 Colombo/Negombo /Sigiriya

Touch down in Colombo and get settled. On Day 2, a guided tour shows you the city before heading north along the coast to the small fishing village of Negombo. With a free afternoon here, kick back and relax on the beach. The next day, watch the fishermen bring in their catch and hop aboard a boat ride on the Dutch Canal. Next stop is the Dambulla Province for a visit of the cave temple and the famous rock fortress of Sigiriya. (3B, LJ)

### DAYS 5-6 Kandy / Digana

Drive through the Knuckles Mountain Range and stop at a spice plantation on the way to Kandy. Lunch is at the G For Good Sthree Craft Shop and Cafe before a guided visit to the famous Temple of the Tooth which houses a dental relic From the Lord Buddha in a golden casket. Finish off the evening with a cultural dance performance. In your free time, opt to visit Kandy's Royal Botanical Gardens, boasting over 300 varieties of beautiful orchids. (2B, L, D)

### DAYS 7-9 Nuwara Eliya / Ella

Take a bright blue train From Kandy to the central highlands and learn about the process of growing tea with a visit to a plantation. This particular one produces some of the finest Ceylon varieties. Next stop is Ella where you trek to the peak of Ella Rock and soak up the scenery. Not tired yet? Hike to Dunhinda Falls near the town of Badulla. (3B, L)

### DAYS 10-11 Yala National Park

Many gorgeous animals prowl Yala National Park where you embark on an included safari experience. Yala is Famous for being one of the best places in the world to see an elusive leopard, so while were not promising anything, you stand a good chance of spotting one... Get it? Besides leopards, sloth bears, elephants, jackals, sambars, crocodiles and over 200 bird species call this park home. Keep your eyes peeled! (2B)

### DAYS 12-14 Mirissa/Galle /Mirissa

Head along Sri Lanka's beautiful southern coast and make for the charming beach town of Mirissa, known the world over for being one of the only places to spot blue whales just offshore. Opt to go whale watching, take a surfing lesson or simply kick back and chill with a coconut in the sun. On Day 13, explore the colonial town of Galle and its magnificent fort. Depart any time on Day 14 in Mirissa. (3B)

Tour Code: GAASSL



### ACCOMMODATION

Hotels (13 nts),  
homestay (1 nt)



### INCLUDED MEALS

13 breakfasts,  
3 lunches, 1 dinner



### TRANSPORT

Private van, boat,  
scenic local train

## NEED TO KNOWS

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer  
(CEO), local guides

GROUP SIZE: Max 15, Avg 12

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
04	01	02	04			06	01	05	03	07	05	02	01	01
06	03	07	06			11	03	07	10	00	07	09	06	06
11	08	09	11			13	08	12	12	14	14	11	08	08
13	10	14	18			18	10	14	17	16	19	16	13	13
18	15	16	20			20	15	19	24	21	21	15	15	15
20	17	23				27	1	21	31	23	26	23	20	20
25	22	28				22	26	28	28	25	22	22	22	22
27	14	30				20	28	30	30	30	27	27	27	29
19														

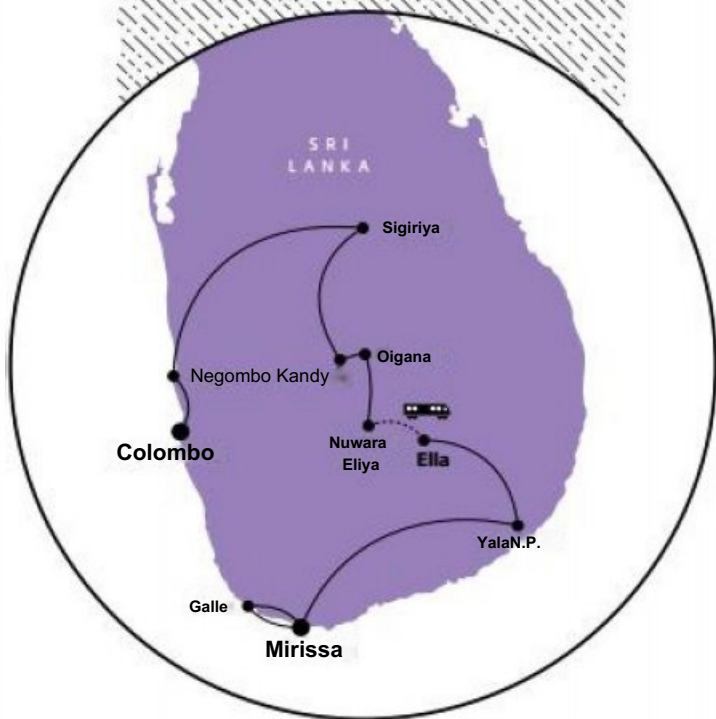
MY OWN ROOM- Fr £ 1,109

## INCLUDED ACTIVITIES

- G for Good lunch at Sthree Cafe
- G for Good homestay, Digana
- Colombo orientation walk
- Tours of Temple of the Tooth, fishing village, Galle Fort and Sigiriya Rock Fortress
- Dutch canal boat ride
- Trek to Ella Rock
- Yala National Park safari
- Visits to Oambulla Cave Temple, spice plantation and tea factory



G Adventures





# SRI LANKA: SPICE GARDENS & SEASIDES

—S M A I L G R O U P A D V E N T U R E (1 8 3 3 9 9)—

PRICE  
FR £799

DURATION  
12 DAYS

ROUTE  
NEGOMBO - HIKKADUWA

SRI LANKA & THE MALDIVES



## HIGHLIGHTS



### LOCAL FOOD

Stop at villages and sample a variety of Sri Lankan Flavours.



### HIKKADUWA BEACHES

Get your tan on or go surfing - the choice is all yours.



### KANDY'S ROYAL BOTANICAL GARDENS

Hundreds of bird species call this their flowery home.

#### DAYS 1-3 Negombo / Sigiriya

Arrive at the charming Dutch-era city of Negombo and get yourself settled in. The next day, transfer to the ancient city of Anuradhapura, stopping at a village along the way for a lunch pit-stop and a chance to meet the locals. In your spare time, we recommend a visit to the Sigiriya Fortress, Polonnaruwa Temple or Dambulla Caves. If you're looking to go further afield; Wilpattu National Park is a good bet. It's less touristy than Yala National Park to the south and offers the chance to spot buffalo, sloth bears and even leopards (if you're lucky).

#### DAYS 4-6 Kandy / Digana / Nuwara Eliya

On the way to Kandy, sniff out the province's richest fragrances on a visit to a spice garden. Later, meet your host family in Digana for a G for Good homestay. Day 5 is yours to do as you choose, and you could do a lot worse than a scenic walk to the Royal Botanical Gardens in Peradeniya where you're likely to find monkeys, flying foxes and a whole host of birds. Travel by train and tuk tuk to the verdant tea plantations of Nuwara Eliya and suss things out on foot. Hungry? Fill up at the 6 for Good Sthree Craft Shop and Cafe. (2B, L, 0]

#### DAYS 7-8 Ella

Travel on to the small mountain town of Ella. The next day, set out on a hike up Little Adam's Peak and admire the magnificent views from the top. On Day 8, enjoy a free day to do as you please. If you're feeling active, follow the railway line up from Ella town to the Ella Rock pathway. The views of the surrounding valleys and plains below are pretty hard to beat from up here, so we can assure you that it's worth the sweaty hike up! If you're feeling less active, opt to rustle up a treat in a cooking class or visit a local market.

#### DAYS 9-12 Galle/Hikkaduwa

Head off towards the western coast in time for a nice sunset over the ocean. Stop en route at Galle, a UNESCO World Heritage Site, and take a walking tour of the famous fort. Continue on to Hikkaduwa where. For the next two days, you can make the most of your Free time on the beach. If you're feeling the need for a bit more activity, opt to hop aboard a whale-watching tour in nearby Mirissa or see if you can spot the resident green turtles that call Hikkaduwa home. Take in one last Sri Lankan sunset on the beach, then depart at any time on Day 12. If you've got time to spare, we'd recommend seeing a bit more of the country and coastline.

Tour Code: GAASNC



#### ACCOMMODATION

Hotel s/gueshouses (ID nts),  
homestay (1 nt)



#### INCLUDED MEALS

2 breakfasts,  
1 lunch, 1 dinner



#### TRANSPORT

Private vehicle

## NEED TO KNOWS

THEP STYLE- 18-to-Thirl ysom ethings

AGE GROUP: Exclusively for 18-39s

GROUP LEADER: Chief Experience Officer (CEO)

GROUP SIZE: Max 18, Avg 12

DEPARTURES 2020/2 1:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 21	Mar 21
05	02	01	OS			05	02	06	04	01	06	03	07	07
08	09	OS	12			12	09	13	11	08	13	10	14	14
19	12	22	19			19	16	16	18	15	20	17	21	21
26	16	29	26			26	23	20	25	22	27	24	28	28
	23					29	30	27	29					

MY OWN ROOM: Fr £709

## INCLUDED ACTIVITIES

- G for Good Tamarind Gardens Farm
- G for Good Sthree Cafe visit
- Spice garden visit
- Tea plantation tour
- Little Adam's Peak tour
- Galle Fort tour



#### WE KNOW

#### BECAUSE WE 50

\*I like to travel with my stomach and as a vegan, I didn't struggle in any way. The curries were amazing. I couldn't get enough!"

ELLIS1A, ASSISTANT STORE  
MANAGER IN PORTSMOUTH





## SRI LANKA EXPRESS

PRICE  
FR £819

DURATION  
8 DAYS

ROUTE  
NEGOMBO - UNAWATUNA



### DAYS 1-3 Negombo/Kandy

Arrive into Negombo and launch over to Kandy, stopping to visit a spice plantation along the way. Enjoy lunch at G for Good Sthree Craft Shop and Cafe, have a chat with the project organisers and watch a handicraft demonstration. Later on, visit the Famed Temple of the Tooth on a guided tour, then watch the various folk dances of a local cultural group that evening. (2B, L)

### DAYS 4-5 Ella

It's off to Ella via the town of Nuwara Eriya, admiring the fantastic scenery en route. Sleep two nights at the G for Good AMBA Estate., an organic tea plantation and guesthouse. Upon arrival, go on a guided tour of a tea factory. Get active with a hike up Little Adams Peak before enjoying some Free time. (B, 2D)

### DAY 6 Udawalawe National Park

Depart For Udawalawe National Park, one of the best places in the world to spot Asian elephants. On a safari here., keep an eye out for wild boar, buffalo and monkeys. The jungle gets traded out for coastal scenery as you head for Unawatuna. (B, □)

### DAYS 7-8 Unawatuna / Galle / Unawatuna

Travel to the colonial city of Galle for a guided tour. The 16th-century Galle Fort was first built by the Portuguese and later occupied by the Dutch. Grab some souvenirs at the Dutch Hospital shopping complex. Unawatuna is ripe for one last evening by the beach, then depart any time on Day 8. (2B)

Tour Code: GAASLE



#### ACCOMMODATION

Standard hotels/goesthouses (6 nts),  
camping (1 nt)



#### INCLUDED MEALS

6 breakfasts,  
1 lunch, 3 dinners



#### TRANSPORT

Private vehicle,  
4WD, local bus

TRIP STYLE: Classic

AGE GROUP: Min 12

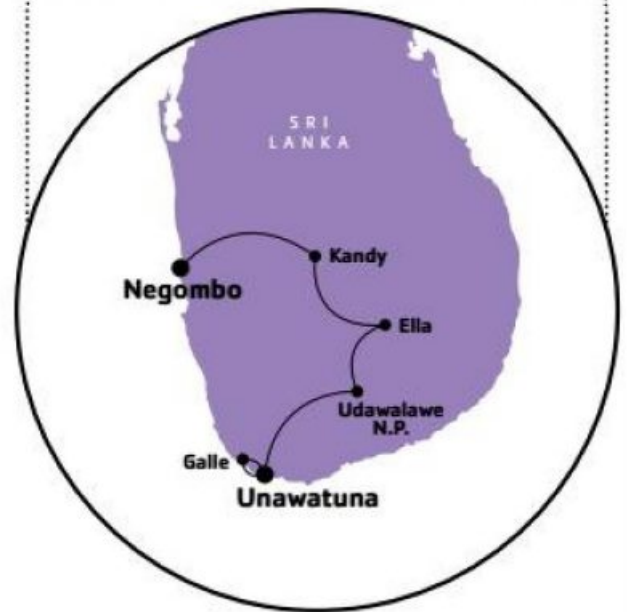
GROUP LEADER: Chief Experience Officer (CEO)

GROUP SIZE: Max 15, Avg 12

INCLUDED ACTIVITIES: G for Good Sthree Café & AMBA Estate visits, tea tasting, cooking demo, Udawalawe N.P. safari, Galle city and fort tour, visits to spice plantation and Temple of the Tooth

DEPARTS: Selected Tue, Fri & Sun

MY OWN ROOM: Fr £429

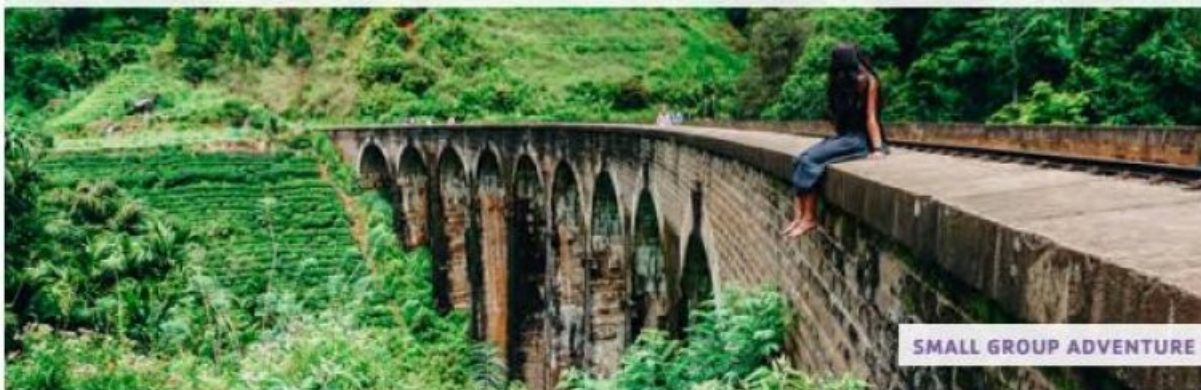


## SRI LANKA UNCOVERED

PRICE  
FR £795

DURATION  
10 DAYS

ROUTE  
NEGOMBO - UNAWATANA



### DAYS 1-3 Negombo/ Sigiriya

Welcome to Sri Lanka! Get to know the town of Negombo by visiting the Dambulla Cave Temple and the Golden Buddha., a giant statue on a hilltop. In the morning, prepare to climb up Sigiriya Rock, an ancient fortress with mind-blowing views from the top. (2B, 2D)

### DAYS 4-5 Kandy / Ella

Visit the Temple of the Tooth, located at the royal palace. The relic has played an important role in local politics because it's believed that whoever holds the relic holds the governance of the country. Spend the morning at a tea plantation and learn about the tea brewing process from leaf to cup. Cook up some of Sri Lanka's best dishes before boarding "the most scenic train journey" From Nuwara Eriya to the chilled town of Ella. (2B)

### DAYS 6-7 Ella /Udawalawe

Climb Little Adam's Peak for a stunning view of Ella Gap, then stop off at Nine Arch Bridge where you can walk the tracks and watch the train pass through. For a bit of refreshment., dive into a waterfall for dip before heading down to Udawalawe National Park. (2B, L)

### DAYS 8-10 Unawatuna

From the views of your safari Jeeps, you can see plenty of the local wildlife including elephants, monkeys, buffalos and Flamingos just to mention just a few. Wake any time Day 9 - it's all about relaxation now. Chill by the pool, then walk through the jungle to the beach on the other side. Depart at any time on Day 10. (3B, D)

Tour Code: TTUASLU



#### ACCOMMODATION

Twin and triple share hotel (8 nts),  
glamping tent (1 nt)



#### INCLUDED MEALS

9 breakfasts,  
1 lunch, 3 dinners



#### TRANSPORT

Bus, train

AGE GROUP: Min 18

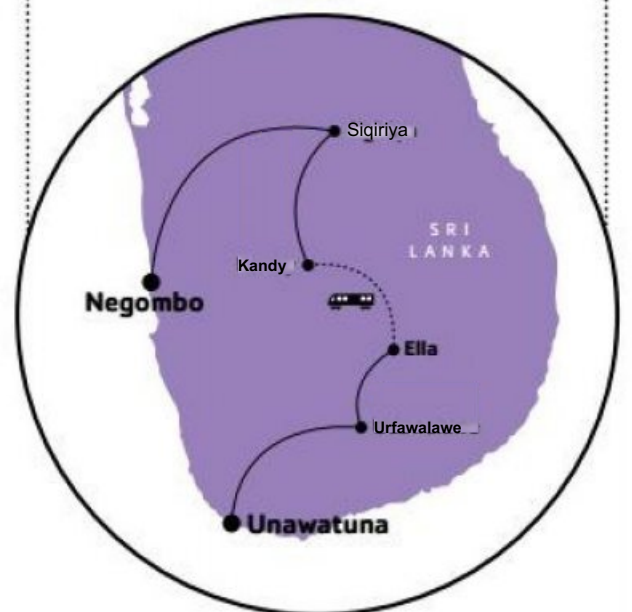
GROUP LEADER: Group leader

GROUP SIZE: Max 20, Avg 12

INCLUDED ACTIVITIES: Cooking class, jungle safari, visits to Damtaulla Cave Temple, Golden Buddha Temple, Sigiriya Rock, Temple of the Tooth, tea plantation. Little Adam's Peak & Nine Arch Bridge

DEPARTURES 2020:

C	U	F	A	S	J	J	A	O	N	D
5	2	1	1	1	1	1	1	1	1	1
08	05	04	03	06	03	01	05	02	07	04
IS	12	11	08	13	10	OS	12	09	14	11
22	19	18	15	20	17	15	19	16	21	18
29	26	25	22	27	24	22	26	23	28	25
			29			29		30		





## SAILING SRI LANKA - SOUTH COAST

PRICE  
FR £1,149

DURATION  
7 DAYS

ROUTE  
MIRISSA - MIRISSA



### DAY 1 Mirissa

The crescent beach of Mirissa sees quite a bit of action in high season, including regular DJ sets and hedonistic revellers. This is also your starting point for your seven-day trip around Sri Lanka's southern coast. Set sail in Weligama Bay, just off the coast of Snake Island. (D)

### DAYS 2-3 Weligama Bay / Galle / Kudawella

On the way to Dalle, keep your eyes peeled for whales and dolphins. The seas here are at peak whale concentration between December and April. Spend the afternoon relaxing on a beach, exploring the city and Dutch Fort. Cruise along the coast to Kudawella, visiting isolated beaches where you get the chance to snorkel, swim, stand-up paddleboard or kayak (2B, 2L, 2D)

### DAYS 4-5 Kalametiya / Talalla Beach

Soaking up the sun at Mawella Beach before continuing up the coast to Kalametiya. While you're here, opt to visit the Kalametiya village and sanctuary. Surfers will get the chance to make the most of the waves of Hirikatiya before sailing west to Talalla Beach. Make use of the catamaran's forward netting to keep an eye over the side of the boat and spot the diverse marine life brimming under the surface. (2B, 2L, 2D)

### DAYS 6-7 Mirissa

Return to Weligama Bay for one Final sea dinner with your group. Savour a delicious barbecue and sail back to Mirissa Harbour the next day. (2B, L, D)

Tour Code: GAASVM



#### ACCOMMODATION

Twin-share cabins with en suite bathrooms (B nts)



#### INCLUDED MEALS

6 breakfasts,  
5 lunches, 6 dinners



#### TRANSPORT

1 Bm sailing catamaran

TRIP STYLE: Marine

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), skipper, assistant/cook

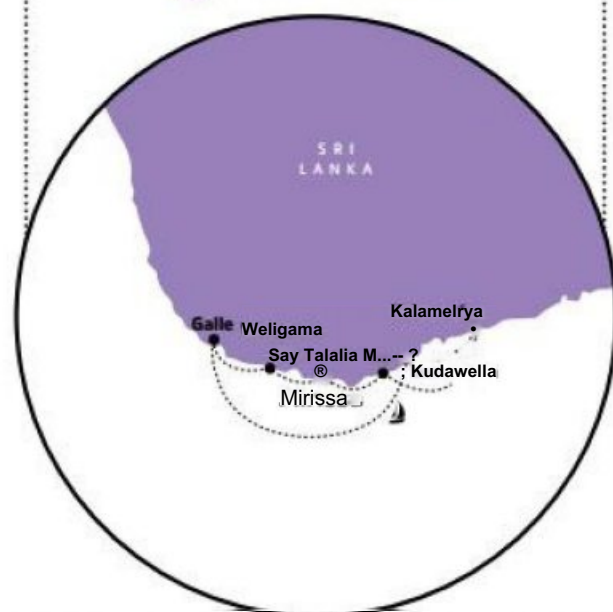
GROUP SIZE: Max 12

INCLUDED ACTIVITIES: Visits to Weligama Bay and Dalle, whale and dolphin watching beach barbecue, equipment For snorkelling, kayaking and SUP-ing

DEPARTURES 2020:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
05	02	01	05								
12	09	08	12								
19	16	15	19								
26	23	22	29								

G Adventures



## SAILING SRI LANKA - EAST COAST

PRICE  
FR £1,149

DURATION  
7 DAYS

ROUTE  
NEGOMBO - NEGOMBO



### DAY 1 Negombo / Trincomalee

Negombo is a great place to ease your way into Sri Lankan life. Get there in time for your welcome meeting and greet your fellow shipmates. After transferring to Trincomalee, set sail for your first night at sea aboard your spacious catamaran. (D)

### DAYS 2-3 Pigeon Island / Sampur

These first two days at sea are spent on the coast north of Trincomalee with options to visit Pigeon Island or swim off the deserted jungle beaches near Kuchchaveli. Return to Sampur Bay for an optional exploration of a nearby Hindu temple or a hike in the surrounding jungle. On Day 3, settle down on the beach and munch away on a barbecue with the group. (2B, 2L, 2D)

### DAYS 4-6 Sallitivu / Passikudah / Ilanativu

The next three days Form an easy-going discovery of the beautiful stretch of coast between Trincomalee and Kalkudah. On top of the obvious enjoy-the-view moments, there is also ample opportunity to get out on the water or head to dry land to explore the Vakara Lagoon or Sallitivu, Passikudah and Ilanativu beaches. You could also try your hand at steering and give the skipper a break! (3B, 3L, 3D)

### DAYS 7 Trincomalee /Negombo

After one last breakfast aboard the catamaran, disembark in Trincomalee. Transfer back to Negombo where the trip comes to an end. (B)

Tour Code: GAASVT



#### ACCOMMODATION

Twin-share cabins with en suite bathrooms (E nts)



#### INCLUDED MEALS

5 breakfasts,  
5 lunches, 6 dinners



#### TRANSPORT

16m sailing catamaran,  
private minivan

TRIP STYLE: Marine

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), skipper, assistant/cook

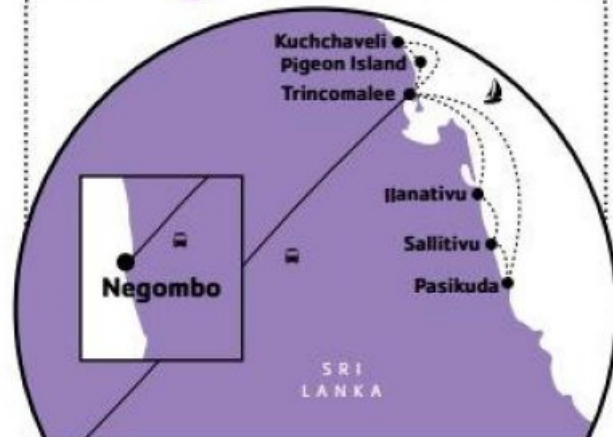
GROUP SIZE: Max 8

INCLUDED ACTIVITIES: Visits to Kuchchaveli and Passikudah beaches, whale and dolphin watching, beach barbecue, equipment for snorkelling, kayaking and SUP-ing

DEPARTURES 2020:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
					21	05	02	06	04		
					28	12	09	13	11		
						19	16	20	18		
						26	23	27	25		
							30				

G Adventures



LIKE THAT? TRY THIS ...

Sri Lanka Land & Sea  
14 days (GAASVE)

Fr£ 1,949



# ONE LIFE ADVENTURES SRI LANKA

SMALL GROUP ADVENTURE

PRICE  
FR £1,137

DURATION |  
12 DAYS

ROUTE  
COLOMBO - COLOMBO



## NEED TO KNOWS

TRIP STYLE: Small Group Adventure

AGE GROUP: Min 18

GROUP LEADER: Western One Life group  
Leader, local guides

GROUP SIZE: Max 22, Min 4

DEPARTURES 2020: Mondays and Fridays

MY OWN ROOM: Fr £3 23

## INCLUDED ACTIVITIES

- Glamping in a national park
- Udawalawe National Park safari
- Tuk tuk tour of Kandy
- Sigiriya Rock hike
- Sri Lankan cooking class
- Visits to Temple of the Tooth, Galle Fort & turtle sanctuary
- Tour of a tea plantation
- Whale watching from Mirissa (Sep-May)
- Bike tour through local villages

## HIGHLIGHTS



### SIGIRIYA CLIMB

Hike right to the top of this ancient rock Fortress For views AND bragging rights.



### UDAWALAWE NATIONAL PARK

Spend the night glamping alongside Sri Lanka's elephants.



### WHALE WATCHING

Come between September and May to go look for blue whales!

### DAYS 1-2 Colombo / Sigiriya

Arrive on day one and meet your fellow travellers at a welcome dinner. The next day, spend the morning getting spiritual on a tour of the Dambulla Cave Temple, a UNESCO World Heritage Site. Later, escape the crowds at the Buddhist monastery of Pidurangala before sitting down for dinner with a local family. [B, D]

### DAYS 3-4 Sigiriya / Kandy

Grab your camera and prepare to climb to the top of Sigiriya Rock. View the ancient wall paintings, the Sanskrit-marked mirror wall and the huge stone lion paws guarding the ascent to the summit. Once you're at the top, soak up the incredible views of the surrounding region. On Day 4, travel south to the city of Kandy, stopping at a spice garden along the way and donning your culinary hat for an included cooking class. Later, see the city as it was meant to be seen - from the back of a tuk tuk [2B, L]

### DAYS 5-6 Kandy/Ella

Visit the sacred Temple of the Tooth today, a religious shrine which is said to house the tooth of Buddha himself. After you've got your culture fix, hop aboard a bus into the hill country and stop for a tour of a local tea plantation. Catch the train from Nuwara Eliya to Ella, often labelled as being one of the world's most scenic train journeys. Day 6 comes bearing a free morning to explore Ella. [2B]

### DAYS 7-12 Udawalawe National Park / Mirissa / Hikkaduwa / Colombo

After a visit to Nine Arch Bridge and a morning hike up Little Adams Peak, it's glamping time! Based in a camp situated just 45 minutes from Udawalawe National Park, head out on safari in search of elephants, buffalo, monkeys, eagles, and peacocks. Next up on Day 8 is the beach town of Mirissa, your gateway to one of the world's best blue whale-spotting locations, so fingers crossed they make an appearance on your included whale-watching tour (Sep-May). If you're travelling on the off season (Jun-Aug), there'll be an extra safari in Sigiriya to make up for it so you're not missing out in Sri Lanka's awesome wildlife. Continue on to Hikkaduwa, waking up the next morning for a tour of the famous Galle Fort and a bike ride through the surrounding villages and rice paddies. Head to the capital city of Colombo on Day 11, stopping at a small turtle sanctuary en route. On your final night in the capital, go for one last drink with your fellow travellers. Depart whenever you'd like on Day 12. (6 B, L, D)

Tour Code: CMBONE



### ACCOMMODATION

Twin or double hotels (2 nts),  
mixed dorm in hostel (2 nts),  
rural glamping safari camp (1 nt)



### INCLUDED MEALS

11 breakfasts,  
2 lunches, 2 dinners



### TRANSPORT

Van, bus,  
tuk tuk, train



#StartTheAdventure

### WE KNOW BECAUSE WE GO

"Sri Lanka will always be underrated because nothing can prepare you for how amazing it is in the flesh. Best. Trip. Ever?"

JOHN, PRODUCT  
COORDINATOR IN LONDON

## LIKE THAT? TRY THIS...

### Extend your trip

One Life Adventures Sri Lanka  
(16 days, Colombo - Malé)  
(CMBSMG)

Fr £1,935





## ADVENTURE & SAFARI TOUR

**PRICE**  
FR £811

**DURATION**  
6 DAYS

**ROUTE**  
COLOMBO - COLOMBO



INDEPENDENT TOUR

### DAY 1 Colombo / Kitulgala

Touch down in Sri Lanka. The first order of business is to stop for a tasty Tambili (King Coconut) before continuing on to Kitulgala. The Kelani River not only feeds the nearby jungle, home to 54 rare species of birds and the indigenous white owl, but also offers fantastic white water rafting and kayaking opportunities (at extra cost).

### DAY 2 Ratnapura

Transfer to Ratnapura after breakfast. Home to a long-established gem industry, the city is a popular gathering point where local villagers come to sell their precious stones to merchants, international traders and tourists. Nature lover? Opt for a trekking excursion in the UNESCO-listed tropical rainforest of Sinharaja. (B)

### DAY 3-4 Embillipitiya / Nuwara Eliya

Travel to Embilipitiya in time for an afternoon 4WD Jeep safari in Udawalawe National Park. Famous for its roaming herds of elephants, you might also spot monkeys, buffalo and leopards! Next up is tea-making central Nuwara Eliya. Visit a tea factory and plantation, and learn about the making of Ceylon tea. (2B)

### DAYS 5-6 Colombo

After a morning transfer to Colombo, enjoy a personalised tour of the city. Start at the Gangaramaya Buddhist Temple and the Simamalaka Shrine, and receive a blessing by a local monk (dependent on availability). The tour ends on Day 6. (2B)

**Tour Code: ASTCMB**



**ACCOMMODATION**

Hotels (5 nts)



**INCLUDED MEALS**

5 breakfasts



**TRANSPORT**

Air con car

**AGE GROUP:** Any age

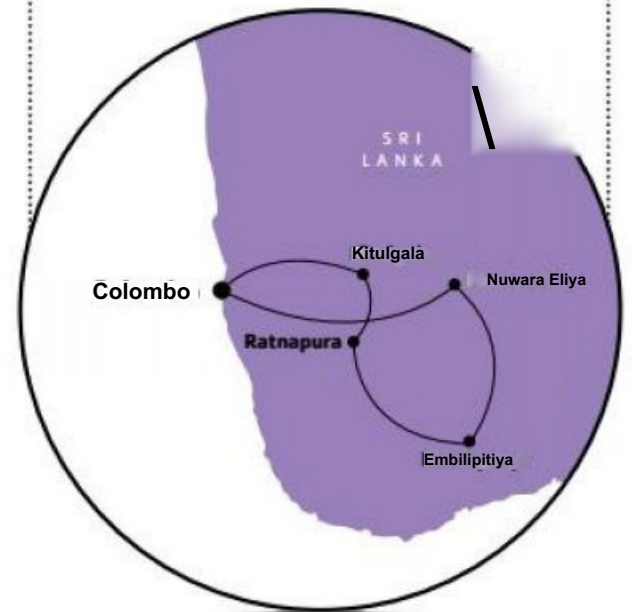
**GROUP LEADER:** Private English-speaking driver/guide

**INCLUDED ACTIVITIES:** White water rafting on the Kelani River, Jeep safaris at Udawalawe National Park, Colombo city tour, visits to Sinharaja UNESCO World Heritage Site and Nuwara Eliya tea plantation

**DEPARTS:** Daily



NUWARA ELIYA, SRI LANKA



## SRI LANKA HIGHLIGHTS

**PRICE**  
FR £811

**DURATION**  
6 DAYS

**ROUTE**  
COLOMBO - COLOMBO



INDEPENDENT TOUR

### DAYS 1-2 Colombo / Polonnaruwa

Welcome to Sri Lanka! In the morning of Day 2, head to Sigiriya's ancient rock fortress. The view from the top is well worth the stairs up. In Polonnaruwa, the ancient capital of Sri Lanka, peruse a splendid and spectacular statues. (B, 2D)

### DAY 3 Kandy

Discover the Dambulla Caves Rock Temple before visiting a spice garden in Matale. Here is where you're treated to a garden tour to understand the taste and aroma of the world-famous spices. Arrive into the last stronghold of Sinhala Kings - the Hill Country capital of Kandy. Explore the city's Temple of the Tooth and enjoy a superb performance of Kandyan dancing and drumming. (B, D)

### DAY 4 Kandy

Meet Gang a Akka, a villager who takes you through a cooking session of the scrumptious local dish called 'Pittu' - mixed rice flour and coconut scrape-fed into a metal cylinder and steamed. Top it up with some hot gravy, boiled coconut milk and lunu Miris\* and you're good to go! (B, L, D)

### DAYS 5-6 Colombo

Take a peek into a handful of Colombo's sacred spaces, as you stroll with your guide through Kochichikade into the sights and sounds of Pettah's lively streets. Travel by tuktuk to Sri Ponnambalam Vanesar Kovil, an intricately carved granite Hindu temple. Depart on Day 6. (2B, D)

**Tour Code: HSLCMB**



**ACCOMMODATION**

Twin-share rooms with en suite in hotels/guest houses (S nts)



**INCLUDED MEALS**

5 breakfasts,  
2 lunches, 5 dinners



**TRANSPORT**

Private vehicle  
with air con, local train

**AGE GROUP:** Any age

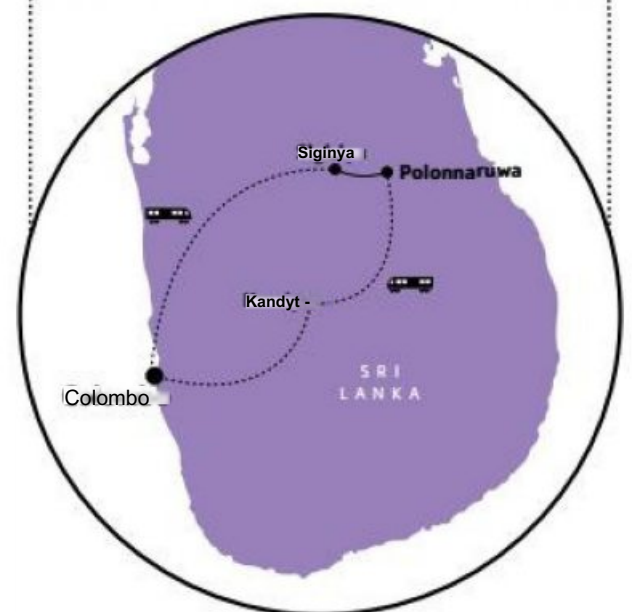
**GROUP LEADER:** Private English-speaking driver/guide

**INCLUDED ACTIVITIES:** Visits to Polonnaruwa, Sigiriya ancient rock fortress, spice garden. Temple of the Tooth, Royal Botanical Gardens, Nuwara Eliya tea plantation, Kandyan dancing performance, Colombo City tour

**DEPARTS:** Daily



KANDY, SRI LANKA





## SRI LANKA & MALDIVES ADVENTURE

PRICE  
FR £1,999

DURATION  
14 DAYS

ROUTE  
NEGOMBO - MALE



### DAYS 1-4 Negombo / Kandy / Ella

Arrive in Negombo and zip off to Kandy first thing the next day. Visit a spice plantation and G for Good's Sthree Craft Shop on the way. The Temple of the Tooth awaits before you watch traditional Folk dance performance. Day 3 is all free time. Head to Ella and spend two nights at the G for Good AM BA estate, an organic farm, taking a tour of a tea Factory. (2B, L, DJ)

### DAYS 5-6 Ella / Udawalawe N.P.

Climb up to Little Adam's Peak For fab views from the top. It's off to Udawalawe National Park. For a safari, famous for its resident elephants and one of the best places in the country to spot animals. Switch it up from jungle to the small beach town of Unawatuna. (2B, 2D)

### DAYS 7-8 Unawatuna / Galle / Colombo

Once in Galle, go on a tour of the iconic fort and head back to Unawatuna for some much-deserved beach time. Say hello to the nation's capital, Colombo, and hop on a flight to the Maldivian capital of Male, it's nothing but ocean and beaches now! (B, D)

### DAYS 3-14 The Atolls / Male

Set sail on a traditional dhoni cruise through Vaadhoo canal around idyllic coral islands, including Ambara and Fen boa Finolhu. Get to know daily life in the fishing villages of Dhiggaru, Felidhoo and Eboodhoofinoihu as well. There's plenty of time to snorkel, swim and bask on the beach. Depart back in Male on Day 14. (6B, SL, 50)

Tour Code: GAA5SM



#### ACCOMMODATION

Hotels/guesthouses (E nts),  
dhoni boat (6 nts), tented camp [1 nt]



#### INCLUDED MEALS

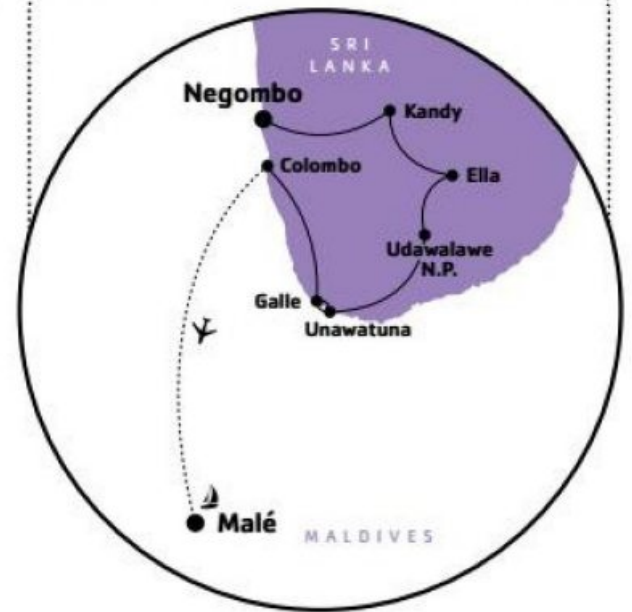
11 breakfasts,  
6 lunches, 9 dinners



#### TRANSPORT

Private vehicle, train, 4WD,  
local bus, plane, dhoni boat

G Adventures



## MALDIVES ISLAND HOPPING

PRICE  
FR £649

DURATION  
8 DAYS

ROUTE  
MALE - MALE



### DAYS 1-3 Male/Dhiffushi

The pint-sized capital of Male offers a great starting point before boarding a ferry to Dhiffushi, a typical Maldivian island known for its fishing communities. Do as the locals do and head out to sea to fetch your dinner in the traditional way with just a line. Load your catch onto the barbecue back at the beach and chow down. On Day 3, take to the water with a snorkel. (2B, D)

### DAYS 4-5 Thulusdhoo

Thulusdhoo's draw is its laid-back atmosphere and good surf. With plenty of free time over two days, opt to sign up to a surfing lesson or rent a stand-up paddleboard. Take a walking tour of the island, sample traditional tea and kayak across the lagoon at sunset. (2B)

### DAY 6 H Lira a

The island of Huraa is home to mangroves and a freshwater lake. Learn about local delicacies on an included island tour before enjoying a traditional meal at the home of a local family. (B, D)

### DAYS 7-8 Male

Return to Male and see the President's Palace, the fish market and the Friday Mosque. In the afternoon, tour the island of Villi male with a member of the Save the Beach NGO, learning about the local ecosystem and the conservation work carried out to protect it. Return to Male for the night where the tour ends on Day 8. (2B)

Tour Code: GA AFML



#### ACCOMMODATION

Hotels [7 nts]



#### INCLUDED MEALS

7 breakfasts, 2 dinners



#### TRANSPORT

Local Ferry, dhoni boat

TRIP STYLE: Classic

AGE GROUP: Mid 12

GROUP LEADER: Chief Experience Officer  
(CEO), local guides

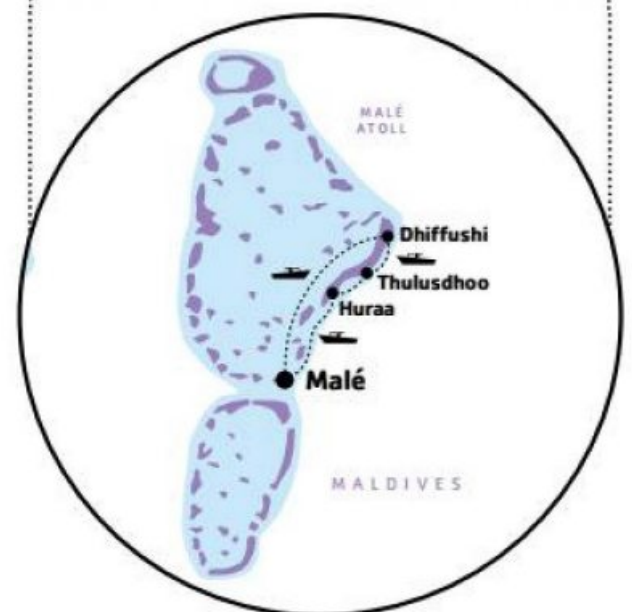
GROUP SIZE: Max 16

INCLUDED ACTIVITIES: Dhiffushi Island tour  
with evening tea, snorkelling excursion^ sunset  
kayaking excursion^ Hurra island tour, Male tour

DEPARTURES 2D2D/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan 21	Feb 1	Mar 1
20	03	02	06	04	01	20	03	07	05	02	14	11	D8	OB
	17	16	20	18	15		17	21	19	16	28	25	22	22

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## MALDIVES DHONI CRUISE

**PRICE**  
FR £ 1,129

**DURATION**  
7 DAYS

**ROUTE**  
MALÉ - MALÉ



### DAY 1 Male

Arrive in Male, the capital of the Maldives, and climb aboard your home for the next week, a traditional dhow boat. After meeting your fellow sailors, tuck into your first lunch on board, before it anchors up in the evening as you set sail. Be sure to look up when you're on deck - there's nothing quite like stargazing in paradise. (L, D)

### DAYS 2-6 South Male Atoll/Felidhu Atholhu

Over the next few days, sail close to the shore for astounding views of the archipelago, moor next to the beaches of uninhabited Ambara and Fenboa, and meet the locals in the fishing villages of Dhiggaru, Felidhu and Eboodhoofinolhu. Swim or snorkel twice a day and perfect your front crawl alongside some

of the Maldives' most impressive residents, including green turtles, manta rays and reef sharks. After a long day in the water, crawl back on land to meet the locals and be treated to a pounding drum performance of traditional Bo du Beru folk music. Devour an array of local seafood for your meals, freshly prepared by your friendly crew. To finish off the evening, simply read a book on deck or chat to your fellow voyagers as you moor at small, secluded beaches or in peaceful harbours. (SB, SL, 5D)

### DAY 7 Male

After savouring one last breakfast and saying your goodbyes, return to Male. (B)

**Tour Code: GAAFMS**



**ACCOMMODATION**

Traditional dhow boat (Ents)



**INCLUDED MEALS**

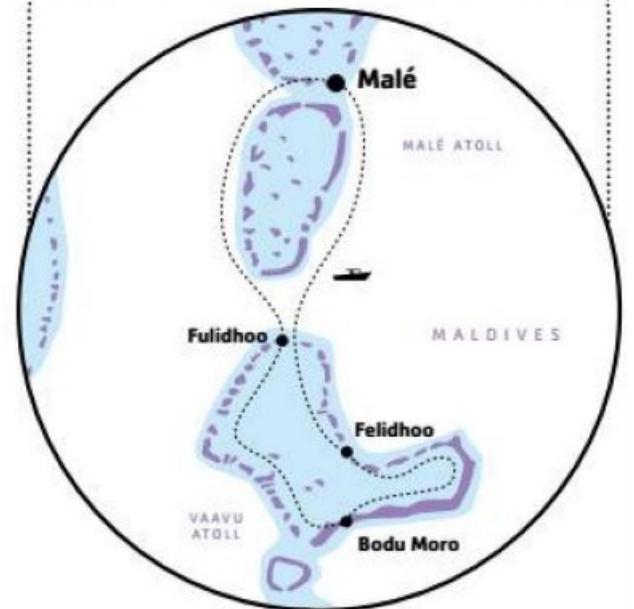
6 breakfasts, 6 lunches, 5 dinners



**TRANSPORT**

Traditional dhow boat

## (\$) G Adventures



## MALDIVES ISLAND HOPPING ADVENTURE

**PRICE**  
FR £1,597

**DURATION**  
8 DAYS

**ROUTE**  
MALÉ - MALÉ



### DAYS 1-2 Male/Hulhumale / Guraidhoo

After you've touched down in Male, transfer to your guesthouse on Hulhumale Island. After getting settled in, embark on a tour of Male, passing by the fish market, the President's Palace and the Sultan Park. Catch the Ferry to Guraidhoo and eat a meal with a local family for a real taste of local life. (B, D)

### DAY 3 Guraidhoo

After you've fuelled up on breakfast, head out to some nearby coral reefs for a spell of snorkelling. The Maldives is famous for its prolific marine life, and chances are you'll spot plenty of it on this trip. Keep your eyes peeled for turtles, rays and reef sharks. Enjoy a free afternoon on Guraidhoo, then tuck into a tasty barbecue on the beach that evening. (B, D)

### DAYS 4-6 Guraidhoo

Set sail on an island tour to learn about the local way of life. Visit the mosque, sample a tasty 'hedhika' snack and watch the locals play the bodu beru drum at dinner. Head to the island of Maafushi, situated just north of Guraidhoo. After you've settled in, head out on another snorkelling trip, stopping for a picnic lunch on a remote sandbar. With so much to do on Maafushi - easily the most cosmopolitan island in the Maldives - you'll be glad to know that the next day is all up to you. (3B, L, 2D)

### DAYS 7-8 Guraidhoo / Maafushi / Male

Discover the quiet island of Gulhi and head back to Male on Day 8. Your tour ends on arrival. (2B)

**Tour Code: BEMLEIHE**



**ACCOMMODATION**

Single or twin-share room in guesthouses (7 nights)



**INCLUDED MEALS**

7 breakfasts, 1 lunch, 4 dinners



**TRANSPORT**

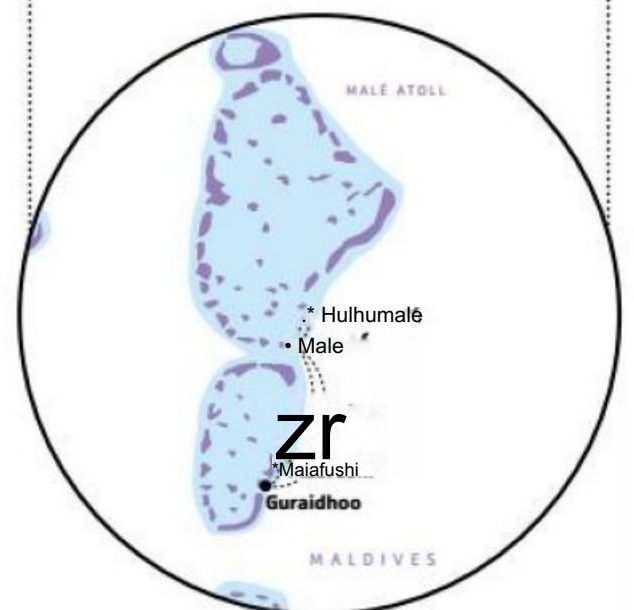
3 ferry transfers and return transfers from/to Male Airport

**GROUP LEADER:** English-speaking guide

**GROUP SIZE:** Max 8

**INCLUDED ACTIVITIES:** Snorkelling day trip. Island Life tour, Sandbar day tour, dolphin cruise, visits to Male's fish market, Presidential Palace and Sultan Park.

**DEPARTS:** Sundays





# ESSENTIAL NEPAL & BHUTAN

PRICE	DURATION	ROUTE
FR £1,548	IS DAYS	KATHMANDU - KATHMANDU



**DAYS 1 -4 Kathmandu / Bhaktapur / Panauti**

After landing in Kathmandu, get whisked away to Pat an where you tour ancient villages and explore Bhaktapur durbar Square. Once in Panauti, spend two nights in a homestay. Day 4 is all yours to experience local life and learn how to cook traditional cuisine. (3 B, 2L, 2D)

**DAYS 5-8 Thimphu / Gangtey / Bumthang**

Welcome to Bhutan! Go sightseeing in Ttiimpu Valley with stops including The National Library and the Textile Museum. Check out Pangri Zampa, a 16th-century monastery, and Buddha Point. Trashichhoe Dzong, an impressive fort, is your last stop before Gangtey which is home to Gangtey Goempa, the only Nyingmapa monastery in this region. En route to Bumthang, stop off at Trongsa Dzong and Ta Dzong. (4B, 3L, 4DJ

**DAYS 9-12 Bumthang / Punakha**

Take an excursion to the Ura Valley, scoring a chance to witness the Ura Yakchoed Festival. A tour of Bumthang Valley takes you to its four valleys with varying altitudes from 2,600 to 4,000 metres. Day 11, spend a free day in Punakha, the old capital of Bhutan. Hike through fields of chillies and rice along the banks of the Mo Chhu to Khamsum Yu Lley Namgyal Cii often. (4B, 4L, 4 D)

**DAYS 13-16 Pare/Kathmandu**

Once in Paro, visit Ta Dzong and walk down the trail to visit Rinpung Dzong. As a grand finale, walk a five-hour round trip to Takysang Monastery, aka the Tiger's Nest. Return to Kathmandu and depart Day 16. (4B, 2L, 2D)

Tour Code: KTMNEP

ACCOMMODATION

Hotels and guesthouses (15 nts)

INCLUDED MEALS

15 breakfasts, 11 lunches, 12 dinners

TRANSPORT

Bus, plane

- AGE GROUP: Min 18
- GROUP LEADER: English-speaking guides
- GROUP SIZE: Min 2, Max 12
- INCLUDED ACTIVITIES: Tours of Bungamati and Khokana villages, visit to Bhaktapur Durbar Square, tour of Thimphu, visits to Bhutan's National Library^ Institute For Zorig Chusum, Textile Museum and Simply Bhutan, excursion to Ura Valley, tour of Bumthang Valley, hike to Lhodrak Kharchhu Monastery, excursion to Taktshang Monastery
- DEPARTURES 2022: Jan 23, Feb 25, Mar 26, Apr 18, May 15, Jun 22

Ask your instore Travel Expert about our latest EXCLUSIVE DEALS



# BHUTAN ADVENTURE

PRICE	DURATION	ROUTE
FR £2,199	10 DAYS	1 PARO - PARO



**DAYS 1-3 Paro / Thimphu / Gangtey Gonpa**

Paro is your launch pad to Thimphu. Get educated about this small-town capita! with visits to the National Memorial Chorten, the Buddha Point, Motithang Takin Preserve and Tashchho Dzong. After a drive through the beautiful Bhutanese countryside, say hello to Gangtey for a night in a family's farmhouse. (2B, 2L, 3D)

**DAYS 4-5 Punakha**

Get those legs moving with hikes galore! Start from the Phobjika Valley to the Gangtey Gonpa MonsasEery. After resting in the ancient capital of Punakha, hit the trails again from Lobeyse to Chime Lhakhang. Finally, go From Punakha Dzong to Khamsum Yueley Ciiorten. Take in the views at these dizzying altitudes before visiting the tranquil Sangchen Dorji Lhuendrup Nunnery. (2B, 2L, 2D)

**DAYS 6-7 Haa Ozongkhag / Paro**

St roll along Punakha's river before driving to Haa Valley. Admire the White Temple (Lhakhang Karpa) before an evening walk around town. Still tired from Days 4 and 5? We promise it's only a short hike up to Kila Gompa, a nunnery perched on a cliff housing over 60 nuns. Continue on to Paro with free Eime to wander. (2B, 2L, 2D)

**DAYS 8-10 Bumdrak Camp / Paro**

Trek through fluttering prayer flags to reach Bumdrak camp at 3860m. After a good night's rest, head back down through grassy meadows. Last stop is the stunning Taksang Monastery (Tigers Nest) and the Kyichu Temple, one of the oldest in Bhutan. Depart Day 10. (3B, 2L, 20)

Tour Code: GAADPP

ACCOMMODATION

Hotel/guesthouse (7 nts), camping (1 nt), farmhouse stay (1 nt)

INCLUDED MEALS

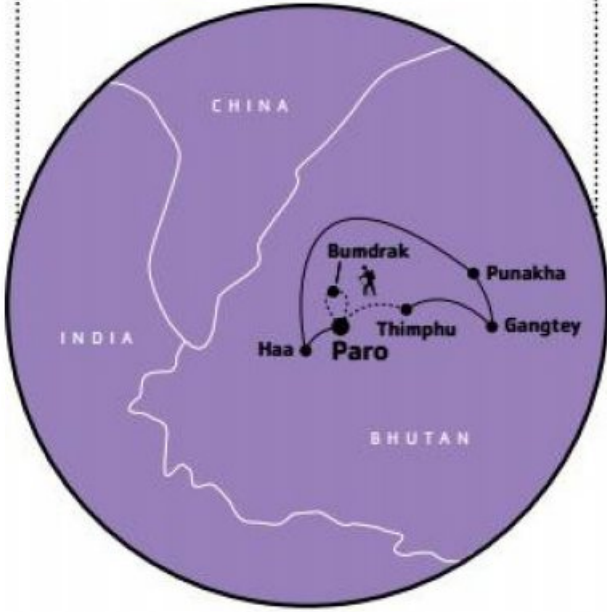
9 breakfasts, 8 lunches, 9 dinners

TRANSPORT

Private vehicle

- TRIP STYLE: Classic
- AGE GROUP: Min 12
- GROUP LEADER: Chief Executive Officer (CEO), local guides
- GROUP SIZE: Max 15, Avg 12
- INCLUDED ACTIVITIES: Paro tour, hikes in Phobjikha Valley, Khamsum Yueley Chorten, Kila Gompa Nunnery, Bumdrak and Taksang Monastery, visits to the National Museum, Memorial Chorten, Buddha Point, Motithang Takin Preserve, Tashichho Dzong, Black-Necked Crane Centre, Chime Lhakhang, Punakha Dzong, Sangchen Dorji Lhuendrup Nunnery, White Temple and Kyichu Lhakhang Temple
- DEPARTS: Selected Mondays (Mar-Oct)
- MY OWN ROOM: Fr £599

(SJ) G Adventures





# NEPAL ADVENTURE

SMALL GROUP ADVENTURE —

PRICE  
FR £899

DURATION  
10 DAYS

ROUTE  
KATHMANDU - KATHMANDU

- WE LOVE -



## HIGHLIGHTS



### G FOR GOOD

Check out the amazing work done by the Sistershood of Survivors project.



### CHITWAN NATIONAL PARK

Indian rhinos, Bengal tigers and bears - Oh my!



### THREE-DAY ANNAPURNA TREK

Saari to an incredible 8,091m as you hike through cavernous valleys.

#### DAYS 1-3 Kathmandu / Bhaktapur / Pokhara

Say hello to Kathmandu with a guided tour of UNESCO-listed Durbar Square. Take note of the Kumari Chowk building, home to the Kumari - a girl worshipped as the living incarnation of the Hindu goddess Talejn. Afterwards, learn how to rustle up some Nepalese treats at the G for Good Sisterhood of Survivors project, a grassroots organisation supporting survivors of trafficking. Move on to the city of Bhaktapur, a treasure trove of temples, pagodas and palaces. The next day, drive across the mountains to Pokhara. (L)

#### DAYS 4-6 Annapurna Foothills Trek / Pokhara

Spend the next few days trekking through isolated villages against a backdrop of imposing mountains, including Annapurna 1 which is one of the highest mountains in the world at a staggering 8,091 metres. The route takes you from Ghandruk to Jhinu Danda, where you can reward yourself with a soak in a natural hot spring. Continue on to Landruk, before a final push on Day 6 with a five-hour hike to Kande. Cross icy rivers, broad plains and high mountain passes, opening your eyes to a wealth of customs and traditions. Meet the welcoming locals as they herd their yaks across the grassy pastures and stumble upon their hillside monasteries and temples. Transfer to Pokhara for the night.

#### DAYS 7-8 Chitwan National Park

Continue on to the UNESCO World Heritage Site of Chitwan National Park, renowned the world over for its concentration of the endangered Indian rhino, elephants, leopards and Bengal tigers (and a LOT of birds). On Day 8, take a 4WD safari through the park before heading out on a half-day game walk in search of mammals, amphibians and reptiles. Through your G for Good homestay, you'll also meet the Tharu people of nearby Barauli. The homestay programme allows the community access to the economic benefits of Chitwan's tourism, opening up new job opportunities and increasing the support available for the local school. (B)

#### DAYS 9-10 Kathmandu

Travel back to the capital city where you can visit several UNESCO-listed sites. Enjoy an afternoon at leisure, we recommend a visit to the burning ghats at Pashupatinath. Other highlights include the enigmatic Swayambhunath Temple, otherwise known as a monkey temple due to the holy monkeys that live in the north west part, and Pashupatinath Temple - dedicated to Shiva, the Hindu god of destruction. Your tour wraps up on Day 10.

Tour Code: GAANNA



#### ACCOMMODATION

Hotels (7 fits), teahouse lodges (.2 nts)



#### INCLUDED MEALS

1 lunch, 1 dinner



#### TRANSPORT

Private bus, 4WD

## NEED TO KNOWS

TRIP STYLE: Classic

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer (CEO), local guides

GROUP SIZE: Max 15, Avg 12

DEPARTURES 2020/21:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar
05	02	01	05	03	14	12	09	06	04	01	06	10	07	07
19	09	15	19	17	26	23	20	13	09	03	13	24	21	14
	16	22	29	31			27	20	11	15	20	28	21	28
								23	18	22				
								25	29					

MY OWN ROOM: Fr £239

## INCLUDED ACTIVITIES

- G for Good Sisterhood of Survivors
- G for Good Barauli homestay
- Kathmandu walking tour
- Bhaktapur guided tour
- Three-day Annapurna trek
- Chitwan National Park 4WD safari



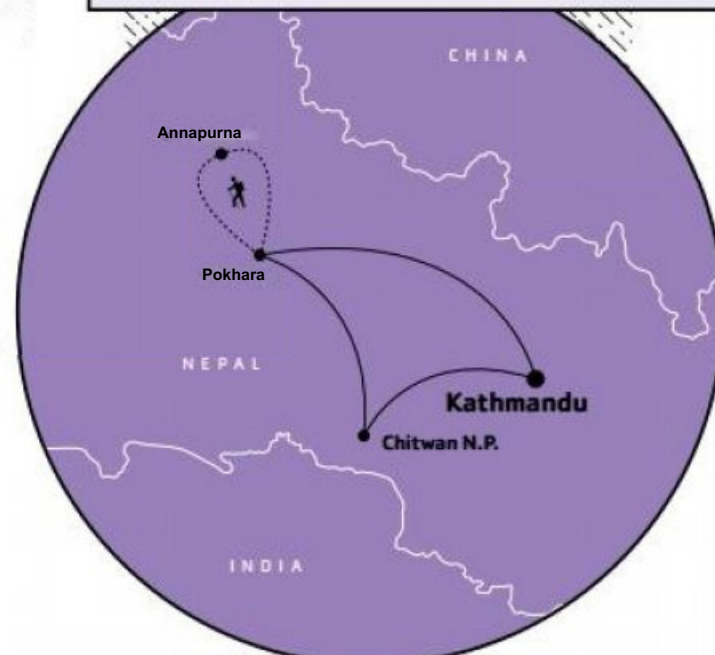
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## LIKE THAT? TRY THIS ...

### Upgrade your trip

Himalaya Highlights  
(10 days, Kathmandu - Kathmandu)  
(GAANENG)

Fr £1,499





# ANNAPURNA SANCTUARY

PRICE  
FR £839

DURATION  
15 DAYS

ROUTE  
KATHMANDU - KATHMANDU



## DAYS 1-3 Kathmandu / Pokhara

This trek around the foothills of Annapurna 1, one of the highest mountains in the world, covers a wide variety of terrain from lowland pastures and peaceful villages to towering glaciers. Start your experience of the so-called roof of the world after your arrival on Day 1. Head out to explore on your own before enjoying a guided visit of Durbar Square and the G for Good Sisterhood of Survivors Project on Day 2. As well as training survivors of trafficking to become paralegals, the project also conducts outreach work in rural villages to tackle the problem at the source. Do as the locals do and learn how to make traditional\* Nepalese momos (dumplings) before leaving Kathmandu Valley on Day 3 on your way to Pokhara, a true trekkers' retreat and a great place to recuperate before your trek in the Annapurna Range. (L)



ACCOMMODATION  
Hotels/guesthouses (4 nts),  
teahouse lodges (10 nts)



INCLUDED MEALS  
1 lunch



TRANSPORT  
Bus, minibus

## DAYS 4-13 Annapurna Range

Stay in mountain communities en route and meet friendly Nepali hill people. Along the way, cross icy rivers and high mountain passes, treating yourself to a soak in a natural hot spring. While the trek is challenging, with an average of four to six hours of walking a day on steep terrain, this expedition into the Himalayas allows you to go along without the major issues associated with high altitude. The highest point on the trek comes on Day 3 as you reach Annapurna Base Camp at 4,130 metres.

## DAYS 14-15 Kathmandu

Return to Kathmandu and enjoy a well-earned celebration at a bar in town. Depart at any time on Day 15.

Tour Code: GA A NAS

TRIP STYLE: Active

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer  
(CEO), trekking support staff

GROUP SIZE: Max 15, Avg 10

INCLUDED ACTIVITIES: G for Good Sisterhood of Survivors project visit, Kathmandu guided tour, Annapurna Circuit trek

## 1 DEPARTURES 2020/2 1: IM

e	S	Q	It	AGL	Day	4	CTI Q.	5 £ B	J	3	1	IN	IN	Mar 21
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	16	03	19	24	21	19		13	11	OB	20		21	14
		15	26					20	18	15	27			21

Additional dates are available. Please ask For details...

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## LIKE THAT? TRY THIS...

Trekking Langtang  
15 days (GAANTL)

Fr £989

# ANNAPURNA CIRCUIT TREK

PRICE  
FR £999

DURATION  
18 DAYS

ROUTE  
KATHMANDU - KATHMANDU



## DAYS 1-2 Kathmandu/Jagat

Spend the first day in Nepal's capital city. The trekking starts on Day 2, with a short ascent from Syanje (1,100 metres) to Jag at (1,350 metres) with hot springs along the way - a gentle intro to the serious trekking ahead! (L)

## DAYS 3-15 Annapurna Circuit Trek

Now for 11 days in the breathtaking Annapurna Range. With gushing waterfalls, icy rivers, plains and lofty mountain passes, you're sure to never tire of the view. On this challenging trek, visit isolated mountain communities where the local inhabitants tend to their herds, and pay a visit to their sacred temples. The trek averages six to seven hours walking a day, often at high altitudes, with your destination each day as follows: Bagarchhap, Chame, Pisan, Manang, Yak

Kharta, Phedo. Muktinath, Kalopani (drive), Tatopani (drive), Sikha and Ghorepani. Reach the highest point on Day 9 on the Thorung Pass, standing at 5,416m and coloured with prayer flags. Enjoy a well-earned rest day at Muktinath on Day 11.

## DAYS 16-18 Pokhara / Kathmandu

Soak in views across rhododendron forests and spot beautifully coloured birds on a short hike from Birethanti to Nayapui, where the bus will be waiting to take you to Pokhara. Time for a well-deserved shower and a bit of a rest! Travel back to Kathmandu on Day 17 and spend the rest of the day exploring the urban attractions. Your tour ends Day 18.

Tour Code: GAANTA



ACCOMMODATION  
HutEls/guEsthousES [3 nts),  
teahousE lodgES [14 nts)



INCLUDED MEALS  
1 lunch



TRANSPORT  
Bus

TRIP STYLE: Active

AGE GROUP: Min 12

GROUP LEADER: Chief Experience Officer  
(CEO), trekking support staff

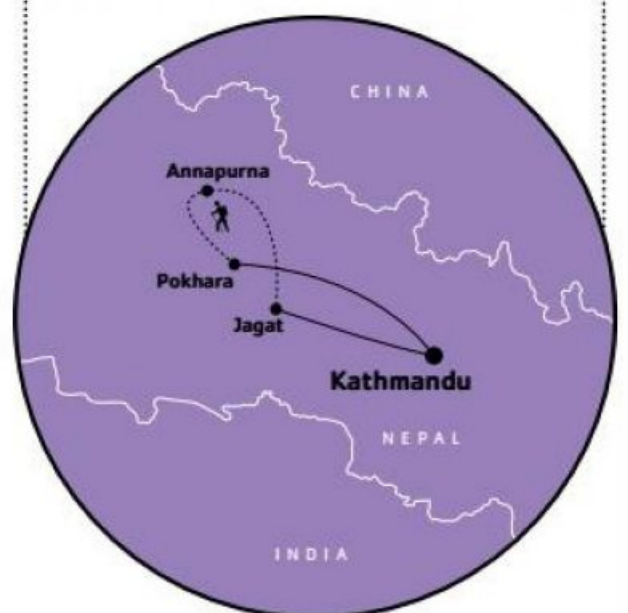
GROUP SIZE: Max 15, Avg 10

INCLUDED ACTIVITIES: Annapurna Circuit trek  
between Besi Sahar, Muktinath, Jomson S Phkara

## DEPARTURES 2020/2 1:

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	22 21	11 09	25		19 10	14 12	20 20			
	28	18 16			26 17	21 19			27	
		25			24 28					

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# EVEREST BASE CAMP TREK

SMALL GROUP ADVENTURE

PRICE  
FR £ 1,049

DURATION  
15 DAYS

ROUTE  
KATHMANDU - KATHMANDU



## HIGHLIGHTS



### FLIGHT TO LUKLA

Pray for the window seat so you can take in incredible mountain views.



### STAYING IN LOCAL TEA HOUSES

Cosy villages are dotted around all throughout the Himalayas.



### HIMALAYAN VIEWS

You're here for the scenery, but nothing can prepare you the reality.

## NEED TO KNOWS

- TRIP STYLE: Active
- AGE GROUPS: Min 12
- GROUP LEADER: Chief Experience Officer (CEO), trekking support staff
- GROUP SIZE: Max 15, Avg 10

DEPARTURES 2020/21:														
Day	Month	Year	Day	Month	Year	Day	Month	Year	Day	Month	Year	Day	Month	Year
05	02	02	01	01	07	02	04	02	01	04	10	07	05	
10	07	06	03	02	14	09	05	03	06	05	17	12	06	
19	08	08	04	03	21	16	06	04	07	06	24	14	07	
24	16	09	06	08	28	23	11	09	08	12	31	21	08	
	23	13	08	09		30	12	10	09	13		26	12	
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		15	14	16			14	16	14	19			14	
		20	17	22			18	19	15	20			19	
		22	18	23			19	23	20	26			20	
		23	20	24			21	24	21	27			21	
		27	22	30			25	25	23				27	
		28	24	31			27	30	27				28	

Additional dates are available. Please ask for details.

## INCLUDED ACTIVITIES

- \*English-speaking local guide and assistants for the trek
- \* Porters included on the trek
- Trekking to Everest Base Camp



### DAYS 1-4 Kathmandu / Lukla / Namche Bazaar / Phakding

Touch down in Kathmandu, and ease your way into Nepalese life before meeting your group this evening. Take a mountain flight to Lukla, with views so good that even aisle lovers will be scrambling for a window seat. Lukla Airport itself was built under the supervision of Edmund Hillary and has one of the most extreme landings of all airports due to its location. In Lukla, meet your Sherpa guides and start the trek towards Phakding. Spend two nights acclimatising to the altitude (3,440 metres) in the Namche Bazaar region, visiting the villages of Thame and Khumjung.

### DAYS 5-7 Tengboche / Dingboche

The path between Namche and Tengboche cuts through woods and some of the region's forests and is likely to take around six or seven hours. The Dudh Ko si river is far below you today, and the view in front is of the Himalayan peaks, Everest included! On Day 6, follow the stone steps through rhododendrons and conifers, and pass by the near-tame pheasants along the path. Arriving at Dingboche, use the following day to acclimatise.

### DAYS 8-10 Lobuche / Everest Base Camp

The ascent on Day 8 takes you through alpine meadows towards the end of the moraine of the Khumbu Glacier. Stop by the stone monuments, erected in memory of six Sherpas who lost their lives in an avalanche. Continue the climb the following day, hiking past the glacier towards Nuptse. Cross the Changri Glacier to Gorakshep and celebrate your arrival at Base Camp, 5,380 metres above sea level! The next morning, trek to Kala Pattar for sunrise views of Everest.

### DAYS 11-13 Tengboche / Monjo / Lukla

Today is the first day of your descent. Head down the Imja Khola past Pangboche, the highest permanent settlement in the region. Its Gumpa (temple of learning) is the oldest in Khumbu. Continue from Tengboche to Monjo, stopping when you can to enjoy the view. Begin your final approach into Lukla, where a good night's sleep is in order.

### DAYS 14-15 Kathmandu

It's back on the plane today as you return to capital Kathmandu. The rest of the day is free for you to enjoy the city's temples, shops and surrounding region. Wander around Durbar Square or just soak up the atmosphere in the temples. The tour ends on Day 15.

Tour Code: GAANEA



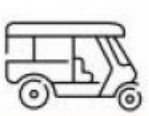
### ACCOMMODATION

Hotels/guesthouses (2 nts), teahouse lodges (12 nts)



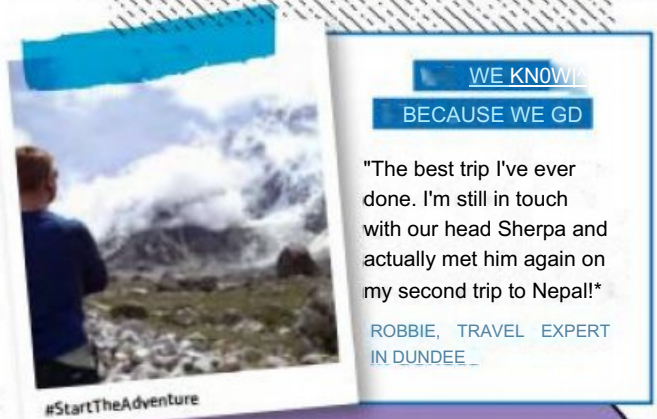
### INCLUDED MEALS

Not included



### TRANSPORT

Plane, bus









## HERITAGE & JUNGLES

PRICE	DURATION	ROUTE
FR £&&□	11 DAYS	KATHMANDU - KATHMANDU



See a different side of Nepal by visiting Kathmandu Valley's former kingdoms of Patan and Bhaktapur. This tour is packed with cultural sites and buzzing streets and markets. Discover the myriad of sights, sounds and smells of nighttime Kathmandu on an evening rickshaw ride through the city. Visit the UNESCO-listed Chitwan National Park, home to the one-horned rhinoceros and the Royal Bengal tiger. Go on a guided walk through Tharu Village's ochre-coloured houses before seeing a cultural dance show. A canoe safari might float your boat between the day trips to Hindu spiritual sites and Buddhist stupas.

### INCLUSIONS

Departs: Daily Accommodation: Hotel (6 nts) Meals: 6 breakfasts, 2 lunches, 2 dinners Transport: Private vehicle Includes: Entrance fees and return transfers Tour Code: KTMHER

## HERITAGE & MOUNTAINS

PRICE	DURATION	ROUTE
FR £707	6 DAYS	KATHMANDU - KATHMANDU



Begin your adventure in Nepal with a rickshaw ride through the bustling streets of Kathmandu, eating pastries and shopping for pashminas. Be sure to keep an eye out en route for many of the bustling local markets including Asan, a vegetable and spice market. This is also the oldest market square in all of Kathmandu. Visit Nyatapola Temple in the ancient city of Bhaktapur, go white water rafting down Trishuli River and hike to Kalabang Village. Boat down Phewa Lake and visit mountainside villages. Going by boat and foot not quite satisfying your appetite for adventure? You can also spoil yourself with an optional helicopter ride over the Himalayas!

### INCLUSIONS

Departs: Daily Accommodation: Hotel (5 nts) Meals: 5 breakfasts, 1 lunch Transport: Private vehicle Includes: Entrance fees and return transfers Tour Code: KTMHEM

## TEMPLES & MOUNTAINS

PRICE	DURATION	ROUTE
FR £595	11 DAYS	KATHMANDU - KATHMANDU



Majestic mountains, dramatic landscapes and diverse cultures are all found in mesmerising Nepal. Discover the backstreets of Kathmandu before visiting Pashupatinath Temple and ancient Patan where you can discover the history of the Newar civilisation. Bhaktapur is where your eyes naturally want to shift skyward towards the pagoda rooftops, but don't forget to come back down to earth to peer down bustling ancient alleyways. See the iconic Nyatapola Temple and breathe fresh mountain air in Pokhara. Hike through Nagarkot Langtang with views of Everest and cook up classic Nepalese dishes.

### INCLUSIONS

Departs: Daily Accommodation: Hotel (6 nts) Meals: 6 breakfasts, 1 lunch, 1 dinner Transport: Private vehicle Includes: Entry fees and return transfers Tour Code: KTMTEM

## VOLUNTEER ON CONSTRUCTION PROJECTS IN NEPAL

PRICE	DURATION	ROUTE
FR £1,215	1-4 WEEKS	POKHARA, NEPAL



The effects of the 2015 Nepal earthquake are still felt in some areas of the country. You can help to renovate and repair schools in and around Pokhara to create a more effective learning environment for young students. Join other volunteers at the foot of the Himalayas to construct new desks or renovate classrooms, libraries or bathrooms at local schools. This valuable construction work is requested by local educational institutions to improve the health and safety of these learning environments. After the work is done, go trekking, paragliding or bungee jumping in the Himalayas and canoe or kayak down the Gandaki River.

### INCLUSIONS

Departs: Selected Saturdays (arrive Friday) Project Location: Pokhara Getting There: Transfers from/to Pokhara Accommodation: Homestay (6 + nts) Meals: 3 meals a day (weekdays only) Note: Background check required Stay Longer: Fr £180 per week Trip Code: PKRCON